

STARTING LINE

TRACK & FIELD FOR YOUNG ATHLETES

JULY 1973 VOL 3 NO 23

P. O. BOX 878, RESEDA, CALIFORNIA 91335





SPECIAL ISSUE

The Nationals

POSTAL MILE RUNS AGE GROUP GIRLS JUNIOR BOYS



FORUM

ITEM: WHAT'S GOOD FOR THE KIDS? VIEWS ON COMPETITIVE PROGRAMS

I agree with your editorial in the April/May 1973 Starting Line. Many parents, schools and coaches get "hung up" on the restrictive championship type sports programs where only a small percentage of the school population (the super athletes) can participate. This is disastrous because this narrows the participation down to a privileged few.

"Run for fun" type programs, where all runners that desire to participate can do so, should be developed for age group athletes. The championships meets should come only at the end of the season.

Many recreation departments in the southeast (if they have any program at all) have some time trials to single out the natural athletes and go to the district meet the next week. There is no development.

In East Point, Ga. we have a five week track development program for all children age 6 to 14 who want to participate. Each child is trained by a qualified coach on sprints, long sprints, distance events, long jump, high jump and shot put.

The final meet to decide the Jimmy Bonner Trophy award winner in each age group is held and each child participates in the six events. This insures total track development. In many programs in the southeast, the child may only participate in one event which gives him only narrow development.

Also many of our athletes "run for fun" in the Atlanta Track Club age group program. We have ten all-comer meets and we have several one mile and six mile road races each summer. The Atlanta Track Club has tried to open track and field up for everyone.

Don Gamel Coach, East Point Wingfoots East Point, Georgia

I coach an age group track club which I organized a year ago. There are three definite groups within the them: (1) those who want to learn to run and are interested in someone helping them; (2) those who are training for another sport; (3) those who are mildly interested but are not excited about doing the work.

Surprisingly, the majority of runners who seem to have the natural talent for track and field fall into the third category. Track is a sport in which everyone can participate regardless of talent. It should be kept that way. And, who is to say that today's "plodder" may not be tomorrow's record holder?

Emphasis is not placed on winning but trying. The individual who comes in last in a race and shows improvement will receive more recognition than the individual who wins but does not put forth the best effort. Significantly, those that receive the most coaching are the ones who are really interested. The majority of these are "also rans".

We have had one cross country meet and three track meets thus far. For the cross country meet, everyone who finished the 3.5 mile course received an award. Everyone finished, and the ages ranged from 5 to 13. In other words, everyone received something for trying. In the future, we intend to put less emphasis on awards and more on individual satisfaction. It can be done.

I feel very strongly that competition should be held to the local level. Going to the national level puts us into the little league arena. National competition benefits very few. Our job should be to turn our youngsters on to track, not make them neurotics by the time they reach 15 years of age. If an individual has talent, he or she will be discovered in due time.

In the meantime, let the kids enjoy themselves and keep the pressure off. Our success will be measured in how many of them continue once they become adults. Too many people quit the sport now when there are no more material rewards to be garnered. The true reward should come from within each individual. Let's try to nurture that.

Paul D. Vanture Fort Belvoir, Virginia

I agree that a complete program should provide competition for athletes of similar capabilities within their own peer group - i.e. novice and development competition. I have advocated this sort of meet organization for several years in my largely unheeded annual Age Group Reports to the AAU Age Group Sum-Committee, but it seems to get buried under more sensational material about sub-teen phenoms and their place on the international scene.

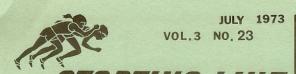
In our own area we have tried a number of approaches to this problem over the years, with varying degrees of acceptance. Most coaches seem to like our having or B Class in our Relay Carnival for the last 7-8 years, but no other meet director has taken the trouble to do it.

We also have conducted novice meets from time to time, or set performance standards for different levels, but this requires good statistics and record keeping. As Starting Line points out, I think that the best place for this to originate is at the local level, and not with us inept national leaders.

In our own area we have seen such phenomenal growth in the past years that we are going from two to three Age Group Leagues next year in an effort to accomplish just those things which you have pointed out - an opportunity for more beginning youngsters to achieve success, get away from expense, pressure, long trips, etc.

Harmon Brown, M.D. Chairman, AAU Girls Age-Group Track & Field Sub-Committee

(Ed: Dr. Brown, after ten years of distinguished voluntary services as National Girls Age Group Chairman, has decided to step down from that position, in order to pursue other worthwile activities in track and field. The good "Doc" has been the most important moderating influence in U.S. age group track from almost the very beginning. STARTING LINE hopes that future officers are as well qualified as he was, and are given more authority to administer the very important junior age group programs.)



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ADDRESS CHANGE

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PHOTO CREDITS

On the Cover

- 1) Photo of KATHY MINTIE by DOUG SCHWAB/SL
- 2) Photo of JACK JACOBY by DOUG SCHWAB/SL
- 3) Photo of all top placers at Saginaw's National Postal Mile by BILL AYVAZIAN
- 1) 13 year-old KATHY MINTIE, this year's sensational distance running star, was captured by our lensman just as she might appear to those who have been watching her constant motion. Her 4:56.1 at the California State meet is the fastest "official" mile ever by a 13 year-old. Kath is from Fullerton and runs for the La Mirada Meteors, California.
- 2) 11 year-old JACK JACOBY is seen "flopping" his way to 4-11, second best all-time for a boy his age. Jack is a product of the Valley Conference for Youth track program (Los Angeles) and is a star member of the Newhall-Saugus Apaches.
- 3) This picture, by Saginaw news' Bill Ayvazian, is a precious document as it records the best age group milers in the midwest for 1973. Flanked by ROGER HANSON, Saginaw's national postal mile Meet Director, on the left, and the AAU official on the right, are first, second and third place finishers of that very successful meet

From the Editors

P.O. Box 878 has been filling up in recent weeks with a much greater volume of news and results than we have been accustomed to in the past. We want to thank our readers who have been sending us the news on which STARTING LINE depends. It seems we have reached the stage where we can't print everything we would like, due to limitations of space and also time. Therefore we are obliged to become more selective in the material that will appear in our pages.

In the future, we will print those results which seem to us to be most representative of each region of the country (not necessarily the highest quality of marks). For the present we have split the results into four geographical areas - east,midwest, south and west. Whenever possible we will have a "selected meet" of each region. Any meet with good participation, and whose results are sprinkled with descriptive material and photos has a good chance of getting additional space and special treatment.

For all the other results or highlights, priority will be given to those that are easiest to read (tabulated results are appreciated) and contain the most complete information (wind information, weight of implements ,etc). As before we will try to include as many names of competing boys and girls as space will permit.

Even though we may not print everything you may send, we will be using your material in a myriad of ways (best performance lists, reference, future projects, etc). So, continue the deluge... Keep ol' 878 filled.

* * * * * * * * * *

We have been encouraged by the efforts on the parts of many folks at the local level to develop what we may call "intermediate" track and field competition for boys and girls. This type of program is generally more refined and more competitive than purely "novice" events, but not as pressurized or restrictive as some of the more highly developed age group programs.

Some significant efforts at developing "intermediate" type programs are described in the letters to the editor of our current Forum Section. The results of other "intermediate" programs are presented in the Finish Line pages. Some of these programs operate within existing structures (school, recreation, even AAU). Others, such as the Valley Conference (see page 14 and 15) have been shaped independently. The important thing, however, is that more boys and girls are given the opportunity of competing at a level at which they can have some fun!

BOYS HIGH SCHOOL by JACK SHEIPARD

Frosh/Soph'73 Standouts

The following article is a continuation of the last two issue's '73 Review of High School Freshman and sophomores.

Please send further information to: STARTING LINE, c/o JACK SHEPARD, P.O. Box 878, Reseda, California 91335

SOPHOMORE CLASS

This listing of national class 10 graders is only a sampling of the some of the best performances achieved in the nation in 1973. Most of the boys are in the 15/16 years of age range, with a few 17 year olds.

On the opposite page appears the initial 14-15 Boys list of best performances of the year, which compliments this article as well as the one that was published in our last issue.

* * * * * *

In the sprints, 17 year-old ELIJAH JEFFERSON (Crawford, San Diego) 9.5 and 21.4, also 9.4 and 20.9 wind aided. Arkansas State Champ in the 100 with 9.6 was EDDIE ROBINSON of Little Rock. Two boys at 21.8 in the 220: MAURICE GLASS (Oakland) and JOE ANDREWS (Bakersfield).

RONNIE HARRIS of Charlottesville, Va. was the state champion in the 440 and a winner of the Atlanta Classic. His best this year was 48.4.

In the distances, 15 year-old RALPH SERNA had a sparkling 4:13.2, everyone expecting great things from him. Another 15 yr-old ROBERT DRISCOLL (Connecticut) had a fantastic one day triple: 2:01.8, 4:28.8 and 10:30.5.

JIM EICKEN and CRAIG YOUNG from Illinois, placed 2nd and 3rd in their state meet with 9:06.0 and 9:06.8, respectively, in the 2-mile. Californians ROBERT ANGEL (15) and MITCH KINGERY (16) will be worth watching, with 9:09.4 for Mitch and 9:25.2 for Robert.

With 6-9 in high jump we have KYLE DOUDICAN,16, (Okla), LARRY FORTNER, 17, (Ohio) and WOODY LYONS, Texas state class B Champ. In the long jump, RONNIE VAN (Ariz) leads with 23-8 with DENNIS GREEN from Iowa one little inch behind.

Pole vaulter BRIAN GOODMAN (Ca) managed a promising 14-9 and in the javelin a great 215-8 by PORKY LYONS (Washington).

We kept the best story for the end.

A few days ago we received an interesting piece of information we had been waiting for a long time. It read: LARRY JOHNSON, date of birth 8/10/57. We had been following up on the boy since 1969, never knowing for sure how old he was. What we did know is that in the '69 Central Ca. Jr. Olympics, Larry stunned the officials, long jumping 18-1 1/4 ...in the 10-11 division. Two years later ('71) the highlights of the same Junior Olympics was once more the incredible spanning of Larry Johnson. This time he just flew out of sight - 22-1 ... and he was only 13 years of age. Larry is now a 15 yearold soph at Washington Union HS, in Easton, Ca. Is there any spring left in the boy? We don't think that 23-4 as a 10th grader is a sign of being burned out. That's what he did this year.



MARK BERGER, age 16, a junior at Mepham HS, in Long Island, N.Y., is seen defeating BILL DAB-NEY (Boys HS, NY), running a 1:50.4 half mile, 1/10 off Jim Ryun's Junior class record.

At the Junior Nationals (19 and under), he placed

At the Junior Nationals (19 and under), he placed 7th in 1:50.3, an age 16 all-time best.

SEE TOMORROW'S OLYMPIC STARS IN ACTION.

Gymnastics Competition

University of Michigan-Ferry Field, Crisler Arena, Fuller Pool

Tues., Aug. 14 Opening Ceremonies

Wed., Aug. 15* Judo Competition

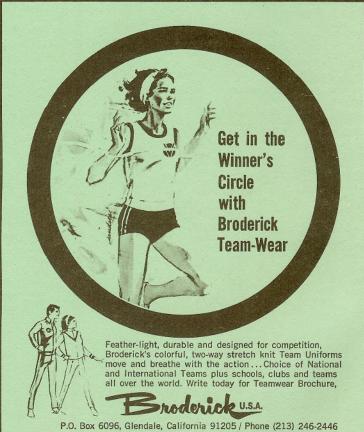
Wed. & Thurs., Diving Competition

Aug. 15 & 16* Swimming Competition

Track & Field Competition

Thurs., Aug. 16* Trampoline Competition Closing Ceremony





TIME & SPAC

The 1973 Best Performers Lists appearing on these pages show the best outdoor marks reported to the compilers. Marks reported in fragmentary form are shown with the "ques tionable" or invalid marks at the end of the tabulated list of valid marks.

Only marks taken from detailed reports of complete meets are considered for the regular list, though additional information on "questionable" marks would be greatly ap preciated. Please submit additional results and/or corrections to the compilers in care of STARTING LINE, P.O. Box 878, Reseda, California 91335

Marks to be included in STARTING LINE's Outdoor Rankings must meet the following requirements:

- 1. Marks must be made on standard outdoor facilities (surveyed track, reasonably legal jumping pits, throwing rings, toe boards, etc..).
- 2. There must be at least three timed or measured competitors in the event, which is part of a regularly scheduled meet (hastily improvised record attempts are not acceptable).
- 3. In the sprints, hurdles, long jump and triple jump, the wind assistance should be reported (wind guage readings remove all doubts; wind estimate helps determinate validity of mark).
- 4. The weight of shot, discus, hammer and javelin must be reported (some indication that implements have been properly checked for weight and dimensions will help determinate validity of mark).
- In hurdle races, note height and number of hurdles as well as the distance of the race.

Data in lists include (left to right):

- Time or distance, (2) Name of athlete,
 Birth year, if known, (4) Home state,
 Date of best performance for the year.

'73 Boys Best Performers List

With this issue we begin the initial compilation of the 1973 list of best performances by age group boys in the 15 and under categories. The marks that are listed in the following pages were extracted from the summaries of bona-fide meets that were received by the compilers by July 16.

Only marks taken from the complete result sheets are deemed satisfactory for the purpose of this annual tabulation. Later in the year, those marks will be incorporated in an all-time list and an Age list (if birthdate is made available).

The results came to us from a variety of sources - AAU, Jr. Olympics, CYO, RRCA and Schools. All legitimate track meets will be considered for this list.

Standard AAU events and age groups have been used as basis for these tabulations. For the purpose of age-grouping, athletes competing at the school level, will be assumed to belong in the 14-15 group, if they are in the 8th or 9th grade, and in the 12-13 division, if they are in the 7th grade.

At the end of each event, are marks that require additional information in order to satisfy our criteria found on top of this page. In the majority of cases, it is the absence of a copy of the results of the meet where the mark was made or the actual weight of implements used in the weight events that was not forwarded.

This is only a prelude to the 1973 year-end list that will be published later in the year. There is still time to make available to the compilers all additions and corrections you may have at hand.

Boys 14-15 Division Compiled by Mark Zucker

(BORN IN 1957 OR LATER) Note: athletes marked with an asterisk (*) are known to be 14 years old on date of performance

In the majority of cases the very top marks in each event were contributed by JACK SHEPARD, High School Editor of Track & Field News, and were made in actual high school competition.

Most of the other performances came from Junior Olympic, AAU or Junior High School competition. It will be noticed that there is a considerable gap between the marks. As we receive more information on this very difficult division, this gap will certainly mation on this very difficult division, this gap will certainly shrink and in time become one of our more interesting shrink, although there will always be a difference between the marks achieved at high school level and those accomplished in Junior High or AAU competition.

We welcome the readers assistance in pointing out additional infor-

mation which would complement this list.

Boys born in 1957 or later are listed in this division (no older than 15 at the start of the year). 9th grade Junior High boys are assumed to fall in this category. In some cases athletes were known to be 16 at the time they made the performance listed. Birthyear is listed if the birthdate is known.

100 v	ard Dash				
9.9	Fred Dugard, NY	5/16	10.2	Dana Geary, CenCal	5/12
10.0	Kevin William, SCal	5/26	10.2	Andre Hardamon, CenCal	5/12
10.0	Garland Watkins, Wash	6/3	10.2	Alfred Walker, SoCal	5/12

More info needed: 9.7-Starr Roberts, Ind on ?; 10.0-Ken Stanton, Ariz on 4/?; 10.2-Gary March, Ill on 6/30 and Jayson Law. SoCal on 6/30 10.2-Gary March, Ill on 6/30 and Jayson Law, SoCal on 6/30

220 ya	ard Dash				
21.9	Fred Dugard, NY	5/19	22.5	Alfred Walker, SoCal	5/26
22.4	Jayson Law, SpCal	5/19	22.5	Rodney Scott, SoCal.	5/26
22.4	Garland Watkins, Wash	6/3	22.5	Ferrell Mack, SoCal	5/14

More info needed: 22.6-Dana Geary, CenCal on 5/12; 22.7-Andre Hardamon, CenCal on 5/12; 22.9-Robert Lingren, SoCal on 6/30

440 yard Dash		52.1	Rick Dees, Mo	6/9
50.1 Albert Johnson, NY	4/16	52.5	Eric Richter, Fla	5/26
51.8 Willy Washington, Ohio	5/26	52.8	Mike McGinnis, Fla	5/26

More info needed: 50.0-Johnson on 5/25; 52.2-Ken Staggs, Ill on 6/30

880 vard	Run		2:03.4	Steve Edgecomb, Fla 7/7
1:53.0	Dyrk Dahl (57) Okla	5/16	2:04.1	Greg Woody, Md 6/23
2:01.4	Ken Staggs, Ill	6/30	2:04.5	Robert Mitchell, Wash 6/3
2:03.2	Michael Haizlip, Md	6/23	2:04.9	Larry Franklin, Md 6/23
2:03.2	Tim Keil. Neb	6/9	2:04.9	Gleaster Stevenson, Ca 5/12

More info needed: 1:56.7-Ralph Serna (57) SoCal on 3/12; 1:57.9-Robert

20
2
2
30
20

More info needed: 4:23.4-Jerry Kearns, Ariz on ?; 4:31.0-Dave Coleman, Ind on 4/21; 4:37.4-*Bill McChesney, Ore on 7/13

Two mile	Run	9:25.2	Robert Angel, SoCal 5/4
9:04.4	Eric Hulst (57) SoCal 5/25	9:27.6	Jon Slaughter (57) In 3/31
9:17.8	Ralph Serna(57) SoCal 3/17	9:53.8	Collin McConnell(58)Ca3/17
9:20.9	Roy Kisson (57) NoCal 1/13	9:58.2	Brian Penn (58) NJ 6/10

 $\underline{\text{More info needed:}}$ 9:30.6-Jerry Kearns, Ariz on ?; 9:46.6-*McConnell on ?; 9:54.1-*Bill McChesney, Ore on 7/6

120 ya	ard Hurdles (39 inch)		16.0	Ken Smith, SoCal	6/8
15.5	Kevin Williams, Va	6/16	16.0	Tracy Edington, Mo	6/9
15.6	Karl Williams, Va	6/16	16.0	Kevin Gamble, Mo	6/9
15.9	Scott Saacke, Va	6/16	16.1	Kevin Poppe, Neb	6/9

More info needed: 15.6-Arvin Nelson, Ill on 6/30

High	Jump				
6-9	Greg Lambdin (57) Tex	3/24	6-4	Jay Keesling, SoCal	4/27
6-8	Matt Barney (58) Ariz	5/11	6-4	Jerry Flowers, SoCal	5/26
$6-4\frac{1}{2}$	Tracy Edington, Mo	6/9	$6-0\frac{1}{2}$	Mark Mattison, Ohio	6/9

More info needed: 6'44"-Dave Shattuck, Ill on 6/30; 6'2-*John Lane, Ca on ?

Long Jump More info needed: 23'4"-Larry Johnson, Cen Cal on 4/24; 22'11"-Danny Jackson, Ariz on ?; 21'3\frac{3}{4}\text{"-Gonzales, SoCal on 3/23; 21'3"-Jim Gray, So Cal on 6/8; 21'2\frac{1}{2}\text{"-Mitch Barnett, SoCal on 5/26}

Triple Jump 42-2 Steve Townsell, Mo 6/9	BEST MARKS IN OTHER EVENTS: Pole Vault
43-3 ¹ / ₄ Barry Davis, Mo 6/9 42-0 ¹ / ₄ E. Van Brenk, NoCal 6/2 43-0 ¹ / ₄ C. Taylor, NoCal 6/2 40-8 ¹ / ₂ Preston Shepard, Mo 6/9	Three mile Run 13-10 Tim Vahlstrom, SoCal 6/9 14:26.8 Eric Hulst (57) SoCal 6/23 12-10½ Curt Brock, Iowa 6/9
More info needed: 45'24"-Ken Williams (58) Del on 5/19; 44'1½"-Frame on 5/22; 43'10"-Bryan Baumert, Neb on 6/9; 43'6½"-Ralph Dorsey, Neb on	Marathon 12- 6 Kirk Larsen, Neb 6/9
6/9; 41'0"-John Lane, Ca on ?; 40'11"-*Kyle Jones, Wash on 4/26	2:42:28 David Cortez(58)NCal 2/10 Shot Put (8 pound) 2:43:50 Paul O'Neal (57)SCal 1/13 58-24 Mark McNaughton, CenCa 5/12
Shot Put (12 pound) 61-1 Dave Karrasch, SoCal 5/25 46-6 Ken Sheets, Va 6/16	180 yard Hurdles (30 inch) 57-4½ Greg Taylor, Mo 6/9
48-0 Joe Mango, SoCla 6/2 45-7 H. Paleologos, NoCal 6/2	Karrasch, SoCal on 4/?; 64'5-Jeff
47-4\frac{3}{4} \text{ Greg Taylor, Mo} 6/9 45-5\frac{3}{4} \text{ Randy Wilson, Cal} 6/2 47-1 \text{ Louis Rovere, Fla} 7/7 45-0 \text{ Stanley Simmons, Fla} 7/7 7	More info needed: 19.6t-Andrews on ? Pill, Wash on ?; 64'5"-Jack Wall, Pa on 6/16; 55'6"-John Marks, Ill
More info needed: 51'42"-Mike Dando, Neb on 6/9; 50'9"-Jeff Pill, Wash on	Decathlon (Sr. weights & hurdles) on 6/30) 5181 Rocky Dumais(57) Ca 6/28-29 Javelin Throw (800 gram)
6/19; 50'1"-*Jeff Devilder, Iowa on ?; 46'10½"-Gladstone, Wash on 6/3	Decathlon (Jr. weights & hurdles) (More info needed: 210'7"-Marlin
	5073 Tracy Edington, Mo 6/9-10 Van Horn (57) on ?)
Boys I2-I3 Division Compiled by Max Zucker	
BORN IN 1959 OR LATER Compiled by Max Zucker	Two mile Run 10:08.6 Chuck Assumma(61) Ca 3/18 10:50.0 Matthew Rauch(59) Ca 6/9
20.0 M.1. D. F10/	10:16.8 Frank Assumma(61) Ca 4/28 10:59.8 Mike Bernstein(59) Ca 6/9
10.9 Melvin Dunnom, Fla 5/26 10.8 Jay Householder(59) Oh 6/9 11.0 Scott Nelson, CenCal 5/12	10:17.1 Randy White (59) CCal 3/31 11:01.5 Tom Williams, NoCal 4/28 10:35.0 Kevin Knox (59) CCal 3/18 11:04.9 Greg Woolever, SoCal 3/31
10.9 Ken Lawler (59) SoCal 3/18 11.0 Art Gomez, CenCal 5/12 10.9 Gary Miller, Ohio 5/26 11.0 Jeff Hayter, SoCal 5/26	More info needed: 10:05.7-*Chuck Assumma on 2/24; 10:16.0-*Frank Assumma
Wind-aided: 10.9-Donald Younger(59) DC on 5/27	on 2/24; 10:42.8-David Stewart, Fla on 6/16
220 yard Dash 24.9 Mike Neal, SoCal 5/26	70 yard Hurdles (30 inch) 9.4 Curtis Sells (59) NoCal 6/2 9.9 David New, Mo 6/9
24.3 Adrian Jones, SoCal 5/26 24.9 Daryl Tyler, SoCal 5/26 24.5 Kevin McDonald, NoCal 6/2 24.9 Larry Haden, NY 6/10	9.5 Don Fisher, NoCal 6/2 10.0 Brian Edrington, SoCal 3/31 9.6 Ronald Jordan, SoCal 4/14 10.0 Jim Warkentin, CenCal 5/12
24.6 Ken Lawler, SoCal 3/18 25.0 L. Roan, Fla 3/31	9.7 Dennis Gong-Guy, CenCal 5/12 10.0 Pat Nickens, Mo 6/9
24.8 Ed Corpuz, SoCal 5/26 25.0 Gary Miller, Ohio 5/26 24.9 Sam Rudd, SoCal 5/12 25.0 Larry Jackson, Fla 5/26	9.7 Willie Curran (59) SoCal 6/9 10.0 Mike Prey (59) SoCal 6/9 9.8 Ken Lawler, NoCal 6/2 10.0 Carl Jones, SoCal 6/9
Wind-aided: 24.9-Donald Younger (59) DC on 5/27	More info needed: 9.8-Pat Nickens on 6/9
440 yard Dash	High Jump
55.8 Kevin Edgecomb, Fla 5/26 56.7 Esteban Acosta, Fla 5/26 55.9 Greg Montgomery, SoCal 3/31 56.9 Ed Corpuz, SoCal 5/26	5-10 Curtis Sells (59) NoCal 5/12 5-3 Ron McCroson, Ohio 6/9 5-4 David New, Mo 6/9 5-3 Pierce, CenCal 5/12
56.1 Larry Haden, NY 6/10 57.1 Michael Murphy, SoCal 6/9 56.3 Willie Curran (59) SCal 6/9 57.2 Mike Caldwell (59) SCal 6/9	
56.4 Arthur Bullard (59) Fla 4/12 57.2 Brian Davis (60) SoCal 6/9	Long Jump 18-7 Kevin McDonald, NoCal 6/2 18-1½ Don Vidal, NoCal 5/12
More information needed: 54.2-Bruce Conley (59) Wash on 6/30	18-4 K. Washington, Fla 3/31 17-10½ Alan Bravender, SoCal 6/9 18-3½ Dan Ertell, SoCal 5/26 17-7 Dan Hunt (59) SoCal 6/9
880 yard Run 2:14.1 Gabriel Etchevery(59)Ca 6/9 2:10.2 Dennis Fox, CenCal 6/2 2:14.9 Eric Little, CenCal 5/12	More info needed: 18'04"-Art Gomez & 17'94"-Tom DeLuca, CenCal, both 5/12
2:10.5 Randy White (59) CenCa 5/26 2:15.2 Shawn Shambaugh (59) Ca 5/26	Triple Jump 36-8% Steve Wilschetz, Mo 6/9
2:10.5 Jerrold Lambert(59) NJ 6/10 2:15.7 Mike Duncan (59) SoCal 6/9 2:10.7 Jay Ramsey, SoCal 5/26 2:16.0 Bernard Alex, SoCal 3/18	38-10 ³ Jim Cooper, NoCal 6/2 36-1 ¹ Frank Miller, NoCal 6/2 37-3 Curtis Sells (59) NCal 5/12 35-11 ³ Dan Hunt (59) SoCal 6/9
2:11.2 Kevin Knox (59) CenCal 4/14 2:16.3 Chuck Assumma(61) SCal 5/26 2:11.5 Mike Tambini, NoCal 6/2 2:16.6 Mike Lomont (59) SoCal 6/9	$37 1\frac{1}{2}$ Don Vidal, NoCal $6/$ 2 $35 10\frac{1}{2}$ William Lee, Mo $6/$ 9
2:13.0 Arthur Bullard (59) F1 5/26 2:17.2 Matt Kelsh (59) NJ 6/10 2:13.7 Ronald Jordan, SoCal 6/9 2:17.3 Frank Assumma(61) SCal 5/12	More info needed: 38'4"-Randy Anthony & 38'0\frac{1}{2}"-Keith Breshears & 36'9\frac{1}{2}"- Tom DeLuca & 36'4"-A.Perkins, all CenCal, all on 5/12
More info needed: 2:10.3-Bruce Conley (59) Wash on 4/26	
One mile Run 4:53.4 Fred Del Rossi (59) NY 6/ 2	Shot Put (8 pound) 53-3½ Bill Welch, Ohio 5/26 45-3½ Darrell Baugh, Va 6/16
4:45.7 Randy White (59) CCal 6/16 4:54.8 Eddie LeBair (59) Mich 6/2 4:47.6 Mike Tambini, NoCal 6/16 4:55.4 Richard Bolline(59) NJ 6/2	52- 6 John Harper, SoCal 5/26 44-10
4:47.6 Jerrold Lambert (59)NJ 6/2 4:55.4 Thomas Hethmon(59) Ca 6/9	47-9 Brian Jackson, SoCal 6/9 43-11 Tom Merlo, CenCal 5/12
4:47.7 Matt Kelsh (59) NJ 6/2 4:55.9 Shawn Shambaugh (59) Ca 6/16 4:49.1 Tim Black (59) Ala 6/2 4:55.9 Kevin Knox (59) CenCal 6/16	47- 2½ Desmond Quon, SoCal 6/9 43- 6½ R. Schmidt, CenCal 5/12 46-11½ Keith Breshears, CenCal 5/12 43- 6 Jeff Hayter, SoCal 5/26
4:49.4 Dennis Fox, CenCal 6/16 4:57.3 Mike Yawn (59) Fla 6/2 4:50.0 Forrest Metcalf(59) Ca 3/31 4:59.1 Matthew Rauch(59) SCal 6/9	Discus Throw (1.0 kilogram) 107-9 R. Tuck, Ohio 6/9
4:50.4 Charles Assumma(61) Ca 6/16 4:59.3 Tim Murray (60) Md 6/2 4:50.7 Frank Assumma(61) SCal 4/14 4:59.3 Jerry Stoll (59) NY 6/2	126-0 E. Carter, Ohio 6/9 98-3 Matt Emege, NoCal 6/2 120-10 Kevin Brewer, Mo 5/26 98-1½ J. Brewer, Ohio 6/9
4:50.8 Eddie Lujan (60) CenCa 6/2 4:59.8 Mike Bernstein (59) Ca 6/9	More info needed: 111'2"-Percy Smith, Fla on 5/19; 105'0"-Stan Penny, Ore
4:51.9 Todd McCallister(59)II1 6/2 4:59.9 Mike Singer (60) Mich 6/2 4:52.4 Mike Gifford(60) SoCal 4/28 5:00.4 Herb Wills (60) Fla 6/2	on 6/8; 98'10"-Myer, Fla on 5/19
4:52.4 Mark McCallister(59)II1 6/2 5:00.4 Michael Dees (59) DC 6/2	4 x 110 yard Relay 49.9 Richmond-Perrine TC, Fla 5/19 48.7 Central BC, Miami, Fla 5/19 50.1 Lancers TC, SoCal 6/9
More info needed: 4:41.8-Tim Black on 5/12; 4:50.8-David Stewart (59) Fla on 6/16; 4:57.1-Mike Yawn (59) Fla on 6/12; 4:59.2-*Mike Diment (60)	49.0 Valley Vikings, SoCal 5/14 50.1 Clarke Int Sch, CenCal 5/12
Iowa on 6/7; Questionable facilities and/or time: 4:47.?-Jerrold Lambert on 6/2; 4:54.?-Richard Bolline on 3/24	49.7 Newbury Park TC, SoCal 6/9 50.2 Los Angeles Jets, SoCal 3/31 49.8 Aurora TC, SoCal 4/28 50.2 Millbrae Lions, NoCal 6/2
BOYS 10-11 Division	
BORN IN 1961 OR LATER	Triple Jump 30-0 Benny Sells, NoCal 6/2
High Jump 4-9 Glenn Potts (61) SoCal 6/9	$33-1\frac{1}{9}$ Randy Persons, Mo $6/9$ $29-9\frac{1}{2}$ Kevin Keefe, NoCal $5/12$
4-11 Edward Jacoby (61) SCal 6/9 4-8 Jack Johnson, Mich 5/26 4-10 Dan Rohrs, Ohio 5/26 4-7 Greg Capestany, NoCal 6/1	30-3 Texeira, NoCal 3/24 28-7½ John Flannery(62) NoCal 5/12
4-9 Blake Burns, NoCal 6/1 4-6 Kevin McNeal, Wash 5/19	30-04 Robby Penn, Mo 6/9 28-62 Bill Casper, NoCal 6/2
More info needed: 4'10"-Marty Milburn, CenCal on 5/12; 4'8"-G. Anderson & M. Biasucci, both Fla, both on 5/19; 4'8"-Scott Stringer, CenCal on 5/12	More info needed: 32'8"-Al Alvarado & 31'1½"-Huerta & 30'5"-Hyndman & 29'10"-R. Gonzales, all CenCal, all on 5/12
4'7"-Gary Swanson, CenCal on 5/12	Shot Put (6 pound) 31-7 Tim Ritchey, NoCal 6/1
Long Jump	37-10 John Maguire, NoCal 6/1 31-14 Steve Williams, Mo 6/9 37-43 Scott Dahm, Ohio 5/26 29-103 Jeff Brecker (61) SCal 6/9
17-0 O.J. Waddell (61) SCal 5/12 15-33 Bob Rieden, SoCal 5/12 16-11 Deron Linsacum, SoCal 5/26 15-1 W. Williams, Fla 3/31	35-4½ Jeff Fannin, Ohio 5/26 29-10½ Scott Bolton, SoCal 6/9 33-11 Mike Kennedy, SoCal 5/9 29-5¾ Roger Techtrop, Mo 5/26
16-8 Steve Bruce (61) NoCal 3/24 15-03 Danny McQueen(61) SCal 6/9 15-11 John Flannery(62) NCal 6/2 14-11 Scott Friend (62) NCal 3/24	33-104 Anthony Gibson(62) SCal 6/9 29-54 Ron Walker (62) SoCal 6/9
15- 7 ³ / ₄ Kriss Rudd, Mo 5/26 14-10 ¹ / ₄ Larry Bland, Va 6/16	33- $9\frac{1}{2}$ James Fansett (61) SCal 6/9 28-11 Anthony Young, Va 6/16 32- $1\frac{1}{2}$ Alan Ursery, Mo 6/9 28- $9\frac{1}{2}$ David Savic, Ohio 5/26
15- 44 Reggie Ashley, Mich 5/26 14-10 Ferrell Johnson, SoCal 5/26 More info needed: 16'2"-Keith James & W.Williams, both Fla, on 5/19; 15'9"	31- 8 Jeff Welch, Ohio 5/26 28- 91 Neville Duvall(61) SCal 6/9 31- 7 Adam See, NoCal 5/12 28- 7 Darryl Booth, Va 6/16
-M. Biasucci, Fla on 5/19; 15'6½"-Franklin & Ty Portee, CenCal on 5/12;	THE TEN AND ELEVEN TRACK EVENTS MALL RE

More info needed: 16'2"-Keith James & W.Williams, both Fla, on 5/19; 15'9"

-M. Biasucci, Fla on 5/19; 15'6½"-Franklin & Ty Portee, CenCal on 5/12; 14'9"-G. Gusik, Fla on 5/19; 14'8½"-Robin Messick, CenCal on 6/2; 14'8"
6 Greg Capestany, NoCal on 6/2

THE TEN AND ELEVEN TRACK EVENTS WILL BE PRESENTED IN THE NEXT ISSUE OF STARTING LINE. ALONG WITH THE NINE AND UNDER DIVISION.

NATIONAL MEETS

AAU NATIONAL GIRLS (14-17) TRACK & FIELD CHAMPIONSHIPS IRVINE, CALIFORNIA - JUNE 19 & 20

COMMENTARY BY BILL PECK - RESULTS FROM SANDRA WILLIAMS

At last, a national junior meet which was truly a national meet. from Hawaii to Connecticut and from Florida to the state of Washington, figured prominently in the prelims on Tuesday and in the final on Wednesday afternoon.

Despite the meet being held in southern California, the usually dominant "Golden Staters" had their strongest test ever from the well prepared gals from the rest of the nation. And best of all, the gals were allowed to compete with the minimum of hassle due to the best preparation ever seen in these championships. The meet also served as a showcase for girls who were trying to qualify for International Junior and Senior teams (by a method which still hasn't been made clear by the selectors).

Not since the USA-USSR masterpiece at Palo Alto in 1962, has this repor ter seen a track meet as well organized as this year's edition of the Girls division Championships. The AAU Women's Championships and the Age Group Classic that followed this event suffered in comparison with the relaxed efficiency of the meet personel and the near perfection of the facilities.

Making the competition more enjoyable for athletes and spectators alike were such "novelties" as the introduction of each finalist prior to competition and the quick posting of times in all track events and distances in most field events. The wind, which blew steadily throughout the finals, was also consistently recorded and reported on all long jumps and sprints. Unfortunately, the same sea breezes which helped cool temperatures (which reached 1060 in nearby Los Angeles), also slowed the distance runners on the back tracks and researched some outstanding marks in the sprints and the back tretch and negated some outstanding marks in the sprints and hurdles.

Kudos must go to Meet Coordinator PETER SCANLAN, Southern Pacific AAU Chairman BOB SEAMAN and Meet Director SANDRA WILLIAMS who supplied the most complete and detailed meet results ever received by STARTING LINE.

These were the highlights of the meet:

SPRINTS - Gary, Indiana's DEBORAH CLAY got off to a fast start, but it was not enough to hold JACKIE RANDOLPH, the surprise of the meet from the Sports International stable, who came on to win the "century". MAUREN ABARE, whose poor start left her no chance in the short sprints, edged a quartet of speedsters (mostly from the midwest) in the 220. A strong, steady wind aided all finals and most of the heats. In the quarter, CAROL HUDSON, in lane two, led all the way but KATHY WESTON of Reno, Newada, closed very fast to see out a victory in her first year of ma-Nevada, closed very fast to eke out a victory in her first year of major competition. ROBIN CAMPBELL was in very good position entering the final straight, then stumbled a few times before she broke the tape.

BOBBETTE KRUG had not been satisfied with her hurdling all year, and until the midway in the 100 meter finals she didn't look all that good either. But at that point she abandoned her usual smooth technique and "ran like hell" to edge out tough LAVONNE NEAL. Seattle's MITZI McMILLIN, now mature and consistent, might have won it all had she not smashed the first hurdle. In the absence of WENDY KOENIG, the new 400 meter barrier race was won by the most experienced hurdler, CLYDINE CROWDER.

100 yard Dash (wind +3.9mps) Jackie Randolph, SI (11.1h)10.7 Deborah Clay, M HatcherYF 10.7 Maureen Abare, MM (11.0h)10.9 Creola Miller, Rav'wd Jul 10.9 Alfreda Daniels, MotorCty 10.9 Diedre Wilson, NYPAL (10.9wh) 11.1 Rosalvn Brvant, Mur(10.9wh)11.1 Kim Schofield, Peo (10.9wh)11.3 Gail Douglas, LA Jets(11.0wh) Denise Roberson, LaM't(11.0wh) Isabelle Hartford, Dry(11.0wh)

220 yard Dash (wind +3.8mps) Maureen Abare, M Missiles 24.2 Rosalyn Bryant, Murch'ts 24.3 Linda Blakely, Motor City 24.3 Chris A'Harrah, Dlw(24.2wh)24.4 Veronica Williams, M H'chr 4.4 Denise Roberson, LaMott 24.8 Creola Miller, RJ (24.7wh)24.9 Denise Johnson, NYP(25.0wh)25.3 Gail Butler, LAngTC (24.8wh) Deborah Clay, M Ha (25.0wh) Isabelle Hartford, Dry (25.0h) Sherry James, Tr'vlr (25.0wh) Trudi Rebsamen, NWSub (25.1wh) Bernadine Givens, Dry (25.1wh) Marie Nickson, B'rkly(24.6wh)

440 yard Dash 440 yard Dasn Kathy Weston, WSp'k (54.8h)55.0 Carol Hudson, AlbOC (54.9h)55.0 Robin Campbell, SpI (54.9h)55.4 Debbie Roberson, LAn(55.5h)55.6 Janis Vetter, Blue Ribbon 56.4 Trudi Rebsamen, NWS (56.2h)56.4 Constance Simpson, NY PAL 56.6 Sherry James, Trav (55.8h)58.7 Brenda Nichols, Atoms (55.9h) Chris A'Harrah, D'lwre(55.7h) Susan Vigil, DC Dasher(56.0h) Chere DeHaven, FtWayne (56.1h)

Kathy Keys, Blue Angel (56.6h) Denise Anderson, Falcon (56.6h) Denise Johnson, NY PAL(57.2h)

880 yard Run Robin Campbell, Sp Intl 2:08.3 Lynn Hollins, Sp Un RRR 2:10.5 Mary Decker, Blue Angel 2:11.1 Anne Gallaher, PhoenixTC:11.3 Debbie Vetter, BR(2:11.9h)2:11.9 Diane Vetter, Bl Ribbon 2:16.2 Ruth Kleinsasser, LAngTC:16.6 Kathy Haughy, SJCin (2:13.8h) Patty Cape, So Coast(2:14.7h) Linda Stecker, DCD (2:14.5h) Linda Goff, Seattle (2:15.6h) Natasha Frazier, Amb (2:17.4h) Renee Nelson, SalVly(2:18.1h) Jovce Anderson, LAJet(2:18.4h)

One mile Run Debbie Quatier, Wash'tn 4:53.7 Doreen Ennis, Nutley TC 4:54.7 Tena Anex, Will's Sp'kt 4:55.6 Val Eberly, SJ Cin'gals 5:00.5 Joy Jarvis, Kettering Str 00.6 Katy Schilly, Sy(5:02.8h)5:03.0 Ann Forshee, Michigamme 5:10.3 Arlene Mears, SJ(5:07.4h)5:11.6 Cath.Schrader, EC(5:07.3h)5:12.6 Kathy Adams, WS (5:05.7h) Estella Guina, SJC (5:10.8h) Kathy Jewell, LBC (5:10.8h) Becky Wolfinbarger (5:11.8h)

Two mile Run (two flights) Nancy Ihrman, Phoenix 10:41.6 Tena Anex, Will's Sp'k 10:55.6 Ellen Hart, New Mexico 11:02.4 Doreen Ennis, NutleyTC 11:03.8 Cath. Schrader, Elec Cty :14.0 Karen Cramon, Alb OC 11:20.4 Marlene Harewicz, Mt Leb :33.0 Pam Allen, Lassen C 11:37.6

Cathie Buhlert, Lomita 11:41.6 Carie Gilliland, DCD 11:43.0 Doreen Assumma, SpUnRR 11:43.6

100 m Hurdles (33") (w +5.6mps) Bobbette Krug, La Jolla 13.9 LaVonne Neal, Phil Hawks 13.9 Mitzi McMillin, Wash'ton 14.1 Terri Wheeler, Flath'd Vly .4 Cathy Clarke, La Jolla TC 14.4 Cheryl Poirier, Frd(14.3wh)14.5 Pamela Jones, LA Jets 14.7 Clydine Crowder, LM(14.8wh)15.0 Gail Butler, LsAngTC (15.0wh) Julie Rusing (15.1wh) JoAnne Rasmussen, Port(14.8wh) Denise Rodgers, Milb (15.2wh) S. Kirk, Tennesse St (15.2wh)

400 meter Hurdles (30") Clydine Crowder, LaMirada 62.3 Vickie Amstatz, FtWayne C 63.4 Marie Henry, Ket S (64.0h)64.2 Danette Marshall, PH(63.6h)64.5 Shauna Kalicki, Boulder C 64.7 Laurie Gilliland, DCD (63.6h) 64.9 Susan White, SpInt (64.5h)65.4 Diane Dellinger, LB Comet 66.2 Effie Jordan, Sp Un RRR 65.3 Kathy Day, Florida 66.3 Cathy Faughn, Ft Wayne C 66.7 Jill South, Phoenix TC 66.8

(two flights) One mile Walk Sue Brodock, Sp Un RRR 7:59.8 Christy Dotseth, M Daley 8:05.8 Esther Marquez, SURR Sheila Thomsen, Oxnard 8:23.0 Dayna Gerth, Sp Un RRR 8:30.7 Diane Dimick, SJ Cin'gl 8:32.0 Lori Thomas, Colo Pacer 8:34.5 Sonia Gerth, Sp Un RRR 8:46.5 Carol Siciliano, Gateway :49.7 Teri Teegarden, Ket Str 8:51.7

Cindy Gilbert Joni Huntley, Oregon Cheryl Friesen, Topeka CC 5-7 Dinie Norero, DC Dashers ti5-5 Dryades ti2-5 Joni Huntley, Oregon Dinie Norero, DC Dasners tie 5 Susan Hackett, Dryades tie 5 Kathy McQuillian, Will's tie 5 Jean Baltz, Peoria Pac't tie 5 Vera Schlosser, No Plains 5 5 Sandy Goldsberry, LAng Total 5 Sandy Goldsberry, LAng Total 5 Varie Solon, Albu'que OC tie 5

High Jump

Sandy Goldsberry, Lang tie Katie Solon, Albu'que OC tie 5 5 Pam Blackburn, Palo Altotie - 5 Chris Remmling, La Jollatie - 5 Mitzi McMillin, Wash'ton - 5 Pam Spencer, Flath'd V1(5-5q)

Long Jump (wind +4.2 to Kim Schofield, Peo $(18-7\frac{1}{4}q)19-2\frac{1}{2}$ Diana Windle, LAng $(19-2q)19-2\frac{1}{2}$ Toni Griffin, LaJol(18-5q)19-24 Karen Elmore, ML (17-32q)18-11 Jennifer Henry, $MM(18-2\frac{3}{4}q)(18\cdot 10\frac{1}{2}$ Susan Hackett, $Dry(17-2\frac{1}{2}q)(18-2$ Audrey MarroccoMD $(17-8\frac{1}{2}q)(18-1\frac{1}{4}$ Jackie Taylor, Trv (17-9q)17-92 Deidre Wilson, NYP(18-02q)17-92 Kim Leggett, MVS (17-8q)17-74 Judy Fontaine, AG (18-0q)17-54 Melody Tanette,RJ(17-34q)17-43

Shot Put (4 kg) Suzie Snider, Texas Waynette Mitchell, Haw 44-113 Waynette Mitchell, haw 44-11 $\frac{1}{4}$ Kathy Devine, SD Lanc't 44- $\frac{8}{4}$ Judy Lane, Will's Sp'kt 44- 3 Emily Dole, LM Meteors 43- $\frac{1}{2}$ Sheila Yurkshot, M Daley 41-73 Debra Haynes, Fresno El 40- 7 Natalie Klein, Fred'rck 40- 04 Kelly Curran, Colo Gold 38- 9 Liz Schrader, L Ang TC 38-3½
Melody Lavender, Ft W C 37-11½
Karen Marshall, Oregon 36-10¼ Discus Throw (1.0 kg)
Debbie Rivera, So Coast 145-5
Suzie Snider,Tx (138-9q)136-6
Judy Lane, WSpk (137-4q)135-2
Terri Sabol,SoC (135-7q)134-10 Waynette Mitchell, Haw 130-9 Debbie Langevain, SoC 128-6 Lori Lyford,FlV (130-ik)128-4 Kim Travers, MtL (125-10q)124- 4 Anne Seelye, Gaz (123-0q)121- 4 Denise Briggs, Or(118-6q)117-8 Jackie Gordon, Sp Intl 117-3 Kathy Devine, SDL(119-5q)116-9 Kelly Curran, Colo G (117-Oq)

Kim Baker, Eastside (113-4q) Javelin Throw (600 gram) Karin Smith Susan Armstrong, H'stnAB 169-3 Debbie Langevain, SoCoast 166-1 Cathy Sulinski, Milbrae Linn Polk, Farmington FF 139-0 Kelly Fuiks, Cactus Wren 136-9 Anne Seelye, Gazelles TC 125-MO Betsy Hardaway, L Ang TC 121-8 Dottie Richardson, Groton 118-1 Kathy Devine, SD Lanc'ts 115-2

4 x 110 yard Relay M Hatcher 47.0 Rav'wd J 47.8 LA Jets 47.3 Milbrae L 48.2 NYC PAL 47.4 Tenn St 48.8

4 x 440 yard Relay Alboc 3:49.2 Sp Un RRR 3:52.7 DCD 3:50.7 LB Comets 3:53.2 Atoms 3:51.9 Dryades 3:57.7

4 x 880 yard Relay B Rib'n 9:11.4 B1 Angel 9:23.8 SJ C'gl 9:20.6 Ket Str 9:26.0

880 Med Relay (220,2xJ10,440) NYC PAL 1:47.4 Tr'vlrs 1:47.6 LA Jets 1:47.4 Dryades 1:48.8







NANCY IHRMAN

DISTANCES - Predictably, the long awaited half-mile duel between Campbell and MARY DECKER didn't turn out as planned, as Mary led until the final curve (61.5 first lap), then tumbled to the track, as Robin, who was Tinal curve (of.5 first lap), then tumbled to the track, as Robin, who was close on her shoulders, stormed by to win an easy victory. Mavis Laing look-alike LYNN HOLLINS sneaked in for second just ahead of Decker, who had picked herself up as quickly as Lasse Viren at Munich. Of note were the fifth and sixth places of the graceful VETTER twins, DEBBIE and DIANE. Tiny DEBBIE QUATIER of Edmonds, Washington, ran away from last year's mile champ TENA ANEX to take that event, running 2:28 and 2:26. Red-clad NANCY IHRMAN looked like Vladimir Kuts (I mean in running style, of course) as the 98 pounder forced an exciting pace (74.5 first lap, 5:14.4 mile) in the two mile, demolishing her opposition, notably loping JULIE SHEA of Raleigh, North Carolina, who could not finish, after following the wicked pace for six laps. Steady DOREEN ENNIS of New Jersey ran very well in both the four and eight lappers.

JUMPS - Olympian CINDY GILBERT straddle jumped to her personal best and she needed every bit of it to beat flopper JONI HUNTLEY of Sheridan, Oregon, as thirteen competitors cleared 5-5. In keeping with the close comgon, as thirteen competitors cleared 5-5. In keeping with the close competition of the meet, the first three long jumpers were separated by a "silly centimeter". The wind was apparently disturbing the step patterns of all jumpers and it took DIANA WINDLE until the fourth jump to pass lanky TONI GRIFFIN (19-2 1/2 to 19-2 1/4). Competitive KIM SCHOFIELD then tied Diana on the next round, and won it all on the basis of second best jump (19-0 to 18-11 1/4!).

WEIGHTS - Spurred by a chance to make an international tour, the shot putters came ready. Tall SUZIE SNIDER was easily the class over Hawaii's WAYNETTE MITCHELL, who has been training in northern California. None of the discus throwers could handle the wind, but DEBBIE RIVERA got off one good throw to out-distance Snider and JUDY LANE, who finished well up in the shot. KAREN SMITH became the first winner in the same event three years running (actually javelin throwing), as she go off a lifetime best on her first toss. Texan SUZAN ARMSTRONG got a p.b. on the second round to barely edge DEBBIE LANGEVAIN.

AAU NATIONAL JUNIOR BOYS TRACK & FIELD CHAMPIONSHIPS GAINESVILLE, FLORIDA - JUNE 22 AND 23 COMMENTARIES BY MIKE KENNEDY

Obviously nothing was going to keep MIKE KENNEDY away from the Junior Boys Nationals, as he embarked on his 3,000 mile treck (in his not-so-new Volkswagen) from his home in Los Angeles, Ca. to Gainesville, Florida. His solitary journey of just getting there is a story in itself. We'll have to forego that story for another one, his 3,000 word, event by event, commentary of this meet.

Mike, an accredited teacher, who works for the L.A. TIMES prep sport section, has contributed to S.L. in the past, and we hope he will continue to do so in the future. Following is his eye-witness account of the meet:

The University of Florida at Gainesville, with one of the finest track anf field plants in the South, was the site, June 22-23, of the second annual National Junior (19 & under boys) AAU Championships.

Late Fiday afternoon temperatures were in the mid 70's and thundershowers forced the postponement of all field events but the shot put to Saturday. The only track final was the six mile. Saturday temperatures were in the mid 80's. Humidity on both days was near

Last year's meet, held at 5,000 feet above sea level at Lakewood, Colorado, hampered the distance runners but aided the sprinters. This year (at sea level) only one meet record was broken in the sprints and hurdles (120 HH), but marks fell in the 880, mile, three mile and six mile. In all, nine meet records tumbled and one was tied. The first two finishers in all events plus third and fourth in the 100 qualified for three dual meets to be held in Europe in July (the results and highlights of those meets will be covered in the next issue of STARTING LINE).

College athletes dominated the preps, winning all but three events

College athletes dominated the preps, winning all but three events.
They also took 28 of the 38 guaranteed places on the plane to Europe.
Meet management and officiating was generally excellent except in the high jump and pole vault, where the places below first were determined by misses/or attempts and not by height cleared as per the new

100 YARD DASH

In the trials, the first two finishers in all three heats ran 9.7 into a wind that varied from 2 to 5 miles per hour. MIKE McFARLAND (Parker HS, Chicago) and LAVORIS GRISBY (Lake City CC, Fla.) edged final qualifier BARNEY COBB (Louisiana State U.) in heat one, with Golden West runner-up CLANCY EDWARDS (Santa Anna HS, Ca.) a well beaten fifth in 9.9.

Heat two brought together three of the best high schoolers in the nation. CARTER SUGGS (Tarboro HS, N.C.) moved from fourth to first over the final 25 yards to nip CHARLES HOPKINS (Southwest HS, Macon, Ga.) and Golden West champion JESSE FORBES (Leon, Tallahassee, Fla.), who was third in 9.8. The most impressive performer though was heat three winner WARDELL GILBREATH (New Mexico JC), who breezed to a seemingly effortless victory over ALLEN MISHER (LSU) and Junior MIKE FARMER (Wilson HS, San Francisco), both timed 9.7.

In the final, everyone broke evenly, but Gilbreath who was left four yds down to the field. Suggs again moved well in the latter stages of the race, going from third to first in the last 15 yards to capture the win. Forbes, who ran in lane nine, almost stole the race but was nipped for second by Grisby who was always near the front. All three clocked 9.5 into a three mph wind. Over the final 50 yards Gilbreath, not Suggs, was the fastest finisher. The tall Texan (Amarillo) got up for fourth in 9.6 and a place on the 400 meter relay team.

Carter Suggs, Tarboro, No Car 9.5 Jesse Forbes, Tallahassee, Fla 9.5 Lavoris Grisby, Delray Beach,Fla 9.5

Wardell Gilbreath, L Angeles, Ca 9.6 Mike Farmer, San Francisco, Ca 9.7 Mike McFarland, Chicago, Ill 9.7

220 YARD DASH

WARDELL GILBREATH left little doubt that he was the best 220 runner, winning his heat in 21.4 and then tying Marshall Dill's meet record of 20.8 in the final. The national junior college champion might have come close to his seasonal best of 20.6, but the Gainesville 220 is run from center-of-straightaway to center-of-straightaway, adding as much as .2 to the usual Olympic turn.

Usual Olympic turn.

Second went to MIKE McFARLAND (21.2), followed by NAIA champion TON REID of Baptist College (S.C.) and Golden West champion CLANCY EDWARDS. Edward seemed the unluckiest of the group. He had the strongest part of his race - the long straightaway - taken away from him, and then drew the unfair first lane. CHARLES HOPKINS, a heat winner in 21.4, finished fifth in the final with the same time.

Casualties in the heats included LAVORIS GRISBY and CARTER SUGGS, both of whom ran 21.5. Missing from the sprints due to an injury was PABLO FRANCO from Public HS of Hartford, Conn.

Clarence Edwards, Santa Ana, Ca 21.3 Wardell Gilbreath, L Angeles, Ca 20.8 Charles Hopkins, Macon, Ga Don Merrick, Deland, Fla Mike McFarland, Chicago, Ill 21.2 Tom Reid, Charleston, So Car 21.3 21.4 440 YARD DASH

When KARL FARMER (Southwest JC, Los Angeles), the national AAU runner-up in 45.8 (National JC record-tying time), decided to enter the Junior meet, the race became one for second place. Farmer, whose closest competition on paper was 1.6 seconds slower, won the first heat in 46.9 and HERMAN FRAZIER (Pioneer TC, Philadelphia) nabbed the second heat in 48.1. Heat three previewed KEITH TINNER (Lincoln HS, Tacoma, Wash.) who went out very hard for the first 300 and then eased home in 47.7, a personal best by .1, although he has run a 46.9 relay leg.

In the final, Tinner, the strong and sometimes awkward looking HS junior, took the lead and held it until the home straight when he was passed by the smooth striding Farmer who finished in an eased up 46.7. Tinner held on for second (47.7) hotly pursued by Frazier and VICTOR MCKINLEY (Bartram Philadelphia). McKinley can't be too unhappy as he had lowered his previous best of 48.5 to 47.7 in a heat before contesting the final. MAX TOLAN (Thornton, Harvey, Ill.) on the other hand must be disappointed. He entered the meet with the third fastest time (47.4) but was shell-shocked by Tinner in his heat and seemed to give up in the final. RON WHITAKER (Wilson HS, San Francisco), the nation's leading prep at 47.0 remained on the west coast to work for the summer.

Karl Farmer, Los Angeles, Ca 46.7 47.5 Keith Tinner, Tacoma, Wash Herman Frazier, Philadelphia, Pa 47.7 Victor McKinley, Philadelphia Max Tolen, Harvey Park, Ill Clifford Wiley, Ba timore, Md Clarence Musgrove, Wash'ton,DC 48.0

880 YARD RUN

This was to be one of the closest races of the meet. DALE SCOTT (Wash. State) was the defending champion but there were challengers aplenty. State) was the defending champion but there were challengers aplenty. TOM GARRISON (Tennessee), for one, entered the meet with the fastest overall time (1:47.8) and won the first heat in 1:50.4. He was followed by strong charging HS junior MARK BELGER (Mepham HS, Bellmore, N.Y.) and JAMES TAYLOR (Boston U.), both timed in 1:50.5. BILL DABNEY (Boys HS, Brooklyn), who led for 800 yards, finished a non-qualifying fourth in a personal best of 1:50.8. Another junior CHARLES WHITE (Thornton, Harvey, Ill.) won the second heat in 1:51.9, with Scott and DON SELLERS (Harrison HS, Evansville, Ill.) .2 behind. JAMES ROBINSON (Laney JC, Oakland), the California JC champ, won the third heat in 1:51.6, with inconspicuous KEITH FRANCIS (Boston College) second in 1:51.7 and junior ALVIN CRENSHAW (Roosevelt, Dallas), third in 1:52.3.

In the final Crenshaw led through the first 660 with splits of 25.4 - 53.0 - 1:20.8. With 150 yards remaining, Garrison took over, but he

53.0 - 1:20.8. With 150 yards remaining, Garrison took over, but he couldn't hold the lead, as first Francis, then Robinson and Scott shot past him in the stretch. Scott was moving the fastest at the finish, but was unable to catch Francis. Both were timed in a meet record of 1:48.5, breaking Scott's mark of 1:49.2.

The first prep to finish was Sellers in sixth at 1:50.0. His mark made him the fastest prep in the nation this year. Belger finished in seventh at 1:50.3, breaking his own age 16 Best of 1:50.4. After his fast start, Crenshaw ended up in eight place in 1:53.5, walking in the last 10 yards.

Keith Francis, New Bedford, Ma 1:48.5 Dale Scott, Pullman, Wash 1:48.5 James Robinson, Oakland, Ca 1:49.8

Tom Garrison, Knoxville, Tenn 1:50.0 James Taylor, Brighton, Mass 1:50.0 Don Sellers, Evansville, Ind 1:50.0

ONE MILE RUN

MARK SCHILLING (San Jose State), who two weeks earlier finished sixth in the NCAA championships at 3:58.6, was an easy pick and he didn't disappoint his supporters. In typical Schilling fashion he was the fourth qualifier in his heat at 4:14.0, one tenth ahead of GREG GIBSON (Washington) and behind JEFF SCHEMMEL (Kansas State), 4:12.9, EARL ROBINSON (West LA JC, Los Angeles), 4:13.6 and CURTIS BECK (Santa Monica HS, Ca.) at 4:13.7.

MATT CENTROWITZ (Power Memorial HS, N.Y.C.) won the other heat in a meet record 4:11.8. Qualifiers in his heat were REED FISHER (Texas), 4:12.0, ALVIN GILMORE (Lompoc HS, Ca.), 4:12.8 ans CHRIS HORTON (McQuaid HS, Ro chester, NY) 4:13.2.

In the final the question was, how can Schilling be beat. Both Beck and Centrowitz came to the same conclusion --go out fast. Both runners were willing to lead, but Beck prevailed and it led to his downfall. The UCLA-bound Santa Monica senior forged ahead with splits of 59.3 and 2:02.0, with Centrowitz in close attendance. On the third lap the pace began to tell on Beck, and Centrowitz went to the lead passing the 1320 in 3:02.1. Beck tried to hold on but watched the margin widen to 10 yards, as the runners entered the backstretch.

It was at this point that Schilling blitzed the field with a 56.0 final quarter, moving from the middle of the pack to win in 3:59.2. Centrowitz held on well for second in 4:02.7, with Fisher, who was always near the lead, in third place and Gibson, closing fast, grabbing fourth. Beck held on for fifth, followed by Gilmore, who ran an evenly paced 2:04.0 - 2:04.1, for a personal best of 4:08.1.

Mark Schilling, San Jose, Ca 3:59.2 Matt Centrowitz, New York, NY 4:02.7 Ernest Fischer, Dallas, Tex 4:04.5 Greg Gibson, Connell, Wash 4:04.5 Curtis Beck, Malibu, Ca 4:07.1

Alvin Gilmore, Lompoc, Ca Earl Robinson, Los Angeles, Ca 4:09.1 Chris Horton, Rochester, NY 4:10.3 Jeff Schemmel, Madison, S Dak 4:13.3 Alfonso Buenostro, Stockton, Ca:14.6

THREE MILE RUN

CRAIG VIRGIN (Lebanon HS, Ill.), America's best young distance propect since Steve Prefontaine, won the three mile with ease in a meet record 13:36.8. His strongest probable challenger, TERRY WILLIAMS (Lompoc HS, Ca.) chose not to run, after winning the six mile the previous day. Virgin took the lead almost at the start and was unpressed , passing the mile in 4:30.0, the two mile in 9:07.0 and finishing with a 4:29.8.
BOB GRUBBS (Oregon) was second in 13:47.4 followed by ROBBIE PERKINS
(Collegiate HS, Richmond, Va.) in 13;57.2. Perkins' time combined with
his 28:47.8 six mile the day before, gives him the best two day 3-6 mile double ever for a prep.

Other high schoolers among the finishers included: J.J. GRIFFIN (Centennial HS, Pueblo, Colo.) for fifth, RICHARD KIMBALL (DeLa Salle HS, Concord, Ca.) in eight place and in ninth spot a most remarkable 15 year-old, ERIC HULST from Laguna Beach, Ca. His time of 14:26.8 breaks his own all-time age 15 Best(formerly 14:28.6). Before Hulst, who has been running for only nine months, grabbed the record, it was 15:02.2. He was also the meet's youngest entrant.

Craig Virgin, Lebanon, Ill 13:36.8 Bob Grubbs, Eugene, Ore 13:47.4 Robbie Perkins, Richmond, Va 13:57.2 John Alswang, Costa Mesa, Ca 13:59.9 J. J. Griffin, Pueblo, Colo 14:02.7 Randy Brown, Beaverton, Ore 14:09.1 Tony Sandoval, Los Alamos,NM 14:11.6 Richard Kimball, Concord, Ca 14:14.0 Eric Hulst, Laguna Beach, Ca 14:26.0 Richard Van Slyke, Stockton, Ca :38.1

SIX MILE RUN

Before the race no one knew quite what ot expect. ROBBIE PERKINS had the best overall time at 28:54.0 but TERRY WILLIAMS had run 30:11 last year during a one-hour run. That was when Williams was a 4:18.0 miler. Now, a year later, he had dropped his time nearly ten seconds to 4:08.4. Williams, as usual, opened with a slow first lap (77 sec.) and then gradually moved through the field until the two mile mark, at which time he and Perkins began drawing away from the other runners. From that point on it was a two man race, with Perkins leading as both runners passed the three mile mark in a rapid 14:16.0. During the final three miles Williams passed Perkins twice, only to have the Duke-bound easterner retake the lead. With 550 yards to go, Williams blasted away, and took a sudden 25 yard advantage which he maintained to the tape.

His time of 28:45.2 ranks second only to Gerry Lindgren's 28:23.8, while Perkins' 28:47.8 is third on the all time prep list. Williams, who will attend Oregon in the fall, said he was hampered by severe stomach pains after the second mile. He felt he had the race won, but didn't want to jeopardize his place on the team by moving too early.

DANNY SCHLESINGER (Sanderson HS, Raleigh, N.C.) moved up very well in the latter stages of the race to gain third in 29:11.8, fifth best ever for a prep.

Other outstanding high schoolers included: RICHARD KIMBALL, a junior at De La Salle HS, in sixth, MIKE RUFFATO (Washington HS, Fremont, Ca.) in eight place and in ninth and tenth position GUY ARBOGAST, a junior at Crespi HS, Encino, Ca., followed by FRANK BROMBERG (University HS,Ala)

Terry Williams, Lompoc, Ca 28:45.2 Robbie Perkins, Richmond, Va 28:47.8 Dan Schlesinger, Raleigh, NC 29:11.8 Anthony Sandoval, L Alamos,NM :25.0 Ken Wison, Willow Grova, Pa 29:56.8 Richard Kimball, Concord, Ca 29:57.0 Mike Pinocci, Fremont, Ca 31:24.5 Mike Ruffato, Fremont, Ca 31:39.0 Guy Arbogast, Woodland Hills, Ca 42.0 Frank Bromberg, Birmingham, Ala:44.0

3000 METER STEEPLECHASE

Gordon Innes, Westwood, Ca	9:01.6	Scott Boyd, Ft Collins, Colo	9:12.0
Mike Irmen, Kent, Ohio	9:04.8	Rick Adams, Elba, Wash	9:19.0
Ron Addison, Cleveland, Ohio	9:06.1	Virgil Hurst, San Jose, Ca	9:22.1

120 HIGH HURDLES

LARRY SHIPP (LSU), third in last year's meet and fifth this year at the NCAA championships, won easily in the meet record time of 13.6. His teammate at LSU, ALLEN MISHER was second in 13.8 while a surprise third place finisher was BERNIE ALLEN (Harrisburg HS, Pa.) in the same time. Allen's time is the second best ever for a prep over the college highs. Only Rod Milburn's 13.7 is faster. The well-built 6-5 senior, whose best time over the three inch lower prep hurdles is also 13.8, seems well suited to the higher hurdles.

Non-qualifiers in the heats included MIKE KIRTMAN (Wilson HS, San Francisco), fifth in 14.5 and JOE MYATT (Plainfield HS, N.J.) fifth in his heat in 14.6. TOM ANDREWS (West HS, Bakersfield), the national prep leader at 13.6 was fourth in his heat at 14.5 but went unplaced in the final.

Larry Shipp, Baton Rouge, La	13.6	Reggie Blackshear, Metuchen, NJ 14.1
Allen Misher, Baton Rouge, La	13.8	Mike Johnson, Los Angeles, Ca 14.3
Bernard Allen, Harrisburg, Pa	13.8	Oge Williams, Wilmington, Ca 14.3

440 INTERMEDIATE HURDLES

HAROLD SCHWAB, who was third last year, had little difficulty in defeating the field. Running in lane two, the Penn State freshman started out slowly, seeming to size up the opposition as they raced down the backstretch. Coming out of the last turn he overtook the field and finished in an eased up 51.9.

Junior BILL BLESSING (Hillcrest HS, Dallas) was second in his heat in 53.3, but was unable to place in the final.

Harold Schwab, Philadelphia, Pa 51.9	Larry Gnatzig, Houston, Tex	52.9
George Haley, Jacksonville, Ill 52.5	Sam Butler, Cambridge, Mass	53.3
Brian Mondschein, Seattle, Wash 52.8	Todd Murphy, Ann Arbor, Mich	53.6

HIGH JUMP

This event held great promise with seven entrants who had cleared 7 feet during the season. Disappointment prevailed however as only CARL MILES (Long Beach CC, Ca.), the state JC champion this year and last year's prep champ, was able to negotiate that height (7-0).

Six other jumpers cleared 6-10 and when only ED FERN (Clemson) attempted and then made 6-11, the two who would make the team to Europe were determined.

Among those bunched at 6-10 was ROD RAVER (Mayo HS, Rochester, Minn.), who only two weeks earlier had cleared 7-1 in his state meet, to rank him fourth on the all time prep list.

Carl Miles, Long Beach, Ca	7- 0	Keith Quinn, Shawnee, Kans 6-10
Edward Fern, Clemson, So Car	6-11	Rod Raver, Rochester, Minn 6-10
Mark Branch, Knoxville, Tenn	6-10	Chris Schneider, Castro Vly, Ca 6-10

POLE VAULT

If you blinked twice you probably missed most of the competition. Only five jumpers cleared the opening height of 14-9.

WILL FREEMAN (Florida) somehow cleared 15-3 and eventually won with a personal best of 16-0. KEN HAAGEN (Cal Poly, San luis Obispo) cleared 15-3 for second.

In the group that placed third (all at 14-9) was EARL BELL from Jonesboro HS in Arkansas. The vaulters were hampered by a soft runway and adverse three to five mile per hour winds.

Will Freeman, Gainesville, Fla Ken Haagen, Los Angeles, Ca	16-0 15-3	Earl Bell, Jonesboro, Ark Grant Glackman, Tecumseh, In Ed Kulka, Ann Arbor, Mich	tie4-9 14-9 14-9
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LONG JUMP

Marks were well below expectation due to the same three to five mph winds that hindered the pole vaulters. Unheralded RICKY THOMPSON (Baylor) set a legal personal best of 24-10 1/4 in defeating his more publicized rivals. National high school record holder at 25-10 1/2, GERALD HARDERMAN (Edison HS, Fresno, Ca), who two weeks earlier had jumped a windy 26-0 I/.4, leaped only 24-9 3/4 but it was good enough for second. In third position was TED HAMMOND (Compton HS, Ca.) who owns the best legal jump by a prep in the nation this year (25-6 1/4).

Ricky Thompson, Waco, Tex	24-104	Alvin Brown, Sarasota, Fla	23-5
Gerald Hardeman, Bev Hills, Ca	24- 93	William Tate, Memphis, Tenn	23-5
Ted Hammond, Beverly Hills, Ca	24- 3	Ed Lennex, Pittsburgh, Pa	23-1

TRIPLE JUMP

ED LENNOX barely defeated his neighbor RON LIVERS (Eisenhower HS, Norristown, Pa.) 50-11 to 50-9. High school junior PAUL JORDAN (overbrook HS, Philadelphia) made it a sweep for the greater Philadelphia area when he went 49-8 3/4 for third.

JAMES MATHANIEL (Brown HS, Flushing, NY) and junior LOUIS TUCKER (Washington, Easton, Ca.) followed, as preps placed second through fifth.

Ed Lennex, Pittsburgh, Pa	50-11	James Nathaniel, New York, NY	49-03
Ron Livers, Norristown, Pa	50- 9	Louis Tucker, Fresno, Ca	48-81
Paul Jordan, Philadelphia, Pa	49- 84	Alvin Brown, Sarasota, Fla	48-6

SHOT PUT

RON SEMKIW (Arizona State), last year's champion and second this year in the AAU meet at Bakersfield, was an odds-on favorite. He didn't disappoint setting a new meet record and personal best of 64-1 1/4.

TERRY ALBRITTON, a recent product of Newport Harbor HS and now at Stanford, was second at 58-4 3/4, while JIM NEIDHART, who just graduated from the same school in Newport Beach, Ca., threw 55-7 for third, beating MIKE BU-DINCICH (USC) by a quarter of an inch.

Ronald Semkiw, San Jose, Ca	64-14	Mike Budincich,	Los Angeles, Ca	55-63
Terry Albritton, Newport Bch, C	58-43	Lonnie Shelton,		
Jim Neidhart, Newport Beach, Ca	55-7	Russell Vincent		54-31

DISCUS

The preps again found it difficult adapting to the college weights, as WALT PLUCKNETT (Missouri) won at 171-11. LONNIE SHELTON (Foothill HS, Bakers - field), who is 6-8 and weighs 240 managed 167-3 for third. Shelton, who will attend Oregon State on a basketball scholarship this fall, was all Central Section (California) in football and basketball, When he was not throwing the weights he had time to triple jump 47-7 1/2 (!). DAVE HICKSON (Leland HS, San Jose, Ca.), who led the preps for much of the season was 4th

Walter Plucknett, Columbia, Mo	171-11	Dave Hickson, San Jose, Ca	167-1
James Miller, Corvallis, Ore	168- 6	Brett Dull, Auburn, Ala	166-5
Lonnie Shelton, Bakersfield,C	167- 3	Robin Earl, Kent, Wash	162-6

JAVELIN

ROD EWALIKO (Washington) set a meet record of 243-11 to easily defeat BRUCE DOW from USC. BILL WILCOX (Holy Cross HS, New Orleans) threw a personal best 231-2, one inch better than ROBERT CUMMINGS (Pioneers TC, Pa.) to clinch third place.

Rod Ewaliko, Seattle, Wash	243-11	Robert Cummings, Philadelphia	231-1
Bruce Dow, Hillsboro, Ore	232- 1	Curt Heide, Corvallis, Ore	229-4
Bill Wilcox, New Orleans, La	231- 2	Jeff Carter, Eugene, Ore	216-4

HAMMER THROW

History repeated itself as ALVIN JACKSON (Penn State) once again defeated PHIL BARTLETT (Brown), who this year was the only other competitor. In last year's meet Jackson defeated Bartlett with a throw of 191-11. This year five of his throws were over 199 feet. At that time, both boys were just finishing their senior year at the same high school, Classical HS, in Providence , Rhode Island.

Alvin Jackson, Univ Park, Pa 202-1 Phillip Bartlett, Wash'ton, DC 199-5

10,000 METER WALK

This event was contested mainly on the flat streets surrounding the University of Florida. First to finish was RANDY MINN (Pennsylvania AC) followed by JIM PATTON (West Kansas TC).

Two youngsters from the Sierra Race Walkers, 17 year-old BRYAN SNAZELLE and 16 year-old BRAD BENTLEY placed third and fourth, missing the trip to Europe this year. But next year already looms on the horizon...

Randolph Mimm, Willinboro, NJ 51:45.1 Brad Bentley, Reno, Nev 54:25.0 James Patton, Philipsburg, Ka 52:16.6 Bryan Snazelle, S Raphael, Ca 52:18.0 Robert Rosencrantz, Seattle 55:10.0

This was the third Annual AAU boys and RRCA girls National Postal Mile Championship. In the previous two years, it was disputed in two sites, one in the East and the other in the West. In order to make this event more truly national in scope, it was increased to six sites in 1973: Corcoran (Ca.), Houston (Texas), Denver (Colo.), Saginaw (Mich.), Baltimore (Md) and Calcordillo (El.) Gainesville (Fla.).

There were some problems in coordinating the affair, especially in the selection of the date of the meet. The first week in June had always been the traditional date and it was alright as long as there were only two sections. As the number increased, conflicts with other scheduled events became apparent. The Western meet had to change its date to June 16 and other sites suffered greatly in overall participation.

However it was still quite successful, as close to a thousand young boys and girls took part, with Baltimore leading the parade with 380 athletes (it took 70 officials to handle it!) and Florida trailing with only 19.

HIGHLIGHTS AND FINAL COMBINED STANDINGS

NINE AND UNDER BOYS

MIKE ASSUMMA (Sports United Rialto, Ca) was the class of this division, as he came in 9 seconds ahead of his nearest pursuer. His 5:22.1 broke Kevin Knox's Age 9 all-time Best by .1 of a second. Mike had been the 9-

under Champ back in '71.

The west displayed the most power, taking 4 out of the 5 top places.
However, in the combined listing of the top 25 places (tabulated by our stat whiz Mark Zucker and which will appear in a special booklet soon to be mailed to every participant) it is the East (Baltimore) who came out ahead, taking 14 of the top 25 spots. The newly formed and up-and-coming track power in California, the CUPERTINO YEARLINGS took the team title.

MIKE ASSUMA	CORC.	5:22.1	ERIC CARLSON	CORC.	5:46
CRAIG HALL	BALT.	5:31.1	BOB RYERSON	BALT.	5:46.3
JIM SCATTINI	CORC.	5:31.3	KEVIN BURNSED	GAINES	. 5:48.5
GREG JONES	CORC.	5:37.2	TEAN	18	
JIGGS STEIN	CORC.	5:38.9	1-CUPERTINO YEARL	INGS, Ca	17:02
TED GOOD	BALT.	5:40.0	2-SPORTS UNITED R	IALTO, Ca	17:13
WENDELL SELLS	CORC.	5:45.5	3-SALINAS VALLEY	rc. Ca	17:16

TEN AND ELEVEN BOYS

JOHN SINGER (Saginaw TC) closed his tenure in this division registering a decisive victory. John was the only divisional leader not from an eastern or western section. Medford's LYNN COUCH, the 1971 9°& under winner, had to work hard for the runner-up spot, barely defeating the '72 nine & under champ STEVE BURKE of the Salinas Valley TC. 10 year-old Steve, with this performance (5:11.7), moved into 3rd place in the all-time Agel0 list. The LAUREL B & G CLUB, one of the top age group team in Maryland, took home the team title, three seconds ahead of the Sports United Rialto R.R., an established power in age group track.

JOHN SINGER	SAG.	5:06.6	TOM WILTISON	BALT.	5:21
LYNN COUCH	CORC.	5:11.5	TIM McCARTHY	BALT.	5:22
STEVE BURKE	CORC.	5:11.7	ROY EDDIE	CORC.	5:22.7
TODD KNOX	CORC.	5:12.2	TEAMS		
BRIAN O'CONNOR	BALT.	5:13.4	1-LAUREL B & G CLUB,	Md	16:14.6
GEORGE COTTER	BALT.	5:19	2-UNITED AA, N.Y.		16:17.7
JONATHAN LANTRY	CORC.	5:19.3	3-SALINAS VALLEY TC.	Ca	16:23

TWELVE AND THIRTEEN BOYS

Never has this observer seen such talented propects coming from one division. Imagine having to run under 4:50 to place in the top five, 4:54.4 only good enough for tenth place and 5:00.4 for 20th position and with 18 runners breaking the 5:00 "barrier"!

RANDY WHITE of the Wasco Wildkats, the leader in this event all year, came trough with top honor in a personal best of 4:45.7, 3rd best mark all time. Appaloosa's MIKE TAMBINI and DENNIS FOX (Bakersfield) gave him a run

time. Appaloosa's MIKE TAMBINI and DENNIS FOX (Bakersfield) gave him a run for his money, with the race decided on the last lap. George Miller's Shore A.C. team of JERROLD LAMBERT (3rd), MATT KELCH (4th) and RICHARD BOLLINE (14th) took home to New Jersey the team trophy, defeating by a substantial margin the always dangerous Wasco Wildkats of California. Last year's lower division winner 12 year-old CHUCK ASSUMMA, was a sensational 6th placer in 4:50.4 (!), while his twin brother FRANK had a slight off day (4:56). Another set of terrific twins, TODD and MARK McCALLISTER from Illinois, went 1-2 at Saginaw, engaging in brotherly duel throughout their race, resulting in 7th and 8th place in the overall standing.

To note: Tallahassee's HERB WILLS solo win in Florida (5:00.4) and BRIAN MORTON's high altitude performance in Denver (5:20.2).

DANDY MITTER	CORC.	4:45.7	MARK McCALLISTER	SAG.	4:52.4
RANDY WHITE MIKE TAMBINI	CORC.		FRED DEL ROSSI	BALT.	4:53.3
JERROLD LAMBERT	BALT.		EDDIE LUJAN	CORC.	4:54.4
MATT KELSH	BALT.		TEAMS		4.54.4
DENNIS FOX	CORC.	4:49.4	1-SHORE AC, N.J.		13:50.1
CHARLES ASSUMA	CORC.	4:50.4	2-WASCO WILDKATS,	Ca	14:35
TODD McCALLISTER	SAG.	4:51.9			15:07

We had intended to illustrate the pages of the National Postal Mile with some very fine photographs that had been taken specifically for that purpose. However, as you can see, the double page spread reserved for this event is just filled to the brim. We have all the intention to utilize the pictures, and you can look forward to an interesting photo layout of the meet in a coming issue of STARTING LINE.

FOURTEEN AND FIFTEEN BOYS

There were some outstanding performances in this division. On an individual basis, GEORGE AGUIRRE of Club West Jr. (Santa Barbara, Ca.) had an exceptional 4:30.2 in winning it all. Denver, however, might have provided us with best. Just remarkable were the times of MARK SINCLAIR (Jefferson TC) and ED BUNDY (Cheyenne TC) in the rarefied air of the high altitude of the Denver site. Ed and Mark ran head to head the whole way, both boys finishing in a lung-bursting 4:36.0, good for 4th and 5th place. The SHORE AC team of New Jersey showed its strength again, with BRIAN PENN, 14 year-old ROB AMITRANI (who tied for 5th with PHIL VANETTE, the Saginaw section winner) and RICH PARK gaining a tight victory over CLUB WEST Jr's surprisingly strong team.

				strong	

GEORGE AGUIRRE	CORC.	4:30.2	BRIAN KELLEY	BALT.	4:37.7
BRIAN PENN	BALT.	4:34.8	RICH PARK	BALT.	4:37.8
MARK SINCLAIR	DEN.	4:36.0	JOHN POLZIN	SAG.	4:39.9
ED BUNDY	DEN.	4:36.0	TEAMS		
PHIL VANETTE	SAG.	4:37.1	1-SHORE AC, N.J.		13:49.7
ROB AMITRANI	BALT.	4:37.1	2-CLUB WEST JR., Ca		13:55
WALTER BRIDGES	CORC.	4:37.4	3-ROANOKE VALLEY TC,	Va	14:15.8

CAROL LANTRY of the Blue Angels TC, Ca., was too much for anyone, as she was an out-of-reach winner, some 13 seconds ahead of second placer. Her time was the best ever recorded for a girls her age (5:33.2). a much improved CIMI RUDERMAN (SURRR) followed in her wake just edging out Cupertino's MAGGIE STEIN (her brother JIGGS placed 5th in the boys group). Fleet Feet TC's ANN BERRY was the only non-western runner to place in

the top ten, as the west completely dominated. Ann is to be commended for her solo effort in her area, earning a well deserved 4th overall.

The very strong Rialto, Ca. team was an easy victor, with almost one minute to spare.

CAROL LANTRY	CORC.	5:32.2	JULIANNE DURAN	CORC.	6:02
CIMI RUDERMAN	CORC.	5:46.1	ANGELA JOHNSON	CORC.	6:03
MAGGIE STEIN	CORC.	5:46.7	TAMMY FRYE	CORC.	6:03
ANNE BERRY	SAG.	5:47.5	TEAL	MS	
CINDY NUNEZ	CORC.	5:52.4	1-SPORTS UNITED R	IALTO, Ca	17:34
VICKY COOK	CORC.	5:59.9	2-FLEET FEET TC.	Mich	18:30
LENELL WASKOW	CORC.	5:56	3-SPORTS INTERNAT	IONAL, D.C.	18:48.4

TEN AND ELEVEN GIRLS

Last year's champ in this division CORINNE NUNEZ tried in vain to do a repeat performance, but was outmatched by her rival and teammate DONNA SANCHEZ (both from Rialto). Corinne had run a 5:15.0 this year and had 5 second edge on Donna before this race. MARI GIBBS, who finished 4th, had also a better time entering this event.

In terms of pure performance, third placer MONICA SHERWIN (Sports International) was certainly outstanding, as she ran 5:25.0 in her solitary win-

ning effort in the east.

The team of the SPORTS UNITED RIALTO R.R. placed five girls in the seven top spots to just pulverize all opposition.

DONNA SANCHEZ	CORC.	5:20.9	LESLIE ROSE	SAG.	5:42.8
CINDY NUNEZ	CORC.	5:24.3	KAREN WHIPPLE	CORC.	5:43
MONICA SHERWIN	BALT.	5:25.0	BECKY GOMEZ	CORC.	5:45
MARI GIBBS	CORC.	5:26.3	TEAMS		
SUSIE SANCHEZ	CORC.	5:28.4	1-SPORTS UNITED RIA	LTO, Ca	16:14
KIM MacMILLIAN	CORC.	5:29.2	2-SPORTS INTERNATION	NAL, D.C.	17:39.3
LAURIE JOHNSON	CORC.	5:38	3-JETS , Pa		18:05.9

TWELVE AND THIRTEEN GIRLS

The fight for the top three position took place in the west, with JANET BURNS (San Jose Cindergals), JAMIE BOWEN (Lakewood Spartans) and DIANNE KARG (Wasco Wildkats) setting the pace. Janet had plenty left, bursting forth in the last quarter for a personal best 5:14.7 to take high honor in this division. The next two places went to highly promising gals of the Long Island Golden Spikes (NY). 12 year-olds NANCY FRANK and KELLY O'TOOLE provided the best race of the day in Baltimore, as they both surged from near the end of a pack of nine girls that were still in contention in the first turn of the last lan, to power their way into the lead with Nancy barely holding off a pack of nine girls that were still in contention in the first turn of the last lap, to power their way into the lead, with Nancy barely holding off Kelly at the finish, in a decision that took several minutes to resolve. Their team placed five girls in the top ten at the eastern site, and ended a strong second overall to the SAN JOSE CINDERGALS.

MARY ANN OPALEWSKI of the Saginaw TC had no competition in Michigan, making her seventh place finish so much more commendable.

JANET BURNS	CORC.	5:14.7	RONELL POWELL	CORC.	5:21.9
JAMIE BOWEN	CORC.	5:16.4	JILL HAWORTH	BALT.	5:24.0
DIANNE KARG	CORC.	5:20.0	PAM BOWERS	CORC.	5:24
NANCY FRANK	BALT.	5:20.8	TEAMS		
KELLY O'TOOLE	BALT.	5:20.9	1-SAN JOSE CINDERGA	LS, Ca	16:01
PENNY BRIDGES	CORC.	5:21.2	2-L.I. GOLDEN SPIKE	S. N.Y.	16:08.9
MARY ANN OPALEWSKI	SAG.	5:21.4	3-SPORTS INTERNATIO		

FOURTEEN AND FIFTEEN GIRLS

The girls from the east were clearly the masters in this division, as the western top gals were busy elsewhere. Internationalist and one of the top distance runner in the country ROBIN CAMPBELL (SPI) coasted for three laps into a 63.0 last quarter, to easily capture the title. Robin had been the 12-13 postal mile Champ in 1971.

MARELENE HAREWICZ of Mount Lebanon, Pa., ran a good race in defeating ROBIN HOLLIDAYOKE (SPI) and ANNA TROTTA (LIGS) for second overall position

14 year-old JOANNE SINGER, a member of the talented Singer family of Saginaw, showed definite signs of becoming a threat in this division, taking 5th place in the overall standings.

ROBIN CAMPBELL	BALT.	5:04.7	PAULA DRISCOLL	DEN.	5:41.7
MARLENE HAREWICZ	BALT.	5:14.9	MERCY LEAL	CORC.	5:51.5
ROBIN HOLLIDAYOKE	BALT.	5:16.9	JOCELYN SKELLY	SAG.	5:53.5
ANNA TROTTA	BALT.	5:20.3	CAROL RYAN	CORC.	6:01.0
JOANNE SINGER	SAG.	5:26.3	TEAM	IS	
ELLA WILLIS	SAG.	5:29.5	NONE		

Boys 9-Under (77 ran) Craig Hall, Cav 5:31.1 Ted Good, Sp Int 5:40.0 Bob Ryerson, Lau 5:46.3 Dan Perkins, Lau 5:50.9 John Gailey, ML 5:52.3 Lincoln Stehle, DCY :55.0 Ron Geisler, Uni 5:56.3 Chris Athey, Lau 5:59.0 Bruce Montigney, L 6:01.5 Jim Huber, Lau 6:01.7 Carlos Martinez 6:02.4 Brian Kiernan Lau :03.0 David Dickey, DCY 6:03.2 Bob Ward, DCY 6.05.0 John Sheppard, Lau 6:06.0 Steve Corrin, Uni 6:06 John Keane, Uni 6:07 6:07 Kevin McGuroy, NHP 6:11.6 Charles Jackson, DCY 12.0 Harry Schreiner, Uni 12.8 Mike DiTommaso Uni 6:17 Joseph O'Connor, PBC 6:20 Paul Hynes, Lau 6:21 Karlton Kim, Uni Andy Powderly, Uni 6:22

Leading Teams (3 boys) Laurel B&GC DC CYO United AA

Boys 10-11 (60 finished) Brian O'Connor, Sh 5:13.4 George Cotter, Lau 5:19
Tom Wiltison, Lau 5:21
Tim McCarthy, Uni 5:22 Tim McCarthy, Uni Sean Roche, Uni 5:23.7 Lester Lyles, DCY 5:24.4 Gene Mirkin, SpIn 5:24.5 Ronald Zich, DCY 5:26 Pete DeNino, Uni 5:32.0 Chris Sherwin, SI 5:33.2 Bruce Trout, Lau 5:34.3 Ernie Schultz 5:34.7 Tim O'Toole, Uni 5:37.5 Vin Rom, Uni Will Parshall Reginard Dees, DCY 5:42.8 Mark Wilson, GrHo 5:42.8 Chris Heimback, NJ 5:45.2 Robert Willis, StFr :46.7

Leading Teams (3 boys) Laurel B&GC 16:14.6 United AA 16:17.7 DC CYO 16:33.2 Sports Intl 16:45.8

Boys 12-13 (74 finished) Jerrold Lambert, Sh 4:47 Matt Kelsh, Shore 4:47.7 Fred Del Rossi GT 4:53.4 Richard Bolline, Sh 55.4 Tim Murray, JB 4:59.3 Jerry Stoll, Uni 4:59.3 Michael Dees, DCY 5:00.4 Rich Moore, Uni 5:04 Neil Carmody, Uni 5:04.6 Vin Hogan, GT 5:06 Joe Willis, NJ 5:06 John Carraccilli, Osw :10 Brett McClean Glen Blaszkiewicz, JB13.9 Steve Ross, Oswego 5:15 Peter Williams 5:15.4 Frank Mack, Charles 5:16 Jay Engel, Uni 5:16.4 Tom Noel, SI 5:17 John Sheppard, Lau 5:19 Stu Weeks, DC RRC 5:19.1 Robert Crane, Ch 5:22.9 Doug Graham, RV 5:23

Leading Teams (3 boys) Shore AC 13:50.1 United AA 15:07.9 Golden Torch TC :35.9 DC CYO Joy Boys 16:36.2 Roanoke Vly TC 16:42

Boys 14-15 (32 finished) Brian Penn, Shore 4:34.8 Rob Amitrani, Sh 4:37.1 Brian Kelley, Mass 4:37.7 4:37.8 Rich Park, Sh Gary Barba, RV 4:39.8 Mark Hunter, RV 4:40.6 Brian Clancy, Sh 4:40.8 Craig Staffeldt,Ct:49.0 Mike Huffman, RV 4:55.4 Bill Strickler, RV 4:57.4

Leading Teams (3 boys) Shore AC 13:49.7 Roanoke Vly TC 14:15.8 Oswego RR 15:33.1

Girls 9-Under (28 ran) Tracy Grant, SI 6:03.9 Tanya Richardson, Pad10.5 Sherri Graham, RV 6:14.9 Val Fisher, Pad 6:16.0

LI Golden Sp'k 19:35.5

Girls 10-11 (41 finished) Monica Sherwin, SI Judy Shaffer, Jets 5:48.7 Linda Kizale, Suf 5:49.0 Sue Johnson, Jets 5:50 Patti Dunn, LIGS 6:01.4 Val Hollidayoke, SI:05.5 Tita Lewis, SI 6:09.3 Ver. Gallasham, Pad :11.1 Tarin Harrar, Amb 6:11.5 Rosie Richardson, P:16.2 Diane Donnely, Suf 6:17.8

Sports Intl Jets (Pa) Suffolk AC 18:05.9 18:35.9 LI Golden Sp'k 18:57.1

Girls 12-13 (44 finished) Nancy Frank, LIGS 5:20.8 Kelly O'Toole, LIG 5:20.9 Jill Haworth, SI 5:24.0 Rhonda Ross, Suf 5:26.3 Robin Fey, LIGS 5:27.2 Maureen Dunn, LIGS :29.8 Pam Dutton, Pad 5:30.3 Aileen O'Conner, SI :32.2 Sue Gailey, ML 5:34.0 Doreen Combs, LIGS 5:41.0 Beth Gailey, ML 5:41.7

Leading Teams (3 girl) LI Golden Sp'k 16:08.9 Sports Intl 16:42.4 Suffolk AC 18:40.8 College Pt AC 18:53

Girls 14-15 (9 finished) Robin Campbell,SI 5:04.7 Marl. Harewicz, ML 5:14.9

obin Schaeffer, SI :20.5
ue Fey, LIGS 6:22
mme Leale, LIGS 6:22.5
an Mirkin, SI 6:24.0
herrie Sharpe, Pad :24.0
ynthia Zich, DCY 6:26.0
eading Teams (3 girl)

Leading Teams (3 girl)

Rob.Hollidayoke, SI:16.9 Anna Trotta, LIGS 5:20.3

Houston, Texas MEET DIRECTOR / NEIL PICKEN JUNE 2

fin.)
6:27
6:36
6:41

Boys 10-11 (6 finished) Craig Smajstrla(10) 5:36 Bobby Pippin 5:58

Boys 12-13 (1 finished) Fred Miller, La 6:08

(4 fin.) Girls 9-Under (4 fin.) Claudia Miller(8) La 6:42 Terri Smajstrla (8) 7:58

Girls 10-11 (3 finished) Cathy Miller, La Carla Miller(10) La 7:14

Girls 12-13 (1 finished)

Boys 14-15 (16 finished) Raphael Green, GG Marty Froelick Ron Mucci 4.45 Randy Payne 4:46 Mike Huebner, GG Gary McClung 4:55 John Barbosa 4:56 Mike McGregor(14)GG 4:57

Leading Team (3 boys) Green's Gazelles 14:24

Denver, Colorado

JUNE 2

MEET DIRECTOR / DICK HAGGERTY

9-Under Tom Ray, Jeffco 6:25.2 Darrel Boykin, DPAL :27.0 Rudy Germany, DPAL 6:29.8 Dave Shields, DPAL 6:30.6 Tom Young, Jeffco 6:34.7

Leading Teams (3 boys) Denver PAL 19:07.4 19:49.8 Jeffco TC

Boys 10-11 (8 finished) Terry Whitney, DP 5:53.1 Vincent White, DP 6:00.6 Chris Turner, DPAL 6:13.8 Ken Huston, DPAL 6:21.6 Joe Culver, Jeffco 6:27.0

Leading Teams (3 boys) Denver PAL Jeffco TC 20:38.7

Boys 12-13 (16 finished) Brian Morton, DPAL 5:20.2 Randy Bridwell, FtC 24.4 Dean Christian, DPAL 27.1 Jessie Espinoza 5:30.1 Dan Coleman, Jfco 5:41.7 Pat Gersick, Pueblo :42.6 Peter Kopp, RMRR 5:46.7

Leading Teams (3 boys) Denver PAL 16:55.5 18:08.5

Boys 14-15 (14 finished) Mark Sinclair, Jfc 4:36.0 Ed Bundy, Chey 4:36.0 John Montoya, Pueblo 55.0 Kevin Pfefferle, Ch: 59.1 Rick Bishop, Chey 4:59.8 James Walker, DPAL 5:09.9

Leading Teams (3 boys) Cheyenne TC 14:34.9 14:34.9

Girls 9-Under (1 ran)
Joanne Jaramilla 7:17.1

Girls 10-11 (6 finished) Susie Jaramilla, CP6:30.5 Debby Taylor, CP 6:36.9

Leading Team (3 girls) Colo Pacers 20:11.2

Girls 12-13 (4 finished) Robin Caster, CP 5:43.0 Norma Howitt, CP 6:15.1

Leading Team (3 girls) Colo Pacers 18:47.4

Girls 14-15 (1 finished) Paula Driscoll, Pu 5:41.7

Boys 9-Under (15 fin.) Mike Assumma, SURR 5:22.1 Jim Scattini, SV 5:31.3 Greg Jones, CY 5:37.2 Jiggs Stein, CY 5:38.9 Wendell Sells, SV 5:45.5 Eric Carlson, CY Mark Butcher, SURR Dennis Moody, SURR Dave Burke, SV 5:53 James Cunningham, SJ 6:08 Sam Ray, DCD Rick Hall, DCD 6:12

Leading Teams (3 boys) Cupertino Y'rlng 17:02 Sports United RR 17:13 Salinas Vlv TC 17:16 Duke City Dasher 19:12

6:17

Boys 10-11 (25 finished) Lynn Couch, S Ore 5:11.5 Steve Burke, SV 5:11.7 Todd Knox, WW 5:12.2 Jonathan Lantry, BA :19.3 Ray Eddie, SJ 5:22.7 Raymond Cook, SURR 5:23 Robt. Martinez, RCS 5:26 Tim Sanchez, DCD 5:28 Eric Padilla, DCD 5:33 Steve Feeley, Pl Hl 5:34 Bill Casper, SV Tim O'Donnell, SJ Jackie Kent, WW 5:39 5:47 Benny Sells, SV Tom Cunningham, SJ David Ruiz, SURR 5:48

Leading Teams (3 boys)
Salinas Vly TC 16:23
San Juan TC 16:49 16:49 Sports United RR 17:02 Wasco Wildkats 17:08 Duke Cty Dashers 17:19

Boys 12-13 (30 finished) Randy White, WW Mike Tambini, App 4:47.6 Dennis Fox, Bkfld 4:49.4 Charles Assumma, SUR 50.4 Eddie Lujan, WW 4:54.4

Shawn Shambaugh, WW 4:55 Kevin Knox, WW 4:55 Frank Assumma, SUR Curtis Sells, SV 5:02 Scott Porter, SJ 5:02 Tom Williams, SJ 5:08 Bill Davis, SV Stan Hughes, Mat'ngo 5:10 Ed Burke, Or'gvw JH 5:11 John Hurd, SV 5:12 Bobby Kadie, SJS Mike Houghton, WW 5:14

Manuel Aguirre.Corc 5:14

Leading Teams (3 boys) Wasco Wildkats 14:35 Salinas Vly TC 15:23 Pleasant Hill TC 16:14 Duke Cty Dashers 16:20 Boys 14-15 (21 finished) George Aguirre, CW 4:30.2 Walter Bridges, SUR: 37.4 David Cortez, RCS 4:40.4 Larry Toff, SURR 4:41.4 John Schumacher, CW: 42.1 Mark Catlett, CW 4:43 Conner Taylor, RC 4:48 Scott Hunter, Boron 4:48 Steve Blemker, OV JH :50 Richard Martinez.RC 4:55 John Orosco, Corc 4:57

Leading Teams (3 boys) Club West Jrs 13:55 Sports United RR 14:20 Girls 9-Under (16 fin.) Carol Lantry, BA 5:33.2 Cimi Ruderman, SUR 5:46.1 Maggie Stein, CY 5:46.7 Cindy Nunez, SURR 5:52.4 Vickie Cook, SURR 5:55.9 Lenell Waskow, SUR 5:56 Julianne Duran, RG 6:02 Angela Johnson, SUR 6:03 Tammy Frye 6:03 Wendy Bigham, SUR Paula Cobb, SUR Krista Campbell, RG 6:26 Tonya Butler, RG 6:26 Leading Teams (3 girls) Roseville Gaz'ls 18:54

Girls 10-11 (25 finished) Donna Sanchez, SUR 5:20.9 Corinne Nunez, SUR 5:24.3 Mari Gibbs, LsAngTC 26.3 Susie Sanchez, SUR 5:28.4 Kim MacMillan, SUR 5:29.2 Laurie Johnson, SUR 5:38 Karen Whipple, CY 5:43 Becky Gomez, SURR 5:45 Terri Lorenz, SURR 5:46 Brenda Hoskins, RG 5:47 Jessica Waskow, SUR 5:47 Sandra Beauchamp, RG 5:57 Barbara Colunga, SUR 5:57

Leading Teams (3 girl) Sports United RR 16:14 Roseville Gaz'ls 18:08

Jamet Burns, SJC 5:14.7 Jamie Bowen, Lkwd Sp 16.4 Dianne Karg, WW 5:20.0 Penny Bridges, SUR 5:21.2 Ronell Powell, SJC 5:21.9 Pam Bowers, SJC Jody Cobb, SV 5:24 Suzanne Greenberg SIC 26 Jill Linebarger, SCC 5:33 Peggy Stok, RCS Celia Duran, RG 5:43 Victoria Jones, SJC 5:44 Karen Stok, RCS 5:45

Leading Teams (3 girl) S Jose Cindergals 16:01 Sports United RR 17:13 Roseville Gaz'ls 17:39

Girls 14-15 (6 finished) Mercy Leal, Corc 5:51.5 Carol Ryan, Mojave 6:01.0

Saginaw, Michigan JUNE 2 MEET DIRECTOR / ROGER HANSON

Boys 9-Under (21 fin.) Chris Caudell, DS 5:53.4 Bernard Call(8) Sag 6:17 Mike Todd, Ohio TC Kevin Behnke, Sag 6:19.9 Steve Shanton, Ohio 6:21 Bob Halm, Sag 6:30 Ken Shemanski, Sag 6:32 Jon Beasley (7) Ind 6:37

Leading Team (3 boys) Saginaw Vly TC Ohio TC

Boys 10-11 (26 finished) John Singer, Sag 5:06.6 Hugh Piggins, TO 5:23.4 Dennis Harden, Sag 5:33.3 Phillip Runyon, TO 5:43 Scott Beasley, Ind 5:44 Mark Cotner, Ohio 5:50.8 Steve Eisnaugle, 0h 5:54 Bob Luth, Sag 5:59.8 David Hoy, TO 6:00 Tom Lascola(10) Oh 6:02

Leading Teams (3 boys)
Saginaw Vly TC 16:39
Trinity Opt (Can)17:06
Ohio TC 17:47

Boys 12-13 (35 finished) Todd McCallister, 11 4:51.9 Mark McCallister, I1 52.4 4:54.8 Eddie LeBair Mike Singer, Sag 4:59 Richard Marencic, HJH5:02

Mike Diment (12) Ia 5:03 John Settle, TO 5:06 Kevin Butler, Oh TC 5:07 Scott Dahm(12) KS 5:08 Chris Wakeford, OhTC 5:12 Chris Hohl, KS 5:16.2 Craig Bell, Sag 5:18 Dan Callahan, Sag 5:22 John Wallace(12) Oh 5:23

Leading Teams (3 boys)
Saginaw Vly TC 15:39
Ohio TC 15:42 Kettering Str(Oh)16:07 Howell JHS 16:17 Trinity Opt(Can) 16:31 Boys 14-15 (30 finished)

Phil Vanette John Polzin, Sag 4:39.9 D.J. Couture 4:40.3 Tony Provenzola, Wol 4:42 Rob Johnson Chuck Huebner, Sag 4:53 Tom Veitengruber 5:00 5:01 Joel Vogelzang James Lake (14) Sag 5:02

Leading Team (3 boys) Saginaw Vly TC 14:35

Girls 9-Under (24 fin.) Anne Berry, FF 5:47.5 Nadine Dahm, KS 6:10.8 Michaela SkellyFF 6:14.9 Lori Smits, FF 6:28 Fran Dorsey, MotorCt 6:33

Megan Newman, Sag 6:35.4 Beth Chamberlin, FF 6:36 Cathy Berry (7) FF 6:40

Leading Teams (3 girls) Fleet Feet TC 18:30 Trinity Opt'st 20:29

Girls 10-11 (20 finished) Leslie Rose, Lipke 5:42.8 Kathy Diment, Ia 5:54.5 Wendy Kellogg, FF 6:05.8 Barbara Diment, Ia 6:07 Kimberly Shanton, Oh 6:09 Karen Bigham(10) TO 6:11 Carol Molesky, Sag 6:16 Beth Huff, FF 6:19 Lori Schafer (10) Wol 6:29

Leading Teams (3 girls) Fleet Feet 19:33 Lipke TC Tr Optimist (Can)19:42

Girls 12-13 (16 finished) Mary Cpalewski, Sg 5:21.4 Roch. Collins(12) MC 37.2 Kelly Yesmunt(12) FF 5:55 Cindy Kressler, FF 5:56 MaryAnn Fetterolf,FF 5:58

Leading Teams (3 girls) Motor City PAL 18:14

Girls 14-15 (5 finished) Joanne Singer (14) 5:26.3 Ella Willis, Lipke 5:29.5

Gainesville, Florida JUNE 2

Boys 9-Under Kevin Burnsed Andrew Wills (8) 6:14.2 Steve Barras, Troy 6:25.7

Boys 10-11 Dwayne Combs (10) 5:48.4 Ken Messick, Troy 6:09.2

Ted Ballard, Rwlgs 6:16.1

Boys 12-13 Herb Wills 5:00.4 Paul Oswald, Troy 5:34.5

Boys 14-15 Larry Grant(14)Tr 5:12.4 Paul Arnold, Lk Ct 5:28.4

Girls 9-Under Phoebe Cade, PlPed 7:10.0 Katherine Martin 8:26.6

Karen Smith, LkCty 8:49.3 Vicki Moon, Lk Cty 9:07.5

MEET DIRECTOR / KEN BURNSED

Emily Cade, Pl Ped 6:01.0 Cathy Buskette, LC 6:48.5

Girls 12-13 Girls 12-13 Mary Jo Dunlap, PP 6:27.5 Po+ti Sobanko 6:27.5 Karlyn Gansel, LC 7:42.

1

Certainly the most competitive age group meet ever was highlighted by a host of fantastic sprinting performances as well as breathtakingly close competition

Tormances as well as preathtakingly close competition in the distance, jumps and weights.

After ten hours of competition it would be hard to single out individual standouts, because there were so many fine young athletes from nearly every section of the country. This despite the fact that a few 14-15 eligibles limited their competition, having already qualified for international teams.

Among the sprinters who made their marks were: tall LISA SHERRILL of Brooklyn who ran six/tenth fas-ter than any other eleven year-old ever has for a 440; ter than any other eleven year-old ever has for a 440; SHERRYLYNN BROWN of Columbus, Ohio, who did the same as a twelve year-old; DENISE ROBERSON of Philadelphia, who ran a faster 220 than any other fourteen year-old except Pat Benson. Denise also tied for first with ISABELLE HARTFORD (New Orleans) in the 100; LAURIE BLANCHARD from the metropolitan Chicago area and MARILYN JOHNSON of Denver, who edged the fastest 12-13 sprinters ever in the 100 and 220, respectively. Maybe the mostest of the swiftest was eight year old TANYA DAWKINS of Los Angeles, who started slowly

old TANYA DAWKINS of Los Angeles, who started slowly but finished fast to sweep all three 9-under sprints, including a startling 66.1 in the quarter.

Most dominant individual was Boulder, Colorado's SONYA HARDY in both 12-13 hurdle races. SUSAN WHITE from Washington, DC, likewise outclassed the field in the 14-15 300 meter hurdles and along with Sonya set high standards in the new age group events. Most im-proved was possibly KIM TRAVERS from West Pennsylva-nia, who tossed the discus 130 feet in the 14-15 class.

KATHY MINTIE, who has quietly become the fastest 12-13 miler ever, completely outclassed her field.

ROBIN PERRY and KATHY ADAMS had quite a race in the 14-15 mile, as they were separated by less than a tenth at the finish. Westerner CAROL LANTRY (an"old" nine) scooted past easterner KIM GALLAGHER (a "young" nine) in a fascinating 9-under half-mile.

There were eight 12-13 high jumpers over 5 feet and the young Race Walkers were faster than ever before. The Road Runners of Sports United-Rialto had more placings than anyone, but nearly everyone entered got into the act.

Only the vast number of events and the high standard in all of them, prevented the girls in each event from being appreciated fully.

Meet Director CALVIN BROWN was his usual able and affable self. Indeed it was quite a day.

Girls 9-Under

100 yard Dash (in flights) LaTanya Dawkins, LA Jets Lisa Nesbitt 12.7 Rita Hariston, M Missiles 13.2 Tracee Hackett, Ambler OC 13.2 Stacey Granger, WC Jets 13.3 Trisha Wilson, Travelers 13.4

220 yard Dash (in flights) LaTanya Dawkins, LA Jets 29.3 Latrice Hunter, Dvr Flyer 30.4 Tracee Hackett, Ambler OC 30.5 Rita Hariston, M Missiles 30.9 Nitcka Granger, WC Jets 31.3 Setanie Farley, Bl Angels 31.3

440 yard Dash (in flights)
LaTanya Dawkins, LA Jets 66.1
Dawnella Jones, Dvr Flyer 70.4 Tracee Hackett, Ambler OC 71.3 Angela Johnson, SURR 71.6 Mary LeMaster, Alb'que TC 72.7 Lisa Johnson, SURR 73.3 Susan Metcalf, Orange Cst 73.5 Kim Shaffer, Vly of Sum 75.1

880 yard Run (in flights) Carol Lantry, Bl Angels 2:30.7 Carol Hantry, BI Angels 2:30.7 Kristi Wilson, Bl Ang'l 2:35.9 Andrea Kirkorn, IM Meteor 36.0 Cimi Ruderman, SURR 2:39.2 Danielle Mojica, SCC 2:40.1 Victoria Cook, SURR 2:42.0 Diana Hafen, SC Cheetah 2:42.4 Lenell Waskow, SURR 2:43.3 2:43.9 Cindy Nunez, SURR Cindy Plumlee, DC Dashers 46.0 Kelly McElroy, SURR 2:46.0 Kelly McElroy, SURR Christine Silva, DCD

High Jump Cezanne Fritz

Jill Gillingham, Bl Angel 4- 0

Alb TC

4- 2

4- 2

4- 2

4- 2 Tina Brown, S Barbara GTC 3-10 Crystal Reese, Oxnard TC 3-10

Long Jump Lisa Nesbitt Brenda Wagner, S Rosa St $12-6\frac{3}{4}$ Tina Brown, S BarbaraGTC $12-1\frac{1}{2}$ Kelly Cerda, Orange Cst 12-1

4 x 110 yard Relay Dvr Flyers 58.8 Sp Un RR 61.8 Alb'que TC 61.0 WC Jets 61.8

4 x 220 yard Relay D Flyers 2:08.0 SURR 2:10.1 Bl Angel 2:09.7 Alb TC 2:11.5

Girls 10-11

100 yard Dash (in flights) Vickie Gunn, Community TC 11.7 Joyce Bowie, S Barbara TC 11.9 Tanya Willis, Orange Cst 12.1 Karen Williams, M Missile 12.1 Pat McFall, Orange Coast 12.4 Kim White, Berkeley TC 12.4

220 yard Dash (in flights) Vickie Gunn, Community TC 26.7 Lisa Sherrill, Atoms TC 26.9 Karen Williams, M Missile 27.5 Ann Regan, Integra TC 27.9 Tanya Willis, Orange Coast 8.1 Erin Pike, LaMir Meteors 28.2

440 yard Dash Lisa Sherrill, Atoms TC Ann Regan, Integra TC Debbie Kainz, SC Cheetahs 63.1 Josephine Riley, SURR 63.2 Wendy Allum, Berkeley TC 64.7 Sandra Tatum, DC Dashers 64.7 Lisa Peters, SC Cheetahs 64.9 Pam Murray, DC Dashers 65.0

880 yard Run (in flights) Kristine Taylor, SL'ndro 2:24.0 Tracy Bear, DC Dashers 2:25.9 Patricia Lujan, Alb TC 2:27.4 Corinne Numez, SURR 2:27.4 Ruth Anderson, Alb TC 2:27.5 Chris Stoiloff, LsAngTC 2:28.9

Sandy Beach, Alb'que TC 5:16.6 Michele Waters, SC Ch'tah 19.2 Mari Gibbs, LosAngeles TC 23.2 Deanna Coleman, E'side TC 23.9 Monica Sherwin, Sp Intl 5:26.9 Donna Sanchez, SURR 5:30.2 Aliza Zucht, DC Dashers 5:38.4

50 yard Hurdles (30") (flight) Erin Pike, LaMirada Met'rs 7.8 Laurie Carroll, S Barbara 8.1 Kathy Bower, Lomita TC 8.2 Barbara Davis, Fred'k T&FC 8.4 Terri Smithey, LB Comets Deb Yohn, Poison Spider TC 8.6

High Jump Mary Sedall, AlbuquerqueTC 4-8 Terri Smithey, LB Comets 4-8 Pam Passarello, LM Meteors 4-8 Lisa Peters, SC Cheetahs .4-6
Dawn Freeman, Vly of Sun
Kelly Hoban, Lomita TC
Sue McNeal, La Jolla TC

**14-4*

Long Jump Joyce Bowie, S Barbara Erin Pike, IM Meteors 15-10 Cynthia Rhodes, Mesa TC 15-7½ Cass Griffin, La Jolla 15-4 Janette Windle Denise Gowdy, Mesa TC 14- 612

Shot Put (6 pound) Jackie Nelson, OrangeCst 35-44 Kim Wykoff, Vly of Sun 32-0 Christina Ault, JfcoJets 29-02 Keane Kinney, S Rosa St 28-11 Kathy Travers, Mt Leb 27-8 Susan Ray, Orange Coast 27-71

One mile Walk Joyce Brodock, SURR Jessica Waskow, SURR Becky Gomez, SURR 9:07.8 9:25.8 April Hickey, Bl Angels 9:32.3 Charlene McGinley, Lomita 36.4 Vicky Flores, SURR 9:47.4 Dawn Freeman, Vly of Sun :52.3 Lori Stevens, Bl Angels 9:52.8

4 x 110 yard Relay Orange Cst 54.1 Alb TC 54.9 M Missiles 54.2 Berkeley 55.0 880 med Relay (220,2x110,440) Alb TC 2:01.7 Or Ost 2:05.8 SURR 2:04.6 S Barb 2:06.0

Girls 12-13

100 yard Dash (in flights) Laurie Blanchard, W Sub Lela Johnson, LA Jets 11.0 Murrlyn Council, LaMott 11.1 Wanda Nicholson, Dryades 11.3 Elaine Parker, BerkeleyTC 11.4 Nnemdi Aroh, Atoms



220 yard Dash (in flights) Marilyn Johnson, Mi High 25.1 Lela Johnson, LA Jets Laurie Blanchard, W Sub 25.2 Sherrylynn Brown, Com'ty 25.3 Chris Smallwood, Integra 26.0 Pam Green, S Cal Cheetahs 26.0

440 yard Dash (in flights) Sherrylynn Brown, Com'ty 57 Melissa Hill, Travelers Pam Green, S Cal Cheetahs 59.5 Linda McQuarrie, LB Comet 59.7 Chris Brockhoff, Alb TC 60.2 Lynn Meaney, Virginians

880 yard Run (in flights)
Alice Trumbly, Coalinga 2:19.4
Janet Burns, SJ Cin'gals :19.5 Kathy Governale, Alb TC 2:20.2 Debbie Leeper, DC Dasher :23.6 Jane Spencer, Mickey's M :23.7 Peggy Stok, RC Flyers 2:23.7

One mile Run Kathy Mintie, LM Meteor 5:01.6 Cathy Gill, DC Dashers 5:15.3 Jamie Bowen, Lkwd Sprtn 5:16.1 Suzanne Keith, SURR 5:18.5 Cynthia Lackey, DCD 5:20.1 Jamie Mitchell, Portland :20.4

80 m Hurdles (30") (flights) Sonya Hardy, Boulder C'bl 11.9 Rene Fulton, GreensburgTC 12.4 Been ritton, Greensongs 12.4 Tonya Little, La Jolla TC 12.4 Brenda Coash, U Colo TC 12.6 Cheryl Martin, Travelers 12.8 Beth Prather, La CanadaTC 13.0

200 m Hurdles (30") (flights) Sonya Hardy, Boulder C'bl 28.5 Tonya Little, La Jolla TC 29.5 Rosalyn Moore, Colo Gold 29.6 Karen Ueda, L Bch Comets 30.6 Cheryl Glazier, Bl Angels 30.6 Theresa Wierson, Portland 30.7

One mile Walk

Chris Sakelarios, RCF 8:37.2 Becky Villalvazso, SURR 8:48.0 Georgia Sakelarios, RCF 8:56.0 Clare Trotter, La Jolla 9:13.9 Tami Furgeson, SC Ch'tah :28.8 Karlene Waskow, SURR

SCENE

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High Jump
Anne Gilliland, DC Dashers 5-4
Laurie Carman, S Barbara ti 5-2
Monique Donithan, V of Sun. 5-2
Monique Donithan, V o Monique Donithan, ... tig-2 Jill Cerise, U Colo TC tig-2 tig-2 Juanita Barnett, SURR Juanita Barnett, Solut Tammi Freley, Hanford Lion 5-0 Debbie Miller, DC Dashers tis-O Candise Zbiernek, LM Meteor 5-O

Long Jump Kim Moran, L Angeles TC 17- 0 Marie Davenport, Aurora 16-10 Roxanne Keating, C Wren 16- 9½ Roberta Hodges, SJ C'gl 16-7 Kim Sloane, S Barbara $16-6\frac{1}{2}$ Debbie Miller, DC Dasher $16-4\frac{1}{2}$

Shot Put (6 pound)
Bea Hunt, Sports Un RR 39-3½ Elaine Roque, L Angeles 36-92 Peri Jude Radecic, MtLeb 36-2 Christi Pyle, CC Spik'ts 34-10 Shelly Trabold, Orange C 34-2½ Liz O'Connor, RC Flyers 33-111

Discus Throw (1.0 kilogram)
Bea Hunt, Sports Un RR 104- 0
Carrie Mason, Orange Cst 99- 5 Ellen Colleary, Mesa TC 97-1 Rosemary Villavazso, SURR 93-5 Liz O'Connor, RC Flyers 92-10 Peri Jude Radecic, MtLeb 91-11 Christi Pyle, CC Spik'ts 89-5 Sue Carney, Lomita TC 83-5

Javelin Throw (600 gram) Lisa van Benthem, LaJ 111-0 Raedean Rona, Orange C 110-1 Lynne van Benthem, LaJ 107-0 Ellen Colleary, Mesa TC 107- O Lorelei van Benthem, LJ 103- 1 Sue Carney, Lomita TC 94-10 Debbie Leeper, DC Dasher 90- 7

FROM THE GIRLS UP CLASSIC photos by

SCHWAB/SL

DOREEN ASSUMMA **ELLEN HART**

ft) SUE CARNEY SONYA HARDY

t) KELLY FUIKS

nt) ERIN PIKE







x 110 yard Relay M Mis'ls 49.4 Mesa TC 50.1 LaMott TC 49.5 Mile High 50.2

140 yard Relay SC Ch 4:05.1 SJ C'gl 4:09.3 Mesa TC 4:08.7 LB Com 4:14.6

Com'ty 1:49.4 LaMott 1:52.6 M Mis'l 1:51.0 JfcoJet 1:52.8

Girls 14-15

100 yard Dash (in flights)
D. Roberson, LaMott TC +110.8
Isabelle Hartford, Dryades 10.8 Valerie Milan, Murcher'ts 10.9 Kim Schofield, Peoria TC 11.0 Dolly Fleetwood, SC Ch'tah 1.1 Tina Roberson, LA Jets

(in flights) 220 vard Dash D. Roberson, LaMott TC 24.3 Valerie Milan, Murcher'ts 24.9 Chemise Smith, Frederick 125.1 Isabelle Hartford, Dryades 25.1 Kathy Keys, Blue Angels 25.1 Annette Robinson, Berkeley 5.2

440 yard Dash (in flights) Kathy Weston, Will's Sp 55.7 Mary Decker, Blue Angels 56.1 Yolanda Rich, LA Jets Sue Roehm, Mt Lebanon 58.0 Donna Schellhous, Bl Ang 58.0 Bernardine Givens, Dry'ds 58.2

880 yard Run Lynn Hollins, Sp Un RR Stephanie McDade, DCD 2:16.7 Karen Alecia, Orange C 2:18.9 Erin Daly, Blue Angels 2:20.3 Natasha Frazier, Ambler 2:21.3 Jan Meyer, LB Comets Virginia Lantry, Bl Ang 2:23.7 Beth Howell, La Jolla 2:24.9 One mile Run Robin Perry, Ambler OC 5:05.9 Kathy Adams, Will's Sp 5:05.9 Estella Guina, SJ Cin'g 5:07.4 Kathy Jewell, LB Comets 5:09.2 Monique Gregoire, SCC 5:12.5 Amy Lucero, DC Dashers 5:12.6 Becky Wolfinbarger, SCC 5:15.4

Two mile Run Ellen Hart Sonie Gerth, Sp Un RR 11:19.6 Doreen Assumma, SURR 11:19.6 Doreen Villa, DC Dashers :28.2 Robbie Reneau, Brdgport :30.0 Kathy Adams, Will's Sp 11:38.9

One mile Walk Sheila Thomson, Oxnard Lori Thomas, Colo Pacer 8:03.2 Dayna Gerth, Sp Un RR 8:20.6 Jaydee Folkens, Bl Ang 8:33.9 Sonia Gerth, Sp Un RR 8:37.4 Joyce Wiemer, Will's Sp 8:39.2 Cynthia Johnson, Bl Ang 8:47.4

Pam Blackburn, Palo AltoTC 5-6 Sue Hackett, Dryades tie-4 Chris Remmling, La Jolla tie-4 Beth McQuillian, Will's Sp 5-4 Ann Robinson, La Jolla TC 5-4 Lisa Kinimaka, SJ Cin'gals 5-2 Anita Lee, Motor City PAL 5-2

100 m Hurdles (30") (flights) Cheryl Poirier, Frederick 14.2 Cathy Clarke, La Jolla TC 14.4 Melinda Peterson, L AngTC 14.9 Dana Davidson, RC Dusters 15.3 Miki Harnden, Virginians 15.3

300 m Hurdles (30") (flights) Susan White, Sport Int'1 45.3 Lisa Thomas, Colo Pacers 46.1 Shauna Kalicki, Boulder C 46.5 Effie Jordan, Sp Un RR 46.8 Mary Lee Erickson, SCC 47.1 Long Jump
Toni Griffin, La Jolla 18-94
Anita Lee, Motor City 18-84
Julie Varela, Aurora TC 18-6 Kim Leggett, Mt View St $17-10\frac{1}{4}$ Lisa Kinimaka, SJ Cin'g $17-1\frac{1}{4}$ Karen Taylor, M View St 17-1

Shot Put (8 pound) Emily Dole, LM Meteors $43-11\frac{1}{2}$ Kay Ilertson, LM Meteor $42-1\frac{1}{2}$ Laurie Borgaro Kim Travers, Mt Lebanon 38- 91 Kelly Fuiks, Cactus Wren 38-9 Kelly Curran, Colo Gold 38- $7\frac{1}{2}$

Discus Throw (1.0 kilogram)
Kim Travers, Mt Lebanon 130-0
Emily Dole, L Mir Meteor 129-4 Edie Bradbury, Sp Un RR 115-5 Kelly Fuiks, Cactus Wren 114-8 Kelly Curran, Colo Gold 114-4 Kim Pyles, Cactus Wrens 108-3 Anne Hilleborn, La Jolla 106-9 Marilyn White, Mesa TC 99-10

Javelin Throw (600 gram) Kelly Fuiks, CactusWren 141-6 Marilyn White, Mesa TC 123-5 Connie Gassen, CC Sp'kt 122-8 Betsy Hardaway, L AngTC 114-10 Pat Patterson, La Jolla 108-6 Mary O'Banner, Mesa TC 106-2 Kelly Robertson, SC Ch 103-5

4 x 110 yard Relay M View Str 48.6 SC Ch 49.8 Frederick 48.7 Mi High 49.9

4 x 440 yard Relay Sp Un RR 3:57.2 Dry'ds 4:02.9 Sp Intl 3:57.4 LB Com 4:05.8

4 x 880 yard Relay Bl Ang 9:27.4 SJ Cin 9:39.2 Will'sSp 9:33.6 DCD 9:45.7

880y Med Relay (220, 2x110, 440) Sp Intl 1:47.0 Fred 1:48.2 Bl Ang 1:47.4 LA Jet 1:49.7 1:48.2

STARTING LINE CALENDA

On this page STARTING LINE Magazine presents the calendar of forthcoming track & field, long distance running, race walking and other related events of any group or organization cathering to athletes 17 years and younger. High School meets and Junior meets (20 years and younger) of national or international scope will also be announced.

While this is by no means a complete listing, it is intended to provide data for coaches, parents and schedule planners.

STARTING LINE is not responsible for late changes, of which the editors have not been notified. Send additional information and cor-

STARTING LINE, P.O. BOX 878, RESEDA, CALIF. 91335.

Include name and address of meet director and all other sources of

This calendar is a good way to publicize the activities sponsored by your group. When submitting information, please include complete details, along the lines of the material presented on this page.

Groups or organizations wishing more space and exposure, should inquire about our special low rates for advertising track meets or clinics in the pages of STARTING LINE.

AUGUST

GOLD MEDAL CROSS COUNTRY CAMP, Portersville, Pennsylvania (Girls) John Harwick, 467 Beverly Blvd, Pittsburgh, Pennsylvania 15216 BUNION DERBY, Fresno, California (Boys, Jr High School & up, Long Distance Runs) Larry Lung, 3356 North Monroe, Fresno, California 93705

SEPTEMBER

LIFKE CROSS COUNTRY MEET, Detroit, Michigan (Boys & Girls, 9-Under & up) Joe Smetanka, 11727 Christy, Detroit, Michigan 48205

LA JOLLA (California) CROSS COUNTRY "INVITATIONAL" (Girls, 9-Under & up) John van Benthem, 2429 Calle del Oro, La Jolla, California 92037

LATROBE (Pennsylvania) CROSS COUNTRY "INVITATIONAL" (Girls, 9-Under & up) Don Lenz, R.D. #2 Box 265, Latrobe, Pennsylvania 15650

CINDERETTEES CROSS COUNTRY "INVITATIONAL" (Girls) Roberta Widmann, 613 Till Road, Fort Wayne, Indiana 46825

PACIFIC COAST PACERS CROSS COUNTRY "INVITATIONAL", Whittier Narrows Park, Calif (Girls, 9-Under & up) Ed Collett, 10931 Bona Vista Ln, Whittier, Ca
GRIFFITH PARK CROSS COUNTRY RUN, Los Angeles, California (Boys & Girls, 13-Under 7 up) Larry Brenner, 3401 Riverside Drive, Los Angeles, Calif 90027

LONG BEACH (Calif) BEACH RUN (Girls, 9-Under & up, Novice & Open) Ken Karnes, 7911 Ring Street, Long Beach, California 90808
FALMOUTH (Massachusetts) TRACK CLUB CROSS COUNTRY RACES (Boys & Girls, 9-Under & up) John J. Carroll, Box 756, North Falmouth, Massachusetts 02556
TERRE HAUTE (Indiana) CROSS COUNTRY MEET (Girls, 9-Under & up) Pete Jones, 2423 Tippecanoe Street, Terre Haute, Indiana 47807
LA MIRADA (Calif) CROSS COUNTRY "INVITATIONAL" (Girls, 9-Under & up, Novice & Open) Roy Swett, 14514 Gardenhill, La Mirada, California 90638
NEW JERSEY AGE-GROUP CROSS COUNTRY, Warinanco Park, Elizabeth (Boys, 11-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, N Jersey 07006

ALBUQUERQUE (New Mexico) OLYMPETTE CLUB "INVITATIONAL" (Girls) Floyd Highfill, 1516 Hoffman NE, Albuquerque, New Mexico 87110
LOMITA (California) ROAD RUN (Girls, 9-Under & up, Novice & Open) Paul LeSage, 11109 Stanford Way, Stanton, California 90680
FALMOUTH (Massachusetts) TRACK CLUB CROSS COUNTRY RACES (Boys & Girls, 9-Under & up) John J. Carroll, Box 756, North Falmouth, Massachusetts 02556
NEW JERSEY AGE GROUP CROSS COUNTRY, Echo Lake, Mountainside (Boys, 11-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, New Jersey 07006 30 30

FRESNO (California) STATE "INVITATIONAL" (Boys, Jr High School & up, Long Distance Runs) Red Estes, Dept of Phys Ed, Fresno St Univ, Fresno, Ca 93710
BLUE ANGEL X-COUNTRY CARNIVAL, Mile Square Park, Fountain Vly, Calif (B & G, 9-Under & up) Don DeNoon, 8671 Camel Circle, Huntington Beach, Ca 92647 NEW JERSEY AGE GROUP CROSS COUNTRY, Unami Park, Garwood (Boys, 11-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, New Jersey 07006

DGWS COACHES CONFERENCE, Jefferson HS, Denver, Colorado.....Beverly Peterson, Box 22482, Denver, Colorado 80222

13

REEDLEY (California) FIESTA ROAD RUNS (Boys & Girls, Elem Sch, Jr HS & up) Cameron Ostrand, Reedley High School, Reedley, California 93654
VENTURA (California) CROSS COUNTRY RUN, Arroyo Verde Park (Girls, 9-Under & up, Novice & Open) David Drapeau, 194 Dean Court, Ventura, California 93003
FALMOUTH (Massachusetts) TRACK CLUB AGE-GROUP CROSS COUNTRY RACES (Boys & Girls, 9-Under & up) John J. Carroll, Box 756, North Falmouth, Mass 02556
NEW JERSEY AGE-GROUP CROSS COUNTRY, Warinanco Park, Elizabeth (Boys, 9-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, N Jersey 07006

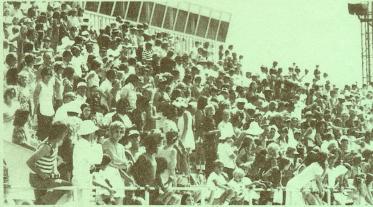
THE FINISH LINE

A Summary of Results **WESTERN Area**

Selected Meet of the West

VALLEY CONFERENCE CHAMPIONSHIP MEET

VAN NUYS, CALIFORNIA - JUNE 9



The Valley Conference for Youth is an all-sports organization serving the neighboring communities of the San Fernando Valley, in Los Angeles, In three short years, this local organization has developed quite a successful program of sports for young boys and girls. The intermediate level of competition that exists at its preliminary stages, can be looked

upon as an example and an answer to some of the queries that have come our way recently concerning this very type of track program (see forum and

editorial).

If good leadership and mass participation is the key to a good program, then the Valley Conference has got it. The meet was impeccably directed by JOE WETCH (Commissioner), BRUCE RAUCH, BAYARD LUTZHOFF (to whom STARTING LINE owes many thanks) and the many other dedicated officers of the organization. As far as participation is concerned, the group has attracted thousands of youngsters this year and has fielded 13 teams. Each

A series of dual meets and a preliminary meet set the stage for this final event of the season, in which the seven top athletes in each event and in each age group, were to vie for the individual Conference Chambridge in the sevent and in each age group, were to vie for the individual Conference Chambridge in the sevent and the sevent and civils. The accumulated points earned by both boys and girls

formed the framework of the Championship team standing.

Sunny skies and a large and enthusiastic gathering of parents, friends and non-competing teammates certainly contributed to the general excellence of the performances in the 89 events of the program.

There were so many fine performances, one hesitates to single out anyone, However, the following highlights will show a sampling of the overall quality of this meet.

FRANK GAFFNEY (Newhall-Saugus) dominated the 9-under sprints, picking up two firsts and a second; in the same division, BRETT MEEHAN (Las Virgenes) broke the 70.0 barrier in the quarter, DAVID DAYAN (West Valley) had a double win in the jumps, moving into the top 5 all-time with his 4-2 H.J. and DOUG DIVENS joined him there with a sparkling 2:38.5 in the half.

Versatile and gifted ANTHONY GIBSON was a triple winner in the 10-11

Versatile and gifted ANTHONY GIBSON was a triple winner in the 10-11 group, with national ranking times in the sprints and the shot put (!); liyear-old JACK JACOBY (see photo on cover) flopped his way to a 2nd best all-time high jump (4-11) and PHILIP SHIRLEY demonstrated outstanding middle distance capabilities and will be a boy to watch next year.

WILLIE CURRAN, an "old-timer" at age 13, has developed into a national class athlete this year with his 9.7/70 yd lows and 56.3/440. TOM HETH-MON (Newhall-Saugus) was an excellent double winner in the mile/2-mile, defeating both times the hard driving MATT RAUCH and MIKE BERNSTEIN, all three under 5:00 in the mile and 11:00 in the two. DAN HUNT (east valley) had a successful bunt with a triple win in the same division. valley) had a successful hunt with a triple win in the same division.

The girl's marks, although very good, were not quite on the same level than the boys. Interscholastic track for girls is now coming in, and the

results could be reversed in years to come.

Some of the girls will sneer at that first remark, For sure four of them will, as they came through with National class performances on that day. Las Virgenes' MONICA BEDNAR sprung 12-9 in the 9-under for the 2nd best long jump mark in the nation this year. If that was not enough, she ran a 30.0/220, No 3 in the nation in '73. Her teammate STACEY NEU-MANN (same age group) moved up to fifth position on the year list with

KIM MORAN of the Valley Chargers was a triple winner, taking both sprints in good times and jumping a terrific 17-1 1/2 for the second best jump in the nation this year in the 12-13 class. Another gal

who moved into the top ten in her division was Chatsworth's LAURI
MULLINS breaking the minute in the 440 (59.9) in the same division.

A special notice to some double winners: ELAINE MCKENNA in the 1011 sprints; KAREN PARISH in the 12-13 distances; PAM CURRAN, VALERIE
BIRD and CHRIS O'BRIAN in the 14-17 group - Pam in the sprints, Valerie in the distances and Chris taking the hurdles and the long jump.



Boys 9-Under	One
50 yard Dash	Paul Jon
Frank Gaffney, NSC 7.0	Bria
Glenn Wellman, WL 7.1	Kevi
Jeff Peters, NV 7.2	Wesl
Ken Souza, CO 7.3	west
100 yard Dash	High
Glenn Wellman, WL 13.1	Jake Glen
Frank Gaffney, NSC 13.1	Russ
Ken Souza, CO 13.4	Russ

220 yard Dash Frank Gaffney, NSC 30.3 Jeff Peters, NV Glenn Wellman, WL Jav Dodwell, NP 31.6

440 yard Dash Brett Meehan, LVC 69.7 Doug Divens, SV 71.2 Jim Kelley, LVC Robert Ferrart, NSC 71.6 Bill Bright, WV

880 yard Run Doug Divens, SV Jim Kelley, LVC 2:38.5 2:43.9 David Trusel, WH 2:45.6 Greg Vincent, WL 2:53.9 Robert Ferraro, NSC :54.9

One mile Run David Trusel, WH 5:49.2 Brad Lawrence, NSC 5:58.3 Randy McElvain, NP 5:58.8 Paul McAndrews, WH 6:03.5 Mike Rosell, CW 6:09.4

High Jump David Dayan, WV Stewart Calderon, NSA 3-11 Harold Ahola, NV 3-11 Doug Stuber, NV 3-10 Doug Stuber, NV Kyle Hall, WC

Long Jump David Dayan, WV Jay Dodwell, NP 12-11 Bart Dorsey, WV Mike Adams, EV 12- 9 Charles Spencer, VC 12-1

Shot Put (4 pound) Thomas Gluszke, WH Robt. Oldfield, WV 30-11 Hans Griffin, EV 29-11 Mike Holzberg, NP 29- 74

4 x 110 yard Relay West Lake West Valley Eagles 60.2 Valley Chargers

Boys 10-11

50 yard Dash Dan McQueen, CO Demetrius Edwards, SV 6.8

100 yard Dash Anthony Gibson, VC Dan McQueen, CO Joey Skophammer, NSA 12.6

220 yard Dash Anthony Gibson, VC 27.0 Gary Taylor, CO 28.3 John Zucker, WH 28.4 Joey Skophammer, NSA 8.5

440 yard Dash Phillip Shirley, EV 63.0 Glen Potts, WV 63.8 John Zucker, WH Jay Mahoney, WV 64.2 66.5 Cory Elliot, CO

880 yard Run Phil Shirley, EV 2:30.7 Rich Delaney, VC 2:36.8 Jon Shuken, WH 2:37.2 Paul Rauch, EV 2:39.0

mile Run Rauch, EV Shuken, WH 5:27.5 an Robbins, EV 5:35.5 in Coffey, NSC 5:39.0 ley Maynez, VC 5:42.2

1 Jump Jacoby, NSA Potts, WV Bird, WL 4-11 4- 9

Long Jump Dan McQueen, CO Jake Jacoby, NSA 14-1 Chas. Armstead, VC 14-03 David Neidorf, EV 13-93 Rick Hayashida, WV 13-92

Shot Put (6 pound) Jay Fansett, NV 33-01/2
Jay Fansett, NV 33-91/2
Jeff Brecker, WV 29-101/2
Tony Walker, LVC 29-51/4
Nev Duvall, EV 28-61/2

4 x 110 yard Relay Valley Chargers 54.7 West Valley Eagles 55.6 Chatsworth Orange 55.6 East Valley

Boys 12-13

100 yard Dash Craig KummermehaNP 11.3 Kendal Elliott, CO 11.4 Ralph Guzman, NSC 11.5

220 yard Dash Dan Hunt, EV Craig Kummermeha, NP 5.2 Brian Davis, NV 25.6 Ronald Roumanis, LVC 5.7 Louis Frizzi, SV 25.8

440 yard Dash Willie Curran, NP Mike Caldwell, SV 57.2 Brian Davis, NV 57.2 Ronald Roumanis, LVC 7.9

880 yard Run Gabe EtcheveryVC 2:14.1 Mike Duncan, VC 2:15.7 Mike Lamont, NSA 2:16.6

One mile Run Tom Hethmon, NSC 4:55.4 Matt Rauch, EV 4:59.1 Mike Bernstein, VC:59.8 Mike Lamont, NSA 5:04.1 Todd Falk, CO 5:11.4

Two mile Run Tom Hethmon, NSC 10:36.5 Matt Rauch, EV 10:50.0 Mike Bernstein, VC :59.8 Mike Lownsdale 11:20.6

70 yard Hurdles (30") Willie Curran, NP Mike Prey, EV Tom Eastling, EV Scott Kinser, WH Anthony Curran, VC 10.6

High Jump J. Werner, LVC Ronald Roumanis, LVC 5-0 Willie Curran, NP 5-0 Anthony Curran, VC 5-0

Dan Hunt, EV 17-7 Mike Caldwell, SV 17-0 Brian EdringtonyC 16-63

Triple Jump Dan Hunt, EV Gregg Ridenauer 34-11 Steve Willis, NP 34- 1 Paul Moran, VC Mike Holland, EV 32- 41 Mike Duncan, VC 32- 31

Shot Put (8 pound) Norm Taylor, CO 40-101/2 Steve Willis, NP 36-8 Ron McIntire, WL 36- 2 Mitch Harrington 35- 12 David Bilman, VC 35- 0

4 x 110 yard Relay Newbury Park Chatsworth Orange Las Virgenes

4 x 440 yard Relay Valley Chargers 4:05.1 Chatsworth Orange :10.3 West Vly Eagles 4:12.1

Boys 14-15

100 yard Dash Rod Lindgren, CO other times not in sequence 220 yard Dash other times not in sequence 440 yard Dash

Brian Winter, NV Darrell Samuel, VC Andy Block, WH 56.2 Todd Mazy, VC 56.7

880 yard Run Chuck Schmitt, WV 2:10.8 Don Fagan, NV 2:13.4 Chris Pascene, VC 2:15.5 Mike Dupent, CW 2:18.3

One mile Run Eric Scott, EV 4:46.7 Chuck Schmitt, WV 4:48.0 Chris Pascene, VC 4:52.3 Rick Isbell, VC 4:53.9

Two mile Run Eric Scott, EV 10:48.1 David Maynez, VC 10:48.6 Danny Kerecman, LVC 49.6

70 yard Hurdles (39") Mike Tracy, WV 10 Joel Sadoff, VC 11 11.2 Mike Dupont, CW Phil Harris, VC Doug Mong, WV 11.5

120 yard Hurdles (30") Steve McGravey, WV Mark Bloom, NV 15.8 Doug Mong, WV Dale Carlsen, SV

High Jump Steve McGravey, WV Dennis Carlson, NP 5-6 Joel Sadoff, VC

Long Jump Brian Behrns, VC Stewart Lane, NV Kevin Yablan, SV 17-94 Mike Tracy, WV Gordon Beck, NV 17-73

Triple Jump Mike Tracy, WV Steve Boyer, NV Tyler Wright, CO 37-5 Pat McShane, NV

Shot Put (12 pound) Mike Sabol, VC Rod Lindgren, CO Mark Gireth, NP Vic Vaso, NV

4 x 110 yard Relay Valley Chargers North Valley Chatsworth Orange 48.2

4 x 440 yard Relay North Valley West Vly Eagles 3:56.5 Valley Chargers 3:58.0



Ginla	9-Under

50 yard Dash	
Monica Bednar, LVC	7.0
Maria Smith, SV	7.4
Susan Smith, CO	7.5
Wendy Boyd, VC	7.5
wendy Boyd, VC	7.5

100 yard Dash Susan Smith, CO Marilyn Kind, NP 13.8 Wendy Boyd, VC 14.0 Allison Reiner, WV 14.1

220 yard Dash Monica Bednar, LVC 30.0 other times not in sequence

440 vard Dash Stacey Neumann LVC 74.5 Denise Beller, CO 75.6 Allison Reiner, WV 76.2

880 yard Run Erin Connolly, NP 2:57.8 Sandy Jaramillo, WH 01.6 Carol Neuwirth,WH 3:03.2 Pat Pabian, CO 3:10.2

One mile Run Susan Hann, WV Deena Bernstein, NP 25.6 Sally Luke, NP 6:26.7 Pat Pabian, CO 6:28.3

High Jump Natalia Quilon, NV 3- 9 Lisa Merrill, CO Deanna Miller, LV 3-8 Pat Pabian, CO 3- 4 Wendy Skinner, VC 3-4 Susan Hann, WV 3-4

Long Jump Monica Bednar, LVC 12-92 Marilyn Kind, NP 12-2 Allison Reiner, WV 11-101 Wendy Edrington,VC 11-8 Susan Smith, CO $11-7\frac{1}{2}$

Shot Put (4 pound) Celia Angel, WH 25-3 Sandy Jaramillo, WH 24-8 Nancy Ross, CO 24-2 Stacy Winsberg, NV 23413 Jackie Willis, CW 23-1

4 x 110 yard Relay Valley Chargers 63.8 Chatsworth Orange 63.9 Newbury Park 64.2

Girls 10-11

50 yard Dash Jan Levy, WV Teri Flaherty, NV 7.0 Anita Carter, VC Elaine McKenna, SV 7.0

100 yard Dash Elaine McKenna, SV 13.0 Jan Levy, WV Denise Lashmet, CO 13.3

220 yard Dash Elaine McKenna, SV Veronica Nestor, EV 29.2 Marlene Harmon, LVC 29.5 Stephanie Smith, CO 29.6 Julie Arnold, CO 29.7

440 yard Dash Stephanie Smith, CO 67.1 Karen Hotz, CO Marlene Harmon, LVC 70.5 Carina Green, NSC 70.6 Jill Haber, WH

880 yaru Karen Hotz, CO 2:47.2 WV 2:49.4 880 yard Run Casey Dwight, WH 2:49.4 Jamie Lample, EV 2:52.5

One mile Run Shelley KaplanSV 5:56.8 Jamie Lample, EV 6:02.5 Jenny Lutzhoff, EV: 16.4

High Jump Wanda Kelley, EV Sheri Winstanley, NV 4-0 Kelly Williams, NSA 3-10 Jill Cleveland, CO 3-10

Long Jump Linda Soja, SV Veronica NestonEV 13-7 Lori Bacaoan, NP 13-43 Robin Uranga, CO 13-13 Marlene Harmon, LV 13-01

Shot Put (6 pound) Valerie Eads, CW Valerie Eads, CW 26-62 Donna Matthews, WV 25-33 Pam Rubinstein.EV 23-11 Berva Bergin. NV 22-105 4 x110 yard Relay West Valley Eagles 57.8 Las Virgenes Newbury Park 58.6

Girls 12-13

100 yard Dash Kim Moran, VC Cheryl Fields, SV Athena Burla, WV 220 yard Dash

Kim Moran, VC Lauri Mullins, CO 26.3 Cheryl Fields, SV 26.9

440 yard Dash Lauri Mullins, CO 59.9 Maria Green, NSC 63.4 Lynn Honeywell, NV 64.6 Maureen Miller, NP 65.5 Susan Laibach, SV 65.6

880 yard Run Karen Parish, NP 2:29.4 Maria Green, NSC 2:35.6 Dorilyn Kooy, CO 2:38.7 Laren Stewart, SV 2:39.5 One mile Run

Karen Parish, NP 5:27.4 Louise Bruce, NSA 5:42.9 Linda Claxton, NP 5:52.6

50 yard Hurdles (30") Maureen Connolly, NP 8.0 Lynn Jewell, EV 8.3 Leslie Dennis, SV Starr Phillips, NSC 8.7 Ginger Markel, WV 9.0

High Jump Ginger Markel, WV 4-81 Stefie PirojnikoffCO 84 Cheryl Kennedy, WV 4-74 Kelly Drysdale, LVC 4-6 Cheryl Fields, SV 4-64

Long Jump Kim Moran, VC 17- $1\frac{1}{2}$ Lauri Millins, CO 15- $0\frac{1}{2}$ Beth Howe, NSA $14-11\frac{1}{2}$ Iris Tone, LVC $14-9\frac{1}{4}$ Yvette Valencia, NSA -75

Shot Put (8 pound) Jean Shelton, VC 29-Gloria Lindsay,WV 27-112 Chris Posivak, EV 26- 9 Lisa Carroll, NSA 26- 61 Lynn Jewell, EV 25-114 Valerie SchmittWV25-11

4 x 110 yard Relay Chatsworth Orange Newbury Park Valley Chargers

880 yard Relay North Valley 1:54.6 East Valley 1:55.7 Newhall-Saugus Com 58.5

Girls 14-17

100 yard Dash Curran, NP Cathy St Amour, CO 11.8 Maria St Amour, CO 12.0

220 yard Dash Pam Curran, NP 25.9 Robin Lynn, CW Cathy St Amour, CO 26.4

440 yard Dash Donna VanPuyvelde 60.5 Kelly Meeks, CO 62.5 Dawn Dove, CW Nancy Cannon, NP 63.1 Julie Kanouse, CO 64.5 Sandra GreenbergVC 64.5

880 yard Run Valerie Bird, WV 2:28.7 D. VanPuyvelde, NSA 33.1 Nancy Cannon, NP 2:35.6

80 yard Hurdles (30") Chris O'Brien, LVC 11.9 Linda Denning, WH 12.7 Cheryl Pree, EV 13.1 Debbie Creath, WV 13.2 High Jump

Valerie Bird, WV 5:36.5

Marge Corbet, VC 5:47.1

Julie Boggs, LVC 5:47.7

Janet Skiles, NSC Kathy Gallegos, VC 4-11 Vicki Perry, VC

Long Jump Chris O'Brien, LV 16-101 Maria St Amour, CO 16-8 Cathy St Amour, CO 16-71 Pam Curran, NP Carla Stubbs, CO 16-2

Shot Put (8 pound) Carole Oliver, LV 32-5 Janet Skil Janet Skiles, NSC 29-51 Robin Lynn, CW

4 x 110 yard Relay 50.7 Newbury Park Chatsworth White 53.9 East Valley

880 yard Relay Valley Chargers 1:54.6 Newbury Park 1:56.9 Chatsworth Orange :58.0

INTERESTED IN X-COUNTRY?

The Valley Conference for Youth will be holding a series of Cross-Country meets, starting in Sept. For more information:

(213) 763-7045/B.Lutzhoff (805) 498-3728/W. Curran (213) 346-4571/M.Gillies

(213) 341-9560/B.Gillies (805) 497-1370/R. Durand

CALIFORNIA STATE GIRLS AAU CHAMPIONSHIPS SAN DIEGO, CALIFORNIA - JUNE IU

from JOHN van BENTHEM

It is becoming a habit for California girls to throw their weights around at this meet. San Diegan javelinist KARIN SMITH in the 14-17 division and LISA van BENTHEM in the 12-13 got off the best marks of the year in this event.

Fellow townswoman KATHY DEVINE prepared for the national meets by exceeding 45 feet in the 14-17 shot put. On the track, KATHY MINTIE dipped nearly four seconds under five minutes in the 12-13 mile and LEZLIE PETERSON raced to a 12 year-old best in the 440.

The most interesting duel of the day saw KATHY WESTON, from Reno, Nevada, finish in a flat-footed tie with MARY DECKER in a speedy 14-17 quarter mile. The distance runs and the walks were particularly deep, while the sprints were somewhat handicapped by adverse winds. Balboa Stadium's super facilities contributed to the excellent performances in every event. RESULTS:

Girls 12-13

100 yard Dash (wind -1.3 mps) Yolanda Allen, Millbrae L 11.3 Regina Johnson, Mickey's M 11.6 Linda Morrison, La Jolla TC 11.6

220 yard Dash (wind -1.9 mps) Kathie Gaston, Mickey's Msl 26.2 Jane Harding, Lomita TC 26.2 Pam Green, So Cal Cheetahs 26.6 Shirley Fountain, LB Comets 27.0

440 yard Dash (in flights) Lezli Peterson, S Cruzers Pam Green, So Cal Cheetahs 58.9 Cynthia Tyler, Mickey's Msl 59.1 Anne Slivkoff, SJ Cinder'ls 60.7 Kalua Bell, SJ Cindergals 61.0 Linda McQuarrie, LB Comets 61.1 Michelle Fabian, Orinda TC 61.2 Diane Rodriguez, LM Meteors 61.3 Heidi Hansen, SJ Cindergals 61.4

880 yard Run (in flights) Janet Burns, SJ Cin'gals 2:18.3 Peggy Stok, Redwood C Flyer 20.0 Alice Trumbley, Coalinga 2:20.4 Paula Rose, Orange Coast 2:21.2 Penny Bridges, Sports Un 2:23.0 Pam Bowers, SJ Cin'gals 2:23.5 Jan Spencer, Mickey's Msls :23.6 Linda Cordoza, S Cruzers 2:23.7

One mile Run Kathy Mintie, IM Meteors Suzanne Keith, Sp United Suzanne Greenberg, SJC 5:15.8 Susan Springer, Sal VI Jody Cobb, Salinas Vly TC 5:16.1 E. O'Conner, RC Flyers Jamie Bowen, Lkwd Spartan 5:16.1 Laurie Jewell, LB Comets 5:19.1 La Donna Phillips, SCC 5:19.5 Diane Karg, GV Lazarettes 5:19.6

80 m Hurdles (30") (wind -0.6m) Susan Springer, Sal Vly TC 85-7 Tonya Little, La Jolla TC Lori Krug, La Jolla TC Sandy DeWitt, Salinas Vly 13.0 Kim Burgess, Berkeley TC 13.1 Karen Ueda, Lng Bch Comets Elaine Roque, LAngTC (13.3h)13.4 Mary Rowell, Lomita TC 13.5

Tonya Little, La Jolla TC Lori Krug, La Jolla TC Cheryl Glazier, Blue Angels 30.1

One mile Walk

8:21.2 Chris Sakelarios, RCF Georgia Sakelarios, RCF

Clare Trotter, La Jolla 8:51.7 Gayle Butler, LosAngeles TC 25.3

High Jump

Juanita Barnett, Sp Un RRR 5- 2

Laurie Carman, S Barbara TC.5- 0

Many Decker, Blue Angels 54.6

Sandy DeWitt, Salinas Vly tip- 0

Kathy Weston, Will's Sp'kts 54.6

Tammi Fraley, Hanford Lions 5- 0

Maureen Abare, Mickey's Ms1 57.0

Debra Jones, S Joaquin Vly 5- 0

Christina Caldwell 57.2 High Jump Candise Zbieranek

Long Jump (max wind +1.0 mps) Geraldine Oates, S Joaq V 16-9 Jackie Gay, Mt View Str'dr 16-8 Linda McQuarrie, LB Comets 16-5 Diane Rodriguez, LM Meteor 16-04 Roberta Hodges, SJC 15-8 Penny Johnson, SC Cheetahs 15-61

Shot Put (6 pound) Marta Kuehl, Sal Vly TC 4:56.1 Elaine Roque, LosAng TC 36-103 5:11.4 Bea Hunt, Sports Un RRR 5:15.8 Susan Springer, Sal Vly $36 - 9\frac{3}{4}$ $36 - 9\frac{3}{4}$

Discus Throw (1.0 kilogram) Bea Hunt, Sports Un RRR Carrie Mason, Orange Coast 97-8 Jill Linebarger, SCC 5:21.2 E. O'Conner, RC Flyers 95-8
Tracy Miller, SJ Cin'gals 5:23.6 Joyce Springer, Sal Vly TC 89-2 Sue Carney, Lomita TC

13.0 Javelin Throw (600 gram) Lisa van Benthem, LaJolla 128-5 Raedean Rona, Orange Cst 114-6 Valerie Eberly, SJC Lorelei van Benthem, LJ 112-11 Estella Guina, SJC Lynne van Benthem, LJ 108- 9 Kendra Bramblett, Lkwd Sp 97-8 Sue Carney, Lomita TC 91-31 200 m Hurdles (30") (w -1.2mps) Joyce Springer, Salinas V 90-112 Carolyn McDonald

29.8 Girls 14-17

Annette Robinson, Brk (11.0h)11.2

Becky Villalvazso, SURRR 8:44.5 220 yard Dash (wind -0.9 mps) Lisa Matheny, Sp Un RRR 8:47.8 Maureen Abare, MM (26.6h)24.8 Tami Ferguson, SC Cheetah 8:49.7 Marie Nickson, Berkeley TC 25.1 Kathy Keys, Blue Angels

tie 10 Julie Lake, Los Angeles TC 57.6 4-10 Therese San Agustin, LBC 57.7

Barbara Moore, Ventura GTC 58.2

Teresa Caudillo, LB Comets 58.2 880 yard Run (in flights) Mary Decker, Blue Angels 2:09.4
Kathy Haughey, SJ Cin'gal 2:11.0
Kathy Weston, Will's Sp'kt :16.3 Lynn Hollins, Sp Un RRR 2:17.0 Renee Nelson, Salinas Vly 2:18.4 2:18.7 Colleen McManus, SJC

Karen Aleccia, Orange Cst 2:19.2 Mary LeBlanc, RC Striders 2:19.7 Shelley Lewis, VenturaGTC 2:19.8 One mile Run Arleen Mears, SJ Cin'gals 5:04.0 Suzanne DeCuir, LM Meteors :09.0 Kathy Jewell, LB Comets 5:11.5

Renee Nelson, Salinas Vly 5:14.3 Debra Johnson, Sp Un RRR 5:14.8 Kathy Greer, S Luis Obispo :15.0 Monique Gregoire, SCC Michele Potter, SJC 5:15.2 5:15.5 Two mile Run

Valerie Eberly, SJC 10:40.0 10:51.1 Debra Johnson, Sp Un RRR 11:06.3 Doreen Assumma, Sp Un RR 11:14.4 Lynne Miller 11:28.4 11:30.9

Bobbette Krug, La Jolla TC 14.4 Cathy Clarke, LJ (14.7h)14 8 Cheryl Glazier, Blue Angels 30.1

Kim Burgess, Berkeley TC 30.1

100 yard Dash (wind -1.0 mps)

Cathy Clarke, LJ (14.7h)14.8

Karen Ueda, Long Bch Comets 30.1

Maureen Abare, MM (10.8h) 11.1

Joanne Erb, Los Angeles TC 30.4

Gail Douglas, LA Jets 11.1

Pamela Jones, LA Jets 15.7

400 meter Hurdles (30") Clydine Crowder, LM Meteors 63.2 Diane Dellinger, LB Comets 64.4 Effie Jordan, Sp United RRR 64.4 Cathy Clarke, La Jolla TC 64.6 Mary Lee Erickson, SCC

One mile Walk Sue Brodock, Sp United RR 7:44.0 Esther Marquez, Sp Un RRR 8:01.8 Sheila Thomsen, Oxnard TC 8:05.4 Dayna Gerth, Sp United RR 8:08.5 Sonia Gerth, Sp United RR 8:17.7 Diane Dimmick, SJ Cin'gal 8:18.4 Joyce Wiemer, Will's Sp'kt :20.5

Kathy McQuillian, Will's Sp Cathy Clarke, La Jolia TC 5-2 Chris Remmling, La Jolla TC 5-2 Cathy Clarke, La Jolla TC Diane Stuart, Orinda TC

Long Jump (max wind +1.7 mps) Toni Griffin, La Jolla Jennifer Henry, Mickey's M 17-93 Karen Elmore, Millbrae L 17-34 Darla Crowell, Los Ang TC 17-24 Bobbette Krug, La Jolla TC 17-12

Shot Put (4 kilogram) Kathy Devine, SD Lancer'ts 45-83 Waynette Mitchell 42-10 Judy Lane, Will's Spikette 42-3 Emily Dole, LM Meteors 40-61 Kay Ilertsen, LM Meteors 39-74 Debra Haynes, Fresno Elans 39-13 Debbie Rivera, So Coast TC 38-42

Discus Throw (1.0 kilogram) Debbie Rivera, S Coast TC 140- 1 Judy Lane, Will's Spik'ts 137- 3 Debbie Langevain, S Coast 124-10 Emily Dole, LM Meteors Kathy Devine, SD Lancer't 114-6 Terri Sabol, IM Meteors 113-4 Debra Haynes, Fr Elans 110-3

Javelin Throw (600 gram) Karin Smith Debbie Langevain, S Coast 161-5 Kathy Devine, SD Lancer'ts 136-1 Connie Gassen, CC Spik'ts 126-5 Betsy Hardaway, Los Ang TC 117-1 Kelly Robertson, SCC Val Moore, La Jolla TC

114-7 15 CALIFORNIA STATE AAU BOYS CHAMPIONSHIPS SACRAMENTO, CALIFORNIA - JUNE 1 & 2 FROM LARRY NEVERKOVEC -

Without much doubt this year's state meet had the best collection of 15 and under age group boys ever assembled in one place.

The host San Juan Striders welcomed athletes from 26 of the top teams from the sunshine state. Nearly all sections of the state had their high spot, although the power teams of northern Ca lifornia such as the Salinas Valley Track Club, the Redwood City Flyers and the Herbert Hoover Memorial Boys Club of Menlo Park placed more boys than the other teams.

Amid the numerous excellent performances in most every event, it is difficult to single out any individual standouts. However a few all-around top efforts should be mentioned.

Pleasant Hill's JIM COOPER sprinted, triple jumped and put the shot to three hard fought victories in the 12-13 division. JOHN MAGUIRE of Napa scored three impressive wins in the 10-11 shot put and sprints. JERRY FLOWERS (Sports United R.R.) high jumped and hurdled to three triumphs in the much improved 14-15 class.

Due primarily to the efforts of organizers in northern California, boys age group track in the state is beginning to emerge from the "tentative" stages which has characterized the first half decade. The impressive results follow:

Boys 7-Under

50 yard Dash James Robinson, StG 7.0 Miles Platner, SJS 7.1 Riley Moore, CCRR 7.2 Chris Dunbar, BlAng 7.5 Mike Way, Salinas V 7.6

100 yard Dash James Robinson, StG 14.2 Riley Moore, CCRR 14.4 Chris Dumbar, BA 15.2

440 yard Dash Miles Platner, SJS 76.2 S.Edgar, S Juan St 83.7 J.Olvera, SalinasV 83.8 A. Pickett, ComCtrRR 4.0

Long Jump J.Robinson, StG 12-3 R.Moore, ComCtr RR 10-6 Miles Platner, SJS 10-6

Boys 9-Under

50 yard Dash David Rodigo, SJS Mike Sherrard, HH 7.0 Derrick Brown, HH 7.1 Jim Garvin, Sal Vly 7.1 Bruce Jackman, BA 100 yard Dash

David Rodigo, SJS 13.1 Mike Sherrard, HH 13.1 Ken Taylor, HHoover13.2 Jim Garvin, Sal V 13.3 Rodrick Emery, BA 13.3

220 vard Dash A.Lybarger, Bl Ang 30.5 K.Taylor, HHoover 30.6 S.Law, SJuan Str'dr31.0 J.Kingsberry, HH 31.6 D.Dunbar, BlAngels 31.7

440 yard Dash Rodrick Emery, BA 68.8 Jiggs Stein, Cup Y 70.2 Wendell Sells, SV 71.0 D.Bunting, RCF 72.4 Gary Lekander, SV 72.4

880 yard Run Jim Scattini, SV 2:33.7 D.Bunting, RCF 2:36.6 D.Aviles, RCF 2:39.6 Gary Lekander, SV 2:39.7 D.Oliver, RCF 2:40.5 Gary Fuller, CupY 2:40.7

One mile Run Mike Assumma, SUR 5:31.0 Jim Scattini, SV 5:34.3 Greg Jones, CY 5:39.8 D.Bunting, RCF 5:42.8 D.Aviles, RCF R.Aviles, RCF 5:46.0 5:50.2

A.Sakelarios, RCF 4:43.1 Steve Bentley, SRW :43.1 Dennis Moody, SUR 4:43.5

Mike Assumma, SUR 9:32.9 A.Sakelarios, RCF 9:32.9 Don Aviles, RCF 10:16.5

Drew Stevens, BA 4:45.0

High Jump W.Sells, Salinas V 4- 3 D.Armon, Salinas V 4- 2 D.Stevens, B Angel 4- 1 S.Law, SJ Striders 3-11 D.Oliver, RC Flyer 3-10 J.Scattini, Sal V 3-8

Long Jump W.Sells, Sal Vly E.Gerard, Sal Vly 13-1 D.Rodigo, SJ Str 12-9 B.Jackman, Bl Ang 12-8 R.Emery, Bl Angels 12-6 J.West, NewportBch 12-51

4 x110 yard Relay Herbert Hoover BC Salinas Valley TC Blue Angels

100 yard Dash Scott Friend, CY Ray Spoorenberg, LA 12.5 James Clapp, SV Robbie Rampsch, BA 12.7

220 yard Dash John Maguire, Napa 27.4 Dale Dilworth, Val 28.1 James Clapp, SV 28.5 Tom Donohue, Napa 29.1

440 yard Dash John Maguire, Napa 61.4 Tim Ritchey, WW 62.5 Nathan Olivas, SV 64.5 Greg Capestany, ML 65.0

880 yard Run Jim Hudson, ML Ray Eddy, SJS 2:29.2 Jon Lantry, BA 2:29.6 Mark Matranga, SJS :30.5 Steve Feeley, PH 2:31.0 Artie Stebbins, ML :33.6

One mile Run Todd Knox, WW 5:15.1 Jon Lantry, BA 5:15.1 Keith Yarwood, BA 5:19.3 Steve Burke, SV 5:20.1 R.Martinez, RCF 5:25.0 Larry Lowmiller, SV 29.6

70 yard Hurdles (30") John Flannery, SV 11.4 Paul Griffin, Napa 11.6 Ed Smith, Cup Yrlg 11.8 Benny Sells, SV



TOM WILLIAMS

880 yard Walk Greg Bentley, SRW 4:25.6 Robt.Martinez, RCF:38.2 N. Sakelarios, RCF 4:39.8

One mile Walk N.Sakelarios, RCF 9:06.5 R.Martinez, RCF 9:21.6 Alan Green, SV 9:28.6

High Jump B.Burns, Pleasant H 4-9 G.Capestany, ML M.Gerspers, Pl Hill 4-2 A.See, Pleasant H'1 4-2 P.Griffin, Napa 4-2 S.Milstead, Sparta 4-2

Triple Jump B.Sells, Sal Vly 30-0 B.Casper, Sal Vly $28-6\frac{1}{2}$ S.Milstead, Sparta 28-6 A.Green, Sal Vly 27-8½ M.Ramos, Sparta 27-5

Shot Put (6 pound) J.Maguire, Napa 37-10 T.Ritchey, McFar 31-7 S.Bolten, Bl Ang 28-2 A.See, PleasantH 27- 91 S.Jewell, Sal V 27- 82 D.Oehler, Sal V 27- 134

4 x110 yard Relay Salinas Valley TC Napa TC Huntington Bch BC 56.0

Boys 12-13

100 yard Dash Jim Cooper, Pl H 11.1 Kevin McDonald, Brky 11.2 Ken Lawler, SV Rod Burris, SJS

220 yard Dash Kevin McDonald, Brky24.5 Ken Lawler, LA Jet 24.6 Rod Burris, SJS Ed Corpuz, SURR

440 vard Dash Don Fisher, HH Ken Puccini, ML Ed Corpuz, SURR 58.6 Jay Ramsey, HunBch 58.7

880 yard Run Dennis Fox 2:10.2 Kevin Knox, WW 2:11.5 Mike Tambini, App 2:11.5 Jay Ramsey, HB 2:12.7 Ron Jordan, LA Jets 15.1 Shawn Shambaugh, WW 15.5

One mile Run Eddie Lujan, WW 4:50.8 Chuck Assumma, SUR :50.8 Frank Assumma.SUR :52.4 Bill Davis, SV 5:02.8 Scott Porter, SJS 5:03.6 Tom Williams, SJS 5:16.1

Two mile Run Chuck Assumma Randy White, WW 10:26.0 Frank Assumma 10:29.8 Tom Williams 11:17.1 Kim Crawford, WW 11:32.5 Bob Kadie, SJS 11:33.0

70 yard Hurdles (30") Curtis Sells, SV 9.4
Don Fisher, HHoover 9.5
Ken Lawler, SV 9.8
Carl Jones, LAJets 10.2 Brian Platner, SJS 10.3 Tom Lawson, Pl H 10.6

One mile Walk Frank Miller, HH 9:14.0 Jim Lowmiller, SV 9:34.3 Dave Wilson, RCS 9:34.3 Tom Graycar, RCF 9:38.2

Two mile Walk Frank Miller, HH 19:46.6 S.Henderson, ML 20:26.8 Dave Wilson, RCF 20:34.5 T.Graycar, RCF 20:41.7

High Jump C.Sells, Salinas V T.Lawson, Pl Hill 5-2 D. Fisher, HHoover 5-0

Long Jump K.McDonald, Berk'ly 18-7 D.Vidal, ML 17-11 F.Miller, HHoover 17-5 M.Holland, HHoover 17-5

Triple Jump J.Cooper, PH D. Vidal, ML C.Sells, Sal Vly 36- 6 F.Miller, HH

Shot Put (8 pound)
J.Cooper, PH 40-7½
F.Booke, Vallejo 40-0½ M. Trimble, Vall

Discus Throw M.Emege, Vallejo J.Mudgett, RCF J.Owen, Palo Alto 91-5

4 x110 yard Relay Millbrae Lions Vallejo PAL San Juan Striders 52.0

Boys 14-15 100-Chuck Winter (HH) 10.7; 220-Keith Taylor (HH) 24.7; 440/880-Taylor(RCF)54.8/ 2:05.1; Mile-Walter Bridges (Sports United Rial-to Road Runners) 4:38.2, Taylor (RCF) 4:41.3, J. Troutman (SURR) 4:45.5, Cortez (RCF) 4:47.8; 2M-Cortez 10:15.1, Troutman 10:18.7; TOIH—Jerry Flowers (SURR) 9.2, Gerkenmeyer (RCF) 9.3; 120H (39")—Flowers 16.2, Gerkenmeyer 16.4; Mile W—Cortez 8:19.0; 2MW—Mike Binnar (St George TC) 17:49.7, Cortez 17:51.0; HJ—Flowers 6-1, Taylor (HH) 6-0; PV-Black (Redwood City Striders) 11-0; LJ-E.Van Brenk (Redwood City Flyers) 19-3½; TJ-C.Taylor (HH) 43-0¾, Van Brenk 42-0¾; 8#SP-J. Mango (SURR) 48-0, H.Paleologos (RCF) 45-7, R. Wilson 45-54; DT-Wilson 156-0, T.Green (Val) 151-4, Paleologos 142-0; 4x110Re-HH 46.8, Sparta TC 48.9; 4x440Re-RCS 3:44.4, HH 3:45.4

NORTHWEST KIWANIS AGE GROUP "INVITATIONAL" MEAD, WASHINGTON - MAY 19 FROM NEIL GMEINER

A pair of Brian's turned in the top allaround performances, as the track season got rolling in eastern Washington/Idaho region.

BRIAN YOUNG of Post Falls, Idaho, was outstanding in the junior division sprints and high jump, while BRIAN HILL of the host Kiwanis was a triple winner in the bantam dashes. CAROL BUNDY (bantam), DIANE WELLS (midget) and JILL PARDINI (junior) were triple victors.

SALLY LAYMAN had the top single mark for the girls, a 4-7 high jump in the 10-11 division. BEST MARKS: vision.

 Bantam Boys
 (9-Under)
 50/100/220-Brian Hill
 (NW

 Kiwanis)
 7.1/13.9/33.2;
 440/880-Jodi Baker (Road-runners)

 79.7/3:06;
 440W-Bill Alleman (Richland)

 2:24.4; HJ-Chris Caviness (Franklin) 3-7, Lance Manthey (Rich) 3-6; LJ-Rod Robinson (Rich) 10-2; SLJ-Mark Donais (NWK) 6-2; BET-Ken Brager (Rich) 131-1, Jeff Courtwright (Cheney) 130-7

Midget Boys (10-11) 50-Jim Roletto (Silverton)
6.9; 100/SIJ-Tony Sahm (Rich) 12.5/7-7; 220/440
-Rick Bates (Ch) 28.9/66.0; 880-Doug Starkey(NWK)
2:48.6; Mile/LJ-Jeff Bendewald (Mead) 5:42.4/ 12-8; MileW-Jeff Fisher 10:39.5; HJ-Kevin McNeal (Ch) 4-6; SP-Dick Crabb (Ch) 28-5\frac{1}{2}, McNeal 27-2; BBT-Steve Pelleur (M) 176-3, Bates 175-2; TJ-Stu McMath (NWK) 26-9\frac{1}{2}; 4x110Re-Mead 58.7

Junior Boys (12-13) 100-Jeff Ammerman (Lower Valley TC) 11.5; 220/440-Brian Young (Post Falls) 25.8/58.3; 880-Don Hubbick (LV) 2:32.7; Mile-25.076.3; 63.3 For MileW 2:32.7; Mile-Kelly Walters (M) 5:24.3; MileW-Phil Ragland (NW) 8:57.8; HJ-Young 5-1, Tim Kromholtz (RR) 5-0; LJ-Vic Wallace (NWK) 15-3; TJ-Kromholtz 30-0; SP-James Dean (Rich) 29-9½; 70H-Jerry Holman (Yakima Road Runners) 11.3; 4x110Re-YRR 54.7

OREGON AAU GIRLS AGE GROUP CHAMPIONSHIPS BATTLE GROUND, WASHINGTON - MAY 26

From BRUCE FLANAGAN & PORTER MARTIN, all-weather track, no wind, 75°.



TERESA WIERSON

MARCHI and TERESA WIERSON accounted for four superb victories to provide the high-lights of this meet. Worthy of note is the good strength shown in most 13-under events. TOP RESULTS:

100-Lisa McDowell (Flanagan Clan) 13.9; 440/LJ-Carol Coparanis (Portland TC) 76.8/ 11-6½; 880/BBT-Debbie Koffel(Spartan TC) 2:54.8/ 880/BBT-Debbie Koffel(Spartan TC) 2:54.8/ 112-2; HJ-Cheryl Harding(FC) 3-6, Ann Hummels 3-4

Girls 10-11 100-Raquel Boler (Tiger Tracksters) tied Amy Closs (Por) at 12.4; 440-Marchi Wierson (age 10, Por) 66.4; 880-Nena Jones (TT) 2:43.9; 50H-Teresa McAndie (Por) 8.9; HJ/BBT-Linda Hall 4-4/163-8; LJ-Kim Mock (Sp) 14-2, Boler 14-1; 6#SP-Laura Yeager (FC) 29-2; Lynn Kier(TT) 26-4, Melinda Walker (FC) 26-0; 4x110Re-Por 58.1

Girls 12-13 100-Tori Hadley (Por) 12.0; 440/ 80mH/200mH-Teresa Wierson (Por) 61.2/12.6/29.0; 880-Ann Gullikson (Por) 2:37.4; Mile-Eryn Forbes (12, Por) 5:17.6, Jamie Mitchell (12, Por) 5:21.8 HJ-Rene Holyk (TT) 4-6; 6#SP-Debbie Yeager (FC) 37-0, Pat Herrington (TT) 33-6; DT-Herrington 101 Yeager 92-0; <u>JT-Nancy Ellertson</u> (TT) 94-6½, Heidi Jolma (TT) 92-2, Yeager 86-9; <u>440R-Por 55.2</u>

Girls 14-15 100/220-Dawna Rose (14, Por) 11.4/ 26.2; 100mH/300mH-Liz Walker (FC) 16.0/47.4; LJ-Teresa McClure 16-3½; 8#SP-Marion Anacker(P)36-3

SOUTHERN Area

Selected Meet of the South

SOUTHERN AAU GIRLS CHAMPIONSHIPS BATON ROUGE, LOUISIANA - JUNE 16

FROM LURLINE STRUPPECK AND EARL HACKETT

Gals from Cajun county and Mississippi are beginning to get on the right "track". Competitors from thirteen teams placed in events in the four age divisions.

nn the four age divisions.
WANDA NICHOLSON of Dryades TC was a good
triple winner in the 12-13 sprints and her
teammate 14 year-old SUSAN HACKETT continued
her fine jumping by clearing 5-6 and 18-0.
The best overall field event was the 1213 division shot put, as three girls exceeded
34 feet and two (DIANE JAMES and DARLENE OURSO)

were over 36 feet with the 6 pound ball. Best results:

(Louisiana State University Stadium - all-weather track - negative winds at time)

Girls 9-Under 50-Evelyn Murry (Nugent Center TC) 7.4 & 7.2h; 100-Murry 13.9 & 13.4h, Stephanie (Nu) 13.9; 220-Frankie Baker (Nu) 31.6, Ellen Clauden (Dryades Street YMCA TC) 32.6; 4xllORe-Nugent 60.3, So Shreveport TC & Harvey YTC 64.3

Girls 10-11 50-Rhonda Jenkins (So District TC) 6.7 & 6.6h, Cora Sherman (W Riverside TC) 6.9 & 6.6h; 100-Lana Zimmerman (Har) 12.8 & 12.2h;
220-Jenkins 28.4 & 28.2h; 880-Debra Cox (Dr)
2:47.8; HJ-Zimmerman 4-4, Sheila Scott (Dr) 4-2;
LJ-Donna Carroll (Jefferson Parish Little Farms)
12-8; 6#SP-Kim Allen (JPLF) 23-3; 440Re-WR 56.9

Girls 12-13 50/100/220-Wanda Nicholson(Dr) 6.3/11.8/26.9; 440-Candy Price (Crescent City TC) 63.9; 880-Chris Ann Ward (CC) 2:32.0; Mile-Carol Quartano (CC) 6:28.9; 50H(30")-Lena Hicks (WR) 7.6, Kay Posecai (JPLF) 8.1; HJ-Clara Scott (Dr) 4-8; LJ-Debra Block (JPLF) 15-7½; Posecai 15-3½; 6#SP-Dianie James (Nu) 36-8¼, Darlene Ourso (Istrouma) 36-7½, Deborah Lato (SD) 34-7¾;

Girls 14-17 100-Mary LeBlanc (CC) 11.2, Carrie Sherman (WR) 11.3; 220-Bernadine Givens (Dr) 25.8, Sherman 25.8; 440-Linda Murphy (Nu) 63.0; 880-Diane Mull (CC) 2:27.9; Mile-Earnestine Jackson (WR) 5:42.3; 2M-Tammy Spurgeon (Dr) 12:49.2; 80H(30")-Betty Spencer(Nu) 11.0, Monica (Dr) 11.1 Debty Lacebrae (CC) 11.4 Market (Dr) 11.2 Debty Lacebrae (CC) 11.4 Market (Dr) 11.4 Market (Dr) 11.4 Market (CC) 11.4 Market (C Williams (Dr) 11.1, Debby Jacobsen (CC) 11.1; HJ-Susan Hackett (Dr) 5-6, Debra Chevalier (New Toeria) 5-1; LJ-Hackett 18-0, Annie Thompson (Nu) 17-5\frac{1}{4}; \frac{4\kgSP}{2}-Josephine Mitchell (Nu) 30-10\frac{1}{4}; DT/JT-Mary Gray (Dr) 105-3/118-3; 4x110Re-CC 49.4

ROANOKE VALLEY JUNIOR OLYMPICS SALEM, VIRGINIA - MAY 29 from DARR GRAHAM

Typical of the many local junior Olympic meets is the one which attracted 160 boys and girls, 13 and younger, to Roanoke Valley College. The outstanding individuals were all from the Junior boys division (12-13): MIKE HECK in the sprints and long jump, quartermiler / high jumper ALEX WOOD and shot putter TOM DICKLEY Winners included the following:

Bantam Boys (9-Under) 50/440-Pelias Brown 8.0/ 80.1; 100-Matthew 0'Dell 14.6; 880-Billy Newton 3:10.9; LJ-Larry Light 10-3

Midget Boys (10-11) 100/440/6#SP-Clark Holbrook 12.9/72.2/28-0½; 880/LJ-Brian 0'Dell 2:42.4/12-7

Junior Boys (12-13) 100/220/LJ-Mike Heck 11.8/ Junior Boys (12-13) 100/220/15-711Re neck 11.67 26.2/17-4½; 440/HJ-Alex Wood 58.4/5-0; 880-Bud Rouse 2:41.0; Mile-Tony Rankin 5:29.4, Doug Graham 5:32.0; 8#SP-Tom Dickley 41-10, James Alexander 36-1, Zack Towler 32-3½

<u>Bantam Girls (9-Under)</u> 50-Robin Sandy 7.9; 100/ LJ-Sherri Graham 14.9/11-0; 440-Barbara Lamb 81.0; 880-Tracie Goodman 3:22.0

Midget Girls (10-11) 50/100/440-Andrea Stoutamire 7.2/13.6/76.1; LJ-Patricia Webb 10-84

<u>Junior Girls (12-13) 50/100/220</u>-Susan Smith 6.7/ 12.4/29.1; 440-Cindy Light 71.1; <u>LJ</u>-Kelly Gaugh 14-11; 6#SP-Judy McGuire 31-1

HIALEAH OPTIMIST BOYS MEET MIAMI, FLORIDA - MAY 26

FROM STAN ROMERO

Quarter-milers took a liking to the fast all-weather track at Miami-Dade Co-munity College. KEVIN EDGECOMB first held off strong challengers, to record a sub-56 second time in the 12-13 group, then went on to also win the mile in good time. Not to be outdone, ERIC RICHTER beat back the challenge of MIKE McGINNIS in the In-

termediate division one-lapper, as both boys bettered 53 seconds.

The meet was graced by some fine performers from the neighboring Bahamas. BEST RESULTS:

Junior Boys (12-13) 100-Melvin Dunnom (Central Boys Club) 10.9; 220-Larry Jackson (CBC) 25.0, Dunnom 25.2; 880-Arthur Ballard 2:13.0, Gus Gilbert 2:18.1; HJ-Bruce Rivera (Miami Run-for-Fun) 4-11, Tim Everett (Northwest BC) 4-11; LJ-Robert Godwin (CBC) 17-34; 8#SP-Gerald Fowler (CBC) 38-0, Esteban Acosta (Westchester Optimists) 37-11, Abraham Moss (Richmond-Perrine TC) 37-5;

440 vard Dash One mile Run Kevin Edgecomb, CBC 55.8 Kevin Edgecomb Esteban Acosta, WO 56.7 Gary Chew, HO Robert Godwin, CBC 58.6 Mike Thurston Gary Chew, HO

Intermediate Boys (14-15) 100-Leslie Turnquest (Pioneers Sporting Club, Bahamas) 10.5; 220-Wendell Shavers (CBC) 23.1, Turnquest 23.4; 440-Eric Richter (No Miami Beach Optimist) 52.5, Mike McGinnis (Kendall AC) 52.8, Steven Edgecomb (CBC) | 880/Mile-Michael Cooper(PSC) 2:07.9/4:52.3; | 120H(30")-Nero Sweeting (CBC) 15.1; | HJ-John Gratton (HO) 5-9½; | LJ-Ira McCants (RP) 19-8½; | PV-Matt Mihm (Ken) 10-6; | 12#SP-Jack Zigelsky (Ken) 41-5½; | 1.6kgDT-David Odom (Ken) 113-3

Senior Boys (16-17) 100/220-Warren Porter (RP) 10.2/22.4; 440-Anthony Cummings (CBC) 50.9; MileWalk-Mark Yeadaker (HO) 7:47.6

FLORIDA GOLD COAST AAU GIRLS CHAMPIONSHIPS

MIAMI, FLORIDA - JUNE 2 FROM ELI GAGICH

KIM MICKENS (9-under), CHERYL WALLACE and FARAH BROWN (both 10-11) contibuted to the usual fine sprints for which the region is

In the open division, LORRAINE RAY got off a lifetime best long jump (18-4 1/2) to maintain her dominance over Junior Olympian ANNA CHESTER (17-10). Lorraine returned to win the 100 meter (33 inch) hurdles in a good 15.5, while Anna took the quarter in 62.3 seconds. Age group results:

Girls 9-Under 100/440-Kim Mickens (Richmond-Perrine TC) 13.1/70.9; 220-Queen Johnson (Community YC) 32.6; 880-Sharon Chiong (Miami RFF)3:04.6

100/220-Cheryl Wallace (Northside Girls 10-11 Optimist) 12.2/28.3, Teresa Barr (CYC) 12.4/28.4; 440-Farah Brown (RP) 63.7; Mile-Maria Negron(RFF) 6:17.8; LJ-Pam Daniels (NSO) 13-1

Girls 12-13 100-Valerie Mims (CYC) 11.9; 220/440 (NSO) 27.3/64.4; LJ-Valerie Wallace (CYC) 15-4; HJ/6#SP-Rose Cox (LibertyAC) 4-4/28-2

HOUSTON WOMEN'S INVITATIONAL MEET

HOUSTON, TEXAS - JUNE 9 from HERMAN GOLDBERG

Texas' stars of the year, both named Sue, highlighted this annual meet. SUSAN ARMSTRONG of the Houston Astro-Belles once again exceeded 150 feet in the javelin (in the Women's division) and SUZIE SNIDER of Waco topped 47 feet in the

LINDA CORNELIUS of Fort Worth jumped well vertically and horizontally and 11 year-old NEDRA SIMPSON again turned in startling sprint times. BEST RESULTS:

Girls 13-Under 50/100/220-Nedra Simpson(Houston Spikettes, age 11) 6.3/11.8/26.4; HJ-Dana Nichols (Garland GTC) 4-6; LJ-Barbara Drain (FBC, Fort Worth) 15-9, Joan Bevis (Dallas Striders) 15-8½, Melinda Alcala 15-84; 4x110Re-PBC 52.4, Gar 52.8

Girls 14-17 100-Mary LeBlanc (Crescent City TC) 11.3, Linda Cornelius (PBC) 11.3; 220-Renee Moore (HS) 25.8; 440-Renelda England (Houston Astro-Belles) 59.6; 880/Mile-Rhonda Garrison (Ft Worth TC) 2:21.5/5:32.8; 80H(30")-De Ann Bingham(Texas TC) 11.2; HJ/LJ-Linda Cornelius (PBC) 5-2/18-4½; SP-Suzie Snider (Robinson TC) 47-5½; 4x110Re-Crescent City 48.9; 4x440Re-Houston AB 4:03

ATLANTA TRACK CLASSIC ONE MILE RUNS

ATLANTA, GEORGIA - JUNE 2 from DON GAMEL

Forty-eight young runners from five states participated in the youth runs, sponsored by the Atlanta Track Club. This meet annually attracts the top high school athletes in the South, and also offers opportunities for all age groups.

HAROLD TINSLEY,Jr. and TIM BLACK from the productive Huntsville, Alabama, area, featured the series of mile races. Harold blitzed his 9-10 field by 27 seconds and Tim, only 13, edged a group of fine 14 year-olds in sub 4:50 time. He has been credited with times in the 4:42 range. Fastest finishers included:

Boys 7-8 Todd Allmond (Atlanta, age 7) 6:50.9, Bradley Soha (Cartersville) 7:12.2, Jeff Dickson (East Point) 7:13.7; Boys & Girls 9-10 Harold Tinsley (Huntsville, Ala) 5:31.8, Terry Thorn(EP, age 9) 5:58.9, Karen Gamel (EP, 9) 6:10.9, Mike Smalley (Atl, 9) 6:24.8; Boys 11-12 Domnie
Miller (Winston-Salem, NC) 5:23, Mike Lankford
(EP) 5:24; Boys 13-14 Tim Black (Huntsville,13)
4:49.1, David Alexander(Atl) 4:49.8, Mike Randall (EP) 4:52.2, Mike Yawn (Jacksonville, Fla, 13) 4:57.3, Art Bullard (St Petersburg, Fla, 13) 5:01.1, Steve McNeeley (Columbus, Ga, 13) 5:01.4

FLORIDA GOLD COAST JUNIOR OLYMPICS MIAME, FLORIDA - JUNE 16 from STAN ROMERO

ELRIDGE ALEXANDER became one of a handful of boys to dip under the 2:40 mark in the bantam division 880 and his teammate JOHN ALEXANDER ran an excellent sub-5:17 mile in the midget division. Those times are all the more noteworthy, considering the typical Florida heat.

Sprinters were their usual mercuric selves and there were some fine all-around efforts as well. For the boys, in the latter category, we must mention TERRY DANIELS, WAYNE WILLIAMS and MARK BIASUCCI in the midget division and ABRAHAM MOSS in the Junior class. For the girls, KIM MICKENS, who had another superb triple sprint win in the Bantam division.

Bantam Boys (9-Under) 50-Gerald Alchin (Miami Run for Fun) 7.0, Alfonso Jackson (Central EC) 7.1; 100-Gartrell Johnson (CEC) 13.1, John Paglino (Miami Springs Optimist) 13.2, Alchin 13.2; 220-Rod Dixon (No Side Optimist) 30.3, Paglino 30.4; 440-Mitchell Green (Richmond-PerrineTC) 70.4, Paglino 71.7; 880-Elridge Alexander (Ft Lauderdale TC) 2:39.4, Karl Leinberger (MRFF) 2:43.4, Mark Higgins (MSO) 2:46.9; LJ-Alchin 13-6

Midget Boys (10-11) 50-Terry Daniels (CBC) 6.3, Dwight Drane (NSO) 6.3; 100-Drane 11.8, George Rhymes (CBC) 11.8; 220-Rhymes 26.8; 440-Daniels 62.5, Rhymes 64.8; 880-Greg Anderson (NSO) 2:36.5 Mile-John Alexander (FL) 5:16.8, Wayne Williams (CBC) 5:26.0, Joey Evans (MSO) 5:34.5; 3J-Mark Biasucci (Miramar Striders) 4-10, Anderson 4-10, Williams 4-6; LJ-Biasucci 15-9, Williams 15-8; 6#SP-Daniels 29-94, Biasucci 29-04

Junior Boys (12-13) 100-Melvin Dunnom(CBC) 11.0 Lorenzo Roan (Northwest BC) 11.0, Carlos Young (RP) 11.1; 220-Larry Jackson (CBC) 24.8, Abraham Moss (RP) 58.0, Robert Godwin (CBC) 58.0, Esteban Acosta (Westchester Optimist) 59.0; <u>880</u>-Gus Acosta (Westchester Optimist) 59.0; S80-Gus Guilbert 2:15.0; Mile-Kevin Edgecomb(CBC) 5:05.8 HJ-Brian Hayes 5-0; LJ-Gene Gustad (MS) 18-2, Godwin 18-2, Bruce Rivera (MRFF) 18-0; S#SP-Gerald Fowler (CBC) 40-4½, Acosta 38-6½, Moss 37-6¾

Bantam Girls (9-Under) 50-Kim Mickens (RP) 7.0, Kathy Rackard (Miami Jets) 7.1, Cynthia Jordan (Community YC) 7.2; 100-Mickens (RP) 13.0, Deborah Smith (MJ) 13.2, Katherine Wallace (NSO) 13.2; 220-Wallace 30.6, Smith 30.8, April Armstrong (RP) 31.1; 440-Mickens 70.1, Armstrong 73.8, Zelda Wilkins (MJ) 74.6; 880-Crystal Griffin (MJ) 13.6 3:02.2; LJ-Rackard 13-6, Shelia Scott (MJ) 12-6

Midget Girls (10-11) 50/880-Farah Brown(RP) 6.7/ 2:55.0; 100-Cherryl Wallace (NSO) 11.9, Theresa Barr (CYC) 12.2, Bridgitte Williams (MJ) 12.4; 220-Wallace 27.4, Brown 27.6, Barr 27.7; 440-Williams 67.2; Mile/HJ-Sharon McCutchen (MJ) 5:57.4/4-0; LJ-Susie Dukes (CYC) 14-6; 6#SP-Marilyn Simpson (RP) 21-10, Williams 21-9

Junior Girls (12-13) 100-Valerie Mims (CYC) 11.5 Diane Parker (NSO) 11.8, Cora O'Neal (MJ) tied Bridget Boyd (RP) at 11.8; 220-Mims 26.6, 0'Neal 26.7, Parker 27.1; 440-Debbie Scott (MJ) 65.3; 880-Crystal Manners (Liberty AC) 2:39.2; Mile-Paula McCall (MJ) 6:22.0; HJ-Rose Cox (Lib) 4-4; LJ-Cornelia Jackson (MJ) 15-6, Linda James (MJ) 15-11, Mims 15-1; 6#SP-Sandra Wilcox (NSO) 30-3

MID-WESTERN Area

Selected Meet of the Midwest

MOUND AGE GROUP BOYS INVITATIONAL MIAMISBURG, OHIO - MAY 26



FROM MARK BECKER

A two hour rainfall the evening before the meet made "mudders" out of all participating runners in this second annual affair held at Miamisburg's Harmon Field.

A total of 369 athletes took part in this year's version of the meet, with teams representing Ohio, Kentucky, Pennsylvania, Michigan, Indiana and Canada.

Little LOUIS McCLENDON of the Detroit Striders walked off with the outstanding 9-under Athlete award, by winning the 220 in record time, plus capturing the 440 and 880 in meet record times, as his team captured the 9-under title.

Kettering Strider's SCOTT DAHM was the outstanding athlete in the 10-11 division, by recording a triple win which included the 220, 880 and a remarkable heave of 37-4 3/4 with the 6 pound shot: DAN ROHRS edged Detroit's REGGIE ASHLEY in the 100, then won the high jump over 10 year-old JACK JOHNSON 4-10 to 4-8.

In the 12-13 division, TIM ABBOTT from Owen Sound (Canada) broke the meet record in the mile by almost II seconds on a track that was muddy at least 180 yards of every lap. Panther TC's GARY MILLER and JAY HOUSEHOLDER of the Mound TC had outstanding duels in the sprints, in good times, despite the sloppy track. Jay showed his versatility by placing second in the shot put with a personal best of 51-0 1/4, which was not good enough however, as BILL WELCH of the Graham Falcons powered the eight pound ball 53-3 1/2. Bill ended up taking the outstanding athlete honors, by winning the long jump and also placing in the 100. The Mound Track Club walked off with the team title. In the 14-15 division, Utopian Athletic's WILLY WASHINGTON didn't let the mud stand in his way, as he won the 100 in 10.4 and the 440 in 51.8. His most amazing feat was in the 440 yard relay where he took the baton five to 10 yards behind Mt. Lebanon, and sprinted to the finish to take a tenth of a second victory. Washington was the Outstanding Athlete in this division.

The meet was sponsored by the Mound TC and the Southmont Optimists Club.

Daryl Melner, Com 75.7

440 yard Dash Louis McClendon, DS 73.0 Chris Caudell, DS 73.8 Daryl Bernard, KS 74.6

boys y-chaer	
100 yard Dash	
Eric McSwine, DS	13.3
Bryant Smith, DS	13.5
David Francis, Com	13.9
Scott Sprenger, Mnd	14.2
Clayton Luckie, Ut	14.2
222	

layton Luckie, Ut 14.2	Steve Shanton, Ohit 76.
20 yard Dash	880 yard Run
ouis McClendon, DS 30.6	Louis McClendon 2:43.
ric McSwine, DS 30.9	Chris Caudell, DS 2:48.
ryant Smith, DS 31.1	Kevin Mahorney, KS :50.
aryl Bernard, KS 31.6 layton Luckie, Ut 31.6	Scott Keifer, KS 2:55.
layton Luckie, Ut 131.6	Jim Jordan, GF 2:56.

High Jump	
Scott GreenwaldLsv	3-10-
Eric McSwine, DS	3-8
Jeff Adkins, GF	3-8
Bryant Smith, DS	3-6
Jeff Baker, KS	3-6

Long Jump	
Scott Greenwald	11-
Rich Blong, ML	10-1
Chris Caudell, DS	10-
Jim Jordan, GF	10-

Baseball Throw	
Jef Adkins, GF	149-0
Jef Huff, KS	143-0
Gre g Thompson, GF	133-0

4 x 110 yard Relay	
Community TC	63.7
Kettering Striders	64.2
Utopian AC	64.8

Boys 10-11

100 yard Dash	
Dan Rohrs, Ohio TC	12.3
Reggie Ashley, DS	12.3
Keith Kimmell, ML	12.6
220 yard Dash	
The second second	

Scott Danin, KS	21.0
Roderick Avery, DS	28.4
Brent Wrightsell,0	29.9
440 yard Dash	

440 yard Dash	
John Cavalaris, Oh	66.8
T.Washington, Ut	66.9
Bill Larimer, ML	67.3
Jim Martin, Mound	67.9

oco yaru min
Scott Dahm, KS 2:23.8
Mark Mayhew, Ath 2:33.0
Emory Callaway, DS :33.1
Jeff Jenkins, Mnd 2:33.4

One mile Run	
Steve Eisnaugle	5:52.4
Dean Helfer, ML	5:59.0
Jimmy Olson, ML	6:01.3

High Jump	
Dan Rohrs, OhioTC	4-10
Jack Johnson, DS	4-8
Jeff Welch, GF	4- 4

Long Jump	
Reggie Ashley, DS	15-44
Jack Johnson, DS	14-51
Eric Lemons, ML	13-9

Shot Put (6 pour	id)
Scott Dahm, KS	37-43
Jeff Fannin, GF	35-41/2
Jeff Welch, GF	31-8

4 x 110 yard Rel	ay
Detroit Striders	55.7
Ohio TC	57.3
Mt Lebanon TC	57.7

Boys 12-13

100 yard Dash	
Gary Miller, Pan	10.9
Jay Householder, Md	11.1
Bill Welch, GF	11.5

ZZO Yalu Dasii	The same of the sa
Gary Miller, Pan	25.0
Jay Householder, Md	25.2
Terry Gova, Mnd	25.9
Terry Gova, Mnd Timothy Tripp, Ut	25.9

440 yard Dash	
Timothy Tripp, Ut	58.1
Terry Bova, Mnd	60.6
880 am and Purp	

ood yaru nui
Chris Hohl, KS 2:24.2
Mark Cooks, Mot C :25.2
John Wallace, Oh 2:25.5
Ron McCroson, Mnd 2:25.8

One mile Run	
Tim Abbott, OS 5:14.9	
Chris Wakeford, Oh: 16.4	
Lyndon Johnson, DS :21.1	



RICH SNODGRASS of Mound and JIM PIKE from Mt.Lebanon are pictured battling it out over the 70 Low hurdles.

Drew Harrison, Oh	11.0
Kevin Flourney, MC	11.4
Rich Snodgrass, Mnd	11.5
Jim Pike, ML	11.6

880 yard Walk		
Kevin Butler,		4:13.1
Tony Morrett,	GF	4:34.0
Pat West, GF		4:46.3

***	Cump		
Brian	Loney,	0S	5- 13
Rich	Snodgras	ss,Md	4-10
Ron M	lc Croson	, Md	4-10

Long	Jump	
Bill	Welch, GF	$17-3\frac{1}{2}$
Mike	Zanowick, Mnd	17-0

Shot Put (8 pound)
Bill Welch, GF	
Jay Householder,Md	51-04
Dave Hortman, Md	39-4

Disco	as Throw	1.0	kg)
Greg	Bell, Mnd	1	97-31
John	Mirabelli	,ML	92-6

Boys	14-15

100 yard Dash	
Willy Washington, U	10.4
Tom Spooner, Pan	10.6
Rod Webb, Utopian	10.7
220 yard Dash	

220 yard Dash	
Tom Spooner, Pan	23.8
Tom Peterman, ML	24.2
Chris Pohl, ML	24.4
440 amad Deah	

	aru masir		
Willy	Washing	ton, U	51.8
Peter	Kasper,	Pan	53.2
Mike	Wessells,	ML	56.6

000	yara kun		
Mike	Wessells,	ML	2:12.
Mike	Mayhew,	th	2:13.

One r	nile Run	
Tony	Provenzola	4:55.0
Mike	Mayhew, Ath	4:59.6

120 y	ard Hurd	les	(30"))
Cliff	Thomas,	TH	14.	8

night	Jump		
Mark	Mattison,	Ut	6- 0
John	O'Conner,	KS	5-10



Ohio TC's KEVIN BUTLER heels and toes on the muddy track, on his way to a hard earned win. TRACY TEEGARDEN follows in Kevin's splashy path.

Long .	Jump	
Keith	Kruger, ML	19-74
Chris	Pohl, ML	18-6

Shot Put (8 pou	ind)
Ray Welch, GF	51-11
Peter Kasper, Pan	50- 21
Chuck Rudwall, KS	47-10

Discu	is Throw	(1.6	kg)
	Townse		
Duke	O'Neil,	ML	105-6
Dave	Baker,	Pan	105-4

4 x 110 yard Relay	
Utopian AC	46.6
Mt Lebanon TC	46.7
Ponthon TO	17 .

Bantam Girls (9-U) 100-Cynthia Hopkins (OCP) 12.7, Jodl Hehnke (Kearney) 13.2, Eugenia Marshall (Om Franklin) 13.3; LJ-Tami Keller (Harvard) 11-7

Midget Girls (10-11) 100-Sherry Dupree(SC) 11.9, Jackie Washington (OCP) 12.2, Susan Hyde (Lin) 12.3; HJ-Glevan Cavcutt (Table Rock) 4-2; LJ-Sherri DuPree (SC) 15-1; 4x110Re-Omaha Fr 56.5

Junior Girls (12-13) 100/220-Julie Faris (Tecumseh) 11.7/28.9; HJ-Kim Hunt (Battle Creek) 5-0, Lori Lynn (Harrisburg) 4-10, Donna Fox (Bassett) 4-10; LJ-Kathy Kaelin (Westerville, Ia) 16-10, Lois Hornig (Ogallala) 16-6½, Lori Long (Harrisburg) 15-11½; 6#SP-Kelley Paulsen(Oshkosh) 36-8½ Stephanie Smith (Ke) 35-3½, Gayla Chambers 34-11½

Intermediate Girls (14-15) 100/220-Cindy Tatum (No Platte) 11.3/27.3; 440-Cindy Sea (SC) 61.2; 880-Debbie Grafentin (Omaha NW) 2:33.8; 100mH-Nancy Kindig (Hastings) 15.0; HJ-Nancy Steiner (Omaha Norris) 5-0; LJ-Peggy Liddick (Lin) 17-7½ Sandra Obermeier (Aurora) 17-5; SP-Nancy Parker (Missouri Vly, Ia) 38-11, Cindy Blum (How) 37-7

MIDWESTERN AAU JUNIOR OLYMPICS OMAHA, NEBRASKA - JUNE 9

Impressive depth in all events was the

Impressive depth in all events was the keynote to this district JD meet. The Midwestern has an extensive network of qualifying meets, developed by TOM HALLSTROM until recently the boys National Junior Olympic Chairman. Leading the charge, were Omaha's sprinters RANDY BROOKS and RODRICK WASHINGTON who were double winners. A strong contingent from Sioux City, Iowa, contributed the outstanding girl, SHERRI DIPREF. Leading results: SHERRI DUPREE. Leading results:

Bantam Boys (9-U) 100-Scott Harris (Omaha BC) 125, Derek Nared (Omaha Central Fark) 12.5, Carl Horne 12.5; LJ-Brent Harsin (Alma) 14-1, Rich McLain (Lincoln) 13-8½; Rick Bender (Blair) 13-8

Midget Boys (10-11) 100-Rodrick Washington (OCP) 11.6, Scott Schoettger (Lin) 11.8; Mark Patten (OCP) 11.9; HJ-Ron Gross (Fremont) 4-9, Kevin Black (Gothenburg) 4-7; LJ-Washington 16-10, Schoettger 16-1½, John Teachout (Shenendoah, Ia) 15-7; <u>4x110Re</u>-Omaha BC 54.6, Lincoln 56.5

Junior Boys (12-13) 100-Randy Brooks (OBC) 10.5, Junior Boys (12-13) 100-Randy Brooks (OBC) 10.5, Doug Strathkamp (Geneva) 10.5, Van Nutt (Sioux City) 10.9; 220-Brooks 25.7; HJ-Jom Novacek (Sloan) 5-5; FV-Steve Straka (Atkinson) 10-6, Tim Novacek (Sl) 10-0, Todd Hinkle (McCook) 10-0; LJ-Stu Lallman (Fre) 18-74; TJ-Tim Hogert (Seward) 38-64; Strathkamp 37-10, Larry Brown (Blkhorn) 37-84; SP-Mark Westgaard (Sl) 48-4, Mike Brammer (Sioux Center, Ia) 47-8, Joe Pritz 46-5

Intermediate Boys (14-15) 100-Mickey Green (SC) 10.3; 220-Gree Younger (Atlantic, Ia) 24.6; 440-Dwight Rossback (Randolph) 53.2; 880-Tim Keil (Plattsmouth) 2:03.2; Mile-Greg Lage (Winside) 4:41.3; 120H(39")-Kevin Poppe (Grant) 16.1; HJ-Claude Berreckman (Cozad) 6-0; PV-Curt Brock(SC) 12-104; Kirk Larsen (Goth) 12-5; LJ-Mike Ronhovde (Fre) 20-5; TJ-Bryan Baumert (Howells) 43-10, Ralph Dorsey (Omaha Central) 43-6½, Kenny Schute (Stromsburg) 42-11¼; SP-Mike Dando (Beatrice) 51-4½, Gary Schukel (Tarrington) 47-6¼

<u>Senior Boys (16-17)</u> 100/220-Don Rossbach (Rand) 9.8/23.1; 440-Paul McLain (Bellevue) 49.7;

OHIO AAU AGE GROUP CHAMPIONSHIPS TROTWOOD, OHIO - JUNE 9 FROM STEVE PRICE

Boys and girls from 16 south Ohio teams placed in the top five at Trotwood High School. No team_dominated, although the Ohio and

No team dominated, although the Ohio and Community Track Clubs of Columbus and the host Kettering Striders scored the highest.

Utopian AC's LINDA BANKS (14-15) and Community's VICKI GUNN (10-11) were good triple winners. In the girls divisions LAURIE and CARRIE CRAVEN ran some terrific half-miles.

Kettering's duo of GARY LOE and SCOIT DAHM ran excellent miles, considering the hot, humid weather, to highlight boys action.

weather, to highlight boys action.

 Boys
 9-Under
 100-A.Saine (CYO, Dayton)
 13.4, D.

 Francis
 (Community TC, Columbus)
 13.8; 220-Saine

 31.1;
 880-Jay
 Porter (Mound TC)
 2:49.9, Bobby
 Reilly (Kettering Striders) 2:52.1; HJ/BBT-J. Adkins (Graham Falcons) 3-7/143-0; LJ-Berry Bemis (KS) 11-4; 4x110Re-Kettering Striders 62.9

Boys 10-11 100/220-T.Hookfin (Springfield Striders) 12.1/29.5; 440-John Cavalaris (Ohio TC) 64.6; 880-Mark Mayhew (Athens TC) 2:32.9; 50H-Scott Weiss (KS) 8.5; HJ-Dan Rohrs (Oh) 4-9, J. Welch (GF) 4-5; LJ-Dave Savic (Oh) 13-11½; SP-J.Fannin (GF) 34-0, J.Welch (GF) 28-10½, Savic 27-3; 4x110Re-Ohio TC 56.8

Boys 12-13 100-Jay Householder (M) 10.8; 220-Gary Miller (Panthers TC) 25.1; 880-Chris Hohī (KS) 2:22.0; Mile-Scott Dahm (KS) 5:08.2, Chris Wakeford (Oh) 5:10.1; 80mH(30")-E.Hal1(SS) 13.0; HJ-Ron McCroson (M) 5-3; LJ-B.Welch (GF) 17-54; DT-E.Carter (SS) 126-0; MileW-Kevin Butler (Oh) 9:23.9; 4x110Re-Mound TC 50.8;

440 yard Dash Shot Put 57.7 B.Welch, GF 51-84 57.8 Jay Householder, M 47-10 T.Tripp, Ut 57.8 Steve Quamme Kan Kelly, KS 58.1 E.Carter, SS

100/220-Tom Spooner (Pan) 10.4/24.0; Boys 14-15 100/220-Tom Spooner (Pan) 10.4/24.0;
440-Peter Kasper (Pan) 53.9; 880-Dave Huesman(M)
2:10.5; Mile-Gary Loe (KS) 4:40.1, Eric Von Berg
(Colerain Striders) 4:46.8; 120H(20")-Mike
Whitehead (CS) 13.8; HJ-M.Mathison (Ut) 6-0½,
Whitehead 6-0; LJ-Eric Naols (St Peter TC) 19-5;
SP-Joe Meibers (CS) 54-0½; DT-Mark Sheppard(Pan)
129-3; 4x110Re-Utopian AC 46.8

Girls 9-Under 100-S.Cotner (0h) 13.3, K.Rohrs (Golden Angels) 13.7; 220-T.Belton (Ut) 33.0; 880-Laura Craven (0h) 2:37.2, Rachel Danduran(0h) 2:47.3; HJ-Nadine Dahm (KS) 3-9; BBT-Molly Ewing (GA) 109-2; LJ-Myra Henderson (Buckeye TC) 12-74

Girls 10-11 100/220/440-Vicki Gunn (12-14) 129-0/67.0; 880-Sally Slocum (Buck) 2:34.9; 50H-Josie Gill (KS) 8.8; LJ-Maja Anderson (Buck) 13-2 6#SP-D.Famera (SP) 23-6; HJ-Linda Janicki (Pan) 4-6, Slocum 4-5, Gwen Nielson (KS) 4-4, D.Schenck (M) 4-3; 4x110Re-Utopian AC 57.4

Girls 12-13 220/440-Sherrylynn Brown(Com) 26.5/60.3; Dorna Burroughs (DCYO) 26.7/60.8; 880-Carrie Craven (Oh) 2:26.9; Mile-Shannon Cline (GA) 5:31.8; 80mH(30")-Carol Addy (Oh) 13.0; MileW-Janine Hubbard (KS) 9:52.2; HJ-Carol Addy (Oh) 5-1, Sue Cary (Pan) 5-0; LJ-Becky Hamparian (GA) 15-3; 6#SP-Carolyn Miller (Oh) 34-2½; Christy Keifer (KS) 32-2½; DT-D.Ham (Ut) 71-2½;

S.Brown, Com 100 yard Dash R.Mansfield, Com 11.7 D.Smoak, Com 11.8 R.Brown, Ut T.Lewis, Ut 11.7

Girls 14-15 100/220/LJ-Linda Banks (Ut) 11.1/26.5/15-11; 440-Maggle Crochan (KS) 64.2; 880-Teri Seippel (KS) 2:20.0; Mile-Marie Kestrup (No College Hill TC) 5:21.0; 100mH(30")-Sue Duffy (0h) 16.1; MileW-Teri Teegarden (KS) 9:12.5; HJ-Julie Bierman (Bellbrook Boosters) 5-0; SP-Pat Malaczewski (Pan) 32-82; DT-Debbie Stephens 99-4

CENTRAL AAU GIRLS CHAMPIONSHIPS CHICAGO, ILLINOIS - JUNE 3 from NIGEL da SILVA

LAURIE BLANCHARD showed her heels to the local sprinters, recording the only individual double win and established herself as a force to be reckoned with in the 12-13 age group.

100-Lauriè Blanchard (W Suburban TC) 11.3, Lori Dinello (WS) 11.5, W.Parks (Murchurettes) 11.6; 220-Blanchard 25.6, Lewis (Galesburg TC) 26.4; 440-L.Kutska (WS) 65.4; 880-Jo Ann da Silva (WS) 2:27; Mile-S.Brichford (Urbana) 5:46; 80mH-Renee Gromka (NW Suburban Y) 13.2; HJ-D.Fisher (Gal) 4-6; LJ-Dinello 17-5; SP-Vicki Lawrence (Belvidere TC) 32-11; DT-Debbie Saban 67-11; JT-LuAnn Swanberg (Belv) 74-2; 4x110Re-52.5

OZARK JUNIOR OLYMPICS POPLAR BLUFF, MISSOURI - JUNE 9 & 10 FROM SAM GIAMBELLUCA

Everything for the "complete Junior Olympian" would be Isaak Walton's description of this meet, which this year offered 165 events in twelve age groups. What's more, 19 preliminary meets were conducted within the Ozark Association just to qualify boys and girls for this meet.

for this meet.

Among the recipients of the special Holly Huntington memorial awards for the outstanding athletes in each division was middle distance runner PAT COOK of Belleville, Illinois. Pat, besides being one of the better high school half milers in the land, has been outstanding in this meet for five years!

Poplar Bluff's own TRACY EDINGTON was little short of sensational in an "iron man" Intermediate Division performance. Not only did Tracy win the high jump with a national ranking 6-4 1/2 and take both high hurdle events, but he also exceeded 5,000 points in the ten events of the decathlon.

but he also exceeded 5,000 points in the ten events of the decathlon.

The top girls were ANN MILLER, who took two Intermediate weight events and the five event pentathlon, and GWEN BROWN of St. Louis, with some sensational 100 and long jumping performance in the middle this income. mances in the midget division.

The stadium also witnessed outstanding field performances, particularly in the weight events. Best results included:

Peewee Boys (7-Under) 50-Jose Ward (St Louis) 7.7; 75/SLJ-Pat Carda (Poplar Bluff) 11.4/5-11

Bantam Boys (9-Under) 50/LJ-Todd Franke (Mehlville) 7.1/13-2; 75/100/220-Fat Mallet(SL) 10.3/13.5/31.8; 440-Jim Jennings (Crystal City) 71.4, Roosevelt Williams (FB) 75.4; 660-Clay Chiles (FB) 2:08.4; HJ-Paul Hinton (FB) 3-9; Chris Bess (FB) 3-8; SLJ/STJ-Ernie Monroe (FB) 6-9; 18-11; BBT-Greg Carda (PB) 169-0, Chiles 161-1

Midget Boys (10-11) 50/75-Maxwell Hicks (CC) 6.8/9.7; 100/220-Javill Heggs (SL) 9.7/12.4; 440-Carl Bell (SL) 67.5; 880-Mike Parr (Kennett) 2:41.8; Mile-John Dolan (Florissant) 5:31.4; HJ-Robby Penn (PB) 4-2; LJ-Kris Rudd (PB) 15-3\frac{1}{3}; SLJ/STJ-Tommy Miller (Bloomfield) 8-0\frac{1}{2}/23-7; BBT-Pages Tooltron (SL) 215.4; 4x1100-RB 57.3; Roger Tochtrop (SL) 215-4; 4x110Re-PB 57.3;

Shot Put (6 pound) Randy Persons, PB 33-11/4 Tommy Miller, Bl 30-41/2 Robby Penn, PB 30-01/4 Alan Ursery, PB Steve Williams, CG 31-14 Roger Tochtrop, SL 28-61

Junior Boys (12-13) 75-Ron Shy (Herculaneum) 8.8; 100-Tony Wilson (Edwardsville) 11.4; 220-Bob Tobey (Ste Genevieve) 27.0; 880-Kelly Green (Jackson) 2:18.4, Mike Brady (Edw) 2:18.6; Mile-Gary Harris (Eureka) 5:20.8; HJ-David New (Gray Summit) 5-4; LJ-Randy Walker (SL) 17-5; PV-Steve Reich (Her) 8-6; 4x110Re-Eureka 52.0;

440 yard Dash Vernon Williams, SL 58.1 David New, GS 58.1 William Lee, CG 35-10g Harold Highlander 58.9 Dale Hinton, PB 35-5g

David New, GS 9.9 Pat Nickens (9.8h)10.0 Chris Smith, Arnold 10.5 Triple Jump Steve Wilschetz,K 36-834

Shot Put (8 pound) Bob Trivlzi, Eur Guy Nelson, Qulin 38-103 Kevin Brewer, SL 38-101

Intermediate Boys (14-15) 100-Ron Rhodes (Farmington) 10.5; 220-Steve Townsell (Cape Girardeau) 24.8; 440-Rick Dees (Belleville) 52.1; 880-Randy 24.8; 440-Rick Dees (Belleville) 52.1; 880-Randy Wheeler (House Springs) 2:08.9; Mile-Chuck Levy (Perguson) 4:50.1, Don Shell (High Ridge) 4:50.1; 2Mile-Shell 10:36.9; 70H(39")-Tracy Edington (PB) 9.4; 120H(39")-Bdington 16.0, Kevin Gamble (Ken) 16.0; 120H(30")-Rodney Rhodes (Far) 15.4; MileW—Dale Hedgooth (HR) 9:09.0; HJ-Edington 6-4½, Jeff Jones (PB) 6-0; PV-Dan Robinson (Ken) 12-6; LJ-Barry Davis (SL) 19-11½; TJ-Davis 43-3¼, Steve Townsell (CG) 42-2; 8#SP/12#SP-Greg Taylor (Far) 57-4½/47-4¼, Steve Johnson (Bonne Terre) 54-1½/44-4; DT-Scott Harrell(PB) 140-1; Decathlon-Edington 5073, Mark Whitaker (Chaffee) 4379, Dan Robinson 4255; 4x110Re-Poplar Bluff 47.8

Senior Boys (16-17) 880/Mile-Pat Cook (Blv) 1:58.8/4:30.4; 120H(39")/180H(30")-Joe Davenport (SL) 14.8/20.4 & 19.9h; HJ-Kevin Delorey (Kwd) 6-4; PV-Alan Crews (HS) 13-42; TJ-Wendell Sleet (SL) 45-112; JT-Rob Stover (Jackson) 146-11; Decathlon-Chuck Ford (Jack) 4890

Peewee Girls (7-Under) 50/75-Susie Ivenbel (St Clair) 8.3/12.4; <u>SLJ</u>-Milicent Shelton (Kwd) 5-84

Bantam Girls (9-Under) 50-Lisa Smith (CG) 7.5; 100/220/LH-Lisa Stearns (Jack) 14.0/33.8/11-11; 440-Lynn Hawkins (SL) 79.8; 880-Paula Jeannot (Rwd) 2:56.1; HJ-Becky Harget, Stephanie Walton & Gayla Turner (all PB) all 3-6; SLJ-Joy Jones (PB) 6-2½; BBT/Triathlon-Rena Brown(PB)123-6/839

Midget Girls (10-11) 50/220-Renee Harper (Mv1) 6.8/30.0; 100-Gwen Brown (E St Louis) 12.1; 440-Heather Hearnes (Kwd) 71.9; 880-Ruth Sixkiller (Kwd) 2:47.4; 50H(30")-Martha Goodson(Jack) 9.5; HJ-Laurie Wilder (Mlv) & Gwen Hinton (PB) both Plains) 14-6½; SLJ-Elyse Cheradini (SL) 7-3; BBT-Sherry Dwyer (Silex) 158-11; 6#SP-Hinton 25-5½, Kim Monk (SC) 24-6½; Triathlon-Hinton 1019

Junior Girls (12-13) 50-Marcia Shields (ESL) 6.3; 100-Rosiland Love (SL) 11.8; 440-Briand Moore (SL) 64.8; 880-Jan Bailey (Kwd) 2:33.7; Mile-Rita Owens (Edw) 5:47.7; 80H(30")-Bev Pakovich (Edw) 13.5, Suzanne Lee (SL) 13.6; MileW Beth Eberle (Black Jack) 9:16.2; HJ-Liz Crotty (Blv) 4-6; LJ-Sherry Humphrey (Blv) 16-5, Love 16-1½, Shivon Johnson (SL) 16-0; 6#SP-Teresa Smith (CG) 35-1½; DT-Rhonda King (Eur) 71-5; JT-Cathy Frank (Eur) 63-4½; BBT-Pam Poteet (PB) 171-3; Pentathlon-Linda Ontko (Glen Carbon) 2318

Intermediate Girls (14-15) 100/220-Debbie Carter (Kwd) 11.3/27.0; 440-Andrea Mahone (SL) 63.9; 880-Cathy Genetti (Blv) 2:32.3; Mile-Debbie Bailey (Kwd) 5:40.0; 100mH(30")-Susan Jennings (CC) 17.0; HJ-Diz Constaz (HS) 4-10; LJ-Gerry Dammer (SL) 17-1; 8#SP/JT/Pen-Ann Miller (Bloomfield) 33-5½/111-5/2407; DT-Kim Wolf (PB) 80-3½, Cheryl McClain (Jackson) 79-3; 4x110Re-Kwd 52.8

<u>Senior Girls (16-17)</u> 1000/220/440-Camilla Jones (SL) 11.5/26.7/61.3; 1000/220/440-Camilla Jones MileW-Gwen Eberle (BJ) 8:55

MOLINE TRACK CLUB INVITATIONAL RELAYS MOLINE, ILLINOIS - JUNE 17 from DENNIS LOAN

In the second annual relay meet Moline hosted 19 clubs with 745 boys and girls competing. BELVIDERE Track Club made off with eight boys and three girls relay titles to lead the baton parade. Top results included:

 Boys
 9-Under
 220Re/4x110Re/440MeRe/LJRe-Belvidere

 dere
 TC 30.9/61.5/62.2/36-3¼;
 Boys 10-11
 220Re-Sterling

 Sterling
 TC 29.3;
 4x110Re/440MeRe-Rock Island
 TC 56.4/57.4;
 LJRe-St Charles
 TC 37-11½

Boys 12-13 4x110Re/4x220Re/LJRe-Normal TC 50.7/
1:45.0/46-6; 880MeRe-Rock Is TC 1:47.9; DistMed
Re-Bellville TC 12:57.9; 3x120HRe-Sterling 47.9;
SPRe/DTRe-Belvidere 107-74/338-10

 Boys 14-15
 4x110Re-Burbank TC 46.5;
 880MeRe/LJ

 Re-Belvidere
 1:41.6/58-104;
 Boys 16-18
 4x110Re/

 LJRe-Rock Is 43.8/64-8;
 MiMedRe-Peoria
 TC 3:43.5

 DistMedRe-St Charles 10:52.8

 Girls 9-Under
 220Re/4x110Re-Belvidere 32.7/64.6

 440MeRe/LJRe-Peoria 64.6/33-2; Girls 10-11 220Re

 Rock Is 30.0; 4x110Re/440MeRe/LJRe-Burbank 57.1/
 59.8/37-101

 Girls
 12-13
 4x110Re-Galesburg
 TC
 51.6;
 4x220Re

 West Suburban
 TC
 1:51.5;
 880MeRe/150HRe-Peoria

 1:56.1/23.4;
 LJ-Rock Is
 46-9;
 SFRe-Moline
 TC

 87-112;
 DTRe-Belvidere
 182-2

Girls 14-15 4x110Re/LJRe-Moline 50.4/48-4; 880

MedRe/MiMedRe-Peoria 1:53.6/4:36.3; Girls 16-18

4x110Re/880MeRe/MiMedRe-Madison (Wis) TC 50.2/

1:52.2/4:25.3; LJRe-Peoria 47-0

WEST SUBURBAN TRACK CLUB INVITATIONAL CHICAGO, ILLINOIS - MAY 13 from NIGEL da SILVA

LAURIE BLANCHARD of the host club and JACKIE HARRIS of the Zephyrs (Chicago) provided the highlights of this well attended meet. Laurie traveled the 100/220 distances in 11.4 and 25.4 in the 12-13's and Jackie did the same in the open division in 10.6 and 24.7.

EASTERN Area

Selected Meet of the East

MODEL CITIES BOYS & GIRLS INVITATIONAL SEAT PLEASANT, MARYLAND - JUNE 23

from RONALD GILL

Washington DC Metro-Area Catholic youth Orwashington DC Metro-Area Catholic youth Or-ganization dominated the younger events, while the Pioneer AC (of DC) and the host Model Cities Track Foundation of Prince George's County (MD) scored heavily in the older age groups. CYO's DAVIS SANDERS (Midget boys), DONALD YOUNGER (Junior boys) and TRACY GRANT (Bantam girls) were multi-sprint winners with swift

times. Donald also dabbed successfully in

the shot put.

Pioneer DEBRA, DIANE, DARRLY, DUANE and DON HENDERSON scored well in nearly all division. Model Cities' MICHAEL HAIZLIP won two fine middle distance races in the boys intermediate division from teammate GREG WOODY. RESULTS:

Bantam Boys (9-Under)

100 yard Dash Dwayne Dale, Mod C 13.2 Charles Jackson, CYO 3.4 Bobby McMonagle, Va 13.8

220 yard Dash Dwayne Dale, MC 30.3 Charles Jackson, CY 30.6 Anthony Franklin, MC 1.5

440 yard Dash Charles Jackson, CY 68.5 Bobby McMonagle, Va 68.6 David Mowatt, CYO 72.0

4 x 440 Relay CYO 4:58.0 MC 5:07.7

Midget Boys (10-11)

100 yard Dash David Sanders, CYO 12.2 Greg Jackson, Pacer 12.4 Nelson Lyles, CYO 12.5

220 yard Dash Nelson Lyles, CYO 27.6 Ronnie Jeffries, MC 28.3 Lester Lyles, CYO 28.4

440 yard Dash David Sanders, CYO 60.8 Lester Lyles, CYO 63.9 Mickey Williams, MC 65.0

4 x 440 Relay 4.25.0 MC 4:26.0

Junior Boys (12-13)

100 yard Dash Donald Younger, CYO 10.4 Darryl Henderson, Pio .7 Mark Shaw, Pio

220 yard Dash Donald Younger, CYO 24.1 Dathan Williams, MC 25.7 William Chambers,MC 6.0

440 yard Dash William Counter, CE 56.4 Duncan Smith, MC 57.3 Mark Shaw, Pioneer 57.9

880 yard Run Matt Smith, Virg 2:13.8 Dennis Thomas,MC 2:15.0 Michael Dees, CYO 2:15.0

Shot Put (6 pound) Donald Younger, CY 37-64 Wm.Chambers, MC 35-3 Michael Jordan, MC 33-0

4 x 440 yard Relay

Intermediate Boys (14-15)

100 yard Dash Kendric Higgens, MC 10.4 Michael Hawkins, CE 10.4 Rush Holt, Pioneer 10.4

220 yard Dash Kendric Higgens,MC 23.2 Michael Hawkins,CE 23.6 Rush Holt, Pioneer 23.6

440 yard Dash Michael Hazlip, MC 54.0 Greg Woody, MC Michael Rooth, CYO 55.0

880 yard Run Michael Hazlip 2:03.2 Greg Woody, MC 2:04.1 Larry Franklin, MC:04.9

One mile Run Larry Franklin 4:56.0 Neal Harps, Pio 4:57.0 Ray Daniels, CYO 5:06.0

Shot Put (8 pound)
Bobby Shaw, MC Bobby Shaw, MC 43-5 Steve Thomas, MC 39-8 Scott McCoy, Virg 38-0

4 x 440 yard Relay MC 3:36.4 Cl Ea 3:41.2

Senior Boys (16-17) 100-Duane Henderson (Pio) 9.9; 220-Carlton Shaw (Pio) 22.6; 440-Jimmy Lofton (Pio) 50.4; 880-Mark Smith (MC) 1:58.7; Mile-Ringo Woods (Pio) 4:47.4; 12#SP-Palmer Grotte (MC) 45-3½; 4x440Re-Pioneer AC 3:27.4

Bantam Girls (9-Under) 100/220-Tracey Grant (DC CYO) 14.0/32.0; 440-Grant 71.4, Denise Jeffries (MC) 74.5; 4x440Re-Model Cities 5:20.6

Midget Girls (10-11) 100-Sakina Sanders (Falcon TC) 12.8, Diane Taylor (MC) 12.8; 220-Taylor 29.7; 440-Tita Lewis (CYO) 69.5; MiRe-MC 4:57.0

<u>Junior Girls (12-13)</u> 100-Debra Henderson (Pio) 11.9, Schydona Rudisill (Pio) 11.9, Juanita Brown (Club East) 11.9; 220-Rudisill 27.1; 440-Jackie Rooths (CYO) 65.7; 4x440Re-DC CYO 4:33.3

Intermediate Girls (14-15) 100/220-Mary Randolph (CYO) 11.4/25.5; 440-Paula Clagon (MC) 60.2, Julie Scott (CYO) 60.7; 880-Clagon/2:24.8; 6#SP-Pattie Rojko (Virginians) 33-6½; MiRe-MC 4:28.8

Senior Girls (16-17) 100/220/440-Cheryl Butler (Pio) 11.5/25.5/63.0; 880-Alice McKnight 2:30.0

REGION TWO AAU GIRLS CHAMPIONSHIPS FREDERICK, MARYLAND - MAY 26

from JACK GRIFFIN

This was to be the final meet under the auspices of C.C. JACKSON, who was the Region II Girls & Women's track chairman and who was the major promoter of girls track in the area since the 1930's. Mr. Jackson passed away three days after this meet.

C.C. could be proud of the development in the Region in recent years, as was shown by some of the times and distances recorded in the major center of female track & field in

Sports International JIWA LEA had a su-perb triple win in the 9-under group, a di-vision which also included the 50 yd hurdles! CHRIS A'HARRAH was another three time win-

CHRIS A HARRAH was another three time winner, dominating the 14-17 sprints. In general sprint and hurdle times were good and there were some scattered good performances in the field events, notably by JACKIE TAYLOR of DC in the 14-17 long jump and Mt. Lebanon's PERI RADECIC in the 12-13 weights. RESULTS:

Girls 9-Under 100-Lea (Sports International) 12.8, Greene (Lamott TC) 13.1, Massena (Latrobe TC) 13.2, Smith (Lam) 13.5; <u>220-Lea</u> 31.3, Hackett 31.5; <u>440-Grant</u> (SI) 73.8, Staufer (Lat) 75.5; <u>660-Gallagher</u> (Ambler OC) 1:57.1, Lenz (Lat) 2:04 <u>50H(30")-Arildsen</u> (Frederick TC) 10.0, Splendove (Lat) 10.1, Griffin (Fr) 10.5; HJ-Grant 3-2; LJ-Lea 14-5, Bernette (Mt Lebanon TC) 11-9, Oleszew-ski (Lat) 11-9; <u>4x110Re/880MRe</u>-Amb 62.6/2:16.3

Girls 10-11 100-Williams (Gazelles) 11.9, Palmer (Lam) 12.5; 220-Williams 28.5, Harris (Gaz) 29.4 (Lam) 12.5; 220-Williams 20.5, Harris (GaZ) 29.4 440-Harris 66.6; 880-Martin (Cavalettes) 2:35.0, Sherwin (SI) 2:35.7, Shaffer (Jets) 2:38.0, Thompson (Lam) 2:38.6; 50H(30")-Davis (Fr) 8.0, Albright (Greensburg TC) 8.8; HJ/LJ-Winovich(ML) 4-0/13-7; 6#SP-Stas (Lat) 24-10; 4x110Re-Fr 58.3

Girls 12-13 100-Council (Lam) 11.5, Key (Lam) 11.9, Jones (Gaz) 11.9; 220-Council 26.8, Key 27.0; 440-Meaney (Virginians) 60.4, Kirchner (Delaware SC) 60.7, Loftis (ML) 60.8, Hill (Travelers) 61.7; 880-Meaney (Va) 2:29.0; Mile-Gailey (ML) 5:31, Haworth (SI) 5:36.3, O'Connor (SI) 5:36.7; 80H(30")—Martin (Tr) 13.2, Anderson(Fr) 13.3, Felton (Gr) 13.8; 880W—Petter (Va) 4:37.4; HJ-Interlandi (SI) 4-4; LJ-Rooths (DC CYO) 15-0; 8#SP-Radecic (ML) 29-6½, Schaffer (Del) 26-11½; DT-Radecic 96-3½, Foust (ML) 74-4½; 440Re-ML 53.7

Girls 14-17 100-A'Harrah (Del) 11.0, Taylor(Tr) 11.2; 220-A'Harrah 24.9; 440-A'Harrah 56.0, James (Tr) 56.5, Morrison (Cav) 59.0; 880-Frazier (Amb) 2:22.2; 100mH-Butler (Tr) 16.3, Harndon(Ma) 16.3; Hg-Krichko (ML) 5-2½; LJ-Taylor 18-4; 4kgSP-Wasylyk (Del) 33-2; 400mH-Moquaide(Gr) 73.0 2Mile-Harewicz (ML) 11:12.8; 880MRe-Tr 1:47.4

REGION ONE AAU GIRLS SCHAMPIONSHIPS

ALBANY, NEW YORK - JUNE 3 from HUGO PRUTER & GEORGE LARRIER

A highly competitive mile featured the rival-ries between girls from New Jersey, New England

ries between girls from New Jersey, New England and New York.

KATY SCHILLY of Syracuse dipped under five minutes in finishing second to Olympian Cheryl Toussaint, and just ahead of teen-agers ANITA SCANDURRA and DOREEN ENNIS. The latter was barely nipped in an ultra-close two-mile by KATHY SCHRADER of Albany, as both were caught in the same time. DEIDRE WILSON from the New York PAL had a fine day in the 100 and long tump.

PESULTS: RESULTS:

Girls 10-11 220/440-Bonnie Hughes (Leaguers TC 280-Martha Minques (Atoms TC) 2:43.5 220/440-Bonnie Hughes (Leaguers TC)

100-Tesa Anderson (New York PAL) Girls 12-13 Girls 12-13 100-Tesa Anderson (New York PAL)
11.6, Juanita Williams (NYPAL) 11.6; 220-Anderson
27.0, Sue Suhr (Long Island Golden Spikes) 27.1;
440-Regina Coiro (LIGS) 60.5, Anderson 60.6; 880Kelly O'Toole (LIGS) 2:30.2; Mile-Nancy Frank
(LIGS) 5:26.6, Maureen Dunn (LIGS) 5:36.8; LJWilliams 15-94; 4x110Re-Long Island GS 53.9

Girls 14-Over 100...2-Deidre Wilson (NYPAL) 11.1; 220...2-Denise Johnson (NYPAL) 25.5, 3-Constance Simpson (NYPAL) 25.6; 440-Johnson 57.0 Constance Simpson (AFAL) 25.6; 440-Johnson 7(...3-Simpson 59.0; 880...2-Carolyn Court (Age Group AA) 2:17.6, Katy Schilly (Syracuse Chargers) 2:20.6; Mile...2-Schilly 4:58.2, 3-Anita Scandurra (Suffolk AC) 5:03.4, 4-Dore (Nutley TC) 5:05.2; <u>2Mile-Kathy Schrader (Electric City AC)</u> 10:46.0, Ennis 10:46.0; <u>MileW-Ellen Minkow 8:06.9</u>, Carol Siciliano (Gateway TC) 8:48.1, Liz Kisken (Ga) 8:52.2; LJ-Wilson 18-2½, Davis (Groton TC) 17-9¼; JT-Doti Richardson (Gr) 121-1; 4x110Re-New York PAL 48.2 USTFF GIRLS RELAYS

MOUNT LEBANON, PENNSYLVANIA - JUNE 2 From JOHN HARWICK

Mainly on the strength in the 12-13 division the Mt. Lebanon TC edged the Latrobe TC in total score. ML's KIM TRAVERS, 14, shoved the shot 40-5 1/2 to highlight the open division. Other events:

Girls 9-Under 4x110Re-Latrobe TC 63.1; 880Re-Lat 2:17.4; 4x440Re-Dormont TC 5:27.6, BuckeyeTC 5:29.3; LJRe-Lat tied Bu at 31-6, best individual was Myra Henderson (Bu) 11-8; BBTRe-Mt Leba-non TC 259-2, Robin Wormsley (ML) 103-8

Girls 10-11 4x110Re-YWCA Spikettes 58.7; 880Re-Lat 2:06.8; 4x440Re-Lat 5:01.7; LJRe-Lat 37-11, Currie (Lat) 13-9; BBTRe-ML 327-9, Pfeifer(L)121

4x110Re-ML 53.4, Greensburg TC 54.2 BSORe-ML 1:52.6; 4x440Re-ML 4:25.5, Gr 4:34.8, Dor 4:35.5; LJRe-ML 42-4½, Lisa Loftis(ML)14-10½ 6#SPRe-ML 90-5¾, Peri Jude Radecic (ML) 33-11½

NEW JERSEY AGE GROUP TRACK RUNS METUCHEN, NEW JERSEY - JUNE 10 from GEORGE MILLER

(sunny - all-weather track - slight breeze - 920)

The weather helped the sprinters but took its toll on distance runners (and officials and spectators). WALT REED, a sophomore at Snyder HS in Jersey City, ran a 22.3 in the 220 heat and LARRY HADEN of Manhattan's West Side YMCA was quick in the 13-under 220 and 440. Very good half-miles were turned in by local boys BRIAN O'CONNOR and JEROLD LAMBERT.

These were the final races of this New Jersey age group series. RESULTS:

Boys 11-Under 880-Brian O'Connor (Met) 2:29.4,
Pete.Durning (Cranford) 2:40.6, B.Willis(M)2:41.6
Boys 13-Under 220-Larry Haden (Manhattan) 24.9,
Greg Katrel (Jersey City) 25.5; 440-Haden 56.1;
880-Jerold Lambert (Cr) 2:10.5, Matt Kelsh (Met)
2:17.2; Mile-Joe Willis (Met) 5:04.9

Boys 14-15 220-Walter Reed (JC) 23.8 & 22.3h; 440-Steve Gordon (Manh) 56.2; 880-Rich Park (Edison) 2:08.9; Mile-Mike Durning (Cr) 4:54.0; 2M-Brian Penn (Basking Ridge) 9:58.2

MERCURY STRIDERS GIRLS "INVITATIONAL" STATEN ISLAND, NEW YORK - JUNE 10 from HUGO PRUTER (meet at Staten Island Community College, all weather track, hot weather)

Isenberg ran a meet which turned out to be a boon for sprinters, especially PAL's DIEDRE WILSON (open division) and the host's CHEVELLE RÉSULTS:

Girls 9-Under cury Striders) 100/220-Chevelle Hartridge (Mer-(New York PAL) 11-9, Hartridge 11-8

irls 10-11 100/220/440-Renee Adams (PAL) 12.7 2 12.3h/29.7/70.7; LJ-Tammy Richards (PS 13)12-63 Girls 10-11

100-Kim Moore 11.4, Estelle Perry 11.6, Tesa Anderson 11.7, Rise Gist(all PAL) 11.8 220-Esther Perry (PAL) 26.7; 440-Anderson 64.0; 880-Coleen Mars (MS) 2:49.4; LJ-Febe Arch 15-53

Girls 14-Over 100/220-Diedre Wilson (PAL) 11.0/ 25.1; Mile-Kathy Schrader(Electric CityTC)5:18.3 Girls 14-Over



KELLY O'TOOLE

INTERSCHOLASTIC TRACK

Selected Meet of the Month

TEXAS STATE GIRLS HIGH SCHOOL MEET AUSTIN, TEXAS - MAY 19

FROM HERMAN GOLDBERG

SUZIE SNIDER surprisingly lost the discus then got mad enough to shatter all previously existing girls high school efforts with the shot. The Robinson High School (Waco) miss pushed the eight pound ball 4 3/4 inches over 50 feet, the first time that barrier has been exceeded in interscholastic competition.

LINDA MONTGOMERY of Rivercrest High in Bo-

gota got her best effort in the discus on her fifth toss and OLGA ARANDA (LaFeria) took a third and a second in the events, as all three girls performed remarkably. Suzie also took second in the high jump to pace all individual scorers in the class A division.

The real workhorse of the meet was KATHY JONES of Baird, who took a first, 3 seconds and a third in the competition for class B schools. LOUISE RITTER from Red Oak scored a nice high jump/triple jump double victory

over Kathy.

As usual in this state meet, the depth was outstanding in all the field events. TOP RESULTS:

Class A Schools 60-Susan Gorthey(Arlington) 7.2; 100-Beverly McNeely (El Paso Burges) 11.4; 220-Gwen Smith (Conroe) 24.7, McNeely 24.8; 440-Mona Kay Henkes (Hamilton) 57.4, Debbie Dickerman (Gatesville) 58.3; 880-Rhonda Garrison (Saginaw Boswell) 2:19.6, Carol Sheffield (A & M Consoli-

High Jump Trudie Jackson, S Angelo Lk 5-51 Suzie Snider, Waco Robinson 5-4 Shelly Hunt, El Paso Austin 5-3 Lisa Gustafson, Houston King 5-3 Denise Pearson, Richardson

Shot Put (8 pound) Suzie Snider, Waco Rob'son $50-4\frac{1}{4}$ Olga Aranda, LaFeria $44-8\frac{3}{4}$ Linda Montgomery, Bogota $43-8\frac{1}{2}$ Cathy Hart, Brazoswood 38-83 Margaret Brzczowski, Yoakum 37-81

Linda Montgomery, Bogota 140-11 Suzie Snider, Waco Rob'sn 135- 9 Olga Aranda, LaFeria 135- 4 Cathy Hart, Brazoswood Kay Thomas, Hempstead

Discus Throw (1.0 kilogram)

Class B Schools 60-Karen Arp (Ropesville) 7.1; 100-Arp 11.4, Marshal Talley (Garden City) 11.5, Kathy Jones (Baird) 11.5; 220-Talley 25.0, Peggy Louwien (Sanderson) 25.1; 440-Alma King (Sundown) Louwien (Sanderson) 25:1; 440-Alma Ling (Sundows 57.3, Mary Horne (Pflugerville) 59.1; 880-Princess Lindsay (Skidmore-Tynan) 2:19.7; 80H-DeAnn Bingham (Meadow) 11.0, Ruthie Wilson (Rising) 11.1; HJ-Louise Ritter (Red Oak) 5-4½,

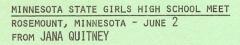
Kathy Jones 5-3; \underline{LJ} -Jones 17-10 $\frac{1}{4}$; \underline{TJ} -Ritter 37-2 $\frac{1}{2}$, Jones 36-9, Ginger Gabbart (Boyd) 36-2 $\frac{1}{2}$; $\underline{8\#SP}$ -Jacque Soehngen (Meadow) 41-3 $\frac{1}{4}$, Barbara Miller (Marion) 38-64, Sonia Pendleton (Stinnett) 38-04, Gwen Singletary (Elysian Fields) 37-84; DT-Vicky Lin Cotham (Lefors) 118-10, Vickie Jackson (Aspermont) 113-5; 4x110Re-Eldorado 49.5; 4x440Re-Eldorado 4:07.4, Coppell 4:08.0

dated) 2:19.7; 80H-Sandra Souza (Corpus Christi,

Flour Bluff) 10.9, Bobbi Kaci (Alvin) 10.9; LJ-Helen Haynes (Palacios) 18-0, Chris Tragni (Clear Creek) 17-9, Magda Villarreal (Edinburg) 17-12;

TJ-Retha Swindell 37-104, Cindy Bell 36-64, 4x110

Re-W Columbia 48.3; 4x440Re-Waco Midway 3:58.6;



Fortunately the second annual state girls championship meet was held on a track with an artificial surface, because bucketfuls of rain started late in the morning and continued on through the meet. Over 7000 high school girls from 292 schools competed in the second season of interscholastic track in the state. best of the competitors took part in twenty qualifying meets to get the chance to compete in the championships, held in suburban Minnea-

CONNIE ULANDER, TONI ST PIERRE and LORI HUTCHINS were repeat champions from 1972. Connie broke her own state record by .3, in winning the 80 yard hurdles for the second year and Lori equalled her own high jump mark at 5-2 (four jumpers had cleared 5-3

during the year).

Toni, the only winner well known out of her state, had the top mark of the day, in pacing the mile (she had won the 880 the year before).

BRENDA GRIESE ran a good 58.6 to win the quarter, while LISA OLSGAARD was a double sprint winner, leading her Moorhead HS team to high point honors. WINNERS:

100/220-Lisa Olsgaard (Moorhead) 11.7/25.8; 440-Brenda Griese (Wells) 58.6; 880-Ruth Harris (H. Sibley) 2:17.3; Mile-Toni St Pierre (Eisenhower) 5:13.9; 50H-Johnson (Granite Falls) 7.3; 80H-5:13-9; 30H-Johnson (Granite Falls) 1.3; 30H-Connie Ulander (Orono) 11.2; HJ-Lori Hutchins (Bemidji) 5-2; LJ-Becky Kirchaasler (Owatoma) 17-1; SP-Kathy Griffin (Dilworth) 39-3; DT-Lori LaCombe (Ortonville) 114-0; SBT-Libby Welliver (Grand Rapids) 225-8; 4x110Re/880McdRe-Moorhead 51.5/1:53.7; 4x220Re-Stillwater 1:49.2



BANGOR JUNIOR HIGH SCHOOL MEET BANGOR, MAINE - JUNE 11 FROM PETER KENNEY

Ninth grader MIKE EDWARDS won both short sprints in swift times and anchored the winning relay team, to highlight this all-city meet. The winners included:

50/100-Mike Edwards (Fifth St JHS) 5.8/10.6; 440-Carl Strout (5th) 59.7; HJ-Tony Trafton(5th) 5-4; LJ-Steve Gerow (5th) 19-74; 8#SP-Hodges(5th) 41-2; DT-Darling (Garland St JH) 117-1; JT-L.Edwards(G) 156-10; Mile-Marquis (5th) 5:25.1; 50LH-Steve Woodard (G) 7.3; 880Re-Fifth St JH 1:44.6



KIM SCHOFIELD

CONNECTICUT STATE GIRLS HIGH SCHOOL MEET NORTH HAVEN, CONNECTICUT - JUNE 2 FROM NORM HIGGINS

DOTTI RICHARDSON of Fitch High School unleashed the javelin and it fell to earth over the 150 foot mark. This was easily the most outstanding mark in the annual girls state

outstanding mark in the annual gris state championship. Dotti also placed sixth in the 220 on her day of day.

Her teammate MARY PERSECHINO won the shot put. Double winners included JUDY FONTAINE from Norwich Free Academy, who took both sprints and was fourth in the long jump, after coming off two foot injuries, and JAN MERDILI, from Waterford who took both long MERRILL from Waterford who took both long distance events. The host North Haven team had the most placers in the final standings.

100/220-Judy Fontaine (Norwich) 11.6/25.7; 440-Clarke (North Haven) 60.6; 880/Mile_Jan Merrill
(Waterford) 2:22.0/5:25.2; 80H_Luppi (NH) 11.5;
HJ-Campbell (B. McMahon) 5-2; LJ-Alyce Cognetta
(NH) 17-3; 8#SP-Mary Persechino (Fitch) 39-14;
DT-Lindsay 115-0; JT-Dotti Richardson (Fitch) 150-5; 4x110Re-Fitch 51.0;

SEATTLE CITY JUNIOR HIGH CHAMPIONSHIPS SEATTLE, WASHINGTON - JUNE 3

FROM JACK PFEIFER

Speedy GARLAND WATKINS led his high scoring Mercer Junior High team, by personally winning three events and anchoring a fast 440 yard re-lay team. Most notable of Garland's achievements were windless 10.0 and 22.4 in the sprints which rank with the best best ever in these events. His teammate ROBERT MITCHELL was very impressive in the middle distances. TOP RESULTS:

100-Garland Watkins (Mercer JHS) 10.0, Steele | 100-Garland watkins (Mercer Jhs) 10.0, Steele | (Blanchet) 10.4; 220-Watkins 22.4; 440-Clarence | Salter(M) 53.1, Michael (Seattle Prep) 54.0, Bull (Kennedy) 54.5; 660-Robert Mitchell (M) 1:28.7; 880-Mitchell 2:04.5, Holland (K) 2:09.5; Mile-Marty Burns (B1) 4:52.0, McGavick (SP) 4:54.0...5 Wilson (M, 8th grade) 5:04.2; 75H(39")-Rogers(M) 10.6, Marshall (Blaine) 10.6; 110H(30")-Watkins 10.6, Marshall (Blaine) 10.6; 110H(30")-watkins
13.0, Marshall 13.0; HJ-Barnhart (SP) 5-7, Keklen
(Blaine) 5-7; LJ-Dwyer (SP) 19-11, Kevin Turner
(M, 8th) 19-3½; TJ-Steele (Bl) 41-2½, Phair (M)
39-5, Turner 39-4; PV-Ferryhough (K) 11-0...3Al Waltner (St Francis GS, 8th) 10-0; 12#SP-Gladstone (K) 46-101; 4x110Re-Mercer 45.5

ILLINOIS STATE GIRLS HIGH SCHOOL MEET CHARLESTON, ILLINOIS - MAY 18 FROM DAVE MILLER

A pair of wins in the 50 and 100 yard dashes, a 19-4 on her last try in the long jump and the anchor leg of the winning 440 yard relay team was all in a day's work for KIM SCHOFIELD, in the first Illinois state girls championships.

The heroics of the pride of Springfield overshadowed some good doubles by two other experienced competitors. TRUDI REBSAMEN won both long sprints in good times, while MELODY MILLER took both the 880 and the mile.

More than 35 schools entered in to the team scoring, but no one scored more points than Southeast of Springfield, which just happens to have a 15 year-old student named Kim. RESULTS:

50/100-Kim Schofield (Southeast, Springfield) 5.9/ 11.0; <u>220/440-Trudi Rebsamen (Prospect)</u> 25.0/58.5 880/Milo-Melody Miller (Maine East) 2:23.1/5:23.3, Lisa Hamity (River Forest) 2:25.5/5:23.8; 80H-Kathy LaPorte (Hersey) 11.1, Pat Hughes (Rich So) 11.1; HJ-Jani Glakeman (Illiopolis) 5-2; LJ-Kim Schofield 19-44, LaPorte 17-94, Cheryl Swedberg (Montini) 17-9; SP-Jeanne Knight (Centralia) 38-9½; DT-Vanessa Calabrese (Forest Vies) 117-8, Pat Carney (Lincoln Way) 115-3; 4x110Re-Southeast 51.0; 4x440Re-Libertyville 4:23.5

HOUSE CALL

by DR. GABE MIRKIN

VITAMIN C FOR THE ATHLETES

QUESTION: My kid gobbles up vitamin C like it is going out of style. Couldn't be harmful?

DR. MIRKIN: The vitamin C story is far from settled and nobody can give you an unqualified answer to the question.

ARGUMENTS FOR

There are several arguments for taking vitamin C.

* Heavy exercise markedly increases one's requirements for vitamin C, both by increased metabolism and increased sweat loss. A loss of 2 mgms/hour by sweat in moderate exercise has been reported.

We have no idea how much vitamin C is required when doing heavy exercise.

- * Vitamin C requirements do go up in infection.
- * Vitamin C is necessary for the formation of connective tissue, bones, teeth, blood capilaries, red blood cells and steroids. It is necessary for the absorption and utilization of Iron, intracellular oxygenation reactions and the metabolism of aromatic amino acids.
- * Large doses of vitamin C have antihistaminic qualities which could decrease nasal secretions and swelling caused by either cold or allergy.

Whether or not vitamin C increases one's resistance to infection is a much debated point. There are strong scientific papers supporting both views.

Vitamin C deficiency does not make one more susceptible to infection. It is my impression that large doses of C offer no increased resistance to infection in people who are not vitamin C deficient. It is the antihistaminic effect of drying up nasal secretion that makes people think that C prevents Colds.

* Linus Pauling's argument. Doctor Pauling feels that man requires over 100 times the recommedable dosage of vitamin C. He has ni firm scientific data to clinch his argument but offers evolutionary data.

Every higher plant and mammal, except man, the gorilla and the guinea pig, can synthesize his own vitamin C. Dr. Pauling reasons that as man continued



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to eat vitamin C over many centuries, his body lost its need and ability to synthesize it. Now, he has to get all his vitamin C from the food he eats. This phenomenon has been demonstrated in bacterial many years ago by Drs. Zamenhof and Eichhorn.

Using the vitamin C content of bamboo and other vegetables, Dr. Pauling figures that the gorilla eats 4.6 grams of C per day. He asks why the gorilla eats 4.6 grams per day, when the Englishman is told he only needs 30 mgms per day and the American is told he only needs 60 mgms per day (1/1000 of what the gorilla eats).

Dr. Pauling answers that the gorilla eats 4.6 grams per day because he is not limited by the gorilla council of nutrition. He feels that the American and English nutritional councils have no firm basis for their values

Furthermore a recent study showed that high doses of vitamin C in growing guinea pigs improved weight gain, wound healing and amino acid content of regerating skin.

ARGUMENTS AGAINST

There are several disquieting studies to make one think twice about giving massive doses of vitamin C to growing children.

- * Vitamin C has an anti-vitamin D effect. Recent studies have shown that baby guinea pigs, given large doses of Vitamin C, have increased bone breakdown and calcium is taken out of their bones. these animals may be more susceptible to bone fracture in later life.
- * People who have gout eventually get kidney stones from large doses of C. Evidently vitamin C acidifies the urine, precipitating urate crystals in the kidney.

In some people this could be fatal. No person with gout should ever take large doses of supplemental C.

* Babies, born of mothers who took large amount of C during pregnancy, develop scurvy (vitamin C deficiency) in their first year of life. This could be a confirmation of what I noted several years ago when I was taking 500 mgms of vitamin C twice a day.

I noted that whenever I stopped taking vitamin C my recovery period from long runs was prolonged and my mileage went down. After remaining on C for a year and a half, I injured my ankle requiring a two month layoff. As I couldn't run, I stopped taking vitamin C. When my ankle recovered and I continued training, I found that I didn't the C's. My workouts were as good and my races were better than when I was taking the vitamin. I attributed my earlier dependance to the fact that when I was taking large doses of C, my body required large doses of it.

CONCLUSION

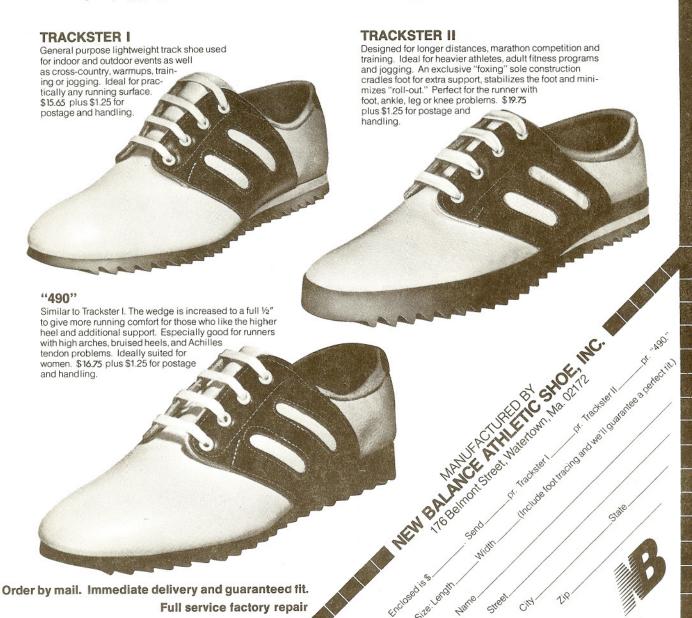
- 1) Nobody knows whether or not large doses of vitamin C are safe for growing children.
- 2) On the basis of what we know, one should not take large doses of C daily.
- 3) It may be suggested to increase one's vitamin C intake prior to races. (I would recommend 1 gram per day for one week before a race and none the day of the race. Please remember this is a personal prejudice, not a scientific recommendation).
- 4) People who have gout should never take supplemental vitamin C. (A simple laboratory blood test is used to diagnose gout).

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- ▶ CONTINUATION OF 1973 AGE GROUP LISTS
- ▶ JUNIOR BOYS/GIRLS INTERNATIONAL MEETS
- ▶ AGE GROUP BOYS (15-UNDER) NATIONALS
- ▶ NATIONAL JUNIOR OLYMPICS

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