



Fagopyrum acutatum(Lehm.)Mansf.exK.Hammer

Family: Polygonaceae

Common names: Buckwheat, Fafda



Description:

Fagopyrum acutatum is a hairy annual. Leaves with a triangular blade 6-15 cm long with a heart-shaped base and triangular basal lobes, the lower leaves long stalked and the uppermost narrower. Flowers born in elongated clusters of small white flowers. Nutlet is 3-angled.

Utilization:

Leaves are cooked and eaten as vegetable. The plant possesses anodyne, antihelmintic, carminative, depurative and febrifuge properties. It stimulates blood pressure (Singh *et al.*, 2014).

Part used	Disease
Whole plant	Antihelmintic, Carminative

References:

Singh K.J and Thakur A.K; (2014) Medicinal Plants of the Shimla hills, Himachal Pradesh: A Survey International journal of Herbal Medicine 118-127.