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**Bugle Guide  
to Health  
and Fitness**

Pages 21-27

**Sought student placement in Districts 34/225**

**Districts 63/207 detachment  
plea denied by Court**

by Eileen Hirschfeld  
A parents' plea for detachment of some youngsters from East Maine School District 63 and High School District 207 has been denied according to a decision by Judge James Murray in Illinois Circuit Court Tuesday, October 11. Parents suing those districts contended their families had more in common with other suburbs and forwarded petitions requesting placement of students into Glenview District 34 and Glenbrook High School District 225. Dr. Donald Bond, superintendent of District 63, reported the Court decision to school board members at a regular meeting, October 11. Bond said Judge Murray upheld a former decision by the Cook County Regional Board of Trustees finding the plaintiffs' petitions not in order in regard to the number of members at a regular meeting. Continued on page 35

	Village of Niles Edition
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**Village files \$6,000,000 law suit  
against State of Illinois**

**Computer finds  
more sales tax  
\$\$\$ missing**

by Diane Miller  
"We can't believe the data the Niles computer system is feeding us," said an incredulous Joe Salerno, head of Niles Licensing Department as he told The Bugle of the discovery of hundreds of thousands of dollars in sales tax revenues which have been misdirected from Niles' coffers. Last month the Village of Niles filed a \$6,000,000 law suit, according to Salerno, against the State of Illinois and the K-Mart Corp. to collect sales tax revenue from 1971 to 1978 which the village feels has been misdirected to other towns due to poor reporting of sales tax receipts. The problem came to light earlier this year when Niles realized their two K-Mart stores, at 9000 Golf rd., (now closed) and 8650 Dempster both had their sales tax receipts credited to the city of Des Plaines. In probing back records, the investigation revealed that Des Plaines had erroneously received \$612,597.44 since 1978 which rightfully belonged to the village of Niles. In addition, another \$52,819.86 was credited by one of the K-Marts to the community of Oak Lawn in southwest Cook County. Salerno also noted the city of Des Plaines had received tax dollars which rightfully

Continued on page 35

**From the  
Left Hand**

by Bud Besser

If you're a wife, girl friend, sister or just a pal of a guy who is wandering disconsolately around the house, give him a bit of room this week. If he's a bit antsy. If he can't seem to adjust to these early fall days. If he stares foggily at the T.V. set, give him understanding. He may have a disease called blue Soxitis.

"The guy" needs a bit of time. Like that Jello ad he's been away too long. For months now he's been nurturing a dream. He's been apothecizing. For months he's been facing southeast. He has been an inveterate Soxophile.

We were picking up the Sunday morning newspaper at Sav Mar Drugs a couple a days ago when we bumped into a very sad Todd Bavaro, Niles Housing director. Todd said he felt "awful". He still couldn't believe the White Sox bowed out of the pennant race. He wondered aloud how a team which played so well the past three months could suddenly fold its tent and call it quits for the year.

Standing next to the aux de cologne counter, Todd implied the warts coming from 35th and Shields were a bit more malodorous.

He then told us of better days when he squirmed his

Continued on page 35

**District 207 and MTA  
Negotiations proposal**

The current collective bargaining agreement between the Board of Education ("BOE") and the Maine Teachers Association ("MTA") expires on August 15, 1985. During the last set of negotiations, the key issue was job security and whether District 207, in light of declining enrollment and the need to reduce professional staff could somehow respond to the job security issue within reasonable economic parameters.

During the 1982-83 school year, the first year of the existing 1982-85 contract, it was recognized that there was a need to increase use of the early retirement program in order to make certain that the job security provisions of

the contract, which guarantee that teachers who would have 15 years of service in District 207 by 1985 would not place an undue economic burden on the District.

As the Board and the administration explored possibilities for a modest increase in early retirement benefits, the leadership of the MTA was contacted and informal discussions began concerning a possible modest improvement in

Continued on page 35

**Niles Events  
auction**

It's auction time! Niles Events Committee invites all those who look for a bargain, like the excitement of bidding and enjoy being with friends and neighbors to join us in the 4th Annual Auction at Niles Recreation Center, 7877 Milwaukee ave. on Sat. evening, Oct. 15. Open viewing will begin at 6 p.m. and our professional auctioneer will start at 7 p.m.

There will be something for everyone—office supplies, wine, hair care, gift certificates, records, household articles, hamburgers, a complete set of dishes (service for 12) with additional serving pieces, oil and lub jobs, printing, food discounts, toys, etc. There will also be door prizes, a boutique table and free coffee will be served all evening.

**Fire Prevention Week**

Fire Prevention Week, the annual commemoration of the Chicago Fire of 1871, is being celebrated this year from October 9 through the 15 and in Niles the emphasis will be on the installation of smoke detectors in every residence in the Village.

According to Niles Fire Chief Albert L. Hoelll, when the value of this low-cost, life saving instrument was being promoted by fire service personnel in 1970, only one in every 20 homes had one. Annual fire deaths in 1970 were running at about 12,000 victims, the average for many years.

In line with efforts to make Niles a fire safe community, the fire department, in cooperation with other Village facilities, is making available to the public a fully guaranteed smoke detector for only \$9 each. The price includes a 9 volt battery, warning lite, and low battery warning feature. The smoke detectors are available at Niles Fire Station, 8360 N. Dempster st. and at the Administration Building, 7601 N. Milwaukee ave.



A Niles resident is shown purchasing a smoke detector from Inspector Ed Soenowski of the Niles Fire Dept. "A smoke detector in every home" is this year's fire prevention theme.

### Financial Strategies for Seniors

Seniors in the Northwest Suburbs are encouraged to attend a special program, "Financial Strategies for Seniors," at Holy Family Health Center, Des Plaines, on Thurs. Oct. 27 beginning at 9:30 a.m. to noon.

At this community education program for seniors, three guest speakers will cover a broad range of topics, including tax laws and benefits, social security, investments and trusts.

Guest speakers at the program will be Stephen M. Totton, Vice President and Trust Division Head, Citizens Bank and Trust Co., Park Ridge, he will be joined by Harold Jannusch, C.P.A., P.P., McAndrew Accounting, Park Ridge, and Mary Foulks, Inpatient Billing Supervisor, Holy Family Hospital.

Seniors interested in attending this community-wide awareness program should call the Holy Family Health Center at 296-3335, ext. 231.

### Senior Citizen Party



Committeeman Nicholas B. Blase of the Maine Township Regular Democratic Party is sponsoring the Senior Citizen Free Game Party at the House of the White Eagle Restaurant, 6845 Milwaukee ave., Niles, on Wed., Oct. 26, at 1 p.m.

This party is free to all Seniors of Maine Township. Refreshments will be served, cash awards and door prizes will be given away, all free of charge. Seniors must have a ticket for admission. Tickets are available at Senior Clubs and at 8074 Milwaukee ave. Bus schedule for Niles only: Huntington - 12:45, Recreation Center - 12:40 and St. Andrews - 12:30. The bus will return at 3:30 p.m.

Shown above 1 to r are: Chairman Nick Costantino, King Pete Lenconi and Veda Kauffman.

### Musical Concert for shut-in seniors

Leaning Tower Senior Adult Center will present another special Piano Concert on Friday, Oct. 14, at 1 p.m. in the multipurpose room at 6300 W. Touhy Ave., Niles.

Ilsa Illing, accomplished pianist and long-time member of the center has prepared an excellent and entertaining program of romantic and sentimental selections. These piano concerts by Ilsa Illing have become very important at Leaning Tower Senior Center and the members always look forward to them.

This time again residents from Niles Township area, Nursing Homes are invited to attend, bring a sack lunch, and listen to the beautiful music. It is a delight to watch these elderly seniors clap their hands and beat time with their toes as they listen to the music. There is no charge for these concerts and everyone is invited.

### E.P.L.C. Senior Fellowship meeting

On Thursday, Oct. 20, the Senior Fellowship Group of Edison Park Lutheran Church, 6626 N. Oliphant Ave., Chicago, will hold its monthly meeting at the Church.

The E.P.L.C. Senior Fellowship Group meets on the third Thursday of each month (except July and August) at 12 Noon in the North Hall of the Church. They are always looking for new members. For lunch, bring a sandwich or whatever you wish. Dessert and beverage are furnished. If you cannot come early for lunch, try to join them at 1:30 p.m. as they always have an interesting program.

### Senior Citizens' NEWS AND VIEWS

#### Leaning Tower Senior Center

How does a Hawaiian vacation sound in October? Members of Leaning Tower Senior Adult Center will find out when they attend the October Birthday Party to be held on Monday afternoon, Oct. 17, at 1 p.m.

Marina Jacobs and Pat Apida, who have been playing together for many years will present a guitar program of Hawaiian songs, and to make everyone feel they are really on a Hawaiian vacation, Gert Edelcup, the center's dance instructor and Mickey Edwards are assembling Hawaiian dance groups to add to the festivities.

Leaning Tower Senior Adult Center has a birthday party each month for the members who have birthdays during that month and each celebrant brings a cake in honor of his birthday. Refreshments are served to the entire membership. This is just one of the over 80 activities of Leaning Tower Senior Adult Center. For information call Shirley Spears, 647-8222.

#### S.I.J. 55 Plus Club

Summer, along with vacations is almost over. So be sure to come to the meetings and enjoy a day of fun with your friends. The success of any club depends on its members. The members who took the Vegas trip are still talking about the great time they had. Thank You to Stanley Zabski for all his work in getting the trip together.

Many events are planned for the coming months. Oct. 30, our Halloween & Western Party in Parish Hall (Members Only). Prizes for the best costumes, games, delicious food and drinks, excitement. So be sure to sign up. Our Bake Sale and Crafts was great. All our goodies were homemade and everything went. We want to thank all the members who baked or donated to this event. It is members like these that make this club one of the best in the area.

Speedy recovery to all our sick members especially, Helen Rugowski, Louise Jakob, Margaret Weller.

Happy November Birthday to the following: Harry Arquilla, Joseph Bachochin, Loretta Baker, Florence Bell, Jo Brown, John Cierny, Josephine Crisci, Marty Corcoran, Patricia Egan, Mary Gunther, Edna Johnson, John Mancuso, Mildred Miller, Chris Scaglione, Ann Sitarz, Mary Timko and Barbara Ziegler. Happy Anniversary to all having a anniversary this month.

### Center of Concern six years old

For most of us, getting information is simply a matter of looking it up in the "Yellow Pages"...but what if your eyes are so weak you can't read the print...or the bureaucracy has gotten so confusing you don't know where to look...or maybe you're just too tired and frustrated trying to keep up with the world that's moving too fast.

The Center of Concern is an Information and Referral Agency that has been helping people find the information they need for almost six years. One of the first services offered by The Center was Information and Referral and we feel this is one of our strongest assets. We have put people in touch with service providers and programs that have greatly benefited their lives.

Along with our personally compiled resource book accumulated through daily experience since our start in January of 1978, we also have in our office a Microfiche Reader with information revised and updated monthly from the Human Services Resource Bank of the Metropolitan Chicago United Way.

### Glenkirk sells holiday cards

A snowy hillside, fragrant pines, and the exuberance of children: Glenkirk's 1983 holiday card, created by Illinois artist, Marianne Loftus, brings vividly to mind many of the season's pleasures. Printed in red, green and black inks on bright white paper, the card reads "May your days be filled with joy and this bright, colorful card, you will also be supporting the services and facilities provided by Glenkirk to developmentally disabled citizens of all ages. \$9.50 per box of 25 cards; all printing available. Mail orders to Holiday Cards, Glenkirk School, Alden & Clay Courts, Deerfield 60015. Or call 948-1430 or 998-8380.

The Bugle, Thursday, October 13, 1983

# The Bugle

An Independent Community Newspaper Established in 1957

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1983 Member Illinois Press Association

David Besser - Editor & Publisher  
Diane Miller - Managing Editor  
Robert Besser - City Editor

PAGE 3

### Prepare for Niles Halloween Party



Preparations are underway for Annual Village of Niles Halloween Party. All children of Niles are invited. It will take place Monday, Oct. 31 at Notre Dame Gym.

### Kustra awarded "Best Freshman Senator"

State Senator Bob Kustra (R-Glenview) has been named "Best Freshman Senator" in the Illinois General Assembly by his fellow legislators and state house observers. The award is based on a poll conducted by the Illinois Political Reporter, a publication which reports on Springfield activities and is distributed to legislators and others with an active interest and knowledge of state government.

### LWW urges residents to be part of the media

The League of Women Voters of Morton Grove/Niles hosted a community forum on Cable Television on Sept. 13. Marilyn Preston, Chicago Tribune columnist; Kim Frumkin, Continental Cablevision (MG); Ann Johnson, Evanston; and Joan Haley, Arlington Heights participated. Cablevision of Chicago, Niles, scheduled to attend, withdrew at the last minute. The participants were all experienced in different phases of cable television.

### Plans include mall enclosure and additional stores

## Golf Mill renovation to begin in April, 1984

### Maine Twsp. surplus food guidelines

New income guidelines will be in effect for the next distribution of surplus government food at the General Assistance Office of Maine Township, according to Meryl Rivenson, Director of Welfare.

Butter and cheese will be distributed at Suite 104, 2510 Dempster st., Des Plaines, between 1 and 3 p.m. on Thursday, Oct. 26, to those who have qualified by calling or sending in their application by October 19. Call 297-2433 for further information.

The excess foods available for distribution each month at the township office are determined by the U.S. Department of Agriculture from surplus supplies. The commodities are to be used for personal consumption only, and no guarantee of the quality or condition of the items is given, says Maine Township Supervisor Paul K. Halverson.

In order to qualify for the government surplus foods to be distributed, call 297-2433.

The long discussed renovation of the aging Golf Mill Shopping Center took a giant leap forward with the announcement that the Milwaukee-Golf Corp., owner and manager of the center since it opened 23 years ago, has relinquished the managing and leasing responsibilities to a nationally-known shopping center managing firm.

The firm, Jacobs, Visconti and Jacobs of Cleveland will not only handle all day-to-day operations in the center but will also be responsible for the upcoming renovation.

Plans announced by Jacobs, Visconti and Jacobs include expanding the number of stores in the mall from its current 69 to 120 as well as enclosing the south mall between J.C. Penney and Sears Roebuck and Co.

Construction is scheduled to begin in April, 1984 with completion set in August, 1985. While no plans have been announced regarding the renovation plans, Pat O'Shea of the Milwaukee-Golf Corp. said on Tuesday that Jacobs, Visconti and Jacobs are currently "having discussions" with numerous department stores about the

possibility of locating in Golf Mill. At the same time the impression was left that the Bergner Weiss department store, which had once announced plans to move into Golf Mill, may not, in fact, construct a store in Niles. It is also uncertain as to where the new stores will be built.

Niles Director of Housing and Zoning, Joe Salerno, said on Tuesday the possibility exists that many current stores will be subdivided to make more, smaller stores.

This follows a national trend where mall retailers need less space as they are unable to keep large merchandise inventories due to prohibitive prices.

There is also speculation that the empty Mill Run Theatre, located in the north end of the mall, may be torn down and replaced with stores.

O'Shea said the Milwaukee-Golf Corp. will continue the managing and leasing of the Golf Mill Professional Building. Jacobs, Visconti and Jacobs currently manages 37 shopping malls in 13 states.

### OCC Alumni Council



The Alumni Relations Council of the OCC Alumni Association held a recent dinner meeting to plan activities for the coming year. Members in attendance included (top row from left to right): Andi Ciss - Glenview, Eileen Karstens - Wheeling, Dan Jasinski - Niles, Joan Klein - administrative assistant OCC Alumni, (second row)

Barbara Morris - Morton Grove, Sandra Hiton - Skokie, Carol Lhert - Des Plaines, Twila Johnson - Park Ridge, Diane Kondratowicz - Lincolnwood, (first row) Roberta Miller - Arlington Heights, Alfred and Carol Lutz, Park Ridge, Shirley Jacobs - Des Plaines, and Patricia R. Handzel, director of community services.

THE BUGLE (USPS 069-760) David Besser, Editor and Publisher

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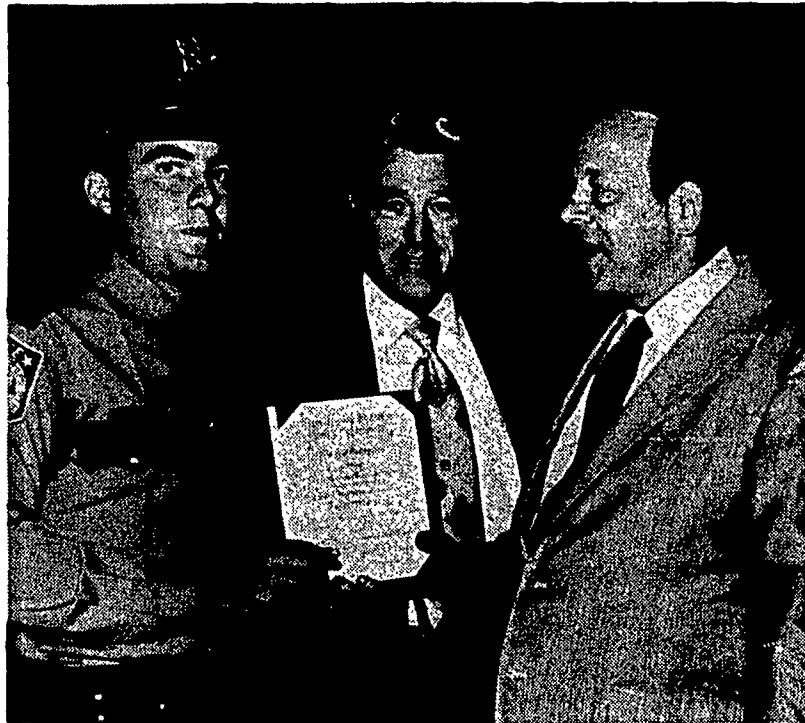
- Everyone loves to receive photo-greeting cards. Or a favorite picture enclosed in your traditional cards or letters.
- Cards or prints made from your favorite color prints, color slide, or film negative.
- Photo-greeting card and color print orders accepted through November 30, 1983. Minimum order—25 cards or prints.

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SAVE! Carry-in T.V. Service While-U-Wait REBUILT COLOR TV'S One Year Service Guarantee \$100 AND UP Mon. & Thurs. 8:30 to 9 PM Tues. & Fri. 8:30 to 9 PM CLOSED WEDNESDAY

Manor Video & TV ACROSS FROM BOOBY'S 8144 Milwaukee Ave. NILES 825-7453

## Sheriff honors Niles Police Officer



Sheriff Richard J. Elrod, (r), and Niles Police Chief Clarence Emrikson, (c), congratulate Niles Police Officer Karl K. Scheel, (l), upon his graduation from the 10-week recruit training course of the Cook County Sheriff's Police Training Academy. Officer Scheel was among the 32 officers from 17 police departments who successfully completed the certified course.

## Washington students publish newspaper

Students from grades 3 through 6 at Washington School continue to participate in an extra activity, Newspaper Club. The students meet weekly with their sponsor, Mrs. Greenberg, during their lunch time. Thirty-five students have volunteered for the newspaper.

This year the students selected a new name for the newspaper: Washington School Kids Talk. The students are working hard to get their first issue for '83-'84 published by the end of October. Washington School is located at 2710 Golf Road, Glenview, and is one of the five elementary schools in East Main School District #63.

<b>LOMAR DISCOUNT</b>		
5812 W. DEMPSTER MORTON GROVE 965-0070		
Monday thru Friday 8:00 a.m. - 9:00	Saturday 8:00 a.m. - 8:00	Open Sunday 9:30 a.m. - 4:00
<b>LOTTO</b>	<b>LAVORIS MOUTHWASH</b> REG. \$3.19 24 OZ. PLUS 4 OZ. FREE <b>\$1.99</b>	<b>BAVER ASPIRIN 100's</b> <b>\$1.79</b>
<b>PLAY TODAY CASH TONIGHT ... OR PICK 4 AND WIN MORE!</b>	<b>ALKA SELTZER</b> 38's <b>\$1.99</b>	<b>CIGARETTES</b> All Brands 3 Packs For <b>\$2.59</b> Reg. or 100's

## HALLOWEEN COSTUMES

Masks, Make-Up, Wigs, Hats, Mustaches, Capes, Accessories, Etc.

### OLLIE'S TRICKS, GAGS & GADGETS

The obvious source for all your Halloween needs!

OAK MILL MALL - 7900 N. MILWAUKEE **470-0810**

## Nance joins Center of Concern staff

The Employment for Seniors program at The Center of Concern received a real boost recently when Mrs. Joy Nance of Westchester joined the staff as counselor. Joy's interest in working with seniors is matched by her solid educational background and the experience she gained as a youth and adult counselor at the Putnam Community Action Commission in Findlay, Ohio. She is a graduate of Olivet Nazarene College in Kankakee, where she received a BA in Social Justice with a double minor in Psychology and Art.

Ruth Geils, Coordinator of the Employment for Seniors program, feels confident that the program will be even more productive with Joy's help. Seventeen job placements were made during the first three weeks of September, with twice as many applicants being interviewed as any other month since the program began in 1980. Employers interested in hiring mature, experienced people are encouraged to call Joy at 823-0453 and make their needs known. Applicants seeking fulltime or part-time work should call and make an appointment for an interview with Joy or Ruth.

## Free health care screenings

Regency At-home Health Service, LTD and Peterson Bank, as a community service, are offering free health care screenings. Stop in at Peterson Bank's Annex (Suite F) to get a free blood pressure reading and diabetic testing. You can also discuss your medicare questions with Regency's professional staff. Every Tuesday from 10 a.m. to 11:30 a.m. at Peterson Bank, 3300 W. Peterson, Chicago.

## Mark Twain students receive certificates

Mark Twain School congratulates its students who completed the Roy G. Biv Reading Club at either the Main Branch or Bookmobile facilities of the Niles library. The following students received their certificates in August:

Kenny Alpert, Karen Belgrad, Mark Belgrad, Alex Botvinnik, Paula Christl, Jodi Cutler, Joey Cuccio, Susan Deckwitz, Inna Fialko, Jason Fierstein, Jeremy Fierstein, Jenny Friedenson, Shital Gandhi, Heidi Grosz, James Hoffins, Lorie Hoffins, Jose Hurtado, Yong Keun Hong, Michelle Kitsberg, Aaron Klein, Jessica Klein, Bernard Lee, Richard Lee, Roshia Lewis, Jane Hong, Rosario Cisneros, Tina Magdziak, Micheal Mahanke, Matthew Martin, Dawn McCarty, Mike Milman,

Ronak M. Parekh, Manish Patel, Nimisha Patel, Criscella Rios, Ari Roth, Elaine Sakellariou, Nick Sakellariou, Tamar Samuels, Aparna Shah, Purvi Shah, Rupal Shah, Sonal Shah, Bernard Shifman, Ami Thaker, Ashly Varughese, Cybele Varughese, Benji Vicks, Ricky Wait, Ryan Wait, Niraj Zaveri.

Mark Twain School is located at 9401 Hamlin ave., Des Plaines and is one of the five elementary schools in East Main School District #63.

## Senior Citizen News

Morton Grove Senior Citizens 965-4100

### RUNNING AWAY FROM ILLNESS

The winter months are close at hand and that means we all become more susceptible to the elements. Senior citizens need to be particularly cautious of contracting influenza and pneumonia, diseases that threaten both life and health. The Morton Grove Health Department's annual immunization clinic is coming up on October 13 from 2-4 p.m. and also October 15 from 9-11 a.m. in the Village Hall Senior Center. The Health Department will be offering both flu and pneumonia vaccinations at no charge, but donations will be appreciated. For further information about the clinics call Marcy Amstader at the Health Department, 965-4100.

### MONDAY NIGHT FOOTBALL

Coach Ed "Spike" McGrath, veteran coach of more than forty years, will talk football and introduce the October 17 Monday Night Football game between the Washington Redskins and the Green Bay Packers. Seniors, as well as the general public are welcome (so invite your kids and grandkids). Plan on attending at 7:30 p.m. for Coach McGrath's "pre-game" talk in the Village Hall Senior Center. Free popcorn and lemonade will be provided.

### HEARTY HEALTHY AUTUMN SOUPS

On Wednesday, Oct. 19 at 9 a.m. in the Village Hall Senior Center, "Hearty Healthy Autumn Soups" can be tasted. These nutritious preparations will be demonstrated by Marcy Amstader of the Morton Grove Health Department.

### "ANTONIA: PORTRAIT OF A WOMAN"

At 10 a.m. on Oct. 19, immediately following the cooking demonstration, the 1974 film entitled, "Antonia: Portrait of a Woman" will be shown. The story is of the 73 year old Antonia and her ambition to conduct a symphony orchestra. The film can be viewed free of charge in the Village Hall Senior Center, 6101 Capulina.

### "ACTING UP!" AND LUNCH

The Village Hall Senior Center presents an October Funch of fun and lunch, on Friday, Oct. 21 at 1 p.m. This dinner/theatre-type presentation begins with an original Italian lunch of lightly seasoned mostaccioli and meatballs, and concludes with a performance by "Acting Up!", the unique improvisational theatre group made up of people all over age 65. "Acting Up's" material is humorous, sometimes outspoken and always an energetic poke at the stereotypes and myths of ageism.

A ticket for the afternoon is \$8, \$10 for a couple (husband and wife, or friend and friend) and can be purchased in the Morton Grove Village Hall Senior Center any weekday morning from October 3 through October 19.

### BICYCLING CLUB

The Village Hall Senior Center is now organizing a Bicycling Club that will tour the Cook County Forest Preserve's bicycle trails to observe the changing autumn colors. Men and women alike are invited to bring along their bikes and meet at the Center at 1:30 p.m. each Thursday.

### SCHOOL LUNCH PROGRAM

Morton Grove school districts 67 and 70 continue to invite local senior citizens to their schools for noon hour lunches. Parkview School at 6200 Lake serves between 11:30 and 12:25, the cost of lunch is \$1.30 including milk. Hynes School at 9000 Bellefont serves between 11:35 and 12:25, the cost of lunch is \$1.50 including milk. And Golf For Your Life program at 9401 Waukegan serves between 11:45 and 12:15, the cost of lunch is \$1.50 plus 15¢ for milk.

### DON'T TAKE IT EASY - EXERCISE

Regular physical activity can help the human body maintain, repair, and improve itself to an amazing degree. Most older people - even those with illness or disabilities - can take part in moderate exercise programs. It is very important to tailor the exercise to fit your own level of ability and special needs. For example, jogging is not for everyone and may be dangerous for those who have unsuspected heart disease.

Aerobic exercises, those exercises that stimulate breathing and moderate elevation of the pulse, are of greatest advantage to senior citizens. Opportunities to be involved in aerobic exercise programs in Morton Grove, include: the Senior Exercise Class and Run For Your Life program at the Prairie View Community Center, 965-4359; plus the Walking Club and Bicycling Club at the Village Hall Senior Center, 965-4658.

For further information about these and other senior citizen programs, call Ralph Birmingham at the Morton Grove Senior Hot-Line weekdays, 9 until noon at 965-4638 or Bud Swanson at the Village Hall, 965-4100.

### St. Martha's Seniors

St. Martha's Seniors' Second Annual Bazaar and Bake Sale will be held on Sunday, Oct. 16, 7 a.m.-1:30 p.m. in the Pine Room.

You will find a wide assortment of household items...bake goods...crafts...holiday items and much, much, more! A bargain-hunter's dream with something for everyone. Coffee "and" also available.

U.S.D.A. CHOICE **\$2.69** LB.  
BUFFET ROAST

U. S. D. A CHOICE **\$2.89** LB.  
EYE ROUND ROAST

## DAIRY & FROZEN

ITALIA CHEESE or MEAT **\$1.49**  
RAVIOLI... 24 Count

VAN DE CAMP'S FRESH FROZEN PERCH **\$1.99** 12 Oz. Pkg.

ROSSETTO POTATO & CHEESE PIEROGI'S **\$2.19** 30 Oz. Pkg.

SWIFT'S BROWN 'n' SERVE SAUSAGES **89¢** 8 OZ. PKG.

## GROCERY

MILK BONE'S BUTCHER BONES **99¢** 18 Oz.

CRISCO OIL **\$1.69** 32 Oz.

SWIFTENING VEGETABLE OIL **\$2.29** 48 Oz.

DELTA PAPER TOWELS **59¢** Roll

OCEAN SPRAY GRAPEFRUIT JUICE **\$1.39** 48 Oz.

CASCADE DISHWASHING LIQUID **\$2.29** 50 Oz.

SCOTT NAPKINS **\$1.39** 300 Count

HOLSUM'S MOTHER'S BREAD **69¢**

SALE ENDS WED., OCTOBER 19th

R. C. COLA DIET RITE R. C. 100 **8.19** 16 OZ. BTL. PLUS DEP.

MINELLI'S HOMEMADE ITALIAN SAUSAGE **\$1.49** LB. HOT OR MILD

GRADE "A" COUNTRY STYLE CHICKEN LEGS **1.39¢** LB.

## DELI

FALBO'S FRESH RICOTTA CHEESE **89¢** BY THE CONTAINER 5 1/2 LB. AVERAGE

Whole - By The Stick SWIFT'S PREMIUM HARD SALAMI **\$2.29** LB.

SLICED - **\$2.59** LB.

DOMESTIC ROMANO CHEESE **\$3.29** LB.

## PRODUCE

PASCAL CELERY **49¢** STALK

LARGE GREEN PEPPERS **49¢** LB.

EXTRA FANCY RED PEPPERS **69¢** LB.

INDIAN RIVER WHITE GRAPEFRUIT **3/1** FOR

GOLDEN RIPE BANANAS **4** LBS FOR **\$1**

LEAN GROUND CHUCK 3 **\$1.49** LBS. OR MORE

FRESH LEAN SMALL SPARE RIBS **\$1.29** LB.

## LIQUORS

HIRAM WALKER'S TEN HIGH BOURBON **\$8.99** 1.75 Liter

XII CLANS SCOTCH **\$9.99** 1.75 Liter

CHRISTIAN BROS. BRANDY **\$5.99** 750 ML.

J. ROGET CHAMPAGNE **\$2.99** 750 ML.

VHATEAU LA SALLE LIGHT WINE **\$2.99** 750 ML.

AUGSBURGER BEER **\$1.99** 12 OZ. 6 CANS

STROH'S BEER **\$3.89** 12 OZ. 12 CANS

## GROCERY

DUNCAN HINES SALE

CAKE MIXES **79¢** 19 Oz. Box ALL FLAVORS

COOKIE MIX **\$1.19** 18 Oz. Box CHOCOLATE CHIP - PEANUT BUTTER

MUFFIN MIX **\$1.09** Box APPLE-BANANA-BLUEBERRY-BRAN

FROSTING MIX **\$1.19** 16 Oz. CHOCOLATE - VANILLA

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## Culver School Thespians

The Culver School Thespians, under the direction of their drama coaches, Helene Blangin, Roberta Potratz, and Nancy Perez, are busily preparing for their sixth annual school play, "The Sky's the Limit", a three act comedy. The play will be presented at the Culver gymnasium on Oct. 12, at 1 p.m., as well as performed on Oct. 13, Thursday, at 7:30 p.m.

Not only are the students rehearsing many hours after school, but they are also constructing the set, and gathering the costumes. "By having the students participate in all aspects of producing a play, they are able to see first-hand all the work that is required to turn-in a successful performance," says Mrs. Helene Blangin, founder of the Culver Thespians.

The Niles PTA has also been helpful in donating props and scenery, making the play a great outlet for community spirit.



Shown above from l to r: first row - Julie Dahler, James Dahler, Kelly Martin, Laura Bowman, Mike Kranz, Jeannine DiModica, Julie Hedrich, second row - Amy Flack, Linda Steiner, Charles Gnocchio, Ann Fisher, Laura Yetter, Deanne Gable, and Mindy Shiffman.

### Press Club sponsors publicity workshop

Four public relations and media professionals will share information on PR skills and techniques at the Northwest Press Club's "Publicity Workshop for Non-Professionals" on Saturday, Oct. 15. The workshop will be from 9 a.m. to 1 p.m. in the Dunton Room of the Arlington Heights Memorial Library, 500 Dunton ave. A \$3 registration fee, payable at the workshop, will cover the cost of all materials and refreshments.

Dick Katschke, director of university relations at Northwestern Illinois University and coordinator of the workshop, said the program is designed for club publicity chairmen and those individuals interested in public relations careers. Topics to be covered will include publicity campaign planning, publicity support for fund raising efforts, public access to cable television, and the preparation of radio and television public service announcements.

Following are workshop speakers and topics:  
Cathy Miller, media coordinator for Chicago's Museum of Science and Industry, will discuss "Publicity Planning: How to Get Your Message to Target Audiences."  
Miller, former public relations director for the Des Plaines Park District, is president of the Northwest Press Club.  
Connie Usry, public affairs director of WSEX-FM in Arlington Heights, will focus her workshop on "Public Service Announcements: How to Gain Access to the Airwaves." Usry will discuss the various formats for public service announcements and the types of guests sought by radio and television "Talk" shows.

Vernon J. Dockery will speak on "Friend Raising for Fund Raising: How Public Relations Activities Can Enhance Fund Raising Efforts." Dockery is vice president of corporate development for Alexian Brothers of America, Inc., a nationwide health care system which owns and manages hospitals, nursing homes, and retirement communities from coast-to-coast.

Carol Leifer, local business programming coordinator for Cablenet, Inc., will provide information on "Cable Television: How to Use the Newest Medium for Public Awareness." Her workshop will concentrate on ways that individuals or organizations can work with cable firms on the planning and preparation of public access programming.

Since the organization's founding in 1975, the Northwest Press Club has annually offered workshops and training sessions for students and community volunteer publicity chairmen.

For additional information on the October 15 publicity workshop, please call 529-5785.

### LEGAL NOTICE

Change of Board Meeting Date  
The regular meeting of the Board of Education, East Maine School District No. 63, Cook County, Illinois scheduled for Tuesday, November 8, 1983 has been cancelled and rescheduled for Tuesday, November 15, 1983, at 7:30 p.m. in the Apollo School, 10100 Dee Road, Maine Township, Cook County, Illinois.

s/James E. Bowen  
Secretary, Board of Education

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## Singles Scene

### Social Singles Combined Club Singles

October 14  
Social Singles presents an Evening of Dancing and Socializing. Rock in the 50's-Roll through the 60's-Disco away the 70's-Swing into the 80's with Michael Broad, DJ and MC. Friday, October 14, 8:30 p.m. til 1 a.m., at the Skokie Holiday Inn, 5300 W. Touhy ave., Skokie. The dance is co-sponsored by the Northwest Singles Association, the Aware Singles Group and Insight for Singles of Evanston. Admission is \$5 for members, \$8 for non-members. For more information, call 761-7288.

### Young Single Parents Aware Singles

October 18  
Hypnotist "The Amazing Mr. P." will entertain at the meeting of the North Shore Chapter of Young Single Parents on Tuesday evening, Oct. 18. The meeting is held at the Wheeling/Northbrook Holiday Inn, Milwaukee Ave. between Willow and Lake/Euclyd. Doors open at 8:30 p.m. \$2 for members; \$3 for non-members. No prospective members admitted after 10 p.m. Support group meets previous to meeting.

### Aware Singles

October 14  
The Aware Singles Group invites all singles to a discussion on "The Flirting Game" at 8:30 p.m. on Friday, Oct. 14, at the Arlington Park Hilton, Euclid ave. and Rohlwing rd., Arlington Heights. At 9 p.m., there will be a dance with the live music of Concord. Admission is \$5 for non-members. For more information, call Aware at 777-1005.

### North Shore Jewish Singles

October 19  
North Shore Jewish Singles, a non profit social organization of single men and women has announced the following schedule of October social events which are open to all interested single men and women, whether divorced, separated, widowed, or never married. Most NSJS members are over the age of 40.  
North Shore Jewish Singles presents Open Meeting Proudly presents Columnist Ruth Marcus whose popular and well read column "For Singles Only" appears weekly in The Sentinel. Ms. Marcus will speak to us on Wednesday evening Oct. 19, at Congregation B'nai Emanual, 9331 Niles Center Rd., Skokie at 7:30 p.m. Members \$2. Guests \$3. For further information call Claire at 520-0896

### The Spares

October 15  
The Spares Sunday Evening Club is having a "Fall Festival Frolic" dance on October 15 to be held at Skokie VFW Post #3854. Which is located at 7401 Lincoln ave. in Skokie. Music will be furnished by the "Harmony Kings" band. The time is 8:30, the suggested dress code is casual. Snacks will be served and there will be a cash bar. The donation is \$4 for members and \$6 for guests. For more information call 675-4426 or 593-2469.

Entertainment chairman is Roseanne Rake, of Mt. Prospect. Refreshment chairman is Norma Tock, of Chicago. Press release chairman is Bernice Turney, of Niles. Reservation chairman is Norm Jahnke, of Winnetka. Catering chairman is Jo Glazier of Morton Grove.

### Loyola Single Parents

October 20  
Loyola Single Parents will be sponsoring a support/discussion meeting from 8 to 10 p.m. on Thursday, Oct. 20, at the Academy, 1100 N. Laramie, Wilmette. The topic will be Procrastination and will be led by Kathleen Lee. Ms. Lee, who has her Master's Degree in Guidance and Counseling, is a career counselor and part-time instructor at Oakton Community College. All single parents are welcome. There is no charge for this meeting. For information, call 274-6673 or 256-1100, ext. 39.

### Jewish Singles

October 16  
The Jewish Singles (ages 21-45) presents a "Citywide Dance" from 7-11 p.m., on Sunday, October 16, at "Faces", located at 940 N. Rush, Chicago. Admission is only \$3 and all welcome.

According to Leonard Goodman of Niles, many singles from all Chicagoland will be in attendance.

### Personal Link

October 28  
Personal Link invites all single professionals to a discussion and social on Friday, Oct. 28. The topic for the evening will be "Assertive Females and the Male Ego". The evening social will be at 416 Asbury, Evanston, 8 p.m. \$5.

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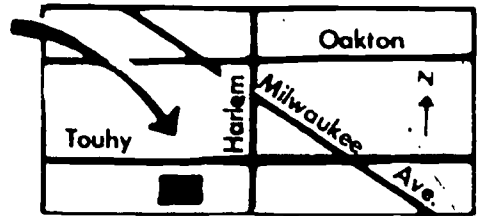


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# CHURCH AND TEMPLE NOTES

## Scouts sell Christmas wreaths

Boy Scout Troop #665 of Edison Park Lutheran Church has once again made arrangements with a fine established firm in the State of Washington to sell their beautiful Berried English Holly, Christmas Greens and Alpine Wreaths. Orders will be taken on Sunday, Oct. 16, 23 and 30, after the 9 a.m. and 10:45 a.m. Services.

Every item comes packaged in individual plastic bags. Delivery will be around Dec. 5-11, after the Church Services. If you are unable to pick up your order, the Scouts will make delivery to your home.

Proceeds from the sale will be used to purchase much needed camping equipment and for summer Scout camp. If you cannot place your order at the Church on Oct. 16, 23 or 30, you may order your Christmas greens by calling Mr. Dave Perschke at 631-3417.

## Niles Community Church

The Pony Express rides again at Niles Community Church (Presbyterian, USA) 7401 Oakton Street on Sunday, Oct. 16! The church's annual stewardship campaign will begin with an 8:30 a.m. breakfast for the Trail Bosses who are: Mrs. Anita Ashcroft, Mrs. Kitty Behr, Mr. & Mrs. Harry Craig, Mrs. Margery Dick, Mr. Val Engelman, Mrs. Leon Friedman, Mrs. Adeline Fruhauf, Mrs. Alice Herbst, Mrs. Bev Jorgensen, Mrs. Barbara Leske, Mr. Henry Mueller, Mr. & Mrs. Ron Neukirch, Mr. Grace Ohrt, Mrs. Dorothy Olson, Mrs. Deborah Oates, Mrs. Mildred Pelini, Mrs. Lillian Pettinato, Mr. Gary Sabey, Mrs. Margaret

Schultz and Mrs. Grace Willert. During the 10 a.m. worship service (western garb suggested), the Trail Bosses will be introduced by General Manager, Cal Zintz and given their Oath. After the service, the congregation will go out to the parking-lot where the Church School students will release helium-filled Pony Express balloons with their names attached.

Church meetings and activities during the week of Oct. 17 will include: Tuesday, 7:30 p.m. Stewardship Committee; Wednesday, 10 a.m. World Service Work Day; Thursday, 7 p.m. Confirmation Class; Friday, 7 p.m. Cub Scout Pack meeting; and Saturday, 4:7 p.m. Rainbow Assembly spaghetti dinner.

## NSJC

Saturday morning, Oct. 15, Craig Berg, son of Jeff and Edith Berg of Glenview will celebrate his Bar Mitzvah.

Friday, Oct. 14, B'nai Chai USY will hold a family Shabbat Dinner followed by Services at 8:15 p.m.

Sunday, Monday, Tuesday, Oct. 16, 17 and 18 Sisterhood presents its annual Fall Rummage and Resale Shop. Drop off days for rummage will be Thursday, Oct. 13, 4-9 p.m., Friday, Oct. 14, 9 a.m.-1 p.m. and Saturday, Oct. 15, 10 a.m.-10 p.m. Thursday, Oct. 20, 8 p.m., Sisterhood presents "Harvest of Fashion" fashions by T. Edwards, Barth Wind Furs and The Childrens Place. Informal modeling followed by a mini supper. Donation is \$5-5PC \$2.

## BJBE Sisterhood meeting

"Rabbi Sally—10 Years Later" discussed by Rabbi Mark Shapiro, will be the topic of Congregation B'nai Jehoshua Beth Elohim (B.J.B.E.) Sisterhood's first open meeting to be held at 8 p.m. on Nov. 2, at the Temple, 901 Milwaukee Ave., Glenview. Guests are always welcome at The Sisterhood's Open Meetings. For more information phone the Temple office, 729-7575.

## Italian Catholic group plans dinner

Branch #300 of the Italian Catholic Federation will hold its 8th Annual Mostaccioli Dinner on Sunday, Oct. 16, in the School Hall of St. Juliana Parish, 7400 W. Touhy Ave. (entrance on Osceola Ave.).

The dinner will be served between 1 p.m. and 5 p.m. and includes salad, rolls, dessert and beverage with all-you-can-eat mostaccioli entree. A complimentary glass of wine will be offered with the meal to all adults. Additional wine can be purchased.

The price of tickets remains unchanged from previous years. Advance adult tickets are \$3 and senior citizen and children's tickets are \$2. Prices at the door will be \$3.50 and \$2.50. Tickets can be purchased by calling: Pasquale at 792-1329 or Roberto at 631-5413.

## Glenview United Methodist Women plan Art and Craft Fair

The Glenview United Methodist Women invite you to attend their annual Art and Craft Fair, "The Country Market Place" on Friday, Oct. 28 from 10 a.m. to 8 p.m., at the Glenview United Methodist Church, 727 Harlem Ave., Glenview.

Over 40 crafters will be exhibiting their items throughout the day. For your convenience, a delicious lunch and dinner will be served.

## Congregation Adas Shalom

Congregation Adas Shalom, 6945 W. Dempster, Morton Grove, will hold a Shabbaton Friday (Oct. 14) evening starting at 8:30 p.m. led by Rabbi Israel Forush. Regular Friday evening services resume next week at 8 p.m.

Saturday morning services begin at 9 a.m. and all are invited to attend and partake in the Kiddush after services.

Adas Shalom will hold a square dance at Oketo Park on Saturday night, Oct. 22. The fun evening involves food and prizes for only \$25 per couple. For details, call 967-8405.

A Delicious lox box will be delivered on Sunday, Oct. 30, for a donation of only \$8.50. This treat includes a half pound of lox, bagels, cream cheese, desert, onion, tomato and more. To order, call 965-7491.

Entertainment "84" books are again available through Adas Shalom for only \$25. These books offer hundreds of discounts on restaurants, theatres, hotels, sporting events and more. To order, call 966-2273.

Late registration is still being accepted for Sunday School classes in kindergarten or first grade. Call 966-0023.

If you would like more information about Adas Shalom, please call Harvey Wittenberg at 440-3100 or 965-1880.

## Lutheran Day Nursery Bazaar

The much anticipated Fall Bazaar for the Lutheran Day Nursery's benefit will be held at Edison Park Lutheran Church, located at 6626 N. Oliphant Ave., Chicago, on Thursday, Oct. 19, from 10 a.m. to 3 p.m. A luncheon will be served at 12 Noon. Tickets may be purchased at the door.

The women of the Nursery Board have been busy making many interesting and attractive items for the sale. Serving on the Board from E.P.L.C. are Mrs. Hazel Lauridsen, Mrs. Dorothy Lauridsen, Mrs. Lois Long and Mrs. Diane Snook. Proceeds from the Bazaar are turned over to the Nursery to help in its daily operation.

served, and free babysitting will be available until noon.

The \$1 admission fee will entitle shoppers the opportunity to win a beautiful quilt especially crafted by our church quilters.

Proceeds from this event support our church missions both here in the United States and abroad.

For further information call, 729-1015.

## Taste and Tell Luncheon

There'll be an extra ingredient in North Boundary Hadassah's 22nd annual Taste and Tell Luncheon at noon Sunday, Oct. 30.

Besides the usual meal of member-prepared dishes, all competing for prizes, the event, in the Devonshire Community Center, 4400 Grove, Skokie, will include a fashion show, "All Hands on Deck," a parade of cruises and winter vacation fashions from T. Edwards of Northbrook Court, Northbrook, plus furs from Barth-Wind, Skokie, modeled by 24 North Boundary members.

After lunch, awards will be given for the tastiest contributions in each of seven categories, from appetizers to desserts, said Esther Berman, Evanston, and Rosalie Eulenberg, Skokie, who with Carol Becker, Morton Grove, Marcy Filinson and Lynn Wasserman, Skokie, are luncheon chairwomen.

To reserve your place, please call Ester Berman at 263-7473.

## Beth Emet The Free Synagogue

Shabbat evening services will be conducted at Beth Emet The Free Synagogue in Evanston Friday, Oct. 14 at 8:30 p.m. Rabbi Peter S. Knobel will conduct the service, assisted by Cantor Jeffrey Klepper. Rabbi Knobel will give a D'var Torah. An Oneg Shabbat in honor of the B'nai Mitzvah of Erica Michael and Jonathan Citron will be provided by their parents immediately following the service. The B'nai Mitzvah ceremony for Erica and Jonathan will be held Saturday, Oct. 15 at the Synagogue.

Shabbat morning services are held every Saturday at 9:30 a.m.

## Niles Assembly of God

You are invited to be a part of the "pioneer spirit" at Niles Assembly of God.

Pioneering, the concept of starting new churches, is one of the reasons the Assemblies of God are growing so rapidly. The Assemblies of God is worldwide denomination with work in 108 foreign countries totaling 8.9 million constituents. In addition, the United States has 10,000 churches with 1.8 million adherents and 23,000 ministers (3,300 of them women, including 230 pastors).

Worship services begin at 10:30 a.m. in the lower level of the Spert's Complex at 8435 Ballard Rd., Niles. Anyone interested in opening their home to a Bible Study may contact Pastor Grohs at 794-1148.

## Obituaries

### Betty L. Costa

Betty L. Costa, 65, of Niles died on Sunday, Oct. 9 in Lutheran General Hospital. Mrs. Costa was born April 12, 1918 in Illinois. She was the beloved wife of the late Frank; loving mother of Robert (Cathy) and James (Gale); grandmother of seven; dear friend of Bernice Etherton. Funeral Mass was celebrated on Wednesday, Oct. 12 at St. John Brebeuf Church, Niles, from Skaja Terrace Funeral Home, Niles. Interment St. Joseph Cemetery. In lieu of flowers, contributions requested to the Muscular Dystrophy Association.

### Sidney L. Coleman

Sidney L. Coleman, 76, of Niles, a retired clothing salesman who worked for over 25 years at Bond Clothes in the George J. Goldman Home for the Aged in Niles. Services will be held Tuesday, Oct. 11 in the chapel at 1300 W. Devon, Chicago. Survivors include his son, Michael and a grandson.

### Isabell M. Krenz

Isabell M. Krenz, 80, of Niles died on Sunday, Oct. 2. Mrs. Krenz, (nee Cornell) was born Nov. 28, 1902 in Illinois. She was the beloved wife of Theodore; dear mother of Gilbert (Charmaine), Patricia (Donald) Janke, Joan (James) Virz and Beverly (Peter) Klein. Fond grandmother of Craig, Todd, Jeffery, Lisa, Denise, Donald, Charmaine, Cynthia, Ellery, Christopher, Corrine, Charlotte, Vincent, Keith, Brian and Janine. Great-grandmother of Kimberly and Bradley. Sister-in-law of Myrtle Cornell. Funeral Mass was celebrated on Wednesday, Oct. 5 at St. John Brebeuf Church, Niles from Skaja Terrace Funeral Home, Niles. Interment All Saints cemetery.

### Alice Thilmann

Alice Thilmann, of Morton Grove, beloved wife of the late Anthony; dear sister of Amelia Gengler. Funeral Mass was celebrated Friday, Oct. 7 at St. Martha's Church, Morton Grove from Simkins Funeral Home, Morton Grove. Interment Calvary cemetery, River Grove.

### Michael Kulinski

Michael Kulinski, 89, of Niles died Sunday, Oct. 9 in Regency Nursing Center. Mr. Kulinski was born Sept. 19, 1894 in Poland. He was the beloved husband of the late Mary (nee Kogul); loving father of the late Mildred and Charles (Isadora); dear grandfather of Judy (Ken) Bovin; great-grandfather of Chad, Tina and the late Wendy. Funeral Mass was celebrated Wednesday, Oct. 12 at Our Lady of Ransom Church, Niles from Skaja Terrace Funeral Home, Niles. Interment Resurrection Cemetery. In lieu of flowers, donations requested to the Leukemia Society.

### Elisabeth Klein

Elisabeth Klein, 90, of Des Plaines, died Thursday, Oct. 6 in Holy Family Hospital. Mrs. Klein was born April 19, 1893 in Romania. She was the beloved wife of the late Mathias; dear mother of Katherine Lane; fond grandmother of Katherine Reikes, John Stenger, Barbara Stefan and Ann Weiss; great-grandmother of 11 and great-great-grandmother of 3. Funeral Mass was celebrated on Monday, Oct. 10, at St. Mary's Church, Des Plaines. Interment St. Joseph cemetery, River Grove.

## SJB students visit Channel 5



Operating the T.V. studio at St. John Brebeuf School is the job of the eighth grade T.V. crew, who produce programs and send them into every classroom through the closed circuit T.V. system. Each of the crew rotate the different jobs of working the floor camera, the table and wall cameras, the panel, the VTR recorder and directing. One of the enrichment and learning experiences recently undertaken was to visit Channel 5 Studio downtown, and have a guided tour by Ed Czerwicz, the engineer there. Shown above at Channel 5 are Jerry Taft, Ron Majors, crew members Amy Surace, Fred Braun, Gerry Zydis, Kris Miller, Lori Weber, and Channel 5 Linda Yu.

## Children's drama at Lutheran General

"Golliwoppers," a children's drama, will be presented in the Olson Auditorium of Lutheran General Hospital, Park Ridge, at 7 p.m. on Wednesday, Oct. 26. The play, which is open to all patients, visitors, and the public, free of charge, is being presented by the Artists of Concordia Theatre, Concordia College,

River Forest. Patients unable to leave their rooms will be able to watch the performance via the hospital's closed-circuit television channel. Persons interested in more information on this performance may call Lutheran General's Public Affairs Office at 696-6110.

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# Women's World

## Orchard Village Fashion Show

Orchard Association for the Retarded/Orchard Village will celebrate its 10th Annual Fashion Show Luncheon, "Memories" on Saturday, Nov. 5 at the Chateau Ritz, 9100 Milwaukee, Niles.

Numerous local community leaders, parents, friends, residents and staff of Orchard Village will be in attendance. Guest speaker will be Neil F. Hartigan, Attorney General-State of Illinois. For the third year, Harvey Schwartz (picture), Corporate Counsel, Village of Skokie, will serve as Master of Ceremonies. Tickets for the event are \$25 and also represent a tax deductible contribution.

The event begins at 11:30 a.m. with cocktails and will be highlighted with the fashion show portion modeled by residents of Orchard Village, parents, friends, staff and students at Julie Molloy Education Center. The show will feature fashions of different eras in time from Orchard Village Potpourri and reflections of 1983 from Little Moppets of Skokie and APARACOR of Evanston featuring their Queensway to Fashion and Career Guild lines.

All proceeds benefit the retarded adults at Orchard Village, Skokie. Orchard Association for the Retarded/Orchard Village is a community organization that has served the needs of the



Neil F. Hartigan, Attorney General of Illinois, will be the guest speaker at the Orchard Village Fashion Show.

developmentally disabled since 1950. It is organized for educational, residential and charitable purposes.

For more information on this event, call Bernie Saltzberg at 967-1800.

### Art Auction '83

North Boundary Hadassah will present Art Auction '83, Saturday, Oct. 15 at the Unitarian Church of Evanston, 1330 Ridge ave., Evanston.

Janet Resnick, of Highland Park, said the preview and silent auction will open at 7:30 p.m. with the live (bidding) auction scheduled to start at 8:30 p.m.

North Boundary, of which Sharon Rosenstein of Morton Grove is president, is part of a larger organization which supports two hospitals in Israel.

The \$3 per person donation will include pastries donated by The Complete Gourmet of Northbrook along with coffee and wine.

More information on this event is available by calling Ann Adler at 263-7473.

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## SIJ Women plan 50's dance

A Nifty Fifty's Dance, sponsored by the Women's Club of St. Isaac Jogues Church, will be held Saturday, Oct. 22, 8:30 p.m. in the Church Hall, 8101 Golf rd.

Music will be provided by Arthur J and Friends. 50's dress is optional. There will be contests for Hoopa Hoop and Twist. Tickets are \$5 each. Supply your own bottle and mix. Sandwiches, cake and coffee will be served.

For tickets call 965-8486. Call now to reserve an evening of fun.

## BJBE Sisterhood Fall Resale

Congregation B'nai Jehoshua Beth Elohim Sisterhood, 901 Milwaukee Ave., Glenview will be holding its annual Fall Resale at the Temple on Monday, Oct. 17 and Tuesday, Oct. 18 from 9 a.m. until 4 p.m. Books, clothes, and household items in excellent condition and at low prices, have always made Fall Resale a highly successful event for both the Sisterhood and the customers. For more information phone the Temple office 729-7575.

## Fall rummage sale

There will be an annual Fall Rummage Sale given by N.W. Suburban Jewish Congregation on Sunday, Oct. 16 and Monday, Oct. 17 from 9 a.m. to 5 p.m., and on Tuesday, Oct. 18 from 9 a.m. to 1 p.m. The sale will be held at the synagogue at 7800 W. Lyons st., Morton Grove. Phone number is: 965-0900.

## Christmas Holly Bazaar

The Little Sisters of the Poor Center for the Aging at 2325 N. Lakewood Ave., Chicago, will have their annual Christmas Holly Bazaar on Saturday and Sunday, Oct. 29 and 30. Ceramics, crafts and baked goods will be for sale and there will be entertainment, games and Bingo. Time is from 11 a.m. to 5 p.m.

## Future Women present "Creative Problem Solving"

For their evening workshop on October 10, the National Association of Future Women will present "Creative Problem Solving - Making the Most of Your Woman's Intuition". The workshop and dinner will be held at the Willow Creek Hotel, Palatine, beginning at 6:15 p.m.

Mary Coelli Meyer, President of Chesire, Ltd., a management consulting firm in Wheeling, will be the workshop speaker. Ms. Meyer has developed socio-technical systems for industries around the world and has addressed audiences in the U.S., Canada and Europe. In addition she has authored over forty articles and two books.

The role model speaker for the evening is Tricia Fox, founder of Fox Day Schools. Her firm

operates seven day schools, three summer day camps and a corporate child care service. Ms. Fox's business efforts have been covered in Time Magazine, Crains' Chicago Business, Newsweek and The Wall Street Journal.

The National Association of Future Women had its beginning in April, 1981 in Oakbrook and has formed chapters in the North and West, the Loop, the North Shore and the Fox Valley. The primary objectives of this group are to provide support, networking and skills development services for members to enhance their potential for personal and career growth. Deadline for reservations is October 6. Please call 577-8223.

## St. Haralambos Ladies Plan Fashion Show

The Ladies Society of St. Haralambos Greek Orthodox Church in Niles will present its Annual Fashion Show, "An Affair to Remember," on Sat. afternoon, Oct. 22 at the O'Hare Marriott Grand Ballroom.

Featuring the Fashions of Saks Fifth Avenue of Old Orchard, the Fashion Show will begin with a Cocktail Hour at 11:30 a.m. and Luncheon at 12:30 p.m. Donation

is \$22 per person, and reservations for "An Affair to Remember" can be made by phoning 775-1753, 825-7948 or 698-0942.

This year's show will benefit the Building Fund for the new St. Haralambos Community Center which is presently under construction. Hostesses for the afternoon are Mrs. Diane Panos and Mrs. Pat Arvanitis.

## MONNACEP Fall cooking specialties

Twelve MONNACEP one and two-night cooking classes will be conducted the last half of October at area high schools. Space is still open in several.

Each class will be led by a recognized cooking instructor and concludes with a sampling of the prepared foods.

Scheduled sessions the week of October 17-20 are: "Breads and Pizza," Monday, Oct. 17, Maine West High School, 1755 S. Wolf rd., Des Plaines; "Hors D'oeuvres from the Microwave," Tuesday, Oct. 18, Maine East High School, 2610 Dempster, Park Ridge; "Flaming Desserts," Wednesday, Oct. 19, Maine West; "Dim Sum Brunch," Tuesday, Oct. 18, Niles West High School, Oakton st. at Edens

hwy.; and "Chocolate Artistry," Thursday, Oct. 20, Glenbrook South High School, 4000 W. Lake ave. In the following week, classes include "Strudel" at Niles North and "Special Breads" at Maine West on Monday, Oct. 24; "Omelettes" and "Tofu" at Niles West on Thursday.

All classes begin at 7:30 p.m. with fees based on course content and length.

MONNACEP is the adult education element of Oakton Community College in cooperation with the Maine, Niles and Glenbrook High Schools. For further information, call 982-9888.

## Talk on eating disorders

Eating disorders, psychological problems which manifest themselves through improper dietary behavior, are fast becoming a problem of epidemic proportion in this country. Because of the grave consequences it is everyone's responsibility to be able to identify the physical and emotional symptoms of eating disorders.

Jill Zimmerman is a clinical social worker specializing in this area with a private practice in Evanston. She will be speaking by invitation of the Morton Grove Health Department at the Morton Grove Library, 6140 Lincoln ave. on Thursday, Oct. 20 at 7:30 p.m.

Jill will illustrate that, though these are serious problems, help is available.

## Women in Communications discuss Cable TV

After the promises are made, the contracts signed, and a community believes it is about to usher in a bright new world of cable communications, many things can and do go wrong.

Dr. Jesse Huff, mass communications and cable TV expert, will join Evanston's administrative assistant for cable communications Sally Roethlis in exploring "After the Cable Franchise - What Then?", a program sponsored by Women in Communications, Inc./North Shore. It will be held on Thursday, Oct. 27 at 7 p.m. in the Allen Center, Northwestern University, Evanston.

Roethlis, who has been involved with Evanston's cable system since April, 1982, has dealt with such problems as monitoring, contracts, quality control, and "public trust" in her position for the city. She will discuss the good and bad sides of Cablevision which has been in service since February of 1983 in her community.

Huff who was named as official advisor to the Chicago Cable Commission, will handle such questions as how all communities in a large area like Chicago can find quality programming. And who will be cable TV's "watch-

dog?" (In his present position, Huff must consider Cablevision, Evanston's franchiser, as an applicant for one of Chicago's north-side cable areas.)

The program is open to the public. Admission is \$5 for non-members, \$3 for members, \$2 for students and retired members. For further information, contact Susan Zimny at 298-9660. Free parking is available at the Allen Center.

Michael J. Berton Jr. Navy Electronic Warfare Technician 2nd Class Michael J. Berton Jr., son of Michael J. and Laura Berton of 9013 Laverne, Skokie, recently returned from a six-month, almost 40,000 nautical mile deployment to the Western Pacific, Northern Pacific and Indian Oceans.

## Program on job interviews

A seminar on preparing for job interviews will be held Saturday, Oct. 22, from 9 a.m. to noon, in Room 115, Oakton Community College, Skokie, 7701 N. Lincoln ave.

The session will be conducted by career specialist Gale Grossman, Ph.D., who will teach participants how to develop confidence and better prepare for job interviews. Job interviews will be role played, offering a chance to practice skills learned during the seminar. Registration is required. Call 635-1410. Cost of the seminar is \$3.

The program is offered by the Adult Career Resource Center at OCC. Future programs include Time Management (October 29) and Developing Self-motivation

(November 5). The ACRC offers career counseling, vocational testing and referral services to community men and women at both OCC/Skokie and OCC/Des Plaines. A job support group for out-of-work persons is offered by Dr. Grossman every Thursday from 9 to 11 a.m. at OCC/Skokie.

For further information, call the Office of Community Services at 635-1410.



A boy, John Wesley, 8 lbs. 9 oz., on Sept. 13, to Mr. & Mrs. Larry Wickstrom, 112 Memphis Place, Vernon Hills. Brother: Larry, Jr., 3. Sister: Connie, 1 1/2. Grandparents: Mr. John Obermaier, Niles, and Mr. & Mrs. Oscar Wickstrom, Newport Richey, FL. Great-grandmother: Mr. John (Alice) Obermaier, Lincolnwood.

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## THE NILES POLICE BEAT...

### Niles police arrest speeding drunk driver

Niles Police arrested a 23-year-old Glenview man and charged him with drunk driving following a high speed chase on Thursday, Oct. 6.

Police first reported observing the Glenview driver traveling east on Golf Road. His car was clocked traveling 79 MPH in a 35 MPH zone. With police in pursuit, the Glenview man was seen slowing his car to 50 MPH as he drove through a red light on Washington St. and headed north into the Talisman Village shopping center.

The driver then turned off his lights and tried to elude police. Finally stopping the car when it again drove onto Washington St. police reported the offender threw a full can of beer striking a policeman. Additionally the driver repeatedly kicked one of the officers in the shin and groin.

At the Niles Police Depart-

ment, the driver was charged with driving under the influence of alcohol, using a revoked drivers' license, fleeing and eluding a police officer, disregarding a red light, driving without head lights and resisting arrest.

He was assigned an October court and released after posting a \$300 bond.

### Tires stolen

A car belonging to a Niles resident had its tires stolen during the night of Tuesday, Oct. 4.

The car, a 1981 Chevrolet, was parked in front of the resident's home in the 8900 block of Elmore St. Sometime between 1 a.m. and 7 a.m., thieves jacked the car up onto milk cartons and removed all four tires.

The replacement cost of the tires was placed at \$600.

### Tavern patron arrested after assaulting police

A 35-year-old Chicago man was arrested after causing a disturbance at a Niles tavern on Wednesday, Oct. 5.

Police were called to the Niles Night Club Inn, 6873 Milwaukee Ave., where they confronted the Chicago man. The man reportedly began jamming his finger into a policeman's chest and shouting.

Police report repeatedly asking the man to leave the saloon. When he refused they told him he was under arrest.

He then picked up a bar stool and began swinging it at police. One policeman was hit in the hand by the stool.

After finally handcuffing the man, he was taken outside the building where he broke away and, during a scuffle, police reported he fell onto the sidewalk and cut his face.

The offender was taken by Niles Fire Department Paramedics to Lutheran General Hospital for treatment. He was charged with battery and resisting arrest.

Following his being assigned a November court date the Chicago man was released after posting a \$100 bond.

### Cigarette thieves apprehended

Two Chicago men were arrested after stealing \$63 worth of cigarettes from a local store on Monday, Oct. 3.

Police were notified by officials of 7411 7450 W. Oakton St., that two men had removed eight cartons of cigarettes, put them into a bag and fled the store without paying for them.

Store officials gave police the license number of the men's truck as well as identifying words written on the side of the truck.

Police found the truck parked in the 8000 block of Oriole St. The cigarette cartons were found on the street near the truck.

The men were later seen sitting in Dunkin' Donuts, 8080 Milwaukee Ave. where they were apprehended.

At the Niles Police Department the Chicago men, ages 34 and 43, were charged with shoplifting. They were assigned October court dates and released after posting bond.

### Truck burglarized

Three tool boxes were stolen from a van belonging to a Chicago business while it was parked in Niles during the night of Wednesday, Oct. 5.

The van, a 1979 Dodge van, was parked in the 6900 block of Lexington Ln. when unknown persons gained entry to it by shattering a side window.

Taken from the van were three tool boxes containing electrical tools. The total loss was placed between \$800 and \$1,000.

### Trailer stolen

A Des Plaines company reported a truck trailer was stolen while parked in Niles some time between Sept. 30 and Oct. 1.

The trailer, belonging to the Serritella Motor Express Co., was parked at 9000 Golf Rd.

### Missing nursing home patient

A Niles nursing home reported one of its patients was missing on Wednesday, Oct. 5.

Officials of Miranda Manor, 8333 Golf Rd., alerted police at 6 p.m. that a 75-year-old man had "walked away" from the home following dinner.

The patient was described to police as an alcoholic suffering from emphysema who frequently could be found at the Golf Mill Shopping Center.

### Trailer stolen

Unknown persons separated the trailer from the tractor and drove it from the area.

The trailer was valued at \$21,000. It was not reported whether the trailer had merchandise in it during its removal.

### Edgar bill to assist handicapped signed by Governor

A bill, proposed by Sec. of State Jim Edgar to make driving and traveling easier for handicapped persons and their families, has been signed by the Governor, who amendatorily vetoed a second bill, making a slight change.

"Being mobile is important in today's society. These bills will provide new and improved services to handicapped persons capable of driving, and to those who must rely on family and friends for transportation," Edgar said.

The two bills are sponsored by Sens. Aldo DeAngelis (R-Olympia Fields) and Arthur Berman (D-Chicago) and Reps. Kathleen Wojcik (R-Schaumburg) and Terry Steczo (D-Country Club Hills).

Senate Bill 1270, which was signed and goes into effect Jan. 1, 1984, makes the following change:

Allows disabled persons to provide a signed affidavit indicating a specific handicap in lieu of the present requirement that they provide a physician's certificate to be eligible for waiver of the \$4 fee for an Illinois identification card. This change simplifies the requirements and eliminates the need for an

examination which could cost at least \$40.

Senate Bill 1269, which was amendatorily vetoed and must be reconsidered by the legislature this fall, would make the following changes:

"Broadens the definition of a disability to allow handicapped license plates to be issued to persons with cardiac and respiratory conditions and to those who cannot walk without braces or other prosthetic devices.

The plates may also be purchased by family members who frequently transport blind persons, enabling them to use designated handicapped parking places.

Handicapped decals, rather than license plates, will be conveniently displayed on cars used to transport handicapped persons.

Edgar said his office would make the handicapped decals available on a statewide basis. Some local governments do not provide specific identification for handicapped drivers, and some municipalities do not recognize the cards of other municipalities.

Legislation creating handicapped license plates went into effect in 1975. Currently there are about 10,200 registered vehicles with handicapped plates and 2,800 with disabled veteran plates.

### Willows Academy Open House

The Willows Academy for Girls, Niles, will hold its fall Open House on Friday, Oct. 14 from 7:30 p.m. to 9:15 p.m.

The Willows, an independent college preparatory school for girls in grades 6-12 is entering its 10th Anniversary year. Founded in 1974 by a group of parents and educators, the Willows has maintained its high academic profile.

On Oct. 14, the administration will speak on the school's educational philosophy, curriculum and various programs. The entire faculty will be available to meet the families who attend the Open House. The school is located near Oakton and Prospect at 8200 Greendale ave. in Niles.

## LETTERS to EDITOR

### Jaffe urges U.S. remain host of UN

Dear Editor,

Recent Rumblings in our nation's capital have been inferring a high level policy change is being bandied about. For the first time since the inception of the United Nations under Harry Truman, President Reagan is hinting he thinks it would be acceptable if the United States should abdicate its office as host country of the UN.

There has never been a high level of agreement among presidents from opposing parties. However, one fact Democratic and Republican presidents do agree on is that our country should remain the host of the UN.

First the obvious economic benefits of being the host country must be considered. When representatives from other nations come to our country to attend UN sessions, they are also given the opportunity to access our cities as possible locations for branches of their industries.

When those representatives are presented with the business opportunities working with our industries offer, it can also generate increased import/export business. Also, during the course of conducting UN business in New York, delegations often spend a great deal of money. Thus, they are also enhancing New York's financial climate.

In addition, the obvious prestige of being host to the UN should not be denied. Simply having the central meeting place for world discussion, cooperation and sharing present in our country almost certainly makes the United States an even greater show case for the democratic ideals so vital to our founding fathers.

Although it is impossible for one country to dominate the affairs of the UN, there is an undeniable lobbying advantage to the country serving as the host. When the various delegates attend sessions, it presents the United States' policy makers with an indisputable advantage over other countries' government-

There is no other country in the world where the United States could present such a concerted lobbying effort for its beliefs other than right here.

I often do not agree with the decisions reached by the UN, however, that is no reason to consider letting it move to another country, or to consider abolishing it. The UN is vital to the stability of our world's structure. It is a safety valve for the inevitable conflicts that arise in tandem with trying to make our world a better, safer place to live. If it were not for the existence of the UN, I am certain we would have already experienced the atrocities that would accompany another world war.

While some important negotiations toward world peace are conducted in Switzerland, that does not mean the United States should send the rest of the negotiations for world affairs across the ocean. When one considers the amount of aid our country dispenses daily to those in need, it becomes apparent just how large a commitment to world betterment the United States really wants to make.

The United States stands as a shining example of democracy to people all over the world - witness the number of persons constantly seeking asylum here - and it should remain the host country for the UN. There is no other country in the world more committed to world fairness, equality and human rights than the United States, and the UN should remain firmly entrenched in our country. We are not afraid to take a stand on an issue, and tirelessly support those we believe in. The UN should not be housed in Switzerland or any other country. It belongs where it was begun with the goal of world harmony as its charter - in the United States.

Thank you for your consideration of this matter.

Sincerely,  
Aaron Jaffe  
State Representative

### Tajiri seeks District 207 board seat

Dear Editor:

I am an independent candidate for one of the three 4 year term seats on the Maine Township High School District 207 Board.

My family has been property owners in unincorporated Maine Township for the past sixteen years. All three of our children attended District 64 schools and were graduated from Maine East High School.

I have always had an interest in District 207 policy, but especially since 1980 when the present Board considered closing Maine East. Only after a close 4-3 vote did Maine East remain open.

I am deeply concerned with fiscal responsibility of District 207 Board members to all residents of Maine Township.

This year the School Board again considered closing Maine East in 1984 and reopening Maine North. Maine North was closed in 1981 at a cost of \$50,000. All equipment was sold or moved to Maine East for use or storage.

To reopen Maine North in 1984 would cost the taxpayers

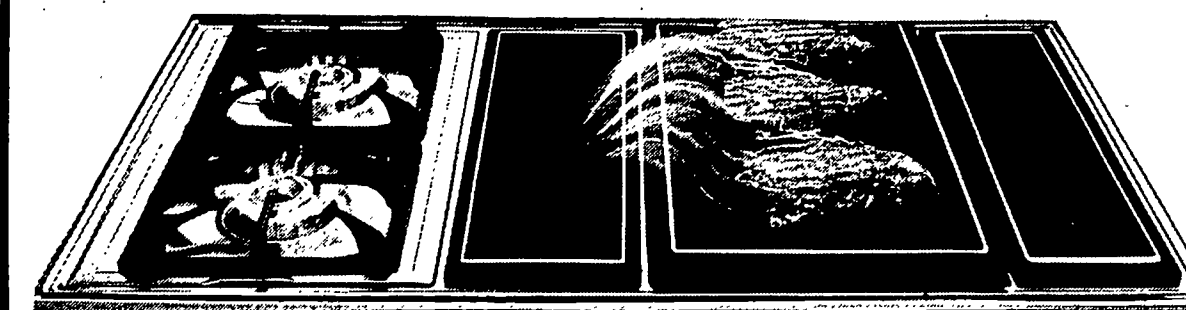
\$600,000, since the sold equipment would have to be replaced with similar equipment at inflated prices. In 1987-1990 when the total township high school enrollment will fall below 5,000 students, Maine North would again have to be closed. At this time the cost is projected to be around \$400,000. A total of \$1,000,000 was saved by keeping the status quo.

In 1973-76 the total enrollment reached an all time high of 11,800 students in all four high schools. In 1983 the enrollment dropped to 7,700 and it is projected that in 1987-1990 the enrollment will drop to around 4,800 students. All residents of Maine Township, whether they live in Park Ridge, Des Plaines, Niles, Morton Grove, Glenview, or the unincorporated areas must work together. In fact all "collar" suburbs of Chicago must work to maintain fiscal stability to avoid encroachment of Cook County School bodies.

Thomas M. Tajiri  
Park Ridge, Illinois

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### Lioness Club news

The next regular meeting of the Lioness Club of Niles will be held on Oct. 19th, 7:30 p.m. at the Trident Center, 8650 Oakton St., Niles. Lion Bill Wetendorf, from Dialogue, will present program on "The communication problems of the blind". Ladies are always welcome to attend any of our meetings and enjoy the programs, whether you desire to become a member or just remain a guest, there is no obligation. Ladies interested in helping us to help the blind and the handicapped by becoming a member, should know that they do not have to have a husband or relative that

is a member of a Lion's Club to be Lioness. We would like to have it known, that we collect used prescription eye glasses, regular or sunglasses, to be used to aid the under privileged with visual problems. This is something we do all year, however, we are making a special effort thru the month of October to collect as many as possible. Anyone wishing to donate can drop them off at the Trident Center, the Niles Community Church or the home of any Lioness. If you would like to have them picked up call 967-9487.

### Lioness host Senior Chorus



On Sept. 21, the Lioness Club of Niles again, as we have done for the last 5 years, prepared and served a buffet supper to the Trident Senior Chorus. After which the chorus entertained with a delightful program of song and dance.

### Local chef in culinary competition

Kathie Weber, an amateur chef of Morton Grove, will compete in the Chicago Culinary Arts Salon competition being held from noon to 8 p.m. on Sunday, Oct. 16, in the O'Hare Exposition Center, Rosemont.

The Chicago Culinary Arts Salon is open to the public from noon to 8 p.m. on October 16, at the O'Hare Exposition Center, Rosemont. Tickets are \$5 if purchased in advance by writing the Chefs of Cuisine Association, 1246 N. State Pkwy., Chicago 60610. Discount coupons, good for \$2 off the regular admission price, may be obtained at a special ice carving demonstration at the Daley Civic Center Plaza from 8 a.m. to 1 p.m. on Friday, Oct. 14. For further information call 372-6200.

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C. Total paid circulation: Average - 8,165; Actual - 8,137

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E. Total distribution (Sum of C and D) Average - 8,280; Actual - 8,272

F. Copies Not Distributed

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G. Total (Sum of E, F1 and 2 - should equal net press run shown in A): Average - 8,500; Actual - 8,500

11. I certify that the statements made by me above are correct and complete.

s/David Besser  
Publisher/Owner

### BOWLING

#### St. John Brebeuf Women's Bowling

Team	W-L
1st Nat'l Bank of Niles	29 1/2-12 1/2
Classic Bowl	24-14
G. L. Schmitz, Ins.	25-17
Rosati's	24-18
Candlelight Jewelers	22-20
Dempster Plaza State Bank	21-21
Tiles of Italy	18-24
Debbie Temps	16-26
State Farm, A. Beierwaltes	15-27
Skaja Terrace	11 1/2-30 1/2

High series	Score
Laurie Mrozinski	553
Kathy Smeja	549
Colleen Burke	510
Yolanda Strnad	505
Rose Giancaspro	492

High game	Score
Carole Times	200
Laurie Mrozinski	189
Yolanda Strnad	188
Kathy Smeja	187
Rose Giancaspro	182

#### St. John Brebeuf women's bowling

Team	W-L
7 Chips Ahoy	22-6
5 Pecan Sandies	21-7
8 Lorna Doones	19-9
10 Cameos	18-10
6 Ginger Snaps	16-12
4 Peanut Shorties	14-14
9 Pitter Patters	14-14
2 Chocolate Chips	9-19
1 Sugar Wafers	5-23
3 Almonettes	2-26

High Series	Score
C. Fodor	511
A. Rinaldi	486
R. Giancaspro	479

High Games	Score
A. Rinaldi	197
C. Fodor	180
K. Petosa	179
R. Giancaspro	174

#### Girl's Bowling Club

The top team for the week of September 15 from the Maine East Girl's Bowling Club was Jill Liebsch, Marilyn Ponder, and Joyce Micek with a two game high score of 1,517 pins.

Julie Fisher had the high individual game, a 194, and Debbie Slater had the high two game individual series, a 491, for September 15's competition at the Golf Mill Lanes.

#### On Dean's List

Lisa Barreca, daughter of Mr. and Mrs. Eugene A. Barreca, 1097 Bonita dr., Park Ridge, has been named to the summer quarter Dean's List at the Elmhurst campus of MacCormac Junior College.

### Hartstein to "hold the line" on taxes and tuition

Ray Hartstein, founding Chairman of the Board of Trustees of Oakton Community College, seeking re-election in the Nov. 8th election, has called for a reduction in taxes and maintenance of the college's low tuition.

Hartstein told a college audience, "We must again reduce taxes as we have at Oakton for 9 of the last 14 years and maintain our low 14¢ per credit hour tuition, despite skyrocketing of tuitions at neighboring colleges, if we are to keep our high quality, low cost education within the reach of our citizens."

He cited the attempts at avoiding duplication by the joint operation of the college with the local high schools on the use of computers, and the conducting of MONNACEP adult education programs, the cooperation with the nearby colleges and libraries on programming and book exchanges, and the establishment of a non-profit foundation to acquire funds and avoid reaching for more taxpayer dollars.

"Since the same taxpayers and students are involved, I would like to build a total educational network from elementary school through college to have all segments - in the district cooperate in planning programs, facilities, enrollments, and financing," Hartstein added.

"We are rather proud of our record at the college," he said. "Having started 'from scratch' in 1969 with no money, curriculum, faculty or facilities, we built a top-notch, fully accredited college - now providing educational services for over 20,000 citizens, having started with only 800 students."

Hartstein, who is Director of Personnel/Industrial Relations at Brunswick Corporation, served as Chairman of the College Board for 5 years, Vice Chairman for 2 years, and Secretary for 1 year. Besides aiding in the establishment of the college, he has been involved in every aspect of growth and development of the college from 1969 to present.

He also served as President of the State Trustees Association for 2 years, which devotes its energies on behalf of the 50 community colleges in the state. Hartstein also testified before the U.S. Senate for community colleges and was cited in the

#### Charles D. Blanke

Air Force Reserve 2nd Lt. Charles D. Blanke, son of Donald L. and Ada R. Blanke of 7714 N. Kenneth, Skokie, has completed the health professions officer indoctrination course at the Air Force Leadership, Management and Development Center, Maxwell Air Force Base, AL.

### GOLF MILL AREA CONDOMINIUM BUY OF THE WEEK!

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### Nyunt S. Hou

Army Pfc. Nyunt S. Hou, brother of Dat S. Hou of 7853 Crawford Ave., Skokie, has completed basic training at Fort Dix, N.J.

received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

During the training, students

### LEGAL NOTICE

#### INVITATION FOR BIDS

NOTICE IS HEREBY GIVEN by the President and the Board of Trustees of the Village of Morton Grove, Cook County, Illinois, that sealed bids will be received for the following improvement(s): Street Lighting Improvements, Phase 1, CDBG Project #2-063.

Said bids will be received up to the hour of 10:00 a.m. Central Daylight Savings Time, on the 28th day of October, 1983, at the Village Planner's Office, in the Village Hall, Morton Grove, Illinois, and will be publicly opened and read at that time.

The bidding forms and documents are available at the Office of the Village Planner, Village of Morton Grove, Illinois, upon payment of the sum of TWENTY-FIVE AND 00/100 DOLLARS (\$25.00) which is non-refundable. The Engineer has been authorized to refuse to issue Plans, Specifications and Proposals to any person, firm, or corporation that he considers to be unqualified. Proposals must be submitted on the forms provided. No proposals will be issued to bidders after 11:55 A.M., on the 28th day of October, 1983. All proposals or bids offered must be accompanied by a bid bond, cash or certified check made payable to the President and the Board of Trustees in the amount of not less than ten percent (10%) of the aggregate of the proposal as entered into the performance of the contract is properly secured.

No bid shall be withdrawn after the opening of the proposals without the consent of the President and the Board of Trustees of the Village of Morton Grove for a period of fourteen days after the scheduled time of closing bids.

The bidder is specifically advised that the Village is a Subgrantee of the County of Cook of a grant made pursuant to the Housing and Community Development Act of 1974, pursuant to an agreement entered into and between the County of Cook and the Village. Payments to the Contractor will be made by the Village only after it has received the funds to make such payments from the County of Cook in accordance with the terms of the aforesaid agreement.

#### APPLICABLE FEDERAL REQUIREMENTS

All laborers and mechanics employed by Contractor or Subcontractor on construction work for this project shall be paid wages at rates not less than those prevailing on similar construction in the locality as determined by the Secretary of Labor in accordance with the Davis-Bacon Act as amended (40 U.S.C. 276-276a-5), and shall receive overtime compensation in accordance with and subject to the provisions of the Contract Work Hours and Safety Standards Act (40 U.S.C. 327-333), and the Contractor and Subcontractor shall comply with all regulations issued pursuant to these Acts and other applicable Federal laws and regulations pertaining to labor standards. The Secretary of Labor has, with respect to the labor standards specified in this Section, the authority and functions set forth in Reorganization Plan Number 14 of 1950 (5 U.S.C. 1335-15) and Section 2 of the Act of June 13, 1934, as amended (40 U.S.C. 276c).

All contracts and subcontracts for construction or repair shall include a provision for compliance with the Copeland "Anti-Kick Back Act" (18 U.S.C. 874) as supplemented in Department of Labor regulations (29 CFR Part 3).

Contracts shall include a provision for compliance with Sections 103 and 107 of the Contract Work Hours and Safety Standards Act (40 U.S.C. 327-330) as supplemented by Department of Labor Regulations (29 CFR, Part 5).

Each bidder shall be required to comply with Equal Employment Opportunity for Community Development Block Grants, a copy of which is on file with the Village Clerk and is available for inspection.

Compliance with "Section 3" which calls for affirmative action by the Contractor to train and/or hire lower income residents of the project area and to subcontract with local, small business is required on this project.

Explanation of the Applicable Federal Requirements previously mentioned is provided in the Special Provisions section of the Bid Specifications.

The successful bidder for the construction of the improvement will be required to enter into a sum equal to one hundred per cent (100%) of the bid, with sureties to be approved by the President and Board of Trustees, which surety bond shall be conditioned upon proper and faithful performance by the Contractor of the work specified in accordance with the Plans and Specifications therefore, and according to the time and terms and conditions of the contracts, and also that the bidder and contractor shall properly pay all debts incurred by him in the prosecution of the work, including those for labor and materials furnished.

The Contractor shall be required to furnish sufficient insurance or guaranty of indemnity to the Village of Morton Grove, Illinois, against any and all claims which might arise for damages to persons or property due to the negligence of himself, his employees or agents; during the construction of said improvement and until the said improvement has been finally accepted as complete by the President and Board of Trustees of the Village of Morton Grove, Illinois. The right to reject any and all proposals or bids is reserved.

Dated at Morton Grove, Illinois, this 13th day of October, 1983.  
President and Board of Trustees  
Village of Morton Grove, Illinois  
BY: Jerry Schurke  
Village Clerk



Congressional Record for his contributions to Patrons of Commonwealth Edison Company. He is one of 16 candidates seeking three seats on the OCC Board.

### LEGAL NOTICE

#### PUBLIC NOTICE

Notice of Proposed Changes in Schedule To Patrons of Commonwealth Edison Company.

Commonwealth Edison Company hereby gives notice to the Public that it has filed with the Illinois Commerce Commission on October 7, 1983 proposed changes in its rates and charges for electric public utility service in all of the areas in which it provides retail service.

Such changes involve and would effect a general rate increase, providing for estimated increases in charges in 1984 for the following classes of customers: Residential-10.3%; Residential Space Heating Customers-10.3%; Residential Walter Heating-11.1%; Commercial, Industrial and Governmental Pumping-11.0%; Transit Services-10.9%; Street and Area Lighting-10.5%. Further increase of approximately equal magnitude were requested to become effective in 1985. The filing requests that some portion or all of the amounts requested for 1985 be applicable in 1984 in certain events.

The proposed charges would increase the bill of a residential customer using 300 kilowatt-hours in any month by \$2.97 per month (10.2%) averaged over the year. If the customer used 600 kilowatt-hours a month, the corresponding increase would be \$5.75 (10.3%) and if 1,000 kilowatt-hours, \$9.46 (10.3%). The increases shown include estimated average 1984 revenue taxes and fuel adjustment charges which reflect the proposed revisions in Rider 20, but exclude charges for optional light bulb service. The proposed increases may, therefore, vary slightly from the above amounts depending on the place of residence and whether the customer has chosen bulb service.

A copy of the proposed changes in schedule may be inspected by any interested party at any business office of this Company.

All parties interested in this matter or who desire further information with respect to these changes may obtain information with respect thereto either directly from this Company or by addressing the Office of the Chief Clerk of the Illinois Commerce Commission, Springfield, Illinois 62706.

COMMONWEALTH EDISON COMPANY  
By W. B. Behnke  
Vice-Chairman



# Business News

## FNBO's V.P. graduates banking school



James Robert Slack, (l) vice president and manager of Support Services at the First National Bank of Skokie, accepts his diploma from Daniel Casey, (c) senior vice president and Erman G. Kramer, (r) Chairman of the Board, recognizing Mr. Slack's graduation from the Graduate School of Banking at the University of Wisconsin.

The Graduate Course demands three years of substantial study and research both at the intensive on campus sessions and at home.

Mr. Slack's studies are encouraged by the First National Bank of Skokie continuing education program offered to all employees.

## Terrace Square awards trip to Las Vegas

While viewing the newly decorated condominium models at Terrace Square grand opening final phase, Lucy Wolkober of Park Ridge found a slip of paper tucked in a wicker basket. At the Sales Office she discovered she and her husband, Tim had won an all expense paid trip to Las Vegas, courtesy of Terrace Square. The Treasure Hunt was part of a promotion "Taste of Terrace Square" held Oct. 1 & 2 to kick off the final phase of the successful development located on Dee Rd., Niles.

## Crusade of Mercy chairman

Wallace McMillan, manager of international business planning, Zenith Radio Corporation, has been named a Co-Chairman of Zenith's 1983 Employee United Way/Crusade of Mercy campaign.

The drive will run from Oct. 3 through Oct. 14. Zenith's 1983 Employee Crusade of Mercy Campaign goal has been set at \$420,000. The Metropolitan United Way/Crusade of Mercy has set an overall goal of \$77 million. The funds are used to support more than 350 voluntary health and human care agencies.

## Million dollar salesman

The Ben Friend Realty Company is proud to announce that Mr. Edward Mazurek has sold over one million dollars in real estate transactions in 1983.



Mr. Mazurek attributes his success to hard work and a conscientious attitude toward his clients. Speaking four languages fluently has certainly helped many of his ethnic buyers and sellers understand all the details involved in a real estate transaction. Mr. Mazurek would be more than happy to assist you with all your real estate needs.

## Skokie Trust growing with record assets

Skokie Trust & Savings Bank reached its greatest asset level in its history recently, reporting 125 million in assets. This new high is a result of a 15% growth rate for the past twelve months and twenty-six years of financial service to the Skokie Valley Community.

Mr. LeRoy J. Plaziak, President, attributed the bank's success to "Providing the services which people want in a professional and economical fashion." Mr. Plaziak specifically cited the operation of the bank's in-house computer system and participation in the Money Network system as being two of the primary factors which have fostered growth and development. Skokie Trust projects over 130 million in assets by the year's end and net profits of over one million.

Skokie Trust operates two offices located at 4400 Oakton and 3601 Dempster and offers 24-hour banking service through its Many Network System.

## Neal I. Morse

Airman 1st Class Neal I. Morse, son of Allan Morse of 9745 N. Keystone, Skokie, has graduated from the U.S. Air Force fuels specialist course at Chanute Air Force Base, Ill.

## First Federal prize winner



Johanna O'Donohue of Des Plaines (r) recently accepted a \$1,000 check from Sharon Bentel, First Federal of Chicago branch manager-Niles, and William Purteil, vice president and regional manager. The \$1,000 check was first prize in a sweepstake drawing held to celebrate the grand opening of one of Chicagoland's first drive-up automatic teller machines - at 8400 W. Dempster in Niles.

Another First Federal drive-up ATM is located in Oak Brook at 1900 Spring rd. The new units allow customers to electronically access their accounts from the convenience of their automobiles. First Federal also operates other electronic banking centers in the area at 123 N. Northwest hwy. in Park Ridge, and at 111 E. Rand rd. in Mount Prospect.

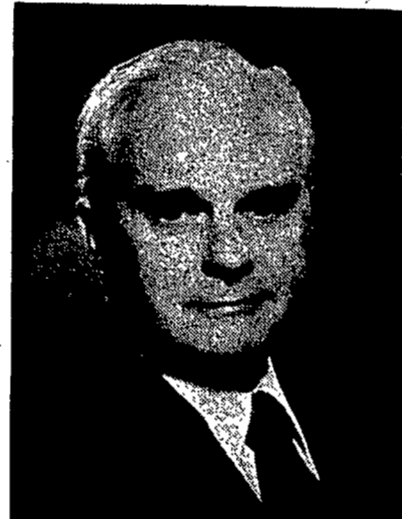
With branches throughout Illinois, First Federal of Chicago is one of the state's leading financial institutions.

## Bradford Exchange names vice president-international

Robert W. Schramke has joined The Bradford Exchange as vice president-international, it was announced today by Kevin McEneely, executive vice president of the exchange.

The Bradford Exchange is the world's largest trading center for limited-edition collector's plates. In addition to its headquarters in the Chicago suburb of Niles, Bradford operates exchanges in London England; Frankfurt, West Germany; Copenhagen, Denmark; Zug, Switzerland; London, Ontario, Canada; and Sydney, Australia.

Before joining Bradford, Schramke was general manager of the business publications division of Ziff-Davis Publishing Co., New York; president of Grolier Enterprises, a subsidiary of Grolier,



Inc., Danbury Conn., and a senior vice president of Grolier International, Inc., also in Danbury.

## Niles man elected by global marketers



John P. Steinbrink, 6510 Shermer rd., Niles, has been re-elected vice president-corporate support by Sales and Marketing Executives International. He has also been appointed a member of the executive and finance committees.

SMEI, professional society of 20,000 members in 49 nations, named Steinbrink at its recent 48th International Marketing Congress in Cleveland.

Steinbrink is a vice president of the Dartnell Corporation, a Chicago based business research publisher.

## Business Networking Society

Business Professionals from all fields are invited to a Networking Exchange Thursday, Oct. 27, 5 p.m. \$5. Gaslight Club, 13 E. Huron. Business Networking Society welcomes Kathleen

Lambrecht, President of National Benefits Association who will be talking on "Group Health Benefits and Discounted Professional Services for the Entrepreneur and All Businesses."

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**SAVE \$1.50 on Prestone Super Flush**  
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Removes gum, sludge and varnish  
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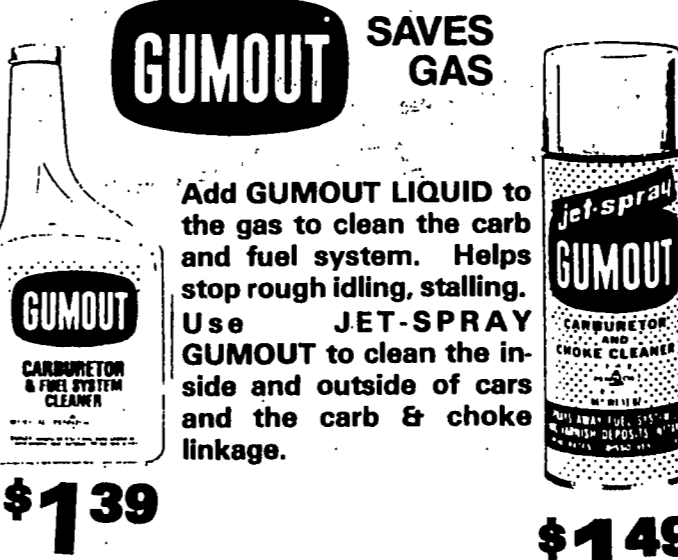
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GET REBATE OF **\$1.50**  
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## SPORTS

### Res Volleyball Team undefeated

Resurrection High School's volleyball team chalked up another 4 victories over the past week to put their record at 12-0. Ranked 13th in the state last week, Res is bound to move up the roster after beating Springfield, who was ranked 5th. At Saturday's Quad Volleyball Meet, the Bandits beat Springfield 15-9 and 15-9, after beating Maine West 15-7, 15-7.

Coach Jeannette Pancratz thinks the Springfield vs. Res game was the best played game of the season. The teams were well matched in play although Springfield had the edge in height. Amy Gauthier was hot in her spiking with 5 of her 8 spikes as aces. Peggy Hayes and Colleen Mergens had good backline play. Mary Loescher

served for 16 points in the Springfield/Maine West games. Resurrection beat Maine West through serving and spikes. In the first game, Colleen Mergens and Mary Loescher served 11 of the 15 points. In the second game, Julie Guzzo served ten straight points. Six of Mary Loescher's spikes were aces; four of Amy Gauthier's spikes were aces and Danine Juszyński had 2 of 3.

Against Lourdes on September 27, eight of Loescher's spikes were aces. In the second game, with Res down 10-3, Freshman Sue Simmons served 6 straight serves for points. Guzzo's 4 of 8 serves were aces in the first game. Res won 15-3 and 15-11. Resurrection beat Mother Guerin's team on Sept. 20.

### Freshman Cheerleaders

Maine East's newly selected freshman cheerleaders for the 1983-84 school year are Athena Grapass of Morton Grove, Jeanne Kuna of Niles, Laurel Port of

Niles, Dana Saperstein of Des Plaines, Robyn Unel of Glenview, Hanna Verson of Niles, Mikey Walsh of Niles and Stacy Zeppos of Des Plaines.

### Judo medal winner at Park Ridge YMCA

Tim Colt of the Park Ridge YMCA Judo Club was recently awarded the Judo Championship Bronze medal at the National Junior Olympic Multisport games held at South Bend, Indiana.

He defeated several opponents of higher rank by close decisions before falling to the eventual gold and silver medalists in the finals.

Tim, only 13 years old, has been doing Judo for just one year. He holds the rank of Novice Yellow belt. He subsequently has been

skip promoted to advanced green belt due to his national win. Tim works out twice a week with the judo club and is coached by former Junior Olympic Gold medalist, Hal Bilodeau. His present goal is to compete next year in the 14 year old division and return a gold medalist.

Judo classes will be forming soon for the fall session at the Y. For more information contact the Park Ridge YMCA, at 825-2171, or stop in at 1515 W. Touhy ave.

### James R. Haubrich

Navy Fireman Recruit James R. Haubrich, son of Ray and Carol Haubrich of 1089 Forest ave., Des Plaines, has completed

recruit training at the Naval Training Center, Great Lakes, IL.

## Maine East varsity soccer team



The Maine East varsity soccer members are (front, l-r) Jeff Hay, Zaid Jazrawi, David Wojcik, Joe Spataro, and Ricky Fuderer. (middle row, l-r) Be Tran Johnson, Tony Pedraza, Brian McCarrick, Rob Zetti, Steve Ruschinski, John Ruschinski, John Kim, and Glen Capek. (top, l-r)

Coach Robert Dollaske, Andy Reichert, Kenneth Shin, Tim Panfil, Dan Holst, Paul McMahon, Andy Baffes, Warren Huey, Won Kim and Brendan O'Malley (manager). (not pictured: Jim Griffin and Hans Bachmeier)

### Marillac Northstars place second

Marillac High School's varsity volleyball squad, the "Northstars" took second place in an all-day tourney at Prospect High School, Mount Prospect on Saturday, Sept. 24.

The only Catholic school represented among eight high schools, the "Northstars," played an excellent defense and never gave up. Seniors, Joan Wallenberg and Michelle Weber, both of Morton Grove, were top players. This tourney provided us with more experience for the Illinois High School Association (IHSA) districts," said Marillac coach, Janice Brandt.

Marillac beat Glenbrook North, Rich East and Deerfield High Schools. Prospect High School came in first.

### Oakton golfers shoot for regional championship

Oakton Community College Golf Coach Rich Symonds says he'd like to spend part of next June in Florida.

Although Symonds has no vacation plans, a first place finish in the October 14 and 15 Region IV Tournament in Freeport would earn OCC a birth in the National Junior College Tournament June 5-8 in Lehigh Acres, Florida.

"I'd say that we're definitely in the top four teams," the optimistic coach assessed. "It's between us, Lake County, Black Hawk and Highland," he said. "We're peaking right now and if we put it all together, I think we can win it."

Fifteen teams will participate in the Region IV Tournament. Oakton previously has never finished higher than fifth place. "We'll definitely do better than that unless something happens and we completely fall apart," Symonds said.

His optimism stems from a team that had shattered the old

school record of 304 (for 18 holes) three times this season after turning in a 296 October 3 at a Skyway Conference meet in Winnetka.

Returning All-Conference selection Bill Meek has been playing extremely well as of late, Symonds said, along with Glenbrook South grad Greg Grieco, who's leading the conference with a 75.6 average.

Maine West grad Scott Westyn and Pete Joseph, last year's Central Suburban League champion from Niles West, have been coming around, too, he said. "Pete was having some trouble with his swing off the tee, but we looked at some videotapes and made a few changes," Symonds said. "He's starting to play better. All of our guys have been peaking lately and it's at a good time. We started off kind of slow, but if we continue to play like we have been, we've got a real good shot at winning the Region IV Tournament."

### "Vikettes" win major awards

The Niles North High School pom pom squad, "The Vikettes," won most of the awards presented at the Badgerette Pom Pom Camp, held in Rockford this August. According to team coach Mary Maday Vernon, "It is mar-

vellous that the girls performed so well, especially in light of the fact that 19 of the 24 students are new squad members."

Overall, the team placed second out of 18 schools and took first places in all the nightly ratings of new routines learned that day. They received the coveted "spirit" award, a first in senior kickline, a first in skits, a first for a special circle routine, and a fourth in originality.

The "Vikettes" include Rosy Aronson, Stephanie Berman, Mindy Bulmash, Debbie Cohn, Laura Cohn, Jodi Cohn, Natalie DiNicola, Sheryl Friedman, Stacy Gordon, Sheryl Green, April Harst, Michelle Karlin, Cathy Klaskin, Cindy Lasar, Illyce Lavin, Carine McCall, Chris Pardel, Robin Peller, Debby Ross, Cindy Sadkin, Heather Sanes, Dianne Skoczek, Lisa Viewn, and Laura Zaransky.

### Soccer Team at Lake Forest

Local residents are members of the 1983-84 soccer team at Lake Forest College. They are Mark S. Wojcik, 904 Kennedy dr., Des Plaines and Daniel R. Fath, 9134 Lincoln, Des Plaines.

Wojcik, a sophomore sociology and anthropology major, is a 1982 graduate of Maine East High School.

Fath, a sophomore economics and politics major, is a 1982 graduate of Maine Township High School South.

# Health and Fitness Guide

## Halloween walk-a-thon for Misericordia

Walk-a-thons can take many turns and cover many miles. The latest turn for Misericordia, Heart of Mercy, is a Halloween Walk-a-thon on Sunday, Oct. 30. Miles and miles of fun and funny faces. Surely the ten-mile walk from Foster Avenue Beach to the totem pole at Belmont Harbor and back again should be a winner for all the Misericordia children and all who participate in the walk.

Participants, dressed up for Halloween, will gather at Foster Beach at 12 noon for the rally. After the walk there will be a bonfire on the Misericordia grounds, 6300 N. Ridge, where awards will be given. First, second and third place prizes will be awarded for walkers with the most pledges and the best costumes.

The walk-a-thon will benefit the mentally and/or physically handicapped children and young adults of Misericordia, Heart of Mercy, Misericordia South, 2916 W. 47th st., is a skilled 24-hour pediatric nursing facility for 120 profoundly mentally/physically disabled persons. Misericordia North, 8300 N. Ridge, provides 24-hour residential care and a variety of training programs and services for more than 80 children and young adults with disabilities ranging from moderate to severe.

This month 20 children/young adults with cerebral palsy will have a new home at the north



side with newly renovated cerebral palsy facilities. The Heart of Mercy Village consists of nine new homes for higher functioning children, young adults, and adults with mental/physical handicaps who share family life with volunteer adults. Future plans include a Day Care Center, Workshops, and Village Shops which will give life-giving job opportunities for these special people.

Won't you dress up, have fun, and walk for funds for Misericordia, Heart of Mercy? For information call Ginny Cooke at 973-6300, ext. 233.

### Fertility Awareness

The Couple-to-Couple League teaches the sympto-thermal method of birth regulation. This method uses all of a woman's fertility signs and has been proven to be 99% effective. It can be learned by any couple.

The sympto-thermal method of fertility awareness is as effective as any artificial method of birth control, simple to learn,

medically safe, and morally acceptable. It can also be of help to couples with fertility problems.

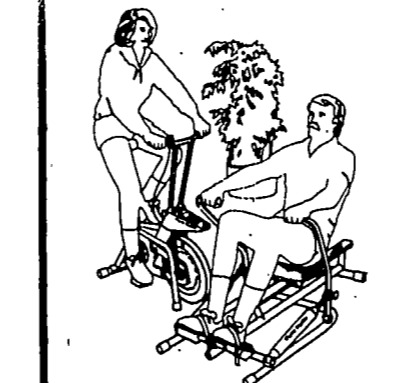
A series of classes will be offered beginning Nov. 6, at St. Francis Hospital of Evanston, 355 Ridge Ave.

For more information or to register for classes, call Ed and Virginia Mann, 392-2964 or Pat and Harry Roberts, 459-7453.

## The Pony Shop

your source for bicycles & exercise equipment

### EXERCISE EQUIPMENT



Exercise Bikes, Rowing Machines, Treadmills, Pulseometers, Weights, Massagers, Jogging Tramps, Mats, Benches, Heating Pads, Muscle Toners

PRESENT THIS AD WITH YOUR NEXT PURCHASE AND SAVE 10%. Offer good until Oct. 31st.

This offer cannot be combined with any other special offer nor can it be used on sale merchandise.

930 E. NORTHWEST HWY.  
MT. PROSPECT 394-0071  
743 CHICAGO AVE.  
EVANSTON 864-5575

## Holy Family installs Angiography machine

Holy Family Hospital recently installed a Digital Subtraction Angiography machine (DSA) which will provide many significant advantages to patients and physicians in the diagnosis of blood vessel and blood flow abnormalities.

The equipment provides diagnostic imaging of specific head and neck vessels and of thoracic, abdominal, and femoral arteries by combining computer capabilities with traditional x-ray techniques. Images that are high in diagnostic detail and contrast are obtained and obstructions of other abnormalities are easily detected. The new DSA screening technique can quickly provide information to physicians while still reducing the risk and expense to patients.

According to David Berry, Director of Radiology Department at Holy Family Hospital, "Digital subtraction angiography is a means of evaluating or monitoring the anatomy and flow of a patient's vascular system. Physicians can use the equipment as a screening device for potential stroke victims or hypertensive patients who may have a narrowing or obstruction of their arteries. Another potential use of DSA," added Berry "is in clarifying the diagnosis of blood clots traveling to the lungs

(pulmonary embolism). The DSA procedure traditionally required hospitalization," said Berry, "but the DSA equipment has reduced the patient risk in most cases and can now be performed on an outpatient basis."

One of the most significant advantages associated with the DSA process is the ability to achieve arterial diagnosis without the pain, risk, and expense of traditional angiograms. Instead of entering an artery with a catheter, a venous route may be selected to inject the contrast material into the blood system.

When the contrast media enters the body, it travels through the veins, through the heart and into the arteries. The computerized DSA equipment uses an image intensifier, TV camera and display monitor to interpret signals from the contrast material in producing images of specific arteries onto a CRT screen. These images are then captured on film and sent to the radiologist for review.

Digital subtraction angiography does not replace the angiogram, but it can provide the physician with enough information so that an angiogram is unnecessary in certain cases. The traditional angiogram differs from the DSA procedure because it is an invasive technique which

uses greater amounts of contrast material, radiation and hospitalization time. Digital subtraction angiography acts as an arterial screening procedure which can be performed on an outpatient basis and usually takes about 45 minutes as opposed to the usual two-day hospital stay involved in traditional angiograms.

By utilizing a computer to interpret vascular images, the need for and cost of x-ray film is reduced and the safety of the patient is enhanced. "The DSA equipment and its associated hardware has been incorporated into a well insulated and attractively decorated room which was remodeled to promote patient comfort and safety," says Berry. "Because there is less risk involved for the patient," adds Berry, "DSA screening promises in the future to be a very advantageous and beneficial development in the field of Cardiology."

The \$200,000 piece and \$4,000 renovation expense will enhance the diagnostic facilities in the Radiology Department at Holy Family Hospital. The addition of DSA equipment at Holy Family Hospital further demonstrates their commitment to quality patient care by providing greater comfort and less expense to the patient.

## Holy Family's system of quality, 'Family Care' facilities...

Holy Family's system of caring is designed to meet the diverse health care needs of residents and employees in the Northwest Suburbs at these "Family Care" facilities:

**Holy Family Hospital**  
Since June 1961, the 240-bed acute care community hospital at 100 N. River Road (Golf and River Roads), Des Plaines, has provided full-service health care to area residents and employees. It provides extensive services, the latest diagnostic equipment and community education programs. Call 297-1600.

**Holy Family Professional Plaza**  
Connected to the hospital, the expansive office building features a full-service pharmacy and houses offices for many physician specialties.

**Holy Family Ambulatory Care Center**  
Emergency treatment, outpatient services and physicians' offices are

available at the Center, 201 E. Strong Ave. (Milwaukee and Strong). Wheeling. The Center also offers a host of community health education programs, and special programs for area residents and the business community. Open 7 days, 8 a.m. to 10 p.m., call 520-0100.

**Holy Family Health Center**  
The 372-bed, skilled and intermediate care nursing center provides the full scope of extended nursing, and pastoral care services needed for the elderly and those convalescing from surgery or illness. Well-planned recreational activities appeal to a variety of interests.

The Health Center is located at 2380 Dempster Street, Des Plaines. Call 296-3335.

Dedicated to 'Family Care'



# Guide to Health and Fitness

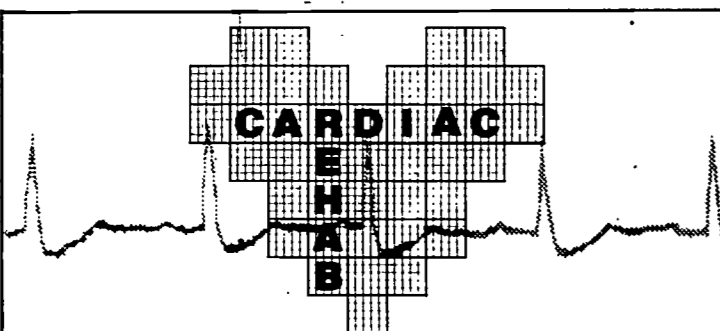
## Craft Show and Bazaar

Alexian Brothers Medical Center Auxiliary will sponsor a Holiday Happenings Craft Show and Bazaar on Friday, October 28, and Saturday, October 29, from 10 a.m. until 5 p.m. The children's shopping corner with the ground level of the Medical Center, 800 W. Biesterfield rd., Elk Grove Village.

A tremendous variety of handmade crafts will be available including dry flower arrangements, driftwood lamps,

pen and ink drawings, wooden toys, handmade Christmas ornaments, etched glass boxes, antique jewelry reproductions and bronze and amber jewelry. On Saturday only a special children's shopping corner with affordable items priced to meet a child's limited holiday gift budget will be open and Mrs. Santa and the "Pocket Lady" will make guest appearances.

For additional information call 437-5500, ext. 4753.



## Are you playing games with your heart?

You may be losing the game if you have any of these risk factors listed by the American Heart Association: high blood pressure, cigarette smoking, overweight, high cholesterol or fat intake, lack of exercise, stress, diabetes, or family history of heart disease.

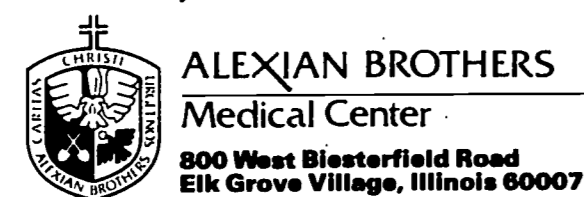
The Cardiac Rehabilitation Program offers medically supervised exercise sessions to help you develop a healthier lifestyle to increase your heart's efficiency.

Cardiac Rehabilitation is for YOU if:

- you have had a heart attack or heart surgery
- you have any of the above risk factors

Don't play games with your heart. Call today for your personal game plan for a healthier lifestyle.

Cardiac Rehabilitation Department  
437-5500, extension 4653 or 4651



ALEXIAN BROTHERS  
Medical Center

800 West Biesterfield Road  
Elk Grove Village, Illinois 60007

## Gary M. LaMantia, D.D.S. Richard C. Mazanek, D.D.S.

Announce the opening of their offices for the  
**PRACTICE OF FAMILY DENTISTRY**

5744 W. Dempster St.  
Morton Grove, Illinois 60053

SUBURBAN DENTAL CENTER  
OFFICE HOURS BY APPOINTMENT  
MON.-FRI.: 7 AM - 9 PM  
SAT.: 9 AM - 3 PM

Telephone:  
**965-0030**  
24 HOUR EMERGENCY SERVICE

## Alexian Brothers names new president/ chief executive officer

The Board of Trustees of Alexian Brothers Medical Center, Elk Grove Village, announces the appointment of Brother Philip Kennedy, C.F.A., as President and Chief Executive Officer, effective Sept. 1.

Brother Philip has been the Chief Executive Officer of the Alexian Brothers Hospital in St. Louis, Missouri, since 1978. His departure from St. Louis was highlighted by a Proclamation from Vincent C. Schoemehl, Jr., Mayor of the City of St. Louis, naming Aug. 26, as Brother Philip Kennedy Day. The Proclamation recognized his outstanding contributions and commitments, not only to the St. Louis field of medicine, but to numerous civic endeavors. Most recently, he served as the Interim Administrator of the 550-bed St. Louis City Hospital, having been appointed by Mayor Schoemehl after the administrative staff of that institution had been dismissed. This commitment he fulfilled while maintaining his multiple responsibilities as the Chief Executive Officer at Alexian Brothers Hospital.

In addition, he was selected to be a member of the St. Louis Leadership Program operated by the Coro Foundation to provide area leaders and potential leaders with the knowledge and

contacts to improve the quality of the life, economics, health and transportation of the area. He has been a Preceptor for residents in hospital administration from both St. Louis University and George Washington University, and has been a lecturer at the St. Louis University Hospital Administration graduate program. Brother Philip has been a member of the Citizens Organization of the Metro St. Louis Forum, and an active member of the Advisory Board of the United Negro College Fund, the Archdiocesan Conference of Catholic Hospital Administrators, the Missouri Hospital Association and the Hospital Association of Metropolitan St. Louis.

Prior to his appointment as the Chief Executive Officer of Alexian Brothers Hospital in St. Louis, Brother Philip served as Assistant Administrator at Alexian Brothers Hospital, San Jose, California, where his community involvement included being a member of the Board of Trustees of St. Rose Hospital in Hayward, California.

During his five years as Chief Executive Officer at Alexian Brothers Hospital, St. Louis, he began a Speech and Hearing Service which has been recognized as the best hospital-based program in the St. Louis

metropolitan area. He directed a property acquisition plan to eliminate the land-locked condition of the Hospital and over 41 lots/buildings have been purchased, along with six business locations. Buildings whose condition did not warrant renovation have been razed, with added parking space and some pocket parks resulting.

Brother Philip implemented a Quality Assurance Program for the St. Louis Hospital that received total approval from the Joint Commission on Accreditation of Hospitals on its most recent survey in 1982. A Business Health Service was opened to provide needed screenings, examinations and surveys for St. Louis business and industry.

A study of malnutrition/hunger among the elderly in south St. Louis was commissioned by the Hospital to be completed by the Department of Community Medicine of St. Louis University's School of Medicine. The data collected has been used by the Hospital to develop programs to deal with the effects of hunger, and coupled with other studies of the needs of St. Louis elderly, is being used by the Hospital to set direction and commitment in this area of community concern.

## Emergency Medical Seminar at Columbus Hospital

The 2nd Annual Emergency Medical Seminar will be held Oct. 29-30 at Columbus Hospital, 2520 Lakeview, Chicago, in the Auditorium - 8th floor, West Bldg.

This seminar is designed for all members of the EMS Team - EMT's, Paramedics, Nurses and Physicians.

It will provide a total of 13 Continuing Education Hours; credit for recertification for EMT's and Paramedics and a certificate for successful course completion for Nurses.

Hands on workshops have been provided and several rooms will

be set up for Sunday afternoon's session so participants will be able to rotate.

The special guest speakers for both days include: Stanley Zydlo, M.D., Physical Assessment; Sheldon Berger, M.D., Diabetes; Leonard J. Cerullo, M.D., Spinal Cord Injuries; Ernest Nora, M.D., Emergency Childbirth; Kerry Kaplan, M.D., New Therapeutic Modality in Cardiology; Marvin E. Reed, EMT-A Certification and Recertification; Mitchel Goldflies, M.D., Acute Management of Orthopedic Emergencies; Richard Kagan, M.D., Early Management of Burns; Paul Mesnick, M.D., Medical Aspects of Disaster Planning; and Tom Witchek, Drug Abuse.

Due to limited space applicants will be accepted on a first come first serve basis.

The EMS Seminar is presented by Columbus Hospital and sponsored by Emergency Medical Tech. Training Program, Trudy Casey, Symposium Coordinator. For a brochure and application, call Trudy Casey at 84-8484 or 459-6622.

## Tel-Med tapes on AIDS

The Chicago Medical Society has added two Tel-Med tapes, which contain information on Acquired Immune Deficiency Syndrome (AIDS), because of the huge response received to the first tape.

The Tel-Med telephone number is 670-3670. The AIDS tape is number 571.

## EM S EMERGENCY MEDICAL SEMINAR at COLUMBUS HOSPITAL Oct. 29 and 30

For all members of the EMS team & other health professionals  
SPECIAL GUEST SPEAKERS:

Sheldon Berger M.D.	Kerry Kaplan M.D.
Leonard Cerullo M.D.	Paul Mesnick M.D.
Mitchel Goldflies M.D.	Ernest Nora M.D.
Richard Kagan M.D.	Stanley Zydlo M.D.
Marvin E. Reed	Thomas Witchek

For Brochure/Application Call:

TRUDY CASEY/ Symposium Coordinator  
**541-8484 or 459-6622**  
13 hours continuing education awarded. Limited seating  
2520 N. Lakeview Chicago, IL 60614

# Health and Fitness Guide

## The Immediate Care Center is open 12 hours a day

It's four p.m. Thanksgiving Day... your daughter is coughing heavily, needs medicine, and the doctor can't be reached....

You've twisted your ankle on the patio steps. It's very painful, and you wonder if you've sprained it. You need an x-ray....

What does a person do if injury or illness strikes, you need a doctor right away, and you don't have a personal physician, or your doctor is unavailable?

It can mean a trip to a hospital emergency room, where the wait for care can be a long one, and the cost can be high. However, now you can avoid all that and go to the Glenview Immediate Care Center, at 1415 Waukegan Rd., Glenview, the Glen Oak Plaza Shopping Center, where a doctor and nurses are on hand every day including Sundays and holidays, between 7 a.m. and 7 p.m., waiting to treat people who need care, and the cost will be much lower than in the emergency room setting.

Situated in the midst of a busy shopping center where parking is plentiful and close by, near a drug store where necessary medicine can be purchased, the Glenview Immediate Care Center is about as convenient as a medical office could be. With an emergency physician in attendance from 7 a.m. to 7 p.m., trained nurses, a laboratory and x-ray facilities within the center itself, there is a complete medical service for the

average person with a minor illness or injury.

Appointments are not necessary, but if a person wishes to call ahead to be seen at a specific time, he can do so. School

physicals, industrial and insurance exams and workers' compensation check-ups are performed also.

A major medical emergency such as a heart attack or multiple injuries demands care in a hospital emergency room, of course. Those who need immediate, acute care between 7 p.m. and 7 a.m. are advised to go to a hospital emergency room such as that at Highland Park Hospital, 718 Glenview Ave., Highland Park.

Since it opened its doors last April, the Glenview Immediate Care Center has also carried on a program of community outreach. Blood pressure readings are given free of charge to anyone at any time, and blood glucose checking, for a nominal fee, is scheduled for the third Thursday of each month starting Oct. 20. Free baby-sitting classes are scheduled at the Center during school vacation for boys and girls 10 years old and older who care for children in their spare time.

For further information about the Glenview Immediate Care Center and a brochure describing its services and facilities, call 729-0244.

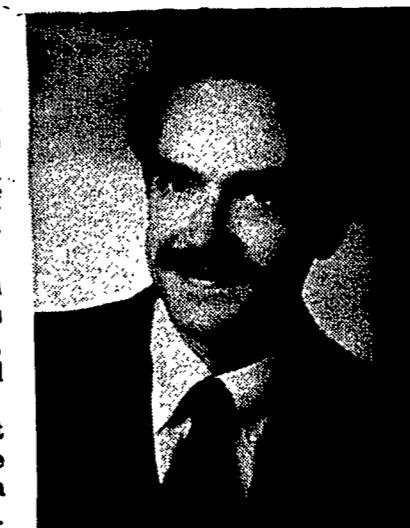
## Morton Grove dentist completes additional studies

Dr. Richard C. Mazanek recently completed a course of study which will lead to certification as a forensic dentist. The accreditation program is offered by the Armed Forces Institute of Pathology at the Walter Reed Army Hospital in Washington D.C.

O'Hare in May of 1979. Often times, the age, sex, race and even some habits of an individual can be determined by dental remains. Such positive identifications are extremely important to the victim's families, as this is a time of extreme emotional trauma. Forensic den-

tists can also place a criminal at the scene of a crime, by bite marks that may be left on the victim's body.

Dr. Mazanek is a general dentist who recently opened his practice at 5744 W. Dempster St. in Morton Grove with Dr. Gary M. LaMantia.



## How to select the right nursing home

We Americans are not just living longer, we're living more useful, productive lives.

But an increasing number of the chronically ill, the old, the convalescent, need some place other than the hospital and their home where they can receive personal health care, round-the-clock attention and the opportunity to continue to live their lives with meaning.

As your community nursing home, we want to help you make the right decision. Here are some guidelines; see your family physician to determine the kind of care needed; feel free to visit our facility; ask us for our costs in writing and examine all of our facilities; check our food quality; verify our safety features; and finally, observe how our residents spend their time.

There's a lot more to selecting the right nursing home. We want to help. If you have any questions, please call or visit us.

Accredited by the Joint Commission on Accreditation of Hospitals

CELEBRATING OUR 22nd YEAR  
LIMITED TO 55 RESIDENTS

**Park Ridge Terrace**

NURSING HOME

665 Busse Hwy. Park Ridge 825-5517

## Help for smokers in Gottlieb's new hypnosis course

A new program to help smokers give up their habit through hypnosis is now available at Gottlieb Memorial Hospital in Melrose Park.

The two-session evening program, on Monday, Oct. 17 and Wednesday, Oct. 19, 7-8 p.m., will be taught by clinical psychologist Dr. Paul Petersen at the hospital.

While in a peaceful, relaxing hypnotic state, participants will be given post-hypnotic suggestions to help them lose interest in and disassociate themselves from tobacco.

The second session will use hypnosis to help reinforce the non-smoking message and leave the participants feeling as though smoking had been a part of their remote and distant past.

Dr. Petersen says that of the more than 2,500 smokers he has

taught, over half have given up the habit for good using his method. His small group approach has been used successfully at Resurrection and Augustana hospitals in Chicago and St. Francis Hospital in Evanston, as well as in treating many people individually in his office practice.

Smokers interested in attending the programs must register in advance by sending a \$75 check payable to Gottlieb Memorial Hospital to: Stop Smoking Program, c/o Public Relations, Gottlieb Memorial Hospital, 8700 W. North Ave., Melrose Park, IL 60160. Space is limited, and registrations will be accepted on a first-come, first-served basis. For more information, contact Gottlieb's Public Relations office at 450-4911.

## Gottlieb Memorial Hospital has PEP

- (Personal Effectiveness Programs)
- Stop Smoking • Weight Control
  - Stress Management • Health Risk Appraisal
  - Back Injury Prevention
  - Cardiac Rehab Phase 1, 2 and 3

Call 450-4900  
8700 W. North Ave., Melrose Park, IL 60160

## When you need to see a doctor right away...

For a minor, non-life-threatening medical problem, there is a doctor waiting to see you at the Glenview Immediate Care Center, 1415 Waukegan Road at Lake Avenue (in the Glen Oak Plaza).

- Open 7 a.m. to 7 p.m. every day, including Sundays and holidays.
- Staffed by licensed physicians and nurses. No appointments necessary (but you can make an appointment if you wish).
- Laboratory and x-ray facilities available at the Center, drug store nearby.
- A lower-cost alternative to hospital emergency room visits.
- School physicals, industrial check-ups given.

COME IN AND VISIT US!

- Free blood pressure readings any time.
- Blood glucose checking on the third Thursday of every month (starting October 20).
- Baby-sitting classes during school vacations.

**Glenview Immediate Care Center**  
1415 Waukegan Road, Glenview 729-0244

# Guide to Health and Fitness

## Extended Coverage

By Stephen Falter

Should you use a home fire extinguisher? IF the rest of the family is safely out of the house, IF you've called the fire department immediately, IF your own escape route is safe and clear, and IF the fire is small.

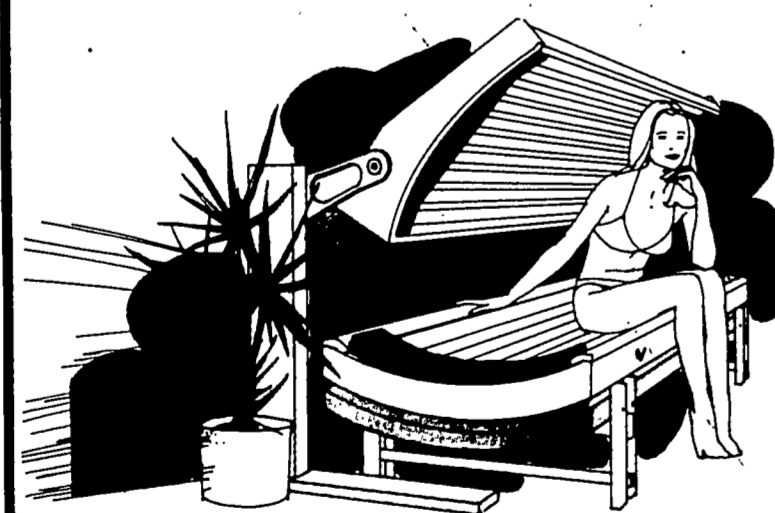
Combination extinguishers are available: an ABC unit would be most effective for general use. Fire extinguishers are also graded from 1 to 10 according to the size fire they can handle; get the most powerful unit you can carry and use.

Make your fire extinguisher usable: keep it accessible in plain sight, but out of the reach of young children. Make sure it's in good working order.

After a fire, it helps to have insurance proceeds to repair or rebuild. Do you have adequate coverage? Talk to us at:

**yorktown**  
7788 Milwaukee Ave. Niles  
INSURANCE  
966-3377

## Come to a very sunny occasion.



We are pleased to announce that the first European UV-A tanning center is now open in Glenview. Come and see for yourself how easy and pleasant it can be for you to look and feel better. Enjoy the relaxing experience of a quality UV-A tan, conveniently all year round.

THREE FREE SESSIONS NEW CUSTOMERS



SPECIAL PROGRAMS AVAILABLE

SUNTAN CENTER OF GLENVIEW, INC. 1926 Waukegan Rd. Glenview, IL 60025 (Coldwell Banker Building) Phone 724-9295

## Functional development of children's eye vision

Is your children's eye vision prepared for the reading and visual tasks that education demands?

Students never prepare to train their eyes for reading so that they can become Honor Roll Stars. But athletes, for example, require preparation for becoming Sports Stars.

Dr. Chester J. Nowak, O.D., has a program that trains students in the special skills they require to become Stars in the classroom by using their eye vision effectively.

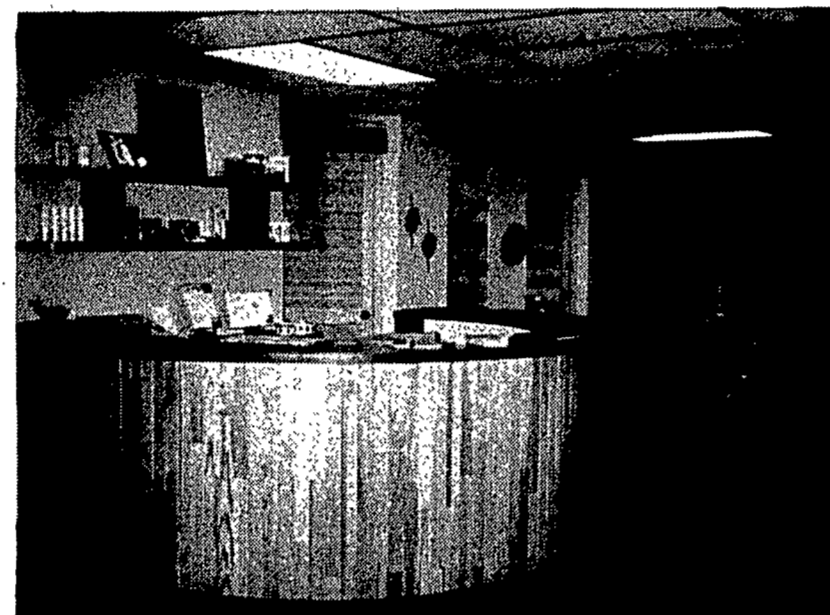
Research statistics have proven that 91% of all handicapped children and 50% of all slow learners need help in developing functional reading skills or correcting eye problems.

A special Eye Analysis to diagnose, and Corrective Therapy will remedy the Eye Vision problem.

Dr. Nowak has done special work in the area of functional development of the eye's vision, because as a result of eye malfunction, the children develop a "nervous brain" that results in

**"BACK PAIN" LOW BACK-NECK RELIEF**  
Dr. Bernard A. SHINDLER  
(Chiropractic Physician)  
296-7246

## Suntan Center of Glenview offers healthy, successful look



A deep, golden tan has become an accepted sign of beauty, vigor and also success. That healthy successful look that comes with a good tan just naturally makes you feel better and in turn will make you more successful at anything you do.

A deep golden tan also prevents sunburning to a certain degree. If you are an outdoor oriented person, a rich tan will allow you to stay in the sun longer than usual. Wear your tan like a beautiful coat and feel more secure.

How does the sun tan? It is our skin's natural way of protection against the burning effects of the sun. When the skin is exposed to sunlight, a brown pigment called Melanin which is present in deeper layers of our skin, rises and oxidizes, resulting in a tan.

Various tanning devices that reproduce parts of the sun's ultraviolet (UV) radiation have been in existence for over 70 years. But only since 1976, have artificial suns been able to produce a good tan without any unpleasant side effects.

The Klafsun Tanning Systems being featured at Suntan Center of Glenview, Inc. (1926 Waukegan

fatigue, and cannot function in the classroom. Dr. Nowak has also written a book on this subject. He is the author of "What Parents Should Know About Their Children's Eye Vision."

This book is available at the offices of Dr. Nowak, 8150 N. Milwaukee Ave., Niles. Call 823-5988 for an appointment to have your eyes examined.

Protect your's and your family's rights to Quality Eye Care.

## St. Francis offers free Diabetes Tests

St. Francis Hospital of Evanston will offer free blood sugar testing during Diabetes Detection Week, Nov. 7-11. This community program is part of an extensive campaign to discover the estimated 204,000 undiagnosed diabetics in northern Illinois.

Testing will be offered at the hospital, 355 Ridge Ave., Evanston, Monday through Friday, Nov. 7-11, from 8:30 a.m. to noon and from 1 p.m.-4 p.m.

The American Diabetes Association (ADA) lists the usual symptoms of diabetes as abnormal thirst, frequent urination, rapid weight loss, extreme hunger, drowsiness, general weakness, visual disturbances, and slow healing of cuts and scratches. But many diabetics don't exhibit these symptoms.

To make your appointment for a free blood sugar detection tests, call the St. Francis Hospital Laboratory at 492-6310 during regular business hours. Pre-registration is necessary. You will be provided with instructions suggesting types of food to be eaten two hours before your blood is tested.

This screening is for those who have not been diagnosed as diabetic.

## WE CARE ABOUT YOUR VISION AND PRESERVING IT!



For 37 years Dr. Chester J. Nowak, O.D., has been helping patients overcome vision problems by a thorough Eye Analysis, Diagnosis and Corrective Therapy, which will remedy most eye problems.

He guides patients in the proper lens selection so maximum Visual Acuity can be achieved. Fashionable contact lenses, and Visual Training Therapy are also available.

He passed the State Board Examination in Optometry in 1946 and continued his education in Post Graduation studies. For 18 years under O.E.P.F. he received the Optometric Recognition Award for 3 continuous years. And he passed the Certified Examination in fitting all contact lenses in 1982, by N.E.E.F.

**Dr. Chester J. Nowak**  
O.E.P.F., N.E.E.F., C.O.V.D., DOCTOR OF OPTOMETRY  
8150 N. Milwaukee Ave., Niles  
823-5988

Call for an appointment to have your eyes examined  
HOURS: 9:00 AM - 8:00 PM, Mon., Tues., Thurs., Fri.  
9:00 AM - 3:00 PM, Wed., Sat. by Appointment  
Protect Your Individual Right to Quality Eye Care  
The F.T.C. ruled that Doctors can disseminate information regarding Vision Health Care and Services a doctor renders to the public.

rd., Glenview) are using the revolutionary patented UV-A "Wolf-System". Forget all you have heard or experienced about tanning! The Klafsun cannot be compared with any of the old UV-B sunlamps, which caused skin damage and never really tanned.

Millions of people in Europe, where this new UV-A tanning trend started, have enjoyed the benefits of these fantastic devices. They use them at home, in clubs and in special tanning operations. Even dermatologists recommend the UV-A tanning, because it is safer than the sun.

Don't hesitate - try the exciting Klafsun Tanning System today. You will experience a new and totally different sunbath and you will like it very much. In one way it is similar to tanning in the natural sun - you lay down and relax. But you don't have to fear sunburning, peeling and drying of the skin any more.

Klafsun's guarantee you a beautiful tan after a maximum of ten treatments. The first tan you can already see after 2 sessions. So get ready and sign up for an inexpensive vacation and get your deep glowing tan right now at The Suntan Center of Glenview, Inc., 1926 Waukegan rd., Glenview.

## Des Plaines blood drive

The Suntan Center is open from 9 a.m. - 9 p.m. Monday through Friday; Saturday, 9 a.m. - 5 p.m., and Sunday, 12 noon - 2 p.m. Call Dorothea Lotter or Leonore Bohnen at 724-9295 for information or an appointment.

Volunteer blood donors are needed for the next Des Plaines community blood drive to be held on Tuesday, Oct. 18. Des Plaines residents are asked to donate between 2 p.m. and 7:30 p.m. in the basement of the Des Plaines Library, Graefland & Thacker, Des Plaines.

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# Health and Fitness Guide

## Blood Drive at St. Isaac Jogues

St. Isaac Jogues Church will host a blood drive for all church members and community residents on Sunday, Oct. 16. The blood drive will be held in the basement of St. Isaac Jogues Church, 8149 Golf rd., Niles. Church members and community residents are encouraged to donate at the drive between 8 a.m. and 1 p.m. Appointments can be made by phoning the church office at 967-1060, between 9 a.m. and 4:30 p.m.

The blood drive chairpersons Mike and Bernice Zirko, and church Pastor, John C. Massion, remind all eligible donors that the supply of blood depends entirely upon volunteer blood donors. Mike Zirko, who has served as chairperson of St. Isaac Jogues Church blood drives for the past 10 years, is a five gallon donor. Zirko stresses the need for blood donations saying that "every day patients in neighboring hospitals need blood transfusions to save or enhance their lives. If you're between 17 and 65, in good health, and weigh at least 110 lbs., you can be a volunteer blood donor."

## "The Worry Jar Revisited"

Holy Family Hospital would like to help parents throughout the Northwest Suburbs better understand what's worrying kids today. A community education program called "The Worry Jar Revisited" has been developed in response to what the staff learned at the Kids' Health Fair held this past Spring. Nearly 1,000 kids of all ages attending the fair took pencil in hand and listed their worries in life and placed them in a "Worry Jar."

The staff was very curious about what kids are worried about today. The worries showed that some very real concerns are on their minds," said Judy Coy, RN, Instructor in the Educational Services Department at Holy Family. "Some of their concerns are about their friendships, embarrassment before peers, school work, physical harm and illness."

The program, open to parents throughout the Northwest Suburbs, will be held on Thursday, Oct. 20 at 7:30 p.m. in the hospital's auditorium. (Register by calling 297-1800, ext. 1174). Children should not attend.

The Worry Jar Revisited will focus on school children in grades kindergarten through six and will feature a panel discussion and question and answer period.

## Discussion on aging parents

The Evanston Hospital will present a free discussion on "Aging Parents - Alternative Care Options in the Community" at the Hospital's Frank Auditorium on Tuesday, Oct. 18, at 7:30 p.m. For information and reservations call 492-6469.

## New In The Community? In need of a physician or a second opinion?

Ask someone who knows  
**Ask Physician Referral a service of Saint Francis Hospital of Evanston**  
492-6262

Preventing some forms of arthritis may be within the reach of research scientists, according to the Arthritis Foundation in its annual report. "The newest, most promising area of arthritis research is the concept that several factors may be required to cause some types of the disease, including a hereditary tendency and possibly infectious agents," said Dr. Daniel Hirsen, Chairman of the Medical and Scientific Committee of the Illinois Chapter of the Foundation. Scientists have found that the tendency to develop some types of arthritis is inherited. Each person has genetic markers, a type of blueprint, which scientists can detect on the surface of white blood cells. Some of these markers appear to make people susceptible to certain types of arthritis. "But having a certain marker is not enough to cause arthritis," said Dr. Hirsen. "Additional factors are necessary to cause disease, in conjunction with the proper hereditary background. The evidence today points to various environmental stresses, including possibly bacterial or viral infections." The mechanisms of joint damage in various types of arthritis are being increasingly uncovered in diseases such as rheumatoid arthritis, the most crippling form of arthritis, which may affect as many as two million Americans. "Knowledge of the joint-destroying mechanisms in arthritis has grown rapidly in the last few

## Prevention of Arthritis within reach: Foundation

years, bringing people better treatment today. This should lead to insight into the cause of arthritis, which would allow prevention strategies for tomorrow," Dr. Hirsen said. "We won't be totally free of arthritis until cures or preventions can be found," said Dr. Hirsen. "Research makes this appear more possible each year for some types of arthritis, but it still may take some time. Until then, the solution lies in early diagnosis and prompt treatment."

For most people the pain and crippling of arthritis can be controlled with a comprehensive treatment program that may include medication, exercise and physical therapy, rest, joint protection techniques and, occasionally, surgery. "The war against some types of arthritis may not be far from being won," said Dr. Hirsen. "But further progress is dependent on contributions. Without that proper support the remaining answers for arthritis may never be found."

Arthritis, which literally means "inflammation of the joints," refers to more than 100 separate diseases that attack joints or connective tissues of the body. Together they affect more Americans than any other chronic disease - 36 million people, including as many as 250,000 children. The Arthritis Foundation is the only national voluntary health association working to find the final answer - cause, prevention and cure - to the nation's number-one crippling group of disease.

## X-ray Technology graduates

Eight students graduated from the two-year program in x-ray technology held at St. Francis Hospital of Evanston. After graduation, the students must pass state registry examinations before becoming licensed radiographers. Raymond L. Del Fava, M.D., of Evanston, presented the diplomas to Dina M. Grenier, class Valedictorian, Skokie resident; Susan Casey, Student of the Year winner, Rogers Park resident; Karla F. Dougherty, Ottawa resident; Don H. La Cour,

resident of Chicago's Avondale neighborhood; Tracy Leight Morgan, Evanston resident; Lynne A. Pielach, Skokie resident; Robert A. Stevens, Rogers Park resident; and Bernard Warman of Edgewater/Peterson Woods in Chicago. Radiographers are licensed technologists who take x-rays and other special radiologic procedures, i.e., CAT scans and ultra-sound, for interpretation by a radiologist.

## Free Self Help Support Group

THE UNIDENTIFIED ONES: Adult children from homes with Drinking Problems...Children adapt to the environment in which they live. In homes where there is a severe problem with drinking, children contend with heavy emotions such as fear, guilt, blame, unpredictability, anger and resentment. But most of all, they learn one basic principle: They learn secrecy and denial of family problems.

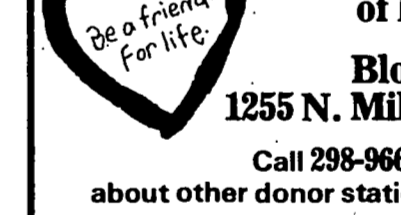
They also learn 3 rules. Many adults who were in this way never allowed to be children are characterized by compulsivity in many forms; cannot relate intimately with a spouse; drink far too often despite holding down good jobs, and have great difficulty relaxing. These adults come from families with alcohol-related dysfunctional patterns of behavior.

In these families, no one is sure how the others feel about what is happening because no one Talks About It. No one even dares express feelings of terror, shame, deep inadequacy and self blame. And the child grows up with the perception that No One In The World Can Be Trusted. The child learns the rules well: Don't talk, Don't feel and Don't trust. There is help for these millions of adult children of alcoholics. Lives can be turned around in many ways. One way is the existence of support groups composed of adults who find that the problems they have in common are horribly similar. Come and find out what is happening to you.

Group meets Wednesday evening at 8:15 p.m. Dorothy May & Associates, Suite 209, 1500 Waukegan Rd., Glenview, IL. Call 724-4416 for further information.

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Blood Center North  
1255 N. Milwaukee Ave., Glenview  
Call 298-9660 for information about other donor stations near your home or office.

## OVERWEIGHT VOLUNTEERS NEEDED

Dr. Dorothy May and Associates are offering a behavior modification do-it-yourself program developed by two professors of Health Education at a prominent midwestern university. Recent clinical studies indicate behavioral modification is almost TWICE AS EFFECTIVE as medical diet programs. If you'd like to lose 10 pounds or more, you can volunteer today by contacting the office listed below. This program is offered as a public service.

**VOLUNTEER NOW! DR. DOROTHY MAY & ASSOCIATES**  
Carillon Square  
Suite 209  
1500 Waukegan Rd.  
Glenview  
724-4416  
EXPIRES NOV. 18, 1983

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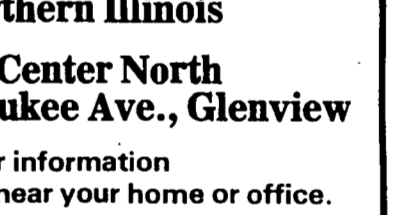
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# Guide to Health and Fitness

## Influenza: Respiratory disease caused by viruses

A long time ago Italian astrologers thought that influenza was caused by an influence of the heavenly bodies. Today we know the cause of influenza is not in the stars but in a family of viruses.

Influenza, or flu as it's commonly known, is a respiratory disease caused by two types of influenza virus - A and B - but each type includes many related viruses or strains, each different from the others, and each capable of causing flu.

Influenza illness varies from mild upper-respiratory infection to pneumonia and death. It depends on the individual's

susceptibility and general physical condition.

It's not a serious threat for most healthy people, but it may be more severe or last longer in certain people we call "high-risk" individuals. We've found that most influenza-related deaths occur among two groups of people: the chronically ill and the elderly.

Influenza is very contagious. A single case of influenza appears occasionally, but usually the disease occurs in outbreak form. People catch it from each other, and they catch it so easily that it isn't unusual for a large part of a community to come down with it within a few days of the first reported cases. Most outbreaks of influenza last less than a month in a community, but that same strain may appear in a number of places at the same time or closely following one another.

Immunity does not develop immediately after receiving the vaccination. It takes 10-14 days to develop. That is why the state health department urges "high risk" individuals, in particular, to get their vaccinations in early fall.

High-risk individuals are those whose risk of developing severe complications from influenza is much greater. For instance, people over 65, or persons of any age who have a chronic medical

condition, such as heart disease, chronic pulmonary problems which include severe asthma, tuberculosis, cystic fibrosis and the like; chronic renal diseases; diabetes; anemia; or diseases that compromise the immune mechanism. This would include people who are on medications that suppress the immune system.

Complications that can follow flu are pneumonia, persistent cough or bronchitis, sinus trouble and ear infection. And there has been an association with an increased incidence of Reye Syndrome among children and adolescents in the United States.

The influenza vaccine is not automatically given to patients in nursing homes and hospitals. The decision to give the vaccine is determined by the doctor. On very rare occasions, a person may be allergic to some substance in the vaccine, and vaccination in such a case may not be recommended.

The influenza vaccine is very safe. Most people suffer no adverse reactions at all. About one-third of the people who are vaccinated have nothing more than a red wheal on their arm. Some people may have a sore arm for a day or two. Others may have fever, chills, headache, or muscle aches within the first 24 to 48 hours after vaccination.

## Loyola tests new device in care of critically ill

Physicians at Loyola University Medical Center are inserting a catheter into a vein in the patient's neck, it is a little larger than a strand of spaghetti.

The catheter snakes its way into the patient's heart and into the pulmonary artery, and on the end of it is a light, a tiny red light that will tell the physician the amount of oxygen in the blood being returned from the tissues throughout the body.

These are critically ill patients, and it is very important for physicians to know the amount of oxygen being supplied to the tissues. Without such information, they could die.

"I believe this device is a real breakthrough in monitoring critically ill patients," said Dr. Patrick Fahey, assistant professor of medicine and anesthesiology and a specialist in pulmonary diseases.

Although the pulmonary artery catheter has been around for 10 years, this one is different and more advanced. The standard pulmonary catheter measures pressure around the heart and how it functions.

This one does the same, but it also has fiber optic bundles that transmit a light, a red one, which, when in the bloodstream, bounces off blood cells in the pulmonary artery and reflects back to a monitor.

"The difference between the light transmitted and the light reflected enables us to calculate the amount of oxygen in the blood returning from the tissues," Dr. Fahey explained.

Produced by Oximetrix of Mountain View, California, the device has been used in clinical trials for two years at Loyola and at five other medical centers in the U.S.

Loyola University Medical Center was one of the first users in a clinical setting, and has the largest clinical experience in Illinois.

"We completed our experiments with the first 100 of these catheters and reported our findings at the meeting of the Society of Critical Care Medicine in St. Louis, Missouri, in May, 1982," he said.

Knowledge of the amount of oxygen in the blood is a prerequisite for effective patient care.

Dr. Fahey explained that normal oxygenation is 70 percent in venous blood. But the oxygenation can fluctuate in critically ill patients so the information that is transmitted by the catheter is monitored every 10 seconds; the monitor sounds an alarm if the oxygenation drops below 50 percent.

What are the advantages of this new type of catheter?

According to Dr. Fahey, "This measurement of venous oxygen samples decreases the need for blood gas tests; it also provides an alerting system that is built in so that if something goes wrong, effective treatment can be applied immediately."

"We have also found that it frees up nursing time for other aspects of care, and the device is cost effective."

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## Hypnotism an aid in becoming a nonsmoker

A series of sessions developed to help smokers succeed in becoming nonsmokers will be offered at St. Francis Hospital, 355 Ridge Ave. The two-day program is coordinated by the hospital's Adult and Child Guidance Center. Sessions are scheduled on Tues. and Thurs., Oct. 25th and 27th. Each session lasts 45 minutes.

Paul A. Peterson, a clinical psychologist, will present the

program. The cost for attending the two-day session is \$75. Pre-registration is required. To register, phone 492-6250 or send a check made out to St. Francis Hospital and include your name, address, phone number as well as registration date and time. Send the registration to "Stop Smoking" St. Francis Hospital, 355 Ridge Ave., Evanston 60202.

## Marillac supports blood drive

Marillac High School is sponsoring a blood drive in cooperation with the Blood Center of Northern Illinois, Thursday, Oct. 20 at the Northfield school between 8 a.m. and 3 p.m.

A pint of blood represents between 8 and 10% of the body's supply and is easy to give. A single pint can save the lives of as many as four different patients within the following 35 days.

Eligibility requires that you be 17 years old, weigh at least 110 pounds and be in good health the day of the drive. If you meet these requirements, you can give. After a few questions are answered and your iron level measured, the blood donation will

take between 5 and 8 minutes.

Mrs. Terry Uselmann, faculty advisor and one of the drive's coordinators, says that faculty members, staff, parents and neighbors are asked to join the students in the drive.

The Blood Center describes the provision of an adequate blood supply as a community responsibility that should be shared by its healthy members.

Students coordinators of the blood drive are seniors: Carol Uselmann, Park Ridge; Dorothy Zwiazek, Des Plaines; Mary Pinas, Glenview; Joan Wallenberg, Morton Grove; Ellen Hanrahan, Niles; and the Marillac Marian Club.

# Health and Fitness Guide

## Swedish Covenant benefit dinner



"Sharing Chicago's Heritage" is the theme of the annual benefit dinner for Swedish Covenant Hospital, 5145 N. California, on November 5. Ticket sellers Corene Johnson (l), Glenview, and Karen Farmer, Skokie, admire the purse and dress of RN Gemma Kang's native Korea.

## Maine Township Area Branch meeting

Dr. Gerald Weisberg, recently appointed as Head of Endocrinology at St. Joseph's Hospital will be discussing "Patient Factors in Diabetes Control" at the October 17 meeting of the Maine Township Area Branch of the American Diabetes Association.

The meeting will take place at 7:30 p.m. in the Des Plaines Room of Holy Family Hospital, 100 N. River rd., Des Plaines.

There are approximately 400,000 people affected by diabetes in Northern Illinois and the Maine Township Area Branch is one of the many groups which offers lectures, seminars, and films to help educate the public about diabetes detection, treatment, and research.

This meeting is free and the public is welcome. For further information contact the Association office at 346-1805.

## Red Cross to offer babysitting course

Teaching youngsters how to handle the responsibilities of babysitting is the subject of a new course being offered by the American Red Cross in Mount Prospect.

Potential instructors are being sought from the PTA and other civic groups, from religious organizations, from clubs, and from among Scout leaders and schoolteachers," said Elaine Costello, Volunteer Chairman of the Health Services Committee for the Red Cross.

Qualifications for the instructors are an age of 18 years or older; experience working with youth; teaching experience in school or community groups; knowledge of the contents of the babysitting course; and an ability to demonstrate the childcare skills included in the course.

The babysitting course is targeted at 11 to 14-year-olds. There are eight 60 to 90 minute units leading to certification of those successfully completing the course.

Covered in the course are responsibilities of the babysitter, how to interview for a job, what to expect from the parents, and what the parents expect from a sitter.

A babysitting instructors course will be offered on Oct. 20 and 22, from 9 a.m. to 3 p.m., at the

## MS holiday cards

A collection of holiday cards, "Expressions 1983," is presented by the Chicago-Northern Illinois Chapter, National Multiple Sclerosis Society. The selection of nine cards includes religious, contemporary and traditional designs and messages.

The cards range in price from \$2.50 to \$15 for a box of 25. Imprinted cards are \$7 extra per order for any quantity; imprinted envelopes, \$5 per order.

Proceeds support patient services in the 17-county-wide area served by the MS Chapter and research into the cause and treatment of multiple sclerosis, a disease of the central nervous system.

For additional information and holiday card orders, call (312) 922-6006 or write to the Multiple Sclerosis Society, 53 W. Jackson Blvd., Chicago, IL 60604.

## Educational lecture series for parents

A series of free monthly lectures for new and prospective parents presented by Gottlieb Memorial Hospital begins Tuesday, Oct. 18 with "Prevention of Automotive Trauma During Childhood," at 7 p.m. in the hospital auditorium, 6700 W. North Ave. in Melrose Park.

Dr. Stephen H. Sheldon, Director of Educational Research and Development, Department of Pediatrics at Mount Sinai Hospital and Assistant Professor of Pediatrics and Preventive Medicine at Rush Medical College, will focus on the new Illinois child car seat safety law and what it means for parents of children aged birth to five years.

Dr. Sheldon will make recommendations for car seats, explaining what to look for and what to avoid, and he will demonstrate some of the best ones. A film on car seat safety will be shown, and a new child car seat will be raffled off after the lecture. Free literature and refreshments will be available.

Future programs in the series include "Child Development: Birth to One Year" on Nov. 8, and "Choosing a Day Care Center," on Dec. 13. For more information, call 450-4911.



By Dr. Leonard Pook  
**GOLFER'S FEET**

Golf requires a lot of standing and walking. If you're not accustomed to such footwork, you may develop discomfort, especially in the lower part of your body and feet.

An average round of 18 holes may demand four or five hours of standing and walking. You may notice your feet fatigue as you move around the course. Here are some tips to ease the discomfort: try to keep your feet and lower body more limber. Try toe raises. Or simply bend over from the waist, close your eyes, and just "hang there" with legs straight (keep eyes closed) for just 60 seconds. Do not bounce. Do not try to touch toes.

Unrelieved or recurring foot and leg fatigue and soreness should be evaluated and treated by your podiatrist, because underlying foot pathomechanics may be creating the problem.

Presented in the interest of better foot care by

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# ENTERTAINMENT

## Coupon Books at Norwood Federal

Norwood Federal Savings and Loan Association is currently selling "Stepping Out" Coupon Books to their customers. A boon to economy-minded consumers, the book contains over \$200 worth of discount coupons for local theatres and restaurants.

For example, the book includes twelve, 2-for-1 tickets to the Golf Mill and Morton Grove Theatres as well as discounts to restauran-

ts such as Di Leo's, Beckwith Place, October 5 and Arthur Treacher's.

The purchase price is a reasonable \$12 and coupons are valid through September 1, 1984. In addition, \$2 of every sale will be donated to the American Cancer Society.

Norwood Federal's main office is located at 5813 N. Milwaukee ave. In Chicago with branch facilities at 3415 W. Devon and 6205 N. Northwest hwy. in Chicago, 980 N. Northwest hwy. in Park Ridge, 3220 W. Glenview rd. in Glenview and 666 S. Meacham rd. in Elk Grove Village.

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824-5253

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SAT. & SUN. 2:45, 6:20, 9:55

**ALSO "CLASS"**  
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## Discounts for "The 1940's Radio Hour"

Centre East, the versatile performing arts center in Skokie, announces substantial savings for its Broadway comedy-musical, *The 1940's Radio Hour*. The musical opens on Thursday, Oct. 13 and runs through Sunday, Oct. 16, with performances on Thursday at 2 p.m. and 7 p.m., Friday and Saturday at 8 p.m. and Sunday at 2 p.m. and 7:30 p.m. Ticket prices, before the discounts, range from \$8-\$14.

Any group of 15 or more receives a discount of 25% off the ticket price to either matinee performance of *The 1940's Radio Hour*. In addition, senior citizens and children under the age of 12 receive \$2 off the price of matinee performances and \$1 off the price of evening performances. This discount is for all Centre East performances.

In addition, remaining tickets are sold on a "student rush" basis, at half price to students with a valid school identification. Tickets are available one hour prior to shows.

*The 1940's Radio Hour* is an energetic, enjoyable musical which recreates a live radio broadcast from the 1940's - with authentic details such as radio drama, dance, comedy, jingles and swing music performed by a twelve piece band.

For reservations and information about *The 1940's Radio Hour* or any of the many professional entertainment offerings at Centre East, please phone the box office at 673-6300.

## Park Ridge VFW benefit dance

Park Ridge Post #3579 Veterans of Foreign Wars of the United States are hosting a benefit Dinner Dance on Friday, Oct. 14, at the Post Home, 10 W. Higgins Rd., Park Ridge, for the Imperials Drum & Bugle Corps, starting at 6:30 p.m. A buffet dinner consisting of Beef Tenderloin Tips with noodles will be served. Dancing from 9-12 to the lively music by The Casuals. Donation \$8 per person.

Chairman Robert Schaffnerberger stated that all proceeds from this event will be donated to the Imperial Drum & Bugle Corps.

For more information contact the Post Home at 825-4588.

## Circus animal walk to Rosemont Horizon



Jenny, Mary, Sarah, Daisy, Suzie, Nellie and tons of their girlfriends have packed their trunks and are coming to Chicago Thursday, Oct. 13, for a 22-day visit of fun, thrills and daring escapades.

Chicagoans of all ages are invited to welcome these and the other four-footed stars of Ringling Bros. and Barnum & Bailey Circus when the 39-car silver Circus train arrives in town with the 113th Edition of The Greatest Show on Earth. The Circus begins its Chicago area engagement at Rosemont Horizon Thursday, Oct. 13, through Sunday, Oct. 30, and the moves to the Chicago Stadium for the first time ever for performances Tuesday, Nov. 1, through Sunday, Nov. 6.

At 10 a.m. Thursday (Oct. 13), 20 elephants, 13 Lippizan stallions, 13 Arabian horses, 2 Morgan horses, 4 ponies, 1 miniature horse, 1 mule, 2 camels, and 1 llama will disembark from the Circus train, located at the Touhy Ave. team track near the intersection of Howard and Wolf sts. in Des Plaines.

At 10:30 a.m. the animals will begin their 1.4 mile walk to Rosemont Horizon, going from Touhy ave. and Wolf rd. east to Lee st., then south to Lee to the building.

The Animal Walk will be led by Circus Superstar and Wild Animal Wizard Gunther Gebel-Williams, whose daring feats with tigers and other jungle cats, elephants and horses are unparalleled in Circus history.

When the animals arrive at Rosemont Horizon, they will be washed and groomed for the 7:30 p.m. opening of Ringling Bros. and Barnum & Bailey Circus.

Ticket prices are \$9, \$8, \$7 and \$6, no increase over last year. Children under 12 receive a \$2 discount for selected performances. Tickets are on sale now at the Rosemont Horizon and Chicago Stadium Box Offices and at all Ticketron outlets.

## Dinner Dance to benefit Misericordia

The Women's Board of Misericordia will host its Annual Dinner Dance Oct. 28. The event, to be held at the Drake Hotel Gold Coast Room, will begin with a reception at 6 p.m. followed by dinner at 8 p.m.

Robert S. Walsh, Executive Producer of NBC, will be honored with the Misericordia Heart of Mercy award. This award, a first of its kind, will be given to Mr. Walsh for his outstanding service to Misericordia.

Other NBC personnel who will attend the dinner will be Monte Newman, Vice President and General Manager of NBC, WMAQ-TV, Channel 5; Fred De Marco, Station Manager; Linda Yu; and others from NBC. Decorations are by Mrs. Charles (Colette) Pollack.

The drawing for the Women's Board raffle will also highlight the evening. The lucky winner will be awarded a 1984 Chrysler Le Baron Convertible or \$10,000.

The Village, a new concept in the midwest, consists of nine new residence for higher functioning mentally disabled children and young adults. Soon to be built are Village shops to provide job opportunities for the disabled adults.

Misericordia South, a 24 hour skilled nursing care facility provides loving, quality care for 120 profoundly mentally and physically disabled children. Misericordia North provides 24 hour residential care and a variety of training programs and services for 82 children and young adults ranging from severely mentally disabled persons to moderately disabled persons and soon will open a new 20 bed cerebral palsy unit.

All proceeds of the dinner dance and raffle will benefit the children and young adults of Misericordia South, North, and the Heart of Mercy Village. For further information, contact Mary Doherty, 441-7437.

# Your Guide to Food, Fun & Entertainment

## Riggios celebrate mama's birthday



Three generations of the Riggio family convene to celebrate Mama's 80th birthday.

## Concert tour by Ireland's greatest artists

For the 12th consecutive year Ireland's best talent in traditional music, song and dance comes to Chicago.

"Gems of Ireland" has two dates in Chicago: Sunday, Oct. 16, 7:30 p.m., at Mother McCauley High School Auditorium, 3737 W. 99th st., and Tuesday, Oct. 18, 7:30 p.m. at Mother Guerin High School Auditorium, 8003 W. Belmont, River Grove. The annual North American concert tour

is arranged by Comhaltas Ceoltóirí Éireann, the Dublin-based non-profit association dedicated to the furtherance of authentic Irish music, song and dance. Sponsoring the Chicago concerts are two of the 400 branches, Francis O'Neill Club, which maintains a hall in Park Ridge, and the Irish Musicians' Association, which is located predominantly on the south side.

Tickets are \$8 for adults, \$4 for

students and \$20 for a family admittance. Tickets may be purchased at the door the night of the concerts or beforehand at Mother McCauley High School office weekdays or at Shamrock Imports.

## Bands join Northi half-time show

Bands from four junior high schools will participate in the Niles North High School half-time show at the school's Oct. 15 varsity football game. According to band director, Elton Eisele, the North band will join musicians from East Prairie, Oakview, Golf and Old Orchard Junior High Schools.

"We think the students will enjoy the experience of playing with our band and being part of our show," explained Eisele. The bands will join in renditions of "Goldfinger," Sousa's "The Thunder," and "Viking Victory," the Northi school song.

The varsity game, with H. L. Richards High School (Oak Lawn), begins at 2 p.m. on the Niles North football field. Niles North is located at 9800 N. Lawler, immediately west of the Old Orchard Shopping Center.

## Woodwind ensemble concert

The Bellezza Ensemble, a resident woodwind ensemble made up of faculty members at Elmhurst College, will make a debut appearance in concert at 8 p.m. Monday, Oct. 24, in Buik Recital Hall on the campus at 190 Prospect, Elmhurst. The program is free and open to the public.

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# Entertainment Guide

**Light Opera Works benefit**  
Light Opera Works, Chicago's professional light opera company, will present "An Evening of Victor Herbert and Sigmund Romberg" on Friday and Saturday, Oct. 28 and 29 at 8 p.m., at the Weinstein Center for the Performing Arts, 2840 Seridan Rd., Evanston. The proceeds from this recital program will go towards the production expenses for Light Opera Works' upcoming production of Victor Herbert's "Naughty Marietta." Tickets for this benefit program are \$10, \$20, and \$30, and are tax-deductible. For more information about "An Evening of Victor Herbert and Sigmund Romberg," call 869-8300, or write Light Opera Works, 927 Noyes St., Evanston, IL 60201.

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1:00 PM - 4:00 PM	1:00 PM - 4:00 PM	1:00 PM - 4:00 PM	1:00 PM - 4:00 PM	1:00 PM - 4:00 PM	1:00 PM - 4:00 PM
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## "Different Directions" at Pickwick Theatre



On Monday, Oct. 17, Jeannie Enders presents a Musical Variety Special "Different Directions" at the Pickwick Theatre in Park Ridge. Show times are 1 and 4 p.m. for senior citizens and students with I.D.'s for \$1 and 7:30 p.m. evening show for \$3. The show is well-rounded with various numbers ranging from Country & Western, Ballads, Jazz and Modern Dances and some skits. For ticket information please call 966-7183 or Pickwick Theatre at 825-5801. Jeannie Enders, Tom Brown and Pat Brown are shown above rehearsing a dance routine from the Musical Variety Special "Different Directions".

## WMTH visitor



The Lieutenant Governor of Illinois, George Ryan, right, recently visited Maine East High School where he was interviewed on WMTH. Maine Township High School District 207's radio station, and talked to several government classes about the Citizen Advocacy Hotline. Mark Minsky, WMTH engineer; David Jeffers, chairman of the art department at Maine East; and Alyssa Dudkowski, WMTH announcer; prepare here for Ryan's interview on the air. Ryan told his audiences that the Citizen Advocacy Hotline is for people who are experiencing problems in their local communities. By calling 800-292-4584, they can find the specific agency that can help solve their problem.

## October Programs at Niles Library

The film "Sophie's Choice" (Rated R) will be shown at 7 p.m., Friday, Oct. 14 in the Niles Public Library, 6960 Oakton St. The film stars Meryl Streep. Admission is free. The second meeting of the Adult Popular Book Discussion Group will take place at 2 p.m. Monday, Oct. 17, in the Niles Public Library, 6960 Oakton St. Lace by Shirley Conran will be discussed. New members are welcome. Betty Bushnell, professional antique appraiser, will present a free program entitled "Hunting for Collectibles" at 7 p.m. Monday, Oct. 17, in the Niles Public Library, 6960 Oakton St. Ms. Bushnell invites everyone to bring a small article for evaluation and she will also explain how to seize the opportunities in the current collectibles market. Dina VandeBerg, Nutrition Consultant for the Good Health Program of Skokie Valley Hospital, will present a free program on nutrition at 7 p.m. Wednesday, Oct. 19, in the Niles Public Library, 6960 Oakton St. Learn how to eat well, enjoy food and still maintain your well being.

## AMUSEMENT GUIDE "Auntie Mame" opens at Maine East



Maine East's fine arts department presents "Auntie Mame" on October 14-15, starting at 8 p.m. in the Maine East Auditorium. Tickets are \$2 per person and will be sold at the door. Cast members include (l-r) Debbie Nilles of Niles (Mrs. Claude Upson), Mark Mendelsohn of Des Plaines (Mr. Claude Upson), Jenny Benka of Park Ridge (Gloria Upson), Mike Silverman of Des Plaines (Patrick Dennis), and Jackie Pector of Des Plaines (Mame's secretary Pegen Ryan).

The Maine East Fine Arts department will present "Auntie Mame" as its fall play on Oct. 14 and 15. The show begins at 8 p.m. in the Maine East Auditorium. Tickets are \$2 each and will be sold by the cast and crew in the cafeteria during the lunch periods prior to the Oct. 14 and 15 performances. Tickets will also be available at the door.

"Auntie Mame" consists of many characters. Eccentric and zany Auntie Mame is portrayed by Kelly Kline of Des Plaines. Her nephew, Patrick Dennis, played by Ken Wilson of Park Ridge, comes to live with her after the death of his father. He arrives at his aunt's apartment with his nanny, Norah Muldoon (Barb Wieserak of Niles). First they meet Ito (Steve Pavovic of Niles), the Bishop (David Shapiro of Glenview), and M. Lindsay Woolsey (Andre Doresey of Des Plaines).

Next Mame and Patrick meet Mr. Babcock (John Hansen of Niles), who causes many problems for them. Later on she marries Beauregard Jackson Pickett Burnside (Bruce Marcus of Niles), who later falls off a mountainside. In Act II Patrick, now played by Mike Silverman of Des Plaines, has grown up. He is engaged to be married to Gloria Upson (Jenny Benka of Park Ridge). Mame soon encounters Gloria and her parents, Doris and Claude Upson (Debbie Nilles of Niles and Mark Mendelsohn of Des Plaines). She manages to break them up, and he ends up marrying Pegen Ryan, Mame's secretary (Jackie Pector of Des Plaines).

Other cast members are David Adelman of Des Plaines, Mike Bonfiglio of Niles, Kiki Clos of Glenview, Monique Flisch of Morton Grove, Dan Libman of Des Plaines, Collette Luchetta of Glenview, Mary Landeragan of Park Ridge, Rick Maxwell of Niles, Tony Merenda of Niles, Sandy Moss of Niles, Teo Noriega of Des Plaines, Karen Olson of Glenview, Mark Smithson of Morton Grove, Robyn Uehel of Glenview, and Nicole Wilson of Des Plaines.

## Miniature Figure Show

Once again, one of the largest exhibits of miniature figures ever shown in the Chicago area will be on display when the Military Miniature Society of Illinois hosts its Ninth Annual Show, which will feature the work of many of the finest miniature figure artists in the United States and Canada. The show will be conducted from 10 a.m. to 6 p.m. on Saturday, Oct. 15 at the American Serbian Hall, 5701 N. Redwood dr., Chicago. The hall is located two blocks west of the Cantfield exit of the Kennedy Expressway, near O'Hare Airport. Admission is \$2.

## Oakton grads doing fine in arts

You might say that Oakton Community College served as sort of a prep school to the "real world" for OCC graduates Scott Eisner and Michael Ryzek. Both men have credited the college for laying a strong foundation for them toward their current professions; Eisner in photography and Ryzek in theater.



Eisner, 31, graduated from OCC in 1973. He now has his own company, Scott Eisner Photography in Chicago, and has done work for Allstate Insurance, Hilton Hotels, Banquet Fried Chicken and many other diversified companies. Ryzek, 23, spent most of his time at OCC in 1978 and 1979, before taking a leave and returning last year to finish classes and earn a liberal arts degree. He is founder of Reflections Theater in Chicago, an ensemble acting group that evolved from classes the Des Plaines resident teaches at the Discovery Center, 2940 Lincoln ave., Chicago.

"The Discovery Center is a lot like MONNACEP (OCC's continuing adult and non-credit program)," Ryzek said. "It's non-credit courses for people who are interested in a variety of things. I teach three acting classes there and I always wanted to start an ensemble acting company - it seemed like a natural evolution out of the classes. There are about 15 to 20 people involved in the ensemble."

Ryzek has directed the last four shows done by Reflections Theater. As artistic director, he chooses plays that will be presented, casts them and takes care of the theater's business. Eisner, a former Skokie resident who now lives in Chicago, concentrates on corporate and industrial photography out of his 3,000-square foot studio at 323 S. Franklin.

"Actually, I'm looking to move into a bigger studio," he said. Eisner recently completed work that is being used for Gloria Vanderbilt Chocolates. His concentration on corporate and industrial photography evolved from his first job after he finished school at OCC. "I was sitting around without a job and Bernie Krule (OCC professor of art and a former teacher of Eisner's) called me and said that someone was looking for an assistant," he recalled. "I planned to only work for a few months - it was supposedly just a summer job - but they hired me as a photographer and gave me a raise three weeks later, so I stayed. This company, which specialized in industrial photography, went out of business, so I went into business for myself, which I knew I always wanted to do."

Shown above in left photo are Denis Berkson, OCC Theatre/Speech Coordinator and Michael Ryzek. In right photo is Scott Eisner. The challenge of building up a business is one of the things that has kept Eisner going. "You start with nothing and each year it gets bigger," he said. "I have a lot of repeat customers. I've also had a lot of referrals from people who have liked my work. The more you do, the better known you get."

Eisner credits Krule with "creating the desire to make me want to learn more about photography. I'd have to say that the direction was started at Oakton for what I'm doing now," he said. Ryzek said his OCC experience is what convinced him to pursue a career in theater. "I was involved in about everything at Oakton that went on in the way of theater," he said. "I really learned a lot while I was there."

## Evanston Music Club meeting

The Evanston Music Club will meet on Monday, Oct. 17, 1:15 p.m. at the home of Joanne Stucka, 8965 McVicker, Morton Grove. The Musical Program begins with Mary Fran Purse, soprano, accompanied by pianist Joanne Stucka and a String Quartet comprised of Glenda Kapsalis and Irene Adler, violins, Lara Altschuler, viola and Frances Seth, cello. Skokie pianist Livia Ayal and Ruth Jones will perform, followed by Margaret Neuhaus playing Baroque Flute and Joanne Stucka, Harpsichord. Refreshments follow. The Evanston Music Club promotes the study and performance of classical music and annual awards scholarships to worthy and talented music students in this area. For further information, call 965-3106.

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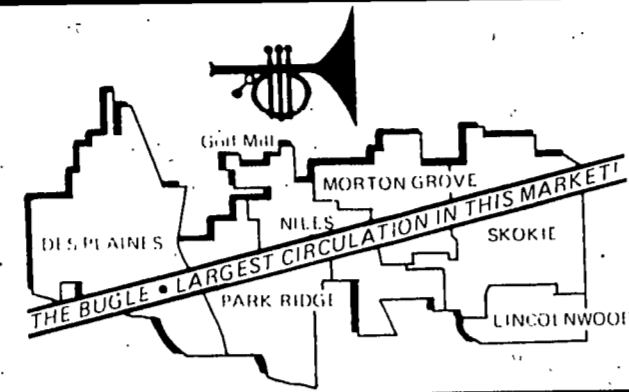
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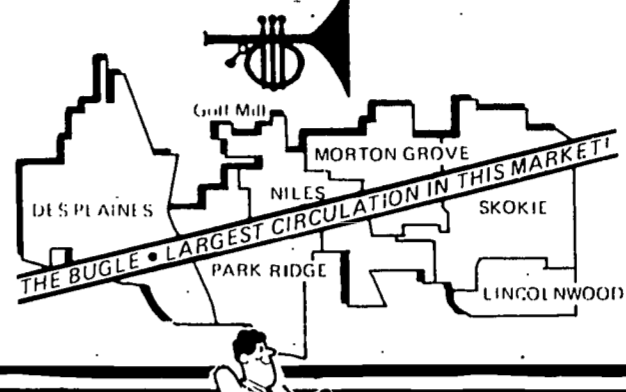
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Empld. resp. woman seeks room w/kitchen-priv/ly-qtrs. Pref. Pk. Ridge. 465-8557 aft. 7:30 or wknds.

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Small office rooms for rent! Newly decorated Classic Bowl Building 965-5300

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Great Part Time Hours 296-1223

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We need 20 gals & guys for new assistant management and management positions. We train and promote from within. You must like...FUN, MONEY, TRAVEL and PEOPLE. Call now to schedule a personal interview. 350-0110

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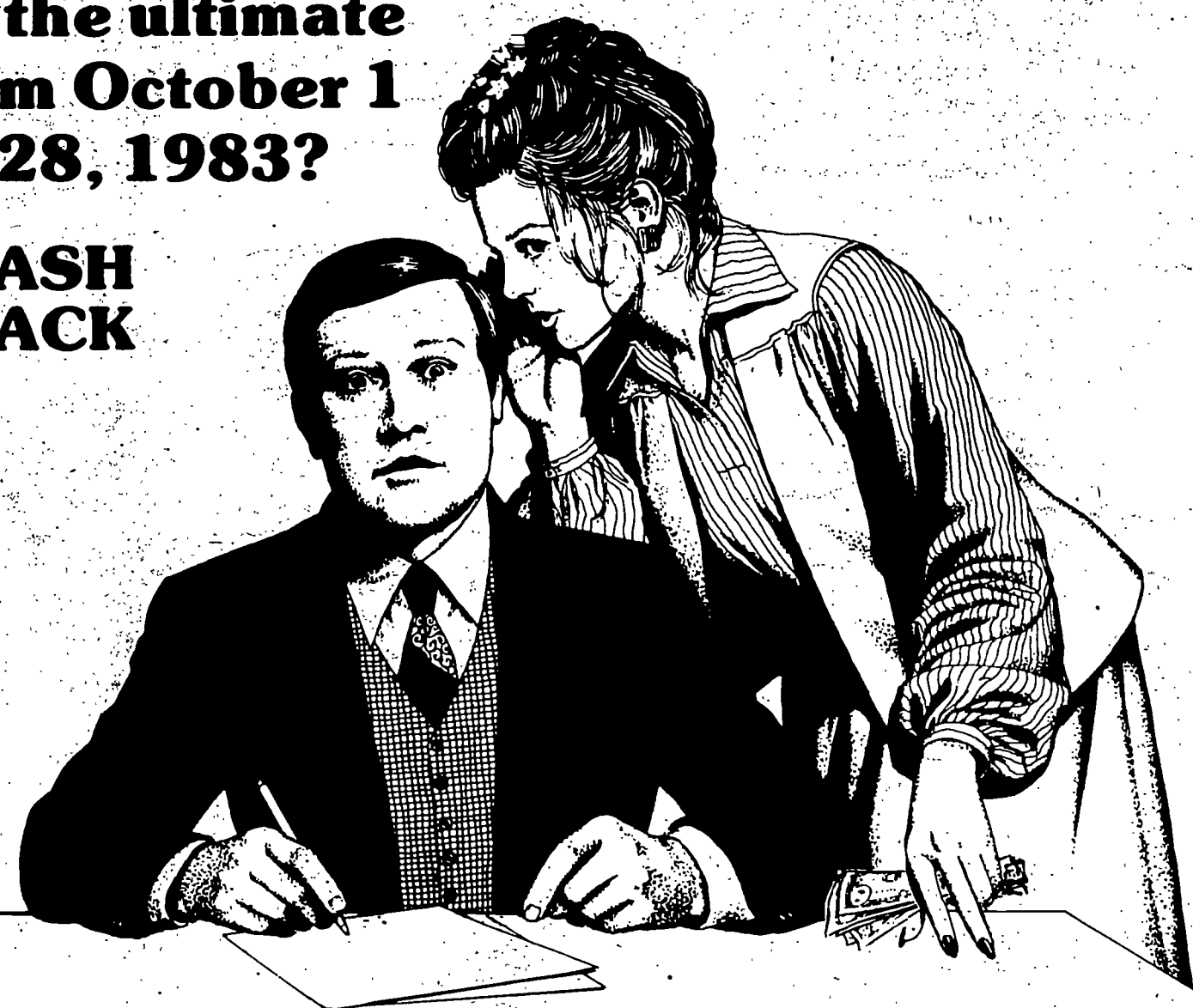




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**Did you know  
PEERLESS FEDERAL is  
giving away the ultimate  
REBATE from October 1  
till October 28, 1983?**

## \$20 CASH BACK



**TO QUALIFY FOR THE ULTIMATE REBATE OF \$20.00, JUST OPEN OR RENEW A 6-MONTH CERTIFICATE WITH \$10,000.00 OR MORE. THIS TWENTY DOLLAR REBATE OFFER IS GOOD ON NEW OR RENEWED DEPOSITS FROM OCTOBER 1 TILL OCTOBER 28, 1983. ONE REBATE PER FAMILY. FUNDS MUST REMAIN ON DEPOSIT FOR 182 DAYS.**

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Norwood Park Office: 6133 N. Northwest Highway — 631-5445  
Mon. 9-5, Tues. 9-5, Closed Wed., Thurs. 9-6, Fri. 9-6, Sat. 9-12:30  
Schiller Park Office: 9343 W. Irving Park Road — 678-6900  
Mon. 9-4, Tues. 9-4, Closed Wed., Thurs. 9-6, Fri. 9-8, Sat. 9-12:30

Hollywood/North Park Office: 3312 N. Bryn Mawr Avenue — 539-1211  
Mon. 9-5, Tues. 9-5, Closed Wed., Thurs. 9-6, Fri. 9-6, Sat. 9-12:30  
Park Ridge Office: 1 W. Devon Avenue — 823-5550  
Closed Mon., Tues. 9-4, Wed. 9-4, Thurs. 9-6, Fri. 9-8, Sat. 9-12:30  
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