

Molecular Mechanisms behind Conformational Transitions of Influenza Virus Hemagglutinin Membrane Anchor

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Membrane fusion is a fundamental process exploited by enveloped viruses to enter host cells. In the case of influenza virus, fusion is facilitated by the trimeric viral hemagglutinin protein (HA). So far, major focus has been put on its N-terminal fusion peptides, which are directly responsible for fusion initiation. A growing body of evidence points also to a significant functional role of HA C-terminal domain, which however remains incompletely understood. Our computational study aimed to elucidate the structural and functional interdependencies within the HA C-terminal region, encompassing the transmembrane domain (TMD) and the cytoplasmic tail (CT). In particular, we were interested in conformational shift of the TMD in response to varying cholesterol concentration in the viral membrane and in its modulation by the presence of CT. Using free energy calculations based on atomistic molecular dynamics simulations, we characterized transitions between straight and tilted metastable TMD configurations under varying conditions. We found that the presence of CT is essential for achieving a stable, highly tilted TMD configuration. As we demonstrate, such configuration of HA membrane anchor likely supports the tilting motion of its ectodomain which needs to be executed during membrane fusion. This finding highlights the functional role of, so far relatively overlooked, CT region.

1 Introduction

Influenza is a respiratory system disease that humanity has been facing since ancient times¹. Currently, it is estimated to affect 10-20% of the global population every year, causing a significant number of deaths despite its relatively low mortality rate. One of the major challenges posed by influenza is its high mutation rate, which constantly threatens the possibility of a pandemic. The virus responsible for influenza is enveloped and primarily spreads through respiratory droplets. It enters host cells via an endocytosis process, and the final step in this process involves the fusion of viral and endosomal membranes, allowing the release of infectious genetic material into the cytoplasm².

The structure of the influenza A virus is usually spherical or ovoid in shape with 80 to 120 nanometers in diameter³. The two most abundant proteins on the surface of influenza virus particle are hemagglutinin (HA) and neuraminidase. The HA is a homotrimeric protein, which is anchored within viral membrane. It plays a significant role in influenza virus entry into the host cell, by initiating the fusion of viral and endosomal lipid membranes⁴. The HA consists of two subunits: HA1, which is responsible for virus binding to cell receptors, and HA2, which controls the actual fusion process⁵. Based on the amino acid sequence, as well as on the 3D structures of their ectodomains, the 18 antigenic subtypes of HA are divided into two main phylogenetic Group-1 and Group-2 groups⁶⁻⁸.

The HA plays multiple roles in the viral entry into a host cell. Firstly, HA binds to the sialic acid found on glycoproteins or glycolipid receptors of the host membrane, which initiates the endocytosis process. Secondly, once the pH in an endosome is lowered, HA undergoes partial refolding which results in the formation of an extended coiled coil stem structure directed towards the endosomal membrane⁹. Thirdly, HA releases fusion domains, and inserts them into endosome membrane¹⁰. Being anchored in the viral membrane through the C-terminal transmembrane domains (TMDs)¹¹ and cytoplasmic tails (CTs)¹² and in the endosomal

membrane through the N-terminal fusion domains^{13,14}, HA executes a jackknife motion and brings the two membranes into a close contact. It allows overcoming the dehydration barrier and ultimately leads to the formation of a stalk structure, which serves as the first fusion intermediate^{15,16}. Notably, in the course of this process rigid parts of the ectodomain need to tilt significantly with respect to their membrane anchors such that to fit between the apposing membranes.

While the ectodomain 3-D structure has been resolved using X-ray diffraction^{17,18}, and almost complete HA, including the N-terminal part of the TMD, was recently determined by cryo-EM, the structure of the C-terminal part of the TMD as well as of CT remain entirely unknown^{11,19-21}. The TMD is composed of 26-27 amino acid residues and its N-terminal part that contacts the outer half of the lipid bilayer is highly conserved, both within Group-1 and Group-2 HAs. A high sequence conservation suggests that the N-terminal domain is not only a membrane anchor but also might play more specific role, for example binding to hydrophobic ligands. Current studies identify a conserved cholesterol recognition motif in Group-2 HAs that includes a completely conserved tyrosine and lysine in the linker region and leucine and tryptophan at the beginning of the TMD, yet its relevance remains to be confirmed²². A 30 residue peptide including TMD of influenza strain (Group-2 HA) was found to be predominantly α -helical in detergent micelles and in phospholipid bilayers as assessed by circular dichroism (CD) and attenuated total reflection Fourier transform infrared spectroscopy¹⁹. Molecular dynamics (MD) simulation of a 27 residue TMD peptide from Group-1 HA confirmed a mostly α -helical, tilted structure when embedded within a phospholipid bilayer. Once three copies of the peptide were incorporated into bilayer they formed a triangular, parallel assembly thought to resemble the structure of native trimeric HA^{12,23}.

Recent structural studies have shown that the TMD region of HA is involved in ectodomain tilting with respect to the membrane surface¹¹. Interestingly, in addition to variations in chain orientation within the flexible linker connecting the ectodomain to the TMD, the three TMD helices alone rotate relative to each

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other in the tilted HAs trimers. The analysis of intermolecular links between transmembrane helices reveals the participation of tyrosine residues at position 190, suggesting that this amino acid is involved in maintaining the integrity of the helical bundle at different tilt angles¹¹. The rearrangement of membrane-associated region may facilitate pH-dependent changes in HA conformation, which are required for membrane fusion, and finally support the tilting motion of the HA ectodomain in the narrowing space between virus and cellular membranes as they are brought into contact for fusion²⁴. The importance of TMD structural changes during HA tilting motion remains to be verified, and particularly interesting in this context is the dependence of TMD conformational equilibrium on membrane composition.

The lipid composition of virus membranes is determined by the composition of the cell membrane at which the viruses are assembled and released by budding. The influenza viral membrane appears to be enriched in cholesterol (CHL) and sphingolipid²⁵ but detergent micelles used in experimental measurements differ from the native environment of the HA transmembrane region, and were only selected for their ability to preserve the structure of membrane proteins^{26,27}. Particularly intriguing is the role of CHL content in viral membrane. It is known that HA cluster in a CHL-dependent manner on the plasma membrane of transfected cells²⁸, which one may suppose is a consequence of hydrophobic mismatch between the length of the transmembrane domains and the thickness of the lipid membrane^{29,30}. It is also known that CHL increases fusion propensity of phosphatidylcholine (PC) / phosphatidylethanolamine (PE) membranes^{31,32} and stabilizes negatively curved stalk regions³³. One postulated mechanism is related to its presence in viral membrane and interaction with HA TMD, which is supposed to promote HA partitioning into the fusion region^{34,35}. The above observations raise a question concerning the actual role of specific HA TMD-cholesterol interactions, including the mechanism of cholesterol sensing by TMD, and further, the role of those interactions in HA tilting motion occurring in the course of the fusion event.

The CT is a short 11-12 amino acid and highly conserved peptide. Intriguingly, it possesses five residues that are almost invariant, not only within one group but also through all HA subtypes^{36,37}. Such a high conservation of those amino acids suggests functional importance. Three C-terminal CT residues form a highly hydrophobic patch. A completely conserved glycine is observed at position 214, which might have a substantial influence on the CT secondary structure and orientation relative to the viral membrane. The CT contains two cysteines strictly conserved through all HA variants, which are post-translationally palmitoylated and one highly conserved cysteine at the border with the TMD, which is predominantly acylated with stearate^{38,39}. Interestingly, if HA subtype does not have a cysteine at one of the positions, it is replaced with a hydrophobic amino acid, which suggests that these positions have the propensity to interact with lipid membranes⁴⁰. While the exact function of CT is still unknown, most recent studies suggest that the entire C-terminal region of HA does not function simply as a membrane anchor, but TMD, CT, and especially the covalently bound fatty acids might be crucial for raft localisation of the trimeric HA, for virus assem-

bly, and for opening and widening of the fusion pore during virus entry⁴¹⁻⁴⁶.

In addition to unresolved questions concerning possible functional role of HA CT, little is known about its 3-D structure. In an experimental study, CT was postulated to exist as a β -strand peptide⁴⁷. However, the study suffered from significant limitations: (i) the secondary structure was postulated based on synthetic peptides in monomeric state, (ii) in water environment (at pH = 7.4 and pH = 5.0), and (iii) without S-acylation. It is thus still unclear, what kind of secondary structure does CT form. One may suppose that the reason the structure of this domain has yet to be obtained is not because of the intrinsically disordered nature of this region but mostly because of its complicated configuration in relation to the lipid membrane. To take into account this phenomenon, fatty acids are anchored to the respective membrane and bound to the cysteine residues via thioester bonds^{48,49}. It is almost impossible to reproduce a configuration of such a complex system in vitro. The NMR technique cannot be used to get a reliable structure due to strong tendency of this peptide to aggregate within membrane mimetic environments¹². Interestingly, in another study, different patterns of S-acylation of the HA2 C-terminal anchoring segment were proposed to contribute to fine-tuning of TMD homotrimer packaging and stabilization⁵⁰. Finally, it has not been verified whether the β -strand conformation of CT trimers proposed for monomeric states is actually possible under constraints imposed by the TMD length, structure, and the requirement to sustain ectodomain tilting. Linking structural insights into CT with the analysis of CHL dependent TMD configurations, with and without its C-terminal tail, is essential to explain possible fine tuning and stabilization of TMD, and ultimately, the observed dependence between fusion activity and CT amino acid sequence⁵¹.

In the current work we use fully atomistic MD simulations to investigate TMD configurations and CT structure in viral-like lipid bilayer. First, we perform unconstrained MD to explore metastable TMD states and the structure of CT under native, trimeric arrangement and with specific cysteine residues modified by palmitoylation. Second, we carry out umbrella sampling simulations to calculate the potential of mean force (PMF) for TMD transition between straight and tilted states under different conditions, to assess CHL and CT influence on this process. Lastly, we conduct a set of simulations to investigate TMD-dependent tilting of HA ectodomain fragment in order to capture the possible impact on the fusion mechanism.

2 Materials and Methods

We used MD simulations to explore TMD and CT configurations in lipid membrane with and without CHL. The straight and tilted TMD configurations were modeled based on cryo-electron microscopy (cryo-EM) structures with PDB ids 6HJQ and 6HJR, respectively. Missing protein parts, including C-terminal part of TMD (residues 204-210) and CT (residues 211-222) were reconstructed using the BIOVIA Discovery Studio 2021^{11,52} assuming α -helical and extended conformations, respectively. The structures included post-translational palmitoylation for cysteine residues within CT fragments.

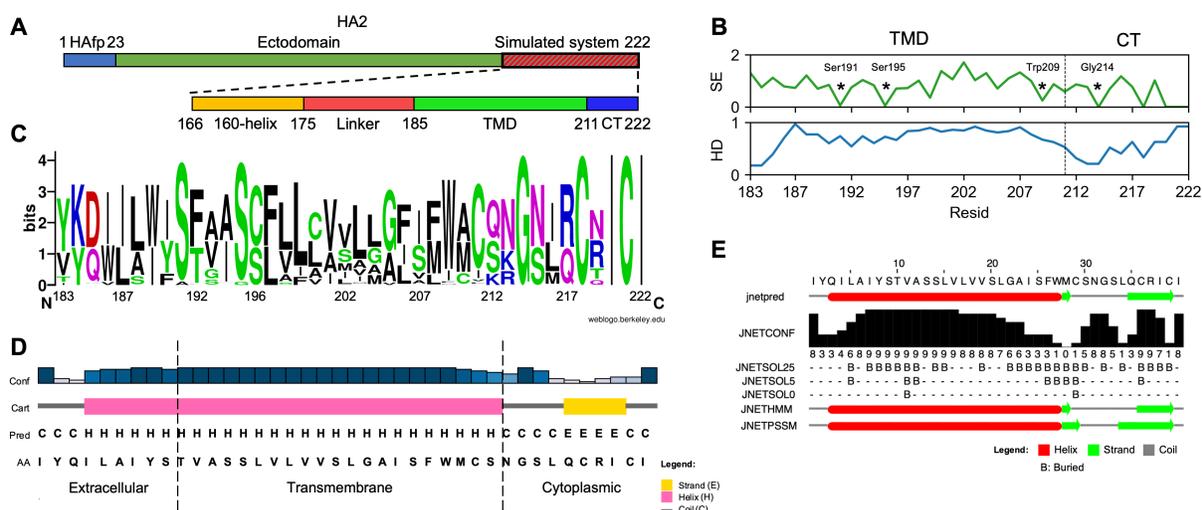


Fig. 1 (A) Schematic representation of influenza virus HA2 subunit with focus on the C-terminus region. (B) Shannon entropy (SE) and hydrophobicity (HD) normalized to span [0,1] range, along with increasing hydrophobic character. (C) Sequence conservation. (D) Membrane localization and secondary structure prediction with confidence assessment (Conf) by PSIPRED 4.0. (E) Secondary structure and residue burial predictions by Jpred 4.

The TMD was embedded in a viral-like membrane comprising 32 (13.3%) POPC, 56 (23.3%) POPE, 44 (18.3%) POPS, and 108 (45.0%) CHL molecules⁵³. In addition, CHL-free bilayer composed of 52 (21.6%) POPC, 108 (45.0%) POPE, 80 (33.3%) POPS lipids was considered. Protein-membrane system was solvated in aqueous solvent with 150 mmol/L Na⁺ and Cl⁻ ions plus excess ions necessary to neutralize the total charge. The system was assembled using CHARMM-GUI server⁵⁴. Protein, lipids, and ions were parameterized with the CHARMM36M force field⁵⁵, and TIP3P model⁵⁶ was used for water. During simulations, covalent bonds to hydrogen atoms were constrained using the LINCS method⁵⁷, and 2 fs time step was employed. Electrostatic interactions were treated with the use of particle mesh Ewald method⁵⁸ and 1 nm cutoff for for Lennard-Jones potential with a long-range dispersion correction was applied. The simulations were run at a temperature of 310 K, controlled by the Nosé-Hoover thermostat⁵⁹, and at a pressure of 1 bar, maintained by a semi-isotropic Parrinello-Rahman barostat⁶⁰. All simulations were conducted with the GROMACS software⁶¹, with standard CHARMM-GUI protocol used for system equilibration.

The potentials of mean force (PMF) for TMD transitions between straight and tilted geometry were calculated using umbrella sampling method. A collective variable, ϕ , was introduced as the mean of three pairwise angles between three TMD α -helix axes, defined by vectors extending between Ile189-Thr192 and Ser207-Met210 C α atoms. For each system, we performed a preliminary slow growth simulation for 100 ns, gradually changing ϕ from 0° (ideally straight configuration) to $\phi = 55^\circ$ (extensively tilted configuration) at temperature T = 310 K, using $V(\phi)$ with a force constant $k = 3000 \text{ kJmol}^{-1}\text{rad}^{-2}$. Each system was sampled along 19 windows, evenly spaced across ϕ range, using harmonic biasing potential with a force constant $k = 3000 \text{ kJmol}^{-1}\text{rad}^{-2}$. Each production window of the umbrella sampling simulations was sampled for a minimum of 500 ns following 500 ns equilibration. The calculation of ϕ and the applica-

tion of biasing potential was handled by PLUMED 2.5.1 module⁶². The data was processed using the weighted histogram analysis method (WHAM)⁶³, with bootstrap error analysis as implemented in GROMACS.

Unconstrained, 3 μs MD simulations of TMD-CT systems in straight and tilted configurations were utilized to verify the stability of experimentally-derived TMD configurations and to examine respective CT conformations in membrane-bound state. The analysis of the latter was based on root-mean-square deviation (RMSD) of CT C α atoms. The RMSD matrices were constructed for concatenated CT trajectories sourced from both MD runs, resulting in a total simulation time of 18 μs . The β angle, which represents the degree of CT bending was calculated between C α atoms of Ser212, Gln217, and Cys221 residues. Clustering analysis was executed using the gromos method implemented the GROMACS `gmx cluster` tool⁶¹. The optimal cluster number was determined through visual dendrogram inspection.

To investigate the coupling between TMD configuration and HA ectodomain tilt, ten independent 3 μs MD simulations were conducted to represent five straight and five tilted TMD geometries, respectively. The ectodomain tilt with respect to membrane was characterized by an angle, θ , between the vector orthogonal to the plane defined by Glu171 C α atoms of the three α -helices representing the HA ectodomain 160-helix (residues 160-174)¹¹ and the membrane normal. The 160-helix was connected with TMD by linker domain (residues 175-184). Both domains were obtained from cryo-EM structure (PDB: 6HJQ)¹¹. In a starting structure for each simulation the ectodomain was modelled with $\theta = 0$. In order to conserve the 160-helix assembly, simulations were conducted with harmonic restraints, with a force constant of $1000 \text{ kJ mol}^{-1}\text{nm}^{-2}$ and reference distances, obtained from cryo-EM structure (PDB: 6HJQ), between Ser166 and Asp177 C α atoms (SI Table S1).

Bioinformatic analysis of HA TMD and CT domains involved the alignment of C-terminal amino acid sequences from the UniProt

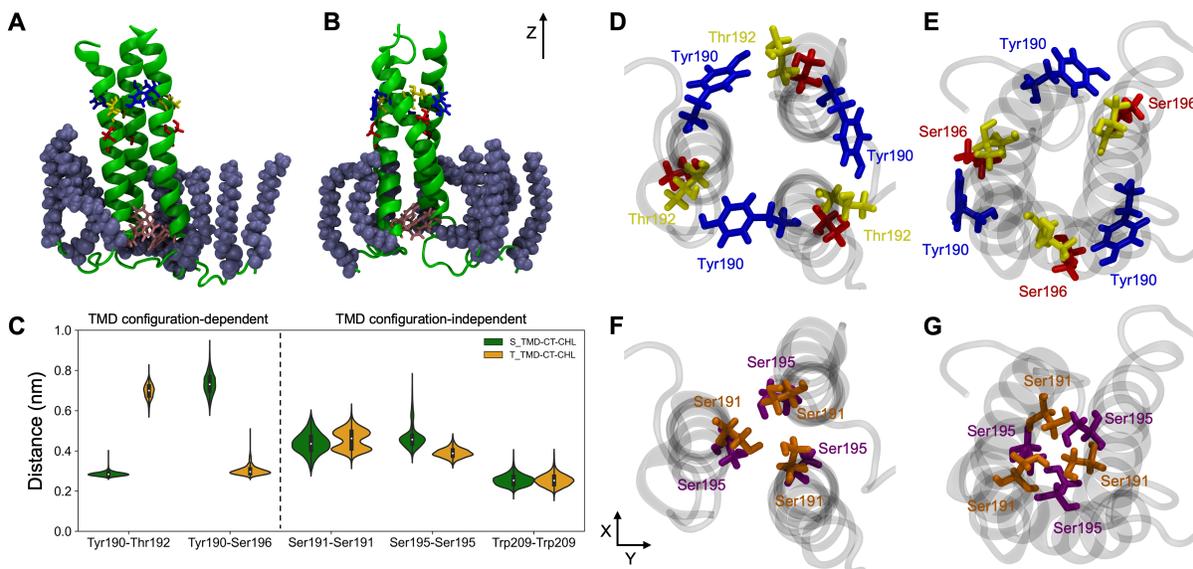


Fig. 2 (A,B) Straight and tilted TMD configurations, respectively, after 3 μ s simulation time. (C) Distributions of donor-acceptor distances for hydrogen bonds calculated for Tyr190:OH \cdots Thr192:OG1, Tyr190:OH \cdots Ser196:OG, Ser191:OG \cdots Ser191:OG, Ser195:OG \cdots Ser195:OG, and for minimal distances between Trp209 heavy atoms within TMD for the last 1 μ s simulation time. (D-G) Main interactions in the TMD N-terminus stabilizing both configurations.

database⁶⁴ using the BLAST algorithm⁶⁵. WebLogo 3.3 server⁶⁶ was used to illustrate sequence variability. Shannon sequence entropy was evaluated through the Los Alamos National Laboratory HIV Sequence Database⁶⁷ software. Hydrophobicity (HD) analysis was performed based on the Kyte and Doolittle scale via the ProtScale web service^{68,69}. Secondary structure predictions were carried out by PSIPRED 4.0 and Jpred 4 tools^{70,71}.

3 Results and discussion

3.1 Bioinformatic analysis

In the current study we aimed to elucidate structural characteristics of HA C-terminal segment, which encompasses TMD and CT domains (see Figure 1A). Despite vital role of this membrane-anchored HA fragment in supporting HA rearrangements during the fusion process, our understanding of its structural plasticity remains limited. Bioinformatic analysis confirms that the TMD sequence supports α -helical conformation and is of highly hydrophobic character^{11,72,73}, typical for membrane-spanning protein domains¹¹. These features are highly preserved across all HA variants, indicating a high level of specialization. Of note is near absolute conservation of two serine residues (Ser191 and Ser195) at the N-terminal TMD segment and a tryptophan residue (Trp209) at the C-terminal part. Whereas the presence of tryptophan is typical at the interface regions of TMDs⁷⁴, the occurrence of buried serine residues, which possess relatively polar side chains, might indicate specific functional role. One possibility is their involvement in the stabilization of symmetric arrangement of three TMD α -helices. Such a symmetric arrangement, which is also suggested by experimental studies, would be a natural consequence of the overall HA geometry, at least in a pre-fusion state in which the ectodomain is perpendicular to the viral surface.

The CT segment is relatively short (11 residues) and rich in

hydrophobic amino acids (Fig. 1B). It contains a few residues whose absolute or almost absolute conservation (Fig. 1C) across different HA variants (Fig. 1C) may indicate a critical functional role. Three of them are cysteines which are known to undergo post-translational palmitoylation. They increase CT hydrophobicity and facilitate protein trafficking to cellular membranes^{75,76}. Another conserved residue is Gly214, whose presence may indicate a propensity of CT structure to form a bend at this position. Indeed, secondary structure prediction models propose a β -sheet or bend conformation for CT (see Figure 1D and 1E), however, the confidence level of those predictions is limited. To this end, it is essential to recognize the limitations of such models, as they do not account for the influence of the cellular environment at the water-membrane interface, and neither do they consider the effect of post-translational modifications like palmitoylation, which may further impact the function and localization of the CT segment.

3.2 TMD configurations

Recent cryo-EM studies revealed two distinct HA TMD configurations (see Figure 2A and 2B)¹¹. The first one, referred to as the "straight", S, state, is characterized by roughly parallel arrangement of the 3 membrane-spanning α -helices. The second configuration, termed the "tilted", T, state, exhibits a noticeable rotational shift of the helix axes relative to each other. Both configurations are stabilized by intermolecular links, among which a significant role is seemingly played by tyrosine residues¹¹. In order to further investigate these distinct structural arrangements, we performed unconstrained MD simulations of trimeric TMD with palmitoylated CTs in the S and T states, embedded in viral-like membrane. Each variant was independently simulated for 3 μ s, of which the final 1 μ s were used for analysis.

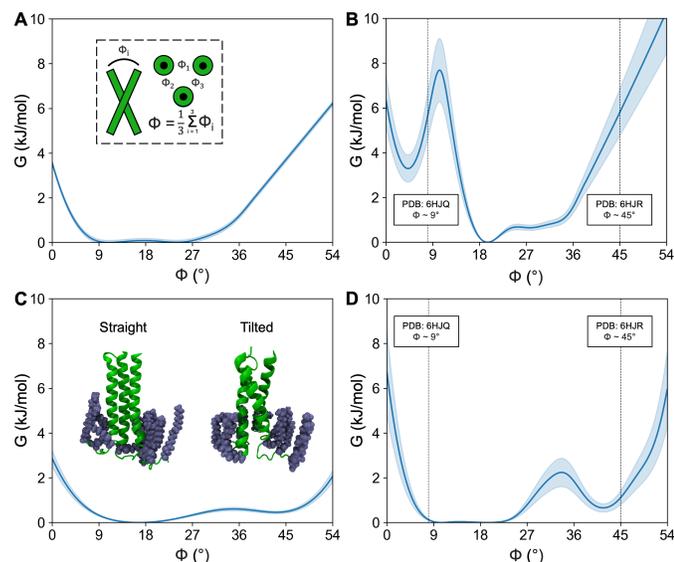


Fig. 3 PMFs for TMD transition from straight to tilted state in four system setups: (A) TMD without CT and membrane without CHL, (B) TMD without CT and membrane with CHL, (C) TMD with CT and membrane without CHL, and (D) TMD with CT and membrane with CHL. Vertical dashed lines indicate ϕ values from cry-OEM structures (PDB: 6HJQ, 6HJR). Blue shadows correspond to bootstrapping error.

The membrane-bound proteins in both states did not exhibit significant departures from their corresponding starting geometries during MD simulations confirming the relevance and stability of two diverse, experimentally obtained TMD configurations (SI Fig. S1). The analysis of prevalent inter-helix interactions revealed the presence of three distinct rings of specific residue contacts at the N and C termini of the TMD α -helices (Fig. 2A-G). Notably, the formation of the ring involving Tyr190 turns out to occur in a TMD configuration-dependent manner and relies on the hydrogen-bonding capabilities of the tyrosine side chain. In the S TMD state Tyr190 hydroxyl groups form stable bonds (donor-acceptor distance in the order of 0.3 nm) with hydroxyl groups of Thr192 from adjacent helices. However, upon TMD transition to the T state, these interactions are broken, and Tyr190 side chains are rotated deeper towards the membrane core where they form hydrogen bonds with hydroxyl groups of Ser196. Remarkably, the rearrangement of hydrogen bonds, which involves a ~ 0.5 nm difference in the acceptor-donor distances, occur symmetrically at all three interfaces between TMD helices. The second specific set of interactions identified at the N-terminal part is formed between Ser191 and Ser195 residues, and is independent of the TMD configuration. Both of these residues display a high degree of conservation across all HA types (see Figure 1B), what suggests likely evolutionary pressure towards maintaining these contacts.

The interaction ring at the C-terminal TMD segment is formed between highly conserved Trp209 residues. The localization of tryptophan near membrane-water interface is a characteristic feature of transmembrane proteins. These residues act as atomistic anchors guiding the proper insertion of transmembrane segments, contribute to fine adjustments in their orientation and also

serve as landmarks at helix-helix interfaces^{74,77,78}. In our simulations, regardless of TMD configuration, we observed the formation of stable contacts, defined as minimal distance between heavy atoms below 0.3 nm, through indole rings, which likely facilitate proper arrangement and structural integrity of the TMD at the internal viral side.

3.3 TMD structural transitions

The unconstrained MD runs discussed above indicate metastable character of the S and T TMD configurations. The fact that we observed no spontaneous conversion between them, suggests the existence of a free energy barrier that is prohibitively high to be efficiently crossed in the available simulation time. Accordingly, in order to investigate the barrier height, G^\ddagger , as well as relative depths of the respective free energy basins, $\Delta G_{T \rightarrow S}$, we conducted series of umbrella sampling simulations aiming to obtain the potential of mean force between them. To this end, we introduced a reaction coordinate, ϕ , based on the average angle between the axes of TMD α -helices. Specifically, $\phi = 0^\circ$ corresponds to the parallel alignment of the three α -helices and $\phi \sim 50^\circ$ to a highly tilted TMD state. For reference, in the unconstrained simulations of the S and T TMD configurations, ϕ was observed to sample the region of $\sim 15^\circ$, and $\sim 40^\circ$, respectively.

In order to gain insights into the role of the CT segment as well the presence of CHL within the membrane, we explicitly considered four distinct system setups: 1) TMD with CHL in the membrane, 2) TMD without CHL in the membrane, 3) TMD with attached CT in the presence of CHL, and 4) TMD with attached CT and without CHL in lipid bilayer. We note, however, that the assumed model of the HA C-terminus does not consider the influence of the ectodomain part such that to allow for a more focused and detailed analysis of the TMD core transition, given the available computational resources.

The PMF obtained for TMD without the CT segment and embedded in a membrane devoid of CHL (see Figure 3A) does not display the expected two minima indicative of both S and T TMD configurations. Instead, a single, broad minimum is observed. Apparently, this specific membrane composition, with an average P-P thickness of 4.2 nm (SI Fig. S2), effectively prevents CT-devoid TMD from adopting any distinct configuration. This is directly manifested by the instability of interactions formed by Tyr190, whose engagement in hydrogen bonds with either Thr192 or Ser196 would be expected for stable S or T state, respectively (SI Fig. S3).

The separation of TMD conformational ensemble into two distinct, experimentally confirmed states is rescued by the introduction of CHL into the membrane (see Figure 3B). This change is associated with an increase in the bilayer P-P thickness to 4.5 nm. It is of note, however, that in the absence of the CT, TMD α -helices are closer to being parallel in the S state, and do not reach full tilt in the T state, compared to unconstrained simulations involving the complete HA C-terminus in a CHL-containing membrane. The free energy minima are separated by $G^\ddagger \sim 8$ kJ/mol for T \rightarrow S transition, and the PMF indicates $\Delta G_{T \rightarrow S}$ in the order of 3 kJ/mol. This latter result is at odds with experimental studies,

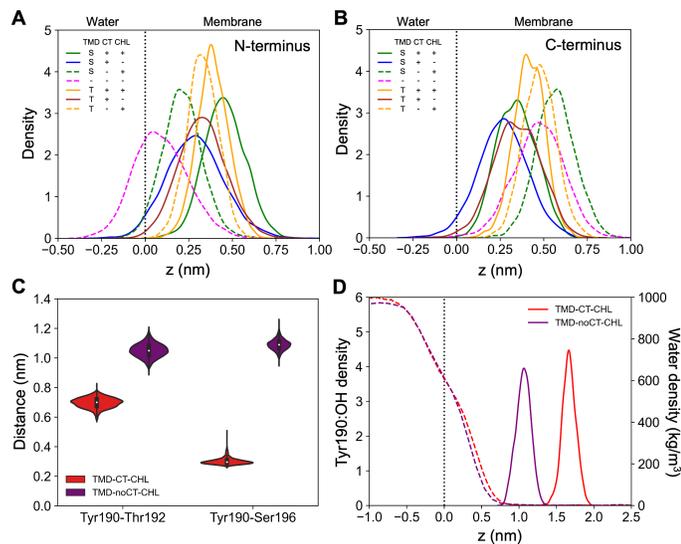


Fig. 4 (A) Distribution of TMD N-terminus (GLN185:C α atom) position and (B) TMD C-terminus (CYS211:C α atom) position along membrane normal axis (z) with respect to corresponding membrane-water interface (peak phosphate atom density, $z = 0$). (C) Donor-acceptor distances for hydrogen bonds between Tyr190:OH...Thr192:OG1 and Tyr190:OH...Ser196:OG for TMD kept at $\phi = 45^\circ$. (D) Distributions of Tyr190:OH atoms and water oxygen atoms along z axis for TMD kept at $\phi = 45^\circ$.

which demonstrated some preference for the S TMD state¹¹, and suggests possibly important role of the CT in shaping the TMD conformational equilibria.

The impact of CT presence on TMD conformational behavior is evident in simulations without and with CHL in the membrane (Fig. 4C-D, respectively). In both scenarios the simulations reveal the existence of free energy minima located around ϕ values consistent with those observed in unconstrained simulations of the TMD-CT system in the presence of CHL. Importantly, the respective TMD configurations display distinct Tyr190 interaction patterns that are indicative for S and T states. The free energy barrier between S and T states is practically nonexistent in the absence of CHL, whereas it achieves ~ 2 kJ/mol after its addition. Remarkably, the system that best approximates the native state, namely with both CT and CHL present, shows a slight TMD preference towards the S state, in agreement with experimental assessment. Taken together, these observations indicate that the CT exerts considerable influence on the equilibrium between the S and T states of the TMD. Furthermore and perhaps more importantly, it appears to secure TMD stability over a broad range of inter-helix angles, in particular, enabling the adoption of highly tilted T states.

To gain a physical understanding of the effects associated with the presence of the CT, we analyzed the location of N and C terminal TMD residues (C α atoms of Gln185 and Cys211, respectively) relative to membrane surface under the different considered scenarios (Fig. 4A-B). The CT turned out to act as an anchor firmly securing the burial of TMD C-terminus at the level ~ 0.3 nm below the membrane surface, irrespective of TMD tilt

and CHL presence (Fig. 4B). In all cases this phenomenon led to a deeper positioning of the TMD-CT N-terminus within the lipid bilayer, compared to the corresponding systems without the CT (Fig. 4A).

Such a relocation is expected to stabilize hydrogen bonds within the N-terminal TMD interaction rings by moving them away from the aqueous solvent. A striking effect is observed in the case of Tyr190-Ser196 interaction that is supposed to form in the T state, but remains broken in the absence of CT, even if the TMD is pulled to $\phi \sim 45^\circ$ by the biasing potential applied in umbrella sampling runs (Fig. 4C). The analysis of Tyr190 hydroxyl oxygen atom position along the membrane normal for the TMD held around $\phi \sim 45^\circ$ indicates its complete burial in the CT-containing system, and relative exposure to aqueous environment in the CT-free scenario (Fig. 4D). It suggests that Tyr190 fails to engage in an interaction with Ser196 due to favorable competition for hydrogen bonds from water molecules.

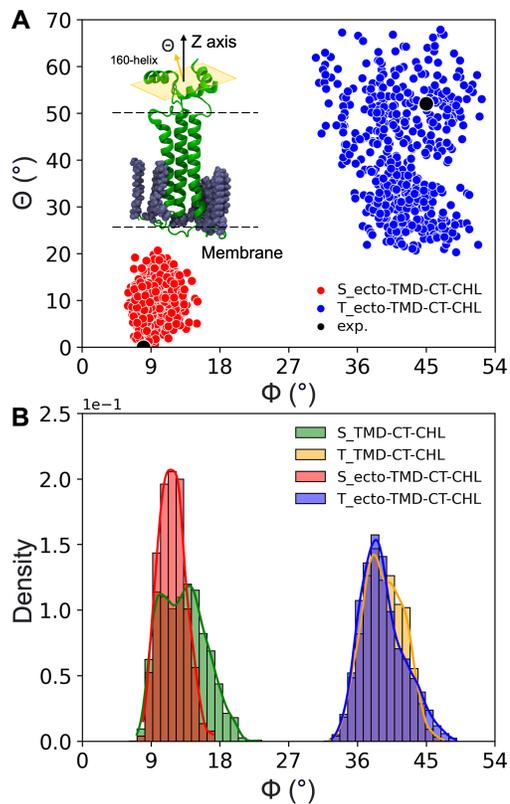


Fig. 5 (A) Distribution of TMD and ectodomain tilt angles, ϕ and θ , respectively, for both S (red circles) and T (blue circles) TMD states. (B) Distributions of ϕ angle for simulations with and without the ectodomain fragment. The ϕ and θ angle values were collected during the last 1 μ s of simulation times.

In the light of the above findings, we draw a conclusion that CT induces a specific localization of the N-terminal TMD hydrogen bond rings, positioning them deeper within the hydrophobic lipid environment. Their resulting shielding from aqueous environment enhances TMD stability but also provides for effective switching of the interaction pattern between two distinct TMD states. This mechanism likely underscores the HA conforma-

tional adaptability, enabling it to respond effectively to its microenvironment and potentially facilitating critical processes like viral fusion.

3.4 Ectodomain tilting

The ectodomain constitutes the major part of the HA protein. It is organized around a rigid, trimeric coiled-coil stem region, and prior to activation extends approximately 14 nm outwards from the viral surface. The ectodomain base is formed by, so called, 160-helices, which are oriented perpendicularly relative to the molecule's longitudinal axis¹¹. They do not interact directly with the viral membrane, but are connected to the TMD by 10 residues long, flexible linkers. It has long been known that the ectodomain needs to exhibit a considerable tilt in order to fit into the narrowing space between viral and endosomal membranes during their fusion^{11,79}. The tilt is primarily achieved owing to the flexibility of the linker structures, however, it remains unclear whether it necessitates also any TMD rearrangement.

In order to explore the potential coupling between the TMD geometry and the preferred orientation of the ectodomain axis we performed simulations of systems consisting of 160-helices connected by linkers to membrane-bound TMD-CT in its S and T states, respectively (see Materials and Methods for system details). Each variant was simulated in 5 independent MD runs. Intriguingly, although all 10 simulations were started with the ectodomain axis modelled as perpendicular to the membrane plane, its tilting was observed exclusively in systems, in which the TMD was in the T state (SI Fig. S4). Consequently, upon reaching equilibrium, the simulations sampled two distinct populations (Fig. 5A): one, corresponding to S-TMD with relatively straight ectodomain, and second with T-TMD and ectodomain tilt with respect to membrane normal by an angle, θ , up to 70°. It is noteworthy that the obtained distributions of TMD and ectodomain tilt angles, ϕ and θ , respectively, are consistent with two alternative geometries captured in cryo-EM data for full-length HA¹¹. Compared to unconstrained MD simulations of isolated TMD-CT in viral-like membrane, the runs in which the ectodomain base and linkers were added produced somewhat narrower distributions of TMD tilt angles for the S TMD state (Fig. 5B), indicating a slight stabilizing effect of the extended HA ectodomain on its membrane anchor. Contrastly, in the T TMD case, such effect was not apparent.

3.5 Cytoplasmic tail conformation

The determination of the conformational characteristics of the CT region poses significant challenge due to its close association with the membrane, which limits the feasibility of conventional experimental approaches. In addition, the lack of sequence features indicative of any distinct secondary structure together with a high ratio of post-translationally modifications, involving 3 out of 11 residues, complicate further the reasoning based on bioinformatic methods. As a consequence, the specific conformation adopted by the CT remains elusive. Nevertheless, some evidence, primarily derived from studies focusing on the isolated CT, suggests the presence of an antiparallel beta structure^{47,80}. Notably,

such structure appears to arise from an inherent conformational propensity of the CT rather than from a tendency for non-specific "amyloid-like" aggregation⁸⁰.

Our simulations provide an opportunity for detailed insights into CT in its native-like state, including the palmitoylation of cystein residues, trimeric arrangement in the presence of TMD, and viral-like membrane. The simulations were carried out for 3 μ s and were performed separately for both straight and tilted TMDs. All starting CT conformations corresponded to an elongated geometry.

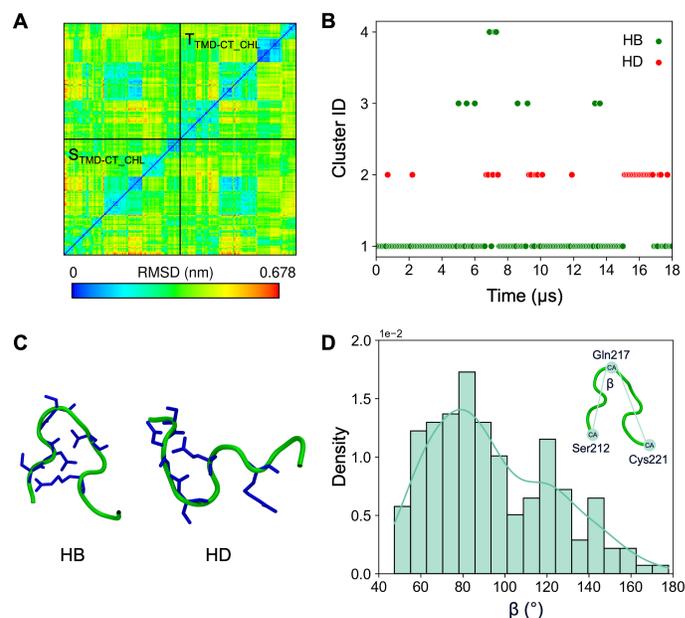


Fig. 6 (A) Two-dimensional root mean square deviation (2D cross-RMSD) for CT C α atoms. (B) MD clustering of CT conformations for both TMD configurations. HB represents bend structures stabilized by internal hydrogen bonds, HD represents straight geometries stabilised by hydrophobic interactions. (C) Representative CT structures (medioids) for two main conformation clusters. (D) Distribution of β angle (see Methods for definition) for CT in both TMD configurations.

As illustrated by the cross-RMSD matrices obtained for C α atoms (Fig. 6A), the conformational ensembles sampled by CT in both TMD configurations were found to be similar. In both scenarios CT continuously visited different states, and no long-term stabilization was observed throughout the entire MD runs. The clustering and the analysis of β angle indicative of CT opening degree (Fig. 6B-D) revealed two general families of conformations: a predominant bend structure, $\beta \approx 80^\circ$ and a minor fraction of intrinsically disordered conformations with $\beta > 100^\circ$. The bend structures constituted approximately 90% of all CT states observed during the MD simulations. Their existence is consistent with the presence of a highly conserved glycine residue (Gly214), widely recognized as a hallmark of the bend conformation. On the one hand, it confers flexibility to the polypeptide chain and, on the other hand, it facilitates the formation of internal, though not necessarily specific hydrogen bonds, thereby promoting the bend shape. The remaining $\sim 10\%$ fraction of CT conformations represented an extended configuration, likely stabilized by hy-

drophobic interactions with lipid bilayer. Although less prevalent, these disordered conformations contribute to the overall adaptability of the CT, potentially enabling transient interactions with various binding targets.

4 Conclusions

Our study aimed to gain a deeper understanding of the structural and functional characteristics of the trimeric HA C-terminal part. Its major component, which constitutes the membrane anchor for the entire HA protein, reveals typical sequence features for protein TMDs. Its unique character manifests itself in the ability to adopt two metastable configurations: the "straight" (S) state with parallel arrangement of the three TMD α -helices, and the "tilted" (T) state with a noticeable rotational shift of the helix axes. The key interactions enabling such conformational plasticity appear to be provided by Tyr190 side chains. In the S state their hydroxyl groups form stable hydrogen bonds with hydroxyl groups of Thr192 from adjacent helices. In order to stabilize the T state, they rotate towards the membrane core and engage in hydrogen bonding interactions with buried Ser196. This rearrangement occurs symmetrically at all three interfaces between TMD helices, and its relevance is further underscored by high sequence conservation of the interacting residues.

An indirect, yet important role for the functioning of the above mechanism is played by HA CT, which extends past TMD at the internal side of the viral membrane. It was found to act as a molecular anchor, firmly securing the C-terminal TMD residues at the membrane-water interface, thereby causing deeper burial of the N-terminal TMD part within the bilayer. This effect contributed to the stabilization of hydrogen bonds between Tyr190 and Ser196, likely by their shielding from aqueous solvent. As a consequence, the presence of CT was found to be essential for TMD ability to adopt fully tilted configuration.

The simulations demonstrated that the inclusion of CHL in the membrane, and its associated increase in membrane thickness, led to the appearance of a free energy barrier between the two TMD configurations. Accordingly, the presence of CHL supports a bimodal TMD behavior in contrast to a continuum of states between S and T extremes observed in the CHL-free case. This effect might be of importance for the positioning of the HA ectodomain with respect to viral membrane. This hypothesis is supported by the observation of a strong coupling between the TMD configuration and the orientational behavior of the ectodomain part. Our simulations indicated a preference for a straight ectodomain orientation when attached to the TMD in S configuration, and a significant tilt when linked with the TMD in T state. The observed dependency is consistent with two alternative geometries previously reported based cryo-EM data. We note, that each such geometry must have been represented by a significant fraction of microscopic structures to warrant detection, hence confirming two state rather than continuous HA tilting.

Our results shed light on the conformational behavior of the CT. Regardless of the TMD state, it was found to exhibit a high level of flexibility, with no single, unique structure. Roughly 90% of observed configurations corresponded to a bend geometry, achieved owing to the presence of a conserved Gly214 and

stabilized by internal hydrogen bonds. The remaining 10% of the conformations represented extended configurations, potentially stabilized by hydrophobic interactions with the lipid bilayer.

To sum up, our study indicates remarkable plasticity of the HA membrane anchor. Possibly, it evolved to enable keeping the ectodomain in extended state in search for the target membrane, while also allowing its significant tilt such that to fit into the narrowing space between viral and endosomal membranes during their fusion. Intriguingly, this bimodal TMD behaviour seems to be provided by seemingly inert CT fragment, which turned out to secure proper burial of inter-helical hydrogen-bonding switch within the membrane, thus enhancing its stability. It remains to be validated whether targeted perturbation of this mechanism might impede HA orientation changes required for membrane fusion, thus potentially neutralizing virus infectivity.

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Data Availability Statement

The data that support the findings of this study are available from the corresponding author upon request.

Author contributions

MM designed the study, carried out the simulations, analyzed results, and wrote the manuscript. PS analyzed results and wrote the manuscript.

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Conflict of Interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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