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# Studies on *in vitro* regeneration competence of pseudobulb cultures in *Changnienia amoena* Chien

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An efficient procedure is outlined for rapid and mass propagation through *in vitro* culture of pseudobulbs collected in different seasons of an endangered orchid, *Changnienia amoena* Chien. Axillary buds formed on intact pseudobulbs (collected in April) after a 12-week incubation on half-strength Murashige and Skoog (1/2 MS) medium supplemented with 1 mg L<sup>-1</sup>  $N^6$ -benzyl-adenine (6-BA), 0.5 mg L<sup>-1</sup>  $\alpha$ -naphthaleneacetic acid (NAA), 100 ml L<sup>-1</sup> coconut water and 0.8 g L<sup>-1</sup> polyvinylpyrrolidone; no buds were observed on segmentalized pseudobulbs incubated on the same medium. The axillary buds obtained from pseudobulbs growing in the natural habitat in June were detached and incubated for 7 weeks on the same medium leading to 1.4 shoot buds per explant. With repeated subculturing of the shoots on 1/2 MS medium supplemented with 2 mg L<sup>-1</sup> 6-BA and 0.5 mg L<sup>-1</sup> NAA, a mean of 3.3 shoot buds per explant were observed on successive shoot cultures. A mean of 4.5 roots per shoot were induced on the optimal root induction medium with 1/2 MS medium plus 1.0 mg L<sup>-1</sup> NAA and 0.1 mg L<sup>-1</sup> 6-BA and the highest rooting percentage was 88.9%. Plantlets 4–5 cm in height were transplanted into pots containing a 1:1 humus and sand mixture and grown for 7 weeks in a greenhouse before being transferred to the field. The survival rate of these transplants was about 75% after two months of growth in the wild.

#### Changnienia amoena, pseudobulb, pseudobulb segment, axillary buds, in vitro propagation

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*Changnienia* Chien is a monotypic genus in the tribe Calypsoeae of Orchidaceae [1]. The sole species, *C. amoena* Chien, is endemic to eastern and central China [2,3]. Its distribution is restricted to nutrient-rich, partially shaded and moist habitats in mixed deciduous/evergreen forests (Figure 1(a)) [4]. The adult plants are 10–18 cm in height and flower in April. The blossoms have an attractive light purple corolla with dark red spots on the lip, and its high ornamental value gives the plant horticultural importance (Figure 1(b),(c)). Most plants bear only one leaf, which lasts for about 8 months. For the rest of the year, the plant survives in the form of pseudobulbs [4], which are used as a medicine for treatment of sores and snakebites [2]. In recent

years, populations have decreased acutely, and the current distribution is highly fragmented and discontinuous owing to the destruction and degradation of habitats by agriculture, silviculture, grazing and urbanization [2,4]. Consequently, *C. amoena* is categorized as a conservable species of second-grade in the *China Plant Red Data Book* [2] and is in greater danger of extinction. The fruit set of *C. amoena* is very low; under natural conditions, only 6%–12% of all individuals may set fruit [5]. As in other terrestrial orchids, seed germination of this species is also very difficult. Studies on seed germination of *C. amoena* conducted by the Shennongjia Research Station of the Chinese Academy of Sciences have quantified the low germination rate; the seeds did not germinate either in the natural habitat, this plant typically

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**Figure 1** Shoot bud induction and plant regeneration from pseudobulbs in *C. amoena*. (a) *C. amoena* plants in their natural habitat; (b) *C. amoena* flowers; (c) plants collected in April, showing the plant gross morphology; (d) one whole pseudobulb collected in April and cultured for 12 weeks on 1/2 MS medium supplemented with 1 mg  $L^{-1}$  6-BA + 0.5 mg  $L^{-1}$  NAA; arrow indicates a newly formed shoot bud; (e) pseudobulb collected in June with an axillary bud used as an explant; (f) an axillary bud cultured on initiation medium; the small, newly formed pseudobulb with 2 shoot primordia (indicated by arrows) developed after a 3-week culture; (g) shoots elongated after a 7-week culture; (h) well-rooted plantlets after culture on 1/2 MS medium supplemented with 1.0 mg  $L^{-1}$  NAA and 0.1 mg  $L^{-1}$  6-BA for 6 weeks; (i) acclimatization of plants in a greenhouse. Bar = 1 cm.

multiplies by division of pseudobulbs in adult plants with two or more leaves. However, because the pseudobulb of individual with two leaves is very small, this method of propagation is also relatively inefficient and limited. As a result, it is necessary to develop an efficient regeneration procedure through pseudobulbs to accelerate the propagation of *C. amoena* in the interest of both horticulture and conservation.

*Changnienia amoena* has received less attention for *in vitro* propagation than other orchids in part because of its rareness and difficulty involved in collecting sufficient amounts of experimental material. To our knowledge, there is only one preliminary previous study on *in vitro* culture of *C. amoena* [7]. Detailed information on the optimal time for collecting pseudobulbs and the appropriate plant growth regulators used in shoot multiplication and rooting is necessary. In the present study, we investigated the effects of collecting time of pseudobulbs and the appropriate plant growth regulators on *in vitro* initiation of axillary buds, shoot multiplication and rooting of *C. amoena*, and suggest

a standard procedure for *in vitro* propagation of this endangered species.

# 1 Materials and methods

# 1.1 Plant materials and culture conditions

*Changnienia amoena* plants were collected in flower from West Tianmu Mountain. Because populations of *C. amoena* are very sparse, only 17 plants were collected in April. Of these, 10 were planted in the Botanical Garden of Zhejiang University under natural conditions, and 7 were used as donor plants. The primary pseudobulbs (produced during the current year) were thoroughly washed with tap water and soaked in 75% (v/v) ethanol for 30 s, followed by one rinse in sterile distilled water. These materials were surface sterilized with 0.1% mercuric chloride for 15 min and then were subsequently rinsed in sterile distilled water 3 times. The 7 sterilized pseudobulbs were divided into 2 groups: 4 were directly placed intact onto the initiation medium, 1 per

vessel, while the remaining three were cut horizontally from the centre into 2 equal halves, then further cut into pieces 5 mm in size. In each culture vessel, 4 segments were incubated on the initiation medium and a total of 6 vessels were used. The axillary buds collected in June were sterilized as above, but the duration of surface sterilization with 0.1% mercuric chloride was shortened to 8 min, and the initiation medium was half-strength Murashige and Skoog (1/2 MS) basal medium [8] supplemented with 10 mg  $L^{-1}$  thiamine-HCl, 0.5 mg  $L^{-1}$  nicotinic acid, 0.5 mg  $L^{-1}$  pyridoxine-HCl, 2 mg  $L^{-1}$  glycine, 100 mg  $L^{-1}$  myo- inositol, 1 mg  $L^{-1}$  $N^6$ -benzyladenine (6-BA), 0.5 mg L<sup>-1</sup>  $\alpha$ -naphthalene acetic acid (NAA), 10% (v/v) coconut water, 0.8% (w/v) polyvinylpyrrolidone (PVP) and 3% (w/v) sucrose. The pH of the medium was adjusted to 5.8 before gelling with 0.65% agar (Hepu, China). Each 40 mL of medium was dispensed into glass vessels (7 cm  $\times$  11 cm) and autoclaved at 1.05 kg cm<sup>-2</sup> (121°C) for 20 min. The cultures were maintained at (25±2)°C under cool white fluorescent light with an irradiance of 36 µmol m<sup>-2</sup> s<sup>-1</sup> and 12/12 h (light/dark) photoperiod.

## 1.2 Induction of shoots and multiplication

The intact pseudobulbs or segments of pseudobulb were cultured for 12 weeks (subcultured at 4-week intervals); the axillary buds of pseudobulbs were maintained for 7 weeks to initiate the formation of shoots. The percentage of shoot formation and number of shoots per explant were evaluated. The shoots initiated from the pseudobulbs and the axillary buds were excised and transferred to the same medium for further propagation. With this step, a sufficient number of shoots was collected to study the effect of plant growth regulators on shoot proliferation. Half-strength MS medium containing different concentrations of 6-BA (0, 0.5, 1, 2 or 4 mg  $L^{-1}$ ) and NAA (0.5 mg  $L^{-1}$ ) were used for shoot multiplication. In each treatment, 6 shoots were cultured in 6 glass vessels. After the cultures were incubated for 7 weeks, the number of regenerated shoots and the shoot height were recorded.

### 1.3 Rooting of shoots and acclimatization

Shoots at about 3 cm height were excised and transferred to 1/2 MS medium supplemented with NAA alone or in combination with 6-BA for rooting. Data were recorded after

shoots were cultured for 6 weeks. Each value represents an average number of three replications with six explants each. The percentage of rooting and the average number of roots per shoot were evaluated. Well-rooted shoots were washed in water and transferred to plastic cups containing a sterilized mixture of humus and sand (1:1, v/v), and were then covered with a plastic bag to maintain high humidity for 2 weeks followed by gradual exposure to sunlight. The plants were acclimatized for 7 weeks in a greenhouse, before being transferred to the field. Survival rate was assessed after 2 months.

## 1.4 Statistical analysis

A randomized complete block design was used for shoot multiplication and rooting. Three independent experiments and six cultures for each experiment were carried out. Data were subjected to analysis of variance, and means were compared using Duncan's multiple range test at the 0.05 level of significance [9].

# 2 Results and discussion

### 2.1 Axillary bud induction from pseudobulbs

As shown in Table 1, the competence of axillary buds forming from pseudobulb cultures depended on the developmental stage of the pseudobulb. When the pseudobulbs collected during the flowering season (April for every year) were cultured on the initiation medium for 4 weeks, they did not exhibit any axillary bud formation in either the intact pseudobulb or the pseudobulb segments. When these explants were subcultured on the same medium for 2–3 successive passages (4 weeks per passage), axillary buds formed from the intact pseudobulbs with 1–2 shoot buds per pseudobulb (Figure 1(d)). The pseudobulb segment subcultures, on the other hand, entirely failed to initiate axillary buds because the segment subcultures were necrotic.

When the pseudobulbs were collected in June, however, the axillary buds had already formed from pseudobulbs in the natural habitat (Figure 1(e)). Axillary buds were excised as inoculums, leading to new pseudobulb formation from the swelled basal site of the axillary bud after a 3-week culture. Furthermore, 2–3 new shoot primodia were initiated (Figure 1(f)) from the newly formed pseudobulb, resulting in the formation of 2–3 shoot buds after further culture for 4

 Table 1
 Shoot bud induction from C. amoena pseudobulbs collected in different seasons

Collection date	Treatment	No. of explants inoculated	Shoot bud formation $(\%)^{a}$	No. of shoot buds formed <sup>a)</sup>
April	Intact pseudobulbs	3	66.7	3
	Pseudobulb segments	3	0	0
June	Axillary buds	14	85.7	20

a) The explants from pseudobulbs collected in April were cultured for 12 weeks (subcultured at 4-week intervals); the explants collected in June were cultured for 7 weeks.

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weeks (Figure 1(g)).

These results suggest that the suitable collecting time of pseudobulbs as explants is early June. While it is easier to find the plants when they are flowering in April, as in the present field survey, plants with pseudobulbs should be submerged in soil for further development until early June. The lack of axillary bud sprouts on the pseudobulb in April might be the result of nutrient consumption by the pseudobulb for flower formation. When the pseudobulbs were incubated on the initiation medium for 12 weeks, axillary buds were formed identical to the growth rhythm of pseudobulbs in the natural habitat.

The results also indicate that using intact pseudobulbs as explants is better than using segments of the pseudobulb. It was observed that large amounts of phenolic compounds were exuded from the cut surface of segments of the pseudobulb, likely leading to necrosis of the segmentalized pseudobulb. Similar responses have been reported in *Bletilla ochracea* [10] and *Pleione hookeriana* [11]. Our result differs from the observation in *Tainia latifolia* that formation of shoot buds occurred from pseudobulb-segment cultures [12].

Finally, this study also found that coconut water was also beneficial to the formation of shoot buds in *C. amoena*. Coconut water is a complex additive that contains many kinds of nutritional and hormonal substances [13]. It is commonly added to orchid medium to stimulate the formation of callus, protocorms or shoots in *Cymbidium* [14], *Aranda* [15], *Dendrobium* [16] and *Vanda* [17].

#### 2.2 Regeneration and mass multiplication

The shoot buds (1-1.5 cm in height) formed on the initiation medium were subcultured on initiation medium for further propagation. After being subcultured for 2 passages (at 6-week intervals) on the initiation medium, 95 shoot buds from 20 axillary buds were collected from pseudobulbs in June. Of these, 90 buds were chosen and transferred to the regeneration medium for mass multiplication. Shoot buds cultured on 1/2 MS medium supplemented with 100 mL L<sup>-1</sup> coconut water were induced with a mean of 1.3 shoots per explant (Table 2). Different concentrations of 6-BA in combination with 0.5 mg  $L^{-1}$  NAA all facilitated the initiation and elongation of shoot buds. Combination of  $2 \text{ mg L}^{-1}$  6-BA plus NAA most effectively multiplied shoot buds, with an efficiency of 3.3 shoots per explant (Table 2). After culture for 7 weeks in the absence of 6-BA and NAA, the average height of shoots was 2.1 cm; however, in the presence of low concentrations of 6-BA (0.5–1.0 mg  $L^{-1}$ ) and  $0.5 \text{ mg L}^{-1}$  NAA, the shoot height increased to 4.0 cm. With increasing 6-BA concentration to 4 mg L<sup>-1</sup> plus 0.5 mg L<sup>-1</sup> NAA, initiation and elongation of shoot buds were inhibited to some extent (Table 2). This result indicates that  $2 \text{ mg L}^{-1}$ 6-BA in combination with 0.5 mg  $L^{-1}$  NAA was the most advantageous for shoot propagation. The proliferation

 
 Table 2
 Effect of different concentrations of 6-BA in combination with NAA on axillary bud propagation in *C. amoena*

Plant growth re	egulators (mg L <sup>-1</sup> )	No. of shoots per explant <sup>a)</sup>	Shoot height (cm) <sup>a)</sup>
6-BA	NAA		
0	0	$1.3 \pm 0.1 \text{ c}$	$2.1 \pm 0.1$ b
0.5	0.5	$2.1 \pm 0.1 \text{ b}$	4.1 ± 0.2 a
1	0.5	$2.5 \pm 0.1 \text{ b}$	$4.0 \pm 0.1$ a
2	0.5	$3.3 \pm 0.1$ a	$3.8 \pm 0.1 a$
4	0.5	$2.5 \pm 0.2$ b	$2.3 \pm 0.2$ b

a) Values represent the mean  $\pm$  SE. Values within a column followed by the same letter are not significantly different at the 0.05 level of significance with Duncan's multiple range test. The data were recorded after 7 weeks of culture.

manipulation can be repeated every 7 weeks and the proliferation rate will reach 4. However, it was previously reported [7] that the proliferation rate reached as high as 10 on MS medium supplemented with 2.0 mg  $L^{-1}$  6-BA, 0.1 mg  $L^{-1}$  NAA and 100 g  $L^{-1}$  banana homogenate in C. amoena when the shoots from the initiation medium were subcultured. In this study, we did not observe such a high proliferation rate. The high rate observed by the previous study might be a result of the ratio of 6-BA: NAA and/or supplementation with banana homogenate. Paek and Kozai [18] reported 6-BA to be the best cytokinin for inducing shoot formation, for switching rhizome tissues into protocorm-like bodies (PLBs) and for direct formation of multiple shoots from branched rhizomes in most species of Cymbidium. Auxins (especially NAA) in combination with 6-BA are known to stimulate shoot initiation and proliferation from rhizome segments in Cymbidium kanran [19] and from pseudobulbs in T. latifolia [12], B. striata [20], P. hookeriana [11], P. bulbocodioides [21] and Cremastra appendiculata [22]. These results are similar to those of the present study on C. amoena.

In vitro regeneration in orchids might occur via direct shoot bud formation or through the mediation of PLBs. Some epiphytic species such as *Lycaste* [23] can form PLBs using field-grown axillary buds as explants. Most of the terrestrial species such as *Geodorum densiflorum* [24,25], *C. forrestii* [26], *P. bulbocodioides* [21] and *C. appendiculata* [22] can form shoots from rhizome segments or pseudobulbs. In the present study, in *C. amoena* only the shoot buds derived from pseudobulbs can be induced by *in vitro* propagation. Although the multiplication rate is still low, compared with the dividing pseudobulbs propagation in the natural habitat, this method might rapidly provide a large number of plantlets in a short period. Of course, more effective propagation techniques might exist, and the subject deserves further study.

#### 2.3 Rooting and transplantation

The regenerated shoots about 3 cm in height were transferred to 1/2 MS medium alone or supplemented with NAA alone or in combination with 0.1 mg L<sup>-1</sup> 6-BA. When the shoots were grown on 1/2 MS medium without exogenous phytohormones, a mere 22.2% of shoots produced roots. The addition of NAA to the medium enhanced the root induction, and the percentage of rooting increased with increasing concentrations of NAA. The combination of 0.1 mg L<sup>-1</sup> 6-BA and NAA had a synergistic effect on rooting. The most effective combination was 1.0 mg L<sup>-1</sup> NAA and 0.1 mg L<sup>-1</sup> 6-BA, with 88.9% of the shoots forming roots (Table 3, Figure 1(h)). After culture for 6 weeks on this medium, the efficiency of rooting was an average of 4.5 roots per shoot. The positive effect of rooting by NAA plus 6-BA in the present study agrees with similar findings in other terrestrial orchid species, such as *B. striata* [20,27].

After culture for 6 weeks, the plantlets reached 4-5 cm in height with 3 or 4 roots per shoot and the diameter of pseudobulb was 0.7–1 cm. Because *C. amoena* is a winter-green orchid, it is better to acclimatize the plantlets in autumn. The culture vessels were moved to a greenhouse for two weeks. The plantlets were removed gently from the culture vessels, washed, transferred to plastic pots containing humus and sand (1:1), and maintained at high humidity by covering them with a transparent bag for 2 weeks. This was followed by a gradual exposure to sunlight. After acclimatization for 7 weeks, plants were transferred to field conditions, under which the survival percentage was 75% after 2 months.

When the plants that were well-rooted and with an expanded leaf were cultured in the medium for more than 3 months, it was found that the leaf turned yellow and the roots blackened or died, leaving only the pseudobulbs. This phenomenon was similar to dormant pseudobulbs of *C. amoena* growing in natural conditions. Similar results were observed in previous studies on *P. yunnanensis* [28] and *P. albiflora* [29].

Orchid plants are naturally rich in phenolic compounds, which may seep into the medium, cause the medium to become brown, and restrict growth of the explants. Antioxidants are often incorporated in the culture medium to eliminate the inhibitory phenolics released by tissues in culture. In the present study, PVP, an effective antioxidant that prevents phenolic oxidation by adsorption through hydrogen

 
 Table 3
 Effect of different concentrations of NAA alone or in combination with 6-BA on root induction from shoots in *C. amoena*

Plant growth regulators (mg L <sup>-1</sup> )		Percentage of	No. of roots
NAA	6-BA	shoots rooted $(\%)^{a}$	per shoot <sup>a)</sup>
0	0	22.2 ± 5.5 d	1.8 ± 0.2 c
0.5		44.4 ± 5.6 c	$2.8 \pm 0.6$ b
1		66.7 ± 9.6 b	$3.7 \pm 0.3$ a
0.5	0.1	$72.2 \pm 5.5$ ab	$4.3 \pm 0.4$ a
1	0.1	88.9 ± 5.6 a	$4.5 \pm 0.6$ a

a) Values represent the mean  $\pm$  SE. Values within a column followed by the same letter are not significantly different at the 0.05 level of significance with Duncan's multiple range test. The data were recorded after 6 weeks of culture.

bonding [30], was unsuccessful in preventing tissue blackening in *C. amoena*. Further experiments should be performed to evaluate other antioxidants such as activated charcoal, citric acid and ascorbic acid for prevention of tissue blackening in *C. amoena*.

# 3 Conclusion

This simple and efficient method for micropropagation of plantlets via the culture of axillary buds from pseudobulbs could be used for large-scale propagation and *ex situ* conservation of the endangered and ornamental terrestrial or-chid *C. amoena*.

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