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# Veterinary Microbiology

journal homepage: www.elsevier.com/locate/vetmic



# Review Pythium insidiosum: An overview

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#### ARTICLE INFO

Article history: Received 20 April 2010 Received in revised form 19 July 2010 Accepted 19 July 2010

Keywords: Pythium insidiosum Pythiosis Oomycete Immunotherapy

#### ABSTRACT

*Pythium insidiosum* is an oomycete pathogenic in mammals. The infection occurs mainly in tropical and subtropical areas, particularly in horses, dogs and humans. Infection is acquired through small wounds via contact with water that contains motile zoospores or other propagules (zoospores or hyphae). The disease, though described as emerging has in fact already been described since 1884. Depending on the site of entry, infection can lead to different forms of pythiosis i.e. a cutaneous, vascular, ocular, gastrointestinal and a systemic form, which is rarely seen. The infection is not contagious; no animal–animal or animal-human transmission has been reported so far. Therapy includes radical surgery, antifungal drugs, immunotherapy or a combination of these therapies. The prevention to contract the disease in endemic areas is difficult. Avoiding stagnant waters could be of help, although the presence of *P. insidiosum* on grass and soil in enzootic areas renders this practice useless.

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<sup>0378-1135/\$ –</sup> see front matter @ 2010 Elsevier B.V. All rights reserved. doi:10.1016/j.vetmic.2010.07.019

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#### 1. Introduction

Pythium insidiosum is the only etiologic agent of pythiosis in mammals. Most cases of pythiosis have been reported in dogs, horses and humans. Only sporadic cases in other animals, such as calves (Pérez et al., 2005), cats (Miller et al., 1985; Thomas and Lewis, 1998; Rakich et al., 2005), sheep (Miller et al., 1985; Tabosa et al., 2004; Santurio et al., 2008), a bird (Pesavento et al., 2008) and tropical animals held in captivity (Camus et al., 2004; Wellahan et al., 2004; Buergelt et al., 2006) are known. Pythiosis is a rarely occurring, nontransmissible disease traditionally found in tropical, subtropical and temperate regions (De Cock et al., 1987; Mendoza et al., 1993; Mendoza, 2005). Recently however, pythiosis was also observed in California and Arizona, where the climate does not fit this description. These observations might indicate that the environmental niche for P. insidiosum is expanding, probably as a consequence of environmental changes like deliberate flooding of rice fields or irrigated landscape development (Berryessa et al., 2008; White et al., 2008). In Thailand pythiosis is considered to be endemic. Pythiosis in humans is life threatening with high rates of morbidity and mortality, especially in regions with a lack of tools for early diagnosis and effective treatment. While pythiosis is often described as an emerging disease (Laohapensang et al., 2009), the disease was already described in 1884 by British veterinarians working with horses in India (Smith, 1884).

The agent causing the disease (at that time named Hyphomycosis destruens equi) was isolated for the first time in 1901 by Dutch scientists working with horses in Indonesia and again in 1924 by another Dutch (de Haan and Hoogkamer, 1901; Witkamp, 1924). The disease has been known under various other names: bursattee or bursatte (derived from the Indian word Burus, Bursator or Bausette which means rainy season), espundia (Latin America), equine phycomycosis (Australia, USA), granular dermatitidis (Japan), hyphomycosis destruens equi (Indonesia), leeches (USA), swamp cancer (Australia, USA) and summer sores (Australia, Latin America, USA) (Kerr, 1829; Fish, 1895; Witkamp, 1924; Gonzalez and Ruiz, 1975; Ichitani and Amemiya, 1980).

The fungus-like nature of the causal agent of the disease was probably first reported by Smith (1884) and Drouin (1896). By lack of sporulation the agent could not be identified and it did not get a name until 1961 when

Bridges and Emmons (1961) named the organism Hyphomyces destruens. This name was derived from the name of the disease Hyphomycosis destruens which was introduced by de Haan and Hoogkamer (1901) and later extended to Hyphomycosis destruens equi by De Haan (1902). However, the name *H. destruens* was not validly published and lacked a Latin description and the designation of a type. Bridges and Emmons called the disease phycomycosis because they thought the organism was a zygomycete, probably Mortierella. Austwick and Copland (1974) observed zoospore development when cultures grown on Sabouraud dextrose agar were transferred to an aqueous medium. They concluded that the H. destruens actually belonged to the Oomycete genus Pythium. Based on this discovery, Chandler et al. (1980) proposed the term pythiosis for the disease. In 1980, Ichitani and Amemiya (1980) isolated a *Pythium* sp. from a diseased horse and found it to be morphologically similar to Pythium gracile Schenk (Amemiya, 1982). However, P. gracile is a poorly described species of which the identity cannot be verified. Moreover, it was isolated from algae in Germany, where pythiosis does not occur. The oomycete was formally described as P. insidiosum when sexual sporulation was observed by De Cock et al. (1987). Almost simultaneously Shipton (1987) proposed the binomial Pythium destruens for a strain isolated from an Australian horse with pythiosis. Based on priority P. destruens is now considered a synonym of P. insidiosum (Mendoza and Marin, 1989).

*P. insidiosum* mainly occurs in surface water amongst others in standing inland waters and occasionally in soil (Mendoza et al., 1993, 1996). Not much is known about the ecological preference of *P. insidiosum*, but the presence of water which induces the formation of zoospores seems to be a prerequisite (Supabandhu et al., 2008). Since *P. insidiosum* usually occurs under wetland conditions, more cases are seen after heavy rain or floods (Miller, 1983; Miller and Campbell, 1983; Mendoza et al., 1993). Other risk factors for developing pythiosis have not yet been identified. Floods after heavy rain have been incriminated as one of the natural resources used by *P. insidiosum* to expand its ecological niche to new areas (Mendoza et al., 1993; Supabandhu et al., 2008).

Phylogenetic analysis has shown that *Pythium* spp. are closer related to diatomeae and algae than to true fungi (Kwon-Chung, 1994; Hudspeth et al., 2000; Martin, 2000). *Pythium* spp. belong to the kingdom Stramenopila, the

Phylum Oomycota, the order Peronosporales and the family Pythiaceae (Alexopoulos et al., 1996). *Pythium* spp. have also been classified by others in the kingdom Chromista, the Phylum Pseudofungi, the class Oomycetes, the order Pythiales and the family Pythiaceae (Mendoza et al., 1996). In the most recent classification (Dick, 2001), *P. insidiosum* as a member of the genus *Pythium* is classified in the kingdom Straminipila, class Peronosporomycetes (=Oomycetes), order Pythiales and family Pythiaceae. This classification, however, was not yet based on DNA sequence data and may change in the near future.

# 2. The agent

Microscopically P. insidiosum develops mycelium like fungi, but it is not a true fungus, since its cell walls do not contain chitin but are composed of cellulose and Bglucans, its cytoplasmic membrane lacks ergosterol, the thallus is diploid and coenocytic, the sexual process is oogamy and the organism develops biflagellate zoospores in wet environments (Alexopoulos et al., 1996). Zoospores are single nucleated cells without a cell wall that can swim with the help of two flagella; a tinsel (anterior) flagellum and a whiplash (posterior) flagellum. The posterior flagellum is thought to be responsible for the movement of the zoospore through water, the antherior flagellum functions as a rudder. Zoospores swim in a helical or spiral pattern interrupted by random changes of direction. Zoospores cannot divide or multiply (Walker and van West, 2007). The zoospores are considered to be the infective propagules, they show chemotaxis and become encysted once they come in contact with either decaying or injured plant tissue (there is no evidence that healthy plant tissue has a similar effect). Injured tissue of a mammalian host that enters the ecosystem of P. insidiosum exerts the same effect. A glycoprotein secreted on the surface of the encysted zoospores allows adhesion to the injured tissue (Estrada-Garcia et al., 1990; Mendoza et al., 1993; Mendoza et al., 1996).

*P. insidiosum* infections occur mostly in apparently healthy humans and animals (Thianprasit, 1990; Mendoza et al., 1996; Thomas and Lewis, 1998; Grooters, 2003; Mendoza, 2005). Pythiosis occurs in regions of Southeast Asia (India, Indonesia, Japan, Korea, New Guinea, and

Thailand) (Ichitani and Amemiya, 1998; Thianprasit, 1986, 1990; Sohn et al., 1996), eastern coastal Australia and New Zealand (Miller, 1983; Triscott et al., 1993; Murdoch and Parr, 1997), South America (Argentina, Brazil, Colombia, Venezuela) (Gonzalez and Ruiz, 1975; Mendoza, 2005), Costa Rica (Mendoza and Alfaro, 1986; Alfaro and Mendoza, 1990), Guatemala (Mendoza et al., 1996), Haiti (Virgile et al., 1993), Panama and Nicaragua (Mendoza and Alfaro, 1986) and North America, Mexico and the United States (Miller, 1983; Grooters, 2003; Mendoza, 2005). In the USA it occurs most often in the Gulf coast states but has also been identified in other states (Mendoza, 2005; Grooters, 2007). The first case of pythiosis from Africa (Mali) was reported in a dog (Rivierre et al., 2005). This case was confirmed by molecular sequencing, placing the African strain in a separate taxon from the American and Asian clusters reported by Schurko et al. (2003a).

P. insidiosum is well adapted to the body temperature of its mammalian hosts. It has an optimum and maximum temperature for growth of 34–36 °C and 40–45 °C, respectively (De Cock et al., 1987). It grows well on various artificial media when incubated at 25 °C or 37 °C. Sabouraud agar (Witkamp, 1924, 1925; De Cock et al., 1987), vegetable extract agar, peptone yeast glucose agar and potato flakes agar all can be used (De Cock et al., 1987; Shipton, 1987; Grooters et al., 2002b). On Sabouraud agar P. insidiosum grows in submerged, white to colourless colonies, which have an irregular radiate pattern (De Cock et al., 1987; Mendoza et al., 1993, 1996) (Fig. 1A). Zoospores are only developed in water cultures; they are stimulated by the presence of ions such as  $K^+$ ,  $Ca^{2+}$ , Mg<sup>2+</sup> and chemically attracted by plant material, animal hairs or pieces of animal tissue (Austwick and Copland, 1974; Shipton, 1987; Mendoza and Prendas, 1988; Chaiprasert et al., 1990; Mendoza et al., 1993). While in some oomycetes, zoospore formation can occur within minutes and is considered one of the fastest developmental processes in any biological system (Walker and van West, 2007), in P. insidiosum zoospore formation can take 1 h or more (Mendoza and Prendas, 1988). P. insidiosum does not need a susceptible mammalian host for its survival or propagation since it is able to survive and multiply in its natural environment on decaying plants (Mendoza et al., 1993).

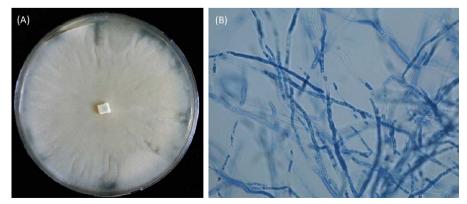


Fig. 1. A five days old culture of *Pythium insidiosum* at 37 °C grown on 2% Sabouraud dextrose agar (Panel A). *P. insidiosum* from plate cultures showing sparsely septate hyphae in lactophenol blue (20×) (Panel B).

## 3. Molecular phylogeny of P. insidiosum

The first reports showing that *P. insidiosum* is a unique oomycetous pathogen of mammals came from molecular phylogenetic studies of several *Pythium* species (Martin, 2000; Lévesque and de Cock, 2004). Lévesque and de Cock (2004) divided *Pythium* species in at least 10 different phylogenetic groups (designated A to K). *P. insidiosum* is found in group C together with *P. grandiosporangium*. Grouping of *P. insidiosum* together with this marine saprotrophic microbe is intriguing since *P. insidiosum* is a fresh water organism. Moreover, the two species are significantly different with regard to morphology and growth/temperature relationships. The clustering of the two in one clade is more likely to be the consequence of long range attraction then of a genuine close relationship.

Schurko et al. (2003a,b) observed heterogeneity in ribosomal DNA sequences (IGS and ITS) among isolates of *P. insidiosum* which were correlated to geographic origin but not to host. They distinguished three different groups: clade I is comprised of isolates from North, Central and South America, clade II consists of isolates from Asia and Australia, whereas clade III contains isolates from Thailand and the USA. Clades I and II are closely related but clade III is significantly different from the other two. Moreover, one isolate in clade III from *Tremarctos ornatus* is deviating from the other strains in this clade. Therefore it was hypothesized that the members of the third group might represent a new species, but they were not treated as such.

The ability of *P. insidiosum* to develop appressoria and the chemotaxis of its zoospores to plant tissue suggests that this pathogen took advantage of these ancestral features and adapted them to a lifestyle as a mammalian parasite. When *P. insidiosum* acquired the pathogenic attributes to invade mammals, hopefully can be answered after completion of its complete genome sequence. Several genome sequencing projects of plant pathogenic oomycetes are already finished and some others are underway. To our knowledge this is not yet the case for *P. insidiosum*.

#### 4. Epidemiology and pathogenesis

Zoospores show a marked chemotaxis towards animal hair, wounds, other damaged skin parts or intestinal mucosa (De Cock et al., 1987; Mendoza et al., 1993). Upon microscopy, adhesion of zoospores to the cut edges of skin but hardly to undamaged tissue was observed (Mendoza et al., 1993; Grooters, 2003). The location of the lesions is therefore directly related to the parts of the body that were in direct contact with water containing zoospores of P. insidiosum. For example, in horses lesions are seen especially on the legs and ventral parts of the abdomen. Lesions caused by punctures and insect bites can also be a "port d'entree" for P. insidiosum (Mendoza et al., 1993; Mendoza et al., 1996; Rees, 2004). Insect bites are of interest from an epidemiological point of view since Schurko et al. (2003a) identified an isolate from an infected larva of Culex quinquefasciatus (a widespread tropical mosquito) in India as P. insidiosum. This suggests that P. insidiosum has the ability to invade insects and thus the possibility of transmission through infected mosquitoes is

of concern, especially in the tropical regions where mosquitoes are prevalent.

Once the zoospores are in contact with mammalian or plant tissue (in wet environments) they encyst on the surface of the injured tissue(s). The encysted zoospores secrete a sticky amorphous glycoprotein that mediates the adhesion of zoospores to tissue before they enter the tissue (Mendoza et al., 1993, 1996). The encysted zoospores stimulated by the host's body temperature develop a germ tube (hypha) that extends from the zoospores into the infected tissue and later can also infiltrate blood vessels (humans), which makes spreading within the body tissues easier. The disease can also be acquired through traumatic lesions and contact with hyphae of P. insidiosum (Mendoza et al., 1980). The invasion of blood vessels can lead to thrombosis and invasion of large arteries (Imwidthaya, 1994; Thitithanyanont et al., 1998; Krajaejun et al., 2006; Pupaibool et al., 2006; Laohapensang et al., 2009). In addition to P. insidiosum host colonization by invasive growth, the secretion of proteases and the exertion of mechanical force by the tips of the elongating hyphae have been implicated as putative virulence factors (Shipton, 1987; Ravishankar et al., 2001). For P. insidiosum this force has been measured and compared with the resistance of human and equine skin to needle insertion. The data show that a significant reduction in tissue strength has to be obtained by the action of proteases, before penetration of the tissue by hyphae can take place (Ravishankar et al., 2001; MacDonald et al., 2002; Davis et al., 2006). All three tested strains of P. insidiosum secrete three or more proteases of different molecular weight. Two of them were present in the three strains. The specificity of the proteases is not known, but inhibition experiments identified them as serine proteases (Davis et al., 2006). Secretion of proteases seems to be a general feature of pathogenic oomycetes (Bangyeekhun et al., 2001; Torto-Alalibo et al., 2005). Pythiosis progresses rapidly and if not treated in the early stages can become life threatening in both humans and animals. So far zoonotic properties have not been demonstrated for P. insidiosum.

#### 5. Clinical signs in animals

Pythiosis has been reported in several species, but most cases occur in otherwise immunocompetent horses and dogs. In animals the infection develops in the form of a cutaneous or intestinal disease, although cases of localized lung and bone infection, as well as systemic dissemination through lymph nodes have been also described (Witkamp, 1925; Goad, 1984; Mendoza et al., 1988; Alfaro and Mendoza, 1990; Reis et al., 2003).

# 5.1. Horses

In horses there seems to be no predisposition for breed, age or sex of the animals (Miller, 1983; Mendoza and Alfaro, 1986; Mendoza, 2005; White et al., 2008). In this species the cutaneous form is more prevalent whereas the intestinal form is rarely recorded (Brown and Roberts, 1988; Morton et al., 1991; Purcell et al., 1994). The Dutch authors (Bubberman, 1914; Witkamp, 1924) describe for all their



**Fig. 2.** Fresh kunkers collected from a horse with cutaneous pythiosis. Kunkers are stony masses found only in horses with pythiosis. Note the different shapes developed in horses with pythiosis. Similar masses have been reported in equine habronemiasis. A differential diagnosis of habronemasias and pythiosis can be made by demonstration of sparsely septate hyaline hyphae within kunkers in the case of pythiosis.

equine patients that they were apparently suffering from itching, since they were rubbing the infected area of the body against the wall of the stable or biting the wound when allowed. In some cases this lead to auto-mutilation (Mendoza et al., 1986). These authors also describe the awful smell associated with horses infected with this pathogen. Lesions in the cutaneous form often consist of large, rounded, granulomatous nodular ulcerative tissue. The lesions are tumor-like and consist of necrotic tissue, containing eosinophils and hyphae of *P. insidiosum* (Headley et al., 2002; Miller, 1983; Miller and Campbell, 1984; Mendoza and Alfaro, 1986; Chaffin et al., 1995). The tissue and the draining fistulas contain cores of necrotic yellow-

gray material referred to as "kunkers". Kunkers can vary in size, from a grain of rice, to various centimetres and can sometimes be found in bandage material (Fig. 2). Kunkers are specific for equine pythiosis and absent in other affected species (Leal et al., 2001; Mendoza et al., 1996; Mendoza, 2005). Kunkers in horses are formed by degranulation of eosinophils over the invading hyphae of *P. insidiosum*. New eosinophils degranulate over the old ones and the structural mass grows in size. In horses with chronic pythiosis the only place where the hyphae of *P. insidiosum* can be found is within kunkers. The clinical signs of a horse with pythiosis may include in addition to skin and bone lesions, lameness and enlargement of regional lymph nodes, anemia and hypoproteinemia. Both hypoproteinemia and anemia occur as a result of blood loss and loss of exudates consisting of serum and cations through large ulcerated skin lesions (Miller, 1983; Mendoza and Alfaro, 1986) (Fig. 3). Intestinal pythiosis in horses is characterized by stenotic fibrous and disseminated gastrointestinal lesions (Brown and Roberts, 1988; Allison and Gillis, 1990; Purcell et al., 1994).

# 5.2. Dogs

In dogs, in contrast to horses, the gastrointestinal form of pythiosis occurs more often than the subcutaneous form (Fig. 4). The clinical symptoms include vomiting, weight loss, intermittent diarrhoea and palpable masses in the abdomen (Fischer et al., 1994). Extension of the infection to the pancreas, mesenteric lymph nodes and bile ducts can occur (Thomas and Lewis, 1998; Grooters, 2003; Berryessa et al., 2008). Lesions may involve legs and face or tail (Thomas and Lewis, 1998). Infection by *P. insidiosum* in dogs is more frequent in young immunocompetent adults (Grooters, 2003; Grooters et al., 2003).



Fig. 3. Equine pythiosis can affect different areas of the skin (Panels A and B) and in chronic cases bones can also be invaded (Panel C).

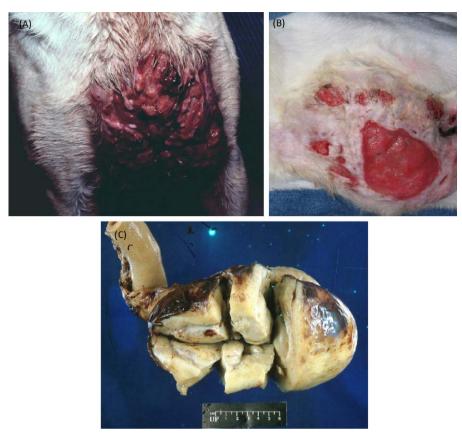


Fig. 4. In Panels A and B the clinical manifestation of cutaneous pythiosis in dogs is shown. In dogs this type of infection is very insidious and life threatening. Ulcerate granulomatous tissues, usually contaminated with bacteria are the main characteristic of dog pythiosis. Intestinal pythiosis is the most common type of infection in this species. In Panel C a duodenal tumoral-like mass from a dog with chronic gastrointestinal tract pythiosis is shown (Courtesy of Dr. Y. Perazzo).

# 5.3. Cats

Pythiosis in cats is rare and usually the lesions are confined to the skin and subcutaneous tissues (Fig. 5) (Thomas and Lewis, 1998; Grooters, 2003). Gastrointestinal infections in cats were reported only recently (Rakich et al., 2005). There is no predisposition for breed, age or sex (Grooters, 2003).

# 5.4. Cattle

Pythiosis in cattle usually occurs during the rainy season in subtropical areas. It is considered a sporadic disease in this species. However, an epizootic event involving more than 60 calves was reported in Venezuela (Pérez et al., 2005). The disease occurs more frequently on the limbs with pruritus and claudication. Tumor-like masses with fistules and ulcerated tissue of the limbs is common. The hyphae are usually localized at the centre of eosinophilic granulomas. The affected areas are extremely painful and most animals cannot stand up which usually leads to dehydration and death. Secondary bacterial contamination with anaerobes and other bacteria is common (Fig. 6) (Miller et al., 1985; Santurio et al.,



**Fig. 5.** Pythiosis in cats occurs less frequent than in dogs and horses. The infection affects the subcutaneous tissue but rarely becomes ulcerate. The cat in the figure has a typical mass near the toraxic area caused by *Pythium insidiosum* (Courtesy of Dr. R.C. Thomas)



Fig. 6. In Panels A and B two beef cattle with ulcerate tissue caused by *Pythium insidiosum* are shown. Note the swelling of the affected limb and the presence of some fistulae (Panel A) (Courtesy of Drs. R.C. Perez and J.J. Luis-Leon).

1998; Pérez et al., 2005). It has been suggested that in tropical countries the disease in cattle termed "infectious pododermatitis" usually attributed to anaerobic bacteria, maybe caused by *P. insidiosum*, which could open the door for anaerobic bacteria causing pododermatitis as a secondary infection (Perez et al., 2005).

# 5.5. Sheep

Pythiosis in sheep has been reported to cause cutaneous lesions in different anatomical areas and as a rhinopharyngeal disease (Tabosa et al., 2004; Riet-Correa et al., 2008). Eosinophilic granulomatous lesions are usually reported on the limbs and rhinopharingeal areas. Clinical signs involving the rhinopharinge include bilateral serosanguineous nasal discharge, swelling of nostrils, and the skin of the face (Fig. 7) (Riet-Correa et al., 2008). Involvement of the lungs has also been reported (Tabosa et al., 2004).

#### 5.6. Birds

Only a single report on *P. insidiosum* affecting birds has been recorded (Pesavento et al., 2008). The infected animal was a Californian nestling white-faced ibis (*Plegadis chihi*) with multiple ulceration of its wings, neck, head and limbs. *P. insidiosum* hyphae were found at the centre of necrotizing eosinophilic granulomas. This report shows that *P. insidiosum* can also affect birds and thus veterinarians dealing with birds should investigate similar skin lesions for the presence of this oomycete.

#### 5.7. Captive animals

In the last 10 years various reports on pythiosis in captive zoo animals have appeared. The animals involved include animals such as bears, camels and members of the Pantherae such as a tiger and a jaguar. Reports on the following species are available.

# 5.8. Spectacled bears

How often the disease occurred in this species or the number of cases has yet to be officially reported. So far all cases have come from a zoo in Columbia, South Carolina. Several adult spectacled bears (*Tremarctos oronatus*) were seen with lesions involving the preputial glands, other cutaneous areas and the gastrointestinal tract (A.A. Padhye, personal communication). The disease has been reported at least twice in this species from the same zoo. The presence of *P. insidosum* in the affected tissue was confirmed by microscopy and culture.

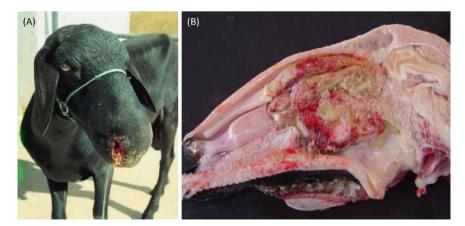


Fig. 7. In Panel A, a sheep with a strong inflammation of the face and bloody rhinorrhea caused by *Pythium insidiosum* is shown. In Panel B the location of the granulomatous tissue is inside the nostril passages (Courtesy of Drs. F. Riet-Correa and S.M.S. Silva).

## 5.9. Camels

Only a single case of pythiosis involving a 4.5 years-old male captive dromedary camel (*Camelus dromedarious*) in a Florida zoo has been recorded (Wellehan et al., 2004). The animal developed a granulomatous mass on the right side of the face and the diagnosis pythiosis was confirmed by culture. Despite immunotherapy and iodine treatment the camel died 6 months after the initial diagnosis. At necropsy hyphae of *P. insidiosum* were also found in the third compartment of the stomach. Two unpublished cases of pythiosis in camels from a zoo in Tennessee were recently confirmed (Videla, R. and Mendoza, L. unpublished).

# 5.10. Big cats

*P. insidiosum* has been reported causing an unusual primary pulmonary infection in a 7 months old Central American jaguar (*Panthera onca*) that later died of the infection (Camus et al., 2004). In addition, an adult captive Bengal tiger (*Panthera tigris tigris*) was diagnosed with abdominal pythiosis in Florida (Buergelt et al., 2006). The tiger later died of the infection. At necropsy several intestinal tumor-like masses were found. The diagnosis was confirmed by serology.

# 6. Pythiosis in humans

Although it has long been observed in animals, the disease in humans was only recently described in Thai patients (Thianprasit, 1986, 1990). In humans too, pythiosis affects apparently healthy individuals. Susceptible hosts become infected after contact with zoospores through contact of a skin wound with contaminated water. Agricultural related activities or water associated leisure activities are considered to be predisposing factors for human pythiosis (Sathapatayayongs et al., 1989; De Moraes Gimenes Bosco et al., 2005; Supabandhu et al., 2008). Thalassemia is also considered to be a predisposing factor in Thailand (Sathapatayayongs et al., 1989), but in a population with a high incidence of Thalassemic patients this claim has been questioned (Mendoza et al., 2003b). The majority of human cases (80%) of pythiosis have been reported in Thailand (Sathapatayayongs et al., 1989; Thianprasit, 1990; Imwidthaya, 1994; Vanittanakom et al., 2004). Other countries where human pythiosis cases have been reported include: Australia, Brazil, Haiti, Malaysia, New Zealand, and the USA (Rinaldi et al., 1989; Triscott et al., 1993; Virgile et al., 1993; Badenoch et al., 2001; De Moraes Gimenes Bosco et al., 2005). In a report on more than 100 cases of pythiosis in Thailand, four different forms of pythiosis were described: (a) the (sub) cutaneous form (infecting the face or limbs as a granulomatous and ulcerating lesion), found in 5% of the cases, (b) the vascular type (affecting arteries and resulting in arterial occlusion and aneurysm), found in 59% of the cases, (c) the ocular and orbital form in which corneal ulcers are formed, is found in 33% of the cases and (d) pythiosis at unusual places (i.e. disseminated pythiosis and infection of internal organs, observed in 3% of the cases (Krajaejun et al., 2006). From a Brazilian study, in which the morphological and molecular characteristics of a new equine isolate were

compared with a human isolate, it was clear that both isolates are 99% similar (De Moraes Gimenes Bosco et al., 2008). The isolates were obtained from the same region. This indicates that both humans and animals are sensitive for the same agent and host specificity of different genotypes seems not very likely. Since all American P. insidiosum isolates are included in a single phylogenetic taxon indicating their similarity (Schurko et al., 2003b), this observation was not unexpected. In the USA human cases of pythiosis are seldom reported and only a small number of cases have been officially published (Rinaldi et al., 1989; Shenep et al., 1998). However, it is likely that pythiosis in the past has been misdiagnosed as a fungal infection (Mendoza et al., 2003a,b). In Australia and the USA children seem more susceptible to the orbicular form (Rinaldi et al., 1989; Triscott et al., 1993; Shenep et al., 1998; Mendoza et al., 2003b), whereas adults develop the subcutanous form.

#### 7. Experimental pythiosis

#### 7.1.1. Rabbits

The susceptibility of rabbits to experimental infection with P. insidiosum was demonstrated almost 100 year ago by Witkamp (1924, 1925) and has been used ever since as an experimental model to test the effectiveness of immunotherapy and antimycotic agents (Amemiya, 1969; Ichitani and Amemiya, 1980; Miller and Campbell, 1983; Patino-Meza, 1988; Santurio et al., 2003a; Pereira et al., 2007, 2008). It is believed that 17,500 zoospores are needed to generate the disease in rabbits (Santurio et al., 2003b). However, Patino-Meza (1988) induced the infection using only 500 or less zoospores. The inoculation with *P. insidiosum* in any other species has been consistently unsuccessful. Patino-Meza (1988) reported no results on the experimental inoculation of *P. insidiosum* in species such as cattle, dogs, and horses. The author used a container with water containing hundreds of P. insidiosum zoospores and submerged a horse limb with small skin wounds, without success. Witkamp (1924) mentions that in guinea pigs a similar syndrome as in rabbits develops after experimental infection, but the guinea pigs apparently were suffering much less and their general health was much better. Oddly, natural infection of rabbits with P. insidiosum has yet to be documented (Mendoza, 2005). In a bizarre report, inoculation of native people and equines with kunkers (from horses with pythiosis) without developing the disease was mentioned (Smith, 1884). In summary, experimental pythiosis is only possible in rabbits.

#### 8. Immunology of P. insidiosum infections

In an early report by veterinarians on equine pythiosis in Indonesia (the former Netherlands India) it was mentioned that infected animals develop anti-*P. insidiosum* antibodies easily detected using antigens extracted from the pathogen in an immunodifussion test (Witkamp, 1924). This was confirmed by serological studies in humans and animals suffering from pythiosis, showing that *P. insidiosum* antigens trigger a humoral immune response upon contact with the host (Miller and Campbell, 1983; Mendoza et al., 1986, 1992a; Imwidthaya and Srimuang, 1989; Grooters et al., 2002a; Mendoza and Newton, 2005). It seems, however, that the presence of this type of immunity does, not clear infections in humans or animals (Miller and Campbell, 1983; Mendoza and Alfaro, 1986; Triscott et al., 1993; Thitithanyanont et al., 1998). The cellular immunity, provided by activated macrophages, mast cells, eosinophils and other inflammatory cells, seems directly involved in the extensive tissue damage observed in infected hosts (Miller and Campbell, 1982; Mendoza and Alfaro, 1986). Degranulation of eosinophils and mast cells at the infected sites causes the intensive pruritus reported in horses and other species; and is also responsible for the bacterial contamination occurring after development of necrosis and ulcerating tissue with the classical strong odour reported in equine pythiosis of the skin (Bubberman, 1914).

Based on these data it was postulated that the humoral immunity observed in infected hosts with pythiosis only triggers precipiting and agglutining anti-P. insidiosum antibodies related to a T helper 2 (Th2) immune response (Mendoza et al., 2003a; Mendoza and Newton, 2005). These antibodies are not protective, but can be used for the diagnosis of the disease. It was further postulated that the cellular immunity triggered by P. insidiosum locks the immune system in a Th2 mode which contributes to a worsening of the condition and eventually leads to death. It was suggested that treatment of the disease, using antigenic proteins extracted from P. insidiosum (see Immunotherapy below), might nevertheless work if these immunogens were presented to the immune system in a different fashion. The observation that high levels of interferon gamma (IFN- $\gamma$ ) and Interleukin 2 (IL2) (indicators of a Th1 mediated immunity) and a decrease of Th2 mediated interleukins are present in cured patients supports this idea (Thitithanyanont et al., 1998; Mendoza and Newton, 2005).

Of interest with respect to the immunology of pythiosis is a report that anti-P. insidiosum antibodies developed by different host species seem to detect different P. insidiosum antigens. Antibodies present in cattle, horses and humans with pythiosis were seen to bind to different hyphal cell compartments upon immuno-electron microscopy and protein-A colloidal gold-labeling (Garcia et al. (2007). This suggested that different hosts recognize different P. insidiosum antigens, which can have implications for the variable response to immunotherapy in some species (see Immunotherapy below). Western blot analysis with sera from bovine, feline, canine, equine and human patients, also showed the detection of different antigens depending on the serum of the species tested (Chindamporn et al., 2009). Recognition of different dominant P. insidiosum antigens by antibodies present in cattle sera, but not by horse and rabbit antibodies has likewise been reported (Leal et al., 2001).

# 9. Diagnostics

Equine pythiosis should not be mistaken for habronemiasis (also named swamp cancer, a disease of horses caused by the nematodes *Habronema muscae*, *H. majus* (*H. microstoma* and *Draschia megastoma*), skin fungal infections caused by *Conidiobolus* and *Basidiobolus* spp., extreme granulation tissue, bacterial granulation tissue or an invasive squamous cell carcinoma (Miller, 1983). Early diagnosis of pythiosis is very important for a successful therapy. Clinical expertise of a veterinarian or physician with the various clinical forms of the disease in different species is crucial for an early diagnosis.

#### 9.1. Sample collection

For equine pythiosis the collection of several kunkers and their transportation to the laboratory in water or a saline solution with antibiotics (streptomycin and ampicillin) is recommended. Biopts and scrapings should be transported to a laboratory as soon as possible. The samples have to be washed with distilled water and transported at room temperature in water or saline solution. For long trips (two days or more) the clinical samples (including kunkers) should be transported in saline solution with a few drops of broad spectrum antibiotics such as chloramphenicol or tetracycline. However, it was shown that specimens can also be refrigerated and P. insidiosum can be recovered from specimens that have been refrigerated for up to 5 days (Grooters et al., 2002b). In our experience however, cooling at 4°C (shipping on ice) inhibits growth of P. insidiosum from about 20% of the clinical samples.

A positive diagnosis for *P. insidiosum* infection can be obtained in three ways: (a) determination of the presence of the agent by wet mount examination in 10% KOH followed by culturing, (b) detection of anti-*P. insidiosum* antibodies using serological assays, and (c) detection of DNA of the infectious agent in the infected tissue by PCR and sequencing. Cytology and histology, may help in the diagnosis of pythiosis, but do not allow differentiation between pythiosis and infections caused by the zygomycetes *Connidiobolus* and *Basidiobolus* (Miller, 1983; Mendoza, 2005; Grooters, 2007).

#### (a) Culturing and wet mount examination

Wet mount examination in 10% KOH can be performed directly on samples taken from the infected individual. Wet mount preparations are a rapid way to microscopically detect the presence of sparsely septate hyphae, which may suggest the presence of *P. insidiosum* and pythiosis (Fig. 8). Next, a positive diagnosis can be made by culturing followed by sporulation of the pathogen in liquid cultures (Mendoza and Prendas, 1988; Chaiprasert et al., 1990). The production of zoospores alone is not sufficient for a positive diagnosis as other oomycetes produce similar zoospores. Kunkers collected from horses are more likely than biopsied tissues to yield a positive culture. Care should be taken to avoid bacterial contamination upon culturing by the addition of antibiotics and careful processing of samples (Grooters, 2007). Usually, the collected biopsy samples, kunkers (horses) or tissue, are washed three times with sterile saline solution before culture. The tissue is then cut into 5-10 mm in diameter

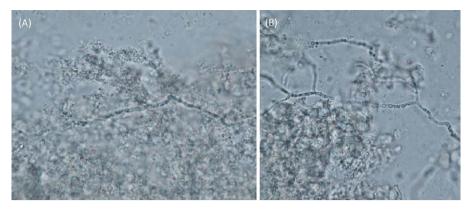


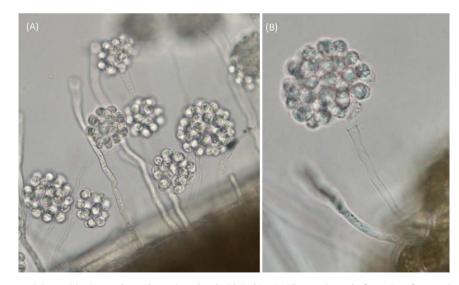
Fig. 8. A 10% KOH wet mount preparation of a kunker from a horse. Panel A and B are the continuous microscopic field of the clinical sample. Note the long sparsely septate hyaline hyphae of *Pythium insidiosum*. The presence of numerous vesicles within the hyphae is usually observed.

blocks, implanted into 2% dextrose Sabouraud agar plates and incubated at 37 °C. A beaker with distilled water to increase the humidity inside the incubator is recommended. Positive samples are detected after 24–48 h of incubation as small radiate growing colonies coming from the inoculated blocks (L. Mendoza, unpublished data) (Fig. 1A).

For an accurate diagnosis, a tissue biopsy or tissue deep scrapings can be taken from cutaneous and subcutaneous pythiosis cases; clinical samples can be cultured and microscopically examined for the presence of sparsely septate hyaline hyphae (Fig. 1B). Due to the fact that *P. insidiosum* in culture does not develop sporangia on the commonly used agar media, the induction of a sporangium producing motile biflagellate zoospores should usually be performed in order to identify the pathogen as *P. insidiosum* (Mendoza and Prendas, 1988; Grooters et al., 2002b) (Fig. 9). All *Pythium* species develop zoospores in wet cultures in the presence of calcium and magnesium iones. Since *P. insidiosum* was recognized as the only oomycete pathogenic for mammals for a long time, induction of zoosporogenesis was considered enough for a presumptive diagnosis of pythiosis. With the description of an emerging oomycosis in 2003, that still awaits confirmation this might no longer be the case (Grooters et al., 2003). However, further identification of the culture as *P. insidiosum* by serology or using molecular tools, including sequencing is recommended in any case (Schurko et al., 2004; Mendoza, 2005).

# 9.2. Histopathology

In contrast to zygomycetes in the order of the mucorales (*Absidia, Mucor, Rhizopus, Saksenaea*, and others) and in the order of the entomophthorales (*Basidiobolus* and *Conidiobolus*) *P. insidiosum* hyphae do not stain well in



**Fig. 9.** Water cultures containing positive ions and grass leaves inoculated with *Pythium insidiosum* trigger the formation of sporangia containing zoospores. Sporangia are not differentiated from vegetative hyphae and are present inside the grass blades. Only a hypha-like discharge tube grows out through which the protoplasma is released in a thin-walled vesicle at the tip. Inside the vesicle the zoospores are differentiated. Zoospores are released after rupture of the vesicle membrane. Panel A: the vesicles with zoospores that developed after 3 h incubation. Panel B: a close-up of a vesicle before zoospore release. Below the vesicle the empty discharge tube is visible.

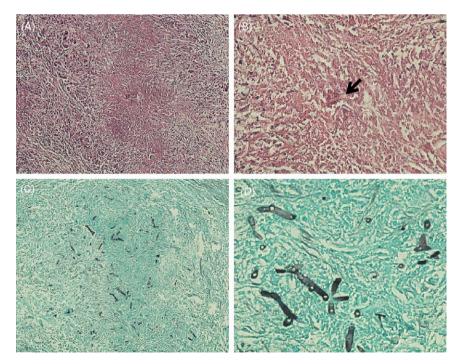
Hematoxylin and Eosin (H&E) (Ribes et al., 2000; Mendoza, 2005). Histopathologically a pyrogranulomatous inflammatory infiltration with large quantities of eosinophilic granulocytes is often seen (Rees, 2004; Mendoza, 2005; Grooters, 2007). Although the visualization of hyphae is difficult in H&E staining, the presence of necrotic eosinophilic granulomas should lead to consideration of the presence of entomophthoromycetous fungi (Conidiobolus and Basidiobolus species), P. insidiosum, and/or putative parasitic infections such as habronemiasis in horses (Fig. 10). To visualize *P. insidiosum* hyphae in tissue, samples can be stained with PAS (periodic acid-Schiff) or Gomori methenamine silver staining of which the latter is to be preferred (Mendoza, 2005). P. insidiosum hyphae are present as  $2.6-6.4 \,\mu\text{m}$  wide (sometimes as large as  $>10.0 \,\mu\text{m}$ ), irregular sparsely septate hyaline filaments with a thick cell wall. Occasionally branches are formed at angles of 90° (Miller, 1983; Miller and Campbell, 1984; Mendoza and Alfaro, 1986; Mendoza, 2005) (Fig. 10).

# (b) Serodiagnosis

Serodiagnosis of pythiosis can be performed by immunodiffusion. The test is very specific but unfortunately has a low sensitivity (Mendoza et al., 1986; Pracharktam et al., 1991). Other tests based on detection of antibodies, like an Enzyme Linked Immuno-Sorbent Assay (ELISA), an immunochromatographic assay or a Western blot were developed later to increase sensitivity and specificity (Mendoza et al., 1992a; Mendoza et al., 1997; Grooters et al., 2002a; Krajaejun et al., 2002; Chindamporn et al., 2009; Krajaejun et al., 2009). Because these tests are difficult to perform in rural areas, Jindayok et al. (2009) developed a haemagglutination test in which agglutination of sheep red blood cells coated with a *P. insidiosum* extract is tested against serum samples of patients suspected of pythiosis. The test was found to be simple, rapid and reliable for serodiagnosis of vascular and cutaneous pythiosis. *P. insidiosum* can also be identified in fixed tissues by immunofluorescence (Mendoza et al., 1987) or by the immunoperoxidase staining technique (Brown and Roberts, 1988).

### (c) Molecular diagnosis, PCR.

Molecular techniques have been developed to identify P. insidosum in the clinical laboratory in the absence of culture. A specific diagnostic PCR using the internal transcribed spacer (ITS) of the rRNA locus of P. insidiosum has been used by several laboratories (Grooters and Gee, 2002; Reis et al., 2003; Vanittanakom et al., 2004; De Moraes Gimenes Bosco et al., 2008). Since most skin and intestinal lesions are contaminated with environmental microbes of which DNA sequences are not yet available from the data base, diagnostics based solely on the specific molecular weight of amplicons has to be interpreted with caution. A species-specific DNA probe, based on a 530 bp fragment of the ribosomal intergenic spacer (IGS), was developed by Schurko et al. (2004). Although these methodologies are not yet available on a large scale, they can be of help in cases of where fixed tissue is submitted for histopathology (see also serodiagnosis).



**Fig. 10.** Panels A and B are H&E histological preparations showing a granulomatous reaction with numerous eosinophils, giant cells, mast cells and other cells from an intestinal case of dog pythiosis. Panel B: unstained hyphae of *Pythium insidiosum* (arrow,  $40 \times$ ). Panels C ( $20 \times$ ) and D ( $50 \times$ ) are a Silver stain preparation of the same tissue. Note the presence of numerous none septate hyphae, some forming rounded shape structures.

#### 10. Management of pythiosis

The infections caused by *P. insidiosum* poorly respond to therapy. In addition to wide surgical excision, antimicrobial agents and immunotherapy have been used with some success in the treatment of pythiosis. Independent of the chosen therapy, it is of utmost importance that treatment starts as early as possible.

Radical surgery, including amputation, still is the most used and effective treatment for this infection in humans and animals (McMullan et al., 1977; Mendoza and Alfaro, 1986; Thomas and Lewis, 1998; Krajaejun et al., 2006). Surgical debridement of skin lesions in dogs and horses with the disease is very popular as well but a high rate of reoccurrence is seen (45%). Some investigators have recommended immunotherapy as an important alternative for the treatment of equine pythiosis .It has to be taken into account that the reported cure rates of different therapies most often are calculated from a small number of patients and that therapy is often a combination of actions like surgical therapy, immunotherapy or administration of antimycotic agents.

# 10.1. Antimycotic agents

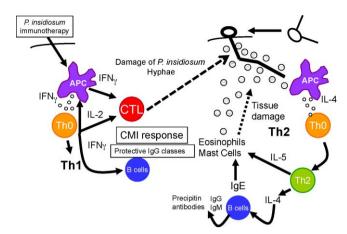
Since P. insidiosum was believed to be a fungus several antimycotic agents were used to treat the infection (McMullan et al., 1977). However, Stramenopilan microbes such as P. insidiosum lack ergosterol in their cytoplasmic membrane and thus should not be susceptible to antimycotic agents (Sekhon et al., 1992; Mendoza, 2005; Mendoza and Newton, 2005). Agents interfering with ergosterol biosynthesis like the azoles (itraconazole, ketoconazole, miconazole, fluconazole, etc.) and terbinafine and amphotericin B change the permeability of the cell membrane, causing fungal cell lysis and thus can be expected to have little effect on P. insidiosum. Despite this drawback there are reports of clinical success using these drugs (Bissonnette et al., 1991; Triscott et al., 1993; Shenep et al., 1998; Grooters, 2003). Several reports on the sensitivity of P. insidiosum for combinations of ergosterol biosynthesis inhibitors and caspofungin (an inhibitor of  $\beta$ glucan synthesis, (Deresinski and Stevens, 2003) have appeared recently (Grooters, 2003; Pereira et al., 2007, 2008; Argenta et al., 2008; Brown et al., 2008; Cavalheiro et al., 2009a, 2009b; Argenta et al., 2010). The oomycete cell wall mainly contains cellulose and  $\beta$ -glucan, which is an essential component of the cell wall (Hendrix, 1964). Consequently, in these reports inhibitors of  $\beta$ -glucan synthesis (like caspofungin) have been tested. Caspofungin when tested in vivo in a model such as the rabbit, generates a reduction in the growth of the lesions in treated animals. Growth of the lesions resumes when therapy is stopped (Pereira et al., 2007). Combinations of terbinafine and itraconazole or voriconazole performed better against a number of isolates of P. insidiosum than each agent apart (Argenta et al., 2008). An observation also made for combinations of terbinafine and amphotericin B, metronidazole, rifampicin, ibuprofen and fluvastatin (Cavalheiro et al., 2009a,b). It is of concern that a high variability in susceptibility of the different P. insidiosum strains used in

these studies was observed (Cavalheiro et al., 2009a). An antimycotic agent that awaits further study of its usefulness against *P. insidiosum* infection is the phenylamide compound mefenoxam, an inhibitor of RNA polymerase that has been used against plant pathogenic oomycetes (Brown et al., 2008). Unfortunately, the extensive testing of new antimycotic drugs in animals is often hampered by the costs involved.

# 10.2. Immunotherapy

Immunotherapy for the treatment of pythiosis in horses has been used for more than 20 years and more than 600 animals have been treated today (Miller, 1981; Mendoza and Alfaro, 1986; Mendoza and Newton, 2005). The first vaccine, developed in 1981 and derived from killed ultrasonicated mycelium, was effective in half of the equine patients and clinical improvement was observed in another 33% (Miller, 1981). A second vaccine containing antigens secreted by *P. insidiosum* and obtained from a broth culture after precipitation was tested in a number of horses from Costa Rica (Mendoza and Alfaro, 1986). The efficacy of this vaccine was not much different from the efficacy of the vaccine developed by Miller, but it is more stable and easier to prepare (Mendoza et al., 1992a,b). In a clinical study involving 18 infected horses and 6 infected dogs which were treated with *P. insidiosum*-vaccine 72% of the horses and 2 dogs were cured. It is important to note that the cure rates in this study were obtained by combination therapies using either surgery or antimycotical agents. Most animals that were treated developed a mild reaction at the injection site (Mendoza and Newton, 2005). After a week of immunotherapy it became evident that the hyphae of *P. insidiosum* in the infected tissue were damaged. In dogs this therapy was also applied with some success (Hensel et al., 2003). Immunotherapy in dogs has a lower cure rate than in horses and in cats it has only has been tested three times with no response whatsoever (Thomas and Lewis, 1998). In cattle immunotherapy worked in the majority of the treated cases, about 65 animals have been treated with success. This variation in success rate between species is intriguing and deserves further study (see also Immunology of P. insidiosum infections). Vaccines prepared from extracts of P. insidiosum cultures in liquid medium with ultrasound or by vortexing have also been used for immunotherapy. The vaccine prepared by ultrasound treatment showed no effect on the lesions while the vortexed vaccine reduced the lesions in experimental rabbits by 71% (Santurio et al., 2003a).

In humans, immunotherapy was first successfully used in 1998 in a Thai boy who had a *P. insidiosum* vascular infection where surgery and antimycotic therapy did not work adequately. The boy was given a dose of *P. insidiosum*-vaccine twice, with an interval of 2 weeks and within a year healing occurred (Thitithanyanont et al., 1998). In a clinical study in people suffering from the vascular form of pythiosis, immunotherapy was used as a last resort (Wanachiwanawin et al., 2004). After two administrations of the vaccine with a 2-week interval, four patients reacted positively to the vaccine, two patients moderately and two patients showed no response. The last



**Fig. 11.** The right section of the figure shows the inflammatory response of a host naturally exposed to *Pythium insidiosum*. In this scenario, zoospores (or other propagules) of *P. insidiosum* attach to the injured skin of a host; the encysted zoospore stimulated by the host's temperature develops a germ tube that actively penetrates the host tissue causing the infection. As the hypha develops it releases exoantigens that are presented to the host immune system. The antigen presenting cells (APC) will process the immunogens and by releasing IL4 the Th0 naïve cells become Th2. The stimulated Th2 subset will then release IL4, IL5, and IL10, which in turn stimulates B cells to produce precipitating IgG, IgM and IgE molecules. IgE along with IL5 triggers the migration of mast cells and eosinophils to the site of infection that later degranulate over the *P. insidiosum* hyphae causing tissue damage in the infected host. The left side of the figure depicts the putative response to *P. insidiosum* immunogens after immunotherapy. Upon injection the immunogens are presented to APC in a different fashion than during natural infection. The Th0 naïve cells turn into Th1 releasing IRNγ and IL2 stimulating the cell mediate immunity (CMI) and cytotoxic lymphocytes (CTL) that eventually could eliminate the pathogen from the infected tissues. Experimental evidence suggests that this strategy could protect the host for short periods of time (1 year) by stimulating B cells to produce protective IgG classes.

two deceased within a short time. It is assumed that the success of this therapy is better if it is applied as soon as the disease is diagnosed. The mortality increases especially when people suffer from chronic lesions older than 2 months (Wanachiwanawin et al., 2004). Until now ~60 Thai patients have been treated with immunotherapy against *P. insidiosum* infection with about 55% cure rate.

A likely explanation for the mechanism by which immunotherapy against P. insidiosum infection works is that a switch in the host's immune response occurs from a Th2 (during infection) to a Th1 immune response (after immunotherapy) (Mendoza et al., 2003a,b; Mendoza and Newton, 2005). This is supported by the detection of an increase in interleukins related to Th1 or Th2 immune responses (Thitithanyanont et al., 1998). For instance, the immune response to P. insidiosum infection in humans appears in all cases to be characterized by an elevated response in interleukin 4 and 5 production, with high IgE titers, and inflammatory cells such as mast cells and eosinophils present in large amounts. This response is consistent with a Th2 response and suggests that the pathogen has developed an evolutionary strategy to present antigens to the immune system that may trigger such a response. In contrast, in vaccinated cured patients a response with high titres of interleukin 2 and INF- $\gamma$  which induce a mononuclear immune response, typical of a Th1 response is triggered (Thitithanyanont et al., 1998; Mendoza et al., 2003a). Details of the immune response triggered during infection and after immunotherapy are shown in (Fig. 11). It has been argued that an effective treatment of P. insidiosum in the future should include immunotherapy and a combination of both immunotherapy and surgery or immunotherapy and antifungal drugs (Mendoza and Newton, 2005). A rapid diagnosis and an early start of the treatment are essential in the management of this infection (Mendoza and Newton, 2005).

# 11. Prevention

*P. insidiosum* infection occurs after exposure of hosts with an open skin to environments containing propagules (zoospores or hyphae) of the pathogen. Tropical wetland environments have been implicated as important infection sites including ponds of water, soil and grass in the endemic areas. People and animals in contact with zoospores (incriminated as the infecting units) from the environment are at risk of contracting the infection. Besides zoospores, hyphae and resting oospores are also seen as a possible source of infection. Acquiring the infection from infected animals has not vet been reported (Mendoza, 2005, Mendoza and Newton, 2005). In fact, Avis (1916) mentions explicitly that a foal touching an infected area beside the udder with its nose and lips for weeks staved completely healthy. Nevertheless, physicians and medical personnel should handle cases of the disease carefully wearing protective gloves during treatment of wounds in humans and animals suffering from pythiosis.

# 12. Conclusions

*P. insidiosum* is the cause of pythiosis, a rare nontransmissible disease that currently occurs in the tropics, subtropics and some temperate regions. However, in view of the global warming it can be expected that this disease could spread to more temperate areas in the world (Mendoza, 2009). Relatively few cases of pythiosis are reported yearly, irrespective of the species infected, but this is very likely an underestimation as the disease mainly occurs in rural areas in developing countries. *P. insidiosum*  has the appearance of a fungus, but is closely related to algae and diatomaea. Infection occurs mainly in horses, dogs and humans. Infections are caused by motile zoospores that are present in surface water and infect an apparently healthy individual through small skin lesions. The zoospores are attracted to these wounds or lesions by a chemo-attractant. No individual-individual transmission occurs. Extensive surgery is in many cases the only way to treat patients. This is not always successful and death of patients occurs regularly. Immunotherapy is also relatively successful but a marked difference in response to immunotherapy from one species to another is observed. The meaning of the immunogenic preferences within different hosts is not known, but ongoing investigations in this area hopefully will soon shed some light on this peculiar finding.

Since *P. insidiosum* is not a true fungus it does not react well to treatment with antifungal agents. The search for a chemical therapy for this disease therefore has to continue unabated. Little is known about potential virulence factors of the agent. Hopefully knowledge of this aspect of *P. insidiosum* pathogenesis will increase once the complete nucleotide sequence of its genome becomes available. In general the molecular biology of *P. insidiosum* pathogenesis is not yet well developed in comparison to other infectious agents. Until then, *P. insidiosum* will remain a fascinating microbe for those who study it and a devastating one for those who suffer from it.

# **Conflict of interest**

A conflict of interest of one of the authors (LM) concerning immunotherapy should be reported. The author has a commercial interest in the immunotherapy product.

# Acknowledgements

We would like to thank Dr. Y. Perazzo, Dr. R.C. Thomas, Dr. R. C. Perez, Dr. J.J. Luis-Leon, Dr. F. Riet-Correa and Dr. S.M.S. Silva for allowing us to use the pictures shown in Figs. 4, 5, 6 and 7.

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