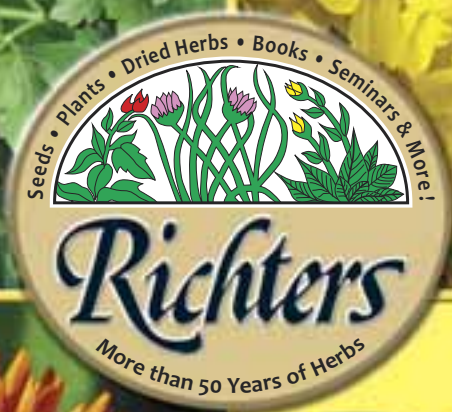


Parsley
Herb of the Year!

Festival 68 Parsley

Navajo Tea

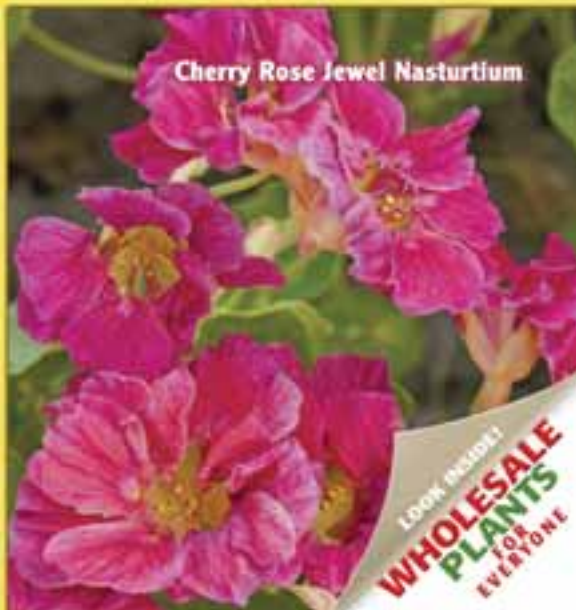


Radio Calendula

2021 HERB & VEGETABLE CATALOGUE

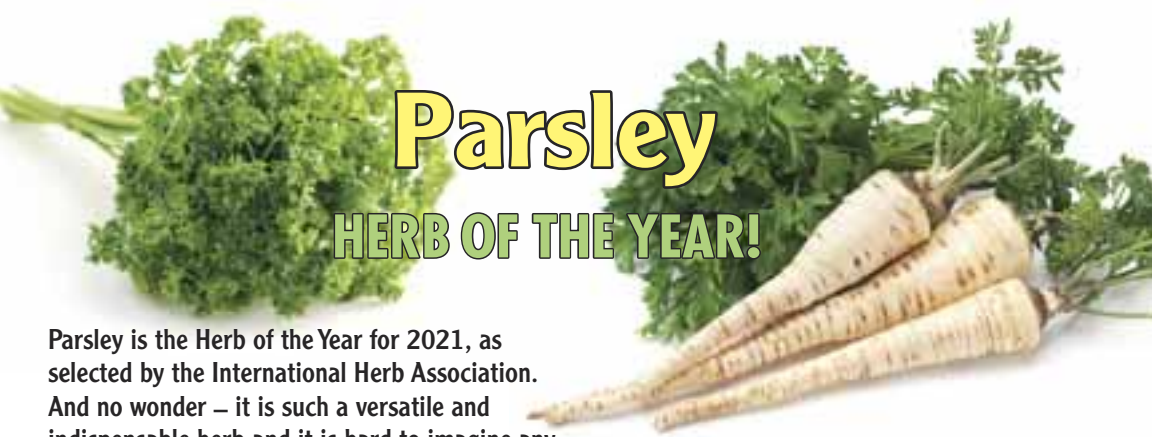


Korean Perilla



Cherry Rose Jewel Nasturtium

LOOK INSIDE!
WHOLESALE
PLANTS
FOR
EVERYONE



Parsley

HERB OF THE YEAR!

Parsley is the Herb of the Year for 2021, as selected by the International Herb Association. And no wonder – it is such a versatile and indispensable herb and it is hard to imagine any kitchen without it. Fresh chopped parsley is fundamental in soups and stews, in salads, and on vegetables, fish, meat, and eggs. It brightens other flavours, adding a fresh, earthy balance that makes you want to smack your lips when the cooking is done.



Parsley wasn't always the culinary star it is today. Half a century ago it was mostly used as a garnish for decoration – and not added to food for flavour. The visual appeal of fresh parsley sprigs on the plate helped to stimulate the appetite, but the sprigs would be discarded with the kitchen scraps. Like the pauper who doesn't know the riches he has, cooks and diners missed out on parsley's rich flavours – and all the health benefits in the rich stores of antioxidants and phytonutrients that come in every sprig.

Today, parsley is a must in the garden. Richters has more than a dozen varieties to grow, from the plain or flat leaf types and the curled and moss-curved types, to the dual purpose root parsleys with their edible roots and edible tops (see pp. 49-50).

Parsley has some close cousins that are equally deserving in the kitchen and in the garden. Leaf celery (p. 15) is parsley's closest relative with a rich, satisfying celery-like flavour used in soups and stews. Chervil (p. 16) is known as "French parsley" and is, along with true parsley, one of the foundational fines herbes of French cuisine. Cilantro (p. 18), another near relative, is often called "Chinese parsley" and it is of course an essential fresh herb throughout the Orient and around the world. Lovage (p. 39) is sometimes known as "love parsley", with a strong celery-like flavour popular in Europe for soups and stews. And there is Japanese parsley, or mitsuba (p. 45), which is used for traditional soups, stews, meats, noodles and dumplings.



New Book! PARSLEY: Herb of the Year 2021, Gert Coleman, ed.. Parsley is more than just a garnish — it is a quintessential star of the kitchen, used in all manner of sauces, salads, and soups, and with vegetables, meats, and grains, and even in — believe it or not — desserts. Packed with parsley facts, this definitive compendium has legends, lore, history, as well as practical growing, harvest and usage information, and more than enough recipes featuring parsley. Written by experts, herb lovers, and members of the International Herb Association. 260 pp. Softcover **B6760**: \$20



MORE ON PARSLEY
richters.com/parsley2021



facebook.com/richtersherbs



youtube.com/richtersherbs



instagram.com/richters.herbs

Events

Join us for free seminars at Richters!

All seminars begin at 2 PM. For safety we will observe all COVID-19 precautions. See website for updates.

MAR 14 ANTIVIRAL HERBS with John Redden, medical herbalist and founder of Viriditas Herbal Products. For millions of years plants have fended off viruses, so it should not be surprising that herbs can protect us from disease-causing viruses too. John shows us how. 2-3pm

MAR 21 GROW YOUR OWN MICROGREENS with Arlene Hazzan Green, co-owner of The Backyard Urban Farm Company. Learn how easy it is to grow fresh microgreens such as peas, arugula, radish, cabbage and sunflowers, all ready to use in just 10 days! 2-3pm

MAR 28 DIY HERBAL TEA RECIPES FOR PLEASURE AND HEALTH with Penelope Beaudrow, founder of The Ginkgo Tree. Tea blending is simple and fun! Learn to make delicious herbal teas for pleasure and for health - to soothe colds, to help sleep, and more. 2-3pm

APR 11 PUT MORE HERBS ON YOUR PLATE with Pat Crocker, author, teacher and photographer. Expand your culinary repertoire with unconventional herbs - even medicinal herbs - that deliver antioxidants, phytonutrients, and pure deliciousness! 2-3pm

APR 18 HOT SAUCES FROM CHILE PEPPERS with Steve Best and Drew Jacobson, founders of the Hurt Berry Farm. Steve and Drew are former chefs who make and sell award-winning hot sauces from the 600 varieties of chiles they grow on their farm. 2-3pm

HERB DAY AT RICHTERS

Celebrating PARSLEY!

Herb of the Year
for 2021



APR 25 PARSLEY - MORE THAN A GARNISH! with Yvonne Tremblay, author, food stylist, and proprietor of Quisine. Parsley elevates even the most basic dishes. It's wonderful with meats, fish and vegetables, eggs, soups, herb butters and sauces. And it can take centre stage in tabbouleh salad, falafel, chermoula, cheiro-verde, gremolata and pesto. Learn all this and more! 2-3pm



MORE EVENT INFO ONLINE!
richters.com/events

Save Our Endangered Native Medicinal Plants!

Overharvesting and habitat destruction are threatening native plants. In North America some of our most iconic and important medicinal herbs such as ginseng and goldenseal are now hard to find in the forests where they once were abundant. If we continue to dig these plants from the wild to feed our ever growing demand for botanicals we could lose them forever.

What can we do to save these plants? We can urge industry to source more of these vulnerable botanicals from commercial growers. We can support conservation efforts to protect these plants through organizations such as the United Plant Savers (unitedplantsavers.org) and its program to establish botanical sanctuaries throughout North America.

And we can grow these plants in our gardens, start forest gardens to create our own sanctuaries where these plants can thrive.

Why not plan to start your personal sanctuary? Here are some native medicinal herbs available from Richters:



Bloodroot

Kina Gegoo Botanical Sanctuary

Richters is proud to sponsor the Kina Gegoo Botanical Sanctuary in Cannington, Ontario. Kina Gegoo is intended to be a safe home for threatened and at-risk medicinal and native plants. Our friend and frequent speaker at Richters, herbalist Penelope Beaudrow, has established the plant sanctuary on land blessed by the Chippewas First Nation of nearby Georgina Island. Kina Gegoo means "All Things in Life" in the Ojibwe language and it symbolizes the essential



American Ginseng

connectedness of all things in our world, including our precious medicinal plants.

Kina Gegoo is a learning centre with a demonstration garden and an

evolving mandate to promote the cultivation and responsible usage of native medicinal plants. Workshops, events, and apprenticeships are planned.

Bethroot
Bloodroot
Black Cohosh
Blue Cohosh
Echinacea
Ginseng

Goldenseal
Wild Leek
Mayapple
Partridgeberry
Uva Ursi
Wintergreen



SAVE OUR PLANTS!
richters.com/saveourplants

HERBAL BASICS



**Save with
Herbal Basics!**

Start your herb garden with our most popular seeds and plants priced to save money!

SEEDS @ \$2.25

S1270 Basil
S1680 Chamomile
S1790 Chives
S1890-300 Cilantro
S2032 Cress
S2140 Dill
S3910 Marjoram
S4367 Italian Parsley
S5170 Sage
S5290 Savory
S5680 Sorrel
S6450 Thyme

PLANTS @ \$3.25

P1273 Genovese Basil
P1790 Chives
P2141 Dill
P3625 Lavender
P3910 Marjoram
P4040 Mint
P4315 Oregano
P4367 Italian Parsley
P5030 Rosemary
P5170 Sage
P5300 Savory
P6450 Thyme

Richters.com/HerbalBasics

Your Instant Herb Garden

COLOSSO™ COLLECTION



Big Herbs Shipped to Your Door!

*More than 40 kinds such as:
BASIL, CHIVES, LAVENDER,
OREGANO, ROSEMARY...*

Richters.com/Colosso

Collections

Herb Plant Collections

We ship from April to October. Out-of-stock plants will be substituted with plants of equal or higher value.

RICHTERS GARDEN OF LIVE HERBS

A great way to introduce friends and family to really sumptuous eating, featuring fresh herbs from the garden. Included in the Richters collection are many of the favourites: Lemon Balm, Bay Laurel, Chives, Lavender, Lovage, Greek Oregano, Rosemary, Sage, Winter Savory, Garden Sorrel, French Tarragon and Thyme.

P7400 Plants: \$40

MOSQUITO GUARD

Lemon Thyme Collection

Research has shown that lemon thyme works quite well against mosquitoes. That research inspired us to put together this collection of our best low growing Lemon Thymes. Plant them as a border along pathways or in between stepping stones, or in an open patch where you like to sit and enjoy summer evenings. Creeping Lemon (4), Lemon Carpet (4), Purple Carpet Lemon (4).

P7420 Plants: \$36

BRAIN BOOSTER

Brain Herb Garden

Three of the most important brain herbs from South Asia used to improve mental clarity and memory. Gotu Kola and Sushni are also food plants used as fresh or cooked greens. Grow on a bright windowsill. Bacopa (2), Gotu Kola (2), and Sushni (2).

P7430 Plants: \$28

GRILL MAGIC

Barbeque Herb Garden

Fire up the barbeque for summer entertaining magic with these grilling herbs! Make rosemary skewers for kebab. Try Lemon Thyme, Tarragon and Bronze Fennel on fish or Lemon Thyme on chicken and pork. Tip: slit meat and stuff with oregano, mint and thyme before grilling. Contains Barbeque Rosemary, French Tarragon, Lemon Thyme, Greek Oregano, Spearmint, Bronze Fennel.

P7440 Plants: \$22

O SPLENDIDO!

Mediterranean Herb Garden

The glorious taste of the Mediterranean summed up in six iconic herbs of the region. Genovese Basil, Greek Oregano, Italian Parsley, Rosemary, French Tarragon, French Thyme.

P7445 Plants: \$18

SAVE THE BEES!

Nectar Garden

Help the bees with these nectar-producing herbs in your garden. Anise Hyssop, Bee Balm, Faassens Catnip, Hyssop, Lavender, Wild Thyme.

P7490 Plants: \$26



Herb Seed Collections

CULTIVATE YOUR COOKING

Culinary Herb Garden

Twelve favourites for indoors or out, wherever there is plenty of light. Lemon Balm, Chervil, Chives, Dill, Marjoram, Oregano, Parsley, Sage, Savory, Sorrel, Sweet Basil and Thyme.

\$7500 Seed Collection: \$15

TEA TIME

Tea Herb Garden

Soothing tisanes to collect the spirit. Anise-Hyssop, Lemon Balm, Chamomile, Menthol Mint and Bergamot.

\$7515 Seed Collection: \$10

HOME MEDICINE CHEST

Healing Herb Garden

Here's to good health, naturally! Cayenne, Comfrey, Valerian and Calendula.

\$7525 Seed Collection: \$10

RICHTERS WINDOWSTALL GARDEN

Five of our best herb varieties specially chosen for growing in pots or windowboxes. Parsley, Dill, Basil, Greek Oregano, and Chives.

\$7530 Seed Collection: \$10

FLIGHTS OF FANCY

Butterfly Garden

Mountain Mint, Hyssop, Bergamot, Faassens Catnip, Lavender, Clove Pink, Clary Sage, Mignonette, Thai Basil, Hollyhock, Feverfew.

\$7535 Seed Collection: \$20

BEE DAZZLED

Bee Herb Garden

Pollinator friendly herbs that bees can't resist! Anise-Hyssop, Bergamot, Black Eyed Susan, Chives, Mountain Mint, and Purple Prairie Clover.

\$7536 Seed Collection: \$15

CHEF'S SALAD BOUQUET

Edible Flower Garden

Feast for the eyes — pleasing to the palate. Herbs with edible flowers to add to salads, omelettes, desserts, and drinks. They can even be candied. Borage, Calendula, Heartsease, Nasturtium, Citrus Marigold.

\$7550 Seed Collection: \$10

HERBES DE PROVENCE

French Herb Garden

Captures the warm flavours and aromas of the sunny south of France where lavender hugs the hills and thyme is plentiful. A classic seasoning for chicken, vegetables or meat. French Thyme, Sweet Basil, Summer Savory, Sweet Fennel, Lavender.

\$7560 Seed Collection: \$10

SPICY MASALA

Indian Spice Garden

Savour the rich spices of India — from your garden! Coriander (*Dhania*), Black Cumin (*Kalonji*), Cumin (*Jeera*), Dill (*Sowa*), Fennel (*Saunf*), Fenugreek (*Methi*), Mustard (*Sarson*), Chile (*Mirchi*).

\$7575 Seed Collection: \$15



Herbs

Seeds, Plants, and Plug Packs

ACONITE

Aconitum napellus

P Z2-9 S D

(Monkshood; Wolfsbane) Striking bright blue flower spikes. Recognized as a poison since antiquity and used on arrows in battle and hunting. Contains aconitine, a useful sedative for many conditions. Not to be used without medical supervision.

P1010 Plants (Mar-May shipment): \$8.95, 3+/\$7.20



Aconite

AGRIMONY

Agrimonia eupatoria

P Z5-9 F M

(Sticklewort) Tea has a great reputation as a wash for healing wounds and skin eruptions. Internally, tea is useful for liver, kidney and bladder problems. Produces yellow, gold and green dyes.

S1012 Seeds: Pkt/\$4, 10g/\$13, 100g/\$90

AJOWAN

Trachyspermum ammi

A S E

Pungent, aromatic seeds are used in Indian curries, pickles, confectionery and beverages. Medicinally used for sore throat, bronchitis and cough. Grows like cumin or dill; do not disturb roots when transplanting. Ht. 30-100cm/1-3ft.

S1016 Seeds: Pkt/\$4, 100g/\$40

ALEXANDERS

Smyrniolum olusatrum

B Z5-9 S F M

(Black lovage; Horse parsley) A tall Mediterranean herb introduced to Britain and northern Europe by the Romans. The leaves, young shoots, and flowers have a celery-like flavour and can be added raw to salads or cooked in soups and stews. The spicy seeds can be used as a substitute for pepper. Even the roots can be boiled and used in soups, with a celery-like flavour. The whole plant was formerly used for asthma, menstrual problems and wounds. Best grown in sunny areas with well-drained soil. Good bee plant.

S1019-500 Seeds: Pkt/\$4.50

ALFALFA

Medicago sativa

P Z4-8 S F E

Well known fodder plant. Combined with mint it makes an excellent nutritious tea rich in easily assimilated vitamins, minerals and trace elements. Alfalfa sprouts are popular in sandwiches and salads.

S1020-001 Seeds: Pkt/\$3, 100g/\$9, 1kg/\$60

ALKANET

Anchusa officinalis

B Z4-9 S F E

(Bugloss) Root decoction has blood cleansing action. Once used to treat rabies. Also used as a diuretic and to induce perspiration.

S1040 Seeds (Not to OR): Pkt/\$4, 10g/\$38, 100g/\$275

ALLHEAL

Prunella vulgaris

P Z4-9 S F E

(Selfheal; Woundwort) As its name suggests, this herb is effective medicine for most internal and external wounds due to its astringency. Can also be used as a gargle for sore throats.

S1100 Seeds: Pkt/\$3, 10g/\$13

S1100-001 Seeds: Pkt/\$4

P1100 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Aloe Vera

ALOE VERA

Aloe vera

P Z10-11+

The well known healing plant. The fresh gel from the leaves is applied on minor burns, sunburn, wrinkles, insect bites, minor cuts, scratches, and skin irritations. The juice is used internally for ulcers. Grow indoors in good light.

P1121 Plants: \$4.95, 3+/\$4

ANDROGRAPHIS

Andrographis paniculata

A S D

(Kalmegh) Used to fight the common cold, flu, and upper respiratory infections. Clinical trials have shown that this herb is an immune system booster. It is also an adaptogen with anticancer, antioxidant liver-protecting properties.

S1127 Seeds: Pkt/\$4, 10g/\$7, 100g/\$40, 1kg/\$280

ANGELICA

Angelica archangelica

P Z4-9 S F M

Best known for candied stems, having flavour similar to licorice. Leaves, fresh or dried, can be brewed into a pleasant tea similar to China tea. Lives only 2-3 years unless the flowerheads are removed before seed set.

S1130 Seeds: Pkt/\$4, 10g/\$7, 100g/\$50

P1130 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Korean Angelica

ANGELICA, KOREAN

Angelica gigas

B Z4-9 S F M

(Cham-dang-gwi; Chao xian dang gui) Impressive Korean tall plant topped with spectacular blood-red flowerheads shaped like domes. For looks alone this plant is a standout for any tall border. But it is also an impressive medicinal herb. Traditionally the roots are used in Korean herbal medicine for anemia, dysmenorrhea, migraine, infections and rheumatism. Recent studies have shown that the root extract can prevent plaque-induced memory impairment associated with Alzheimers disease and it kills cancer cells in lymphoma, prostate cancer, and in lung, breast and colon cancer. Ht. 1-1.5m (3-6ft).

S1131 Seeds: Pkt/\$7.25



**Double Golden Queen
Angel's Trumpet**

Angel's Trumpet

(*Brugmansia, Datura*)

Beautiful hallucinogenic plants with a history of ritual use for divination, prophecy and sorcery. They are also used externally in the form of poultices or ointments for the treatment of aches, pains, arthritis, and rheumatism. All parts of the plant are poisonous if ingested. Angel's trumpets are popular in containers for the patio, balcony or deck.

DOUBLE GOLDEN QUEEN

Datura metel 'Double Golden Queen' P Z9-11+ S X M
(Thornapple; Devils trumpet) Beautiful double orange-yellow upright trumpet-like flowers. Ht. 120cm/4ft.
S1135-200 Seeds: Pkt/\$7.25, 1g/\$26

DOUBLE WHITE LADY

Datura metel 'Double White Lady' P Z9-11+ S X M
Large double white trumpet-like flowers are fragrant at night. Ht. 100cm/3ft.
S1135-205 Seeds: Pkt/\$7.25

ANISE

Pimpinella anisum A S E
Best known for flavouring liqueurs such as anisette. Seeds are used in baked and confectionary goods. Fresh chopped leaves are appealing in soups, stews, sauces and salads. Aids digestion and eases cough.

S1140 Seeds: Pkt/\$2.75, 100g/\$20, 1kg/\$130

ANISE-HYSSOP

Agastache foeniculum P Z4-9 S F E
Attractive honey plant; produces abundant nectar which yields a light fragrant honey. Strongly anise-scented; delightful for tea or as culinary seasoning. Showy purple flowers.

S1145 Seeds: Pkt/\$3, 10g/\$19, 100g/\$130

S1145-001 Seeds: Pkt/\$4, 1g/\$10, 10g/\$70

P1145 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, Plug pack: 12/\$15

ANISE-HYSSOP, SNOW SPIKE

Agastache foeniculum 'Snow Spike' P Z6-9 S F E
Showy white version of the anise-scented tea and honey herb. Ht. 1m/40".

S1145-900 Seeds: Pkt/\$4.50

ARNICA, AMERICAN

Arnica chamissonis P Z5-8 S F E
The Vienna Pharmacognostic Institute found that this plant has the same medicinal action as the European variety, *Arnica montana*. Easier to grow.

S1149 Seeds: Pkt/\$4

P1149 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ARNICA, EUROPEAN

Arnica montana P Z6-9 S F M
Famous Swiss herb used externally for bruises, burns and inflammations. Grows best in acidic soil.

S1150 Seeds: Pkt/\$4.50, 1g/\$16, 10g/\$110, 100g/\$770

P1150 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ASTRAGALUS

Astragalus membranaceus P Z5-8 S F E
(Chinese milkvetch; Huang qi) One of the most important Chinese medicinal herbs, especially for its immune enhancing properties. Tonifies the spleen, especially in cases of fatigue. Boosts and tonifies *chi*. Cardiotonic; lowers blood pressure and blood sugar; improves circulation. Beneficial effect on kidneys, liver, and endocrine system.

S3991 Seeds: Pkt/\$3.50, 10g/\$10, 100g/\$65, 1kg/\$450

P3991 Plants: \$4.95, 3+/\$4, 12+/\$3.20

BABY'S BREATH, MANCHURIAN

Gypsophila oldhamiana P Z4-9
(Yin-chai-hu) Attractive light pink sprays of flowers. Root is used in Chinese medicine for jaundice, lung disease, rheumatism and typhoid fever. Used in cases of yin deficiency, especially in cases involving chronic low grade fever.

P1235-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Bacopa

BACOPA

Bacopa monniera A
Improves mental clarity and memory! (Brahmi; Thyme-leaved gratiola) The true medicinal bacopa, not to be confused with the ornamental bacopa (*Sutera*) commonly used in hanging baskets. The whole plant is medicinal: a nerve and cardiac tonic with a tranquilizing action similar to reserpine. In India it is used for the treatment of debility, nervous breakdown, epilepsy, hysteria, and insanity. Easy to grow in pots or outdoors as a summer annual.

P1235-600 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, Plug pack: 12/\$18



**Balloon
Flower**

BALLOON FLOWER

Platycodon grandiflorus P Z4-9 S F E
Interesting profuse blue-purple flowers resemble balloons just before opening. Important herb of the Orient: cough remedy is prepared from the roots; wholesome young foliage added to salads.

S1237 Seeds: Pkt/\$4, 10g/\$11, 100g/\$75, 1kg/\$500

S1237-001 Seeds: Pkt/\$4.50

P1237 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Lemon Balm

Balm

(Melissa)

LEMON BALM

Melissa officinalis

P Z5-9 E

Should be in every herb garden! Strolls through the garden will no doubt be punctuated by visits to the lemon balm plant for a fresh whiff of its fresh lemon scent. A tea made from the dried leaves is our favourite "anytime" tea as it both stimulates the heart and calms the nerves. Fresh chopped leaves are also interesting in salads, soups and stews. Recent studies have proven that it is effective against herpes.

S1240 Seeds: Pkt/\$2.75, 10g/\$15, 100g/\$110, 1kg/\$700

S1240-001 Seeds: Pkt/\$3.50, 10g/\$20, 100g/\$140, 1kg/\$850

P1240 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

CITRONELLA BALM

Melissa officinalis 'Citronella'

P Z5-9 E

Most fragrant variety available. Has double the oil content of other varieties, up to 0.4%. Suited for home gardens and for commercial pot plant and field production. Uniform, compact, erect form, 25-30cm/10-12in high with medium-large to large leaves. Mildew resistant.

S1240-200 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70

LIME BALM

Melissa officinalis 'Lime'

P Z5-9 E

Very similar to lemon balm in appearance and growth but the scent is closer to lime. A new twist! Uses for tea and medicine are much the same.

P1240-900 Plants: \$4.95, 3+/\$4, 12+/\$3.20

New Book! HERBAL HOUSEPLANTS: Grow Beautiful Herbs - Indoors!

Susan Betz. Author Susan Betz assures us that many herbs do well indoors if they get the right care. No need to be without their aromas, flavours and beauty when we can't be in the garden. The key is knowing what each herb needs and this book is the perfect guide to the light, soil and pruning requirements of dozens of popular culinary and fragrant herbs, including Richters introductions such as Lemon Leaf and African Power Cress. There is a chapter devoted to the art and craft of herbal topiaries, the beautifully sculpted miniature trees created with herbs such as rosemary, myrtle, and santolina. And there is a helpful chapter on using and preserving the clippings from herbal houseplants in the kitchen and for body care, with timely tips, sage advice, and recipes. 175 pp. Hardcover **B5070:** \$33



Basil

(Ocimum)

Its Greek name, *basileus*, means 'king', and basil is certainly that among herbs in the kitchen. No herb garden is complete without it!

In recent years many varieties of basil have been plagued by a disease called downy mildew. It causes discoloration, decline and eventual death. There is no effective organic treatment for it, but with frequent monitoring, early removal of diseased plants, and early harvest, the disease can be managed successfully.

Sweet Group (*O. basilicum*)

Familiar sweet-scented types. Sweet basil has particular affinity for tomatoes, and no tomato dish should be served without it. A few leaves of fresh basil in tomato salad, soup or sauce will bring words of praise.

Note: Some varieties of this group are not 100% true to name. Some variation in leaf form and growth habit is to be expected.

MEDINETTE BASIL

Ocimum basilicum 'Medinette'

E

Compact variety with leaves larger than bush basil but not as large as Genovese. Excellent for potted plant production, reaching only 30-35cm (12-14") high. 'Medinette' is slow to bolt, especially in hot conditions, and because of this trait it is often preferred over Genovese varieties where the summers are hot or in hot greenhouses.

S1267 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$40

NAPOLETANO BASIL

Ocimum basilicum 'Napoletano'

E

Standard lettuce-leaf type grown in Italy. Large ribbed leaves, strong flavour.

S1268-100 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$50

ROMANESCO BASIL

Ocimum basilicum 'Romanesco'

E

A large leaf basil has strong aroma and flavour due to its high oil content. Excellent for pesto and other typical basil uses. Suited for greenhouse and field production. Good uniformity. Ht. 75-80cm/30-32".

S1269-501 Seeds: Pkt/\$2.75



Sweet Basil

SWEET BASIL

Ocimum basilicum

E

Popular large leaf variety. Strong flavour. Prolific.

S1270 Seeds: Pkt/\$2.25, 100g/\$15, 1kg/\$95

S1270-001 Seeds: Pkt/\$3, 100g/\$22, 1kg/\$160



Toscano Basil

TOSCANO BASIL

Ocimum basilicum 'Toscano'

A S X E
Large lettuce-leaf type from Tuscany! Lettuce-leaf basil is popular in Italy for their heavy yields of lush foliage, especially for pesto use. This variety has huge light green leaves, up to 12cm/5" long, with good mild flavour. It has exhibited some tolerance to downy mildew in field trials.

S1272 Seeds: Pkt/\$3, 100g/\$28

Genovese Group (*O. basilicum*)

Classic large-leaf type from the Genoa area of Italy, the pesto capital of the world. Excellent for fresh or frozen use.

GENOVESE BASIL

Ocimum basilicum 'Genovese'

Standard large-leaf variety.

S1273-001 Seeds: Pkt/\$4.50, 100g/\$24, 1kg/\$170

P1273 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$12



Dolce Fresca Basil

DOLCE FRESCA BASIL

Ocimum basilicum 'Dolce Fresca'

A S X E
All-America Winner! Very nice mid-sized Genovese basil with a round bushy habit. Other varieties can get tall and leggy but this variety stays neat and tidy throughout the season. Excellent for pots on the patio or deck. Good Genovese flavour and aroma. All-America Selection for 2015. Ht. 30-60cm/12-24".

S1273-205 Seeds: Pkt/\$3, 1M/\$7, 10M/\$45

EVERLEAF BASIL

Ocimum basilicum 'Everleaf'

A S X E
 Where other Genovese basil can sometimes be untidy, with branches going off in random directions, Everleaf has a very nice neat columnar structure. The branching is very tight which gives this variety the look of beautiful upright Roman columns. Makes great pesto too. Ht. 45-60cm/18-24in.

S1273-235 Seeds: Pkt/\$4

GECOFURE BASIL

Ocimum basilicum 'Gecofure'

A S X E
 The breeder's choice of variety name 'Gecofure' is an unimaginative contraction of 'GENovese COMPatto FUSarium RESistant'. But what the breeder has done to the variety's performance, leaf quality and disease resistance is far more inspired. Excellent uniformity, aroma and flavour. Perfect for pot production. Ht. 30-35cm/12-14".

S1273-250 Seeds: Pkt/\$4, 10g/\$7, 100g/\$45, 1kg/\$300

GEMINI BASIL

Ocimum basilicum 'Gemini'

A S X E
A superior disease-tolerant Genovese basil! An excellent Genovese basil for pots, gardens, and for large scale commercial production. It has good tolerance of downy mildew and fusarium diseases which have devastated commercial basil crops in recent years. Plants are tall yet bushier than most Genovese varieties, with heavier yields and they recover better after cutting than most other varieties.

S1273-256 Seeds: Pkt/\$4, 10g/\$30

GEMMA BASIL

Ocimum basilicum 'Gemma'

A S X E
 An outstanding genovese basil for pots. This variety is one of the most compact and bushy genovese basil available. Its medium dark green foliage has excellent flavour and aroma. A top choice for potted plant growers and for greenhouse and hydroponic basil producers.

Tested free of downy mildew (*Peronospora belbahrii*) and fusarium (*F. oxysporum*).

S1273-260 Seeds: Pkt/\$4.50, 10g/\$25, 100g/\$180

ENVIGOR™ BASIL

Ocimum basilicum 'Envigor'

A S X E
Disease resistant Genovese basil! Resistant to three debilitating and often fatal diseases: alfalfa mosaic virus, tomato spotted wilt virus, and cucumber mosaic virus. Excellent genovese basil with large leaves and intense flavour. RICHTERS EXCLUSIVE.

S1273-500 Seeds: Pkt/\$4, 10g/\$7, 100g/\$48, 1kg/\$320



Prospera Basil

PROSPERA BASIL

Ocimum basilicum 'Prospera'

A S X E
Excellent resistance to downy mildew disease! Research at Cornell University has shown that this is the only Genovese basil that is immune to the ravages of downy mildew disease. Even as other varieties show symptoms of the disease, Prospera has so far proved to be completely resistant. Developed at Bar-Ilan University in Israel, it is the result of painstaking crosses between a resistant wild basil and Genovese basil. Normally crosses between these types of basil do not produce viable seed but researchers found an innovative way to turn one of the crosses into a new Genovese variety that is truly resistant. For commercial growers who have found basil increasingly harder to grow successfully, this is a godsend. As an added bonus Prospera is also resistant to the dreaded fusarium fungus that has plagued basil for decades.

S1273-601 Seeds: Pkt/\$4, 10g/\$30

Bush Group (*O. basilicum minimum*)

BUSH BASIL

Ocimum basilicum minimum

Standard bush variety. Dwarf, bush form. Fine leaves. Ideal for pot culture. New and improved. Now more uniform.

\$1255 Seeds: Pkt/\$3, 10g/\$8, 100g/\$50



Aristotle Basil

ARISTOTLE BASIL

Ocimum basilicum minimum 'Aristotle'

Elegant bush basil that tastes as good as it looks. Its tiny leaves and its tightly rounded growth habit make it an excellent choice for containers on the patio or for borders along pathways in the garden. Where other bush basil will often sag after heavy rain, the strong stems hold up well. Highly aromatic and high resistance to disease. Ht. 25cm/10".

\$1256-100 Seeds: Pkt/\$4.50

GREEN GLOBE BASIL

Ocimum basilicum minimum 'Green Globe'

A spectacular bush basil from Italy where it is known as *Finissimo Verde a Palla* ("very fine green, like a ball or globe"). Forms dense globular little bushes 50-70cm/20-28" across so perfectly uniform they look pruned. Good spicy flavour.

\$1258 Seeds: Pkt/\$3.50, 10g/\$10, 100g/\$75, 1kg/\$500



Greg Basil

GREG BASIL

Ocimum basilicum 'Greg'

Among the bush basil with small or medium-sized leaves this is one of the best. The tight compact foliage has a very nice dark green colour that exudes good health. An excellent choice for edgings or for pots. If you are wondering who "Greg" is and why it is named after him, we have no idea. But whoever he is we thank him for this outstanding basil!

\$1258-300 Seeds: Pkt/\$4.50, 10g/\$18

Purple Group (*O. basilicum*)

OSMIN BASIL

Ocimum basilicum 'Osmin'

Darkest of the purple basil. Leaves somewhat smaller than Rubin basil and less prone to lean. Height 50cm/20".

\$1260-400 Seeds: Pkt/\$3.50, 10g/\$8, 100g/\$55

PURPLE DELIGHT BASIL

Ocimum basilicum 'Purple Delight'

Excellent purple basil. Dark purple with little or no green colouration, much like the Dark Opal variety was before it deteriorated to greenish-purple. Medium sized leaves. Growth is stronger, more upright than Rubin. Strong flavour and scent.

\$1260-800 Seeds: Pkt/\$4.50, 10g/\$15, 100g/\$110



Purple Ruffles Basil

PURPLE RUFFLES BASIL

Ocimum basilicum 'Purple Ruffles'

An All-American winner. Large heavily ruffled and fringed dark purple leaves and pinkish-purple flowers make this a striking new addition to the herb garden or flower border.

\$1261 Seeds: Pkt/\$3, 10g/\$15

RED GENOVESE BASIL

Ocimum basilicum 'Freddy'

First purple-leaf Genovese! As far as we know this is the first purple leaf basil of the Genovese type. And what a looker it is! Has the same convex leaf shape as you find in the regular green Genovese basil, and the same aroma and flavour. Just imagine what gorgeous pestos you can make with this!

\$1273-700 Seeds: Pkt/\$3.50, 10g/\$17, 100g/\$120

P1273-700 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$12

Other Basils (*O. spp.*)

ANISE BASIL

Ocimum basilicum

(Licorice basil) Originally from Persia, this gem has an endearing sweet anise fragrance and flavour. Purplish foliage.

\$1277 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$55, 1kg/\$390

★ \$1277-001 Seeds: Pkt/\$4

CINNAMON BASIL

Ocimum basilicum

From Mexico. Growth habit is similar to that of regular sweet basil, with a distinctive cinnamon taste and odour. Mexicans like to place a vase of fresh cut herb on the dinner table to ward off insects. Curiously, they do not seem to use it much in cuisine, despite its superb flavour. Deserves experimentation!

\$1278 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$35, 1kg/\$220

★ \$1278-001 Seeds: Pkt/\$4, 10g/\$9

P1278 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



African Blue Basil

AFRICAN BLUE BASIL

Ocimum 'African Blue'

Devotees of this variety love its attractive purplish-blue cast, strong growth habit, and sweet camphor scent. Leaf veins, flower spikes and stems are purple while the rest is green. The unusual flavour and odour definitely grow on you.

P1280 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$15

Ajaka Basil



AJAKA BASIL

Ocimum 'Ajaka'

P Z11+   

Spectacular basil from Germany. Has lush green foliage topped by red-purple flowers in late summer and a strong tall upright growth habit. Its sweet and spicy flavour and aroma will surprise and delight, and we would not be surprised if this basil becomes the new must-have basil among top chefs and home gourmands. Gardeners and commercial growers will love it too as it is tolerant of disease and cold and is reported to yield up to 7 tons of fresh herb per acre. Ht. 60cm/24in.

Propagation prohibited. U.S. patent PP#24587

P1280-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

CAMPHOR BASIL

Ocimum kilimandscharicum

P Z11+    

(Kapoor tulsi) Native of East Africa with a strong camphor odour. Used to alleviate stomach ache, diarrhoea and for colds and cough. It is also used in India to treat ulcers and wounds. It has antioxidant, antimicrobial, antimalarial, antifungal, insecticidal and wound healing properties. This is the true *kapoor tulsi* that is cultivated and used in India, and is completely different from what is commonly sold in America incorrectly under the same name. Commercial source of camphor. Ht. 1-1.5m/3-5ft.

S1281 Seeds: Pkt/\$4



Green Pepper Basil

GREEN PEPPER BASIL

Ocimum selloi

P Z10    

Stunning combination of green peppers and basil! (Hoja de cólico) Unusual basil from Chiapas, in southern Mexico. Tea made from the leaves is a popular remedy for stomachache, colic, abdominal distension and diarrhoea. Its powerful antispasmodic and anti-inflammatory properties help to explain why this traditional Mayan remedy is still widely used today. Also effective as a mosquito repellent. In the kitchen its green pepper flavour and aroma offer exciting possibilities. Fresh chopped leaves work well in soups and salads, on cheese and crackers, on scrambled eggs, and in sandwiches. Grows best in part shade; too much sun can make the leaves tough and inedible.

S1282-500 Seeds: Pkt/\$4.50

LEMON BASIL

Ocimum americanum

A    

Intensely fragrant of lemon. Ideal for tea and potpourri. Compact bush habit.

S1283 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$30, 1kg/\$195

S1283-001 Seeds: Pkt/\$4.50, 10g/\$8, 100g/\$39, 1kg/\$275

LIME BASIL

Ocimum americanum

A    

Wonderful lime-scented version of lemon basil from Thailand.

S1284-001 Seeds: Pkt/\$3.50, 10g/\$9, 100g/\$65, 1kg/\$480



Persian Basil

PERSIAN BASIL

Ocimum basilicum

A    

(Reyhan) This is an award-winning basil that was developed from a traditional variety known as *reyhan* in Persia and Turkey. Its strong hints of anise and lemon are woven into a delicious spicy flavour. In Persia the leaves of *reyhan* and other herbs mixed together are served fresh with main meals. Called *sabzi* in Persian, the fresh mixture is eaten on flat bread with tomato, green onions and cheese. This basil is unique and will inspire creativity in the kitchen! Try it in salads, sandwiches, with fish, cheese or just bread. **All-America Winner for 2015.** Ht. 30-38cm/12-15".

S1288-001 Seeds: Pkt/\$3, 10g/\$9, 100g/\$70



Thai Basil

THAI BASIL

Ocimum sp.

A    

Similar to anise basil, but the flavour and fragrance is less intense. This is the true Thai basil used in Vietnamese and Thai cooking. Essential in many Vietnamese dishes, including *pho*, an addictive noodle soup made with beef or chicken.

S1290 Seeds: Pkt/\$3.50, 100g/\$36, 1kg/\$250

S1290-001 Seeds: Pkt/\$4.50, 10g/\$8, 100g/\$50, 1kg/\$330

P1290 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$12

QUEENETTE THAI BASIL

Ocimum sp.

A    

In our trials it was rated as the most aromatic and flavourful of the Thai basils.

S1290-500 Seeds: Pkt/\$4, 10g/\$14, 100g/\$105

SIAM QUEEN THAI BASIL

Ocimum sp. 'Siam Queen'

A    

All-American winner for 1997. Has very regal looking dense deep purple inflorescences contrasting with the dark green leaves. Spicy anise-licorice aroma and flavour; excellent served fresh in such dishes as Thai green curries and Vietnamese noodle soups.

S1290-700 Seeds: Pkt/\$4, 10g/\$17, 100g/\$130



Bay Laurel

BAY LAUREL

Laurus nobilis

P Z8-10 S M

Like wine, thyme and leeks, bay leaf is a foundational flavour in French cuisine. Meat, fish and poultry dishes almost always have a touch. Frost-sensitive small trees; best grown in tubs that afford easy movement indoors during winter. Note: Bay seeds will not germinate if they dry out in storage.

S1300 Seeds (Mar-June shipment): Pkt/\$7.25, 100g/\$29, 1kg/\$190

P1300 Plants (Aug-Oct shipment): \$8.95, 3+/\$7.20, 12+/\$5.80, **Plug pack:** 12/\$24

BAYBERRY

Myrica pensylvanica

P Z5-9 S F M

Aromatic shrub, native to the Maritimes. Astringent root bark used for diarrhea, hemorrhages, and as a gargle. Wax-covered berries are used to make aromatic candles and soap. Berries are boiled in water, liberating the wax which floats on top. Seeds germinate more readily if wax is removed and seeds are exposed to 6 weeks of moist cold treatment.

S1298 Seeds: Pkt/\$4, 10g/\$16, 100g/\$120

P1298 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

BEDSTRAW, YELLOW

Galium verum

P Z3-8 S F E

(Lady's bedstraw) Tops and roots are sources of yellow and red dyes. Decoction is useful for bladder and kidney complaints, and has the ability to curdle milk (hence its other name, cheese rennet).

S1335 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70, 1kg/\$450

P1335 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Belladonna

BELLADONNA

Atropa belladonna

P Z6-9 S F M

Source of atropine, valuable in treating eye diseases and spasms. External applications lessen local inflammation and pain. Do not use without medical supervision.

P1345 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Bergamot

Bergamot

(*Monarda*)

Exceptional aromatic herbs with showy flowers in various shades of red, pink, and purple. The fragrance of the common variety resembles that of the citrus bergamot oil added to Earl Grey tea, hence its name. Also known as bee balm, for bees are constant visitors.

Beebalm Group (*M. didyma*)

BERGAMOT

Monarda didyma

P Z4-10 S F E

A showy mixture of scarlet, pink, salmon and crimson flowers.

S1380 Seeds: Pkt/\$5.25, 1g/\$25, 10g/\$175

P1380 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

BLUE STOCKING BERGAMOT

Monarda 'Blue Stocking'

P Z4-10

Enormous violet-purple flowers; keeps blooming until frost. Ht. 75cm/30"

P1380-050 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

MARSHALL'S DELIGHT

Monarda 'Marshall's Delight'

P Z3-10

Pink. Superb mildew-resistant strain developed in Canada. Ht. 70cm/28"

P1380-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ROSE-SCENTED BERGAMOT

Monarda 'Rose-Scented'

P Z4-10

It's easy to fall in love with this one! Has an amazing rose-like scent owing to its high geraniol oil content. Excellent for potpourri and tea. Robust growth habit. Lavender-coloured flowers.

P1380-800 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$18



Red Bergamot

RED BERGAMOT

Monarda didyma

P Z4-10

Showy flower in a mixture of red tones. Leaves and flowers make a pleasant, soothing tisane.

P1381 Plants: \$4.95, 3+/\$4, **Plug pack:** 12/\$18

Other Monardas (*M. spp.*)

WILD BERGAMOT

Monarda fistulosa

P Z3-9 S F E

Lavender flowers; strong fragrance. Used for tea and for flavouring meat. Frequently seen along roadsides in eastern Canada and U.S.

S1385 Seeds: Pkt/\$4.50, 10g/\$25, 100g/\$180

BETHROOT

Trillium erectum

P Z4-9

(Red trillium; Birthroot; Wakerobin) Important Native American herb. Tea made from the roots was used for menstrual problems, to induce labour, for menopause, and as an aphrodisiac. Also for coughs, bowel complaints, hemorrhages, asthma, lung disorders and for skin irritations. Woodland perennial, 15-40cm/6-16" high, with deep red flowers in spring.

P1389 Plants (Mar-May shipment): \$8.95, 3+/\$7.20, 12+/\$5.80

BETONY

Stachys officinalis

P Z4-8

Good caffeine-free substitute for black tea, closely resembling the taste. Helps relieve headaches, and has general tonic action.

\$1390 Seeds: Pkt/\$4, 10g/\$13, 100g/\$100

P1390 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Black-Eyed Susan

BLACK-EYED SUSAN

Rudbeckia hirta

B Z3-10

One of the most loved wildflowers. Golden-orange flowers, brown centres appear in July-Sept. The plant and root have both been used by North American native tribes to treat a wide range of ailments — from worms in children to snakebites and earaches. Ht: 60-90cm/24-36".

\$1437 Seeds: Pkt/\$3, 100g/\$27, 1kg/\$180

BLACKBERRY, TRIPLE CROWN

Rubus plicatus 'Triple Crown'

P Z5-9

(Brambleberry; Thornless blackberry) Blackberry is not only a delicious fruit but it is also a medicinal herb. The leaves and roots are excellent for dysentery, diarrhea, hemorrhoids and cystitis. A gargle made by boiling the leaves makes a good mouthwash and is effective for sore throat, mouth ulcers, gum inflammation and thrush. A poultice of the leaves can be applied to skin for ulcers, fungal infections and abscesses. Studies have shown that the leaves are antidiabetic and can be used for the management of diabetes mellitus. Our plants are thornless and bear large juicy fruits over an extended 5 week period.

P1438-100 Plants (Not to US): \$12

BLOODROOT

Sanguinaria canadensis

P Z3-8

One of our most beautiful woodland wildflowers. Conspicuous white flowers, 5cm/2" across, appear in early spring. Important dyeplant: roots yield red-orange colour for dyeing wool. Indians dyed their bodies and clothes with bloodroot.

P1450 Plants (Mar-May shipment): \$8.95, 3+/\$7.20, 12+/\$5.80

BONESET

Eupatorium perfoliatum

P Z4-8

Eastern North American native found in swampy areas and along streams. Excellent remedy for colds and intermittent fever, especially for flu. Medical evidence suggests that it enhances the immune system. Caution: contains pyrrolizidine alkaloids; not recommended for long term use. Ht. 30-150cm/1-5ft.

\$1467 Seeds: Pkt/\$4

P1467 Plants (June-Aug shipment): \$4.95, 3+/\$4, 12+/\$3.20



Borage

BORAGE

Borago officinalis

A

The fresh leaves have an exhilarating, cooling effect on the system. Try adding chopped young leaves and flowers to salads or summer drinks. On those sweltering summer days cool off with iced borage tea, with honey and lemon juice added to taste.

\$1470 Seeds: Pkt/\$2.75, 100g/\$25, 1kg/\$180

\$1470-001 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$35, 1kg/\$220



Lemon Bottlebrush

BOTTLEBRUSH, LEMON

Callistemon citrinus

P Z8-10

(Crimson bottlebrush) Showy shrub from Australia with very potent antibacterial properties. Compounds extracted from the leaves are at least as effective as the antibiotics ampicillin, gentamycin and tetracycline. With antibiotic resistance on a sharp rise worldwide new antibiotics that work in new ways are an urgent priority. The leaves are wonderfully lemony and can be brewed into a delicious refreshing tea.

\$1475 Seeds: Pkt/\$4.50

BUCKWHEAT

Fagopyrum esculentum

A

Well known as a grain, cover crop and beeplant; not so well known is its medicinal value. The infusion made from the flowering tops is high in rutin which combats arteriosclerosis (hardening of the arteries and veins).

\$1555 Seeds: Pkt/\$2.75, 100g/\$7, 1kg/\$16, 10kg/\$100

BURDOCK

Arctium lappa

B Z2-10

Roots of this common wildplant are said to have "blood-purifying" properties. Useful for skin diseases, including eczema. Recent medical evidence supports folkloric use for tumours. One of four herbs in the Essiac® anti-cancer formula.

\$1567-100 Seeds: Pkt/\$3, 10g/\$8, 100g/\$50, 1kg/\$370

BURDOCK, JAPANESE

Arctium lappa 'Takinogawa Long'

B Z2-10

(Gobo) Japanese vegetable with powerful medicinal properties. Long, slender, smooth-skinned roots have a delightful oyster-like flavour similar to salsify, but stronger. Research shows that this variety has potent anti-tumour effects. Commonly used as a blood purifier.

\$8370 Seeds: Pkt/\$2.75, 10g/\$8, 100g/\$55

P8370 Plants: \$4.95, 3+/\$4, 12+/\$3.20



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richters.com/plants

BURNET, SALAD

Poterium sanguisorba

P Z5-8 S F X E

Nut-cucumber flavour of leaves is welcome in all salads with French dressing or mayonnaise. Also in soups, casseroles, herb vinegars and cream cheeses. Improves skin in facial treatments.

S1570 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$25

P1570 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

BUTTERFLY WEED: See PLEURISY ROOT

BUTTERFLY-PEA

Clitoria ternatea

A S E

Revered in India as a holy flower and used in daily puja rituals. Vines reaching as high as 4m/15ft are covered in very showy dark blue flowers with lighter markings. The flowers, leaves, young shoots and tender pods are all edible and are commonly consumed. Seeds and roots are used in India as a purgative.

S1585 Seeds: Pkt/\$4, 10g/\$10, 100g/\$70

CAJEPUT

Melaleuca leucadendra

P Z11+ X M

(Paperbark) Source of cajeput oil, a pungent oil distilled from the leaves of this aromatic tree from Australia. The oil is antiseptic, decongestant, analgesic, promotes circulation, reduces fevers and relieves cramps. It is used in the liniment Tiger Balm and in the decongestant Olbas Oil. Also used in commercial preparations for bacterial and fungal infections in fish. Seeds need light to germinate.

S1593 Seeds: Pkt/\$4

Calendula

(*Calendula*)

CALENDULA

Calendula officinalis '103'

A S E

(Pot marigold) Flower petals give delicate flavour and strong colour to salads, omelettes and cheese, and is used as a saffron substitute. Invaluable in first-aid skin lotions and ointments.

S1630 Seeds: Pkt/\$2.75, 100g/\$16, 1kg/\$100

ERFURTER ORANGE CALENDULA

Calendula officinalis 'Erfurter Orangefarbige'

A S E

(Pot marigold) Commercial strain used for medicinal flower production in Europe. Has superior medicinal action.

S1630-401 Seeds: Pkt/\$3.50, 10g/\$12, 100g/\$85, 1kg/\$560



Radio
Calendula

New! RADIO CALENDULA

Calendula officinalis 'Radio'

A S E

Gorgeous flowers look like radio dials! (Pot marigold) An old European variety first introduced to American gardeners in 1930 by seedsman Henry Dreer of Philadelphia. It has large, almost globular orange flowers that seem to turn like radio dials on the yellow eyes at their centres. The florets, some say, look like the tip of a quill. That this variety is ornamental is undeniable, but it is also an excellent variety for culinary and medicinal use. The petals can be added to soups, salads and rice, and they make excellent lotions and ointments for skin care. Easy to grow in any sunny spot. Ht. 30-45cm/12-18".

S1630-800 Seeds: Pkt/\$3.50, 100g/\$30



Caper Bush

CAPER BUSH

Capparis spinosa inermis

P Z9 X D

A fixture of Mediterranean cuisine for 2000 years, the unopened flower buds of this plant are pickled in strongly salted wine vinegar to develop their characteristic flavour. A straggly, slow growing shrub of dry, rocky areas of the Mediterranean and North Africa.

S1645 Seeds: Pkt/\$4.50, 10g/\$28, 100g/\$220

P1645 Plants: \$10

CAPSICUM: See CAYENNE CHILE

CARAWAY

Carum carvi

B Z5-8 S F E

Spicy caraway seeds add European character to all cabbage dishes, including coleslaw and especially sauerkraut. Traditionally used in ryebread, buns and cakes, as well as in soups and stews. Fresh leaves, used as a garnish, add flavour to vegetables. Anti-flatulent.

S1650 Seeds: Pkt/\$2.75, 100g/\$23, 1kg/\$150

CARNATION: See CLOVE-PINK

CASTOR BEAN

Ricinus communis

A S E

Oil extracted from seeds is a commonly used laxative for temporary constipation and acute diarrhea. Large tropical-looking foliage. Caution: although the oil is safe, raw seeds are poisonous.

S1665 Seeds: Pkt/\$5.25, 10g/\$7, 100g/\$25

CATMINT: See FAASSEN'S CATNIP



Catnip

Catnip

(*Nepeta*)

CATNIP

Nepeta cataria

P Z3-9 S F E

Favourite of cat lovers because cats relish the intoxicating leaves. Tea is a popular nightcap, as it induces a good night's sleep. Remedy for colds and fevers.

S1670 Seeds: Pkt/\$3, 10g/\$10, 100g/\$60, 1kg/\$390

S1670-001 Seeds: Pkt/\$3.50, 10g/\$15, 100g/\$95

P1670 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

FAASSEN'S CATNIP

Nepeta x faassenii

P Z3-9 S F E

(Catmint) Smaller ornamental form of catnip with lavender-blue flowers and grey-white foliage. Excellent for massing, as ground cover or in rockeries. Does not attract cats despite its stronger, more pleasant scent.

S1671 Seeds: Pkt/\$3, 10g/\$19, 100g/\$130

P1671 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

CAT'S WHISKERS: See JAVA TEA

CELANDINE

Chelidonium majus

P Z4-8 S F E

The latex-like sap mixed with vinegar removes warts and corns. Decoction is useful for stomach pains and inflammation of the biliary duct. New research indicates it has potent anticancer properties.

S1673 Seeds: Pkt/\$3, 10g/\$26, 100g/\$175

P1673 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Amsterdam
Celery

Celery, Leaf

(*Apium*)

A European culinary favourite. Fresh leaves are used like parsley in soups and stews, but the flavour and aroma is richer and more satisfying. This herb has not yet caught on in North America but we are convinced it will. Here at Richters we absolutely love it and we freeze small bunches in baggies so we always have some ready to use. If you try one new thing in your garden this year, try this!

AMSTERDAM CELERY

Apium graveolens secalinum 'Amsterdam'

A S F E

A very nice leaf celery with finely cut, dark green glossy leaves. Use it like parsley and surprise your guests with its rich celery flavour and aroma. More compact than other leaf celeries, reaching only 25-50cm (10-20") in height.

S1677-100 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40

PASCAL CELERY

Apium graveolens secalinum 'Pascal'

A S F E

Pascal is the precursor that transformed celery into the thick fleshy form we know today. Named after Henri Pascal who discovered the first plants in his celery field in 1884, the variety was improved upon by Vilmorin, the French seed company. The variety went on to spawn many more varieties and radically changed celery as a crop on both sides of the Atlantic. But as much as this heirloom belongs among the vegetables, its lush dark green leaves are also terrific as a fresh herb. Added at the last minute, the fresh-chopped leaves add a seductive nutty flavour to soups, stews, and salads. Ht. 50-60cm/20-24".

S1677-180 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40

CURLED CELERY

Apium graveolens 'Zwolsche Krul'

A S F E

Outstanding curled leaf variety from Holland that is both ornamental and delicious to use in the kitchen like parsley. Aromatic leaves are used to season soups and stews, and like parsley they can be used as a garnish. No blanching required. Ht. 30cm/12".

S1677-500 Seeds: Pkt/\$3, 10g/\$28, 100g/\$205

CENTAURY

Centaureum erythraea

B Z4-8 S F E

Traditional European panacea for lack of appetite, sluggish digestion and stomach disturbances, convalescence.

S1678 Seeds: Pkt/\$4.50, 1g/\$12, 10g/\$85, 100g/\$635



German
Chamomile

Chamomile

(*Matricaria, Chamaemelum*)

DOUBLE CHAMOMILE

Chamaemelum nobile 'Flora Plena'

P Z5-8

Double form of Roman chamomile grown commercially in England for tea and medicinal use.

P1678-800 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ENGLISH CHAMOMILE

Chamaemelum nobile 'Treneague'

P Z5-8

Non-flowering form of the Roman variety; suited for lawns and pathways.

P1679 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GERMAN CHAMOMILE

Matricaria recutita

A S F E

Annual (reseeds itself). The most prolific producer of flowers.

S1680 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$30, 1kg/\$200

S1680-001 Seeds: Pkt/\$3, 10g/\$16, 100g/\$120, 1kg/\$875

BODEGOLD CHAMOMILE

Matricaria recutita 'Bodegold'

A S F E

Improved tetraploid strain of German chamomile for commercial production. Erect, sturdy growth habit and larger flowers have as much as 0.7% essential oil and are high in bisabolol and other medicinal compounds. Flowers are large and dry yields can be as high as 800 kg/ha (700 lbs/acre).

S1680-100 Seeds: Pkt/\$4, 10g/\$7, 100g/\$36, 1kg/\$250

ROMAN CHAMOMILE

Chamaemelum nobile

P Z5-9 S F E

Traditional ground cover in English gardens and pathways, where it is cut like grass.

S1682 Seeds: Pkt/\$2.75, 10g/\$20, 100g/\$143, 1kg/\$1000

P1682 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

DYER'S CHAMOMILE: See MARGUERITE, GOLDEN



Chaparral

CHAPARRAL

Larrea tridentata

P Z7-9 S F E

(Creosote bush) Effective antibiotic against bacteria, viruses and other parasites. Has been included in remedies for cancer.

S1710 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$180

CHERVIL, CURLED

Anthriscus cerefolium 'Crispum'

Luscious green leaves have special subtle flavour. Traditionally used in all spring soups and salads. Can improve every dish in which parsley is used. Curled leaves make a handsome garnish.

S1720 Seeds: Pkt/\$3, 100g/\$20, 1kg/\$120

CHERVIL, MASSA

Anthriscus cerefolium 'Massa'

Slow bolting flat-leaf variety with very nice dark-green colour. Even in hot summer months Massa will keep producing leaves for fresh use if grown with some shade.

S1720-500 Seeds: Pkt/\$3, 100g/\$20, 1kg/\$120



Vertissimo
Chervil

CHERVIL, VERTISSIMO

Anthriscus cerefolium 'Vertissimo'

A beautiful chervil of the Brussels Winter type, with shiny dark green flat leaves and a nice dense growth habit. Like all chervils the fresh leaves are sweet with a hint of anise and are delicious chopped in salads, soups, on tofu, fish — or anywhere where parsley is used. Sow direct in the garden in early spring or late summer. Ht. 20-40cm.

S1721 Seeds: Pkt/\$3, 100g/\$22, 1kg/\$150



Chia

CHIA

Salvia hispanica

Incredible supergrain! (Mexican chia; Chia sage; Spanish sage) The Aztecs called chia the "running food" because messengers could run all day on just a handful of seeds. An ounce of seed has as much omega-3 as 8 ounces of Atlantic salmon, as much calcium as a cup of milk, as much fibre as 1/3 cup of bran, as much iron as 1/3 cup of spinach leaves, as much vitamin C as 2 oranges, and as much potassium as half a banana. Seeds can be added to cereals and baked goods or just chewed raw like the Aztecs did. Ht. 1m (3ft).

S1725-001 Seeds: Pkt/\$3.50, 100g/\$12, 1kg/\$80

CHICKWEED

Stellaria media

A decoction is used to treat constipation. Fresh leaves used as a poultice for inflammations, ulcers, abscesses. Fresh leaves are eaten as a delicacy in salads or cooked like spinach. Can be invasive.

S1730 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$280

CHICORY, WILD

Cichorium intybus

A food plant going back to the ancient Egyptians, Greeks and Romans who used the roots and the young shoots in spring like dandelion. Has diuretic, tonic and laxative properties, and is said to protect the liver. Lovely clear blue daisy flowers.

S1740 Seeds: Pkt/\$3.50, 100g/\$13, 1kg/\$75



Chives

Chives

(*Allium*)

CHIVES

Allium schoenoprasum

Regular onion chives. Besides using the leaves, try the pretty purple flowers, separated into florets, in salads for colour and flavour.

S1790 Seeds: Pkt/\$2.25, 10g/\$7, 100g/\$48, 1kg/\$310

P1790 Plants (Not to ID): \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15

PROFUSION® CHIVES

Allium schoenoprasum 'Sterile'

Wonderful strain of chives noted for its prolific production of flowers and tender leaves. Flowers do not develop seeds. Ideal for commercial edible flower producers. Best variety for potted plant and indoor growing.

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P1790-700 Plants (Not to ID): \$6.95, 3+/\$5.60, 12+/\$4.50

GARLIC CHIVES

Allium tuberosum

Flat leaved variety from Japan. Irresistible combination of garlic and chives. Has become popular wherever regular chives are used. Showy white flowers.

S1793 Seeds: Pkt/\$3, 10g/\$7, 100g/\$25, 1kg/\$175

S1793-001 Seeds: Pkt/\$3.50, 10g/\$8, 100g/\$35

P1793 Plants (Not to ID): \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15



Mauve Garlic
Chives

MAUVE GARLIC CHIVES

Allium sp.

Has the same great garlic flavour as the previous form but features attractive mauve flowers.

P1794 Plants (Not to ID): \$4.95, 3+/\$4, 12+/\$3.20

CICELY, SWEET

Myrrhis odorata

Sugar saver. Sweet, anise-scented leaves and stalks (fresh or dried) add delightful flavour to sweets and desserts, saving about half the sugar. Of particular interest to diabetics.

S1798 Seeds: Pkt/\$5.25

P1798 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

CLARY

Salvia sclarea

B Z4-9     

(Clary sage) Seeds soaked in water produce mucilaginous eye bath which safely removes particles, hence its name 'clear eye' or 'clary'. Used as a fixative in potpourris. Handsome aromatic flowers.

\$1800 Seeds: Pkt/\$3, 10g/\$30, 100g/\$200

P1800 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

CLOVE-PINK

Dianthus caryophyllus 'Grenadin'

P Z5-8     

(Carnation) Clove-scented flowers were once used to flavour ales and wines, especially celebration cups at coronations, hence its name "carnation". Fragrance is valuable in potpourris and herb sachets. Clove-pink syrup, made by infusing the petals in a hot sugar syrup, is delectable on fruit salads or stewed fruits. 'Grenadin' is a mixture of pink, red and white double flowers.

\$1825 Seeds: Pkt/\$3, 10g/\$15, 100g/\$110

P1825 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15



Dragon's Blood Clover

CLOVER, DRAGON'S BLOOD

Trifolium repens 'Dragon's Blood'

P Z4-9  

Was Godzilla slain on a field of clover? This striking clover from Japan has green and white variegated leaves splattered with what looks for all the world like blood-red droplets on each leaf. On a less gory note, this species was once used by the Delaware and Cherokee Indians to treat colds, fevers and coughs. Excellent ground cover for sun or partial shade. Ht. 13cm/5".

P1829 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Red Clover


CLOVER, RED

Trifolium pratense

P Z3-8     

Many herbalists assert that the flowers taken as an infusion help prevent and even cure cancer. In his legendary book, *Back to Eden*, Jethro Kloss wrote, "Red clover is an exceedingly good remedy for cancer on any part of the body." Red clover is also efficacious for bronchial troubles, whooping cough, gastric troubles and ulcers.

\$1830 Seeds: Pkt/\$2.75, 100g/\$7, 1kg/\$25, 10kg/\$180

 **\$1830-001 Plants:** Pkt/\$3, 100g/\$8, 1kg/\$30, 10kg/\$210

CLOVER, SWEET: See MELILOT

CLOVER, WHITE

Trifolium repens 'Rivendel'

P Z4-9     

(Dutch clover; Ladino clover) Excellent ground cover and lawn replacement for sunny, well-drained locations. A nitrogen-fixing legume, it will improve soil fertility and boost organic content. Few know that the leaves are edible. The young leaves picked before the flowers appear can be used raw in salads. Leaves can also be cooked like spinach. The tea has been used for coughs, colds and fever. Ht. 10cm/4in.

 **\$1830-501 Seeds:** Pkt/\$3.50, 100g/\$13, 1kg/\$70, 10kg/\$500



Black Cohosh

COHOSH, BLACK

Actaea racemosa

P Z3-8      

North American woodland plant with estrogenic, hypoglycemic, sedative, and anti-inflammatory properties. Seeds require a warm period (20°C/70°F), followed by cold (5°C/40°F), for successful germination, and then again warm to develop properly.

\$1839 Seeds: Pkt/\$3.50, 10g/\$24, 100g/\$160

P1839 Plants (Apr-May shipment): \$8.95, 3+/\$7.20, 12+/\$5.80

COHOSH, BLUE

Caulophyllum thalictroides

P Z3-9   

Highly esteemed by First Nations peoples as an aid for labour, to control excessive menstruation, and treat abdominal and urinary problems. Native to Eastern and Central North American woodlands,

P1840 Plants (Apr-May shipment): \$8.95, 3+/\$7.20, 12+/\$5.80

COLTSFOOT

Tussilago farfara

P Z3-7     

Popular remedy for coughs, colds, hoarseness, bronchitis and bronchial asthma. Also useful in herbal smoking mixtures designed for the relief of asthma and bronchitis. Seeds can be slow to germinate. Flowers and leaves in combination with mordants yield yellow, gold, tan, grey and taupe dyes.

P1848 Plants (Not to OR,AL,CT,MA,ON): \$3.95, 3+/\$3.20, 12+/\$2.60

COLUMBINE

Aquilegia vulgaris

P Z3-8     

Long-time garden favourite with exotic drooping flowers in various shades of red, blue, yellow and white. Formerly used for treating running sores and urinary and liver ailments. Has narcotic properties; not to be used without medical supervision.

\$1850 Seeds: Pkt/\$3, 10g/\$11, 100g/\$80

P1850 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Common Comfrey

COMFREY, COMMON

Symphytum officinale

P Z3-8      

Comfrey is one of the most important medicinal herbs. It contains allantoin, a hormone-like substance that stimulates cell division, making it valuable for healing wounds, ulcers and broken bones. Tea and poultices of leaves or roots are traditionally used. Due to pyrrolizidine alkaloids in the leaves and roots many authorities now recommend using comfrey only externally applied to the skin. Purple, rose or white flowers.

\$1870 Seeds: Pkt/\$4.50, 1g/\$15, 10g/\$100, 100g/\$700

P1870 Plants: \$4.95, 3+/\$4, 12+/\$3.20

COREOPSIS

Coreopsis tinctoria

A   

Important dyeplant: flowerheads yield bright yellow-orange shades for fabrics. Cheery garden plants.

\$1880 Seeds: Pkt/\$3, 100g/\$22

Coriander, Cilantro

(*Coriandrum*)

CALYPSO CILANTRO

Coriandrum sativum 'Calypso'

Regrows after cutting! The first true cilantro to grow back after cutting. It will regrow at least 3 times, so the need for repeated reseedling is reduced considerably. It is a breeding breakthrough we think will be a big hit with home gardeners and commercial growers. Compared to the industry standard variety, Santo, it is 12 to 21 days slower to bolt (go to flower). This means that it will produce more fresh foliage per plant than any other variety.

51890-110 Seeds: Pkt/\$3, 100g/\$18, 1kg/\$110



Confetti Cilantro

CONFETTI CILANTRO

Coriandrum sativum 'Confetti'

Unique feathery cilantro! Leaves are so finely cut you might think they look like carrot-tops. But the flavour is full-throttled cilantro. The leaves are actually less susceptible to bruising caused by handling compared to other cilantros. Quick maturing, slow to bolt and heavy yielder. Medium green colour. Awarded the Award of Garden Merit by the Royal Horticultural Society in 2014.

51890-120 Seeds: Pkt/\$3.50, 100g/\$25

HACOR CILANTRO

Coriandrum sativum 'Hacor'

Russian cilantro (Kinza) Not many know that fresh cilantro is an essential fresh ingredient in Russia and the Central Asian republics. It, along with parsley and dill, can be found in markets in virtually every city and town. The Russians grow many unique cilantro varieties. Hacor is a highly productive, slow bolting Russian cilantro with a spicy flavour.

51890-160 Seeds: Pkt/\$3.50, 100g/\$20, 1kg/\$110



Leisure Cilantro

LEISURE CILANTRO

Coriandrum sativum 'Leisure'

(Chinese parsley) High yielding commercial variety with attractive glossy green leaves, uniform growth habit, and consistent quality. Tolerates summer heat well and is bolt-resistant. Excellent choice for fresh cilantro. Ready for harvest in 28 to 80 days depending on the season. This variety is also used for sprouting.

51890-200 Seeds: Pkt/\$3.50, 100g/\$15, 1kg/\$70

POT CILANTRO

Coriandrum sativum '99057'

(Chinese parsley) Compact selection for potted plant production. Sow direct in pots.

51890-700 Seeds: Pkt/\$3.50, 100g/\$16, 1kg/\$110

SPICE CORIANDER

Coriandrum sativum

Variety grown for its seeds. Seeds add fresh, spicy flavour to soups and stews. Main ingredient in chili sauces, curries and exotic dishes.

51890 Seeds: Pkt/\$2.75, 100g/\$12, 1kg/\$85

51890-001 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$100

CORIANDER, MEXICAN: See CULANTRO

CORIANDER, VIETNAMESE

Persicaria odorata

(Rau ram) Tired of seeding cilantro over and over again to get a continuous supply of fresh leaves? Look no further! This Vietnamese herb has strong flavour similar to true cilantro. Unlike cilantro it bounces back after every cut. Grows indoors or out. In Vietnam, it is traditionally added to salads and served with fish and duck eggs.

51891 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$15

CORNFLOWER

Centaurea cyanus

Striking brilliant blue blossoms, infused in water, have both curative and calming action for nervous disorders. Eyewash is reputed to strengthen weak eyes.

51896 Seeds: Pkt/\$3, 100g/\$12, 1kg/\$75



Chocolate Cosmos

COSMOS, CHOCOLATE

Cosmos atrosanguineus 'Black Magic' P Z8-11 S M

Yes it really is chocolate scented! Originally from Mexico but now extinct in the wild, this is a spectacular flower with a spectacular scent. The rich velvety colours range from red to almost black, with chocolate shades somewhere in the middle. The aroma is definitely something to die for: sometimes chocolate, sometimes maybe more like vanilla. Though the flowers are not edible the aroma makes them a totally fun and novel garnish for desserts! Flowers from early summer right up to the autumn frosts. Ht. 45-60cm/18-24"

51899 Seeds: Pkt/\$10

COSTMARY

Tanacetum balsamita

(Bible leaf) The sweet-scented leaves may be used for tea or in herb pillows. Fresh leaves, picked before flowering, used in salads, sauces, soups and in cold drinks where a little goes a long way.

51900 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

COWSLIP

Primula veris

A most attractive English wildflower with bright yellow sweet-smelling, drooping blossoms in early spring. Tea made from any part of the plant was once a common remedy for pain and insomnia.

51950 Seeds: Pkt/\$4, 10g/\$25

Cress

CURLED CRESS

Lepidium sativum 'Crispum'

Sow every 14 days indoors or out for a continuous supply of fresh leaves. Ready to use when seedlings have 3 or 4 leaves. Delightful companion to mustard cress.

S2010 Seeds: Pkt/\$2.75, 100g/\$10, 1kg/\$65

S2010-001 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$900

WRINKLED CRINKLED CRESS

Lepidium sativum 'Wrinkled Crinkled'

Excellent salad green, with ruffled leaves and a nice sweet spicy flavour. Unlike some other fresh greens, the curled leaves don't easily fall flat in tossed salads. Very quick and easy to grow. Can be cut several times before the bolt and needs to be reseeded. Sow every 10-25 days from early spring to early fall.

S2012 Seeds: Pkt/\$3, 100g/\$45

WATERCRESS

Nasturtium officinale

Often found growing along streams where water is shallow and calm. Will grow in gardens or in pots if soil is kept moist.

S2020 Seeds: Pkt/\$2.75, 10g/\$17, 100g/\$120

UPLAND CRESS

Barbarea verna

(Winter cress; Land cress) Resembles watercress in flavour and often grown in place of it. Easy to grow indoors or out.

S2032 Seeds: Pkt/\$2.25, 100g/\$15, 1kg/\$110



Snowdust
Cress

SNOWDUST CRESS

Barbarea verna 'Variegata'

(Winter cress; Upland cress) Like upland (or land) cress, except for the white streaks on the leaves that look like that first dusting of snow that arrives in late fall. Spicy leaves can be used like watercress on sandwiches, on eggs, in salads, etc.

S2032-200 Seeds: Pkt/\$3.50, 1g/\$7, 10g/\$44, 100g/\$310



African Power
Cress

AFRICAN POWER CRESS

Spilanthes filicaulis

Power to influence! (Brazil cress; Wolikpekpe) In West Africa this plant helps to develop the powers of persuasion and influence. Chewing on a few fresh flowers or leaves is said to help make one's talk smooth and harmonious, and local leaders are known to use it before important meetings. Leaves and the yellow button flowers produce a lemony tingling sensation on the tongue. The effect is probably due to spilanthal, a mild analgesic agent that is found in other *Spilanthes* species. Top chefs are experimenting with *Spilanthes* cresses in salads for an "electric" tingling effect. Try a few flowers or chopped leaves in tossed salads and see what happens! A beautiful low creeper that grows into mats. Grows happily indoors in pots for all your persuasion needs!

P2035 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

MUSTARD CRESS: See MUSTARD, WHITE

TOOTHACHE CRESS

Spilanthes oleracea

(*Spilanthes*; Australian cress) Leaves have a mild numbing effect and are useful for toothaches. Also used as an antibiotic against candida. The fresh leaves are edible and are eaten like cress.

S6530 Seeds: Pkt/\$3.50, 1g/\$7, 10g/\$50, 100g/\$350

BULL'S EYE CRESS

Spilanthes acmella 'Bull's Eye'

(Paracress; Electric daisy) Trendy chefs and bartenders love to play with this fun new ingredient! The striking button-like flowers can be added to salads and cocktails for a surprising but delightful "electric" tingling effect. Your mouth goes numb briefly, followed by an intense cooling sensation. Has bright gold button flowers with red "eyes" that look like they might be those of a raging bull!

S6531-200 Seeds: Pkt/\$3.50, 1g/\$9, 10g/\$70



African Wild
Cucumber

CUCUMBER, AFRICAN WILD

Cucumis africanus

(Wilde agurkie) Fascinating wild plant from southern Africa where its roots and fruits have long been used as an emetic, purgative and enema. Its somewhat bitter leaves are still traditionally eaten like spinach by many tribes people, and currently there are efforts to domesticate it as a food plant. The fruits are high in cucurbitacin B and have proved to be highly effective against soil nematodes. Easy to grow novelty plant. Vines get up to 2m/6ft long and will easily climb a trellis.

S2044-500 Seeds: Pkt/\$4.50, 10g/\$34, 100g/\$240

CULANTRO

Eryngium foetidum

(Mexican coriander; Ngo gai) Native to Central America, but now cultivated throughout Southeast Asia and Latin America. Favoured where cilantro (*Coriandrum sativum*) does not do well because it can stand hot, steamy weather. Leaves are tough, but if sliced and then chopped they are quite tasty. Unlike cilantro, leaves dry well, retaining good colour and flavour, and can stand some cooking.

S1892 Seeds: Pkt/\$4, 10g/\$10, 100g/\$70, 1kg/\$480

P1892 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CUMIN

Cuminum cyminum

Seeds are important in many international cuisines, including those of India and Mexico. Flavour resembles caraway but is hotter. Used in soups, cake, bread, cheese, and is a standard ingredient of commercial curry powders. Requires a long warm growing season; should be started indoors in colder climates.

S2050 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$35, 1kg/\$285

CUMIN, BLACK

Nigella sativa

(Fennel flower; Russian caraway; Black caraway) Commonly featured in Indian dhals and equally at home in Russian rye bread! Aromatic black seeds resemble fennel in aroma and taste something like peppery nutmeg. Seeds can be ground and used with near abandon like black pepper. Its legendary healing powers are summed up in the Arab proverb, "In the black seed is the medicine for every disease except death."

S2055 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$22, 1kg/\$150

S2055-001 Seeds: Pkt/\$3, 10g/\$8, 100g/\$28, 1kg/\$180

CURRYPLANT

Helichrysum italicum

  **P Z8-9**

Delightful curry-scented foliage. Try a few fresh sprigs stuffed in the cavity of a roasting chicken for a change of pace. Or add it to vegetables or rice (but remove before serving). The essential oil is used to enhance fruit flavours in confections and perfumes.

S2060 Seeds: Pkt/\$4.50

P2060 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CURRYPLANT, MINI

Helichrysum italicum microphyllum

  **P Z11+**

A silvery plant with irresistible charm, excellent for hedging and for formal knot gardens. Lovely compact bushy growth habit — just 30cm/12in high. Grey-white leaves and strong curry scent.

P2061 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Cypressvine

CYPRESSVINE

Ipomoea quamoclit 'Cardinalis'

  **A S E**

(Cardinal vine) Vine with attractive scarlet flowers and wispy needle-like leaves. It is a magnet for hummingbirds and butterflies. Widely cultivated worldwide and has become naturalized in many areas. Mildly invasive as seedlings can pop up where they are unwanted but they won't crowd out native plants. Traditionally, the leaves are used for physical weakness, cuts and wounds, piles, carbuncles and hemorrhoids. Extracts have been shown to possess significant anticancer and anti-diabetic effects.

S2065 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40

DAISY, CHOCOLATE-SCENTED

Berlandiera lyrata

  **P Z5-11 S F M**

Smells like chocolate! (Chocolate flower; Green eyes) Hard to believe but this plant really does smell like chocolate. Take a whiff of the yellow daisies and your eyebrows will jump. Flowers open over night and by morning the unmistakable aroma is absolutely divine. As the day warms the petals fall off leaving behind maroon disks surrounded in green, which is why the plant is also known as "green eyes". The flower stamens are edible and taste like chocolate. The First Nations people of U.S. Southwest and Mexico where the plant is native burned the roots to alleviate bad nerves and to conjure up courage. For best results grow in groupings so that there are always new flowers coming on. Ht. 30-60cm.

S2075 Seeds: Pkt/\$7.25

DAISY, ENGLISH

Bellis perennis

 **B Z6-10 S F E**

Charming button flowers appear from early spring until late autumn. Tea is employed as a gentle laxative; also for stomach and intestinal problems. Helps heal inflamed swellings and burns.

S2080 Seeds: Pkt/\$3, 10g/\$19, 100g/\$135

DANDELION

Taraxacum officinale

  **P Z3-10 S F E**

Despised as a pesky weed, the lowly dandelion is actually one of the most useful herbs around. It promotes bile secretion and supports the liver. Dried roots are popular as a coffee substitute.

S2100 Seeds: Pkt/\$3, 10g/\$7, 100g/\$50, 1kg/\$350



S2100-001 Seeds: Pkt/\$3.50, 100g/\$75, 1kg/\$500



French Dandelion

DANDELION, FRENCH

Taraxacum officinale sativum 'Thick-ld'

  **P Z3-10 S F E**

This strain of the lowly dandelion boasts tender fleshy leaves, topping all other fruits and vegetables for iron content. Enjoy in a spring salad, or cooked like spinach. Treat as a biennial — sow one year, pick the next.

S8310 Seeds: Pkt/\$2.75, 10g/\$23, 100g/\$160



Compatto Dill

Dill
(Anethum)

MAMMOTH DILL

Anethum graveolens 'Mammoth'

  **A S X E**

Finely cut foliage. For fresh use as "dillweed", or allowed to go to seed for dill pickles. Ht. 1m/40".

S2140 Seeds: Pkt/\$2.25, 100g/\$15, 1kg/\$90

S2140-001 Seeds: Pkt/\$2.75, 100g/\$15, 1kg/\$90

BOUQUET DILL

Anethum graveolens

  **A S X E**

Dwarf, compact version of dill. Finely cut foliage. Excellent used fresh as dillweed or allowed to go to seed for dill pickles. Ht. 75cm/3ft.

S2141 Seeds: Pkt/\$3, 100g/\$18, 1kg/\$120

S2141-001 Seeds: Pkt/\$3.50, 100g/\$10, 1kg/\$70

P2141 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50

COMPATTO DILL

Anethum graveolens 'Compatto'

  **A S E**

Compact variety about half as tall as other varieties. Perfect for pots or in the garden. In research comparing different dill varieties, the seeds of Compatto were found to be among the highest in essential oil. High oil content means stronger flavour. Ht. 45cm/18".

S2141-200 Seeds: Pkt/\$3.50, 100g/\$30, 1kg/\$210

DUKAT DILL

Anethum graveolens 'Dukat'

  **A S X E**

Finely cut foliage. For fresh use as dillweed, or allowed to go to seed for dill pickles. Has strong flavour and high oil content. Anthocyanin-free, so it is greener than most dills. Ht. 1m/40in.

S2141-500 Seeds: Pkt/\$2.75, 100g/\$22



**Fernleaf
Dill**

FERNLEAF DILL

Anethum graveolens 'Fernleaf'

Unique dwarf plants 45cm/18in; dark green leaves. Slow to bolt. Excellent for dillweed production and potted plants. All America Winner for 1992.

S2142 Seeds: Pkt/\$3.50, 1g/\$7, 10g/\$45, 100g/\$300

GREEN SLEEVES DILL

Anethum graveolens 'Green Sleeves'

Uniform, dark green variety for fresh market production. Very resistant to bolting. Suited for both field production and year round greenhouse production.

S2143-001 Seeds: Pkt/\$3.50, 100g/\$23, 1kg/\$160

HERCULES DILL

Anethum graveolens 'Hercules'

Heavy yielding tetraploid strain. Slow to flower so foliage stays green and succulent longer. Best variety for the fresh leaf market.

S2145 Seeds: Pkt/\$3.50, 100g/\$30, 1kg/\$220

DITTANY OF CRETE

Origanum dictamnus

(Hop marjoram) Woolly-leaved relative of oregano with similar spicy scent and uses. The beautiful chartreuse and pink flowers may be steeped for tea. Excellent for hanging baskets.

P2170 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Bloody Dock

DOCK, BLOODY

Rumex sanguineus

(Red-veined dock; Bloodwort) A British native with rosettes of striking light green leaves marked with bright maroon-coloured veins. Very interesting new salad green! Young leaves are used like spinach, fresh in salads or blanched a few seconds in boiling water. Has been used medicinally for cancer and for various blood diseases.

S2182 Seeds: Pkt/\$4.50, 1g/\$7, 10g/\$46, 100g/\$320

P2182 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

DONG QUAI

Angelica polymorpha sinensis

(Dang gui; Chinese angelica) Important herb in China, used more than even ginseng or licorice. Lowers blood pressure, strengthens the heart, increases coronary flow, moderates arrhythmia and improves circulation. It is strongly antibacterial, analgesic and anti-inflammatory, and is used widely to regulate menstruation, to treat hepatitis and cirrhosis of the liver, shingles and to relieve the pain of rheumatism. Ht. 1m/3ft.

S2190 Seeds: Pkt/\$7.25, 10g/\$25, 100g/\$175

DRAGONHEAD

Dracocephalum moldavica

(Moldavian Balm) Scented leaves; showy blue flowers; fine beeplant. Ht. 45cm/18".

S2200 Seeds: Pkt/\$3, 10g/\$11, 100g/\$80



**Magnus
Echinacea**

Echinacea

(*Echinacea*)

Purpurea Group (*E. purpurea*)

ECHINACEA

Echinacea purpurea

(Coneflower) Standard variety. Rich reddish-purple daisies appear from July to September. Roots are the most potent part, but leaves and seeds are also used in herbal medicines.

S2280 Seeds: Pkt/\$3, 10g/\$7, 100g/\$30, 1kg/\$200

P2280 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

MAGNUS ECHINACEA

Echinacea purpurea 'Magnus'

Beautiful variety with rose-purple petals that don't droop as much as wild echinaceas. Developed in the 1980s by Swedish echinacea breeder, Magnus Nilsson. Was the Perennial Plant of the Year for 1998. Excellent longlasting cutflower. Ht. 1m/40".

S2280-200 Seeds: Pkt/\$4.50, 1g/\$20, 10g/\$130

FRAGRANT ANGEL ECHINACEA

Echinacea purpurea 'Fragrant Angel'

Hard as it is to imagine improving the wonder herb echinacea, here is a plant that does just that. It has majestic scented white flowers with layered, overlapping, nearly horizontal petals and huge yellow cones. And its branching habit and long blooming season through to fall makes this a perfect herb, cutflower and garden plant all in one! Ht. 75cm/30".

Propagation prohibited. U.S. patent (USPP#16054).

P2280-300 Plants: \$12

PRIMADONNA WHITE ECHINACEA

Echinacea purpurea 'Primadonna White'

Like the previous variety with white petals and dark eye. Same impressive large flower size.

S2280-360 Seeds: Pkt/\$5.25









RUBY GIANT ECHINACEA

Echinacea purpurea 'Ruby Giant' P Z4-9     
 Outstanding variety developed from a single remarkable plant discovered in Europe in the garden of the son of echinacea breeder, Magnus Nilsson. Has huge fragrant flowers, up to 18cm/7" across, with striking upcurved clear pink petals. Ht. 75cm/30".
P2280-400 Plants: \$12









**Starlight
Echinacea**

STARLIGHT ECHINACEA

Echinacea purpurea 'Leuchtstern' P Z3-9      
 This German selection is similar to the original wild species but flowers are larger. Colours range from reddish-pink to lavender-pink.

S2280-450 Seeds: Pkt/\$3.50, 10g/\$22, 100g/\$150

WHITE SWAN ECHINACEA






Echinacea purpurea 'White Swan' P Z4-10      
 Showy white variety. Medicinal activity has not been tested but is likely to be similar to the purple variety.

S2280-500 Seeds: Pkt/\$4.50, 10g/\$30, 100g/\$200

P2280-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18






Other Echinaceas

NARROWLEAF ECHINACEA

Echinacea angustifolia P Z3-9     
 Many believe this to be the most medicinally powerful species of echinacea. Seeds need 30-90 days at 5°C/40°F to germinate.






P2281 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

PALE-PURPLE ECHINACEA

Echinacea pallida P Z5-9     
 Similar in appearance to the narrowleaf species, but taller (1m/40") and with paler flowers. It may in fact be more important commercially because much of what is sold as *E. angustifolia* is actually this species. Seeds need the same pretreatments suggested for *E. angustifolia* to germinate.

S2282 Seeds: Pkt/\$3.50, 10g/\$9, 100g/\$65, 1kg/\$460

YELLOW ECHINACEA







Echinacea paradoxa P Z3-8     
 (Yellow coneflower) The only yellow-flowering echinacea. Flowers are 7cm/3" across with chocolate brown centres. Roots contain medicinal constituents similar to those found in *E. pallida*. Traditionally used like other echinaceas for its antiviral, anti-inflammatory and immune-boosting effects. Requires cold stratification for 1-2 months to break seed dormancy. Prairie native of the Missouri and Arkansas Ozark regions. Ht. 75cm/30".

S2283 Seeds: Pkt/\$3.50, 1g/\$7, 10g/\$30, 100g/\$200



Edelweiss

EDELWEISS

Leontopodium alpinum P Z5-9      
 Edelweiss has important medicinal and cosmetic uses. Traditionally used as a tea for diarrhea, dysentery and respiratory problems. It is used to neutralize free radicals and block the formation of superoxides associated with aging. Because it strengthens the walls of capillaries and veins it is used to treat varicose veins and hemorrhoids. Ht. 15cm/6in.

S8860 Seeds: Pkt/\$3.50, 1g/\$9, 10g/\$60






P8860 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Elder

(*Sambucus*)

Overlooked for years, elder has undergone a welcome reappraisal. We are all familiar with elderberry wine, pie and jelly, but studies show that elder extracts provide powerful relief from the symptoms of colds and flus. Indeed elderberry has been shown to deactivate the flu virus. The resurgence of interest is quickly turning elder into a hot crop in America. Led by the efforts of Missouri researchers, farms growing elder are springing up all over in America.

ADAMS ELDER






Sambucus canadensis 'Adams 2' P Z3-11     
 (Elderberry) Variety released by the New York Agriculture Experiment Station in 1926 and is still widely grown by commercial growers. Medium-sized black-purple berries are sweeter than most varieties. Berries are borne on large clusters that are easy to harvest. Yields are excellent.

P2294 Plants: \$8.95, 3+/\$7.20








**Adams
Elder**

AMERICAN ELDER

Sambucus canadensis P Z3-11     
 (Elderberry) The hardy native form grown from seeds collected in southern Ontario. Very hardy, very adaptable. For food and medicinal use.

P2295 Plants: \$8.95, 3+/\$7.20

BOB GORDON ELDER

Sambucus canadensis 'Bob Gordon' P Z3-11     
Best berry producer! (Elderberry) A superior variety developed for commercial elderberry production. Yields are almost triple that of other varieties. Large berries are borne on inverted heads that help to protect the berries from birds. Released by the Elderberry Improvement Project in Missouri in 2011.

P2296 Plants: \$8.95, 3+/\$7.20



MORE PLANTS ONLINE!
richters.com/plants

MAGNOLIA HILL ELDER

Sambucus canadensis 'Magnolia Hill'



P Z3-11

(Elderberry) Exceptionally vigorous and fast growing, as much as 2.5m/8ft a year. Best kept pruned for easier harvest. Early to flower and early to set fruit. Berry clusters are huge, the size of a dinner plate. Berries ripen all at one time, and are less prone to shatter.

P2302 Plants: \$8.95

WYLDEWOOD ELDER

Sambucus canadensis 'Wyldewood 1'



P Z3-11

(Elderberry) First variety released in 2010 by the Elderberry Improvement Project in Missouri. It is a consistent heavy yielder, well suited for the processing industry. Bushes are large, vigorous, and upright, and the large fruit clusters make harvesting more efficient compared to other varieties. Berries are medium to large. Harvests start 2-4 weeks later than the industry standard variety, 'Adams II'. Ht. 2.2m/7ft.

P2303 Plants: \$8.95, 3+/\$7.20

ELECAMPANE

Inula helenium



P Z3-8

Dried root preparations quiet coughing, stimulate digestion, and tone the stomach. Flowers yield yellow and orange dyes.

S2320 Seeds: Pkt/\$3, 10g/\$45

P2320 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Epazote

EPAZOTE

Dysphania ambrosioides



A (S) (F) (+) (-) (E)

(Wormseed) Strong scented foliage highly esteemed in Mexico and Guatemala for seasoning corn, black beans, mushrooms, fish and shellfish. Wormseed oil is frequently prescribed to expel intestinal parasites.

S2350 Seeds: Pkt/\$3, 10g/\$60

EPAZOTE, OAXACA RED

Dysphania ambrosioides 'Oaxaca Red'



A (S) (F) (+) (-) (E)

(Wormseed) Attractive red form of epazote. Like the more common green variety, in Mexico it is traditionally cooked with black beans. Its use in food today may related to its ancient use to treat intestinal parasites and flatulence. Adding it regularly to food was an early preventative measure to ward off digestive problems.

S2350-300 Seeds: Pkt/\$4

EPHEDRA, AMERICAN

Ephedra nevadensis



P Z5-9

(Mormon tea; Desert tea; Joint-fir) Unusual native of the southwestern U.S. desert regions. Foliage resembles that of the horsetail plant. Makes a pleasant refreshing beverage tea, an excellent substitute for coffee or tea. Contains traces of ephedrine, a nerve stimulant resembling adrenaline. Has tonic effects, improves kidney action, and relieves asthma. Prefers dry, alkaline soil.

S2353 Seeds: Pkt/\$4, 100g/\$30, 1kg/\$155

P2353 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Eucalyptus

EUCALYPTUS

Eucalyptus globulus



P Z9-10

(Bluegum) Famous "gum" trees of Australia, sources of essential oils used in perfumery and medicine. Cough drops and sore throat lozenges are made with the oil. Powerful antiseptic. Helps deodorize the air when grown indoors. Despite the enormous height they normally attain, they can be grown indoors with occasional pruning to maintain a manageable size.

S2360 Seeds: Pkt/\$4, 10g/\$30, 100g/\$205

P2360 Plants: \$4.95, 3+/\$4, 12+/\$3.20

EUCALYPTUS, LEMON

Eucalyptus citriodora



P Z9-10

(Lemon gum) Crushed leaves emit a delightful lemon scent, popular in potpourris and perfumes, and to freshen the air indoors. Its oil is the major ingredient in some plant-based insect repellents, and a scattering of the leaves crushed or whole repels cockroaches and silver fish around the house.

S2361 Seeds: Pkt/\$4, 10g/\$36, 100g/\$250

P2361 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Evening Primrose



EVENING PRIMROSE

Oenothera biennis



B Z4-8

Seeds contain an oil that is rich in gammalinolenic acid (GLA), a precursor of prostaglandin E1. This prostoglandin is very active biologically, regulating such functions as the immune system. By supplementing the diet with GLA one can avert the loss of prostaglandin E1 production caused by aging, poor diet, or alcoholism. The oil has been shown to reduce inflammation in rheumatoid arthritis, relieve PMS and menopausal symptoms, and improve skin conditions. Leaves can be cooked like spinach and roots eaten like potatoes.

S2380 Seeds: Pkt/\$2.75, 10g/\$18, 100g/\$125

P2380 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Bitter
Fennel

Fennel
(*Foeniculum*)

SWEET FENNEL

Foeniculum vulgare dulce P Z5-11+ E
Chopped leaves are used with oily fish, such as mackerel, eel and salmon, to improve digestibility. Also in soups, salads and stews. Fennel tea has calming and anti-flatulent effects.

S2420 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$90

BITTER FENNEL

Foeniculum vulgare piperitum P Z5-11+ E
(Wild fennel; Finocchio amaro) Why would anyone want to grow a bitter version of fennel? Well, bitter fennel was the original fennel used by the Greeks and Romans, and is still in common use today for very special traditional dishes in parts of Italy. The fresh greens are delicious in mixed salads, or *misticanze*, in the soups of Toscano and Lazio, in stir fries with garlic, and in *porchetta*, whole pig stuffed with fennel, garlic and salt. The dried flowers are essential for *finocchiona* sausage and for *coppiette*, a regional delicacy made from lean meat marinated in red wine, fennel flowers, garlic, chile pepper and spices. Bitter fennel flowers are used on grilled meat, roasted potatoes, grilled or stewed mushrooms, and boiled chestnuts. According to Greek mythology, Prometheus stole fire from the gods and gave it to man, hiding it in a hollow fennel stalk, and for this trickery using an aromatic herb, he was made the founding father of gastronomy.

S2423 Seeds: Pkt/\$4.50, 10g/\$15, 100g/\$110

BRONZE FENNEL

Foeniculum vulgare dulce 'Rubrum' P Z5-11+ E
Highly decorative form of fennel with bronze-red, lacy foliage. Leaves can be used like green fennel.

S2425 Seeds: Pkt/\$4.50, 10g/\$30, 100g/\$220

FENUGREEK

Trigonella foenum-graecum A E
Common ingredient in curry powder. Used in oriental sauces, soups, stews, and for seasoning and preserving butter. Used for making imitation maple, vanilla, caramel and butterscotch flavours.

S2460 Seeds: Pkt/\$2.75

S2460-001 Seeds: Pkt/\$3, 100g/\$18, 1kg/\$120

FEVERFEW

Tanacetum parthenium P Z5-9 E
A medical survey in England indicates that 1 to 4 leaves of feverfew infused in a tea or eaten in a sandwich daily can reduce the number and severity of migraine attacks in some sufferers. It even has pleasant side effects including a sense of well-being, lack of tension and relief from arthritis. Approx. 0.4% parthenolide.

S2480 Seeds: Pkt/\$3, 10g/\$10, 100g/\$65, 1kg/\$455

P2480 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

FEVERFEW, WHITE POMPON

Tanacetum parthenium 'White Pompon' P Z5-9 E
Dense double white pompon type. Long stems, suitable for cutflowers. Ht: 60cm/2ft. Contains 0.3% parthenolide.

S2485-800 Seeds: Pkt/\$4, 10g/\$25, 100g/\$175

White Stars
Feverfew

FEVERFEW, WHITE STARS

Tanacetum parthenium 'White Stars' P Z5-9 E
Masses of double white flowers on neat, compact plants 18cm/7" high. Lovely in fresh or dry bouquets and arrangements. Good container plant and for edging. Low parthenolide.

S2485-900 Seeds: Pkt/\$4, 10g/\$35, 100g/\$230



Hardy Chicago
Fig

Fig
(*Ficus*)

The rotund fig and its fabled leaf go back at least 5,000 years as enduring symbols of sinful pleasure and lost innocence. The ancients and latter day fig-cognoscenti have known the hedonistic delight of fresh sun-ripened, honey-dripping figs, and know all too well the impatient wait for fig season to arrive in late summer. With protection and the right care fig trees grow successfully in zones as low as 4. And they do well in containers.

HARDY CHICAGO FIG

Ficus carica 'Hardy Chicago' P Z7-11 E
'Hardy Chicago' has brown-purple fruits and luscious strawberry-coloured flesh. Brought to Chicago by Sicilians from Mount Etna and has been grown there by dedicated fans of figs ever since.

P2520 Plants: \$8.95

CELESTE FIG



Ficus carica 'Celeste' P Z7-10 E
Known as the "sugar fig", this is one of the best varieties for drying and for preserves. The fruits are medium-sized with a light brown or violet skin and a strawberry pink flesh. It is a compact plant that does well in containers and where space is limited. Cold tolerant, early ripening variety.

P2521-200 Plants: \$8.95





Improved Celeste Fig

IMPROVED CELESTE FIG

Ficus carica 'Improved Celeste' **P Z7-10**  
One of the best varieties for drying and for preserves. Excellent for eating fresh off the tree as well. Very sweet. Fruits are bigger and more numerous than those of Celeste. From the fig breeding program at Louisiana State University but never released officially. Often confused with O'Rourke, a variation of Celeste released by LSU.



P2521-370 Plants: \$8.95

KADOTA FIG

Ficus carica 'Kadota' **P Z6-9**  
Large fruits with a light green-yellow skin and amber flesh. Flavour is very sweet, especially when the weather is hot. Delicious fresh or dried, or for canning. This is a long-lived variety that does well in containers and tolerates heavy pruning. Self-pollinated.



P2521-420 Plants: \$8.95

LSU PURPLE FIG

Ficus carica 'LSU Purple' **P Z7-11**  
This variety from the Louisiana State University breeding program is one of the best varieties available. It is a reliable producer of delicious small purple figs. Does well in containers, producing an early crop of figs as soon as growth starts in spring. The sweet strawberry flesh is excellent, and the figs keep well.



P2521-490 Plants: \$8.95

OLYMPIAN FIG

Ficus carica 'Olympian' **P Z6-9**  
An award-winning variety well suited for home gardens in cool and coastal areas. It was first discovered in Olympia, in Washington State. It produces its first abundant crop at an early age. Purple fruits are large, the size of tangerines, and the flesh is dark and very sweet.



P2521-670 Plants: \$8.95

VERN'S BROWN TURKEY FIG

Ficus carica 'Vern's Brown Turkey' **P Z7-11**  
This is an improvement over a well-known but mostly unreliable 'Brown Turkey' variety grown in North America. 'Vern's' is a reliable producer of large tasty sweet figs with a dark brown skin and a light amber flesh. It can usually be counted on producing crops in summer and in fall.



P2521-900 Plants: \$8.95

VERTE FIG

Ficus carica 'Verte' **P Z7-11**  
(Green Ischia fig) A favourite among fig lovers. Medium to large green fruits have a rich raspberry flesh with excellent flavour. Steven Biggs, author of *Grow Figs Where You Think You Can't*, rates it "very delicious." It is a mid-season "main crop" variety, as most of its fruits develop on the current year's shoots, not on the previous year's growth.

P2521-910 Plants: \$8.95

VIOLETTE DE BORDEAUX FIG




Ficus carica 'Violette de Bordeaux' **P Z7-9**  
This is a super dwarf variety from Spain. The jet-black fruits are small but they are considered by many to be the best tasting fig available. It is very hardy and often produces two crops in a season. Even when grown in pots, it is very productive.

P2521-930 Plants: \$8.95





Fireweed

FIREWEED

Chamerion angustifolium **P Z2-7**   
One of the most under-appreciated healing plants of the world. Growing research interest is showing how amazing this plant really is. The First Nations people applied it on bruises, boils and infections to "draw out" infections, and took it as a tea for intestinal parasites. Today it is a clinically proven anti-inflammatory, more effective than cortisone for irritation of the skin. It has analgesic, antimicrobial, antifungal, and antiviral properties, as well as potent anti-aging properties. Also a healer of mother nature, helping to begin the process of regeneration by moving in quickly after forest fires and clear-cutting. Stunningly beautiful with masses of pink flowers appearing from June to September.



S2560 Seeds: Pkt/\$4, 1g/\$25, 10g/\$160

FISH MINT

Houttuynia cordata **P Z6-10**  
(Vap Ca) Vietnamese herb used fresh on meat dishes and in soups. Unusual, but interesting fish-like flavour. Very easy to grow. Shade tolerant.

P6605 Plants: \$4.95, 3+/\$4, 12+/\$3.20

FISH MINT, CHAMELEON

Houttuynia cordata 'Chameleon' **P Z6-10**  
Vietnamese herb used fresh on meat dishes and in soups. Unusual, but interesting fish-like flavour. Striking red, green and white variegated ground cover for shady areas. Very easy to grow. Shade tolerant.

P6605-100 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Licorice Flag



FLAG, LICORICE

Acorus gramineus 'Licorice' **P Z7-10**   
All parts of the plant burst with an absolutely stunning licorice scent when squeezed. Used in Thai cooking, and deserving of experimentation wherever a new flavour twist is desired. Important Chinese medicinal herb used to treat lack of appetite, gastritis, and depression. Prefers full or partial sun in wet soil or in water garden. Grows 20-30cm/8-12"; grass-like foliage.

P2600 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

FLAX

Linum usitatissimum

Source of strong fibre used in linen cloth. Linseed poultice is valuable for rheumatism and infections. Linseed oil is employed in the paint and varnish industries.

S2700 Seeds: Pkt/\$2.75, 100g/\$13, 1kg/\$90



Blue Flax

FLAX, BLUE

Linum perenne

Pretty border perennial with pale blue flowers. As with ordinary flax, seeds contain linseed oil. Has been used for rheumatic pains, diarrhea and coughs.

S2710 Seeds: Pkt/\$3, 100g/\$29, 1kg/\$170



Fo-Ti

FO-TI

Fallopia multiflora

(He-shou-wu) Legendary Oriental "Elixir of Life" said to be used by a certain Professor Li who lived to the ripe old age of 256! Early in life Li started taking a daily concoction containing the "elixir of life." He is said to have outlived 23 wives, and left behind 11 generations of descendants when he died in 1933! Widely used tonic herb in traditional Chinese medicine. Roots are used to restore blood, liver and kidneys, and is prescribed for conditions as varied as vertigo, insomnia, lumbago, and constipation. Climber.

P2725 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

FOXGLOVE, GRECIAN

Digitalis lanata

Source of the cardiac drug digoxin used to treat congestive heart failure. White flowers with bold brown veining on 1m/3ft spikes.

S2732 Seeds: Pkt/\$4

P2732 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

FOXGLOVE, PURPLE

Digitalis purpurea

Source of digitalis, important for its stimulating and regulating action on the heart, but too powerful to use without medical supervision. Spotted bells arranged in spikes are highly ornamental.

S2730 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70

P2730 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



A S E

Garlic

(*Allium*)

All seed garlic is shipped in the fall for fall planting. We often sell out by September so order early to avoid disappointment.

Softneck Group (*Allium sativum sativum*)

Regular "softneck" form of garlic, so called because the stem does not dry hard in the centre of the bulb. Plants are shorter than the "hardneck" varieties.

LORZ ITALIAN

(Can,US only) (P) (S) (E)

Allium sativum sativum 'Lorz Italian'

P Z3-8 (F)

Vigorous large-bulbed variety originally brought to the U.S. from Italy by the Lorz family in the 1800s. Bulbs have a dozen or more cloves in 3-5 overlapping layers, an arrangement that resembles a true artichoke. It has a great, strong flavour that sometimes can be hot. Tolerates heat well.

R2780-300 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

SUSANVILLE

(Can,US only) (P) (S) (E)

Allium sativum sativum 'Susanville'

P Z3-8 (F)

Mild flavoured bulbs are white-skinned with occasional pink. Excellent for roasting: the cloves easily slip-apart after roasting and spread effortlessly on French bread or tomato slices.

R2780-800 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50



Transylvanian Garlic

New! TRANSYLVANIAN

(Can,US only) (P) (S) (E)

Allium sativum sativum 'Transylvanian'

P Z3-8 (F)

Very hardy, huge yields! Large artichoke softneck type with creamy white skin dappled with traces of crimson-red. The taste is smooth and buttery at first but slowly finishes with some spice. Introduced to America in the 1990s by Chester Aaron, a garlic aficionado and author. The original stock came from a farmers market in the mountains of Transylvania in Romania. The bulbs have about 10 cloves each. Stores well, up to 6-7 months. Braids nicely if the tops are left on.

R2780-900 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

Hardneck Group (*A. sativum ophioscordon*)

Called "hardneck" because the stem dries hard in the centre of the bulb. Cloves are larger and easier to separate than the "softneck" type, but does not store as well. Esteemed for their strong garlic flavour. This group includes the rocambolo or Italian garlics.

DEERFIELD PURPLE

(Can,US only) (P) (S) (E)

Allium sativum ophioscordon 'Deerfield Purple'

P Z3-8 (F)

This is a top performer for size, flavour and uniformity, originally found in Vietnam in the 1990s. Bulbs are 6cm across and covered with white skin streaked with purple; 7-9 cloves per bulb. The flavour begins with mild heat and ends with a spicy flourish.

R2786-350 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

DUGANSKIJ

(Can,US only) (P) (S) (E)

Allium sativum ophioscordon 'Duganskij'

P Z3-8 (F)

(Persian Star garlic; Samarkand garlic) Also known as Persian Star or Samarkand. It was found in a market in Samarkand, a key stop on the ancient Silk Road in Uzbekistan. This is a beautiful marbled purple stripe variety with vivid colors and easy to peel cloves. The flavor is very pleasant with a mild spicy zing. Good, reliable, all-purpose variety that produces year-after-year.

R2786-360 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

GEM

Allium sativum ophioscordon 'Gem'
A beautiful hardneck garlic. Hard to find! White porcelain skin and purple-red cloves. Cloves are large: 5-7 per bulb.

R2786-500 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

GERMAN MENNONITE

Allium sativum ophioscordon 'German Mennonite'
This is a very nice porcelain variety that originally came from a German Mennonite colony in Ontario. In recent years it has become the garlic of choice for several commercial growers near Toronto. Good size bulbs with 4-6 cloves per bulb.

R2786-550 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50



Red Krandasger Garlic

New! KRANDASGER RED

Allium sativum ophioscordon 'Krandasger Red'
A very attractive marbled purple stripe variety similar to Purple Glazer and Metechi. Farmers like it because it reaches a good marketable size more reliably. The shape is round and uniform, and like other purple stripe varieties, the skins are white with purple stripes and brown markings. The flavour is medium hot and spicy when raw and more mellow when cooked. Keeps very well. 6-8 cloves per bulb.

R2786-740 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

MAJESTIC

Allium sativum ophioscordon 'Majestic'
One of the best mid-season porcelain garlics available. Garlic lovers unabashedly describe it in majestic terms as having "nobility, grace and sublime character." It was developed from a chance mutation of a rocambole garlic by Ontario garlic grower Paul Pospisil, and was first introduced to the market in 2002. Bulbs reliably reach 5-7cm in diameter, even after cold winters, with 4-6 cloves per bulb. Good mild flavour.

R2786-800 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

MESSIDOR

Allium sativum ophioscordon 'Messidor'
An exceptionally nice new white garlic from the Drome area of France. Cold hardy, early, and highly productive. Large cream-coloured cloves. Produces 10-15 cloves per bulb.

R2786-940 Bulbs (Sept-Oct shipment): 250g/\$25, 1kg/\$56

MUSIC

Allium sativum ophioscordon 'Music'
Best yielding strain, preferred by commercial growers in Ontario. Produces up to 15 tonnes per hectare (13,500 lbs/acre). White skin with a pink blush. Cloves are large and easy to separate and peel. Has a medium hot flavour. Will store up to 9 months. 8-10 cloves per bulb.

R2787 Bulbs (Sept-Oct shipment): 250g/\$21, 1kg/\$44, 10kg/\$360

PURPLE GLAZER

Allium sativum ophioscordon 'Purple Glazer'
This is one beautiful garlic, with brilliant shiny purple and silver wrappers. The flavour is strong, but not hot, and has no aftertaste. Kitchen tests prove that this variety is one of the best for baking, with a fine texture not unlike cooked carrots. Cloves are easy to peel. Originally from the Republic of Georgia.

R2787-450 Bulbs (Sept-Oct shipment): 250g/\$23, 1kg/\$50

SIBERIAN

Allium sativum ophioscordon
Very high in alliin, the compound that is responsible for garlic's antibiotic effect and for its ability to control cholesterol and high blood pressure. Medium to strong flavour; light pink coloured skin. Cloves are large. Excellent performer in northern climates. 8-10 cloves per bulb.

R2788 Bulbs (Sept-Oct shipment): 250g/\$21, 1kg/\$44, 10kg/\$360

UZBEKISTAN

Allium sativum ophioscordon 'Uzbekistan'
Comes from stock introduced by German immigrants to Washington State. But we believe the original stock came from the central Asian republic of the same name. It is a glazed purple stripe variety with very colourful bulbs and large cloves.

R2788-500 Bulbs (Sept-Oct shipment): 250g/\$25, 1kg/\$56

YUGOSLAVIAN RED

Allium sativum ophioscordon 'Yugoslavian Red'
This is an outstanding porcelain hardneck garlic originally from Matt Brunner, a garlic collector on Salt Spring Island in British Columbia. In milder areas it is a reliable producer of large bulbs with light pink-purple wrappers and large cloves. In Ontario it is not quite as robust as other local favourites such as Music, but its potent hot taste more than makes up for smaller yields. Very popular.

R2788-750 Bulbs: 250g/\$25, 1kg/\$56

Other Garlic

ELEPHANT GARLIC

Allium ampeloprasum
This is not a true garlic — botanically it is closer to leeks than to garlic — yet it produces huge bulbs, sometimes exceeding one pound each. Single cloves can be as big as entire bulbs of true garlics. Flavour is sweeter and much milder than regular garlic. Can be steamed as a vegetable dish with cream sauce, or sliced raw into salads. Large cloves are much simpler to peel and prepare than regular garlic. There are 4-6 cloves per bulb.

R2785 Bulbs (Sept-Oct shipment): 250g/\$25, 1kg/\$56

GARLIC, SOCIETY

Tulbaghia violacea
(Sweet garlic; Pink agapanthus) A more civil version of garlic can hardly be imagined: its lavender-pink flowers are sweet-scented like hyacinths, and are showy, but you don't get bad breath when you eat it. The garlicky rhizomes, leaves and flowers can be used like garlic and chives. Flowers all summer. Prefers full sun and sandy, well-drained soil. Ht. 30-40cm/12-16".

P2790 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Tibetan Gentian

GENTIAN, TIBETAN

Gentiana tibetica
Rare medicinal species from Tibet. Used in Chinese medicine to expel wind dampness, damp heat, jaundice, for constipation, and as a tonic. Forms large rosettes, 60cm/2ft. high; leaves 30cm/12" long; flowers are tubular, greenish-white, to 3cm/1" long. Unlike other medicinal gentians, this is easier to raise from seed.

S2828 Seeds: Pkt/\$4.50

Geranium

(*Pelargonium*)

ALMOND

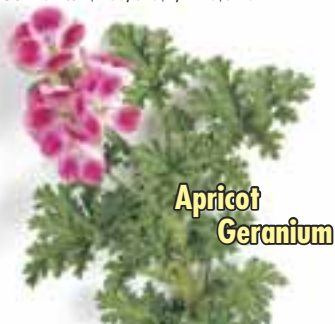
Pelargonium quercifolium 'Pretty Polly' P Z10-11+
Pungent, resinous, nutty odour, possibly reminiscent of almonds. Very showy pink flowers.

P2840-030 Plants: \$4.95, 3+/\$4, 12+/\$3.20

APPLE

Pelargonium odoratissimum P Z10-11+
Charming Victorian favourite. Delightful apple and cinnamon fragrance.

P2840-050 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Apricot Geranium

APRICOT

Pelargonium scabrum 'M. Ninon' P Z10-11+
Strong scent, possibly of apricots. Lovely deep rose flowers; dark glossy leaves.

P2840-070 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Attar of Roses Geranium

ATTAR OF ROSES

Pelargonium capitatum 'Attar of Roses' P Z10-11+
Vigorous growing plant with deeply cut leaves. Excellent rose scent: useful perfume substitute for attar of roses.

P2840-080 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Charity Geranium

CHARITY

Pelargonium 'Charity' P Z10-11+
Very attractive! Leaves are two-toned with variegations of green and lime-green. Excellent pot plant with a robust, dense uniform habit. Delicate rose scent.

P2840-180 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CINNAMON

Pelargonium crispum 'Cinnamon' P Z10-11+
Small crisped leaves have a lemon scent with a hint of cinnamon. Compact growth habit.

P2840-200 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CITROSA

Pelargonium 'Citrosa' P Z10-11+
Claimed to keep mosquitoes, black flies and other biting insects at bay. Studies suggest that it is not effective. But even if it has no effect, its refreshing citronella scent and ease of culture make it worthwhile.

P2840-205 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Clorinda Geranium

CLORINDA

Pelargonium 'Clorinda' P Z10-11+
Pleasant scent with a hint of eucalyptus. Large showy rose-pink flowers flushed with lilac.

P2840-210 Plants: \$4.95, 3+/\$4, 12+/\$3.20

COCONUT

Pelargonium grossularioides P Z10-11+
Coconut scent. Self-sows readily. Small dark leaves; compact somewhat trailing habit. Ideal for hanging baskets.

P2840-220 Plants: \$4.95, 3+/\$4, 12+/\$3.20

FERNLEAF

Pelargonium denticulatum 'Filicifolium' P Z10-11+
Finely cut leaves resemble fern leaves. Pine scented.

P2840-260 Plants: \$4.95, 3+/\$4, 12+/\$3.20

FINGERBOWL LEMON

Pelargonium crispum 'Minor' P Z10-11+
Strong lemon scent. Tiny crisped leaves. Stiff upright habit. A fresh sprig added to the after dinner fingerbowl added an elegant touch to the Victorian dinner table.

P2840-290 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Frensham Lemon Geranium

FRENSHAM LEMON

Pelargonium 'Frensham' P Z10-11+
Absolutely delightful lemon scent. Neat compact growth habit.

P2840-300 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GINGER

Pelargonium 'Toronto' P Z10-11+
Faint ginger scent. Showy rose-lavender flowers.

P2840-340 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GRAY LADY PLYMOUTH

Pelargonium x asperum 'Gray Lady Plymouth' P Z10-11+
Good rose scent. Deeply cut grey-green leaves with narrow white border.

P2840-390 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Lemon Sculpture™ Geranium



LEMON SCULPTURE™

Pelargonium 'Bontrosai'

P Z10-11+

Like a living sculpture! A very different scented geranium with a pruned and sculpted look like bonsai. The tightly curled leaves and sparse, deliberate branching gives it a neat formal look. It keeps its sculpted look even in lower light, so it works well indoors on windowsills. Its refreshing citrus scent will make it hard to keep your hands off it! Ht. 90cm/3ft.

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#PP15918). Lemon Sculpture is a trademark of Richters; all rights reserved.

P2840-440 Plants: \$8.95

LIME

Pelargonium x nervosum

Excellent lime scent. Small deep green leaves.

P2840-450 Plants: \$4.95, 3+/\$4, 12+/\$3.20

MABEL GREY

Pelargonium citronellum 'Mabel Grey'

Outstanding lemon-scented variety with dark green, sharply lobed leaves and showy flowers.

P2840-460 Plants: \$4.95, 3+/\$4, 12+/\$3.20

MRS. TAYLOR

Pelargonium 'Mrs. Taylor'

Flowers bright red; very showy; pungent, crinkled leaves.

P2840-485 Plants: \$4.95, 3+/\$4, 12+/\$3.20

NUTMEG

Pelargonium x fragrans

Small dainty plant with a spicy nutmeg scent.

P2840-520 Plants: \$4.95, 3+/\$4, 12+/\$3.20

OLD SPICE

Pelargonium x fragrans 'Logeei'

Spicy like nutmeg geranium, but with a hint of apple.

P2840-560 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Orange Fizz Geranium

ORANGE FIZZ

Pelargonium 'Orange Fizz'

P Z10-11+

Strong orange-lemon scent is addictive. A fun plant for containers, window boxes, and as a border plant in the scented garden. Light pink and mauve bicolor flowers. Ht. 45-60cm/18-24in.

P2840-565 Plants: \$6.95, 3+/\$5.60

PEACOCK

Pelargonium 'Peacock'

P Z10-11+

Delicious, intense rose fragrance. Foliage is flecked with white markings. Small lavender flowers. Vigorous growth habit. Ht. to 50cm/20in.

P2840-570 Plants: \$4.95, 3+/\$4, 12+/\$3.20

PEPPERMINT

Pelargonium tomentosum

P Z10-11+

Refreshing mint scent. Large velvety leaves. Its trailing habit makes it ideal for hanging baskets.

P2840-580 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Prince of Orange Geranium

PRINCE OF ORANGE

Pelargonium citrosum

P Z10-11+

Orange-scented. Compact, showy plant.

P2840-620 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ROBER'S LEMON-ROSE

Pelargonium graveolens 'Rober's Lemon-Rose'

P Z10-11+

Deeply scalloped leaves resemble tomato leaves. Sweet lemon-rose scent; vigorous growth habit.

P2840-690 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ROSE

Pelargonium x asperum

P Z10-11+

The traditional rose-scented geranium with deeply cut leaves.

P2840-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20

STRAWBERRY

Pelargonium x scarboroviae

P Z10-11+

(Countess of Scarborough geranium) Small crisped leaves are pleasantly strawberry-scented. Tends to stay compact in size.

P2840-850 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Variegated Nutmeg Geranium

VARIEGATED NUTMEG

Pelargonium x fragrans 'Variegated'

P Z10-11+

Attractive variegated version of nutmeg geranium with the same strong nutmeg scent.

P2840-910 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GERMANDER

Teucrium chamaedrys

P Z5-9 **S F E**

(Wall germander) Showy edging plant with glossy dark green leaves and rosy flowers. Infusion quiets upset stomach and promotes appetite. Once used in the treatment of gout.

S2858 Seeds: Pkt/\$4, 1g/\$19, 10g/\$140

P2858 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

GIANT-HYSSOP, APACHE SUNSET

Agastache rupestris 'Apache Sunset' P Z5-8 S F E
(Licorice mint; Threadleaf giant-hyssop) This native of the cool mountains of Arizona and New Mexico throws up masses of salmon or burnt orange flowers in summer. It has a strong minty-licorice-root beer aroma and can be used much like other agastaches to make delicious teas. Ht. 45-60cm/18-24".

52861-570 Seeds: Pkt/\$3.50

GIANT-HYSSOP, NETTLELEAF

Agastache urticifolia P Z5-10 S F E
(Horsemint; Horse nettle) Showy native of the western prairies from British Columbia down to Colorado and California. The nectar-rich rose-pink flowers are a magnet for bees and butterflies. The aromatic leaves can be added to salads and cooked foods. The aboriginal people used a tea made from the leaves for colds, fevers and stomach pains, and for feverish babies they placed leaves in the baby blankets so babies breathed in the aromatic oils. Ht. 1m/3ft.

52861-500 Seeds: Pkt/\$4, 1g/\$15, 10g/\$90



New Mexico
Giant-Hyssop

GIANT-HYSSOP, NEW MEXICO

Agastache pallidiflora ssp. *neomexicana* P Z7-10 S F E
(Rose mint) Attractive native plant of New Mexico and parts of Texas. Also known as rose mint, its showy rose-pink flower spikes attract bees and butterflies. If the flowers are dead-headed frequently, they will keep coming throughout the season. The Navajo used the plant as a ceremonial medicine and for fever, coughs, and skin problems. Ht. 45-60cm/18-24".

52861-520 Seeds: Pkt/\$4.50

GIANT-HYSSOP, PURPLE

Agastache scrophulariifolia P Z4-6 S F E
(Prairie hyssop) Attractive anise-scented flower native to the northeastern U.S. and Ontario. A heavy nectar-producer, the flowers attract honey bees, wild bees, as well as goldfinches and hummingbirds. The Meskwaki, a First nations people of the Great Lakes area used it as a diuretic. Ht. 90-120cm/3-4ft.

52861-550 Seeds: Pkt/\$3.50



Yellow
Giant-Hyssop

GIANT-HYSSOP, YELLOW

Agastache nepetoides P Z2-8 S F E
(Catnip giant-hyssop) This is a very attractive tall native plant of Missouri. Starting in summer and lasting well up to first frost, it throws up long green spikes dotted with pale yellow or off-white flowers. Bees and butterflies are attracted to the abundant nectar. Although the plant is not scented like other species, it has been used medicinally. The Iroquois people used it as a wash for poison ivy.

52861-590 Seeds: Pkt/\$3.50



Ginger Bush

GINGER BUSH

Tetradenia riparia P Z9-11+

(Iboza; Nutmeg bush) Popular remedy throughout southern Africa for colds, flu, fever, and sore throat. It is antibacterial, antifungal and antiviral. Also used for cavities, skin disease, and scabies. The whole plant is highly aromatic in a medicinal way. The scent, some say, is reminiscent of sage and ginger. Just inhaling the aroma of the freshly crushed leaves helps to relieve migraine. Masses of showy white or pinkish plume-like flowers make an impressive show in early fall. Surprisingly easy to grow in containers.

P3482 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GINGER, CARDAMOM

Alpinia nutans P Z8-11

(False cardamom; Dwarf cardamom; Shellflower) Often sold as true cardamom but it is actually a type of ginger with a cardamom scent. While it sometimes flowers and sets seeds in warm tropical conditions, the seeds are not edible like true cardamom. However the strongly scented glossy leaves are edible and can be used like a wrap to flavour food. Try them in tea and in sweet desserts such as rice pudding. The porcelain-like flowers are also edible. The rhizomes and leaves are used in traditional medicine for high blood pressure, ulcers, fungal infections, flu and headache, and as a diuretic. Makes a nice easy-to-grow indoor foliage plant. Ht. 60-150cm (2-5ft).

P2862-200 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50



Shell Ginger

GINGER, SHELL

Alpinia zerumbet 'Variegata' P Z8-11

(Variegated ginger; Pink porcelain lily) With its large ornamental green and gold leaves this is a popular ornamental house plant and an outdoor landscaping plant in warm areas. It is widely used in East Asia for food and medicine. Rhizomes are used as a substitute for galangal and ginger. In China and Japan the leaves are used to wrap rice or fish for cooking. In Brazil it is one of the most important folk medicines for rheumatism, heart disease, hypertension, and as a diuretic. In the Philippines the leaves are used for fevers and the rhizomes are used to treat dyspepsia, flatulence, vomiting, diarrhea and malaria. The rhizomes have sedative properties owing to the same kavalactones found in kava. Called "shell ginger" because the flowers appearing in the second year resemble sea shells. Requires bright light and humid, moist conditions.

P2862-270 Plants: \$6.95, 3+/\$5.60

GINGER, WILD

Asarum canadense

 **P Z3-8**

(Indian ginger) North American woodland native with aromatic roots like true ginger. Traditional Native American remedy for indigestion, coughs, colds, fever, sore throat, flatulence, and nervous conditions.

CAUTION: Wild ginger roots have low levels of aristolochic acids, which Health Canada and the FDA warn should not be ingested. While the focus of the warnings has been on Chinese herbs with much higher levels of these compounds, caution is warranted until more is known about the safety of wild ginger.

P2862-300 Plants (Apr-June shipment): \$6.95, 3+/\$5.60, 12+/\$4.50



Ginkgo

GINKGO

Ginkgo biloba

 **P Z5-9**  

(Maidenhair tree) An extremely hardy tree, resistant to pollution and disease. Very attractive fan-shaped foliage. In the West, the male tree is preferred because the female produces a foul-smelling fruit. However, the fruit contains a delicious nut which is a delicacy in China roasted or added to rice dishes. Medicinally, ginkgo is rapidly gaining a reputation as a brain tonic. According to recent European studies, the leaf extract increases blood supply to the brain and improves neural functioning and memory. Seeds take 3 to 12 months to germinate.

S2862-500 Seeds (Sept-Apr shipment): Pkt/\$7.25, 100g/\$28, 1kg/\$190

P2862-500 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50



American Ginseng

Ginseng

(*Panax*, *Eleutherococcus*)

AMERICAN GINSENG

Panax quinquefolius

P Z4-8  

Native of cool hardwood forests throughout eastern and central North America. Extinct in many areas, it is now cultivated to a large extent. Seeds are planted in hardwood forests or under shade in the fall. The seedlings appear in spring, and in 3 to 6 years they mature. We offer high quality stratified seeds. Detailed growing instructions included.

S2863 Seeds (Sept-Dec shipment): Pkt/\$10, 10g/\$20, 100g/\$130, 1kg/\$900

SIBERIAN GINSENG

Eleutherococcus senticosus

P Z3-8   

(Eleuthero ginseng; Ci wu jia) Possesses powerful tonic and restorative properties. Relieves the effects of mental and physical stress. Its action differs from that of true ginseng as it does not cause insomnia in large doses. Very hardy shrub; requires part shade. Germination takes 1-2 years.

S2864 Seeds: Pkt/\$10, 10g/\$14, 100g/\$99, 1kg/\$690

P2864 Plants: \$15

GINSENG, JAVA

Talinum paniculatum

P Z9-11+   

Easy-to-grow alternative to true ginseng! (Jewels of Opar; Fameflower; Tu ren shen) This is an important medicinal herb and food plant in South America, Africa and Asia. It is also a popular ornamental with succulent leaves and wispy sprays of pink flowers. In Brazil it is widely used like ginseng for physical weakness. In Indonesia the roots are considered a good alternative to the much more expensive (and harder to grow) Korean ginseng, and are widely used as an aphrodisiac. Animal studies have confirmed the roots increase libido and strengthen male orgasm. The mucilaginous leaves are popular in soups and salads throughout the tropics.

S2864-800 Seeds: Pkt/\$4.50

GOJIBERRY

Lycium barbarum

P Z3-9   

(Wolfberry; Gou-gi-zi; Matrimony vine) Chinese culinary and medicinal herb used to strengthen muscles and bone, liver function, and to improve vision. Increases white blood cell counts, and stimulates tissue development. Young leaves and shoots are popular as cooked greens in China. Sweet berries are eaten raw as a snack or added to soups and stews.

S6925 Seeds: Pkt/\$4, 10g/\$16, 100g/\$110

P6925 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$24



Black Gojiberry

GOJIBERRY, BLACK

Lycium ruthenicum

P Z4-7   

A promising superfood! (Tibetan gojiberry; Hei guo gou qi) Black berries are very rich in oligomeric proanthocyanidins (OPCs), a class of compounds that gives red wine, grape seeds and blueberries their powerful antioxidant effects. Traditionally used to treat diabetes, anemia, heart disease, impotency, abnormal menstruation, menopause and problems of the liver and kidneys. Reduces cholesterol, helps regulate blood pressure, and improves circulation. Also improves vision problems and dizziness. The berries help prevent or slow the growth of cancer. Black gojiberry does well in dry, well-drained soils, and requires full sun. Ht. 25-100cm.

S2905 Seeds: Pkt/\$7.25, 10g/\$50, 100g/\$350

P2905 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24

GOLDENROD, EUROPEAN

Solidago virgaurea

P Z3-8   

Has excellent diuretic and antiphlogistic effects. Used for bladder and kidney stones and inflammation. An infusion of the flowering tops is used, often in conjunction with echinacea for urinary problems, upper respiratory infections, mucus congestion and postnasal drip. Ht. 75cm/30in.

S2908 Seeds: Pkt/\$4, 10g/\$25

GOLDENSEAL

Hydrastis canadensis

P Z4-8 F D

This North American woodland plant contains the alkaloid hydrastine which acts on the mucous membranes to alleviate catarrhal conditions such as sore gums, gastritis, nasal congestion, etc. Propagation by rootlets is more reliable than propagation by seed. Roots yield a beautiful yellow dye.

Live plants cannot be shipped to the U.S. per CITES rules.

P2920 Plants (Apr-May shipment) (Can only): \$8.95, 3+/\$7.20, 12+/\$5.80



Good King Henry

GOOD KING HENRY

Chenopodium bonus-henricus

P Z3-9 S F E

(Mercury) Wholesome potherb rich in iron and vitamin C. In use since Neolithic times. Shoots gathered when 12cm (5in) high are peeled, boiled and eaten like asparagus. Young tender leaves are eaten cooked or in salads like spinach. Flower spikes can be steamed and buttered like broccoli. Remedy for indigestion, constipation. Thrives in full or partial sun. Ht. 60cm (2ft).

S2950 Seeds: Pkt/\$3, 10g/\$80

P2950 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$15



Gotu Kola

GOTU KOLA

Centella asiatica

P Z8-10

(Pennywort) Small creeping tropical plant used for centuries in India. Believed to have remarkable rejuvenating properties. One or two freshly chopped leaves daily in salads or liquefied in juice are said to be sufficient to revitalize the cells of the brain and to retard the aging process. Research shows that it is valuable for the treatment of burns, wounds, scars and varicose veins because it stimulates the development of connective tissue. Of easy culture in humus-rich soil where humidity is high. May be necessary to enclose plants in plastic bags during dry winter months. Avoid direct sunlight.

P3000 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

GRAVELROOT: See JOE-PYE WEED

GREEK MOUNTAIN TEA

Sideritis syriaca

P Z8-10 S X M

(Ironwort) Traditional tea consumed throughout Greece to treat the common cold. Sold in dried form in most Greek markets worldwide. *Sideritis* species have proven anti-inflammatory properties; research into anti-arthritis and antimicrobial uses is ongoing. In the wild, plants thrive on sunny, rocky, dry hillsides growing to 50cm/20" with attractive grey-woolly leaves.

S3010 Seeds: Pkt/\$5.25, 1g/\$50

P3010 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GROMWELL, CHINESE

Lithospermum erythrorhizon

P Z5-9 S F E

Incredible healing plant from China! (Zicao; Purple gromwell; Redroot gromwell) Chinese herb used for thousands of years for wounds, burns, frostbite, eczema, hemorrhoids, and even tumours and cancer. The secret of its healing power are the purple pigments found in the dark red roots. Those pigments happen to belong to a class of compounds called shikonins which have a vast range of effects on the body. Shikonins explain why the roots have powerful anti-inflammatory and wound healing properties. They also protect cartilage in rheumatoid arthritis and help to prevent diabetes and obesity by regulating the way the body processes sugar. Shikonins play key roles in the plant's antiviral, antimicrobial, and antitumour effects. Extracts from this plant are now used in commercial skin creams. Easy to grow in well-drained soil in sun or part shade. Ht. 45-90cm/18-36"

S3016 Seeds: Pkt/\$3.50, 1g/\$7



Gumplant

GUMPLANT

Grindelia robusta

P Z7-10 S F E

(Gumweed; Rosinweed) Effective for colds, coughs, nasal congestion and bronchial irritations. Also used as a healing wash for burns, rashes, blisters and poison ivy. Attractive yellow flowers.

S3050 Seeds: Pkt/\$4, 1g/\$15, 10g/\$105, 100g/\$795

GYNURA

Gynura procumbens

P Z10-11+

(Leaves of the Gods; Mollucan spinach; Sambung nyawa; Daun dewa) Traditional Asian herb for diabetes. Unlike antidiabetic drugs, it lowers blood glucose only in those suffering from diabetes, not those with normal glucose. And it protects the kidneys and retinas from damage caused by high blood sugar. It also lowers blood cholesterol and triglycerides, lowers blood pressure, and has anti-inflammatory and antiviral activity. The edible young leaves are eaten fresh in salads or stir-fried with garlic and oyster sauce. *Gynura* will climb if you let it but is happy kept as a small bush with regular pruning.

P3090 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24



Heartsease

HEARTSEASE

Viola tricolor

B Z4-9 S F E

(Johnny jump up) Old English favourite with charming small purple, lavender and yellow flowers. Was once a potent symbol of romance for courting couples. Used for dropsy, respiratory catarrh and skin eruptions. Flowers are edible.

S3140 Seeds: Pkt/\$2.75, 10g/\$12, 100g/\$85

HELIOTROPE

Heliotropium arborescens

P Z11+

Sweet scented violet-blue flowers are favourites as pot plants or outdoor bedding plants. Cultivated for perfumery and for scenting bathing waters. Has been used for "clergyman's sore throat."

\$3144 Seeds: Pkt/\$4.50, 1g/\$10, 10g/\$70

\$3144 Plants: \$4.95, 3+/\$4, 12+/\$3.20

HOLLYHOCK

Alcea rosea

A/P Z2-9

As a gargle a tea of the flowers helps soothe oral inflammations. Tall majestic flower spikes of red, pink, purple or yellow.

\$3274 Seeds: Pkt/\$3, 10g/\$13, 100g/\$95

\$3274 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Black
Hollyhock

HOLLYHOCK, BLACK

Alcea rosea nigra

P Z2-9

Distinguished from the previous by its silky black-purple flowers which, when added to herb teas, give a lovely, deep rose-purple colour. Like other members of the mallow family, it helps soothe irritated mucous membranes.

\$3278 Seeds: Pkt/\$3.50, 10g/\$15, 100g/\$100

\$3278 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

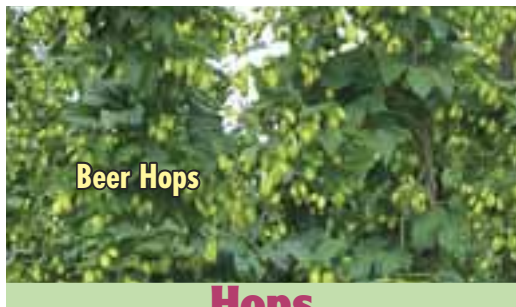
HOLLYHOCK, DOUBLE

Alcea rosea 'Double'

A/P Z2-9

Soothing herb for irritations on skin and in mouth. Tall majestic flower spikes of double red, pink, purple or yellow blossoms.

\$3275 Seeds: Pkt/\$3.50, 10g/\$10, 100g/\$70



Beer Hops

Hops (*Humulus*)

Beer Hops (*Humulus lupulus*)

These are the classic beer making hops used by European and North American brewers. The bitterness is rated by the alpha acid content — the higher the alpha acid, the more bitter the hop. All plants are female.

CASCADE HOPS

Humulus lupulus 'Cascade'

(Not to US) P Z3-8

Excellent all-purpose strain used in North American beers. Alpha acid 4.5-7%.

\$3301-100 Plants (Apr-June shipment): \$8.95, 3+/\$7.20

CENTENNIAL HOPS

Humulus lupulus 'Centennial'

(Not to US) P Z3-8

Sometimes called "Super Cascade" because it has nearly double the alpha acid content of Cascade. Alpha acid 9.5-11.5%.

\$3301-110 Plants (Apr-June shipment): \$10, 3+/\$8

CHINOOK HOPS

Humulus lupulus 'Chinook'

(Not to US) P Z3-8

Super alpha hybrid variety with high vigour and yield. Popular with both craft and major brewers. Alpha acid 10-14%.

\$3301-120 Plants (Apr-June shipment): \$10, 3+/\$8

COLUMBUS HOPS

Humulus lupulus 'Columbus'

(Not to US) P Z3-8

A triploid hybrid variety with very high alpha acids and oils. Alpha acid 14-17%.

\$3301-130 Plants (Apr-June shipment): \$10, 3+/\$8

FUGGLE HOPS

Humulus lupulus 'Fuggle H'

(Not to US) P Z3-8

American version of the classic English variety introduced by Richard Fuggle in 1875. Alpha acid 4-5.5%.

\$3301-190 Plants (Apr-June shipment): \$10, 3+/\$8

GLACIER HOPS

Humulus lupulus 'Glacier'

(Not to US) P Z3-8

Variety used in American style pale ales. It was developed from an old French variety called 'Elsasser' and was released in 2000 by Washington State University. Its well balanced bittering properties and pleasant aroma profile make it an excellent dual purpose hops. Alpha acid 5.5%.

\$3301-195 Plants (Apr-June shipment): \$10, 3+/\$8

HALLERTAUER HOPS

Humulus lupulus 'Hallertauer'

(Not to US) P Z3-8

Pleasant aroma. Used in German lagers. Alpha acid 3-5.5%.

\$3301-200 Plants (Apr-June shipment): \$8.95, 3+/\$7.20

KENT GOLDING HOPS

Humulus lupulus 'Kent Golding'

(Not to US) P Z3-8

A premium English aroma hop grown since the 1790s. Alpha acid 4-5.5%.

\$3301-240 Plants (Apr-June shipment): \$10, 3+/\$8



Magnum
Hops

MAGNUM HOPS

Humulus lupulus 'Magnum'

(Not to US) P Z3-8

German hybrid grown for extract or bittering use. Very clean aroma; used in many beers. Alpha acid 13-15%.

\$3301-280 Plants (Apr-June shipment): \$10, 3+/\$8

MOUNT HOOD HOPS

Humulus lupulus 'Mount Hood'

(Not to US) P Z3-8

Medium bitterness, mild flavour, good aroma; for Bavarian-style lagers. Alpha acid 3-8%.

\$3301-300 Plants (Apr-June shipment): \$8.95, 3+/\$7.20

NORTHERN BREWER HOPS (Not to US)

Humulus lupulus 'Northern Brewer'

P Z3-8

Good versatile all-purpose hop with high oils. Popular with eastern USA craft brewers for full-bodied ales. Alpha acid 7-9%.

\$3301-380 Plants (Apr-June shipment): \$10, 3+/\$8

NUGGET HOPS

Humulus lupulus 'Nugget'

(Not to US) P Z3-8

Strong bitter hop for stouts and ales. Alpha acid 12-14%.

\$3301-400 Plants (Apr-June shipment): \$8.95, 3+/\$7.20

PACIFIC GEM HOPS

Humulus lupulus 'Pacific Gem'

(Not to US) P Z3-8

A super alpha variety from New Zealand with a fruity, blackberry aroma. Alpha acid 11.5-13.5%.

\$3301-420 Plants (Apr-June shipment): \$10, 3+/\$8



Perle Hops

PERLE HOPS (Not to US)

Humulus lupulus 'Perle' P Z3-8

A well rounded dual purpose hop, popular with craft and microbrewers. Alpha acid 7-9.5%.

P3301-430 Plants (Apr-June shipment): \$10, 3+/\$8

SAAZ HOPS (Not to US)

Humulus lupulus 'Saaz' P Z3-8

One of the "noble" hops of European brewing, it originated near the town of Saaz in the Czech Republic. It is one of the most popular varieties in the world prized for its classic herbal, earthy, and spicy aroma. Over 80% of Czech farmers grow this type. Has an alpha acid content between 3% and 5%.

P3301-445 Plants (Apr-June shipment): \$10, 3+/\$8

SANTIAM HOPS (Not to US)

Humulus lupulus 'Santiam' P Z3-8

Terrific all-purpose aroma hop that adds a spicy, sweet fruity character to beers. Alpha acid 5-7.9%.

P3301-450 Plants (Apr-June shipment): \$10, 3+/\$8

SORACHI ACE HOPS (Not to US)

Humulus lupulus 'Sorachi Ace' P Z3-8

A high alpha variety developed by Sapporo Brewers in 1984. It has a unique hint of lemon and dill combined with excellent bittering characteristics. It is considered a dual purpose hops often used for pale ales. It is a cross between 'Brewers Gold', 'Saazer OP', and 'Beikei No. 2'. Alpha acid 10-16%.

P3301-455 Plants (Apr-June shipment): \$10, 3+/\$8

SOUTHERN CROSS HOPS (Not to US)

Humulus lupulus 'Southern Cross' P Z3-8

A delicious high alpha variety with a spicy, lemon taste and slight hint of pine. The flavour is very "European", and so this variety is used in lagers, pilseners, bitters, red ales, strong bocks and strong stouts. It is a triploid cross between 'Smoothcone' and '53-5-61M' developed by the Rivaka Hop Research Centre in New Zealand and released in 1994. Alpha acid 11-14%.

P3301-457 Plants (Apr-June shipment): \$10, 3+/\$8

SPALTER SELECT (Not to US)

Humulus lupulus 'Spalter Select' P Z3-8

(Spalter Select hops) Superior triploid variety developed at the Hüll Hop Research Center in Bavaria from a cross between Spalt and Hallertau Mittelfrüh. Used mainly as an aroma hop, with a floral, fruity, hoppy aroma, with an extra kick of spice. Used for premium German lagers, ales, and pilseners. Alpha acid is 3.5 to 5.5%.

P3301-458 Plants (Apr-June shipment): \$10, 3+/\$8

STERLING HOPS (Not to US)

Humulus lupulus 'Sterling' P Z3-8

A dual purpose Saazer-type hop with a stronger floral, citrusy aroma, high alpha oils (6-9%) and bitterness.

P3301-460 Plants (Apr-June shipment): \$10, 3+/\$8

WILLAMETTE HOPS (Not to US)

Humulus lupulus 'Willamette' P Z3-8

A popular hop for aroma and flavouring use of the English Fuggle type. Has a pleasant, mild fruity aroma with hints of spice and earthy woods. Alpha acid 4-6%.

P3301-500 Plants (Apr-June shipment): \$8.95, 3+/\$7.20

HOREHOUND

Marrubium vulgare P Z4-8 E

Horehound candies were once the standard remedy for coughs in Europe and North America. An infusion of the herb is good for weak stomach, lack of appetite and persistent bronchitis.

S3340 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$50, 1kg/\$360

P3340 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

HORSERADISH

Armoracia rusticana P Z3-10

Widely known condiment plant. Fleshy roots are grated for use as a pungent relish or appetizer with fish or meats.

P3360 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Navajo Sunset Hummingbird Mint

HUMMINGBIRD MINT, NAVAJO SUNSET

Agastache aurantiaca 'Navajo Sunset' P Z7-10 E

This spectacular plant is sometimes called the "Jewel of the Sierra Madre." Indeed it is a jewel, throwing up masses of orange flowers 30-45cm (18-24") high in midsummer. Hummingbirds absolutely love this plant and will visit it before any other plants. The leaves have a strong minty fragrance and can be used to make tea.

S3385-100 Seeds: Pkt/\$4.50



Sunset Yellow Hummingbird Mint

HUMMINGBIRD MINT, SUNSET YELLOW

Agastache aurantiaca 'Sunset Yellow' P Z7-10 E

This is a very nice yellow-flowering form of the American native plant known as the "Jewel of the Sierra Madre." The flowers, appearing in midsummer, are magnets for hummingbirds feeding on the abundant nectar produced by the flowers. The leaves are quite minty and can be used to make tea. Ht. 30-45cm/18-24".

S3385-200 Seeds: Pkt/\$4.50

HYACINTH BEAN

Lablab purpureus A E

(Lablab) Most of this legume vine from India is edible: the pods, leaves, flowers, dried seeds, sprouted seeds and roots are all commonly eaten in India. Not only is it versatile in the kitchen, but its purple-veined leaves add ornamental interest in the garden. In traditional Chinese medicine it is used as a tonic and for the treatment of dysentery, bloody stools and 'summer heat disorders'.

Tall twining vine matures in about 75 days.

S3390 Seeds: Pkt/\$5.25, 100g/\$35, 1kg/\$250

HYSSOP

Hyssopus officinalis

P Z3-9 **S F** E

Decorative plant with a refreshing aromatic scent. Essential oil used in perfumery. Slightly bitter leaves are finely chopped on game meats, and in salads, soups and stews. Helps digestion. Showy blue flower spikes.

S3470 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$35, 1kg/\$230

P3470 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

INDIAN TOBACCO: See LOBELIA

INDIGO

Indigofera tinctoria

A **S M**

Ancient dyeplant valued for the clarity and fastness of the blue produced. Leaves contain indican which is oxidized by fermentation to produce the dye. The fresh herb gathered in flower is steeped in water for 12-48 hours with frequent stirring. The blue sediment that forms is the dye. Needs long growing season.

S3487 Seeds: Pkt/\$4, 10g/\$7, 100g/\$42, 1kg/\$300

INDIGO, WILD

Baptisia tinctoria

P Z4-9 **S F** M

Roots are a valuable antiseptic, useful for bacterial infections of the mouth, throat, respiratory system, and the skin.

S3491 Seeds: Pkt/\$4.50, 1g/\$15, 10g/\$105, 100g/\$795



Ironweed

IRONWEED

Vernonia noveboracensis

P Z5-9 **S F** D

(New York ironweed) Tall native flower with masses of deep purple fluffy flowers. It was used by the Cherokee for pain, toothache, ulcers, and hemorrhage. It is a bitter tonic and alternative useful for menstrual disorders and fevers. Prefers moist conditions but will tolerate a wide range of soils.

S3497 Seeds: Pkt/\$3.50



Jacob's Ladder

JACOB'S LADDER

Polemonium caeruleum

P Z3-9 **S F** E

Leaflets are assembled in ladder form. Showy bright blue flowers. Remedy for nervous complaints, headaches and heart palpitations.

S3503 Seeds: Pkt/\$3, 10g/\$20

P3503 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Java Tea

JAVA TEA

Orthosiphon aristatus

P Z9-11

Powerful medicine for the kidneys! (Cat's whiskers) This close cousin of basil is widely used in southeast Asia for urinary problems. It is used for kidney and bladder diseases such as rheumatism and gout. There has been considerable research interest in this plant's many properties, including its anti-inflammatory, diuretic, antihypertensive, antioxidant, anticancer, antimicrobial, and analgesic properties. Commercial interest in this remarkable plant is growing rapidly. It is also an attractive pot plant with striking white flowers that resemble cat whiskers.

P3507 Plants: \$6.95, 3+/\$5.60

JESSAMINE, NIGHT

Cestrum nocturnum

P Z11+

(Night-scented jasmine; Queen of the night) Shrub, spectacular for its intensely fragrant creamy-white flowers which emit waves of perfume at night. The fragrance has been described variously as "resembling orange blossoms" and "sweet musk mingled with heliotrope." Will bloom repeatedly through the year if well-fed and watered. Can reach 2.5m/8ft in height if not pruned back.

P3508 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24

JOE-PYE WEED

Eutrochium purpureum

P Z3-10 **S F** E

(Gravelroot) Tall graceful native of the eastern U.S. with showy rosy-purple flowers. Leaves emit a vanilla-scent when crushed. Native Americans and the pioneers used it to induce sweating to break fevers. Valuable remedy for kidney problems.

S3510 Seeds: Pkt/\$3.50, 1g/\$8, 10g/\$55

P3510 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Jojoba

JOJOBA

Simmondsia chinensis

P Z9-10 **S F** E

Oil squeezed from the nuts has proved so valuable it is called the new "liquid gold" of the West, and jojoba "prospectors" are banking on its future. Used in cosmetics and pharmaceutical products, and as a top-quality industrial lubricant that may replace sperm whale oil. Used in shampoos; believed to arrest hair loss and induce new growth.

S3512 Seeds: Pkt/\$4, 100g/\$39, 1kg/\$270

KENIKIR

Cosmos sulphureus

A **S E**

Indonesian favourite with a strong, pungent scent and flavour. Young shoots are eaten raw, mixed with coconut, or cooked with other greens. Bright yellow flowers. Height 75cm/30"

S3533 Seeds: Pkt/\$3, 100g/\$19

LADY'S MANTLE

Alchemilla vulgaris

P Z3-8 S F M

Beneficial for menstrual disorders, lack of appetite, rheumatism, stomach ailments, disorders of the muscles. Slow to germinate.

S3600 Seeds: Pkt/\$5.25, 1g/\$8, 10g/\$50, 100g/\$330

LAMB'S EAR, SILVER CARPET

Stachys byzantina 'Silver Carpet'

P Z4-9

So soft you can't resist stepping on it barefoot! Non-flowering form of lamb's ear, excellent as a low ground cover. Has soft, downy foliage that feels and looks like real lamb's ears. Because of its soft texture, its leaves were once used to bandage wounds. Prefers sunny, well-drained areas.

P3604 Plants: \$8.95



Woolly
Lamb's Ear

LAMB'S EAR, WOOLLY

Stachys byzantina

P Z4-9 S F E

Delightful soft, downy foliage resembles lamb's ears in feel and appearance. Silvery appearance is ideal for contrasting and grey gardens. Formerly used to bandage wounds.

S3605 Seeds: Pkt/\$3.50, 10g/\$25, 100g/\$165

P3605 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

LANTERN, CHINESE

Physalis alkekengi

P Z3-9 S F E

Edible berries are borne inside fascinating orange chinese lantern-like calyces. Berries are eaten raw, or in preserves and pies. Recommended for fevers and gout.

S3610 Seeds: Pkt/\$3, 10g/\$16

P3610 Plants: \$4.95, 3+/\$4, 12+/\$3.20



English
Lavender

Lavender

(*Lavandula*)

English Group (*L. angustifolia*)

The true lavender cherished for its delicate sweet aroma.

Note: when raised from seeds English lavenders (e.g. Hidcote, Munstead and Rosea) are not 100% true to type.

ENGLISH LAVENDER

Lavandula angustifolia

P Z5-8 S F M

Typical form. Compact, narrow foliage; flowers lavender-blue.

S3625 Seeds: Pkt/\$2.75, 10g/\$12, 100g/\$90

S3625-001 Seeds: Pkt/\$3.50, 10g/\$35, 100g/\$255

P3625 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15



Avignon Blue
Lavender

AVIGNON BLUE LAVENDER

Lavandula angustifolia 'PAS1213797'

P Z6-8 S F M

A fast growing, easy-to-grow lavender with masses of deep blue flowers. Earlier flowering than other English lavenders. Branching is tighter, stronger and more compact so plants stand up better. It can be grown as an annual because it is so early to bloom, needing only 10 hours of light to initiate flowering. Ht. 25-30cm/10-12".

S3625-400 Seeds: Pkt/\$7.25

BIG TIME BLUE LAVENDER

Lavandula angustifolia 'Armtipp01'

P Z5-8

Compact plants, big flowers! An exceptional early blooming compact lavender with masses of big purple flowers, up to 10cm/4in long.

P3625-500 Plants: \$6.95

FOLGATE LAVENDER

Lavandula angustifolia 'Folgate'

P Z5-9

Neat compact variety with dark mauve, mildly scented flowers on long spikes. Well suited for gardens and borders, and for cutting and drying. Developed at Folgate Nursery in England before 1924. Ht. 60cm/24".

P3626-600 Plants: \$6.95, 3+/\$5.60

HIDCOTE LAVENDER

Lavandula angustifolia 'Hidcote'

P Z4-8 S F D

Compact silver-grey; flowers deep purple. Ht. 30cm/12".

S3627 Seeds: Pkt/\$3.50, 1g/\$7, 10g/\$36, 100g/\$250

P3627 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15



Melissa
Lavender

MELISSA LAVENDER

Lavandula angustifolia 'Melissa'

P Z5-8

The sweetly fragrant flowers start out pure white but change to a delicate pink as they mature. Flowers are earlier and longer lasting than other pink varieties. In the Lavender Capital of America, Sequim, Washington, there are spectacular displays of Melissa in arching rows interplanted with purple lavender. For cooking, the flowers have a prized mild and delicate flavour. Ht. 70cm/28in.

P3627-970 Plants: \$6.95, 3+/\$5.60, **Plug pack:** 12/\$24

MUNSTEAD LAVENDER

Lavandula angustifolia 'Munstead'

P Z4-9 S F M

Flowers lavender-blue, bluer and earlier than most. Compact narrow green foliage. Ht. 30-45cm/12-18".

S3628 Seeds: Pkt/\$3, 10g/\$20, 100g/\$150

P3628 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

SACHET LAVENDER

Lavandula angustifolia 'Sachet'

P Z5-8

American variety from Oregon with a strong heady aroma and excellent oil quality. Large violet-mauve flowers are good for scented use in potpourri and sachets. Blooms in June and again August or September. Nice variety for culinary use. Ht. 70cm/28in.

P3630 Plants: \$6.95, 3+/\$5.60



Superblue Lavender

SUPERBLUE LAVENDER

Lavandula angustifolia 'SuperBlue'



P Z4-9

A terrific new lavender from Holland with deep violet-blue flowers and a nice compact mounding growth habit. As the flowers appear in midsummer the strong scent fills the air far and wide. Very hardy and adaptable to both dry and wetter growing conditions. Ht. 25-60cm/10-24".

Propagation prohibited. U.S. patent (USPP#24929).

P3631-300 Plants: \$6.95, 3+/\$5.60

TWICKEL PURPLE LAVENDER

Lavandula angustifolia 'Twickel Purple'



P Z5-9

Deep purple flowers with long stems and outstanding fragrance. Ideal for sachets, for cut-flowers, and for craft work. Needs regular pruning to maintain a neat rounded shape. Developed at Twickel Castle in Holland before 1922. Ht. 60cm/2ft.

P3632 Plants: \$4.95, 3+/\$4, Plug pack: 12/\$18

Lavandin Group (*L. x intermedia*)

Hybrids between English lavender *L. angustifolia* and spike lavender (*L. latifolia*). Includes the most important varieties for oil production.

EDELWEISS LAVENDER

Lavandula x intermedia 'Edelweiss'



P Z5-11

Intensely fragrant pure white-flowering lavender. Flowers all summer long.

P3636-280 Plants: \$6.95, 3+/\$5.60

FRED BOUTIN LAVENDER

Lavandula x intermedia 'Fred Boutin'



P Z5-9

Excellent for crafting! The flower stems are extra long and sturdy, making this one of the best lavenders for making lavender wands and other scented crafts. Flowers are deep lavender blue and strongly scented. Grows in dense silver-grey clumps and is excellent for informal hedges in sunny areas. Named after the California botanist who discovered this variety in the 1980s.

P3636-400 Plants: \$4.95, 3+/\$4, 12+/\$3.20, Plug pack: 12/\$18

GROS BLEU LAVENDER

Lavandula x intermedia 'Gros Bleu'



P Z6-9

Outstanding lavender from France and a stiff challenger to Grosso, the current favourite on lavender farms. Gros Bleu is quickly becoming a standard in the Pacific Northwest where it is widely grown for fresh and dried bouquets, potpourris, and for landscape use. Compared to Grosso, its flowers are deeper purple, and the aroma is sweeter. Flower spikes can be 10cm/4in long, on extra long stems making it an excellent choice for cutting. Ht. 1m/3ft.

P3636-480 Plants: \$6.95

GROSSO LAVENDER

Lavandula x intermedia 'Grosso'



P Z5-9

Commercially important strain from the Vaucluse district of France. Discovered in 1972 when the standard commercial strain was nearly destroyed by disease. Violet flowers, strong scent. Ht. 75cm/30".

P3636-500 Plants: \$4.95, 3+/\$4, Plug pack: 12/\$18



Phenomenal Lavender

PHENOMENAL LAVENDER

Lavandula x intermedia 'Niko'



P Z4-9

A truly phenomenal lavender! Has all the beauty and all the brawn of the best — in one plant! It has the beautiful long flower spikes typical of hybrid lavandins but also it is hardier than the toughest of the English varieties. This lavender outperformed all other varieties tested across Europe and the United States. It is tolerant to extreme heat and humidity, and is resistant to common root and foliar diseases. Its silvery foliage and uniform, mounding habit, makes it an excellent choice for ornamental use in gardens, for fragrance, for fresh and dried arrangements, and for oil production. It is also said to be deer-proof. Ht. 60-80cm/24-32" *Unauthorized propagation prohibited. Protected by U.S. patent (USPP#24,193). Phenomenal is a U.S. registered trademark.*

P3636-900 Plants: \$6.95, 3+/\$5.60

PROVENCE LAVENDER

Lavandula x intermedia



P Z5-9

(Dutch lavender; Lavandin) Vigorous, long-stemmed variety in cultivation since the 1950s and still widely grown for fresh bouquets, lavender wands, and potpourri. Very fragrant. Not considered suitable for commercial oil production. Ht. 1m/3ft.

P3637 Plants: \$4.95, 3+/\$4, Plug pack: 12/\$18

SEAL LAVENDER

Lavandula x intermedia 'Seal'



P Z5-9

Large bush with dark purple-violet flowers on long spikes. Old favourite for lavender bags. Its soft and pleasant aroma persists for at least two years. Was developed at the Seal Herb Farm before 1935 in England, where it was considered to be the best variety for commercial production, both for drying and for oil. Ht. 120cm/4ft.

P3637-450 Plants: \$6.95, 3+/\$5.60, Plug pack: 12/\$24

French Group (*L. stoechas*)

Despite the name these lavenders are not grown in France for the fragrance industry. Their oils possess a pronounced camphorous note which is undesirable. However they make stunning aromatic bedding plants with showy butterfly-like "wings" dancing atop the flowers. Confusingly also known as Spanish lavender.

FRENCH LAVENDER

Lavandula stoechas



P Z8-9 S X M

(Spanish lavender) The standard form with narrow, grey downy leaves and dark violet flowers. Camphor-rosemary scent.

P3635 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

KEW RED LAVENDER

Lavandula stoechas 'Kew Red'



P Z7-9

Show-stopping pink and cerise flowers on intensely fragrant grey-green plants. Excellent for bedding, edging and container use. Ht. 45-60cm/18-24".

P3635-500 Plants: \$4.95, 3+/\$4, Plug pack: 12/\$18

PURPLE RIBBON LAVENDER

Lavandula stoechas 'Purple Ribbon'



P Z7-10 X M

Lovely variety with large purple wing-like bracts resting upon a sea of dark purple flowerheads. Stunning in flower beds! Flowers the first season if started early (Jan-Feb). Ht. 35-40cm/14-16".

S3635-700 Seeds: Pkt/\$7.25



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**Fragrant Butterfly
Lavender**

FRAGRANT BUTTERFLY

L. stoechas pedunculata 'Fragrant Butterfly' P Z8-9 M
Impressive French stoechas lavender with elongated wing-like magenta petals extending from dark bracts on slender stalks. The effect is striking, as if masses of butterflies have gathered in the garden. Ht. 40-45cm/16-18".

53636-100 Seeds: Pkt/\$5.25, 1g/\$64, 10g/\$450



**Spanish
Lavender**

Other Lavenders

SPANISH LAVENDER

Lavandula dentata
(French lavender) Indented leaves are strongly resinous in odor. Light purple flowers and light purple large bracts near top of inflorescence. Ideal for indoor culture.

P3638 Plants: \$4.95, 3+/\$4

GOODWIN CREEK LAVENDER

Lavandula x gingsii 'Goodwin Creek'
Outstanding hybrid discovered by lavender specialist Jim Becker. It has attractive silvery toothed leaves and long spikes of deep purple-blue flowers reaching up to 70cm/28". Excellent for landscape use, and in containers, and is even suitable for use as topiaries. Withstands heat and humidity better than most varieties, flowering throughout the summer.

P3638-500 Plants: \$4.95, 3+/\$4, **Plug pack:** 12/\$18

SPIKE LAVENDER

Lavandula latifolia
Coarse, broad leaved variety. Yields camphor-like oil used primarily in soaps. Highly productive oil-yielding variety.

53640 Seeds: Pkt/\$3.50, 10g/\$25, 100g/\$180

SWEET LAVENDER

Lavandula x heterophylla
A vigorous fast growing hybrid that dates back to the 1800s or earlier. Has green-grey slightly toothed leaves and violet flowers. Thrives in hot and humid areas where other lavenders fail. In temperate climates it does well in containers.

P3645 Plants: \$4.95, 3+/\$4

WOOLLY LAVENDER

Lavandula lanata
Rare. Dense white-woolly leaves. Long spikes of fragrant, bright violet flowers.

53650 Seeds: Pkt/\$4.50

P3650 Plants: \$4.95, 3+/\$4, 12+/\$3.20

LEEK, WILD

Allium tricoccum

(Wood leek; Wild onion; Ramps) Wild leeks — also known as ramps or wild onions — are a prized woodland delicacy in eastern North America. Their addictive garlic-like aroma and onion flavour are driving a wave of popularity among top chefs. Over-harvesting in some areas has forced the government to step in to limit wild foraging. They are not easy to grow from seeds but if everyone plants a few seeds maybe we can slow the loss of this special wild plant.

53660 Seeds: Pkt/\$4.50



Lemon Leaf

LEMON LEAF

Plectranthus 'Mt Carbine'

Pure seduction! This is an amazing new herbal discovery from the Mt. Carbine area of Queensland in northern Australia. The voluptuous velvety leaves and exquisite fruity lemon scent are absolutely divine. You won't be able to stop yourself from stroking the leaves and enjoying the aroma — and the sheer pleasure of the moment. Soon, though, you will be thinking of ways to enjoy this plant in food, drink and aroma. Some suggestions: try it in dessert syrups, summer ice teas, fruit salads, and spiced drinks. Very vigorous and easy to grow as a container plant in a sunny window.

Ht. 60-100cm/2-3ft.
P3686 Plants: \$8.95, 3+/\$7.20



Lemongrass

LEMONGRASS

Cymbopogon citratus

(West Indian lemongrass) Delightful lemon-scented grass grown throughout the tropics and in greenhouses. Tangy enlarged leaf bases are essential in Thai and Vietnamese dishes. Leaves are used to flavour fish, soups, curries and sauces, and to make a pleasant tea, consumed hot or cold.

P3680 Plants (Not to HI): \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24

LEMONGRASS, INDIAN

Cymbopogon flexuosus

Source of lemongrass oil used to flavour teas, ice cream, candy, pastries, desserts, and chewing gum. Also important in cosmetics and perfumery. Easy to grow and will produce leaves for tea and potpourris.

53682 Seeds (May-Dec shipment): Pkt/\$4, 10g/\$18, 100g/\$120, 1kg/\$800

Leopard Lily



LEOPARD LILY

Belamcanda chinensis

P Z5-10 S F M

(She-gan) Chinese medicinal herb. Attractive orange-yellow flowers with red-purple spots. Used for throat conditions, cough, wheezing, bronchitis and mumps.

S3690 Seeds: Pkt/\$4.50, 10g/\$11, 100g/\$75

P3690 Plants: \$4.95, 3+/\$4, 12+/\$3.20

LICORICE

Glycyrrhiza glabra

P Z7-10 S F M

The source of most commercial licorice used in the making of candy, liquor, and as a sweetener for herbal tea. Extracts flavour tobacco, beer, soft drinks and pharmaceutical products. Powerful anti-inflammatory properties effective for arthritis, gastritis, canker sores. Also a mild laxative. 3 year old roots are harvested in the autumn.

S3701-100 Seeds: Pkt/\$4, 10g/\$15, 100g/\$110, 1kg/\$800

P3701-100 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50



Chinese Licorice

LICORICE, CHINESE

Glycyrrhiza uralensis

P Z9-10 S F M

(Gan-cao) The most commonly used herb in Chinese medicine, used in almost all prescriptions and is said to promote longevity. The sweet tonic herb neutralizes toxins and balances blood sugar levels.

S3701-300 Seeds: Pkt/\$4, 10g/\$13, 100g/\$90

LICORICE, WILD

Glycyrrhiza lepidota

P Z3-11 S F M

(American licorice) The sweet-tasting roots of wild licorice were once important medicine to the Great Plains Indians. The roots were used for many conditions including diarrhea, stomach ache, toothache, coughs, sore throat, fever, and the flu. The roots are edible and taste like sweet potatoes when roasted slowly. The compound responsible for the sweetness is glycyrrhizin, a substance 50 times as sweet as sugar. The hard seeds need to be scarified in order to germinate.

S3701-900 Seeds: Pkt/\$4

LILY OF THE VALLEY

Convallaria majalis

P Z4-8

Pure white fragrant flowers. A favourite for moist, shady areas. Strengthens and regulates the heart, but not to be used without medical supervision. Leaves yield green dyes.

P3705 Plants (Mar-June shipment): \$4.95, 3+/\$4, 12+/\$3.20



Lion's Tail

LION'S TAIL

Leonotis leonurus

P Z9-10

(Lion's ear; Wild dagga) The botanical species name means 'lion's ear' but the impressive orange flower spikes look more like a lion's tail than an ear! It is a tall native of southern Africa where it is used for epilepsy, headache, hypertension, and for stomach and bronchial problems. It is used like marijuana by Hottentot tribesmen as the resinous tops and leaves have an euphoriant effect. 'Dagga' is a local name for marijuana in southern Africa, hence the name 'wild dagga'. Ht. 90-180cm/3-6ft.

P3733 Plants: \$15, 3+/\$11.75, 12+/\$9.75

LOBELIA

Lobelia inflata

A S E

(Indian tobacco) In small doses lobelia acts as a stimulant, especially on the respiratory system. In larger doses it acts as a nerve depressant, and is useful for asthma and whooping cough. Excessive doses can cause severe depression of the central nervous system.

S3744 Seeds: Pkt/\$3

P3744 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

LOMATIUM

Lomatium dissectum

P Z5-8 F D

(Fernleaf biscuitroot) This member of the carrot family was an important remedy among First Nations people who considered it to be a universal panacea, especially for colds, flu, asthma and other respiratory complaints. Studies have shown that it has potent antiviral, antibacterial and antiseptic properties, and it has immune-building properties. There is evidence that it is effective for HPV, HSV and HIV. Also traditionally used for venereal disease, rheumatism, and wounds. It grows throughout western North America from Canada to California and New Mexico. It is a slow germinator, taking as many as 12 months to germinate. For best results sow outside in fall.

CAUTION: Some sensitive individuals may develop a hive-like rash which is benign and painless, and clears after treatment.

S3750 Seeds: Pkt/\$4, 10g/\$13, 100g/\$95



Lovage

LOVAGE

Levisticum officinale

P Z2-8 S F X E

Leaves have excellent flavour for soups, stews and casseroles. Flavour is reminiscent of celery, and of the famous yeast extract, Maggi. Can replace meat and bone stock in soups. Vigorous tall growing herb; one of the first to return in spring.

S3780 Seeds: Pkt/\$3, 10g/\$9, 100g/\$60

P3780 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

LUFFA

Luffa aegyptica

(Loofah) Known as the 'dishcloth gourd' because the dried over-ripe fruits can be used to scrub dishes. Wonderful for bath and shower as it invigorates the skin without harsh abrasion. Used in Chinese cuisine as a vegetable and in medicine for rheumatic pains.

53795 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$35, 1kg/\$225



Madder

MADDER

Rubia tinctorum

P Z5-10 S F E

Important dyeplant. Roots are source of the best and most enduring red dye of any plant. Was at one time widely cultivated until it was replaced by chemical dyes. For wool, cotton, linen and silk.

53830 Seeds: Pkt/\$5.25

MAIDENHAIR TREE: See GINKGO



Common Mallow

MALLOW, COMMON

Malva sylvestris

B/P Z4-9 S F E

The infusion made from the pink flowers or leaves is used externally to moisturize and tone the skin and internally to soothe mucous membranes irritated and inflamed by coughs, stomach upsets and other intestinal problems.

53850 Seeds: Pkt/\$3, 10g/\$8, 100g/\$60

MALLOW, MAURITIAN

Malva sylvestris mauritanica

B Z4-9 S E

(Tree mallow) Purple flowers yield an excellent natural colouring for drinks and herbal teas. Also great in salads. Medicinally similar to marshmallow. Ht. 1m/40".

53855 Seeds: Pkt/\$3, 10g/\$10, 100g/\$70

MARALROOT

Leuzea carthamoides 'Lujza'

P Z2-7 S F E

(Leuzea) Siberian plant with remarkable metabolic and tonic effects. Used in the Russian athletic training program for decades. Increases endurance and improves reflexes, concentration, and speeds recovery from exertion. Studies show that the root extract increases the work capacity of muscles and normalizes blood sugar quickly after exertion. Contains ecdysteroids which have anabolic-like growth effects without the negative side effects associated with chemical steroids. Violet flowers appear in the second year. Reaches 80-160cm/30-60in in height. Grows in deep, well-drained fertile soil in full sun. Very hardy.

53867-001 Seeds: Pkt/\$4.50, 10g/\$7, 100g/\$50

53867 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

MARGUERITE, GOLDEN

Anthemis tinctoria 'Kelwayi'

P Z4-8 S F E

(Dyer's chamomile) Fine border plant; profusion of yellow daisies in August. Yields excellent yellow or gold dyes for fabrics.

53870 Seeds: Pkt/\$3, 10g/\$9, 100g/\$65

Marigold

(*Tagetes*)

Citrus Marigolds (*Tagetes tenuifolia*)

Known for their showy flowers, they also have lovely citrus-like aroma and flavour. Great in dessert sauces made with wine. Easy to grow.

LEMON GEM MARIGOLD

Tagetes tenuifolia 'Lemon Gem'

A S E

Lemon yellow single flowers: free-blooming. Fine lacy foliage.

53881 Seeds: Pkt/\$3.50, 10g/\$19, 100g/\$140



Orange Gem Marigold

ORANGE GEM MARIGOLD

Tagetes tenuifolia 'Orange Gem'

A S E

Similar to other citrus marigolds; bright orange flowers.

53882 Seeds: Pkt/\$3.50, 10g/\$18, 100g/\$125

53882 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

RED GEM MARIGOLD

Tagetes tenuifolia 'Red Gem'

A S E

Like other citrus marigolds, with bright red flowers.

53884 Seeds: Pkt/\$3.50, 10g/\$19, 100g/\$140

53884 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

Insecticidal Group (*Tagetes spp.*)

These marigolds control nematodes which attack roots of many plants. Planted throughout the garden, they can reduce nematode infestations by over 90%. Also discourages above-ground insects.

FRENCH MARIGOLD

Tagetes patula

A S E

Preferred variety for insect control. Compact plants ideal for interplanting. Has double orange and maroon blossoms.

53886 Seeds: Pkt/\$2.75, 100g/\$25, 1kg/\$140

MEXICAN MARIGOLD

(Not to Calif.)

Tagetes minuta

A S E

Weedkiller plant! (Huacatay) Destroys noxious weeds, including ground elder, bindweed, couch grass and ground ivy. Also effective against mosquitoes. Dried leaves flavour soups, meats and vegetables. Recent research suggests it has powerful anti-viral properties. Tall (up to 2m/6ft) erect habit; rarely flowers in temperate zones.

53888 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$50



MORE SEEDS ONLINE!
richters.com/seeds

Other Marigolds (*Tagetes* spp.)

AZTEC MARIGOLD

Tagetes erecta 'Crackerjack' **A** **S** **E**
(African marigold) Best known as 'African marigold', this popular garden annual is actually from Central America. Of the many varieties available the 'Crackerjack' variety is especially rich in lutein, a compound that improves vision in patients with retinal degeneration. When added to chicken feed lutein-rich marigold flowers help make egg yolks a richer deeper colour. Ht. 60cm/24".

S3888-100 Seeds: Pkt/\$2.75, 100g/\$30, 1kg/\$180



Lemon Mint Marigold

LEMON MINT MARIGOLD

Tagetes lemmonii **A** **Z8-10**
(Mount Lemmon marigold) Mexican native with a spectacular lemon-mint scent and flavour. A robust, fast grower, easily attaining a height of 90cm/30". Produces lots of edible foliage and edible yellow flowers. Effective when used in mass plantings because it blooms freely throughout the summer.

P3888-600 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SWEET MARIGOLD

Tagetes lucida **A** **S** **M**
(Mexican tarragon; Mexican marigold) Sweet-smelling leaves and flowers with a flavour similar to tarragon. In warm areas where French tarragon will not grow, this is an excellent substitute. Makes a stimulating tea. Golden yellow flowers. Slow to germinate.

S3889 Seeds: Pkt/\$4.50, 10g/\$25, 100g/\$175

New Book! COOKING WITH CANNABIS: More than 100 Delicious Edibles, Pat Crocker. Interest in cannabis edibles is growing among those who don't want to damage their lungs by inhaling smoke. Ingesting cannabis as food or drink is an experience of complex rich flavours, soothing medicinal effects, and sheer pleasure and relaxation. Here are more than 100 recipes to try: from Canna-Pancakes, Quiche with Arugula and Smoked Salmon, and Asparagus-Stuffed Mushrooms to desserts like Grilled Bananas with Canna-Honey, Savory Pears, and Chocolate Truffles. As the author points out it is important to dose correctly, and every recipe is designed to deliver just the right amount of THC. 224 pp. Softcover **B2050:** \$35



Marjoram

(*Origanum*)

HOP MARJORAM: See DITTANY OF CRETE

COMMON MARJORAM

Origanum vulgare **P** **Z4-8** **S** **F** **E**
(Wild oregano) Medicinal variety of oregano lacking true oregano's aroma and flavour. Used for upset stomach, headache, cough, and diarrhea. Also as gargle for mouth and throat inflammation. Handsome purple or pink flowers attract honeybees.

S3890 Seeds: Pkt/\$2.75, 10g/\$14, 100g/\$105

S3890-001 Seeds: Pkt/\$3, 10g/\$17, 100g/\$130



Sweet Marjoram

SWEET MARJORAM

Origanum majorana **P** **Z9-11+** **S** **X** **E**
Leaves add strong, spicy flavour to soups, sauces, stuffings, stews. Rubbing with fresh leaves before roasting improves all strong meats. Adds special flavour to sausages and meatloaf. A must in German potato soup. Use plant tops to dye wool in shades of yellow, orange, brown and grey.

S3910 Seeds: Pkt/\$2.25, 10g/\$8, 100g/\$55

S3910-001 Seeds: Pkt/\$3, 10g/\$17, 100g/\$130, 1kg/\$945

P3910 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50

MARSHMALLOW

Althaea officinalis **P** **Z3-9** **S** **F** **E**
Root is used for soothing irritation and inflammation of the skin, throat, eyes, lungs and urinary tract.

S3920 Seeds: Pkt/\$3, 10g/\$8, 100g/\$50, 1kg/\$350

P3920 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

—**MARSHMALLOW, ERFURTER** Improved variety developed for commercial production, with Up to 10% in medicinal mucilage. Very hardy.

S3930 Seeds: Pkt/\$4, 10g/\$10, 100g/\$70, 1kg/\$500

MAYAPPLE

Podophyllum peltatum **P** **Z3-9**
(American mandrake) A derivative of this herb is medically proven against certain cancers. Used by the Amerindians to treat hepatitis, syphilis, fevers, constipation, etc.

P3960 Plants (Mar-May shipment): \$8.95, 3+/\$7.20, 12+/\$5.80

MEADOWSWEET

Filipendula ulmaria **P** **Z3-9** **S** **F** **E**
Attractive European wildflower with sweet almond-scented, yellow-white or reddish flowers. Contains salicylic acid, chemically similar to ASA. Useful for flu, gout, rheumatism, arthritis, fever, etc. Once added to herbal beers and wine.

S3965 Seeds: Pkt/\$4

P3965 Plants: \$4.95, 3+/\$4, 12+/\$3.20

MELILOT

Melilotus officinalis **B** **Z3-8** **S** **F** **E**
(Yellow sweet clover) Important forage crop. Medicinally, it prevents blood clotting. Salve or poultice is useful for swellings, boils, arthritis and rheumatism.

S3970 Seeds: Pkt/\$2.75, 100g/\$8, 1kg/\$55

MILKWEED

Asclepias syriaca

P Z2-8 S F M

Apt name as all parts exude a milky juice when cut. Wild flower growing up to 1m/3ft high. Young shoots are eaten like asparagus. Silk-like down of seeds is used to stuff pillows. Root and rhizome relieve pain. Used for asthma, painful cough and scrofula. Treatment with gibberellic acid improves germination.

S3995 Seeds: Pkt/\$3, 10g/\$19, 100g/\$130



Showy
Milkweed

MILKWEED, SHOWY

Asclepias speciosa

P Z3-8 S F M

A magnet for bees and butterflies, including monarch butterflies. The flower buds are edible and taste somewhat like peas and can be used to thicken soups. The young shoots and leaves can be cooked and eaten as a substitute for asparagus. The latex removes warts when applied once a day for several weeks. The latex also has antiseptic properties and has been used to treat skin sores, cuts and ringworm. Prefers well-drained dryish soil in full sun. Ht. 60-120cm (2-4ft).

S3995-100 Seeds: Pkt/\$3, 10g/\$24



Swamp
Milkweed

MILKWEED, SWAMP

Asclepias incarnata

P Z3-8 S F M

A magnet for monarch butterflies! (Rose milkweed) Beautiful milkweed found throughout Eastern and Central North America. The showy carmine-rose flowers have a vanilla scent that is truly divine! The Chippewa and Iroquois used an infusion of the roots as a strengthening bath for the weak and sickly. In the wild it prefers moist or wet areas but it adapts well to gardens, and few garden plants are as tolerant of heavy clay soils as this. Deer-resistant. Low maintenance. Ht. 60-150cm/2-5ft.

S3995-200 Seeds: Pkt/\$3, 10g/\$32, 100g/\$220

Mint

(*Mentha*)

Spearmint Group

ENGLISH MINT

Mentha spicata cv.

P Z4-9

Traditional favourite for mint jelly, peas, carrots, potatoes, mint julep, lamb sauce. Won't grow in tropics.

P4010 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

Moroccan Mint



MOROCCAN MINT

Mentha spicata

P Z4-9

An exceptional sweet mint used widely throughout North Africa to brew Moroccan-style mint tea. Much like black tea is in England and India, and green tea is in China, preparing and serving Moroccan tea is a traditional art form and a symbol of hospitality. To prepare Moroccan tea, first brew green tea, then boil with sugar, and then add fresh mint and allow the mixture to steep for several minutes before serving.

P4039 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

SPEARMINT

Mentha spicata

P Z4-9

Best cooking mint. Excellent with carrots, peas and potatoes, and for making mint sauces for roast lamb.

P4040 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15

IMPROVED SPEARMINT

Mentha spicata 'Kentucky Colonel'

P Z5-9

Also known as 'Kentucky Colonel' mint, this hybrid of apple mint (*M. suaveolens*) and true spearmint (*M. spicata*) has a wonderful fruity spearmint aroma and flavour.

P4042 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$15

SCOTCH SPEARMINT

Mentha x gracilis

P Z5-9

(American apple mint; Red mint) This mint is one of the back bones of the American mint oil industry. It is the source of spearmint oil used mainly to flavour chewing gum. Has characteristic dark red or reddish purple stems and dark green leaves. Excellent sweet scent and flavour. Ht. 30-45cm/12-18".

P4044 Plants: \$4.95, 3+/\$4, 12+/\$3.20

VIETNAMESE MINT

Mentha x gracilis

P Z7-9

Terrific sweet spearmint flavour. Particular strain featured in Vietnamese dishes.

P4053 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Chocolate
Mint

Peppermint Group

CHOCOLATE MINT

Mentha x piperita piperita

P Z4-9

For years we were convinced the 'chocolateness' was a figment of someone's imagination. Peppermint is overlaid by something that adds up to a striking 'peppermint patty' scent. A real treat for discriminating noses!

P4006-300 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



PEPPERMINT

Mentha x piperita piperita

(Candy mint) Peppermint tea is an old favourite — a refreshing alternative to coffee and regular tea. Excellent for stomach indigestion. Lends its spiciness to many dishes. Don't be fooled by seeds sold as 'peppermint' because its sterile flowers cannot produce seeds.

P4030 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

VARIEGATED PEPPERMINT

Mentha x piperita piperita 'Variegata'

Same as regular peppermint except for attractive splashes of white. Reverts to green unless green branches are rogued out regularly.

P4030-800 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

SWISS MINT

Mentha x piperita 'Swiss'

Compared to other peppermint varieties, this has a lighter, more refreshing scent and flavour. It originally came to us bearing the name of a very well known Swiss brand of herbal candies, as the story went, this mint is used to flavour the Swiss company's candies. A few years ago lawyers representing the company demanded that we change the name of the mint, so now we just call it 'Swiss mint'.

P4052 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Other Mints

APPLEMINT

Mentha suaveolens

Soft gray-green round leaves have an apple-menthol fragrance. Delightful for tea.

P4000 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

BANANA MINT

Mentha arvensis 'Banana'

This mint from France really smells of bananas! The unexpected fruitiness inspires a creative gastronomic tangent. Dazzle friends and family with banana mint recipes!

P4005-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



CORSICAN MINT

Mentha requienii

Low carpet-forming mint with tiny leaves. Strongly scented like pennyroyal. Not quite hardy in our area.

P4007 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

GINGER MINT

Mentha arvensis 'Variegata' (M. x gentilis)

Gold-flecked leaves have a fragrance and flavour that is fruity with a hint of ginger.

P4015 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

GRAPEFRUIT MINT

Mentha x piperita 'Grapefruit'

This beguiling mint has a spearmint flavour with a strong grapefruit overtone. Hybrid of *M. suaveolens* and *M. x piperita*.

P4018 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



MOJITO MINT

Mentha x villosa

Cuba's famed *mojito* cocktail, made with rum, sugar, lime juice and Cuba's unique *mojito* mint, is now an essential staple of cocktail lounges everywhere. While recipes call for any available spearmint the real drink can only be made with the true *mojito* mint. Clearly different from other mints — its scent and flavour are agreeably mild and warm, not pungent nor overly sweet like others. In a perhaps typically Cuban understated way its warm embrace lingers until you realize you want more. *Salud!*

P4025 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ORANGE MINT

Mentha aquatica 'Citrata'

(Eau de cologne mint; Bergamot mint) Treasured for its very special fragrance. Its hint of citrus is tantalizing in fruit punches, teas and potpourris. The oil is an ingredient in chartreuse and perfumes.

P4028 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

PINEAPPLE MINT

Mentha suaveolens 'Variegata'

Similar to apple mint with a sweeter, fruity scent. White streaks vary with the season.

P4032 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

PENNYROYAL MINT: See PENNYROYAL

The Westerfield Mints (*M. spp.*)

Richters is pleased to offer these remarkable mints created by Jim Westerfield, the late innkeeper extraordinaire and passionate breeder of mints.

RICHTERS EXCLUSIVE: Richters holds exclusive propagation rights for all Westerfield mints in Canada. The Westerfield mint names are trademarks of Richters. All rights reserved.

HILLARY'S SWEET LEMON MINT

Mentha 'Hillary's Sweet Lemon'

Developed from apple and lime mint, it has the sweet, fruity, aroma of apple mint lined with a citrus edge. An aggressive female mint with lavender flower spikes. Named after Hillary Clinton.

P4019 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

BERRIES & CREAM™ MINT

Mentha 'Berries and Cream'

Sweet and fruity, like a bowl of fresh berries and cream. Leaves can be used fresh chopped or as a garnish. One of many remarkable mint creations from mint breeder Jim Westerfield.

P4019-100 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



**Pink Candypops™
Mint**

PINK CANDYPOPS™ MINT

Mentha 'Pink Candypops'

P Z6-11

We don't normally think of mints as ornamental but the late mint breeder extraordinaire, Jim Westerfield, found a way to make this mint look like a million bucks! Its pink puff flowers appearing in summer look just like pink lollipops. Can be grown in beds or in containers.

P4019-360 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CITRUS KITCHEN™ MINT

Mentha 'Utility Citrus Kitchen'

P Z6-11

Among the many new mints the late mint breeder Jim Westerfield introduced to the world, this was the one his wife Marilyn loved the most. As Jim told us: "She uses it in, of all things, her early morning orange juice." He and his wife predicted that in time this mint will become one of the most used utility mints in professional kitchens.

P4019-368 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

COTTON CANDY™ MINT

Mentha 'Cotton Candy'

P Z6-11

As mint breeder Jim Westerfield once told us, "The first time I smelled this hybrid a voice in my head said 'Cotton Candy'. It had a certain soft, sweet aroma, combined with, of all things, pink flowers! What's interesting is that there exists not one bottle of flavoring ANYWHERE on any shelf in the world, whose label reads 'Cotton Candy'. Nope, such a seasoning has simply NEVER existed."

P4019-370 Plants: \$4.95, 3+/\$4, 12+/\$3.20

JIM'S FRUIT™ MINT

Mentha 'Jim's Fruit'

P Z6-11

Among the many unique mints developed by mint breeder Jim Westerfield, this was probably his favourite. "Its leaves are deep green with a truly delicious, fruity aroma. It becomes a huge, robust mint, seemingly very proud of itself. And it should be, it's gorgeous!"

P4019-380 Plants: \$4.95, 3+/\$4, 12+/\$3.20



**Margarita™
Mint**

MARGARITA™ MINT

Mentha 'Margarita'

P Z5-9

Here's to you! A big bold lime-scented mint for your next margarita. This hybrid is a beauty, with "lots of physical definition" as breeder Jim Westerfield put it. And so it does, with perfectly shaped, groovy leaves, and a hint of dark bronze at the tips at times. This mint means fun. Does not spread by underground rhizomes like most mints, but it still gets around by aboveground runners.

P4019-450 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

MARILYN'S SALAD™ MINT

Mentha 'Marilyn's Salad'

P Z6-11

This is a completely different mint with a completely different role in the kitchen — as a fresh salad green! The young leaves are tender and the flavour is mild, sweet and delicate, not at all like other stronger mints that can easily overpower. Quite the sensation in salads! Just pick the leaves, strip them from the stems, and throw them liberally into your salad mix. For tender foliage, grow this mint in partial shade and cut often to keep the young leaves coming.

P4019-470 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

SWEET PEAR™ MINT

Mentha 'Sweet Pear'

P Z5-9

This mint will make you laugh. It really gives off an unmistakable hint of ripe sweet pears! How Jim Westerfield managed to cross his mints to produce this remarkable gem is beyond us but we are thrilled to grow it and offer it to our customers. Mature leaves are downy, ovate and silvery grey in colour; flowers are light pink-purple. The delicate flavour is suitable wherever mint is called for.

P4019-800 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



**Wintergreen™
Mint**

WINTERGREEN™ MINT

Mentha 'Sister Julie's Wintergreen'

P Z6-11

This is the first true wintergreen mint ever to be developed. Breeder Jim Westerfield crossed hundreds of mints to produce this one with its remarkable aroma. As Jim once explained: "Although just about EVERYONE connects the wintergreen flavour and aroma to the mint world, the real wintergreen aroma is actually produced by the Gaultheria genus of plants. What's exciting is that the aroma of this new mint is exactly that of the wintergreen mint candy. All of the above equals one hell of a tea mint."

P4019-900 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



**Balkan
Mint**

New! MINT, BALKAN

Clinopodium thymifolium

P Z6-9

(Issopo del Carso; *Micromeria thymifolia*; *Satureja thymifolia*) Highly aromatic herb found wild throughout the Balkans, but mainly in the Dinaric Alps from northeastern Italy south to Albania. The plant is so aromatic that on hot days one can smell it from far away. Since ancient times it was gathered from the wild for use as a condiment in food and as a tea, and was used for its potent antimicrobial and antifungal properties. In recent years a surge of interest in this plant has led to efforts to bring this herb into cultivation. Its masses of white or light pink flowers are very showy and a magnet for bees. Ht. 30-60cm/1-2ft.

S4059 Seeds: Pkt/\$4.50, 1g/\$20

MINT, JAMAICAN

Clinopodium vimineum
(*Micromeria viminea*) A delightful bushy plant with small bright green leaves and a strong peppermint aroma. A favourite in Jamaica for teas and to relieve indigestion.

P4062 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50



P Z9-11

MINT, MOUNTAIN

Pycnanthemum pilosum
Hardy U.S. native. Leaves possess a wonderful menthol fragrance; may be used just like peppermint. Excellent beeplant.

S4064 Seeds: Pkt/\$4, 1g/\$7, 10g/\$40

P4064 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



P Z4-6

S F X E



**Lemon Twist
Mintleaf**

MINTLEAF, LEMON TWIST

Plectranthus 'Lemon Twist'
Enjoy a whiff of lemon-mint! (*Plectranthus*; Spurflower) This is an attractive aromatic herb with lush cascading yellow-edged foliage. Perfect for planters on a terrace or for hanging baskets on a porch. The soft yellow and chartreuse variegated leaves contrast nicely with other bright flowering plants. Position it close to human traffic so its unique scent is sure to be noticed when brushed against.

This plant came to us with the name Plectranthus ciliatus which we believe is incorrect. Instead it may be a form of P. madagascariensis.

P4068-200 Plants: \$4.95, 3+/\$4



P Z9-11

MITSUBA

Cryptotaenia japonica
(Japanese parsley) Unique flavour of leaves and leafstalks, either fresh or blanched, is pleasing in soups, salads, and fried foods. Of easiest culture; prefers moist, partly shady locations.

S4070 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$300



P Z4-9

S F E



**Purple
Mitsuba**

MITSUBA, PURPLE

Cryptotaenia japonica 'Atropurpurea'
(Japanese parsley; Honewort) A Japanese parsley grown as much for its attractive bronze-red colour as for its unique flavour. The leaves look a lot like Italian flat-leaf parsley. Used to season soups, poultry, meats, noodles, salads, and dumplings. Prefers moist, partly shady locations but will grow in full sun. Self seeds.

S4071 Seeds: Pkt/\$5.25

P4071 Plants: \$4.95, 3+/\$4



P Z4-9 D



Monksfruit

MONKSFUIT

Siraitia grosvenorii
(Buddha fruit; Lou han guo) This is known as the "longevity herb" in China where the tea made with the dried fruits is commonly consumed. It is believed to be the reason why an unusual number of people in areas where the herb is grown live to be 100 years. The fruits contain mogrosides, intensely sweet compounds that are as many as 300 times as sweet as sugar. Often touted as an aid for diabetes, obesity, heat stroke, cough and sore throat. Vines are typically grown on trellises so the smooth round fruits hang down for easy harvest.

S4080 Seeds: Pkt/\$4



P Z9-10

S M

MONKSHOOD: See ACONITE



Moringa

MORINGA

Moringa oleifera
(Horseradish tree; Drumstick tree) Small tree native to India and Arabia and widely cultivated throughout the tropics. Almost every part of this tree is used for food. Roots are used like horseradish, and the leaves are eaten as greens, in curries, pickles and as seasoning, and the large immature seedpods, called "drumsticks", are boiled and eaten in South Asia. In the West, moringa has become popular "superfood" for its extraordinary nutritional content and for its powerful anti-inflammatory, antioxidant, and tissue-protective properties. It is a rich source of vitamins, minerals and amino acids. It helps to protect the brain, the liver and the cardiovascular system. While it is a tropical tree, it can withstand a little frost, and does well in containers if the tap root is pruned.

S4083 Seeds: Pkt/\$4.50, 10g/\$7, 100g/\$40



P Z10-11+

X M

MORMON TEA: See EPHEDRA, AMERICAN

MORNING GLORY

Ipomoea tricolor 'Heavenly Blue'
Lovely fast growing vine with dark sky-blue flowers. Ideal for walls, trellises or tall fences. Used by the Aztecs as a hallucinogen in religious ceremonies.

S4085 Seeds: Pkt/\$2.75, 100g/\$15, 1kg/\$100



A S E

MORNING GLORY, MEXICAN: See OLOLIUQUI

MOTHERWORT

Leonurus cardiaca
Especially valuable for PMS, menstrual pain and delayed menstruation. Gentle sedative. Helps calm the entire nervous system. Strengthens the heart and often prescribed for palpitations.

S4100 Seeds: Pkt/\$3, 10g/\$50, 100g/\$370

P4100 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

P Z4-8

S F E

MUCUNA

Mucuna pruriens

Twining annual found throughout India. Pods and young leaves are used as vegetable and fodder. Used as a nerve tonic in Ayurvedic medicine. Seeds are a natural storehouse of L-dopa, a precursor of dopamine. In a recent clinical trial Parkinson's sufferers treated with crushed seeds regained some mobility with fewer side effects than conventional drugs.

S4115 Seeds: Pkt/\$4.50, 10g/\$7, 100g/\$35, 1kg/\$240

MUGWORT

Artemisia vulgaris

P Z4-10 S F E

Bitter flower buds improve digestibility of rich meat, poultry or fish dishes. Used in Japan for moxibustion.

S4120 Seeds: Pkt/\$3, 10g/\$13, 100g/\$93

P4120 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



White
Mugwort

MUGWORT, WHITE

Artemisia lactiflora

P Z3-8 S F E

Creamy white flowers set against a backdrop of green foliage makes this a very attractive ornamental herb for the garden. Indeed, the Royal Horticultural Society has honoured it with an Award of Garden Merit, and it is an excellent as a cut or dried flower. But it is also a Chinese medicinal herb valued for its bitter aromatic tonic properties and is used to treat menstrual and liver disorders. Easy to grow in moist soil in full sun. Non-invasive, unlike the European mugwort. Ht. 90-150cm/3-5ft.

S4120-500 Seeds: Pkt/\$5.25

MULBERRY

Morus nigra

P Z5-9 S M

Handsome tree bearing sweet, juicy berries that make fine preserves and wine. Rootbark decoction is a traditional remedy for tapeworms. Hardy in southwestern Ontario and B.C. coastal regions.

Please note that a small percentage of seedgrown plants will be non-flowering and therefore non-fruiting.

S4122 Seeds: Pkt/\$3, 100g/\$34

P4122 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50



Mullein

MULLEIN

Verbascum thapsus

(Not to AB) B Z4-9 S F E

Striking yellow flower stalks rise from a woolly leaf base in the second year. Good remedy for coughs, hoarseness and bronchitis. All plant parts can be used to produce yellow, bronze and grey dyes.

S4125-001 Seeds: Pkt/\$3.50

P4125 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

MUSTARD, BROWN

Brassica juncea

A S X E

(Indian mustard) Stronger than white mustard, and gives extra pungency to continental European mustards. (The more delicate white mustard is used in English and American preparations.) Also used in ground mustard, usually in combination with white mustard.

S4151 Seeds: Pkt/\$3, 1kg/\$20, 10kg/\$120

S4151-001 Seeds: Pkt/\$3.50, 1kg/\$30, 10kg/\$200

MUSTARD, WHITE

Sinapis alba

A S X E

(Mustard cress; Yellow mustard) True companion to curled cress for salads and sandwiches. Sow 4 days after cress to mature concurrently. Whole seeds are used to season pickles, sausages and sauerkraut. The well known condiment is prepared from ground mustard seeds.

S4150 Seeds: Pkt/\$3, 1kg/\$17, 10kg/\$150

S4150-001 Seeds: Pkt/\$3.50, 100g/\$8, 1kg/\$30, 10kg/\$195

MYRTLE, GERMAN

Myrtus communis 'Microphylla'

P Z9-10

Attractive evergreen shrub from the Mediterranean with a spicy aroma. The small dark green foliage can be pruned and shaped into living statues. Fragrant white flowers and leaves are used in potpourri. Traditionally used in wedding bouquets, for corsages, and for flower arrangements.

P4220 Plants: \$4.95, 3+/\$4, 12+/\$3.20

MYRTLE, GREEK

Myrtus communis

P Z9-10 X M

Classic evergreen shrub from the Mediterranean. Fragrant white flowers and leaves are used in potpourri. Spicy leaves can be used in cooking like bay leaf. Essential oil is used for fragrance.

S4200 Seeds: Pkt/\$4.50, 10g/\$18, 100g/\$120

P4200 Plants: \$4.95, 3+/\$4, 12+/\$3.20

NASTURTIUM, BLACK VELVET

Tropaeolum minus 'Tom Thumb Black Velvet'

A S E

Dwarf variety with the same delicate peppery leaves and flowers as other varieties. The double flowers are a majestic deep red and the leaves are darker.

S4251-750 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$40



Cherry Rose Jewel
Nasturtium

NASTURTIUM, CHERRY ROSE JEWEL

Tropaeolum minus 'Cherry Rose Jewel'

A S E

Stunning cherry-rose semi-double flowers. Peppery leaves and flowers are delicious in salads. Freeze the flowers in ice cubes for a fun addition to drinks. High in vitamin C. Flowers all summer in full sun or partial shade. Dwarf non-climbing growth habit is ideal for borders, window boxes and hanging baskets. Ht 30cm/12"

S4251-500 Seeds: Pkt/\$3.50, 100g/\$48

NASTURTIUM, CLIMBING

Tropaeolum majus

A S E

Young leaves make a pleasant pepper substitute in pepper-restricted diets and are unusually high in vitamin C. Immature green seeds substitute for capers, and in tossed salads the gorgeous spicy flowers add a spectacular touch. Climbs trellises, fences or poles up to 2m/6ft high. Mixed colours.

S4250 Seeds: Pkt/\$2.75, 100g/\$10, 1kg/\$70

NASTURTIUM, DWARF

Tropaeolum minus 'Jewel Mix'

Peppery leaves and fragrant flowers are delicious added fresh to salads. Freeze the flowers in ice cubes for a fun addition to drinks. High in vitamin C. Flowers all summer in full sun or partial shade. Dwarf non-climbing growth habit is ideal for borders, window boxes and hanging baskets. Double flowers of light yellow, orange and deep red. Ht 30cm/12"

S4251 Seeds: Pkt/\$2.75, 100g/\$16, 1kg/\$95

S4251-001 Seeds: Pkt/\$4, 100g/\$35, 1kg/\$250

NASTURTIUM, VARIEGATED

Tropaeolum minus 'Tip Top Alaska'

Good looks and good taste! If you think of how music and popular culture have crossed over glibly from one genre to another is there any surprise that a little genre jumping is happening in garden beds too? Nowadays one is likely to find useful flowers among the herbs and veggies and beautiful herbs and veggies among the flowers. Here is a flower-herb-veggie that cuts across the genres, with its white-flecked leaves and showy edible flowers. The leaves and flowers have a hot watercress flavour and are great in salads; the young seed pods are hotter and can be pickled and used like capers. Ht. 20cm/8in.

—RED SHADES

S4251-820 Seeds: Pkt/\$4, 10g/\$7, 100g/\$50



Navajo Tea

New! NAVAJO TEA

Thelesperma filifolium

(Greenthread; Hopi tea) A low growing annual or perennial wildflower with eye-catching displays of yellow daisies throughout the summer. Native to the western plains and mountain states of the U.S. Once used by the Navajo, Hopi and Pueblo for tuberculosis and is still used today as an anti-inflammatory to ease aches and pains. The thread-like leaves have a pleasant aroma when crushed and can be used to make a beverage tea that tastes like green tea. Very drought tolerant, it is usually found in dry sandy or gravelly soils, but it can adapt well to most garden soils, even clay soils if well-drained. Ht. 30-45cm/12-18".

S4260-001 Seeds: Pkt/\$4.50

NEPITELLA

Calamintha nepeta

(Lesser calamint) A regional favourite in Tuscany where it is added to mushroom dishes and green vegetables for its distinctive minty flavour. Sauteed zucchini or mushrooms with fresh nepitella, tomatoes, and garlic is served with roast or boiled meat dishes. Easy to grow.

P4264 Plants: \$4.95, 3+/\$4, 12+/\$3.20

NETTLE, STINGING

Urtica dioica

Drying or cooking removes stinging effect of the leaves. Use in salt-reduced diets. Cooked young shoots are rich in iron. Important bio-dynamic herb: increasing the potency of neighbouring herbs, stimulating humus formation. Fresh whole leaves produce green, gold and chartreuse tones. Fresh nettles keep a larder free of flies and discourage frogs when planted near beehives.

S4270 Seeds: Pkt/\$3, 10g/\$10, 100g/\$75

P4270 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

NEW JERSEY TEA

Ceanothus americanus

(Red root) Used as a tea substitute during the American Revolution. Native Americans used it for skin problems, skin cancer and venereal sores. A good gargle for mouth and throat sores.

S4273 Seeds: Pkt/\$5.25, 1g/\$7, 10g/\$40

NIGELLA

Nigella damascena

(Love-in-a-mist) Finely divided leaves create a mist effect surrounding the lovely blue flowers. Seeds used in curries and bread, although its close cousin black cumin is better. Seeds stored with clothing repel insects. Valued in perfumery trade.

S4275 Seeds: Pkt/\$3, 100g/\$22, 1kg/\$145



Spanish Nigella

NIGELLA, SPANISH

Nigella hispanica 'Delft Blue'

(Spanish fennel flower) Hardy annual flower, native of southern Spain, the Azores, Sicily and North Africa. The ornate blue-dappled white flowers resemble famous Dutch pottery made in and around the town of Delft since the 16th century. Recent research has shown that the seeds possess powerful anti-inflammatory properties. Seed extracts were shown to inhibit both forms of the cyclooxygenase (COX) enzyme involved in inflammation. Prefers sunny locations with well-drained soil. Ht. 70-90cm/28-36in.

S4275-300 Seeds: Pkt/\$4, 10g/\$25, 100g/\$190

OLD MAN ARTEMISIA: See SOUTHERNWOOD

OLOLIUQUI

Rivea corymbosa

(Mexican morning glory) Sacred hallucinogenic herb used by the Aztecs in divination rituals. Once thought to be exterminated by the Spaniards in their zeal to exorcise "demonic" practices but the plant and the rituals were found alive in the mountains among the Mazatecs of Oaxaca, Mexico. Climbing vine with white flowers.

P4292 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

ONION, EGYPTIAN

Allium x proliferum

This fascinating mild-flavoured onion develops bulbs at the top of its slender leaves, not at the base like ordinary onions. Excellent for pickling and for seasoning soups and stews.

P4300 Plants (Not to ID): \$3.95, 3+/\$3.20, 12+/\$2.60

R4300 Bulbs (Sept-Oct shipment) (Can,US only): 10/\$10, 100/\$60

ONION, WELSH

Allium fistulosum 'Evergreen'

(Onion green; Bunching onion) A bulbless perennial onion green like chives, but has larger leaves and a stronger, zesty flavour. Ideal for cooked vegetables, soups, stews, casseroles and quiches. Try them in homemade potato soup for a real treat. Easy to grow; can be picked anytime ground is not frozen.

S4310-001 Seeds: Pkt/\$3.50, 10g/\$12, 100g/\$70, 1kg/\$505



MORE SEEDS ONLINE!
richters.com/seeds

Greek Oregano



Oregano

(*Origanum*)

WILD OREGANO: See COMMON MARJORAM

GOLDEN OREGANO

Origanum vulgare 'Aureum'

P Z6-9

Golden foliage is a nice colour contrast for rock gardens and edges of flower beds. Mild oregano flavour.

P4314 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GREEK OREGANO

Origanum vulgare hirtum

P Z5-11+

This is the true oregano collected wild in the mountains of Greece. White flowers; very hardy. Excellent flavour.

S4315 Seeds: Pkt/\$3, 10g/\$27, 100g/\$205, 1kg/\$1525

P4315 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15

KALITERI OREGANO

Origanum 'Kaliteri'

P Z6-11+

'Kaliteri' means 'the best' in Greek, an apt nickname for this terrific oregano that first came to us without a name. Specially selected for its high oil content, this strain is grown commercially in Greece for the high quality oregano market. Spicy, silver-grey foliage.

P4315-150 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

HERRENHAUSEN OREGANO

Origanum laevigatum 'Herrenhausen'

P Z5-9

Sweet, fruity scented oregano with dark green leaves and purple flowers. Forms beautiful dense carpets covered with masses of purple flowers in late summer. Very effective as an edging for gardens and along pathways. Flowers dry well for arrangements. Ht. 30-60cm/1-2ft.

P4315-200 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Bristol Cross Oregano



BRISTOL CROSS OREGANO

Origanum 'Bristol Cross'

P Z6-10

Striking ornamental variety with a mild oregano flavour and aroma. Forms almost perfect globe-like balls when grown in baskets. Showy hop-like pink flowers similar to Kent Beauty but longer and more impressive. Ht. 20cm (8").

P4315-220 Plants: \$4.95, 3+/\$4

ITALIAN OREGANO

Origanum x majoricum

P Z6-9

(Hardy marjoram) Strong spicy flavour, similar to sweet marjoram. It is actually a hybrid of sweet marjoram and oregano (*O. majorana* x *O. vulgare* virens) and the mixed parentage makes it a wonderfully versatile herb in the kitchen. Use it like you would oregano — or use it like marjoram! White flowers appear in summer. Ht. 45-60cm/18-24in.

P4315-300 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

KENT BEAUTY OREGANO

Origanum 'Kent Beauty'

P Z6-9

Round leaves on almost trailing branches and attractive pink or purple flower bracts. Good aroma and sharp, bitter oregano flavour. A hybrid between *O. rotundifolium* and *O. scabrum*.

P4315-350 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Profusion® Oregano



PROFUSION® OREGANO

Origanum vulgare 'OV12'

P Z5-9

Super hardy! Found growing in amongst the native grasses and herbs in the back field of the farm. These were descendants from a planting more than a quarter century ago when Otto Richter, co-founder of Richters Herbs, planted oregano seeds from a highly aromatic strain from Greece that was not expected to survive the Canadian winter. A few hardy individuals from that planting eeked out an existence hidden by taller grasses for more than 25 years until they were discovered a few years ago. This is a super hardy strain that is intensely aromatic and flavourful — and is tough enough to elbow out the competitors. We are very excited and proud to offer this super hardy oregano!

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P4315-600 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

SYRIAN OREGANO

Origanum spp.

P Z8-10

This is not *Origanum syriacum*, the plant usually called "Syrian oregano" or "true zaatar," but we think this is one of several wild Middle Eastern plants used like true zaatar to make the traditional zaatar spice blends that are so loved throughout the region. The flavour is strong and spicy, and its leaves can be used fresh or dried wherever oregano is used. In the garden, it is hardier and more vigorous than true zaatar.

P4316 Plants: \$4.95, 3+/\$4, 12+/\$3.20

TURKESTAN OREGANO

Origanum vulgare gracile

P Z5-10

A beautiful dark oregano from the mountains of Tajikistan and Uzbekistan in Central Asia. It is used for cooking and for its aromatic oil which has antimicrobial properties against a broad spectrum of bacteria. The attractive dark look of the plant is due to reddish glands in the leaves. The aroma is mild and almost perfume-like in a way, and the flavour is earthy and mild. Ht. 40-80cm/16-32in

P4316-200 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ZORBA RED OREGANO

Origanum vulgare 'Zorba Red'

P Z5-9

An entirely different oregano! Excellent for gardens, hanging baskets, and container gardens. Spectacular red-purple sprays dotted with pure white flowers appear in early summer and keep on coming well into the autumn. Its spreading growth habit, dark green aromatic foliage, and waves of flowers create an impressive floral display. Ht. 90cm/36"; spread 70cm/28".

Unauthorized propagation prohibited. U.S. patent (USPP#13,841)

P4316-800 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

OREGANO, CUBAN

Plectranthus sp.

P Z11+

Fleshy small almost round leaves with small shallow rounded teeth on edges. Scent remini-scent of oregano, but it is not used in cooking. An attractive houseplant that releases a pleasant odour when brushed against.

P4317 Plants: \$4.95, 3+/\$4, 12+/\$3.20

OREGANO, MEXICAN

Lippia graveolens

☺ ☱

P Z9-11

Often sold as true oregano in Mexico and southern U.S. where its fine oregano flavour is used to great advantage in chilis and other Mexican dishes. Properly pruned, it will grow into a miniature tree in a bright window or solarium.

P4318 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ORRIS

Iris x germanica florentina

☼ ☱

P Z4-10

Produces nearly white flowers with traces of blue or purple. Dried powdered rhizome is the major source of orris, used in perfumery and potpourris.

P4319 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Oysterleaf

OYSTERLEAF

Mertensia maritima

P Z2-8 ☼ ☱ M◆

Leaves are like oysters! (Oyster plant; Sea lungwort) This little-known super hardy perennial is found along seashores from the far north of Canada to as far south as B.C., the Maritimes and New England. It is salt-tolerant and thrives in gravel and sand, feeding on little more than composted seaweed washed up on the shore. Yet it also thrives in gardens in well-drained soil, even in warmer areas as far south as California. The Inuit of Alaska were known to eat the rhizomes. In Europe it has been over-harvested to the point where it is now rare. The texture of cooked leaves is remarkably like oysters, and the aroma is described as having "marine oyster-like notes." A recent study revealed that the plant possesses high concentrations of allantoin, the factor responsible for the healing magic of comfrey.

S4329 Seeds: Pkt/\$5.25

PANSY

Viola cornuta 'King Henry'

P Z6-9 ☼ ☱ E

Edible purple flowers have a wintergreen overtone. Use in soups, fruit and potato salads, ravioli, desserts, and as a garnish.

S4333 Seeds: Pkt/\$2.75, 10g/\$16, 100g/\$120



Alma Paprika

PAPRIKA, ALMA

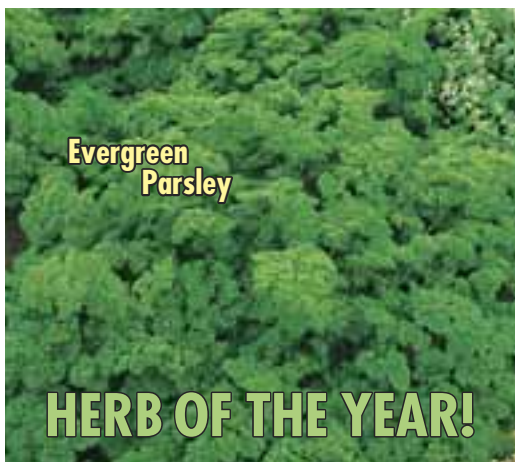
Capsicum annuum 'Alma'

☺ ☱ A ☼ E

Best known for making paprika, the quintessential flavouring for Hungarian goulash and paprikash. The stout 5cm/2" red peppers are dried and ground to make the spice. The fruits mature from cream-white to orange to red, becoming mildly spicy. As many don't know, they are quite delicious as a fresh pepper for stuffing and salads. Like all peppers, they need to be started early indoors, 6-8 weeks before outdoor planting time.

S4342-181 Seeds (Not to US): Pkt/\$3, 10g/\$32, 100g/\$220

PARACRESS: See BULL'S EYE CRESS



Evergreen Parsley

HERB OF THE YEAR!

Parsley

(*Petroselinum*)

Parsley cannot be surpassed for its versatility in the kitchen. It underlines the flavour of foods without being dominant, and complements almost every dish. Fresh green appearance and fragrant aroma delight the eye and stimulate the appetite.

Curled Group

DOUBLE CURLED PARSLEY

Petroselinum crispum crispum

B Z6-9 ☼ E

Dense dark green doubly curled leaves. Excellent for flavouring and garnishes. Suitable for home gardens and commercial production. Ht. 35cm/14"

S4347-001 Seeds: Pkt/\$3.50, 100g/\$18, 1kg/\$100

New! EVERGREEN PARSLEY

Petroselinum crispum crispum 'Evergreen'

B Z5-9 ☼ E

This was an All-America Selection back in 1940 and is still a favourite in home gardens today. It is a very nice dark green double curled variety with excellent flavour, perfect for fresh use and as a garnish. In the garden it is more vigorous and more tolerant of hot and cold weather than other varieties. Ht. 30-35cm/12-14". 70-80 days.

S4347-501 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$25

FAVORIT PARSLEY

Petroselinum crispum crispum 'Favorit'

B Z6-9 ☼ E

Sometimes the texture of modern curled parsleys can be tough, a feature added by design to withstand long shipping and to extend shelf-life. The leaves can be quite a chore to chew! But Favorit is different — it is a curled parsley with a softer texture and a much nicer mouth-feel. It is a tad sweeter too, making it one terrific parsley for all around use.

S4347-700 Seeds: Pkt/\$3, 10g/\$9, 100g/\$60

MOSSCURLD PARSLEY

Petroselinum crispum crispum

B Z6-9 ☼ E

Standard curled variety. Bright green, deeply cut and finely divided leaves.

S4350 Seeds: Pkt/\$3, 100g/\$12, 1kg/\$85

S4350-001 Seeds: Pkt/\$3.50, 100g/\$15, 1kg/\$100

P4350 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$12

Plainleaf Group

Our favourite type because flavour is extra rich. Adds true European character to soups and stews.

ARGON PARSLEY

Petroselinum crispum 'Argon'

B Z6-9 ☼ E

Improved plainleaf variety with dark green flat leaves and upright growth habit. High yields. Strong powdery mildew tolerance.

S4365 Seeds: Pkt/\$3.50



Festival 68 Parsley

New! FESTIVAL 68 PARSLEY (P) B Z6-9 (S) E

Petroselinum crispum 'Festival 68'
A very nice flat leaf variety with an unusual parentage. During the Iron Curtain era Bulgarian scientists crossed a celery with a parsley and got plants that looked like parsley but had a richer, more pleasant flavour with subtle hints of celery. Eventually they succeeded in stabilizing the variety so it reproduces consistently by seed. More than 40 years later this unique variety is still widely grown in Europe for fresh and dried use.

S4365-800 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$30, 1kg/\$80



Hungarian Flat Parsley

New! HUNGARIAN FLAT PARSLEY (P) B Z6-9 (S) E

Petroselinum crispum neapolitanum 'Hungarian'
Hungary knows parsley! It is something of an obsession in the country where one website counted over 2,000 recipes featuring it in one form or another. In Hungary, parsley is indispensable with potatoes, in soups and stews, and dumplings. Greengrocers are supplied by some 3,000 hectares (7,500 acres) devoted to parsley production in the country. We are pleased to offer this traditional flat-leaved variety from Hungary with a very rich flavour. The leaf shape and size are not as uniform as in modern varieties but we think variability helps it to resist debilitating diseases such as *Xanthomonas* that plague other varieties.

S4366-001 Seeds: Pkt/\$3.50, 10g/\$8, 100g/\$60

ITALIAN PARSLEY (P) B Z6-9 (S) E

Petroselinum crispum neapolitanum
Our favourite type because flavour is extra rich. Adds true European character to soups and stews. Dark green, glossy leaves, strong flavour. Taller, has larger leaves than standard strain. Very popular.

S4367 Seeds: Pkt/\$2.25, 100g/\$18, 1kg/\$120

S4367-001 Seeds: Pkt/\$3, 100g/\$20, 1kg/\$125

P4367 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$12

PLAIN PARSLEY (P) B Z6-9 (S) E

Petroselinum crispum neapolitanum
Standard variety for flavouring, slightly earlier maturing than above. Deeply cut, bright green leaves with excellent flavour.

S4370 Seeds: Pkt/\$2.75, 100g/\$12, 1kg/\$80

S4370-001 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$100

Root Group

Both leaves and its slender, parsnip-like root are used. Roots are excellent for flavouring soups, stews, or steamed to serve with butter or sauce.

HAMBURG PARSLEY (P) B Z6-9 (S) E

Petroselinum crispum tuberosum 'Hamburg'
Very popular in northern Europe. Looks almost identical to parsnip but a little smaller, with 8-10 inch long slender roots and a flavour that is a mix between celery and parsley with a nutty overtone. Leaves and roots can be eaten raw or cooked adding an excellent flavour to soups and stews, used as a garnish on salads as well as steamed and served with butter or sauce. Roots 20-25cm/8-10in. long, flat leaves.

S4360 Seeds: Pkt/\$2.75, 100g/\$19, 1kg/\$130



Konika Parsley

New! KONIKA PARSLEY (P) B Z6-9 (S) (F) E

Petroselinum crispum tuberosum
Tapered white roots are crisp and tender when fresh and turn a creamy consistency when cooked. The taste is an audacious blend of celeriac, parsley and carrot all in one root. Excellent in soups and stews (like Hungarian goulash), as fries, or roasted. The wider, shorter roots (12-15cm/5-6") of this variety are easier to dig than others. Sow direct in spring or late fall for harvest the following summer or fall. 140-150 days.

S4360-200 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$25, 1kg/\$140

Other Parsley

JAPANESE PARSLEY: See MITSUBA

New! PARSLEY BLEND (P) (S) (F) E

Petroselinum crispum
When space is tight! For those who don't have a lot of space but want to grow different types of parsley for seasoning and for garnish, this is a perfect blend of three classic flat-leaf, curled, and mosscurled varieties.

S4343 Seeds: Pkt/\$3.50, 10g/\$10

PARTRIDGEBERRY (P) Z5-9

Mitchella repens
(Squaw vine; Checkerberry) Attractive low growing evergreen herb common in forests throughout eastern North America. According to native American practice the tea taken in the last few weeks of pregnancy promotes easier childbirth. The tea is also used as a wash for sore nipples.

P6020 Plants (Mar-May shipment): \$10, 3+/\$8, 12+/\$6.50

PASQUE FLOWER (P) Z5-7 (S) (F) M

Anemone pulsatilla
Pretty rock garden plant with masses of purple flowers appearing early in spring. Valuable in correcting membrane disorders of the respiratory and digestive passages. Slow to germinate.

S4400 Seeds: Pkt/\$4, 1g/\$7, 10g/\$50

P4400 Plants: \$4.95, 3+/\$4, 12+/\$3.20

PASSION FRUIT

Passiflora edulis

P Z8B-11+ ☹️ Ⓜ

Unusual vine bearing spectacular star-like lavender flowers. Edible purple fruits possess pleasant flavour. Used as table fruit and in sherbet, jam, and beverages. Grow in sunniest window or greenhouse and provide support of trellis. Slow to germinate.

S4441 Seeds: Pkt/\$4.50, 10g/\$16, 100g/\$115

P4441 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

PATCHOULI

Pogostemon patchouli

☹️ ✨

P Z11+

One of the definitive perfumes of the Orient and of India in particular. Widely used in perfumes and soaps, and even to perfume India ink. Leaves are excellent in potpourris and sachets.

P4450 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24



Cayenne
Chile Pepper

Pepper, Chile

(*Capsicum*)

Ah — the chile pepper! What would the great cuisines of Mexico, India, China, Japan, Southeast Asia, Indonesia, and the Middle East be without this fiery gift from the New World? What about the enchiladas, curries, dhals, stir fries, salsas, and the prototypical chile dish, chili con carne? In cultivation for at least 8,500 years, chiles come in all shapes, colours and pungencies to suit every temperament. “Heat” is measured in Scoville units: anything under 5,000 Scoville units is mildly hot and anything over 100,000 units is scorching hot. ranging from the mildly hot Jalapeno pepper at 2,500 to 8,000 units to the impossibly hot Bhut Jolokia at more than a million units.

Per USDA rules, pepper seeds and plants cannot ship to the U.S.

For sweet peppers please see our VEGETABLE section.

Mexican Chiles

Mexican chiles do best where the growing seasons are long and hot, but do not let that stop you from trying them in less torrid areas. In Canada and the northern U.S., start chiles indoors early (Jan-Mar) and transplant out after the danger of frost is over.

ANAHEIM CHILE

Capsicum annuum 'Anaheim'

☹️ Ⓜ

A Ⓢ Ⓜ

About 15cm/6" long, 5cm/2" across. Used fresh either green or ripe red, or dried ripe. Excellent stuffed fresh (*chiles rellenos*), and in stews and sauces. Dried in *ristras* and powdered as *chile colorado*. Heat: 500-2,500 Scoville units.

S4470-100 Seeds (Not to US): Pkt/\$2.75, 10g/\$8, 100g/\$60

P4470-100 Plants (Not to US): \$3.95

ANCHO POBLANO CHILE

Capsicum annuum 'Poblano Ancho'

☹️ Ⓜ

A Ⓢ Ⓜ

The most commonly used dried chile of Mexico; essential for sauces and moles. In fresh form it is known as Poblano and in dried form it is known as Ancho. Brickred to black-purple when dry; 10cm/4in long by 7cm/3" wide. Mild, sweet flavour. Heat: 1,000-2,000 Scoville units.

S4470-120 Seeds (Not to US): Pkt/\$2.75, 10g/\$9, 100g/\$70

P4470-120 Plants (Not to US): \$3.95, **Plug pack:** 12/\$12

CAYENNE CHILE

Capsicum annuum 'Long Slim'

☹️ Ⓜ

A Ⓢ Ⓜ

The red hot chiles, about 3 inches long, are indispensable in Mexican, Indonesian and Italian dishes. Dried powder adds zest and piquancy to soups, sauces, egg and meat dishes. Ground pods and a little soap in water is a useful insect-repellent for the garden. Heat: 30,000-50,000 Scoville units.

S4470-320 Seeds (Not to US): Pkt/\$2.75, 10g/\$9, 100g/\$65

S4470-321 Seeds (Not to US): Pkt/\$3, 10g/\$10, 100g/\$75

P4470-320 Plants (Not to US): \$3.95, **Plug pack:** 12/\$12



Pennyroyal

PENNYROYAL

Mentha pulegium

P Z6-9 ☹️ Ⓢ Ⓜ

Once used to flavour puddings and sauces. The tea is still used today to ease headache. Strong minty aroma. Has insect repelling properties. The essential oil has abortifacient properties and should not be used by pregnant women.

S4460 Seeds: Pkt/\$3, 10g/\$40, 100g/\$295

P4460 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

PENNYROYAL, PURPLE SNOWCONES

Mentha pulegium 'Purple Snowcones'

☹️ Ⓢ Ⓜ

P Z5-9

Pennyroyal, the forgotten maiden among the mints, has long needed a makeover to match its big minty aroma and taste. Now with this variety it is ready to take its place in gardens, hanging baskets, and container gardens. 'Snowcones Purple' has a cascading growth habit and sends up flowering branches that look like purple scoops of snow. Ht. 60cm/24".

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#12,971)

P4463-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20

PENNYROYAL, SPICE BALL

Mentha pulegium 'Spice Ball'

☹️ Ⓢ Ⓜ

P Z5-9

No wonder it's called 'Spice Ball': in hanging baskets and containers it develops spherical displays of tightly-woven foliage with an intense, almost spicy, mint aroma. Exceptional!

Richters exclusive. Unauthorized propagation prohibited.

P4463-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20

PENNYWORT: See GOTU KOLA

PEPICHA

Porophyllum tagetoides

A Ⓢ Ⓜ

(Pipicha; Chepiche) Mexican herb like cilantro but ten times so. Has overtones of pine, citrus, mint and anise, all wrapped up in a complex nexus of aromas and flavours. Its net effect on the palate is hearty, down-to-earth, and so good! Try it in stuffings, stews, salads, salsas, or on poultry, fish, devilled eggs, or even in tabouleh, bulgar, and potato salad. Also fights bacterial infections and inflammatory diseases and helps detox the liver. Easy to grow, just sow the seeds where the plants are to grow. Unlike its distant cousin cilantro it does not bolt in hot weather, so it produces gorgeous fresh foliage all summer long. Prefers full sun. Ht. 30-60cm/1-2ft.

S4467 Seeds: Pkt/\$4, 1g/\$8, 10g/\$55, 100g/\$370



Chocolate Habanero Chile Pepper

HABANERO CHILE

Capsicum chinense 'Habanero'

The fiery habanero chile goes back at least 8,500 years according to archaeological evidence found in a cave in Peru. It is a classic hot chile of Mexico, especially on the Yucatan Peninsula where it is widely cultivated. At 30-50 times hotter than jalapeño, it was once rated the world's hottest by Guinness World Records. The wrinkled lantern-shaped pods are used fresh or dried in salsas, chutneys, marinades. Thrives in hot sunny spots, a little on the dry side. As the seeds can be slow to germinate start them indoors early. Ht. 60-90cm/2-3ft. 100 days. Heat: 100,000-350,000 Scoville units.

—**ORANGE** Standard variety. Ripens to a fiery golden-orange.

S4470-450 Seeds (Not to US): Pkt/\$3, 10g/\$19, 100g/\$145

S4470-451 Seeds (Not to US): Pkt/\$3.50, 10g/\$35, 100g/\$265

P4470-450 Plants (Not to US): \$3.95, **Plug pack:** 12/\$12

—**CHOCOLATE** Matures into a deep orange-chocolate colour. From Trinidad.

S4470-455 Seeds (Not to US): Pkt/\$4.50, 10g/\$40, 100g/\$275

—**WHITE** Piping hot white variety.

S4470-461 Seeds (Not to US): Pkt/\$3, 10g/\$30, 100g/\$220

P4470-460 Plants (Not to US): **Plug pack:** 12/\$12

JALAPEÑO CHILE

Capsicum annuum 'Jalapeno'

Best known hot chile, 5-7cm/2-3" long, 2-3cm/1-1.5" in diameter. Used fresh either green or ripe red in salsa, stews, breads, sauces, dips, or just about anything that needs spicing up. Known as *chipotle* when dried by smoking. Heat: 2,500-8,000 Scoville units.

S4470-501 Seeds (Not to US): Pkt/\$3, 10g/\$11, 100g/\$80, 1kg/\$580

P4470-500 Plants (Not to US): \$3.95, **Plug pack:** 12/\$12

MANZANO ORANGE CHILE

Capsicum pubescens 'Manzano Orange'

(Rocoto) Manzano chiles are relatives of the hot and spicy rocoto pepper from the Andes in South America. The thick pods are difficult to dry so they are mostly used fresh, and are excellent in hot salsas. Compared to other chiles, this is more resistant to low temperatures and is typically grown at high altitudes. Fruits ripen to a yellow-orange colour. Heat: 12,000 and 30,000 Scoville units.

S4470-550 Seeds (Not to US): Pkt/\$4.50, 1g/\$15, 10g/\$100

P4470-550 Plants (Not to US): \$3.95

SERRANO CHILE

Capsicum annuum 'Serrano'

Use when green or ripened to scarlet. Small: 2cm/1" long, 1cm/0.5" across. Thick flesh; clean biting heat. Salsas, pickled, or roasted for sauces. Heat: 10,000-23,000 Scoville units.

S4470-800 Seeds (Not to US): Pkt/\$2.75, 100g/\$65

P4470-800 Plants (Not to US): \$3.95

TABASCO CHILE

Capsicum annuum 'Tabasco'

The chile pepper used to make the famous hot sauce of the same name. Its origin is the southern Mexican state of Tabasco, but it is now mainly grown in Louisiana and other Gulf states. Attractive: fruits point upright, changing from yellow to orange and finally to bright red at which stage they are harvested. Compact bushes 60-90cm/24-36" high can bear as much as 100 chiles each. Heat: 30,000-50,000 Scoville units.

S4470-950 Seeds (Not to US): Pkt/\$4.50, 1g/\$10, 10g/\$75, 100g/\$550

P4470-950 Plants (Not to US): \$3.95, **Plug pack:** 12/\$12

Other Hot Peppers

BHUT JOLOKIA PEPPER

Capsicum annuum 'Bhut Jolokia'

One of the world's hottest! (Ghost pepper) By the Scoville system this pepper is rated at over one million Scoville heat units. That's 400 times hotter than Tobasco sauce! Back in 2007 this was the world's hottest pepper according to Guinness World Records. Native to northeastern India, bhut jolokia is a hybrid of *C. chinense* and *C. frutescens*. Brilliant red when mature. Seeds require warm soil to germinate, and peppers do best in light, well-drained soil in areas where there is a long hot growing season to allow them to come to their fiery best. Wear protective gloves to harvest ripe fruit. Heat: 1,500,000 Scoville units.

S4470-250 Seeds (Not to US): Pkt/\$5.25, 1g/\$25, 10g/\$175

S4470-251 Seeds (Not to US): Pkt/\$7.25

P4470-250 Plants (Not to US): \$3.95



Big Jim Pepper

BIG JIM PEPPER

Capsicum annuum 'Big Jim'

Anaheim type with huge peppers that get up to 20cm/8" long and 5cm/2" wide and weigh up to 4oz each. It is not uncommon to get 25-30 of these from a single plant. The heat is mildly hot, about 2,000-4,000 Scoville units. Excellent for *chile relleno*. 70-80 days.

S4470-256 Seeds (Not to US): Pkt/\$3, 10g/\$12, 100g/\$80

P4470-255 Plants (Not to US): \$3.95



Biquinho Red Pepper

BIQUINHO RED PEPPER

Capsicum chinense 'Biquinho Red'

These teardrop-shaped peppers from Brazil are the cutest little things, less than an inch in size. The name translates as "little beak" in reference to the small pointy ends at the bottom of the fruits. Brazilians pickle them in vinegar and love to toss them in salads, on pizzas, or any spicy dish in need of a kick. The flavour is fruity and smokey, and while they have some heat, the pickled fruits are perfect for those who do not like their chiles to start a fire. When covered in orange and red fruits, the plants can be very pretty for the patio. Heat: 1,000 Scoville units. 100 days.

S4470-258 Seeds (Not to US): Pkt/\$4.50

BISHOP'S CROWN PEPPER

Capsicum baccatum 'Bishop's Crown'

(Friar's hat; Joker's hat) Originally from Barbados where they are known as "peri peri". Unique three or four-sided shape resembles a hat or a crown — or maybe a flying spaceship. Famous for its gorgeous flavour: sweet and tangy, and fruity, with the heat building slowly and never getting unpleasant. Great chile for salads, for stuffing, pickles and salsa. Heat 10,000-30,000 Scoville units. 90-100 days.

S4470-260 Seeds (Not to US): Pkt/\$4, 10g/\$60, 100g/\$415

P4470-260 Plants (Not to US): \$3.95, 3+/\$3.20, 12+/\$2.60

BLACK HUNGARIAN PEPPER

Capsicum annuum

Similar to jalapeño pepper in shape and size. Pods start off green, turn jet black, and slowly ripen to red. Mildly hot and absolutely delicious. Chile fans say this variety is better than the traditional jalapeño variety for smoked chipotles. Black fruits and large purple flowers create quite a nice ornamental effect. Heat: 2,500 Scoville units. 65-80 days.

P4470-310 Plants (Not to US): \$3.95



Carolina Reaper Pepper

CAROLINA REAPER PEPPER

Capsicum chinense 'Carolina Reaper'

Like molten lava! At more than 1.6 million Scoville units this pepper was certified in 2017 by the Guinness World Records as the world's hottest. Developed in South Carolina by "Smokin" Ed Currie, a breeder and purveyor of really hot peppers, it is a cross between two nasty hot varieties from the Caribbean and from Pakistan. Its notoriety as the world's hottest led to a craze to consume the most peppers at a time on Youtube. 100-125 days.

Note: The purchase of these seeds means that you are aware of the risks handling and ingesting this very hot pepper and its seeds, and you take all responsibility for any injuries or medical emergencies that may arise.

S4470-315 Seeds (Not to US): Pkt/\$5.25

P4470-315 Plants (Not to US): \$3.95



Fish Pepper

FISH PEPPER

Capsicum annuum longum

Attractive pepper plant with white mottled foliage and striped fruits. The curving fruits look a little like swimming fish. They turn from white with green stripes to orange with brown stripes to solid red when mature. This pepper has been grown by the African-American community around Philadelphia and Baltimore for years, where its heat and full-bodied flavour are treasured for fish and shellfish. Heat: 5,000-30,000 Scoville units.

S4470-401 Seeds (Not to US): Pkt/\$4.50

P4470-400 Plants (Not to US): \$3.95

HOT PORTUGAL PEPPER

Capsicum annuum 'Hot Portugal'

Looks like a cayenne pepper with long glossy scarlet pods 15-17cm/6-7" but the flavour is sweet and tart with undertones of strawberry and apples and no bitterness. Medium-hot at 5,000 Scoville units. Excellent in soups, chilli, and stews. Heavy yields, about twice as much as cayenne.

S4470-470 Seeds (Not to US): Pkt/\$3, 10g/\$27, 100g/\$200

P4470-470 Plants (Not to US): \$3.95

HUNGARIAN HOT WAX PEPPER

Capsicum annuum 'Hungarian Hot Wax'

Versatile hot banana pepper that can be served stuffed, fried, pickled, or just added fresh to salads. Pods, about 12cm/5" long, turn yellow, then orange, and then bright red. Mildly hot at 6,000 Scoville units. A good dependable choice for cooler areas where other hot peppers do not do well. 60-85 days.

S4470-481 Seeds (Not to US): Pkt/\$3, 10g/\$20, 100g/\$130

P4470-480 Plants (Not to US): \$3.95

MONKEYFACE PEPPER

Capsicum annuum 'Monkeyface'

Hot chile pepper with a fruity, almost mango-like flavour. Although the heat is definitely there, the taste is not edgy or bitter like some other hot peppers. After the initial hot and spicy kick, the flavour lingers well after the heat subsides. The indented yellow fruits, 10cm/4" long, vaguely suggest the faces of monkeys. This variety came to us from Sweden where chile enthusiasts apparently like their heat to come in fun shapes and flavours!

Heat: 2,500-5,000 Scoville units.

S4470-570 Seeds (Not to US): Pkt/\$5.25, 1g/\$9, 10g/\$65

P4470-570 Plants (Not to US): \$3.95

PETER PEPPER

Capsicum annuum 'Peter'

(Penis pepper) An heirloom pepper that undeniably looks like an uncircumcised penis. It is perhaps not for everybody, but if you are growing this in your garden for all to see, it does help to have a healthy dose of humour. This unusual chile is actually quite edible and hot. 10,000-23,000 Scoville units.

S4470-730 Seeds (Not to US): Pkt/\$4.50, 1g/\$20

P4470-730 Plants (Not to US): \$3.95, 3+/\$3.20, 12+/\$2.60



Scotch Bonnet Pepper

SCOTCH BONNET PEPPER

Capsicum chinense 'Scotch Bonnet'

The famous hot pepper of the Caribbean with more or less spherical fruits about 4cm/1.5" in diameter. Has a fiery, apple-cherry tomato flavour. Great for salsas and sauces. Closely related to 'Habanero' chile. 120 days. Heat: 150,000-325,000 Scoville units.

S4470-750 Seeds (Not to US): Pkt/\$5.25, 10g/\$20, 100g/\$135

P4470-750 Plants (Not to US): \$3.95, **Plug pack:** 12/\$12

TRINIDAD SCORPION PEPPER

Capsicum chinense 'Trinidad Scorpion'

Like a blast from hell! Fresh or dried, it is so hot that it is "extremely dangerous," according to breeder Craig Dremann, and he recommends chemical resistant gloves and a mask when handling it. The best way to use it is "Louisiana-style," which is to fill a hot sauce bottle with the pepper, add vinegar, lime juice, or vodka, and allow the liquid to steep the pepper for a week or two. Shake out the liquid to use, and replace the liquid as it is used, reusing the same peppers over and over again. Heat: 1-1.4 million Scoville units.

Note: The purchase of these seeds means that you are aware of the risks handling and ingesting this very hot pepper and its seeds, and you take all responsibility for any injuries or medical emergencies that may arise.

S4470-920 Seeds (Not to US): Pkt/\$5.25

PERILLA

Perilla frutescens

(Shiso) Decorative green or purple foliage reminiscent of coleus. Cinnamon-scented leaves are popular in Japan for flavouring raw fish, bean curd, pickles and tempura. Before sowing, chill seeds at 5°C (40°F) for 3 days in moist sand.

—**GREEN** Great flavour; preferred variety for sushi.

S4474-100 Seeds: Pkt/\$3, 10g/\$7, 100g/\$55, 1kg/\$375

—**PURPLE** Purplish red leaves; preferred for pickled plums and preserved ginger.

S4474-200 Seeds: Pkt/\$3



New! PERILLA, KOREAN

Perilla frutescens

(Kkaennip) In America this is often sold incorrectly as a type of Japanese *shiso* which it is not. Instead it is a traditional Korean herb known as *kkaennip*. It resembles *shiso* but has a very different — and very seductive — minty-apple-lemon scent. The leaves of this variety are bigger, flatter, and less serrated than Japanese varieties, but otherwise they have the same mauve undersides as the Japanese *katamen-jiso* bicolour varieties. It is used as a vegetable, fresh or blanched, in soups and stews, or it is pickled in soy sauce or soybean paste for *kimchi* and *jangajji*. The seeds are roasted and used like sesame.

S4474-260 Seeds: Pkt/\$4, 10g/\$30



New! PERILLA, MISAKI

Perilla frutescens crispa 'Misaki'

The variety name "Misaki" got us wondering: was it inspired by a famous fishing port of the same name near Tokyo where undoubtedly this herb is celebrated for its quintessential affinity for fish? Or was it a nod to the divine spirits known as *misaki* who appear as good omens and guide the gods according to traditional Japanese belief? Either way, this is a very nice Japanese *shiso* with large indented leaves, reseda green on top and mauve beneath. The flavour is classic *shiso*, perfect for raw fish, tofu, pickles and tempura.

S4474-280 Seeds: Pkt/\$4, 10g/\$30

PINK, SWEET

Dianthus x hybrida 'Rainbow Loveliness'

One of the most heavily scented pinks, strikingly sweet and clove-like. Edible flowers are wonderful in many dishes where colour and its clove scent and flavour add a new twist.

P4488 Plants: \$4.95, 3+/\$4, 12+/\$3.20

PISS-OFF PLANT

Plectranthus 'Sumcol 01'

As much as we love our feline and canine friends, they can be a royal pain in the you-know-where when they carouse in our gardens. They romp around damaging plants, dig holes, and otherwise 'do their business' where they shouldn't. But dogs and cats (and rabbits too) stay away if a Piss-Off Plant is nearby. For some reason not yet understood they detect the odour of this plant. When planted three feet apart, the Piss-Off Plant will protect a whole garden. Not offensive to humans, and does not harm children or pets.

Unauthorized propagation prohibited. Protected by U.S. patent (USPP#13,843)

P4490 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

PLANTAIN, RIBGRASS

Plantago lanceolata

Leaf juice is reputed to have blood cleansing properties, to strengthen weak lungs, and to fight colds, diarrhea and similar digestive complaints. Poultice of fresh leaves on wounds prevents infection.

S4495 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$160

PLEURISY ROOT

Asclepias tuberosa

(Butterfly weed) Bright orange-red flowers are worthy of attention as an ornamental. Roots act specifically on the lungs as an expectorant and anti-inflammatory. Valuable for all chest complaints, including pleurisy.

S4510 Seeds: Pkt/\$4, 10g/\$25, 100g/\$180

Pokeroot

POKEROOT

Phytolacca americana

The young unfolded leaves in early spring (older leaves are poisonous) can be boiled and eaten like asparagus. Used to treat cancerous ulcers, rheumatism, arthritis and respiratory infections.

P4600 Plants: \$4.95, 3+/\$4, 12+/\$3.20

POMEGRANATE, DWARF

Punica granatum 'Nana'

Showy orange-red fuchsia-like flowers are followed by miniature fruits. Considered an excellent remedy for tapeworms since ancient Greek times. Needs occasional pruning.

P4651 Plants: \$4.95, 3+/\$4, 12+/\$3.20

POPPY, BREADSEED

Papaver somniferum

(Opium poppy) Source of opium and the narcotic alkaloids, morphine and codeine, used to control pain, coughs and diarrhea. The plant is far more important for its culinary uses. Its seeds, which do not contain alkaloids, are widely used on breads, cakes, bagels and in Middle Eastern delicacies. The seeds also yields a good quality oil used for salads, soap, ointments and paints. A beautiful cool season annual with a mixture of single and double flowers in a riot of colours from pink to purple but most are blood red.

S4733-001 Seeds: Pkt/\$3.50

POPPY, CALIFORNIA

Eschscholzia californica

Mildly narcotic colourless juice was used by Californian natives to treat toothache. Brilliant orange flowers. Best sown direct very early in spring as it prefers cool weather.

S4720 Seeds: Pkt/\$3, 100g/\$30, 1kg/\$140

POPPY, CORN

Papaver rhoeas

The Flanders poppy of Great War! The red poppy immortalized in the wartime poem "In Flanders Fields" and now a prominent symbol of Remembrance Day. Its seeds are delicious on cookies, breads, rolls, and cakes, adding texture and a mild nutty flavour. For a special treat try adding seeds to buttered noodles!

S4730 Seeds: Pkt/\$3, 100g/\$24, 1kg/\$170

PYRETHRUM, PAINTED DAISY

Tanacetum coccineum

(*Chrysanthemum coccineum*) Also source of insecticide. Lovely cut flower and border plant in a mixture of red, rose and white.

S4761 Seeds: Pkt/\$3, 10g/\$22, 100g/\$85

P4761 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

QUEEN ANNE'S LACE

Daucus carota

(Wild carrot) Infusion is used in the treatment of dropsy, chronic kidney disease and bladder afflictions. Leaves applied with honey soothe external sores and ulcers.

S4800-001 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$45, 1kg/\$320

RAMSONS

Allium ursinum

(Wild garlic; Bear garlic; Bärlauch) The fresh flowering herb is used to treat high blood pressure and hardening of the arteries. Recommended as a tonic in spring when the leaves are most potent. Leaves are used in salads, sandwiches and any dish where a garlic flavour is desirable. Up to 40cm/16in with showy white flowers appearing in late spring or early summer. Prefers moist, shady locations.

S4825 Seeds: Pkt/\$3.50



Black Raspberry

RASPBERRY, BLACK

Rubus occidentalis

(Thimbleberry) Native berry found throughout northeastern North America. The distinctive flavour is really special: sweet, slightly tart, with an agreeable added complexity compared to other raspberries. The berries start out red but turn dark purple-black as they accumulate anthocyanins. These pigments are very powerful antioxidants with anticancer and anti-inflammatory properties. First Nations peoples use for coughs, toothache, ulcers, gonorrhoea, diarrhea and dysentery. Thrives in any sunny or partly sunny location. Ht. 90-120cm (3-4ft).

P4831 Plants (Not to US): \$10

RASPBERRY, FLOWERING

Rubus odoratus

(Thimbleberry) Attractive native shrub of woodland areas in northeastern North America. The fragrant flowers are a bright pink-purple and the broad leaves are shaped like a maple leaf. Berries are edible and tasty though not as juicy as other raspberries. They are also a magnet for wildlife. The astringent leaves are useful for diarrhea and dysentery and as a wash for sores and boils. Also used for kidney complaints.

P4831-200 Plants (Not to US): \$10

RASPBERRY, RED

Rubus idaeus strigosus

Raspberry is not only a delicious native fruit, its leaves have astringent properties and are useful for painful menstruation and diarrhea. The Cherokee and Cree used a tea of the leaves to prepare the uterus for childbirth and to help recover after birth. The tea controls contractions while minimizing blood loss. Easy to grow in any sunny spot. Ht. 90-120cm (3-4ft).

P4830 Plants (Not to US): \$10

Rescueherb™



RESCUEHERB™

Solenostemon monostachyus

African treatment for panic attacks! (Nyale) Virtually unknown in the West, this herb is considered one of the best spiritual cleansing herbs of Africa. When the mind is disturbed and the heart races African herbalists use this herb to bring anxiety and panic under control. The fresh herb is crushed in water, strained, and the liquid taken until the anxiety subsides. Also used for colic, convulsions, fever, headache and cough, especially in children. Research suggests that its anticonvulsant activity comes from its ability to calm the central nervous system. Has thick succulent-like stems and aromatic leaves. Ht. 60cm/24".

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P4849 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

RHODIOLA: See ROSEROOT

RIBGRASS: See PLANTAIN, RIBGRASS

ROCKET, SWEET

Hesperis matronalis

The flower of deceit: its lovely perfume is released only in the evening. The flowers stimulate the glands and are aphrodisiac. Leaves picked before flowering are nutritious greens for salads.

S5010 Seeds (Not to AB): Pkt/\$3, 100g/\$16, 1kg/\$110



Rockrose

ROCKROSE

Cistus incanus ssp. tauricus

Stops bacteria in their tracks! (Cistus) This Mediterranean native has powerful antibacterial, antifungal and antiviral properties. Recent studies have shown that it is a powerful biofilm buster. Bacteria that can evade conventional antibiotics by forming protective biofilms can be stopped by rockrose extracts that break up these biofilms and prevent bacteria from adhering to tissues in the body. A recent study showed that rockrose also prevents HIV infection in the same way. Rockrose has become a staple for the treatment of Lyme disease, and is proven effective for flu and colds. Traditionally used for rheumatoid arthritis, fevers, skin abrasions and infections, and for acne. The delicious tea made with honey and lemon is very rich in antioxidants.

S5015 Seeds: Pkt/\$4.50

ROSE, DOG

Rosa canina

(Wild rose) A wild rose found growing in eastern and western North America. Fruits or rosehips are 20 times richer in vitamin C than oranges. Delicious in preserves, sauces and tea. Pink flowers have delicate fragrance; June.

S5020 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$40

ROSE, RUGOSA

Rosa rugosa rubra

P Z3-8



Excellent source of hips for preserves and teas. (Japanese rose; Salt spray rose) Hips are tomato-red and are large, up to an inch across. Repeat bloomer with purple-red single flowers. Easy to grow, tolerates part shade, and is very hardy. Excellent for group or hedge plantings. Disease resistant. 120cm/4ft x 90cm/3ft.

S5024 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40



Red Drops
Roselle

ROSELLE, RED DROPS

Hibiscus sabdariffa 'Red Drops'

P Z9-11



(Hibiscus) This is an Israeli variety of the famous hibiscus plant used throughout the tropics for hot and cold beverages. The fleshy calyces have a refreshing lemony flavour and give a luscious ruby-red colour to drinks, syrups, and foods.

S5028-100 Seeds: Pkt/\$4.50, 10g/\$24, 100g/\$167

Rosemary

(*Rosmarinus*)

ROSEMARY

Rosmarinus officinalis

P Z8-10



Regular variety. Upright bush habit.

S5030 Seeds: Pkt/\$3, 1g/\$12, 10g/\$45, 100g/\$460

P5030 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15



Arp
Rosemary

ARP ROSEMARY

Rosmarinus officinalis 'Arp'

P Z7-10



This is one of the hardiest varieties, reliable in zone 7, even surviving some years in zone 6 with protection. Interestingly, it not only takes the cold well, it thrives better in the U.S. South where summer heat can be a problem. Foliage is grey-green with good flavour and aroma.

P5031 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

BARBEQUE ROSEMARY

Rosmarinus officinalis 'Barbeque'

P Z8-10



Make skewers for kebabs with sticks of rosemary! Produces nice long, straight branches that can be cut to skewer lengths to grill meats, veggies, and even fruits such as strawberries or pineapple. The savoury essence of rosemary comes through beautifully without overpowering the food. After one try you won't want to go back to ordinary skewers again. Neat upright growth habit, reaching up to 1.5m (6ft) high.

P5031-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

BLUE BOY ROSEMARY

Rosmarinus officinalis 'Blue Boy'



P Z8-10

Diminutive, compact size and free flowering habit makes it ideal for indoor pot culture. Excellent flavour. Ht. 60cm/24"

P5033 Plants: \$4.95, 3+/\$4, 12+/\$3.20

BLUE RAIN ROSEMARY

Rosmarinus officinalis 'Blue Rain'



P Z8-10

An outstanding trailing variety for hanging baskets and patio pots. The "runners" reaching 45-60cm (18-24") become loaded with light blue flowers and stay in bloom for longer than most other rosemary varieties.

Richters exclusive for North America. Unauthorized propagation prohibited.

P5033-300 Plants: \$4.95, 3+/\$4, 12+/\$3.20

FOXTAIL ROSEMARY

Rosmarinus officinalis 'Foxtail'



P Z8-10

Dense branches arise from the base making an impressive show for planters and hanging baskets. The eye-catching plume-like growth habit is unique among rosemaries. Mid-blue flowers. Ht. 1m (3ft).

P5033-800 Plants: \$4.95, 3+/\$4, **Plug pack:** 12/\$18

GORIZIA ROSEMARY

Rosmarinus officinalis 'Gorizia'



P Z8-10

This is an outstanding variety from well-known herb grower and author Tom DeBaggio. It is tall, upright, with long straight branches, and large luscious leaves, and it produces showy clusters of light blue flowers in summer. It gives the overall impression of strength and robust health, a kind of inspiring vigour that gardeners and cooks like to have around. DeBaggio describes the aroma as "gentle, sweet, and a bit gingery." Can reach up to 150cm/5ft.

P5034-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

HILL HARDY ROSEMARY

Rosmarinus officinalis 'Madeline Hill'



P Z7-10

One of the hardiest rosemaries available. It survives winters in zone 7 reliably. Even in zone 6 it survives most winters, developing into a low shrub. Some say this variety is harder than 'Arp' but we think the jury is still out on which is the hardiest of them all. But 'Hill Hardy' is without a doubt an elite variety with a fine scent, delicate grayish leaves, and a nice compact growth habit.

P5034-600 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Huntington Carpet
Rosemary

HUNTINGTON CARPET

Rosmarinus officinalis 'Huntington Carpet'



P Z8-10

Very popular as a ground cover in California. The dense ground-hugging foliage and masses of deep blue flowers create a dramatic flowing "waterfall" effect. Excellent in containers, window boxes and baskets also. Ht. 30-45cm/12-18"

P5034-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

PINK MAJORCA ROSEMARY

Rosmarinus officinalis 'Pink Majorca'

Lovely pink-flowered version of 'Majorca'. Upright growth habit; prolific bloomer.

P5037-420 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

REX ROSEMARY

Rosmarinus officinalis 'Rex'

Stately variety with large, dark green leaves and deep blue flowers; vigorous upright growth habit. Preferred culinary variety.

P5037-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ROSY ROSEMARY

Rosmarinus officinalis 'Rosy'

Improved variety bred for faster, more reliable germination and robust growth habit. Rose-pink flowers. Use like any other rosemary for cooking, potpourri, etc. Ht. 60cm/2ft.

S5037-550 Seeds: Pkt/\$4.50, 1g/\$20, 10g/\$130

SANTA BARBARA ROSEMARY

Rosmarinus officinalis 'Santa Barbara'

Prostrate or trailing variety, very similar to 'Lockwood', but faster growing and earlier flowering. The flowers can be so dense that it seems as though the plants are covered in blue snow. Excellent for hanging baskets and container plantings. Will even climb if the branches have no other place to go!

P5037-900 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Spice Island
Rosemary

SPICE ISLAND ROSEMARY

Rosmarinus officinalis 'Spice Island'

Some have suggested that this variety was developed for the Spice Islands company for production of dried rosemary; but we don't believe there is any connection. It has a full-bodied aroma with a warm woody note and less camphor than other varieties. Strong upright growth habit. Covered with dark blue flowers in spring or late winter. Ht. 1m/3ft.

P5038-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

TUSCAN BLUE ROSEMARY

Rosmarinus officinalis 'Tuscan Blue'

Gorgeous upright columnar form with thick stems, succulent broad leaves, and large clear-blue flowers. The flavour and aroma is a little milder than others, but its sheer majesty is a thing to behold. Excellent variety for topiary use and for hedging in warm zones. Ht. 125-180cm/4-6ft.

P5039 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ROSEROOT

Rhodiola rosea

Adaptogenic like ginseng. (Rhodiola; Golden root) Has the ability to restore the body and mind after physical and mental exertion and stress. Its rose-scented roots improve learning and memory, and act as a tonic. In folk medicine the leaves were used like aloe on cuts and burns, and the Inuit made a decoction of the flowers for stomach and intestinal problems. Attractive flowers are greenish-yellow with reddish and purplish tones competing for attention. One of the hardiest medicinal plants known: it survives in the Arctic with ease! Ht. 5-40cm/2-16".

S5040 Seeds: Pkt/\$7.25

P5040 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

RUE

Ruta graveolens

Pungent bitter leaves used sparingly in stews, salads, sandwiches and vegetable juice. Two chewed will quickly relieve nervous headache. In early times judges relied on fresh sprigs of rue to repel fleas brought into court by prisoners.

S5050 Seeds: Pkt/\$3, 10g/\$15, 100g/\$100

P5050 Plants (Not to US): \$3.95, 3+/\$3.20, 12+/\$2.60



Mexican Rue

New! RUE, MEXICAN

Ruta chalepensis

(Fringed rue; Ruda) First brought to Mexico after the Spanish Conquest, this Mediterranean plant became naturalized throughout the country and firmly embedded in herbal folklore. It is used for digestive problems such as stomach pain, worms, constipation, nausea, diarrhea, and flatulence. Women use it to tonify the uterus, regulate menstruation, and promote lactation — and know to avoid it when pregnant. Externally it is used for venous insufficiency, varicose veins, hemorrhoids, wounds and skin ulcers. It is also a spiritual remedy for *mal aire* ("bad air") which is believed to come from the dead, causing loss of appetite, sweating, jaundice, and ringing in the ears. Smudging the afflicted from head to toe with a bundle of rue and other herbs is said to expel the *mal aire*. Has antioxidant, antimicrobial, anti-inflammatory and antispasmodic properties.

P5051 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SAFFRON

Crocus sativus

Saffron is the world's costliest spice; it takes the stigmas of 150,000 flowers to make one kilo. It is quite easy to grow in the garden; but north of zone 6, winter indoors in a cool place. Six plants will produce enough spice for one recipe. Lovely lavender blossoms in fall. Pistils produce yellow dye used for Buddhist monks' robes in Far East. Also produces copper and olive tones with mordants.

NOTE: Order early to avoid disappointment.

R5162 Bulbs (Sept-Oct shipment): 10/\$19, 100/\$120



Saffron



MORE PLANTS ONLINE!
richters.com/plants



Garden Sage

Sage

(*Salvia*)

Garden Sages

GARDEN SAGE

Salvia officinalis

P Z4-9     

(Dalmatian sage) The main culinary varieties popular for poultry stuffing and for flavouring rich meats like pork or duck. Also in homemade sausage, omelettes, cheese and bean dishes. Sage tea gargle is valuable for sore throat. Grey-green pebbly leaves, pale blue flowers. The most common culinary variety.

S5170 Seeds: Pkt/\$2.25, 10g/\$12

S5170-001 Seeds: Pkt/\$4, 10g/\$17, 100g/\$130, 1kg/\$940

P5170 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15

BERGGARTEN SAGE

Salvia officinalis 'Berggarten'

P Z5-8     

Choice strain, similar to Holt's Mammoth but with larger grey-blue silvery leaves and robust, low habit.

P5170-300 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

CASOLA VALSENIO SAGE

Salvia officinalis 'Casola Valsenio'

P Z5-8     

This is a beautiful variety of garden sage from the Giardino delle Erbe di Casola Valsenio, a botanical garden located in the Emilia-Romagna region of Italy. It has a dense, bushy habit with highly aromatic egg-shaped leaves. Its superior essential oil content makes it an excellent choice for cooking, herbal medicines, and for aromatic uses.

S5170-400 Seeds: Pkt/\$4.50, 10g/\$21, 100g/\$146

DWARF SAGE

Salvia officinalis 'Dwarf'

P Z5-8     

Dwarf version of the standard variety. Excellent for small areas, rockeries, borders. Ht. 25cm/10"

P5170-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Golden Sage

GOLDEN SAGE

Salvia officinalis 'Aurea'

P Z7-9     

Leaves a lovely chartreuse-yellow enhanced by dark green splashes around the veins. Best grown in zones 7-9.

P5171 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

HOLT'S MAMMOTH SAGE

Salvia officinalis 'Holt's Mammoth'

P Z5-8     

Similar to the standard variety, but leaves are larger.

P5171-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

PURPLE SAGE

Salvia officinalis 'Purpurea'

Aromatic purple foliage. Used in stuffings, sausages, omelettes, soups, stews. Winter mulch.

P5172 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

    
P Z6-9








Tricolor Sage

TRICOLOR SAGE

Salvia officinalis 'Tricolor'

Aromatic foliage with white and pink streaks. Grow in/outdoors in full sun. Winter mulch.

P5173 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

    
P Z6-9

WHITE DALMATIAN SAGE

Salvia officinalis 'White Dalmation'

A superior selection for commercial field production. Has a clean aroma and flavour, with little of the bitterness found in other varieties. Leaves are smaller and have a whiter appearance compared to standard garden sage.

P5173-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20

    
P Z5-8



Lowry's Peach Autumn Sage

Autumn Sages (*Salvia greggii*)

Called autumn sage because early fall brings on a glorious spurt of autumn flowers to cap off a continuous display that begins in June. The aromatic leaves are used as a seasoning in Mexico, and the edible flowers are excellent in salads, even adding to the 'crunch'! Magnet for hummingbirds. Does well in full or half sun. Ht. 75-100cm/30-40in.

BIG PINK SAGE

Salvia greggii 'Big Pink'

Large violet-pink flowers, nearly 3.5 cm (1.5 in) across, are set on dark maroon calices. Flowers appear May-July and later from September until frost. Shiny foliage and neat upright habit.

P5164-055 Plants: \$4.95, 3+/\$4, 12+/\$3.20

P Z7-10

CHERRY CHIEF SAGE

Salvia greggii 'Cherry Chief'

Many scarlet flowers, 2.5cm/1" Does better than most during hot summer months.

P5164-060 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

P Z7-10

LOWRY'S PEACH SAGE

Salvia greggii 'Lowry's Peach'

Orange-peach flowers, 2.5cm/1"

P5164-070 Plants: \$4.95, 3+/\$4, 12+/\$3.20

    
P Z9-10

RASPBERRY ROYALE SAGE

Salvia greggii 'Raspberry Royale'

 
P Z8-11

Salvia collector Richard Dufresne discovered this growing in his sage garden. It turned out to be one of his best releases, dishing out an abundance of raspberry-purple colour spring, summer and fall. Ht. 30-45 cm (12-18 in).

P5164-073 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

Other Sages

FRUIT SAGE

Salvia dorisiana

   
P Z10-11

The strong aroma of mixed fruits makes this plant an ideal ingredient for potpourri and other fragrant concoctions. Its large velvety leaves and shocking pink flowers make it an attractive houseplant. Needs good light. Pinch to keep bushy.

P5165 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GRAPE-SCENTED SAGE

Salvia melissodora

 
P Z9-10

(Tarahumara indian sage) Leaves and seeds are used medicinally by the Tarahumara Indians of Mexico. Thought to contain the same psychotropic compound found in divinens sage (*S. divinorum*). Foliage is pleasantly aromatic but it is the lavender flowers that possess the remarkable grape scent. In bloom from late spring until frost, it is a perpetual magnet for bees, butterflies and hummingbirds. Ht. 1.5-2m/5-6ft.

P5169 Plants: \$4.95, 3+/\$4, 12+/\$3.20

GREEK SAGE

Salvia fruticosa

   
P Z8B-9

Most dried sage is, in fact, of this species and not of the true garden sage (*S. officinalis*) as is commonly believed. Of ancient use; its distinctive trilobate leaves are visible in the wonderful Minoan frescoes at Knossos, dated 1400 B.C. Although somewhat inferior in quality, Greek sage offers the advantage that it is easier to grow indoors.

P5174 Plants: \$4.95, 3+/\$4, 12+/\$3.20

HONEY MELON SAGE

Salvia elegans 'Honey Melon'


P Z9-10

Looks and grows much like pineapple sage but has a stunning honeydew melon scent. There is nothing else like it in the world of herbs! Red flowers are edible, and they are favourite haunts of hummingbirds. Prefers filtered light but can tolerate full sun. Reaches 1-1.3m/40-50", but can be grown in hanging baskets.

P5175 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Hummingbird Sage

HUMMINGBIRD SAGE

Salvia guaranitica 'Black and Blue'


P Z7-10

(Anise-scented sage; Guarani sage) This is the best of the sages for attracting hummingbirds. Praised for its brilliant deep blue and black flowers on 38cm/15" spikes appearing from early summer until frost. Ht. 1-1.3m/3.5-4.5ft.

P5175-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Holyland Sage

HOLYLAND SAGE

Salvia judaica


P Z8-11    

(Menorah plant; Judean sage) This beautiful native of the Holy land, with its flowering branches divided into seven, is the inspiration for the biblical menorah. Its importance as a spiritual symbol, however, predates the Jewish bible because dried flowers were found lining a grave more than 13,000 years old in Israel. It has long symbolized wisdom. Since ancient times it was used as a poultice to treat "foul lesions" according to one account. Surprisingly there has been little research work on this plant, but initial reports are showing that it has potent antioxidant properties much like those reported in other sages.

S5175-700 Seeds: Pkt/\$4.50, 10g/\$34, 100g/\$236

MEXICAN BUSH SAGE

Salvia leucantha


P Z8-10

Increasingly popular as accent and contrast plants because the green-grayish pointed lanced-shaped leaves and velvety purple flower spikes are very showy. Good cut or dried flower. Removing spent flowers or 'deadheading' will promote more flowering and help keep plants more upright. Aromatic leaves. Ht. 1.2m/4ft.

P5178 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

PINEAPPLE SAGE

Salvia elegans

   
P Z9-10

Fabulous pineapple scent. Brilliant red flowers. Use for drinks, chicken, cheese and in jams and jellies. Grow indoors in good light. Pinch to keep bushy.

P5180 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

PERUVIAN SAGE

Salvia discolor


P Z9-10

Scent is a rather pleasant complex of fruit, eucalyptus and resin. Striking deep purple flowers.

P5186-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20

PRAIRIE SAGE

Salvia azurea


P Z4-9     

(Pitcher sage; Blue sage; Kansas sage) Tall azure-blue sage of the American prairies with aromatic, astringent, and tonic properties. It was once used for fever and malaria. Herbalists today use it as a detoxifier, especially in support of Lyme disease and other chronic illnesses. Ht. 90-120cm/3-4ft.

S5186-600 Seeds: Pkt/\$4.50

TANGERINE SAGE

Salvia elegans 'Tangerine'


   
P Z9-10

This is actually a type of pineapple sage but the aroma is citrusy. The plant forms dense clumps in the garden with bright scarlet flowers that appear in May or June and keep coming until the killing frosts in fall. Like other sages, it helps to relieve anxiety and can be used to brew a relaxing tea.

P5189 Plants: \$4.95, 3+/\$4, 12+/\$3.20

WHITE SAGE

Salvia apiana

  
P Z7-9    

Important ceremonial herb among the California Indians, used for purification much like wormwood (*Artemisia ludoviciana*). Roots were used for afterbirth to heal and to clean the womb. Leaves were smoked, taken as a tea, or used in sweatlodges to cure colds.

S5190 Seeds: Pkt/\$3.50, 1g/\$7, 10g/\$40, 100g/\$315

P5190 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$24

SAGE, RUSSIAN

Perovskia atriplicifolia

P Z3-9 S F M

Not exactly sage nor Russian, this hardy native of Crimea, Afghanistan and Pakistan was named Perennial Plant of the Year for 1995. Has beautiful purple-blue flowers that dry well for dried arrangements. Leaves are pleasantly aromatic with a strong camphor scent works well in potpourris. Excellent beeplant.

S5191 Seeds: Pkt/\$5.25

P5191 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Mountain Sagebrush

SAGEBRUSH, MOUNTAIN

Artemisia tridentata vaseyana

P Z4-10 S F M

Most abundant of the big sagebrushes, growing in mountain meadows and rocky slopes from British Columbia to California. Highly aromatic, with a pleasant mint-like scent. Has a history of medicinal and food use by Native Americans, especially for cough, colds, and pneumonia. A study has shown that the vapours given off by the foliage can protect stored grain from insect damage. Ht. 60-80cm/24-32".

S5193-500 Seeds: Pkt/\$3, 10g/\$9

SAMPHIRE

Crithium maritimum

P Z8-10 S M

(Sea fennel) Aromatic herb found growing along European seashores. Succulent leaves are delicious boiled with salt and pickled in vinegar and spices. Herbalists have long extolled the beneficial effects of pickled samphire on the digestive system. Has potential in the treatment of obesity. Good diuretic. Does best in sandy or gravelly soil. Height 30-60cm/1-2ft.

S5198 Seeds: Pkt/\$5.25, 1g/\$19, 10g/\$130

SANTOLINA, DWARF

Santolina chamaecyparissus 'Dwarf'

P Z6-8 S X M

(Lavender cotton) Attractive low bushy herb with aromatic grey-green leaves. Traditionally planted in knot gardens or low hedges. Leaf oils are used in perfume. Hang dried bunches in closets to repel moths. Dried flowers are used in floral arrangements.

P5280-200 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Etruscan Santolina

SANTOLINA, ETRUSCAN

Santolina etrusca

P Z6-9 S E

(Canfora) A lovely aromatic santolina with creamy white flowers from the provinces of Northern Latium, Tuscany and Umbria of central Italy. Traditionally the dried sprigs are placed in wardrobes and linen closets to keep away moths, and in cat and dog litters to keep away fleas. On the eve of the Feast of St. John the Baptist (June 24) it is tradition to prepare a perfumed water with the leaves to wash one's face — as a form of spiritual cleansing. Interestingly the locals will tell you that this wash helps to smooth the skin. Also used in herbal tobacco and in potpourri.

S5280-250 Seeds: Pkt/\$4.50

SANTOLINA, GREEN

Santolina virens

P Z6-10

Excellent contrast plant for grey santolinas; for borders, hedges, and knot gardens.

P5280-300 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Summer Savory

Savory

(*Satureja*)

CREeping SAVORY

Satureja spicigera

P Z7-8

Creeping variety from Iran, Turkey and the Caucasus. Excellent for rock gardens and edgings. Masses of white flowers appear in late summer. The leaves have strong flavour, similar to winter savory, and can be used fresh or dried just like other savories. The essential oil in the leaves has antimicrobial, antiviral and antioxidant properties.

P5289 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SUMMER SAVORY

Satureja hortensis

A S X E

Most preferred, having the most delicate flavour. Easiest to grow.

S5290 Seeds: Pkt/\$2.25, 100g/\$16, 1kg/\$115

WINTER SAVORY

Satureja montana

P Z5-8 S F X E

Strong, pungent flavour. A low bush for borders and edgings.

S5300 Seeds: Pkt/\$2.75, 10g/\$22, 100g/\$155

P5300 Plants: \$3.25, 3+/\$2.80, 12+/\$2.50, **Plug pack:** 12/\$15

WINTER CARPET SAVORY

Satureja montana illyrica

P Z3-8 S F E

Beautiful carpet forming savory! This is a form of winter savory from the Carpathian Mountains of Europe. In the wild it grows in neat low patches on dry rocky slopes. In gardens it makes a spectacular fragrant ground cover or edging plant with rose-purple flowers appearing in late summer. The leaves can be used in cooking like winter savory but the flavour and aroma are not as strong. Ht. 15cm/6in.

S5301-300 Seeds: Pkt/\$4, 1g/\$26



Winter Lemon Savory

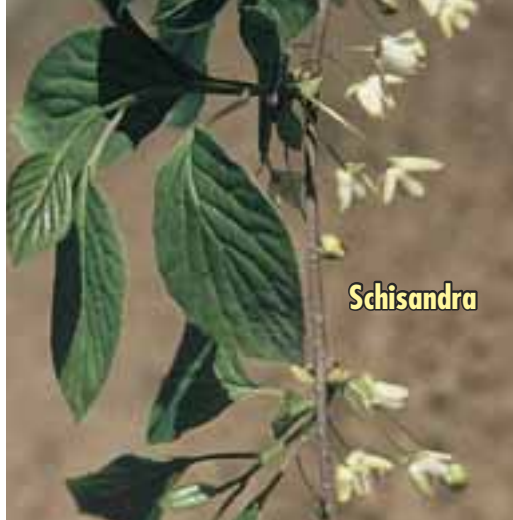
WINTER LEMON SAVORY

Satureja montana citriodora

P Z3-8 S F E

Incredible lemon scent! This plant is a complete surprise. It is a form of winter savory, with the same dark green leaves and robust growth habit, but the scent is so unexpected you think your nose is playing tricks. The scent is not simply savory suffused with lemon, it is actually a clean lemon scent of all its own. After a moment to recover from the shock, you soon begin to think of fun ways to use this unique herb in cooking and in tea.

S5301-500 Seeds: Pkt/\$4, 1g/\$50, 10g/\$350



Schisandra

SCHISANDRA

Schisandra chinensis

P Z5-8 S F D

(Wu-wei-zi) Chinese medicinal; astringent and demulcent berries are used to treat nervous conditions, chronic cough, asthma, thirst, too frequent urination, and diarrhea. Sometimes referred to as 'Chinese Prozac'. Hardy climbing vine, to zone 5. Has adaptogenic and immune-enhancing properties similar to ginseng.

S5345 Seeds: Pkt/\$4, 10g/\$10, 100g/\$72, 1kg/\$500

SCULLCAP

Scutellaria lateriflora

P Z3-8 S F E

Effective, reliable remedy for headache and neuralgia. Good sedative for insomnia, restlessness, hysteria and convulsions.

S5360 Seeds: Pkt/\$4.50, 1g/\$10, 10g/\$65

P5360 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



**Baikal
Scullcap**

SCULLCAP, BAIKAL

Scutellaria baicalensis

P Z4-8 S E

(Huang-qin) Important Chinese medicinal herb for fevers, colds, hypertension, insomnia, headaches, hepatitis, shingles, and other ailments. Many of its traditional uses are supported by clinical studies. Showy blue flowers. Ht. 40cm/15in.

S5361 Seeds: Pkt/\$3, 10g/\$13, 100g/\$100, 1kg/\$740

S5361-001 Seeds: Pkt/\$4

P5361 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SEA-ONION

Ornithogalum caudatum

P Z8-11+

A fascinating onion-like medicinal herb perfect for sunny windows. Known as the "pregnant onion", for bulges develop on its sides where eventually baby bulbs burst through the skin. Juice of the leaves is claimed to be as effective as aloe vera in treating cuts and sores.

P5375 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Seabuckthorn

(*Hippophae*)

Edible orange berries are rich in vitamins A, C and E, and in amino acids, carotenoids, and antioxidants. Used in sauces, juices, jellies and marmalades, and in skin creams for their potent healing effects, especially for skin eruptions. One of the hardiest and toughest fruit-bearing trees known, surviving even the rocky slopes of Tibet. A nitrogen-fixer, it grows in almost any well-drained soil. Richters is very proud to offer superior fruit-bearing cultivars from The Healing Arc, Ontario's original and best-known commercial orchard.

Although seabuckthorn can be grown from seeds, our elite cultivars are recommended for fruit production. Their fruits are larger and sweeter. Seabuckthorn plants are either female or male. Only the female plants produce berries but male plants must be present to pollinate the females. For every 5 females or fewer, plant at least 1 male. Commercial orchards need 1 male for every 10 females.

CITRUS BLAZE

Hippophae rhamnoides 'Citrus Blaze'

P Z3-8

Superior female cultivar, bushier than others. With pruning, bushes can be kept to 120cm/4ft high which makes for easier harvesting. Berries are a little redder and rounder than 'Huron Sunset', and slightly smaller. Excellent for freezing berry-laden branches to store for winter usage. This Healing Arc variety is a selection from the European variety 'Juliet'.

P5370-200 Plants: \$12

CITRUS GOLD

Hippophae rhamnoides 'Citrus Gold'

P Z3-8

Female cultivar from The Healing Arc. Rapid grower, slightly earlier than other varieties. Has the largest berries and produces the most juice. Can be kept pruned to 150cm/5ft high for easier harvesting. Large berries, weighing about a gram when fresh, are nice and tasty. Children love them straight out of the freezer! Ripens late July to early August. This is a Healing Arc selection from the Russian variety 'Chuskaya'.

P5370-220 Plants: \$12



**Huron Sunset
Seabuckthorn**

HURON SUNSET

Hippophae rhamnoides 'Huron Sunset'

P Z3-8

A superior female cultivar from The Healing Arc. Like 'Citrus Gold', the orange berries are large, weighing a gram when fresh, with a nice tinge of red at the tops. Excellent for juice, and for salsa, salads and as a garnish on hospitality plates. Best kept pruned to 150cm/5ft high for easier harvesting.

P5370-400 Plants: \$12

LORD

Hippophae rhamnoides 'Lord'

P Z3-8

Male pollinator variety required to get good fruit set among the elite female varieties. Commercial growers need to plant about 10% of the orchard with male plants. Home gardeners need 1-3 males for every 5 female plants.

P5370-500 Plants: \$12



MORE SEEDS ONLINE!
richters.com/seeds

SENEGA, CHINESE

Polygala tenuifolia

P Z2-9 S E

(Yuan zhi; Siberian milkwort) Roots are excellent for coughs, particularly when there is excess phlegm, and for bronchitis and asthma. In Chinese medicine, it is used for anxiety, insomnia, palpitations, poor memory, and depression, especially in cases of excessive brooding and pent-up emotions. Very hardy. Needs full or partial sun in a well-drained location. Ht. 25cm/10in.

S5378 Seeds: Pkt/\$5.25, 10g/\$15, 100g/\$107, 1kg/\$750

SENNA, CHINESE

Cassia tora

A S E

(Jue-ming-zi) Excellent laxative: safe and effective for chronic constipation. Promotes clear vision, and relieves swelling, soreness and redness of the eyes caused by liver inflammation. Also used for high blood pressure, headaches, and dizziness. Ht. 30-90cm/1-3ft.

S5385 Seeds: Pkt/\$3, 10g/\$7, 100g/\$35

SESAME

Sesamum indicum

A S E

Important in commercial baking as roasted seeds add nutty flavour to breads and buns. Excellent addition to green salads, and very palatable with butter. Cultivated in India and China since remote times for the oil used in cooking, medicine and as fuel for lamps. Needs long growing season; sow early in peat pots. Do not disturb roots when transplanting.

S5390-001 Seeds: Pkt/\$3, 100g/\$15, 1kg/\$100



Frog's Leg Shallot

Shallot

(*Allium*)

DUTCH SHALLOT

Allium cepa (Aggregatum)

(Can, US only) P Z8-9 S

(Multiplier onion) Pleasant onion flavour. Orange-yellow skin, white flesh. Excellent keeper.

R5400 Bulbs (Apr-May shipment): 250g/\$14, 1kg/\$28, 10kg/\$225

FRENCH SHALLOT

Allium cepa (Aggregatum)

(Can, US only) P Z4-9 S

The true shallot with superb garlicky flavour. Dark orange-brown skin, purple white flesh. Plant bulbs in spring or fall.

R5405-001 Bulbs (Apr-May shipment): 250g/\$16, 1kg/\$32, 10kg/\$255

R5405-002 Bulbs (Sept-Oct shipment): 250g/\$16, 1kg/\$32, 10kg/\$255

FROG'S LEG SHALLOT

Allium cepa (Aggregatum)

(Can, US only) P Z4-9 S

Mildest variety; excellent sweet flavour. Large elongated bulbs like a bull frog's leg. Dark orange-brown skin, purple-white flesh. Very productive.

R5407 Bulbs (Sept-Oct shipment): 250g/\$27, 1kg/\$60

SHEPHERD'S PURSE

Capsella bursa-pastoris

A S E

Infusion is excellent for stopping internal and external hemorrhages. Recommended for excessive menstruation.

S5420 Seeds: Pkt/\$3, 100g/\$28, 1kg/\$200

SOLOMON'S SEAL

Polygonatum biflorum

P Z5-6 D

American Indians used the root for upset stomach, excessive menstruation, general debility, lung problems, cough, insomnia, and as a laxative. Has also been used for rheumatism, arthritis and skin irritations. Woodland native, 30-90cm/1-3ft.

P5580 Plants (Mar-May shipment): \$8.95, 3+/\$7.20, 12+/\$5.80

Sorrel

(*Rumex*)

GARDEN SORREL

Rumex acetosa 'Blonde de Lyon'

P Z4-8 S F X E

Most famous for sorrel soup. This cultivar is the standard variety esteemed in France. Large, slightly tangy-tasting leaves add a refreshing tartness to salads and any dish it appears in! Deserves a spot in the kitchen garden for any meal requiring a lemony twist! Remove flowering tops to keep the leaves tender. Plant in moist well drained soil.

S5680 Seeds: Pkt/\$2.25, 100g/\$25, 1kg/\$150

P5680 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

PROFUSION® SORREL

Rumex acetosa 'TM683'

P Z4-8

Unlike standard sorrel varieties, Profusion does not go to seed at all. Produces bushels of tender, fleshy leaves all season, long after standard varieties turn tough and bitter.

RICHTERS EXCLUSIVE. Profusion is a registered trademark of Richters; all rights reserved.

P5683 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

SHEEP SORREL

Rumex acetosella

P Z4-8 S F E

Traditionally used for fevers, inflammation, diarrhea, excessive menstruation and cancer. One of the four ingredients of the Essiac® anti-cancer remedy. Although leaves are small and time-consuming to gather, they are delicious to eat.

S5688 Seeds: Pkt/\$3, 10g/\$7



True French Sorrel

TRUE FRENCH SORREL

Rumex scutatus

P Z4-8

True French sorrel, although garden sorrel is much more commonly used for sorrel soup. Smaller leaves are more concentrated in flavour and a little will go a long way.

P5696 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SOUTHERNWOOD

Artemisia abrotanum

P Z5-9

(Old man artemisia) Leaves can be used in sachets and potpourris, and as a moth repellent. Try a leaf in salads or throw on the fire to refresh the air.

P5710 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SOUTHERNWOOD, CAMPHOR

Artemisia camphorata

P Z5-9

Camphor-scented form with a more compact growth habit, ideal for low hedges. Ht. 60cm/2ft.

P5715 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SOUTHERNWOOD, CITRUS

Artemisia abrotanum cv.

P Z5-9

Some people say the scent of the delicate foliage is tangerine and others say it's more like lemon. We can't decide which but it does have a lovely fresh citrusy scent with a dash of pine. Ht. 1.2-1.8m/4-6ft.

P5720 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SPEEDWELL, CREEPING

Veronica filiformis

P Z4-8 (Slender speedwell) Low ground cover for sun or shade. Grows in dense mats that produce masses of light mauve-blue flowers in late spring. It is a fast grower but it is also easy to contain because it does not spread by seed. Very hardy in our zone 5, with no die back occurring in over a decade of growing it. Has become naturalized in Europe and parts of North America. Ht. 3-8cm (1-3in).

P5811 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$18

ST JOHN'S WORT

(Not to AB, Calif., ND, OR)

Hypericum perforatum

P Z4-8 Old remedy for insomnia, depression and bedwetting, now touted as a natural alternative to antidepressant drugs. Clinical evidence suggests that the flowering tops are effective in controlling mood and mild depression. Liniment made with tops in vegetable oil is soothing and healing when rubbed on painful joints and muscles.

S5195 Seeds: Pkt/\$3, 10g/\$12, 100g/\$85, 1kg/\$600

P5195 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60



Stevia

STEVIA

Stevia rebaudiana

P Z11+ **X D** **Hot crop!** Herbal sugar substitute containing steviolosides that are hundreds of times sweeter than sugar without the calories. Leaf powder can be used in place of sugar in drinks, baked goods, desserts, preserves, etc. Has a pleasant flavour of its own that never dominates or overwhelms. A very hot crop for commercial growers.

S6030 Seeds: Pkt/\$5.25



Caucasian Stonecrop

New! STONECROP, CAUCASIAN

Phedimus spurius

P Z3-9 (Sedum spurium coccineum) Attractive ground cover with mauve-crimson flowers appearing in midsummer. When cold weather arrives in fall its fleshy leaves turn burgundy-bronze for a second splash of colour. Leaves are thick and juicy and have an astringent, slightly bitter taste that is much loved in the Caucasus region where this plant grows wild. It is commonly used in *pkhali*, a popular side dish made with mashed wild herbs and walnuts. Also used to treat wounds. The fresh leaves are burned slightly with a match or lighter and then skinned and applied to boils. Thrives in full sun, and in well-drained sandy-loam, but does surprisingly well in just about any soil, even heavy clay. Often planted along driveways and sidewalks, on slopes, and in rock gardens.

S6044-800 Seeds: Pkt/\$4.50

STONECROP, WHITE

Sedum album

P Z3-9 (Small houseleek) Low growing succulent perennial herb used for the treatment of all types of inflammation. When the fresh leaves and stalks are applied as a plaster to painful hemorrhoids it is an effective cooling treatment. The fleshy leaves can be eaten raw or cooked, or pickled. Attractive mat forming herb with white flowers in summer. Thrives in well-drained soils in full or part sun.

S6045 Seeds: Pkt/\$4.50



Climbing Strawberry

Strawberry

(Fragaria)

WILD STRAWBERRY

Fragaria vesca

P Z5-9 Infusion of leaves and rootstock is effective for diarrhea, dysentery and problems of the urinary tract. Especially useful for convalescents and children. Cultivated varieties are much less potent medicinally.

S6075 Seeds: Pkt/\$3.50

ALPINE STRAWBERRY

Fragaria vesca 'Ruegen'

P Z5-6 Sweet, tangy berries about twice the size of the wild ones on compact, runnerless plants. Bears fruit from June till frost. Will bear in first year. Can even be grown indoors in direct sun.

S6080 Seeds: Pkt/\$3.50, 10g/\$29, 100g/\$200

P6080 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

WHITE SOUL STRAWBERRY

Fragaria vesca 'White Soul'

P Z5-6 This variety is heavy cropping, bearing white fruit all season long on runnerless plants. Berries are very sweet, with a faint pineapple tang, excellent for eating fresh out of hand, or for use in jams. Can be direct sown outside. A perfect border plant for the garden, it does best in part shade.

S6081 Seeds: Pkt/\$4.50, 1g/\$7, 10g/\$60

P6081 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CLIMBING STRAWBERRY

Fragaria 'Albion'

P Z5-9 Day neutral variety that produces large sweet berries from June till frost. In gardens, trained to fences, or in hanging baskets.

P6085 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SUNFLOWER

Helianthus annuus

Familiar large yellow sunflowers are a favourite valued for the highly nutritious seeds eaten roasted or raw. Source of an excellent quality cooking oil. Large seeded variety well filled with meat.

S6140 Seeds: Pkt/\$2.75, 100g/\$14, 1kg/\$80

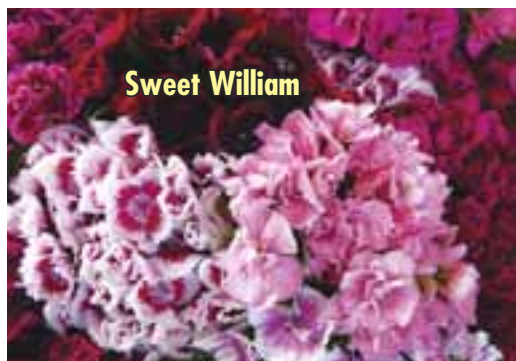
SUSHNI

Marsilea minuta

(Not to OK) **P Z8-11+** **Brain food!** (Waterclover; Fern Clover; Sak) Gotu kola, bacopa, and sushni make a trinity of South Asian herbs used to enhance brain function. Sushni is commonly sold in vegetable markets as a medicinal leafy green to help overcome insomnia. Fresh leaves are ground into a paste and eaten as chutney, or the whole leaves are eaten in salads or cooked like spinach. Contains marsiline, a substance with sedative and anticonvulsant properties. Has a powerful anti-cholesterol effect also. Grows into beautiful mats like clover but is actually a type of miniature fern. Like mimosa the leaves fold up at night. Prefers full sun.

P5430 Plants: \$6.95, 3+/\$5.60

SWEET ANNIE: See SWEET ANNIE WORMWOOD



Sweet William

SWEET WILLIAM

Dianthus barbatus B Z3-9 S F E
Sweet clove-scented flowers are edible. Adds striking red, pink and white colour to salad, fish dishes, tea, marmalade and sorbet.
P6150 Seeds: Pkt/\$2.75, 100g/\$25

SWEETGRASS

Hierochloa odorata P Z3-9
Traditional Amerindian ceremonial grass used in peace and healing rituals. Vanilla-like scent.
P6160 Plants (Not to HI): \$4.95, 3+/\$4, 12+/\$3.20

TANSY

Tanacetum vulgare (Not to AB,ND) P Z4-9 S F E
Pretty yellow button flowers were once used by the Indians to induce abortion. Now used in cosmetic preparations. Repels ants from counters or around baseboard. Repels cockroaches as well. Blooming flower heads and leafy shoots produce yellow and green fabric dyes.

S6180 Seeds: Pkt/\$3, 10g/\$11, 100g/\$85
P6180 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

TANSY, SILVER

Tanacetum niveum 'Jackpot' P Z5-9 S F E
(Jackpot tansy) Sensational variety from England. Soft downy woolly-grey leaves are soon overwhelmed by a shroud of white flowers — so much so that you almost cannot see the leaves. Has the same insect-repelling properties as other tansies. Not invasive.
P6184 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Tarragold™
Tarragon

Tarragon

(*Artemisia, Tagetes*)

MEXICAN TARRAGON: See SWEET MARIGOLD

TARRAGOLD™ TARRAGON

Tagetes lucida P Z11+
(Pot tarragon; Mexican tarragon) Improved tarragon substitute for southern and tropical gardens, for indoor growing, and for commercial greenhouse production. The flavour is very close to true tarragon (*Artemisia dracunculus*) — a little less biting and anise-y, but otherwise almost indistinguishable from the real thing. Excellent choice for warm climates where true tarragon does not thrive.

Tarragold is a trademark of Richters. All rights reserved.
P3889-500 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, Plug pack: 12/\$18

FRENCH TARRAGON

Artemisia dracunculus sativa P Z4-7
The true tarragon, which does not propagate by seeds. Dark green, shiny leaves possess distinctive flavour. Grows to 90cm/36". Requires light, well-drained soil in a sunny location.
P6200 Plants: \$4.95, 3+/\$4, 12+/\$3.20, Plug pack: 12/\$18



Tea Tree

TEA TREE

Melaleuca alternifolia P Z11+ X M
Valuable antibacterial, antifungal and antiviral oil used for skin infections, burns, bruises, cuts, herpes, warts, gingivitis and many other conditions. Can be applied directly on sensitive tissues without irritation.
S6250 Seeds: Pkt/\$7.25

TEASEL, FULLER'S

Dipsacus sativus B Z3-9 S F E
Comb-like flowerheads were once used for raising nap on woolen cloth. Excellent in dried arrangements. Water trapped in leaf basins is valued as an eyewash.
S6260 Seeds: Pkt/\$2.75, 10g/\$17, 100g/\$120

THISTLE, BLESSED

Cnicus benedictus A S E
Main value is a tonic, particularly for the digestive system. Improves circulation, strengthening the brain and memory.
S6290 Seeds: Pkt/\$3, 10g/\$9, 100g/\$70, 1kg/\$510



Globe
Thistle

THISTLE, GLOBE

Echinops ritro P Z3-9 S E E
Native of Tibet with showy masses of violet-blue globe-like flowers from July to August. The roots are anti-inflammatory and are used as a galactagogue — an agent that increases milk flow in nursing mothers. It is also used for mastitis and for distension of the breast. Excellent cut or dried flower.
S6300 Seeds: Pkt/\$3.50

THISTLE, MILK

Silybum marianum A/B Z7-8 S E
Striking plant with glossy leaves painted with creamy white strokes. According to biblical legend the milk of the Virgin fell upon a thistle plant forever leaving it with her mark. Today, the seeds of this thistle is an important tonic herb for the liver supported by studies that have shown they can repair damage caused by toxins.
S6310-001 Seeds: Pkt/\$3.50, 100g/\$19, 1kg/\$110

English Thyme



Thyme (Thymus)

Garden Group

Indispensable in French cooking. There is almost no stew, soup, or ragout that does not call for a pinch or two. Appropriate seasoning for rich meats and fish, improving their digestibility. Essential in bouquet garni.

ENGLISH THYME

Thymus vulgaris P Z4-9 E
(German thyme; Winter thyme) Most popular variety. Broad dark green leaves. Robust growth habit.

S6450 Seeds: Pkt/\$2.25, 10g/\$11, 100g/\$80, 1kg/\$575

S6450-001 Seeds: Pkt/\$3, 10g/\$23, 100g/\$175

P6450 Plants: \$3.25, 3+/\$4, 12+/\$2.50, **Plug pack:** 12/\$15

AYELET THYME

Thymus vulgaris 'Ayelet' P Z4-9 E
An Israeli variety with excellent uniform size and shape for commercial cultivation. Plants are 25cm (10in) tall and wide. Superb aroma and flavour.

S6450-200 Seeds: Pkt/\$4, 10g/\$20, 100g/\$141

COMPACT THYME

Thymus vulgaris 'Compactus' P Z5-9 E
Attractive compact variety of English thyme. Very uniform growth habit. Excellent as pot plants.

P6452 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

FRENCH THYME

Thymus vulgaris P Z4-9 E
(Summer thyme) Narrow leaves, distinctly greyer and sweeter than English. Preferred by the French. Needs some winter protection.

S6455 Seeds: Pkt/\$3, 10g/\$23, 100g/\$160

S6455-001 Seeds: Pkt/\$4, 10g/\$27, 100g/\$190

P6455 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

FREDO THYME

Thymus vulgaris 'Fredo' P Z4-9 E
A cute little English thyme that grows into beautiful dense mounds. Its strong flavour and aroma make it an excellent seasoning for meat dishes, stuffings and salad dressings. Ht. 20-25cm/8-10in.

P6455-100 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Silver Thyme

SILVER THYME

Thymus vulgaris 'Argentus' P Z4-8 E
Same flavour and fragrance as English thyme. Lovely accent plant. For hanging baskets and as garden edging.

P6456 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

Citrus Group

Delightful citrus flavour for fish, chicken, meat, salads and tea.

LEMON CARPET™ THYME

Thymus herba-barona cv. P Z6-8 E
Here is something special! This ground hugging lemon thyme is the lowest yet, and with its wiry stems it tolerates trampling better than others. The wonderful fragrance and flavour is lemon with a hint of spice. Excellent choice to plant between paving stones in walkways and patios.

Lemon Carpet is a trademark of Richters; all rights reserved.

P6458 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

CREeping LEMON THYME

Thymus pulegioides 'Lemon' P Z5-9 E
Similar to wild thyme — aggressive creeper, up to 20cm/8in thick. Strong lemon scent.

P6459 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

LEMON THYME

Thymus x citriodoros P Z4-9 E
Small upright bushy habit; dark green leaves.

P6460 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

GOLDEN LEMON THYME

Thymus x citriodoros 'Aureus' P Z5-9 E
Scattered yellow edges on some leaves create an attractive foliage contrast.

P6462 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

MYSTIC LEMON

Thymus x citriodoros 'Mystic Lemon' P Z5-8 E
Like green eyes lined with gold eyeliner, the gold-variegated elliptical leaves of this bushy lemon thyme add an elegant but watchful effect to the garden. The scent and flavour is unmistakably lemon. An outstanding new variety from Europe. Ht. 20-25cm/8-10in.

P6462-630 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Purple Carpet Lemon Thyme

PURPLE CARPET LEMON

Thymus praecox articus 'Purple Carpet' P Z2-9 E
Terrific low mat-forming lemon thyme, similar to 'Magic Carpet', except the flowers are bright mauve-purple. Dark green foliage never exceeds 5cm/2" in height.

P6462-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ZAMBESI LEMON

Thymus 'Sambesi' P Z4-9 E
Apparently named after the Zambesi River of Africa, this new lemon thyme from Germany is a low spreader that looks equally good in gardens and in hanging baskets. It forms dense masses of gold-flecked leaves that tumble out beautifully over the edges of planters and hanging baskets. Ht. 20-25cm/8-10in.

P6462-950 Plants: \$4.95, 3+/\$4, 12+/\$3.20

LIME THYME

Thymus sp. P Z5-9 E
Scented leaves hint of lime. Low creeping habit; excellent ground cover. Lime-green coloured leaves.

P6464-250 Plants: \$4.95, 3+/\$4, 12+/\$3.20

ORANGE THYME

Thymus fragrantissimus P Z7-9 E M
True orange-scented thyme from seed. Try it fresh or dried in soups, sauces, stews, on roasts, fish and vegetables.

S6465-300 Seeds: Pkt/\$5.25

ORANGE BALSAM THYME



Thymus 'Orange Balsam'

P Z5-9

Sensational orange scent and flavour. Deserving of experimentation in tea, cooking, and as a garnish. A favourite among West Indians.

P6465-700 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ORANGE SPICE™ THYME



Thymus 'TM95'

P Z4-9

Wonderful orange and spice scent, a rare combination in the world of herbs. The remarkably strong clear orange flavour lingers in the mouth pleasingly without the harsh aftertaste of other thymes. This has all manner of possibilities in the kitchen and in tea. Forms dense ground-hugging mats.

RICHTERS EXCLUSIVE. *Orange Spice* is a trademark of Richters; all rights reserved.

P6465-800 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50, **Plug pack:** 12/\$18

Other Thymes

CARAWAY THYME



Thymus herba-barona

P Z5-7

Delightful sweet caraway scent and flavour. Ideal in rock gardens.

P6440 Plants: \$4.95, 3+/\$4, 12+/\$3.20

CREEPING THYME



Thymus praecox articus

P Z4-8

Low mat-forming thyme splashed with either white or rose flowers in July. Perfect complement to woolly thyme.

P6463 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

LAVENDER THYME

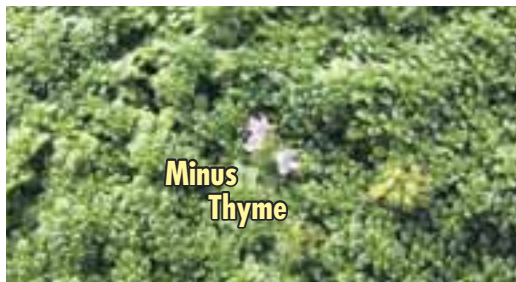


Thymus thracicus

P Z5-9

Strong lavender scent. Creeper forming dense furry mats; lavender-purple flowers. Very attractive.

P6464 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18



Minus Thyme

MINUS THYME



Thymus praecox articus 'Minor'

P Z5-9

Ground hugging thyme, lower than other varieties. Dense, tight-fitting foliage, pink flowers. Excellent for pathways. Never exceeds 2cm/1".

P6464-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

NUTMEG THYME



Thymus praecox articus

P Z5-9

Pretty small leaved trailing species with an aroma and flavour of nutmeg.

P6465 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

ROSE PETAL™ THYME



Thymus 'TM122'

P Z5-9

A beautiful creeping thyme that comes up smelling like roses! Forms dense mats that emit a scent very similar to the scent of rose geranium when stepped upon. Excellent for walkways and rockeries.

RICHTERS EXCLUSIVE. *Rose Petal* is a trademark of Richters. All rights reserved.

P6467-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

WILD THYME



Thymus praecox

P Z4-8 S F E

(Mother-of-thyme) A creeper, well suited as ground cover. Perfumes the air when trodden upon. Helps to clear mucous congestion. Used in cooking.

S6470 Seeds: Pkt/\$2.75, 10g/\$20, 100g/\$140

P6470 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15



Woolly Thyme

WOOLLY THYME

Thymus pseudolanuginosus

P Z5-7

Lovely low carpets of grey, woolly leaves and pale pink flowers. Lacking scent or flavour, its virtues are mainly visual and tactile. Superb contrast plant for greener herbs.

P6472 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

THYME, BROADLEAF



Plectranthus amboinicus

P Z11+

Quite unlike other thymes, this favourite of tropical America has large fleshy leaves. A keynote flavour in Jamaican cuisine.

P6478 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Crowned Tickseed

New! TICKSEED, CROWNED



Bidens trichosperma

AUB Z3-8

S F M

(Beggarticks; Swamp Marigold; *B. coronata*) This showy species is native to eastern North America where it is found in wet meadows, marshes and swamps. The Seminoles of Florida used the roots and the whole plant to treat eye conditions, headache, high fever, body aches, chills, and diarrhea. Related species are used in Chinese traditional medicine for similar conditions. Recently the use of *Bidens* species, including this one, was patented as a skin anti-aging topical treatment for "wrinkles, fine lines, thinning skin, sagging skin, skin dryness, and skin itchiness." According to the patent the treatment results in a "more youthful appearance of aged skin." In moist areas of the garden this hardy annual or biennial will reseed itself freely and persist year after year.

S6485-100 Seeds: Pkt/\$3.50, 1g/\$7

TOBACCO, ONTARIO BOLD



Nicotiana tabacum 'CT572'

A S E

(Flue-cured Tobacco; Bright Tobacco) A leading commercial variety in Ontario. It was developed by crossing Canadian and American varieties to improve quality and disease resistance and to lower nicotine. Its slightly heavier, thicker leaves cure nicely with a high percentage of mahogany and orange leaves. The flavour is said to be somewhat stronger than other varieties.

S6492-750 Seeds: Pkt/\$4, 1g/\$42, 10g/\$285

TOBACCO, ONTARIO LIGHT



Nicotiana tabacum 'CT157'

A S E

(Flue-cured Tobacco; Bright Tobacco) Commercial variety grown in Ontario, developed by crossing Delgold, the longtime industry standard, with an American variety. Improvements include lower nicotine content and better resistance to disease. Its slightly thinner and lighter leaves cure well, producing a high quality tobacco with a light flavour.

S6492-800 Seeds: Pkt/\$4, 1g/\$42, 10g/\$285

TOBACCO, WILD

Nicotiana rustica

(Aztec Tobacco) Originally grown and smoked by the Indians. Now the chief source of nicotine sulfate, an important insecticide for the control of aphids, thrips, whiteflies and mites.

\$6493 Seeds: Pkt/\$3, 1g/\$9, 10g/\$65

⊕ ⚙
A Ⓢ E

TOOTHACHE PLANT: See TOOTHACHE CRESS



Turtlehead

TURTLEHEAD

Chelone glabra

(Balmony; Bitter herb) Used for poor appetite, indigestion, general debility, constipation, piles, worms. Good tonic during convalescence. White-pink flowers resemble turtle heads.

\$6562 Seeds: Pkt/\$3.50

P Z3-9 Ⓢ Ⓣ M

UVA URSI

Arctostaphylos uva-ursi

(Bearberry; Kinnikinnik) Used for kidney and bladder infections on account of its diuretic and antiseptic properties. Likes damp, acidic soil. Attractive glossy green leaves and pink bell-shaped flowers.

\$6565 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

⊕
P Z2-8



Valerian

VALERIAN

Valeriana officinalis

Valerian roots have excellent sedative action that is non-addictive. Widely used to allay pain, nervous unrest, migraine, and insomnia. For insomnia valerian doesn't "knock you out" but it works more subtly by settling the nerves and relaxing the body so that sleep comes more easily. Valerian roots harvested in the second or third year can be made into tinctures, teas, or extracts.

\$6580 Seeds: Pkt/\$3, 10g/\$20, 100g/\$140

\$6580 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60

⊕ ⚙
P Z4-9 Ⓢ Ⓣ E

VALERIAN, ANTHOS

Valeriana officinalis 'Anthos'

Improved strain of valerian for commercial production; root yield up to 2.5 tonnes per hectare (1 ton/acre); contains 0.7% essential oil (bornyl acetate, valepotriate and valerenic acid).

\$6581-050 Seeds: Pkt/\$4.50, 10g/\$13, 100g/\$100, 1kg/\$660

⊕ ⚙
P Z4-9 Ⓢ Ⓣ E

VERBENA, LEMON

Aloysia citrodora

This plant is a "must"! Its sweet, strongly lemon-flavoured leaves blend well with most other tea herbs. Leaves enhance all drinks, salads, jellies, sauces, soups, fish or meat dishes and desserts which call for lemon as an ingredient or a garnish.

P6620 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

Ⓢ ⊕ ☕ ✨
P Z8-10

VERVAIN, BLUE

Verbena hastata

Native North American wildflower found growing in damp areas. Has a tranquilizing effect; useful for insomnia and other nervous conditions. Needs cold period (5°C/40°F; 4-8 weeks) followed by warm (20°C/70°F) and exposure to light (do not bury seeds) for successful germination.

\$6631 Seeds: Pkt/\$3, 10g/\$15, 100g/\$105

P6631 Plants: \$4.95, 3+/\$4, 12+/\$3.20

P Z3-9 Ⓢ Ⓣ M

VICKS PLANT

Plectranthus purpuratus

An apt name, as the odour of the fleshy leaves closely resembles that of the chest cold remedy, and can be used for that purpose. Easy houseplant.

P6645 Plants: \$4.95, 3+/\$4, 12+/\$3.20

⊕ ✨
P Z11+

WALLFLOWER

Cheiranthus cheiri

Old English favourite for cottage gardens. Fragrant golden yellow flowers are delightful in potpourris and as cutflowers.

\$6690 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45

A Ⓢ E



Wasabi

WASABI

Eutrema japonicum

(Japanese horseradish) Glorious wasabi, that pungent green horseradish-like condiment from Japan, a must for sushi and sashimi, is finally available to grow in your own garden. Myths that wasabi would not grow outside of Japan have been firmly rebuked in recent years by American growers who are not only growing it successfully, they are growing better wasabi than the often adulterated product sold in the stores. Traditionally grown in beds of sand or gravel near cool mountain streams, we now know that wasabi will grow quite happily in any moist, organic-rich soil where there is shade and protection from the summer heat; running water is not required. After 18-24 months the rhizomes are harvested, washed, peeled and grated for fresh use. In zones colder than zone 8, it is possible to overwinter plants by heavy mulching or by moving them indoors over winter.

P6720 Plants: \$12, 3+/\$9.60, 12+/\$7.80

Ⓢ ⊕
P Z8-10

WATERLEAF

Talinum triangulare

(Leaf ginseng; Surinam spinach) Attractive edible houseplant with glossy, dark-green whorled leaves and tiny red flowers. Young leaves and tender stems can be added to salads or soups, or parboiled, steamed and sauteed. In Indonesia, its tonic qualities are as highly regarded as ginseng.

P6740 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Ⓢ ⊕
P Z11+

WATERPEPPER

Persicaria hydropiper 'Fastigiatum'

(Azabu-tade; Cultivated smartweed) Popular Japanese herb used for sushi. Peppery flavour is hot, but does not linger. Served on sashimi (sliced raw fish), tempura, and sushi.

\$6750 Seeds: Pkt/\$4, 100g/\$51, 1kg/\$340

A Ⓢ E

WELD

Reseda luteola

Known since antiquity as a yellow dye source of great importance. For wool, cotton or silk.

\$6800 Seeds: Pkt/\$3, 10g/\$16, 100g/\$115

A/B Z5-9 Ⓢ E



Wheatgrass

WHEATGRASS

Triticum aestivum

Many believe that the humble wheatgrass, in its live freshly sprouted form, pressed into juice, is a powerhouse of nutrients, enzymes and biotic factors that jumpstart the body and bring it up to top running condition. Fresh wheatgrass juice is believed to replenish the body starved of nutrients by years of poor diet and helps to restore the body's ability to fight diseases, especially cancer. With our seeds, growing and making your own fresh wheatgrass juice at home is easy.

S6810-001 Seeds: Pkt/\$3, 100g/\$11, 1kg/\$75

WILLOWHERB

Epilobium parviflorum

Praised for inflammation of the prostate gland, and bladder and kidney disorders. An ingredient of Swedish Bitters.

S6830 Seeds: Pkt/\$4, 1g/\$11

WINTERGREEN

Gaultheria procumbens

Aromatic low shrub used for headaches and other aches and pains, inflammations and rheumatism. Common flavouring for chewing gum, toothpaste, mouthwash. Needs cold 60 days at 5°C/40°F followed by warmth to germinate.

S6850 Seeds: Pkt/\$7.25, 1g/\$35

P6850 Plants: \$6.95, 3+/\$5.60, 12+/\$4.50

WOAD

Isatis tinctoria

For ages the main source of blue dye in Europe, until the introduction of indigo in the 17th century. Contains the same dyestuff as indigo, though in lower concentration. Because it is hardy (unlike indigo) woad is still grown for natural dyeing.

S6920 Seeds: Pkt/\$4, 10g/\$10, 100g/\$70

WOAD, CHINESE

Isatis indigotica

(Da qing; Qiug dai) Contains indican and isatin B, both of which can be converted to indigo. Considered antibacterial, antiviral, and anti-inflammatory. Leaves and roots are effective against flu, encephalitis, measles, hepatitis, and mumps.

S6922 Seeds: Pkt/\$4, 10g/\$7, 100g/\$65, 1kg/\$430

WOLFBERRY: See GOJIBERRY



Sweet Woodruff

WOODRUFF, SWEET

Galium odoratum

Vanilla-scented leaves are essential in Maybowl, a traditional German punch. Helpful for migraine, nervous conditions, stomach pain. Needs shade.

P6940 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$18

WORMSEED: See EPAZOTE

Wormwood

(*Artemisia*)

WORMWOOD

Artemisia absinthium

Bitter leaves were important in absinthe, vermouth, and other liqueurs. Has great reputation for stimulating the appetite and improving digestion. One of the oldest known remedies for worms.

S6960 Seeds (Not to ND): Pkt/\$3

P6960 Plants (Not to ND): \$3.95, 3+/\$3.20, 12+/\$2.60



Maui Wormwood

MAUI WORMWOOD

Artemisia mauiensis 'Makana Silver'

Beautiful native of the Hawaiian island of Maui where it grows on dry slopes more than 2000m (6500ft) above sea level. The feather-like soft silvery foliage is spectacular in mixed containers and gardens. The sage-like or anise-like aroma can vary from faint to strong. Like most wormwoods the foliage is bitter to taste. Traditionally used to repel insects from feather cloaks (*ahu ula*). Also used to treat asthma. Best grown in full sun in well-drained soil. Ht. 45-60cm (18-24in).

P6975 Plants: \$10

PRAIRIE WORMWOOD

Artemisia ludoviciana

(Prairie sage; Silver wormwood; Western mugwort) An aromatic native of Montana and other western states. Forms dense silver-green patches spreading by rhizome. It was an important herb of the First Nations people throughout much of North America. It is one of the "sages" used in ceremonial smudging. Its bitter principles stimulate gastric and bile secretion, improves appetite, and help relieve colic caused by gallstones. Ht. 30-90cm/1-3ft.

S6978 Seeds: Pkt/\$3

ROMAN WORMWOOD

Artemisia pontica

Attractive tufted low growing herb with small, silvery fern-like leaves. Used for stomachache and in vermouth.

P6980 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Silver King Wormwood

SILVER KING WORMWOOD

Artemisia ludoviciana 'Silver King'

Lovely white ghost-like flowers and attractive silver foliage, excellent for dried arrangements. Used for diarrhea, headaches, stomachache, menstrual problems. Native Americans use it for ceremonial smudging.

P6981 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

SILVER MOUND WORMWOOD

Artemisia schmidtiana 'Nana'

P Z5-8

Soft, silky, shimmering silver foliage, in neat 30cm/12in mounds. Lovely.

P6982 Plants: \$4.95, 3+/\$4, 12+/\$3.20, **Plug pack:** 12/\$18

SILVER QUEEN WORMWOOD

Artemisia ludoviciana 'Silver Queen'

P Z5-9

Similar to Silver King except foliage is more jagged and less ghostly silver grey and plants are shorter (90cm/30in). Dries well for herbal wreaths. Slightly aromatic.

P6982-500 Plants: \$4.95, 3+/\$4, 12+/\$3.20

SWEET ANNIE WORMWOOD

Artemisia annua

A S F E

A modern medical star! (Sweet annie; Qing-guo) This Chinese antimalarial herb is our last line of defence in parts of the world where the malaria parasite has become resistant to all other drugs. The compound artemisinin extracted from the leaves has potent antimalarial activity. Has been cultivated in China for at least 2000 years, but its development as an antimalarial drug was recent and was honoured with a Nobel Prize in 2015. Its highly aromatic branches are also used in dried floral arrangements and to make scented wreaths.

S6983-001 Seeds: Pkt/\$4.50

TREE WORMWOOD

Artemisia arborescens

P Z8-9

Striking small tree with soft, feathery grey-white leaves. Fine tubplant. Mediterranean favourite for its bitter stomachic properties.

P6985 Plants: \$4.95, 3+/\$4, 12+/\$3.20

YAM, CINNAMON

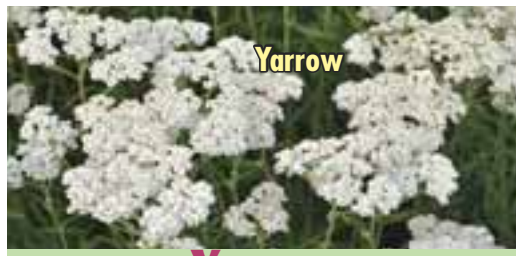
Dioscorea polystachya

P Z5-10 X E

(Chinese yam; Shan yao) Climbing vine with white, cinnamon-scented flowers and edible tubers that weigh up to 2kg (5lb). Traditionally used as a herbal tonic and as a contraceptive. It stimulates the stomach and the spleen and has been used to treat diabetes, asthma, diarrhea, and emotional instability. Propagated by small bulbils.

S6990 Seeds (Oct-Nov shipment): Pkt/\$10

P6990 Plants (Not to US): \$4.95, 3+/\$4, 12+/\$3.20



Yarrow

Yarrow

(*Achillea*)

WHITE YARROW

Achillea millefolium

P Z3-10 S F E

The most medicinally active variety. White flowers and feathery foliage. Proven mosquito repellent.

S7000 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$43, 1kg/\$270

P7000 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

MOONSHINE YARROW

Achillea taygetea 'Moonshine'

P Z4-8

Choice variety for everlastings. Leaves silver-white, flowers soft lemon-yellow, large. Up to 60cm/24in high.

P7001 Plants: \$4.95, 3+/\$4, 12+/\$3.20

MONGOLIAN YARROW

Achillea asiatica

P Z2-8

Hardy native of grasslands and mountain slopes in northern China, Mongolia and Siberia. Has showy light pink flowers fading to white. The whole herb is used to treat fever, enteritis, rheumatic pain and the pain of bone fractures. Ht. 15-50cm/6-20".

P7003 Plants: \$4.95, 3+/\$4, 12+/\$3.20

RED YARROW

Achillea millefolium 'Cerise Queen'

P Z5-10 S F E

Similar to common white yarrow. Flowers cherry-red.

S7005 Seeds: Pkt/\$3

P7005 Plants: \$3.95, 3+/\$3.20, 12+/\$2.60, **Plug pack:** 12/\$15

YELLOW YARROW

Achillea filipendulina 'Cloth of Gold'

P Z2-10 S F E

Fern-like leaves; height up to 1.5m/5ft. Large yellow flowers.

S7010 Seeds: Pkt/\$3, 10g/\$16

YUCCA

Yucca glauca

P Z5-10 S F E

Roots contain 2% saponin, a soapy substance valuable in shampoos; leaves a fine sheen to hair. Easy to use: chopped roots are soaked in water and stirred to a lather. Spectacular towering spikes of creamy white flowers.

S7100 Seeds: Pkt/\$4, 100g/\$40, 1kg/\$270



Cleopatra
Zaatar

ZAATAR, CLEOPATRA

Origanum syriacum 'Cleopatra'

P Z8-10 S X E

One of the world's great seasonings. Throughout the Middle East it gives life to hummus, dips, and soups, and it is mixed with olive oil on the traditional flatbreads served with meals. Each region has its own version of zaatar: in some areas it is a blend of herbs and spices while in others it is just one herb from among several varieties depending on the region. This zaatar is from Israel where it is popular among both Arabs and Jews. The attractive greyish-green foliage has a spicy aroma and flavour that is truly divine. Easy to grow from seeds. All-America Winner 2015. Ht. 12-15cm/5-6".

S7130-201 Seeds: Pkt/\$5.25

Zuta Levana

ZUTA LEVANA

Micromeria fruticosa

P Z9-11

(Little mint; Tea hyssop) One of the most popular tea and spice herbs of Israel and the Middle East. Makes a refreshing sweet minty tea. A popular bread dip is made with the leaves mixed with olive oil and salt. In Turkey, the tea is used to treat stomach ulcers. Contains pulegone; should not be taken by women who are pregnant or while trying to conceive. Ht. 25cm/10".

P7190 Plants: \$4.95, 3+/\$4, 12+/\$3.20

Gourmet Vegetables

AMARANTH, ELEPHANT HEAD

Amaranthus tricolor 'Elephant Head'

A S E
Absolutely stunning food plant! It is hard to believe that this plant grown for its grain can be this stunning visually. The large deep maroon flower heads are shaped like an elephant's head, with a trunk-like appendage raised straight up in the air. Appearing in late summer, the elephant heads will produce as many as 50,000 seeds that are used like a cereal grain. The seeds can be milled into a gluten-free flour or cooked whole and eaten in place of rice and oatmeal. The leaves can be used as a cooked green like vegetable amaranth. Sow outdoors in late spring in full sun. German heirloom. 75 days.

S8013-391 Seeds: Pkt/\$4

ARUGULA

Eruca vesicaria sativa

A S F E
(Roquette) Strong tasting spinach-like green common in Mediterranean markets. Popular in salads, or cooked and served like spinach. 40 days.

S8630 Seeds: Pkt/\$2.75, 100g/\$11, 1kg/\$75

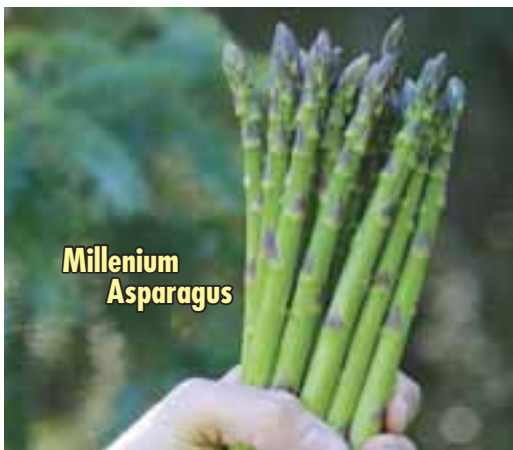
S8630-001 Seeds: Pkt/\$3, 100g/\$29, 1kg/\$200

ARUGULA, WASABI

Eruca vesicaria sativa

A S F E
Attention wasabi lovers! (Roquette) If you like wasabi you will love this. The fresh leaves have a hot, hot, hot nose-tingling wasabi-like effect. The taste starts with the familiar bitterness of arugula and then the heat kicks in. Use in salads, wraps, sandwiches and even on pizza and pasta. Even the white flowers are edible. Prefers cool conditions, best for early spring or fall planting. Plant every two weeks for continuous harvest. 45 days.

S8631 Seeds: Pkt/\$3, 10g/\$24, 100g/\$170



Millenium Asparagus

New! ASPARAGUS, MILLENIUM (Can,US only)
Asparagus officinalis 'Millenium' **P Z3-8**

Plant this year and harvest next spring! All-male variety. Uniform, medium sized spears are green with purple-tips. Growers love this variety because it is very hardy, high yielding, long lasting, and it does well even in heavy soils. Similar to the well known Ontario variety Guelph Millenium.

Order early to avoid disappointment.

R8022-200 Roots: 10/\$19, 100/\$125

ASPARAGUS, SWEET PURPLE

Asparagus officinalis 'Sweet Purple'

P Z5-9 S E
Something different for asparagus lovers! Deep burgundy spears have a nice nutty flavour and is a touch sweeter than other varieties owing to its higher sugar content.

S8023 Seeds: Pkt/\$7.25



MORE VEGGIES ONLINE!
richters.com/veggies

Bean

(*Phaseolus*, *Vigna*, *Vicia*)

RED POD ASPARAGUS BEAN

Vigna unquiculata 'Red Pod'

A S E
A red-podded variation on the yardlong or asparagus bean. The long beans are like young string beans without the annoying string. The deep magenta colour persists with cooking. The sweet and mild flavour is reminiscent of asparagus, mushrooms, and beans. Excellent for stir fries. Grow like pole beans or on a trellis and sow in June when the ground is warm. Yields can be huge if pods are picked often to encourage more to come. Tolerates hot weather well. 75 days.

S8035-401 Seeds: Pkt/\$3.50, 100g/\$60, 1kg/\$430



Dow Purple Pod Bean

New! DOW PURPLE POD BEAN

Phaseolus vulgaris 'Dow Purple Pod'

A S E
This heirloom was once considered endangered because only a few families in the Great Lakes region were growing it. Thankfully it was saved from probable extinction. It is a vigorous pole bean that grows up to 1.8m/6ft high. Its beautiful purple pods, 18-20cm/7-8" long, are very tender, and the white seeds inside are especially tasty with a strong "bean" flavour. When cooked, the pods turn green, which is fun for kids to watch but not so easy for moms and dads to explain! Purple flowers are lovely too. 80 days.

S8038-501 Seeds: Pkt/\$3, 100g/\$20

ROYAL BURGUNDY BEAN

Phaseolus vulgaris 'Royal Burgundy'

A S E
Purple pods turn green when cooked. A reliable, heavy producing bush bean with excellent flavour and keeping qualities. Performs better in areas of cooler daytime temperature. 40-50 days.

S8042-001 Seeds: Pkt/\$3.50, 100g/\$16

KENTUCKY WONDER BEAN

Phaseolus vulgaris 'Kentucky Wonder'

A S E
Very productive pole bean with meaty pods of distinctive flavour, rich in vitamins A and C, iron and calcium with very good keeping qualities. Introduced prior to 1864. 70 days.

S8043-001 Seeds: Pkt/\$2.75, 100g/\$9, 1kg/\$60

SCARLET RUNNER BEAN

Phaseolus coccineus

A S E
Originally from the mountains of Central America, the runner bean has firmly planted itself in gardens and cuisines far and wide. It features prominently in regional dishes in Greece, Spain, Germany and Austria, and is a perennial favourite in British gardens. Not only is it a versatile food plant with edible flowers, beans, and roots, it has eye-catching scarlet flowers that add a wonderful "cottage garden" look to the vegetable patch. The young tender beans are cooked like snap beans while the mature beans can be shelled and eaten either fresh or dried. Easy to grow. Needs a trellis or pole for support. 65 days.

S8044 Seeds: Pkt/\$3.50, 100g/\$15, 1kg/\$85



Tendergreen Bean

TENDERGREEN BEAN

Phaseolus vulgaris 'Tendergreen' **A S E**
 Highly productive bush bean producing deep green, stringless, fleshy tender pods of excellent quality, terrific for eating raw with dips or lightly steamed and served whole. 25cm/10". 55 days.
S8045-001 Seeds : Pkt/\$2.75, 100g/\$11, 100g/\$11, 1kg/\$75

WINGED BEAN

Psophocarpus tetragonolobus **A S E**
 (Goa bean) From Papua and New Guinea but widely cultivated throughout the tropics. Distinctive pods have four wings along their lengths and can be eaten like string beans. Flowers and flowerbuds taste like mushrooms and can be eaten raw, fried or steamed. Young shoots and leaves can be eaten raw or cooked like spinach. Even the tuberous roots can be eaten like potatoes. In North American gardens, winged bean often fails to produce before the frosts arrive in autumn; but our variety is a much earlier (day-length neutral) and will produce in just 75 days. Needs a warm, sunny location, moist soil, and a trellis to climb on.
S8047 Seeds: Pkt/\$3.50



Chioggia Beet

Beet
 (Beta)

CHIOGGIA BEET

Beta vulgaris 'Chioggia' **A S E**
 An heirloom Italian cultivar with sweet flavour, bright red nicely rounded shape. The interior flesh, when sliced, is beautifully marked in alternating rings of cherry red and creamy white, making it very attractive sliced raw. Very mellow flavour when cooked with mild tasting bright green tops. 50 days.
S8050-001 Seeds : Pkt/\$3.50, 100g/\$50, 1kg/\$340

GOLDEN DETROIT BEET

Beta vulgaris crassa 'Golden Detroit' **A S E**
 Attractive, bright golden-orange roots, are best eaten when small, but retain their sweet flavour and do not become fibrous when larger. Tops are used as cooked greens. Excellent pickled, in salads, gourmet borscht or grilled. 55 days
S8051-001 Seeds : Pkt/\$3, 100g/\$110

DARK RED DETROIT BEET

Beta vulgaris crassa 'Dark Red Detroit' **A S E**
 Prolific variety with blood red roots and red-tinged green tops. Low in geosmin, the substance that gives other beetroot varieties an unpleasant earthy taste. Roots are globular, 6-8cm/2.5-3" across with smooth skin. Keeps well. Resistant to downy mildew. 58 days.
S8051-201 Seeds : Pkt/\$2.75, 100g/\$30

BULLS BLOOD BEET

Beta vulgaris 'Bulls Blood' **A S E**
 An heirloom variety introduced in 1840, producing stunning dark red leaves. Leaves are tender and sweet for use in salads. The beets can be harvested when young, at the 2-3 inch size. Glossy foliage makes it an attractive bedding plant, providing contrast. 35-40 days for leaves, 55-65 days for roots.
S8051-301 Seeds : Pkt/\$4

BROCCOLI, CALABRESE

Brassica oleracea 'Calabrese' **A S E**
 Heirloom Italian variety producing small, deep blue-green central heads with numerous side shoots throughout the season. Very tender and mild tasting, good raw in salads and with dips, or lightly steamed, drizzled with herb butter. Seeds are used as sprouts, similar to alfalfa, for a nutritious addition to sandwiches or salads. 50cm/20". 60 days.
S8052-001 Seeds: Pkt/\$3, 100g/\$25, 1kg/\$180
P8052 Plants: Plug pack: 12/\$12

BROCCOLI, DE CICCO

Brassica oleracea 'de Cicco' **A S E**
 Rich tasting old Italian cultivar with small heads projected well above the foliage. Long harvesting period. Ideal for dips, stir fries, or steamed. For spring or fall crops. 50cm/20". 60 days.
S8055-001 Seeds: Pkt/\$3, 100g/\$26, 1kg/\$175

CALLALOO

Amaranthus tricolor **A S E**
 (Chinese spinach) Callaloo is a popular Caribbean dish made from different leafy plants depending on local custom. In Jamaica and in Guyana the preferred leaf is from the amaranth. The association between the dish and amaranth is so strong that the plant itself is often called "callaloo". The young leaves are sweet and slightly tangy to the taste and are used like spinach in soups, salads and in meat and fish dishes. Very easy to grow. Sow direct in the garden in spring. Comes in green and red forms. 60 days.

—GREEN

S8160 Seeds: Pkt/\$3, 10g/\$7, 100g/\$35

—RED

S8161 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$40



Black Nebula Carrot

Carrot
 (Daucus)

BLACK NEBULA CARROT

Daucus carota sativus 'Black Nebula' **A S E**
Eat it or use it as a natural dye! Stunning dark purple roots can be eaten raw, boiled, roasted or steamed just like other carrots. They can also be used as a natural dye for textiles and other materials. 80 days.
S8200-501 Seeds: Pkt/\$4

NANTES CARROT

Daucus carota sativus 'Nantes' **A S E**
 Rich in vitamin A, this early maturing, brilliant orange colour, coreless crispy variety is of exceptional sweet flavour! Great for juicing, freezing or fresh use. 70 days.
S8204-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$50, 1kg/\$360



OXHEART CARROT

Daucus carota sativus 'Oxheart'

(Guérande) When this French heirloom was introduced to America in the 1880s its corpulent tapered roots about 6 inches long and 3-4 inches across were imagined to resemble the heart of an ox — hence it came to be known as "Oxheart". With its huge tonnages of carrots up to a half a pound in size, the variety was grown mainly for animal feed. Despite their large size, the roots remain crisp, sweet and mild, and they store very well. Excellent as a stewing carrot and for juicing. 90 days.

S8204-400 Seeds: Pkt/\$3.50

ROYAL CHANTENAY CARROT

Daucus carota sativus 'Royal Chantenay'

Heirloom variety, good for heavier soils. Broad tapered roots with red core, light orange flesh. Keeps well in storage, retaining its 'real' carrot flavour, sweet and smooth! 65 days

S8205-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$45, 1kg/\$320



CATERPILLAR PLANT

Scorpiurus muricatus

(Prickly caterpillar; Scorpion's tail) This is a weird food plant that is found around much of the Mediterranean. As the seedpods develop they become contorted and hairy, and if you did not look twice you would swear that you have an outbreak of caterpillars in your garden. Like real caterpillars, they are edible. They can be eaten raw or cooked, or they can just be added to salads as a prank to see how the guests react. It turns out that this nitrogen-fixing plant has potential as a forage plant for animals. They love to eat the highly nutritious leaves. Grows as a ground cover.

S8205-900 Seeds: Pkt/\$4.50, 1g/\$7, 10g/\$32

CAULIFLOWER, SNOWBALL

Brassica oleracea var. *botrytis* 'Snowball'

Heritage variety from the 1800s with compact growth of medium size pure white heads, mild flavour, excellent keeper and suitable cooked, raw or frozen. Plant seeds in early spring for fall harvest. 70 days.

S8206-001 Seeds: Pkt/\$3.50, 100g/\$40, 1kg/\$260

CELERY, RED STALK

Apium graveolens 'Red Stalk'

An old English cultivar from the 1700s that was once found only in the gardens of the wealthy. The stalks are beautifully tinged with red, and the colour persists even after cooking. The stalks are thinner than modern celery and the flavour is more robust. Start seeds early. 80-90 days.

S8206-901 Seeds: Pkt/\$4, 10g/\$23, 100g/\$170

CICORIA, CATALOGNA GIGANTE

Cichorium intybus 'Catalogna Gigante'

(Italian dandelion; Italian chicory) The full name is "Catalogna Gigante di Chioggia". Its pleasantly bitter and spicy leaves come in thick bunches. They can be chopped and tossed in salads, or boiled and served simply with olive oil. Or they can be sauteed Roman style in olive oil with garlic, salt and chile peppers. Cooking mellows the taste. In Italy it is typically sown in autumn for spring harvest. Or it can be sown in early spring for summer harvest. 65 days.

S8207-750 Seeds: Pkt/\$3.50, 100g/\$19, 1kg/\$111



COLLARD, GEORGIA

Brassica oleracea (*Acephala*) 'Georgia'

Collard greens are a classic African American staple throughout the southeastern United States. Leaves are chopped into one inch pieces and simmered in water with smoked or salted meats such as ham hocks, pork or turkey necks, together with sauteed onions, garlic, Serrano chile pepper, vinegar and salt. Traditionally served on New Years Day with black-eyed peas and cornbread. Closely related to kale though it has a stronger flavour. It goes back at least 2000 years to the ancient Greeks and Romans, and was likely brought to America from Africa by the slaves. Easily adapted to most gardens with rich soil and full sun. 75 days.

S8207-780 Seeds: Pkt/\$3, 10g/\$6, 100g/\$30



Corn (Zea)

New! JAPANESE STRIPED CORN

Zea mays 'Japanese Striped'

Stunning multicoloured displays! (Japonica striped maize) First brought to America from Japan in 1864, this elegant corn became a fixture in gardens of the time. The green, white and yellow striped variegations are flanked by mauve borders right up the entire plant, which can reach up to 6ft (1.8m) tall. The wine-coloured tassels and the deep burgundy ears add majesty to the overall effect. Yet the corn is edible and can be dried and ground into cormmeal like other flint corns. 85 days

S8211-001 Seeds: Pkt/\$4.50, 100g/\$35

TRUE GOLD CORN

Zea mays 'True Gold'

A S E

An heirloom favourite with a truly delicious, buttery, rich flavour. Large 20cm/8" ears with golden-yellow kernels and long-lasting sweetness. Productive plants resist lodging. Excellent for chicos. 70-80 days.

☀️ **S8216-001 Seeds** : Pkt/\$4, 100g/\$22, 1kg/\$150

CORNSALAD

Valerianella locusta 'Broadleaf Dutch'

A S F E

(Mache; Feldsalat) Frequently found in summer salads in France and Germany. Pleasant alternative to lettuce or endive, possessing its own special piquant flavour. Ready to use when 3-4 leaves have developed. Repeat sowings till mid-August for continuous supply.

S8285 Seeds: Pkt/\$2.75, 100g/\$21, 1kg/\$135



Cucamelon

CUCAMELON

Melothria scabra

A S E

Cute little grape-sized cukes! (Mousemelon; Sandita; Mexican sour gherkin) Known in Mexico as "Sandita" or "little watermelon", these cute melons have been a staple in the local diet since pre-Columbian times. They are about the size of a large grape and taste like cucumber with a sharp tinge of lime. They can be a little slow from seeds but once the warm weather arrives they take off. Eat them straight off the plant or try them in salads, on bruschetta, in stir-fries, sauces, or pickle them with mint and dill. Easy to grow, pest-free, and hugely productive. 65 days.

S8287 Seeds: Pkt/\$4.50

Cucumber

(*Cucumis*)

CRYSTAL APPLE CUCUMBER

Cucumis sativus 'Crystal Apple'

A S E

A beautiful white version of the Lemon heirloom cucumber. The texture is nice and crisp and the flavour is sweet and never gets bitter. The round white fruits are about 7cm/3" across and fit easily in the palm. Matures in 60 days.

S8288-500 Seeds: Pkt/\$3, 100g/\$30, 1kg/\$205

LEMON CUCUMBER

Cucumis sativus 'Lemon'

A S E

Heirloom variety producing 3"/8cm oval fruits on vigorous vines. Very prolific, delicate flavour with slight lemony fragrance in late stages of development. Adds colour to salads, good for slicing and pickling. Slice, blend with fernleaf dill and sour cream or yogurt for a quick, tasty appetizer! 65 days.

☀️ **S8289-001 Seeds**: Pkt/\$3, 100g/\$38, 1kg/\$265

MUNCHER CUCUMBER

Cucumis sativus 'Muncher'

A S E

Bitter free cucumber at all slicing stages. Harvest young fruits at 8cm/2-3" for making pickles. Mature fruits are attractive, smooth skinned, medium green in colour 18cm/6-7" long, 5cm/2" diameter. 60 days.

☀️ **S8289-301 Seeds**: Pkt/\$3, 100g/\$38, 1kg/\$270

ORIENTAL CUCUMBER

Cucumis sativus

A S E

Long, slender fruit with an edible peel. Can be eaten without fear of indigestion, stomach pains or heartburn. Start early indoors, plant out with support. 40-45 days.

S8290 Seeds: Pkt/\$4.50, 10g/\$25, 100g/\$170



Armenian Cucumber

ARMENIAN CUCUMBER

Cucumis melo flexuosus

A S E

(Snake melon) This striped snake-like delicacy is actually a melon, not a true cucumber. But the thin skinned melons can be chopped and used just like cucumbers. Excellent tossed in salads or just eaten raw. Sweet and refreshing with a crunchy texture. Ideal for pickling too. Popular traditional vegetable throughout the Persian Gulf and north to Armenia. Thrives in fertile, well-drained soil in a warm sunny spot. Grows best when trained to climb a vertical structure. 60 days.

S8290-250 Seeds: Pkt/\$3.50, 100g/\$50

SALT & PEPPER CUCUMBER

Cucumis sativus 'Salt & Pepper'

A S E

Pickling cucumber developed at Cornell University with white skin and black spines, 8-12cm/3-5" long. Good flavour and resistant to powdery mildew. 50 days.

☀️ **S8291-001 Seeds**: Pkt/\$3.50

STRAIGHT EIGHT CUCUMBER

Cucumis sativus 'Straight Eight'

A S E

Vigorous productive vine produces straight, deep green fruit, 20cm/8" long, bright white flesh with bitter-free flavour. Excellent for slicing, in salads and also used for pickling when small. 60 days.

☀️ **S8292-001 Seeds**: Pkt/\$3, 100g/\$35, 1kg/\$230



White Icicle Daikon

DAIKON, WHITE ICICLE

Raphanus sativus longipinnatus 'White Icicle'

A S F E

(Japanese radish) This daikon radish is a Japanese delicacy with pure white carrot-shaped roots. The texture is crisp and tender and the flavour is pungent, but pleasantly so — even additively so. The roots are best eaten when 10-15cm/4-6" long. Sow in fall for spring harvest or in spring for early summer harvest. 30 days

☀️ **S8300-101 Seeds**: Pkt/\$3, 100g/\$28, 1kg/\$200

DANDELION, FRENCH

Taraxacum officinale sativum 'Thick' P Z3-10 S F E
This strain of the lowly dandelion boasts tender fleshy leaves, topping all other fruits and vegetables for iron content. Enjoy in a spring salad, or cooked like spinach. Treat as a biennial — sow one year, pick the next. 90 days.

S8310 Seeds: Pkt/\$2.75, 10g/\$23, 100g/\$160

EGGPLANT, BLACK BEAUTY

Solanum melongena 'Black Beauty' A S E
Introduced by Burpee over 100 years ago this large-fruited variety is still popular today. Smooth black oval fruits are 16cm/6.5" long, 13cm/5" across, and average 1kg/2lb. Holds well and retains good color. 72-85 days.

S8318-001 Seeds: Pkt/\$2.75, 10g/\$8, 100g/\$55

P8318 Plants: \$3.95

EGGPLANT, JAPANESE

Solanum melongena 'Kurume Long Purple' A S E
Slender fruits are excellent for frying, cooking and pickling. Plants are highly productive and disease resistant. Yields of 40-50 fruits per plant are not unusual. 75 days.

S8320-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$55, 1kg/\$400

P8320 Plants: \$3.95, **Plug pack:** 12/\$12



Turkish Orange Eggplant

EGGPLANT, TURKISH ORANGE

Solanum melongena esculentum 'Turkish Orange' A S E
Stunning red-orange heirloom variety from Turkey. The small round fruit, 7cm/3" in diameter, are eaten when green, and when they turn orange they are good for stuffing. Heavy yields and insect resistant. Ht. 50cm/20". 70 days.

S8319 Seeds: Pkt/\$3.50, 10g/\$16, 100g/\$120

P8319 Plants: \$3.95

ENDIVE, RED: See RADICCHIO, DI TREVISO



Tres Fine Endive

ENDIVE, TRES FINE

Cichorium endivia 'Tres Fine' A S E
Extra finely cut, lacy leaves with mild, nutty-flavour, delicate crispy ribs and cream coloured hearts are fast growing and are a great addition to salads, adding flavour, body and crunchy texture. Cool weather crop, so harvest leaves young during hot weather to avoid bitterness. 60 days.

S8322-001 Seeds: Pkt/\$3.50, 10g/\$8, 100g/\$53, 1kg/\$370

FENNEL, FLORENCE

Foeniculum vulgare azoricum P S F E
(Finocchio) Unlike sweet fennel, this produces a bulbous base of delicate anise flavour and crisp texture. Superb sliced raw in green salads, sauteed, or quartered in chicken casseroles. Does best in cool weather: sow direct in July to mature by fall or start early indoors and plant out in spring. 100 days.

S8340 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$35, 1kg/\$240

S8340-001 Seeds: Pkt/\$3, 10g/\$8, 100g/\$50

P8340 Plants: **Plug pack:** 12/\$12

GOBO

Arctium lappa 'Takinogawa Long' B Z2-10 S E (Not to AB)
(Japanese burdock) Japanese vegetable with powerful medicinal properties. Slender, smooth-skinned roots up to 1m/40" long have a delightful oyster-like flavour similar to salsify, but stronger. Peel, slice, and cook 30 minutes, drain and cook again for 10 minutes. Season with butter, salt and herbs and serve. Japanese research shows that this variety has potent anti-tumour effects. Commonly used as a blood purifier.

S8370 Seeds: Pkt/\$2.75, 10g/\$8, 100g/\$55

P8370 Plants: \$4.95, 3+/\$4, 12+/\$3.20



Ha Gobo

GOBO, HA

Arctium lappa B Z2-10 S E (Not to AB)
(Edible leaf burdock) This form of gobo is a staple in Japanese cuisine, grown for its fine-textured edible leaves rather than its roots. Young leaves have a distinct flavour and can be cooked like spinach or parboiled in salads, or added to stir fries and soups. Good source of fibre, iron, calcium and rutin, a valuable promoter of cardiovascular health. Thrives in fertile, well drained soil in full sun. Soak seeds for 24 hours and lightly cover with soil, as light is required for germination (6-12 days). Ht 12".

S8375 Seeds: Pkt/\$3.50, 10g/\$14, 100g/\$100



Aunt Molly's Groundcherry

GROUNDCHERRY, AUNT MOLLY'S

Physalis pubescens integrifolia P Z8-11 S E
An heirloom of the Pennsylvania Dutch with small orange fruits that come wrapped in paper-like husks. Flavour is citrusy resembling that of a tangerine. Fully ripened fruits (all orange, with no green or yellow) are excellent in jams, pies, and sauces, and can be enjoyed fresh as a snack or in salads. Kept in the husk, the fresh fruits will last 3-4 weeks in cool dry conditions; before use the husk is removed. Although it is a perennial, in more northern areas it is grown as an annual like tomatoes. Start early indoors and transplant to the garden after spring frosts. 75-90 days from transplant.

S8386-001 Seeds: Pkt/\$4.50

GROUNDCHERRY, PERUVIAN

Physalis peruviana

Golden super berries! (Cape gooseberry; Husk cherry; Goldenberry) High in protein, iron, and vitamins A, B, and C, this berry from the Andes is deservedly getting a new look as a super food. Small golden fruits about the size of a marble are borne inside papery husks. The taste is mellow and tart, not particularly sweet but delicious and refreshing. They are eaten fresh or in fruit salads, pies, chutneys, and they are excellent for jams and jellies owing to their high pectin content. Sauce made with the berries is pure bliss with seafood. Fresh berries dipped in melted chocolate are something to die for. Needs well-drained soil and full sun. Do not fertilize, otherwise the fruits will fail to mature properly. Fruits are harvested when they fall to the ground and their protective husks are removed before use. Fresh berries keep for months when refrigerated in a sealed container. 70-80 days.

S8390 Seeds: Pkt/\$3, 10g/\$19, 100g/\$135

HUCKLEBERRY, GARDEN

Solanum scabrum

Fast and easy berry crop! Used for jams, pies and syrups like blueberries but much easier and quicker to grow. When ripe the glossy berries turn black but wait a little longer to harvest them when the gloss fades and the fruits begin to soften. They do not taste like much when eaten raw off the plants but when they are cooked and sweetened a culinary miracle turns them into a delicious blueberry-like mass. Prefers partial shade and well-composed soil. Start them indoors like tomatoes and plant out after last frosts. Ht. 30-60cm (1-2ft). 80 days from transplant.

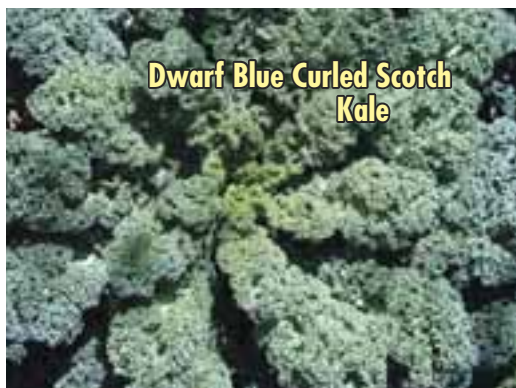
S8406 Seeds: Pkt/\$4.50

JICAMA

Pachyrhizus erosus

(Yam bean) Tropical vines produce turnip-shaped tubers with a sweet white flesh. Best eaten raw, but can be cooked also. Has low starch and calories. Produces largest tubers in tropical areas, but will produce equally tasty, smaller tubers in more temperate areas with a 4-5 month growing season. Start indoors 6-8 weeks before outdoor planting time.

S8420 Seeds: Pkt/\$3, 10g/\$7, 100g/\$38, 1kg/\$265



Dwarf Blue Curled Scotch Kale

KALE, DWARF BLUE CURLED SCOTCH

Brassica oleracea acephala 'Dwarf Blue Curled Scotch' A S E

Heirloom kale from the 1860s. Exceptionally hardy, surviving harsh winters without protection. Even under a meter (3ft) of snow, it is still good to eat, sweeter than store-bought kale. Normally kale is planted in fall for winter growing but this variety does well in hot summer weather too. Blue-green crinkled leaves are delicious fresh in salads, steamed or sauteed. Ht. 30-35cm/12-15". 60 days.

S8420-800 Seeds: Pkt/\$3, 10g/\$7, 100g/\$36, 1kg/\$250

S8420-801 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$50

KALE, LACINATO

Brassica oleracea acephala 'Lacinato' A S E

(Black cabbage; Cavolo nero) Large, dark green, serrated leaves growing to a height of 60cm/2', are useful for culinary purposes as well as ornamental. Very winter hardy. Freezing temperatures tenderize it bringing out its full flavour. Wonderful raw, in soups, stews, steamed or stir-fried, especially blended with fresh, chopped chives and coriander! 100 days.

S8421-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$30, 1kg/\$210

P8421 Plants: Plug pack: 12/\$12

KALE, RED RUSSIAN

Brassica napus 'Red Russian' A S E

Tender sweet leaves of excellent flavour are highly nutritious and the attractive blue-green/red frilly leaves are cold hardy, making it possible to harvest during the winter. Tasty steamed, stir-fried or in salads. 65 days.

S8422-001 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$28, 1kg/\$200

P8422 Plants: Plug pack: 12/\$12

LEEK, AMERICAN FLAG

Allium ampeloprasum 'American Flag' B Z4-9 S E

A cornerstone of French cuisine. Sweeter, milder and more delicate than the mildest onion. Start in March. Very hardy — may be gathered even after light snow, or left in the ground until spring.

S8460 Seeds: Pkt/\$2.75, 100g/\$19, 1kg/\$125

S8460-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$55

P8460 Plants (Not to ID): Plug pack: 12/\$12

Lettuce

(*Lactuca*)

Butterhead Lettuce

BUTTERCRUNCH LETTUCE

Lactuca sativa 'Buttercrunch' A S E

A long time favourite of gardeners with crisp, dark green, reddish-tinged leaves and a yellowish-white heart. Keeps its buttery sweetness well even in the heat of summer and is more bolt-resistant than other butterhead varieties. 50-75 days.

S8470-101 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$35, 1kg/\$240

Leaf Lettuce

LOLLA ROSSA LETTUCE

Lactuca sativa 'Lolla Rossa' A S E

Attractive heavily-frilled, medium green leaves tipped with a strong, warm red make this mild flavoured, heat tolerant lettuce a great garnish or addition to salads. Used as cut and come greens or left to head up for a single serving. 52 days.

S8471-001 Seeds: Pkt/\$3.50, 10g/\$8, 100g/\$55, 1kg/\$360

OAKLEAF LETTUCE

Lactuca sativa A S E

Compact rosettes of delicately thin, tender, light green oakleaf-shaped leaves that stand heat well and does not become bitter. Old variety now popular once again. 45 days.

S8472-001 Seeds: Pkt/\$3, 10g/\$7, 100g/\$40



Red Oakleaf Lettuce

RED OAKLEAF LETTUCE

Lactuca sativa 'Red Oakleaf' A S E

Lovely oakleaf-shaped leaves in hues of burgundy, maroon and crimson. Stands heat well and does not become bitter. 45 days.

S8472-301 Seeds: Pkt/\$3, 10g/\$10, 100g/\$65, 1kg/\$440

BLACK-SEEDED SIMPSON LETTUCE

Lactuca sativa 'Black-Seeded Simpson' A S E

Still a huge favourite after more than 150 years, this leaf lettuce has crinkly light-green leaves that are tender and juicy. Tolerant to heat, drought and light frost. 45 days.

S8474-001 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55, 1kg/\$355

SALAD BOWL LETTUCE

Lactuca sativa 'Salad Bowl'

A ☉ E

Large rosettes of tender, deep-lobed oak-like leaves. Good resistance to bolting and good heat tolerance. Does not get bitter in hot weather. Baby leaves ready in 28 days and full size in 60 days.

☀ **S8475-001** Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$40, 1kg/\$265

RED SALAD BOWL LETTUCE

Lactuca sativa 'Red Salad Bowl'

A ☉ E

A loose type with a striking bronze burgundy oak-shaped leaves. Very popular for all season use. Stays bitter-free and is heat tolerant. For baby leaf use in 28 days or full-size use in 51-58 days.

☀ **S8475-101** Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$40, 1kg/\$265



Speckled Lettuce

New! SPECKLED LETTUCE

Lactuca sativa 'Speckled'

A ☉ E

Very nice loose leaf variety with red-speckled leaves believed to have been brought to Canada in the early 1800s by Mennonites from the Pennsylvania Dutch area of the U.S. Then a century later, in the 1980s, the variety was brought back to the U.S. when a descendent of Urias Martin, a Waterloo-area Mennonite, donated seeds to an American seed exchange. The variety has since developed an avid following among home gardeners. It is tender, juicy and sweet, slow to bolt, and easily survives light frosts in early autumn. Sow every 2-3 weeks for an extended harvest. 40-55 days.

☀ **S8475-501** Seeds: Pkt/\$3.50, 10g/\$9

Romaine Lettuce

PARRIS ISLAND COS LETTUCE

Lactuca sativa 'Parris Island'

A ☉ E

Romaine lettuce that forms long, deep green, upright leaves with that delicious juicy crunch, creamy white midribs that are sweet and crisp. Great for use in sandwiches, salads, garnish or wraps. Heat tolerant, heavy heads. 65 days.

☀ **S8473-001** Seeds: Pkt/\$3, 10g/\$7, 100g/\$32, 1kg/\$225

MACHE: See CORNSALAD

MELON, HEARTS OF GOLD

Cucumis melo 'Hearts of Gold'

A ☉ E

Produces firm, round fruit weighing 1-2kg/3-4 lbs. with deep salmon coloured flesh that is thick and firm and has a sweet, intense flavour. Good for short season gardeners. 90 days.

☀ **S8480-001** Seeds: Pkt/\$3, 10g/\$7, 100g/\$35

MELON, MINNESOTA MIDGET

Cucumis melo 'Minnesota Midget'

A ☉ E

Perfect for small gardens! Unlike other melons with vines that can sprawl everywhere, this cute little melon is much more compact and better behaved. Vines get only 90cm/3ft long which makes it a good choice for small urban gardens. The melons get only 4 inches (10cm), which fits nicely in the palm of the hand. The orange flesh is thick, meaty and very sweet. 60-100 days.

S8484 Seeds: Pkt/\$3.50, 100g/\$35



Richters Special Mesclun

Mesclun

Mesclun is a mixture of salad greens harvested at a very young stage. Sow successively every ten days to produce a regular supply of tasty baby greens.

RICHTERS SPECIAL MESCLUN

Mixed species

A ☉ E

Contains Kagraner lettuce, red leaf lettuce, roquette, radicchio, cornsalad, borage, mizuna, mustard spinach, chervil and curled cress. Sow in early spring or late summer.

S8495 Seeds: Pkt/\$5.25, 10g/\$10

HERBAL MESCLUN

Mixed species

A ☉ E

Sweet basil, borage, roquette, sweet fennel, red leaf lettuce. Heat tolerant; suited for mid-summer sowings.

S8496 Seeds: Pkt/\$5.25, 10g/\$12

SPICY MESCLUN

Mixed species

A ☉ E

Contains pak-choi, chinese mustard, mustard spinach, shungiku, curled cress, roquette and mizuna. Sow in early spring or late summer.

S8497 Seeds: Pkt/\$5.25, 10g/\$10



Molokhia

MOLOKHIA

Corchorus olitorius

A ☉ E

(Egyptian spinach; Jew's mallow) Vegetable green popular throughout the Middle East, Africa and Asia. Its use dates to ancient Egypt where it was called "food of the kings." The plant has anticancer and anti-inflammatory properties, and is highly nutritious, even more so than kale. Leaves are minced and cooked with coriander and garlic and served as a puree on rice with chicken, rabbit, lamb or fish. It has a slightly mucilaginous texture that may take some getting used to but millions will tell you it is well worth it. Sow direct in spring or start early indoors and transplant out. 60 days.

S8488 Seeds: Pkt/\$4, 10g/\$15, 100g/\$105

MUSHROOM, OYSTER

Pleurotus ostreatus

(Can only) P Z5-8 ☉

Oyster mushrooms look, smell and taste like oysters. The fragrant smoky-gray caps have a soft, chewy texture and are delicious cooked in omelettes, casseroles, pasta, kebabs, soup, stews. Try them in a simple stir fry with garlic, butter, soy sauce, white wine and rosemary. Contains statins which help to control cholesterol. Oyster mushrooms are so effective at breaking down organic compounds they are being used for mycoremediation, the rehabilitation of contaminated soils. Easy to grow: we supply live colonies in ready-to-grow sawdust blocks.

R8490-700 Colony (Apr-May shipment): \$39



Red-streaked Mizuna Mustard

Mustard

(*Brassica*)

RED-STREAKED MIZUNA MUSTARD

Brassica rapa (Japonica) **A S E**
 (Japanese mustard) The deeply frilled foliage has beautiful red streaks set against a green background. The visual effect is like an abstract expressionist painting, mesmerizing if you let yourself get drawn into the detail. Imagine tossing these tasty peppery leaves into your next salad.

🌱 **S8500-101 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$55

MIBUNA MUSTARD

Brassica rapa (Japonica) **A S E**
 (Japanese mustard) Traditional Japanese green dating back to the Edo period. Lance-shaped leaves, produced in abundance, have a mild mustard flavour and are delicious in mixed salads and in stir fries and soups. Mibuna is regarded as a cold-season vegetable but is also heat-tolerant and doesn't bolt during the warm season. Quick crop: matures in 40 days, but baby leaves can be harvested in as few as 20 days.

🌱 **S8501-001 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$47, 1kg/\$330



Red Giant Mustard

RED GIANT MUSTARD

Brassica juncea 'Red Giant' **A S F E**
 (Chinese mustard; Indian mustard) A splash in the salad bowl and in the garden! Brilliant maroon leaves with light green midribs are both delicious and strikingly ornamental. Spicy leaves are excellent in mixed salads or alone, and they are delicious steamed and tossed with sesame oil and soy sauce or stir fried with ginger and bok choy and chicken. Sow in early spring. Can even be grown in containers. Cold tolerant. 45 days.

🌱 **S8511-001 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$50, 1kg/\$340

TENDERGREEN MUSTARD

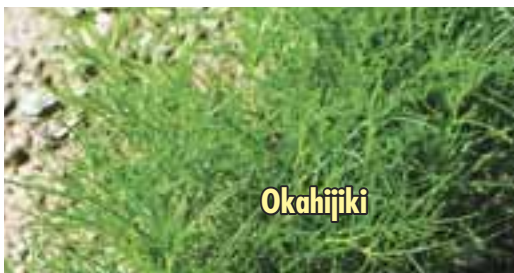
Brassica perviridis 'Tendergreen' **A S F E**
 Broad spinach-like leaves can be eaten as cooked greens or in salads and sandwiches. Remains crisp and mild even during hot weather. For continuous supply sow every month or so. Will regrow some after cutting. 20-30 days.

🌱 **S8516-001 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$37, 1kg/\$260

TATSOI MUSTARD

Brassica narinosa 'Tatsoi' **A S F E**
 (Spoon mustard) Oriental green with a soft creamy texture and distinctive subtle flavour. When seeded thickly the small dark green baby greens are ready to harvest in 21 days after sowing. When seeded less thickly the leaves form a compact, thick rosette in 45 days, perfect for bunching. Very cold tolerant: can be harvested even from under the snow.

🌱 **S8517-001 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$50, 1kg/\$340



Okahijiki

OKAHIJIKI

Salsola komarovii **A S E**
 (Saltwort; Land seaweed) One of the oldest vegetables of Japan, traditionally used in sushi and salads, and it is served as a bed for fish and meat. The name means "land seaweed" and indeed it has a salty flavour and crispy texture that suggests seaweed but is easily cultivated on land. It can be cut into 5-8cm/2-3" lengths and eaten raw or steamed, or it can be blanched briefly in salt water. Serve with a little butter or oil for a wonderful treat. Very easy to grow. Sow outdoors anytime from spring to autumn. 30-60 days.

🌱 **S8518 Seeds:** Pkt/\$4, 10g/\$9, 100g/\$60

OKRA, BURGUNDY

Abelmoschus esculentus 'Burgundy' **A S E**
 Deep-red "baby" pods make very attractive menu additions and older pods remain tender even at 20cm/8" length, and retain their red colour when cooked. The attractive red stems and branches, red-veined green leaves are ornamental as well as tasty! 60 days.

🌱 **S8522-001 Seeds:** Pkt/\$3



Clemson Spineless Okra

OKRA, CLEMSON SPINELESS

Abelmoschus esculentus 'Clemson Spineless 80' **A S E**
 First introduced in 1939 this variety is now the most popular on the market. Vigorous 1m/4ft high plants produce straight spineless pods that are excellent in soups, stews and relishes. Pods are most tender when 7cm/3" long or less. 48-60 days.

🌱 **S8522-201 Seeds:** Pkt/\$2.75, 100g/\$16, 1kg/\$110






Ailsa Craig Onion


New! ONION, AILSA CRAIG

Allium cepa cepa 'Ailsa Craig' **A S E**
 Named after a craggy island off the Scottish coast with a domed top that some say resembles a giant onion partially submerged in the sea. The island is visible from Culzean Castle on the mainland where in the late 1800s the head gardener for the Marquis of Ailsa created this exceptional variety by crossing two varieties widely grown in British gardens at the time. The onions are huge, up to two pounds each, with honey brown skin and mild-flavoured sweet flesh. Excellent for cooking and in salads and burgers. Like other mild onions, it does not store for long. 95-100 days.

🌱 **S8523-101 Seeds:** Pkt/\$3.50, 10g/\$35

ONION, DEEP PURPLE BUNCHING

Allium fistulosum 'Deep Purple Bunching' P Z3-9   
(Onion green; Bunching onion) Attractive green stalks look like they have been dipped in wine! Bulbs are stained a deep purple. Colour persists at any temperature or age. Royal Horticultural Society Award Winner in 2010. A salad onion that adds an unmistakable splash of colour and flavour to any dish. 60 days.



 **S4310-201 Seeds:** Pkt/\$3.50, 1M/\$7, 10M/\$50


ONION, EVERGREEN: See ONION, WELSH





**Red Cipollini
Onion**

ONION, RED CIPOLLINI

Allium cepa var. *cepa* 'Red Cipollini' A  
A beautiful heritage onion variety from Italy where it is often seen braided like garlic and hung in kitchens. The distinctive flat bulbs, about 8-10cm/3-4in across, have a bright red colour and semi-sweet flavour. Excellent for both pickling and slicing. A good keeper for winter storage. Where winters are mild it can be planted in the fall for early harvest next summer. 105-115 days.

 **S8523-701 Seeds :** Pkt/\$4.50, 10g/\$12, 100g/\$90

ONION, WALLA WALLA

Allium cepa var. *cepa* 'Walla Walla' A  
Old fashioned variety from France, and although not a long-keeper, these are one of the sweetest onions to grow. Large globes with light brown skin are ultra-mild and the crunchy, white flesh is delicious either raw or cooked. Try baking them like potatoes in their own skin! 110 days.

 **S8524-001 Seeds :** Pkt/\$3.50, 10g/\$17, 100g/\$125, 1kg/\$915

P8524 Plants (Not to ID): Plug pack: 12/\$12






**Red Flash
Orach**


ORACH, RED FLASH

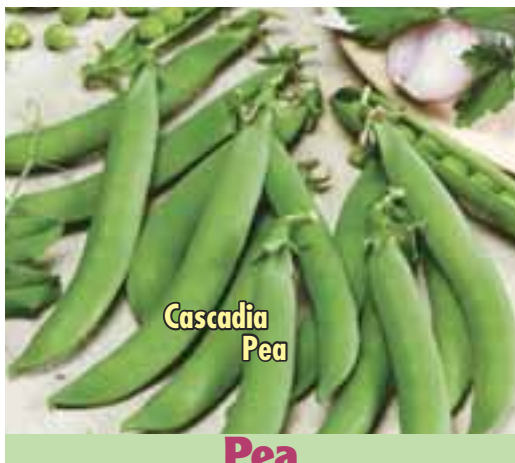
Atriplex hortensis 'Red Flash' A  
(French spinach) Ancient Greek and Roman spinach-like green, and still popular in France today. The tender young shoots can be boiled and buttered, creamed, added to quiches, or rolled up in crepes. Adds gorgeous colour to tossed salads. Striking in the garden too, reaching 2-3ft/60cm. 40 days.

S8527-700 Seeds: Pkt/\$3.50, 10g/\$11, 100g/\$85, 1kg/\$620

PAK-CHOI, WHITE-STEMMED

Brassica rapa (*Chinensis*) 'White Stemmed' A   
(Bok choy) Popular standard ingredient in many Chinese dishes like chow mein and wonton soup. Leaves are thick and glossy with a hint of mustard flavour. Stalks are pure white, crisp and very tender. Try bite-sized slices stir fried with tofu, meat and seasonings. Grows 25cm/10" in 45 days.

 **S8529-001 Seeds:** Pkt/\$3, 10g/\$7, 100g/\$32, 1kg/\$225




**Cascadia
Pea**

Pea

(*Pisum*)



New! PEA, CASCADIA

Pisum sativum 'Cascadia' A  

Versatile snap pea! Extra thick juicy pods are sweet and delicious when picked young and also used like shell peas when left to mature. Nice to have a choice! A dwarf "semi-climber" with short vines reaching only 60-75cm/24-30" makes it a good choice where space is limited or for containers though it needs staking. Sow in spring for midsummer harvest or sow in August for fall harvest. Resistant to powdery mildew and several virus diseases. 60-70 days.

 **S8529-301 Seeds:** Pkt/\$3, 100g/\$20


PEA, GOLDEN SWEET

Pisum sativum 'Golden Sweet' A  


A really special heirloom snow pea believed to be from India originally. The young pods are a bright light yellow, a rarity among peas. They are very sweet and crunchy, delicious raw right off the plants or in salads. When cooked the colour changes to a pale grey green outside and a deep emerald green inside. And if you let the pods mature, you get shelling peas which when dried turn tan, speckled with purple. The flowers too are unique changing from pale cream to soft sky blue and deep midnight blue flowers. Very vigorous, fast-growing, heavy yields. Reaches 150-180cm (5-6ft) and needs support. 60-70 days.

 **S8529-501 Seeds:** Pkt/\$3, 100g/\$19, 1kg/\$114



PEA, OREGON SUGAR POD

Pisum sativum 'Oregon Sugar Pod' A  

Light green, smooth edible pods 10cm/4" long by 2cm/3/4" diameter with a mild flavour good for eating raw, in stir fries or steamed. Freezes well, retaining the full, sweet flavour and colour. Sets double pods, very productive vines over a long period of time. Height 60cm/24-30". 65 days.

 **S8530-201 Seeds:** Pkt/\$2.75, 100g/\$12

PEA, PATIO PRIDE

Pisum sativum 'Patio Pride' A  


Perfect for small spaces! This compact pea performs well in containers and small gardens. The pods are sweet and tender when harvested early, and they start coming in as few as 40 days. Patio Pride can be planted for early spring harvests, or planted in succession to yield a continual harvest over many weeks. Makes a great display in patio containers when combined with cool-season flowers. All-America Selection for 2017.

 **S8530-251 Seeds:** Pkt/\$4.50, 100g/\$14

PEA, TAIWAN SUGAR

Pisum sativum macrocarpon 'Taiwan Sugar' A  

Some call this pea the "Queen of the Orient" because it is so often added to stir fries. The sweet crisp fresh pods are excellent in salads. Harvest early before the peas form inside so pods are tender and sweet. Vines need support. Ht. 90-150cm/3-5ft. 65-75 days.

 **S8530-801 Seeds:** Pkt/\$3, 100g/\$12, 1kg/\$85



Cal Wonder Pepper

Pepper

(*Capsicum*)

Per USDA rules, pepper seeds and plants cannot ship to the U.S.

For chiles and other hot peppers please see our **HERBS** section.

Sweet Pepper

CAL WONDER PEPPER

Capsicum annuum 'Cal Wonder'

Early maturing, old fashioned bell pepper with thick walls of juicy, sweet and tender fruits. Can be harvested at green or mature stages for use in salads, stir fries, as a crudite or stuffed! Resistant to tobacco mosaic virus, a common disease in peppers. 75 days.

—**RED** Green fruits mature to bright red.

🌱 **S8531-001 Seeds (Not to US):** Pkt/\$3.50, 10g/\$10, 100g/\$75, 1kg/\$535

P8531 Plants (Not to US): Plug pack: 12/\$12

—**GOLDEN** Green turn golden-yellow at maturity.

🌱 **S8532-001 Seeds (Not to US):** Pkt/\$4.50, 10g/\$16, 100g/\$120

P8532 Plants (Not to US): Plug pack: 12/\$12



Corno di Toro Pepper

CORNO DI TORO PEPPER

Capsicum annuum 'Corno di Toro'

(Bull's horn) One of the most loved sweet peppers of Italy. The long curved pepper looks like, as the name suggests in Italian, the "horn of the bull". It is absolutely delicious cooked on the grill, fried, stuffed, or pickled. The thin skins combined with the thick, sweet flesh, makes this variety an extra special treat. These peppers are huge, up to 20cm/8" in length, and come in yellow (giallo) or red (rosso) forms. 75 days.

—**GIALLO** Yellow

S8533-105 Seeds (Not to US): Pkt/\$3, 10g/\$10, 100g/\$70

—**ROSSO** Red

S8533-110 Seeds (Not to US): Pkt/\$3, 10g/\$10, 100g/\$70

HUNGARIAN SWEET WAX PEPPER

Capsicum annuum 'Hungarian Sweet Wax'

Often called banana pepper, this is a milder version of the 'Hungarian Hot Wax' pepper (listed in the herb section). The shape, size, glossy skin and color are similar without the heat. The fruits go from green to yellow, to orange and red as the fruits ripen, but they are best used when bright yellow. Good for stir-fries, stuffings, pickles, and raw in salads. 60-75 days.

S8533-300 Seeds (Not to US): Pkt/\$3, 10g/\$14, 100g/\$95

P8533-300 Plants (Not to US): \$3.95

ORANGE SUN PEPPER

Capsicum annuum 'Orange Sun'

Dazzling orange bell pepper with thick flesh, crunchy texture, and exquisite sweet flavour. For grilling, stuffing, roasting, stir fries. Makes a nice splash in salads and fresh veggie trays. Compact plants, under 60cm/24", work well in large containers or in the garden. 75-80 days.

🌱 **S8532-701 Seeds (Not to US):** Pkt/\$3.50, 10g/\$55, 100g/\$370

P8532-700 Plants (Not to US): \$3.95

PUMPKIN, BIG MAX

Cucurbita pepo 'Big Max'

Large pumpkin often weighing up to 45kg/100lb ripening to a pinkish orange with very thick flesh. Flesh is used for pie filling, soups, delicious grilled with onion, garlic, lovage and sweet peppers. Can be used as jack-o-lantern and is ideal for entering into fairs for competition on heaviest squash! 120 days.

🌱 **S8534-001 Seeds:** Pkt/\$3, 100g/\$28, 1kg/\$200

PUMPKIN, CASPER

Cucurbita pepo 'Casper'

White skinned pumpkin with dark orange flesh, suitable for jack-o-lanterns and pies! Great halloween novelty, as outer skin can be painted on mature fruits of 30cm/8-10", weighing about 10-16lbs/5kg. 110 days.

🌱 **S8534-301 Seeds:** Pkt/\$3, 100g/\$50, 1kg/\$360



Lady Godiva Pumpkin

PUMPKIN, LADY GODIVA

Cucurbita pepo 'Lady Godiva'

Hull-less seeds are good to eat! You don't want Lady Godiva for her flesh but for her delicious and highly nutritious protein-rich seeds. Her flesh is frankly inedible, but the greenish seeds are exquisite, raw or roasted, as they have no hard hull. In the edible seed industry, hull-less seeds are known as "naked" seeds. The yields can be amazing: you get as many as 12-15 pumpkins per plant, and each pumpkin can yield a pound of seeds. 100-110 days.

🌱 **S8534-601 Seeds:** Pkt/\$4.50, 100g/\$65

PUMPKIN, SMALL SUGAR

Cucurbita pepo 'Small Sugar'

Heirloom variety from the 1800s. Fruit is small-22cm/9" diameter and weighing 2-3kg/5-6 lbs with deep orange, thick hard skin. Moderately thick flesh is yellow-orange, fine-grained, sweet and well flavoured. This is the standard pie pumpkin, also used for soups, grilling and mini-jack o lanterns. 100 days.

🌱 **S8535-001 Seeds:** Pkt/\$3, 100g/\$32, 1kg/\$220

PURLANE, FRENCH

Portulaca oleracea sativa

Succulent leaves are popular in France for salads, cooked greens or in soups. Good summer green performing best in hot weather. Much improved over its wild relative. Leaves are a light golden colour.

—**GOLDEN LEAF** Tender leaves are a light golden colour.

S8539 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$50

—**GREEN LEAF** Tender green leaves.

S8540 Seeds: Pkt/\$2.75, 10g/\$7, 100g/\$40



**Biobio
Quinoa**

New! QUINOA, BIOBIO

Chenopodium quinoa 'Biobio'

Little known just a few decades ago, quinoa, the staple grain of the Andes, is now grown in more than 70 countries. This is a beautiful red plumed variety from Chile, early maturing and a heavy yielder of nutty-tasting white seeds. Cook the seeds in place of rice or oatmeal, add them to soups and smoothies, or sprinkle them over desserts — the limit is your imagination and daring. You can even pick some of the young, nutritious leaves to steam or add to your salads. 90-100 days.

🌱 **S8559-001 Seeds:** Pkt/\$4, 10g/\$12, 100g/\$85



**French Vanilla
Quinoa**

New! QUINOA, FRENCH VANILLA

Chenopodium quinoa 'French Vanilla'

Ancient grain of the Andes, now grown in more than 70 countries. This beautiful variety, developed in North America, has large seedheads like "overloaded ice cream cones" (says the breeder). It reaches up to 2m/6" high and produces heavy yields of buff or white-coloured seeds. Cook them like couscous, rice or oatmeal, add them to soups, or sprinkle them over desserts. Even the young leaves are edible and can be added fresh to salads or cooked like spinach. 100-110 days.

🌱 **S8560-001 Seeds:** Pkt/\$4, 10g/\$10, 100g/\$75

RADICCHIO, DI TREVISO

Cichorium endivia 'di Treviso'

(Red endive) Grows like Belgian endive. Rootstocks produce compact rounded heads of purplish red foliage when being forced after fall harvest of roots. The red colour, crisp, crunchy texture, and slightly bitter taste add distinction to any green salad.

🌱 **S8575 Seeds:** Pkt/\$2.75, 10g/\$8, 100g/\$50, 1kg/\$350

RADISH, CHERRYBELLE

Raphanus sativus 'Cherrybelle'

Mild flavour and early maturing round bright red with pure white, crisp interior is a garden favourite. Somewhat heat tolerant. 22 days

🌱 **S8576-201 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$30, 1kg/\$215

RADISH, FRENCH BREAKFAST

Raphanus sativus 'French Breakfast'

Heirloom variety, rose skin fading to white with crisp, tender mildly pungent flavour that is wonderful in salads, sliced thin on buttered bread, as a garnish or appetizer. 25 days.

🌱 **S8576-001 Seeds:** Pkt/\$2.75, 100g/\$22, 1kg/\$155

RADISH, HONG VIT

Raphanus sativus 'Hong Vit'

This is a "radish green" grown for its spicy leafy greens and not for bulbous stems typical of other radish varieties. The fresh greens, with their pink stems and smooth lobed leaves, are gorgeous when added to salads or used as a garnish. Also excellent as a microgreen. Very easy to grow.

🌱 **S8576-401 Seeds:** Pkt/\$3.50, 100g/\$35

RADISH, RATTAIL

Raphanus caudatus

What a fun revelation this was for us. The fresh seed pods are absolutely incredible! They have a sharp but pleasant radishy taste, with a very nice crunchy texture. It turns out this little known veggie is from the Orient where it is not grown for roots like regular radish but for the seed pods only. How this escaped wider attention we don't know, but we are sure that it will become a staple in home gardens in the coming years. Easy to grow: sow direct in the garden in spring and harvest seed pods in 50-55 days.

🌱 **S8578 Seeds:** Pkt/\$4, 10g/\$25, 100g/\$90



**Watermelon
Radish**

RADISH, WATERMELON

Raphanus sativus 'Watermelon'

(Roseheart radish; Red meat radish) It is totally the opposite of a typical radish: the outside is white and the inside is red! The outside colour starts out green but turns a bright white as the radishes mature. Large 10cm/4" roots are crispy, as you would expect, with a mild, almost sweet flavour. Excellent for salads, as a garnish, and even cooked like Asian radishes. Does best in cool climates or sown late for fall harvest. 55 days.

🌱 **S8576-650 Seeds:** Pkt/\$3, 10g/\$7, 100g/\$30

RAPINI

Brassica rapa (Ruvo)

Flowering stems and leaves have pleasant bitter flavour when cooked, steamed or sauteed. Popular Italian appetizer served with garlic and olive oil. Sown in early spring for harvest before hot weather or in mid-to-late summer for fall harvest. 60 days.

🌱 **S8580-001 Seeds:** Pkt/\$3, 10g/\$7, 100g/\$50, 1kg/\$350

ROQUETTE: See ARUGULA

RUCOLA, DRAGON'S TONGUE

Diplotaxis tenuifolia 'Dragon's Tongue'

(Wild arugula) A beautiful wild arugula with deeply lobed leaves and purple-red veins. The fresh leaves add a delicious bitterness to salads, sandwiches, pizza, and pasta. Easy to grow. 50 days.

🌱 **S8630-300 Seeds:** Pkt/\$3, 10g/\$28, 100g/\$205

RUCOLA, GIUDITTA

Diplotaxis tenuifolia 'Giuditta'

A *rucola selvatica* or wild rocket with finely jagged dark green leaves. The fresh leaves are aromatic and spicy, and as Italians know they are delicious in tossed salads. Try them on pizza or with bold flavoured foods such as goat cheese and oily fish. Seeds can be started indoors and transplanted out or sown direct in spring. 35-50 days.

🌱 **S8630-320 Seeds:** Pkt/\$3, 100g/\$40



**Wildfire
Rucola**

New! RUCOLA, WILDFIRE

Diplotaxis tenuifolia 'Wildfire'

A S F E

This improved rucola, or wild arugula, gives a strong horseradish-like kick to any salad, soup, stew, pasta or risotto. Add pizzazz to your next pizza by sprinkling fresh leaves on it just before serving. Quick and easy to grow — the tender lobed leaves are ready to pick in just 35 days.

S8630-390 Seeds: Pkt/\$4, 10g/\$30, 100g/\$210

SALSIFY, BLACK

Scorzonera hispanica 'Enorma'

B Z5-9 S E

Oyster-like flavour! (Oyster plant) A popular traditional root crop in the Netherlands, Belgium, France and Germany. The long tap roots have a delicious oyster-like flavour and can be steamed, fried, baked or cooked — in stews, soups, souffles and quiches. Dig the roots in late fall and use them fresh or store them over winter in damp sand in a root cellar. Best grown in deep friable soil. In mild areas the roots will survive winter in the ground and can be harvested the following spring or fall. 80 days.

S8650-001 Seeds: Pkt/\$4, 10g/\$15, 100g/\$90

SPINACH, BLOOMSDALE

Spinacea oleracea 'Bloomsdale'

A S E

Long standing variety with thick, textured, dark green leaves very rich in iron and perfect for salads, soup or lightly steamed. Rich flavour without the strong metallic overtone as some heat tolerant varieties have. 43 days.

S8662-001 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$26, 1kg/\$185

SPINACH, FRENCH: See ORACH, RED FLASH



**Malabar
Spinach**

SPINACH, MALABAR

Basella alba

P Z9-11+ S E

Easy to grow, versatile in the kitchen, and delicious to eat. (Indian spinach; Ceylon spinach) When the hot weather arrives and the lettuce and spinach in the garden are flagging, Malabar spinach helps pick up the slack. The leaves are juicy, crunchy, and rich in vitamins A, B, C and minerals, with a nice flavour that hints of pepper and citrus. Good in salads and sandwiches, in soups, stir-fries, omelettes, and curries, or just boiled or steamed. Cook the leaves whole, not chopped, and do not overcook. A perennial in the tropics, it works well as an annual crop in temperate gardens. Sow direct after last frosts or start indoors and transplant out. Needs a trellis to climb. Men take note: it improves sexual health by boosting testosterone levels. 70 days.

—GREEN

S8662-810 Seeds: Pkt/\$3, 10g/\$8, 100g/\$55

—RED (Rubra) Red-stemmed variety. Edible and highly ornamental.

S8662-820 Seeds: Pkt/\$3, 10g/\$11, 100g/\$75

SPINACH, STRAWBERRY

Chenopodium foliosum

A S E

(Strawberry sticks; Leafy goosefoot) Not a true spinach but a distant cousin. Like spinach, the leaves can be eaten fresh or cooked. But the novel thing about this plant is that late in the season red, juicy strawberry or raspberry-like "berries" appear along the stems. These "berries" are quite edible, and the taste is a bit like mulberries. Try throwing them in salads just for fun. Easy to grow. Best sown directly in the garden in spring. Ht. 40-50cm/16-20".

S8662-950 Seeds: Pkt/\$3, 10g/\$15, 100g/\$100



**Cream and Green
Squash**

Squash

(*Cucurbita*)

Summer Squash

New! CREAM AND GREEN SQUASH

Cucurbita pepo 'Patisson Panache Jaune et Vert'

A S E

A French pattypan squash listed in the Vilmorin seed catalogue as early as 1856. The fruits look like wavy berets when young but then develop into deeply scalloped hemispherical shapes with variegated creamy yellow and dark green skin. When young they taste like zucchini or artichoke and are best eaten at this stage either boiled, au gratin or stuffed. Later, when they reach the deeply scalloped mature stage, they become quite hard and make beautiful long lasting ornamental squashes. 55-70 days.

S8663-101 Seeds: Pkt/\$4.50, 10g/\$9, 100g/\$55

GREEN ZUCCHINI

Cucurbita pepo

A S E

Very dark green skin covers flesh of greenish white, delicate tasting and tender whether picked early with their blossoms still attached or allowed to mature. Used sliced fresh at all stages in salads or as crudite, steamed or sauteed with herbs and garlic, grilled on the barbecue or in tantalizing zucchini bread. Young blossoms are edible as well! 55 days.

S8664-001 Seeds: Pkt/\$3, 100g/\$37, 1kg/\$260



**Golden
Zucchini**

New! GOLDEN ZUCCHINI

Cucurbita pepo 'Golden Zucchini'

A S E

Golden yellow version of the versatile staple of modern kitchens. Used interchangeably with the green variety in salads or it is steamed, boiled, sauteed, grilled, baked — the possibilities are really endless. Best picked when young when the flesh is most tender. Zucchini is a bush cucurbit so it does well where space is limited. 55 days.

S8664-101 Seeds: Pkt/\$3.50, 10g/\$7, 100g/\$40

CROCKNECK SQUASH

Cucurbita moshata 'Crockneck'

A ☉ E

Heirloom variety from the 1800s. Curved, club shaped fruit grows to 22cm/9" long with golden-yellow skin and creamy texture with a nutty sweet flavour, that can be eaten raw with dips, steamed, grilled, or poached in broth and served with herb butters and seasonings. Early summer variety, 55 days.

🌱 **S8665-001 Seeds:** Pkt/\$3, 100g/\$26, 1kg/\$180

BLACK BEAUTY SQUASH

Cucurbita pepo

A ☉ E

A zucchini squash with greenish-black skin and tender creamy-white flesh. Excellent for cooking and for freezing. Fruits are ready to eat when 15-20cm/6-8" long. Bushy plants take minimum space, perfect for crowded city gardens. Matures in 50 days and keeps producing for an extended time.

🌱 **S8666-001 Seeds:** Pkt/\$2.75, 100g/\$37, 1kg/\$260

Winter Squash

BURGESS BUTTERCUP SQUASH

Cucurbita maxima 'Burgess Buttercup'

A ☉ E

Unique, turban shaped fruit, deep dark green skin flecked and striped with grey. Flesh is deep orange with moist and very fine texture and sweet flavour that is high in fibre and beta carotene. These store well for winter use and are delicious baked, steamed or grilled using your favourite herb blend. 105 days.

🌱 **S8663-001 Seeds:** Pkt/\$3, 100g/\$38, 1kg/\$265



Delicata Squash

New! DELICATA SQUASH

Cucurbita pepo 'Delicata'

A ☉ E

First introduced to the European settlers by Indigenous peoples, this beautiful squash has become a favourite in home gardens. Known for its creamy texture and nutty sweet potato flavour, it is excellent served baked, sauteed, steamed or stuffed. The seeds can be roasted and eaten also. The cylindrical-oblong fruits are a beautiful cream-yellow colour with dark green stripes and, at about 20cm/8" long and 10cm/4" in diameter, they are just shy of a kilo (2 lbs) in weight when ready to harvest. Unlike most other winter squashes that need to be cured for a few weeks before use, this squash is ready right from the garden. Vines are short so this variety can be squeezed into small city gardens. 90-100 days.

🌱 **S8663-200 Seeds:** Pkt/\$4, 10g/\$7, 100g/\$40, 1kg/\$250

GALEUX D'EYSINES SQUASH

Cucurbita maxima 'Galeux d'Eysines'

A ☉ E

(Peanut squash) A crazy looking French heirloom squash from Eysines in the Bordeaux region of southwestern France. It goes back to at least the 1880s. The skin turns pink when ripe and warty protrusions appear that look like peanut shells — which is why this squash is also known as "peanut squash". The "peanut shells" develop as the sugar content grows, and the more "peanuts" there are, the sweeter the squash is. When cooked, the bright orange flesh has a smooth velvety texture and a sweet taste of sweet potato and apple. Can be cooked and pureed for soups, sauces, preserves and pies, and can be grilled, roasted or baked. Vigorous and productive. 95-100 days.

🌱 **S8663-351 Seeds:** Pkt/\$4, 10g/\$14, 100g/\$95

Kabocha Squash



New! KABOCHA SQUASH

Cucurbita maxima 'Kabocha'

A ☉ E

(Japanese pumpkin) A traditional Japanese squash much loved for its unique sweet nutty flavour and texture — a bit like sweet potato and pumpkin. The fruits average around 1 to 1.5 kg (2-3 lbs) but can get much bigger. Under the knobbly dark-green skin is an intense yellow-orange flesh that is truly addictive. In Japan kabocha is used for tempura and in soup, in Korea it is used for a pumpkin porridge dish, and in Thailand it is used in desserts and curries. Sliced wedges with olives and seasoning can be roasted with the skin, or the peeled flesh can be steamed. Like other squashes it can be used in breads and in baking. Traditionally the harvested fruits are first kept in a warm place for 13 days at 25C/77F and then in a cool place for about a month at 10C/50F. This converts starch to sugar so that what would otherwise be a bland-tasting kabocha becomes sweet and delicious. 85-100 days.

🌱 **S8663-370 Seeds:** Pkt/\$4, 10g/\$8, 100g/\$55

UCHIKI KURI SQUASH

Cucurbita moshata 'Uchiki Kuri'

A ☉ E

(Red kuri squash; Hokkaido squash) Traditional Japanese squash now widely grown in America for export to Japan. The distinctive tear-shaped fruits are deep orange or red and the flesh is yellow with a pleasant sweet chestnut-like flavour. In fact the *kuri* part of the name is Japanese for chestnuts. Like other winter squashes it can be baked, boiled, steamed, sauteed or fried. Needs a long warm growing season, about 100 days. Drought tolerant.

🌱 **S8663-491 Seeds:** Pkt/\$3.50, 100g/\$50

WALTHAM BUTTERNUT SQUASH

Cucurbita moshata 'Waltham Butternut'

A ☉ E

Butternut type with smooth light-tan skin, orange flesh and nutty taste. Fruits are 20-30cm/8-10" long, 10cm/4" across, and weigh 1.5kg/3lbs. Delicious steamed, roasted and toasted, stuffed, or even raw in salads. Can be pureed or mashed for soups, casseroles, breads, and muffins. Stores well. 95 days.

🌱 **S8663-501 Seeds:** Pkt/\$2.75, 10g/\$7, 100g/\$50

SUNFLOWER, MONGOLIAN GIANT

Helianthus annuus 'Mongolian Giant'

A ☉ E

This sunflower is huge! It soars as high as 14ft (4.3m), topped by massive flower heads 16-18in (40-45cm) across. It is hard to contemplate seeds sprouting and growing to such nose-bleed heights in just one season! Even the seeds get big, about 1.5in (4cm) long, and they are edible just like "normal" sunflowers. If you have the room, this is a fun plant to grow.. 90 days.

🌱 **S8671-501 Seeds:** Pkt/\$3, 100g/\$40, 1kg/\$250

SWISS CHARD, FORDHOOK GIANT

Beta vulgaris cicla 'Fordhook Giant'

A ☉ E

Since 1934 this has been the standard green variety for home gardens. It is vigorous, tolerates heat, cold, and partial shade. It is slow to bolt, so the harvest period lasts months. Young leaves can be added raw to salads and larger leaves are steamed, stir-fried or sautéed with olive oil and garlic or onion. Leaves 20cm/10" or shorter are best. Does well in large containers. 50-60 days.

🌱 **S8671-801 Seeds:** Pkt/\$2.75, 100g/\$27, 1kg/\$190



Rainbow Swiss Chard

SWISS CHARD, RAINBOW

Beta vulgaris cicla 'Rainbow' **A S E**
 Beautiful technicolour ornamental edible Swiss chard with big bright green leaves and stems in shades of either red, orange, purple, yellow or white. Very tender, delicious flavour and crunch. Real show stoppers in the garden and for flower arrangements. Succulent leaves used in salads, stir fries, sauteed or in casseroles. 60 days.

S8672-001 Seeds: Pkt/\$3, 100g/\$42, 1kg/\$300

SWISS CHARD, RUBY RED

Beta vulgaris cicla 'Ruby Red' **A S E**
 With a prominent display of bright crimson stalks and dark green crinkly leaves veined in red, this swiss chard is highly ornamental. Impressive in borders, cottage gardens, containers, and in vegetable gardens. Leaves are delicious when young in salads, and larger leaves can be steamed, stir fried, or sauted. Easy to grow. 55-60 days.

S8672-101 Seeds: Pkt/\$2.75, 100g/\$31, 1kg/\$220



Cossack Pineapple Tomatillo

TOMATILLO, COSSACK PINEAPPLE

Physalis pubescens 'Cossack Pineapple' **A S E**
 Not a true tomatillo as one would find in Mexico but a close relative grown in the Ukraine, the land of the tough Cossacks. Because its fruits ripen even in cool weather it was a popular commercial crop in Eastern Europe. The yellow marble-sized fruits have a sweet pineapple-like flavour. Delicious eaten fresh and excellent for jams and pies. 65-75 days.

P8685-300 Plants: \$3.95, **Plug pack:** 12/\$12

TOMATILLO, PURPLE DE MILPA

Physalis philadelphica 'Purple de Milpa' **A S E**
 A traditional variety that produces deep, wine-stained fruit, sweeter than other varieties. Considered by many to be the best flavoured tomatillo. Delicious raw or stewed, and in salsa verde. Fruits are large, up to 5cm/2" across. 70-90 days.

S8685-201 Seeds: Pkt/\$4, 10g/\$40

P8685-200 Plants: \$3.95

TOMATILLO, VERDE

Physalis philadelphica 'Verde' **A S E**
 Tomatillo is the main ingredient of salsa verde. For salsas, tomatillos are often used to tone down the hotness of chillies. This traditional variety is a mixture of two distinct forms: an upright branching form and a lower, more compact form. 60-80 days.

S8685-101 Seeds: Pkt/\$4

Tomato

(*Solanum*)

Per USDA rules, tomato seeds and plants cannot ship to the U.S.

AMISH PASTE TOMATO

Solanum lycopersicum 'Amish Paste' **A S E**
 Heirloom paste tomato with very large, heart shaped fruit, meaty interior with very little juice or seeds. Excellent flavour for sauces, catsup, purees, bruschetta and soups. 85 days.

S8686-001 Seeds (Not to US): Pkt/\$4.50, 10g/\$29, 100g/\$215, 1kg/\$1605

P8686 Plants (Not to US): Plug pack: 12/\$12

BEEFSTEAK TOMATO

Solanum lycopersicum 'Beefsteak' **A S E**
 Prolific producer of very large, brilliant crimson scarlet fruit that has solid, meaty, deep red flesh, and nearly seedless. Good old fashioned "real" tomato flavour is excellent for slicing, soups, sauces, baked and more. Determinate growth habit. 85 days.

S8688-001 Seeds (Not to US): Pkt/\$3.50, 10g/\$11, 100g/\$80, 1kg/\$580

P8688 Plants (Not to US): Plug pack: 12/\$12



Black Cherry Tomato

BLACK CHERRY TOMATO

Solanum lycopersicum 'Black Cherry' **A S E**
 Hugely prolific, the plant produces clusters of purple-black mini tomatoes that are so sweet and delicious, they may not make it from the garden into the house! Plants are very tall, early producers. The tiny black tomatoes make a beautiful addition to salads. 70 days to maturity.

S8688-301 Seeds (Not to US): Pkt/\$3.50, 10g/\$45, 100g/\$335

P8688-300 Plants (Not to US): Plug pack: 12/\$12

BLACK KRIM TOMATO

Solanum lycopersicum 'Black Krim' **A S E**
 Popular heirloom from the Isle of Krim, off the Crimean coast in the Black Sea. It has become a favourite of gardeners and cooks, and there are even recipes that call for it specifically. Fruits are large and very juicy. How dark they get depends on where they are grown: the hotter the area the darker the fruit. In cooler areas the colour is a dark purple with green shoulders. And the taste — ah, the taste — is intense, full-bodied, with a satisfying hint of saltiness. The vines are indeterminate and need to be staked or caged. 69-90 days.

S8688-331 Seeds (Not to US): Pkt/\$4.50, 10g/\$40, 100g/\$285

P8688-330 Plants (Not to US): Plug pack: 12/\$12

BRANDYWINE TOMATO

Solanum lycopersicum 'Brandywine' **A S E**
 Heirloom variety from the 1800s producing medium-large fruits of dark reddish pink with an extremely fine distinctive flavour, of gourmet quality. Good for slicing, in salads and sandwiches. 74 days.

S8689-001 Seeds (Not to US): Pkt/\$4.50, 10g/\$29, 100g/\$220

P8689 Plants (Not to US): Plug pack: 12/\$12



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Candyland Red Tomato

CANDYLAND RED TOMATO

Solanum lycopersicum 'Candyland Red' **A S E**
 Outstanding currant tomato with loads of small berry-sized fruits about 1cm (0.5in) in diameter. Dark red and oh so sweet and delicious! You will want to pop them in your mouth right from the garden. More than 100 tomatoes per plant. All America Selection winner in 2016. 95 days.

S8689-300 Seeds (Not to US): Pkt/\$4.50

P8689-300 Plants (Not to US): Plug pack: 12/\$12



Cuore di Bue Tomato

CUORE DI BUE TOMATO

Solanum lycopersicum 'Cuore di Bue' **A S E**
 (Oxheart tomato) For the true dirt cognoscenti this is the only tomato worth growing. It is a big meaty beefsteak type, almost seedless, with smooth skin and a distinctive shape like a heart. And *che sapore!* The flavour is so very good. The pink-red flesh is succulent and aromatic. This Italian classic is unsurpassed in salads such as *Insalata Caprese*, and it is great for sauces, salsas and canning. Needs staking. 70 days.

S8689-780 Seeds (Not to US): Pkt/\$3, 10g/\$13, 100g/\$90

GET STUFFED TOMATO

Solanum lycopersicum 'Get Stuffed' **A S E**
Hollow like a bell pepper! The gold streaked fruits look like those of a typical heirloom tomato except they are completely hollow — like a bell pepper. The walls have the classic tomato taste but all that empty space is perfect for stuffing. Stuff them with crushed croutons and herbs, herbed rice, cheese and artichokes, or ground meat such as beef, pork, veal or lamb. So good! A tomato oddity from Tom Wagner, a renowned breeder of quirky heirloom-like tomato varieties that go on to become garden favourites. 75 days from transplant.

S8689-836 Seeds (Not to US): Pkt/\$4.50

INDIGO ROSE TOMATO

Solanum lycopersicum 'Indigo Rose' **A S E**
 One of the darkest tomatoes known: it gets almost as dark as a plum when direct sunlight can reach the young fruits as they develop. The flavour is rich and deeply satisfying, with — well — a hint of plum! The fruits are dark because they accumulate anthocyanins which have potent antioxidant properties. Indeterminate habit; needs support. 100 days.

S8689-856 Seeds (Not to US): Pkt/\$4.50

YELLOW CURRANT TOMATO

Solanum pimpinellifolium 'Yellow' **A S E**
 Yellow currant-sized fruits grow in clusters, and have intense sweet flavour, and are less acidic than the red variety. Perfect for relish trays, salads and snacking. Some staking required. Indeterminate, vigorous vines with heavy foliage. 75 days.

S8689-901 Seeds: Pkt/\$4.50, 10g/\$40, 100g/\$280

P8689-900 Plants (Not to US): Plug pack: 12/\$12



Mortgage Lifter Tomato

MORTGAGE LIFTER TOMATO

Solanum lycopersicum 'Mortgage Lifter' **A S E**
 Called the "Mortgage Lifter" because, in the 1920s, William Estler in Virginia was able to avert bankruptcy by selling enough plants to pay off his mortgage. His beefsteak-like variety was in such demand because it produced so well. The meaty tomatoes are not the prettiest around but they get up to 1-2 pounds in size. Indeterminate. 95 days.

S8689-921 Seeds (Not to US): Pkt/\$4.50, 1g/\$7, 10g/\$36, 100g/\$250



Pineapple Tomato

PINEAPPLE TOMATO

Solanum lycopersicum 'Pineapple' **A S E**
 Beefsteak heirloom variety with massive ribbed yellow, orange and red fruits. The juicy sweet yellow flesh has streaks of pink and red radiating throughout, making each slice a unique canvas. Tomatoes can get up to a whopping 2 pounds. Indeterminate vines. 75-95 days.

S8689-961 Seeds (Not to US): Pkt/\$4.50, 1g/\$7, 10g/\$36, 100g/\$250

P8689-960 Plants (Not to US): Plug pack: 12/\$12

RIESENSTRAUBE TOMATO

Solanum lycopersicum 'Riesentraube' **A S E**
 The name of this German heirloom translates as "giant bunch of grapes." It produces clusters of grape-sized tomatoes, up to 20-40 per cluster. The flavour is rich, something like the weighty flavour of a beefsteak tomato. Compact, indeterminate vines. 76-85 days.

S8689-991 Seeds (Not to US): Pkt/\$4.50, 1g/\$7, 10g/\$43, 100g/\$300

P8689-990 Plants (Not to US): Plug pack: 12/\$12

ROMA TOMATO

Solanum lycopersicum 'Roma' **A S E**
 Small, plum shaped bright red fruit that is thick walled with meaty interior and few seeds. Fine tomato flavour that is excellent for paste, sauce, canning or freezing whole. Determinate variety. Very prolific. 75 days.

S8690-001 Seeds (Not to US): Pkt/\$3.50, 10g/\$11, 100g/\$80, 1kg/\$580

P8690 Plants (Not to US): Plug pack: 12/\$12



San Marzano Tomato

SAN MARZANO TOMATO

Solanum lycopersicum 'San Marzano' **A** **S** **E**
 The quintessential Italian paste tomato! A long time favourite of Italian gardens, widely used in sauces. It has a high solids content which makes it excellent for paste, purees and for canning. Fruits hold well on vines and resist cracking. Indeterminate vines up to 1-1.5m (4-6ft) tall need the support of stakes or a trellis. 70-90 days.
S8690-051 Seeds (Not to US): Pkt/\$3.50

SAUSAGE TOMATO

Solanum lycopersicum 'Sausage' **A** **S** **E**
 Very prolific heirloom paste tomato with lots of flesh and few seeds. Unusual for its long fruits, up to 15cm (6in) long. Excellent for sauces. Indeterminate vines need stakes or trellis for support. 75-85 days.
S8690-100 Seeds (Not to US): Pkt/\$4.50, 1g/\$7, 10g/\$39



Speckled Roman Tomato

SPECKLED ROMAN TOMATO

Solanum lycopersicum 'Speckled Roman' **A** **S** **E**
 A sleek oblong medium-sized tomato with wavy orange-yellow streaks. The flesh is sweet, meaty and firm, with few seeds. It was an accidental cross between two heirlooms, Antique Roman and Banana Legs, discovered by American home gardener John Swenson in the 1990s. Heavy producer. Indeterminate habit; needs support. 75-85 days.
S8690-201 Seeds (Not to US): Pkt/\$4.50

STUPEICE TOMATO

Solanum lycopersicum 'Stupice' **A** **S** **E**
 It may have a funny name but it is a seriously good heirloom tomato from the old Czechoslovakia. The name is pronounced "stoo-peeetz-eh". Tomatoes are bright red, the size of golf balls, and come even in cool weather. Excellent for salads and sandwiches. Indeterminate vines, potato-leaf type. 52-85 days.
S8690-901 Seeds (Not to US): Pkt/\$4.50, 1g/\$7, 10g/\$36, 100g/\$250
P8690-900 Plants (Not to US): Plug pack: 12/\$12

SWEETIE TOMATO

Solanum lycopersicum 'Sweetie' **A** **S** **E**
 Bright red fruit of over 2.5cm/1" in diameter are unusually sweet and flavourful with a high vitamin C content. Plants grow tall, so staking is recommended as the vine bears fruit in long clusters of 12 to 20 fruits. Great for snacking, salads and low sugar preserves. One of our favourite cherry tomatoes! 65 days.
S8691-001 Seeds (Not to US): Pkt/\$4.50, 1g/\$10, 10g/\$72, 100g/\$580
P8691 Plants (Not to US): Plug pack: 12/\$12

WATERMELON BEEFSTEAK TOMATO

Solanum lycopersicum 'Watermelon Beefsteak' **A** **S** **E**
 Developed more than 100 years ago by American seedsman George Gleckler, this is one whopping big tomato! A single tomato can weigh up to 2 pounds or more, and a single vine can produce 50 pounds of fruit. Tomatoes are meaty and absolutely delicious, with deep pink skins and purple-red flesh. Vines are indeterminate, so be sure to stake them. 75-95 days.
S8691-801 Seeds (Not to US): Pkt/\$4.50, 1g/\$7, 10g/\$36, 100g/\$250
P8691-800 Plants (Not to US): Plug pack: 12/\$12

WATERMELON, CRIMSON SWEET

Citrullus lanatus 'Crimson Sweet' **A** **S** **E**
 Produces 10kg/25lb fruits with juicy flesh that is bright red with old fashioned sweet flavour and fine texture. Great for slicing, in fruit salads and juicing...the rind is quite thick and lends itself to being its own tureen or punch bowl for soups and summer libation. 85 days.
S8695-001 Seeds: Pkt/\$3, 100g/\$37, 1kg/\$260



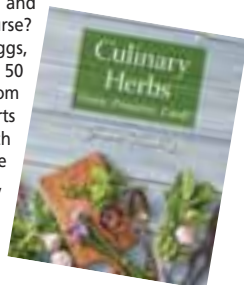
Yellow Moon & Stars Watermelon

WATERMELON, YELLOW MOON & STARS

Citrullus lanatus 'Yellow Moon & Stars' **A** **S** **E**
 A rare family heirloom from Georgia with white seeds and yellow flesh of excellent flavour. Some believe this was the much loved watermelon that was once shipped to the Southern U.S. from Bermuda around Christmas time. The fruits are 45-60cm/18-24 in. long, and can get up to over 10kg. Some disease and drought tolerance. 90-95 days,
S8696-101 Seeds: Pkt/\$3, 100g/\$70

New Book! CULINARY HERBS: Grow. Preserve.

Cook!, Yvonne Tremblay. You have a beautiful herb garden and lots of herbs for the kitchen. But deep down you wish you had someone at your side to show you which herbs go well with foods, and to recommend some great easy-to-follow recipes. Well, this book is your personal guide! It is designed to quickly get you using herbs with confidence. Need a great salad? Go to Salads and Dressings and there are 27 fabulous recipes. A vegetable dish? Go to Vegetables and Legumes for 21 recipes. A main course? There are meat, fish, seafood, eggs, pasta and rice dishes, more than 50 options. It couldn't be any easier. From appetizers to main courses to desserts and teas, it is all here, along with easy directions on how to make herbal vinegars, oils, butters, honeys, syrups and more. Over 200 recipes in all. 278 pp. Softcover **B2379:** \$35



Home & Garden

ROOT-A-MAKER™ Natural Rooting Powder

If you start your own cuttings, this is the best rooting aid we have ever seen - and it's 100% natural! Compared to synthetic chemical rooting hormones, our tests show that Root-A-Maker makes cuttings root faster, and they grow on to be healthier and stronger plants. Made with Canadian organic humic acids and a special naturally-fungicidal clay, Root-A-Maker not only stimulates root formation, it protects the cut tissue from infection as the callus and roots form. Use it exactly like conventional artificial rooting hormones: just dip the cutting in the powder and plant.

HW200 Rooting powder (40g): \$12



MAXICROP LIQUID SEAWEED

Contains natural growth hormones, vitamins and all trace elements needed by plants. Used in conjunction with your regular fertilizer it will increase yields, improve frost and disease resistance, retard senescence, and increase chlorophyll content. Seeds soaked in seaweed germinate better and develop thicker roots. Applied when growing conditions are extreme it relieves stress and encourages new growth.

T1110 Liquid (Can, US only): 910mL (makes 100L)/\$23



MAXICROP SEAWEED POWDER

Contains natural growth hormones, vitamins and all trace elements needed by plants. Will increase yields, improve frost and disease resistance, retard senescence, and increase chlorophyll content. Applied when growing conditions are extreme it relieves stress and encourages new growth. N-P-K analysis 0-0-17. Approved for organic use by OMRI.

T1120 Powder: 15g/\$4, 100g/\$12

QR-HERBAL COMPOST MAKER

An amazing compost maker from England, made from 7 herbal ingredients which break down vegetable waste, manure and even garbage into rich organic compost. Satisfied customers tell us they use QR in the barn to control odour and flies.

T1300 Compost maker: \$7



VINYL LABELS

Long lasting, weatherproof labels made of sunproof vinyl. Will outlast any styrene, plastic or wood labels. Mixed colours — not available in separate colours. Comes with waterproof, sunproof, permanent black marker.

T3500 Labels: Pkg of 50/\$11, Pkg of 1000/\$85

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Makes biodegradable plant pots from newspaper!

POTMAKER®

Makes biodegradable plant pots from newspaper! PotMaker makes plant pots from strips of old newspaper, ideal for starting young plants, seedlings or cuttings. PotMaker is easy to use - with just a twist of the wrist anyone can make pots, even a child. Helps recycle newspaper and lessens the need for plastics used to make plastic garden pots. PotMakers make great gifts for your gardening friends. And if you need something new for your next fundraiser, order a case of PotMakers wholesale and sell them at a profit! See below for wholesale pricing.

PotMaker design and trademark registered Otto Richter and Sons Limited.

POTMAKER®

Makes plant pots from old newspaper. A great gift for yourself or your gardening friends!

T3900 PotMaker: \$13.95

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POTMAKER® DISPLAY

Twelve PotMaker display merchandizer, easy to set up and takes up little space. Excellent impulse seller next to the cash!

N3900-012 Display: 12/\$108



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Five stainless steel blades make short work of cutting fresh herbs. It is so simple: with just a few snips you have fresh herbs for salads, soups, omelettes, etc. Comes with a blade cleaner. Colour may vary.
T4030 Kitchen: \$22



THE GARLIC CHOP

The Garlic Chop is an ingenious hand tool for mincing garlic cloves with just a few simple twists of the hands. Within seconds fresh garlic is perfectly chopped and ready to use. There are two parts with strong plastic teeth that rotate to cut up the garlic. Easy to use, easy to clean, and dishwasher safe. Colour may vary.
T4040 Kitchen: \$12

FRESH HERB MILL

Put away the knife and use the Herb Mill to cut your fresh herbs instead. You will love how it minces fresh herbs like parsley, dill, cilantro, sage and mint easily and cleanly with hundreds of tiny scissors without bruising or blemishing. Simply place herbs in the chamber and twist with an action like a pepper grinder. Holds a generous supply of herbs and can sit on your dining table for everyone to use. As an added bonus it cleverly strips herbs from stems too. Dishwasher safe. Colour may vary.
T4050 Kitchen: \$30



HERB CHOPPER

This beautiful tool makes it easy to chop fresh herbs and veggies. Chops prep time in half! Super sharp blades easily chop fresh vegetables, and herbs and can also be used to mince onions, garlic, chocolate and nuts. Blade is retractable for safe storage. Easy to clean and dishwasher safe. Colour may vary.
T4060 Kitchen: \$20



HERB STRIPPER

Crafted in durable stainless steel, the Herb Stripper is a curved tool designed to strip off the leaves of herbs and leafy greens. It has a razor-sharp blade for trimming stems, and the holes in the blade makes easy work of stripping leafy greens such as kale and other greens. The stainless steel body is sturdy enough to handle the toughest greens. Perfect for right or left-handed use. Comes with a reusable cover to protect blade in storage. Easy to clean and dishwasher safe. Handle colour may vary.
T4070 Kitchen: \$13

Herbal Oils

Essential Oils

Pure essential oils from natural sources. Highly concentrated and hazardous if misused; always dilute with a carrier oil such as almond oil before use. A little goes a long way!



T5040	Basil	5mL/\$8, 30mL/\$40
T5050	Bergamot	5mL/\$7, 30mL/\$30
T5050-500	Cajeput	5mL/\$6, 30mL/\$20
T5052	Camphor	5mL/\$6, 30mL/\$20
T5055	Caraway	5mL/\$6, 30mL/\$20
T5057	Catnip	1mL/\$10, 5mL/\$45
T5062	Cedarwood	5mL/\$6, 30mL/\$20
T5065	Cinnamon, Leaf	5mL/\$6, 30mL/\$20
T5070	Citronella	5mL/\$6, 30mL/\$20
T5080	Clove	5mL/\$7, 30mL/\$30
T5095	Elemi	5mL/\$7, 30mL/\$35
T5100	Eucalyptus	5mL/\$6, 30mL/\$20
T5156	Ginger	5mL/\$7, 30mL/\$25
T5156-300	Grapefruit, Pink	5mL/\$7, 30mL/\$25
T5173	Joboba	5mL/\$6, 30mL/\$20
T5180	Lavender	5mL/\$6, 30mL/\$20
T5200	Lemongrass	5mL/\$6, 30mL/\$20
T5225	Litsea	5mL/\$6, 30mL/\$20
T5250	Nutmeg	5mL/\$7, 30mL/\$30
T5290	Sweet Orange	5mL/\$6, 30mL/\$20
T5295	Oregano	5mL/\$10, 30mL/\$45
T5298	Palo Santo	1mL/\$9, 5mL/\$32
T5300	Patchouli	5mL/\$6, 30mL/\$20
T5310	Peppermint	5mL/\$6, 30mL/\$25
T5321	Pine, White	5mL/\$6, 30mL/\$20
T5330	Rosemary	5mL/\$6, 30mL/\$20
T5342	Rose Geranium	5mL/\$7, 30mL/\$30
T5350	Sage	5mL/\$6, 30mL/\$20
T5370	Spearmint	5mL/\$6, 30mL/\$20
T5380	Tangerine	5mL/\$6, 30mL/\$20
T5382	Tea Tree	5mL/\$6, 30mL/\$20
T5385	Thyme	5mL/\$7, 30mL/\$35
T5388	Vetiver	5mL/\$18, 30mL/\$85
T5390	Wintergreen	5mL/\$6, 30mL/\$20
T5395	Ylang-Ylang	5mL/\$6, 30mL/\$32

Blended Oils

Unique oil blends made with natural essential oils. Use in soap, candles, incense, your favourite diffuser, or in bath salts.

T5410	Balance Blend	5mL/\$8, 30mL/\$39
T5411	Clarity Blend	5mL/\$8, 30mL/\$25
T5412	Rebirth Blend	5mL/\$8, 30mL/\$25
T5413	Uplift Blend	5mL/\$8, 30mL/\$25

Infused Oils

Infused oils are medicinal oils made by infusing herbs in a carrier oil such as soy oil. Often applied to skin as a liniment.

T5010	Aloe Vera	113mL/\$21
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Carrier Oils

Pure vegetable oils used to dilute essential oils or to infuse herbs for medicinal use.

T5020	Almond, Sweet	113mL/\$20
T5082	Coconut	113mL/\$30

Plug Packs & Trays

Please allow at least 8 weeks for delivery.

Richters plugs make it easy and economical to plant a beautiful landscape. If you are a commercial grower they make it simple to plant a field or grow potted plants to sell. Plug packs come 12 plugs per pack and are shipped April-October. Minimum pack order is 2 packs. Order early to avoid disappointment! Plug trays are planted to order in 96 cell trays (counted as 90 plugs). Shipped from March to October. No cancellations after 4 weeks of order. Check our Ordering Information page for our plug tray cancellation policy.

Herb Plugs

P1130	Angelica	Tray/\$100
P1145	Anise-Hyssop	Pack/\$15, Tray/\$70
P1235-600	Bacopa	Pack/\$18, Tray/\$80
P1240	Balm, Lemon	Pack/\$15, Tray/\$70
P1240-900	Balm, Lime	Tray/\$70
P1273	Basil, Genovese	Pack/\$12, Tray/\$60
P1273-700	Basil, Red Genovese	Pack/\$12, Tray/\$60
P1280	Basil, African Blue	Pack/\$15, Tray/\$70
P1280-700	Basil, Ajaka	Pack/\$18, Tray/\$70
P1290	Basil, Thai	Pack/\$12, Tray/\$60
P1300	Bay Laurel	Pack/\$24, Tray/\$120
P1335	Bedstraw, Yellow	Tray/\$70
P1380	Bergamot	Pack/\$15, Tray/\$70
P1380-050	Bergamot, Blue Stocking	Pack/\$18, Tray/\$70
P1380-500	Bergamot, Marshalls Delight	Pack/\$18, Tray/\$70
P1380-800	Bergamot, Rose-Scented	Pack/\$18, Tray/\$70
P1381	Bergamot, Red	Pack/\$18, Tray/\$70
P1390	Betony	Tray/\$70
P1670	Catnip	Pack/\$15, Tray/\$70
P1671	Catnip, Faassens	Tray/\$70
P1678-800	Chamomile, Double	Pack/\$18
P1682	Chamomile, Roman	Pack/\$15, Tray/\$70
P1790	Chives	Pack/\$15, Tray/\$60
P1793	Chives, Garlic	Pack/\$15, Tray/\$70
P1798	Cicely, Sweet	Pack/\$18, Tray/\$80
P1825	Clove-Pink	Pack/\$15, Tray/\$70
P1829	Clover Dragons Blood	Pack/\$18, Tray/\$70
P1891	Coriander, Vietnamese	Pack/\$15, Tray/\$70
P2061	Curry Plant, Miniature	Pack/\$18, Tray/\$70
P2182	Dock, Bloody	Pack/\$18, Tray/\$70
P2280	Echinacea	Pack/\$15, Tray/\$70
P2280-500	Echinacea, White Swan	Pack/\$18, Tray/\$70
P2281	Echinacea, Narrowleaf	Pack/\$18, Tray/\$70
P2480	Feverfew	Pack/\$15, Tray/\$70
P2725	Fo-Ti	Pack/\$18, Tray/\$70
P2840-050	Geranium, Apple	Tray/\$120
P2840-080	Geranium, Attar of Roses	Tray/\$120
P2840-200	Geranium, Cinnamon	Tray/\$120
P2840-205	Geranium, Citrosa	Tray/\$120
P2840-290	Geranium, Fingerbowl	Tray/\$120
P2840-300	Geranium, Frensham Lemon	Tray/\$120
P2840-450	Geranium, Lime	Tray/\$120
P2840-520	Geranium, Nutmeg	Tray/\$120
P2840-570	Geranium, Peacock	Tray/\$120
P2840-700	Geranium, Rose	Tray/\$120
P2840-850	Geranium, Strawberry	Tray/\$120
P2858	Germander	Pack/\$15, Tray/\$70
P2905	Wolfberry (Gojiberry), Black	Pack/\$24, Tray/\$120
P2950	Good King Henry	Pack/\$15, Tray/\$70
P3000	Gotu Kola	Pack/\$15, Tray/\$70
P3010	Greek Mountain Tea	Tray/\$80
P3090	Gynura	Pack/\$24, Tray/\$80
P3340	Horehound	Pack/\$15
P3470	Hyssop	Pack/\$15, Tray/\$70
P3508	Jessamine, Night Blooming	Pack/\$24, Tray/\$80
P3605	Lamb's Ear, Woolly	Pack/\$15, Tray/\$70
P3625	Lavender, English	Pack/\$15, Tray/\$80
P3627	Lavender, Hidcote	Pack/\$15, Tray/\$80

P3627-970	Lavender, Melissa	Pack/\$24
P3628	Lavender, Munstead	Pack/\$15, Tray/\$80
P3632	Lavender, Twinkle Purple	Pack/\$18
P3635-500	Lavender, Kew Red	Pack/\$18, Tray/\$100
P3636-400	Lavender, Fred Boutin	Pack/\$18
P3636-500	Lavender, Grosso	Pack/\$18
P3637	Lavender, Provence	Pack/\$18, Tray/\$100
P3637-450	Lavender, Seal	Pack/\$24
P3638-500	Lavender, Goodwin Creek	Pack/\$18, Tray/\$80
P3645	Lavender, Sweet	Tray/\$80
P3680	Lemongrass	Pack/\$24, Tray/\$120
P3780	Lovage	Pack/\$15, Tray/\$70
P3889-500	Marigold, Tarragold	Pack/\$18, Tray/\$70
P3910	Marjoram, Sweet	Tray/\$60
P3920	Marshmallow	Tray/\$70
P3965	Meadowsweet	Tray/\$80
P4000	Mint, Apple	Pack/\$15, Tray/\$70
P4005-500	Mint, Banana	Pack/\$18, Tray/\$70
P4006-300	Mint, Chocolate	Pack/\$18, Tray/\$70
P4010	Mint, English	Pack/\$15, Tray/\$70
P4015	Mint, Ginger	Pack/\$15, Tray/\$70
P4018	Mint, Grapefruit	Pack/\$18, Tray/\$70
P4019	Mint, Hillary's Lemon	Pack/\$18, Tray/\$70
P4019-100	Mint, Berries and Cream	Pack/\$18, Tray/\$70
P4019-360	Mint, Candypops	Tray/\$70
P4019-368	Mint, Citrus Kitchen	Pack/\$18, Tray/\$70
P4019-370	Mint, Cotton Candy	Tray/\$70
P4019-380	Mint, Jim's Fruit	Tray/\$70
P4019-450	Mint, Margarita	Pack/\$18, Tray/\$70
P4019-470	Mint, Marilyn's Salad	Pack/\$18, Tray/\$70
P4019-800	Mint, Sweet Pear	Pack/\$18, Tray/\$70
P4019-900	Mint, Wintergreen	Pack/\$18, Tray/\$70
P4025	Mint, Mojito	Pack/\$18, Tray/\$70
P4028	Mint, Orange	Pack/\$15, Tray/\$70
P4030	Mint, Peppermint	Pack/\$15, Tray/\$70
P4030-800	Mint, Var Peppermint	Pack/\$18, Tray/\$70
P4032	Mint, Pineapple	Pack/\$18, Tray/\$70
P4039	Mint, Moroccan	Pack/\$18, Tray/\$70
P4040	Mint, Spearmint	Pack/\$15, Tray/\$70
P4042	Mint, Improved Spearmint	Pack/\$15, Tray/\$70
P4044	Mint, Scotch Spearmint	Tray/\$70
P4052	Mint, Swiss	Tray/\$70
P4053	Mint, Vietnamese	Pack/\$18, Tray/\$70
P4100	Motherwort	Tray/\$70
P4270	Nettle, Stinging	Pack/\$15, Tray/\$70
P4315	Oregano, Greek	Pack/\$15, Tray/\$70
P4315-150	Oregano, Kaliteri Greek	Pack/\$18, Tray/\$70
P4315-200	Oregano, Herrenhausen	Tray/\$80
P4315-300	Oregano, Italian	Pack/\$18, Tray/\$70
P4316-800	Oregano, Zorba Red	Pack/\$18, Tray/\$70
P4317	Oregano, Cuban	Tray/\$100
P4350	Parsley, Mosscurled	Pack/\$12, Tray/\$60
P4367	Parsley, Italian	Pack/\$12, Tray/\$60



P4450	Patchouli	Pack/\$24, Tray/\$120
P4460	Pennyroyal	Tray/\$70
P4463-700	Pennyroyal, Spice Ball	Tray/\$70
P4470-120	Pepper, Ancho Pablano	Pack/\$12
P4470-320	Pepper, Cayenne Chili	Pack/\$12
P4470-450	Pepper, Habanero	Pack/\$12
P4470-460	Pepper, White Habanero	Pack/\$12
P4470-500	Pepper, Jalapeno	Pack/\$12
P4470-750	Pepper, Scotch Bonnet	Pack/\$12
P4470-950	Pepper, Tobasco	Pack/\$12
P4761	Pyrethrum, Painted Daisy	Tray/\$70
P5030	Rosemary	Pack/\$15, Tray/\$80
P5031	Rosemary, Arp	Pack/\$18, Tray/\$80
P5031-700	Rosemary, Barbecue	Pack/\$18, Tray/\$80
P5033	Rosemary, Blue Boy	Tray/\$80
P5033-800	Rosemary, Foxtail	Pack/\$18, Tray/\$80
P5034-500	Rosemary, Gorizia	Pack/\$18, Tray/\$80
P5034-600	Rosemary, Hill Hardy	Pack/\$18, Tray/\$80
P5034-700	Rosemary, Huntington Carpet	Pack/\$18, Tray/\$80
P5037-420	Rosemary, Pink Majorca	Pack/\$18, Tray/\$80
P5037-500	Rosemary, Rex	Pack/\$18, Tray/\$80
P5037-900	Rosemary, Santa Barbara	Pack/\$18, Tray/\$80
P5038-500	Rosemary, Spice Island	Pack/\$18, Tray/\$80
P5039	Rosemary, Tuscan Blue	Pack/\$18, Tray/\$80
P5164-060	Sage, Cherry Chief	Pack/\$18, Tray/\$70
P5164-070	Sage, Lowry's Peach	Tray/\$80
P5164-073	Sage, Raspberry Royale	Pack/\$18, Tray/\$70
P5170	Sage, Garden	Pack/\$15, Tray/\$70
P5170-300	Sage, Berggarten	Pack/\$18, Tray/\$70
P5171	Sage, Golden	Pack/\$18, Tray/\$70
P5171-500	Sage, Holt's Mammoth	Pack/\$18, Tray/\$70
P5172	Sage, Purple	Pack/\$18, Tray/\$70
P5173	Sage, Tricolor	Pack/\$18, Tray/\$70
P5175	Sage, Honey Melon	Pack/\$18, Tray/\$70
P5178	Sage, Mexican Bush	Pack/\$18, Tray/\$80
P5180	Sage, Pineapple	Pack/\$18, Tray/\$70
P5189	Sage, Tangerine	Tray/\$80
P5190	Sage, White	Pack/\$24, Tray/\$100
P5191	Sage, Russian	Pack/\$18, Tray/\$70
P5195	St. John's Wort	Tray/\$70
P5280-200	Santolina	Pack/\$18
P5289	Savory, Creeping	Tray/\$70
P5300	Savory, Winter	Pack/\$15, Tray/\$70
P5680	Sorrel, Garden	Pack/\$15, Tray/\$60
P5696	Sorrel, True French	Tray/\$80
P5710	Southernwood	Tray/\$70
P5715	Southernwood, Camphor	Tray/\$80
P5720	Southernwood, Citrus	Tray/\$80
P5811	Speedwell, Creeping	Pack/\$18
P6080	Strawberry, Alpine	Pack/\$15, Tray/\$70
P6200	Tarragon, French	Pack/\$18, Tray/\$80
P6440	Thyme, Caraway	Tray/\$70
P6450	Thyme, English	Pack/\$15, Tray/\$70
P6452	Thyme, Compact	Pack/\$18, Tray/\$70
P6455	Thyme, French	Pack/\$15, Tray/\$70
P6456	Thyme, Silver	Pack/\$18, Tray/\$70
P6458	Thyme, Lemon Carpet	Pack/\$18, Tray/\$70
P6459	Thyme, Creeping Lemon	Pack/\$18, Tray/\$70
P6460	Thyme, Lemon	Pack/\$15, Tray/\$70
P6462	Thyme, Golden Lemon	Pack/\$18, Tray/\$70
P6462-700	Thyme, Purple Carpet	Pack/\$18, Tray/\$70
P6463	Thyme, Creeping	Pack/\$15, Tray/\$70
P6464	Thyme, Lavender	Pack/\$18, Tray/\$70
P6464-250	Thyme, Lime	Tray/\$80
P6464-500	Thyme, Minus	Pack/\$18, Tray/\$80
P6465	Thyme, Nutmeg	Pack/\$18, Tray/\$70
P6465-700	Thyme, Orange Balsam	Pack/\$18, Tray/\$70
P6465-800	Thyme, Orange Spice	Pack/\$18, Tray/\$70
P6467-500	Thyme, Rose-Petal	Pack/\$18, Tray/\$70
P6470	Thyme, Wild	Pack/\$15, Tray/\$70
P6472	Thyme, Woolly	Pack/\$15, Tray/\$70
P6580	Valerian	Tray/\$70
P6605	Fish Mint	Tray/\$70
P6605-100	Fish Mint, Chameleon	Tray/\$70
P6620	Verbena, Lemon	Pack/\$18, Tray/\$80
P6925	Wolfberry, Chinese (Gojiberry)	Pack/\$24, Tray/\$100
P6940	Woodruff, Sweet	Pack/\$18, Tray/\$80

P6960	Wormwood	Tray/\$70
P6981	Wormwood, Silver King	Pack/\$18, Tray/\$70
P6982	Wormwood, Silver Mound	Pack/\$18
P6982-500	Wormwood, Silver Queen	Tray/\$80
P7000	Yarrow	Pack/\$15, Tray/\$70
P7005	Yarrow, Red	Pack/\$15, Tray/\$70
P7190	Zuta Levana	Tray/\$80

Veggie Plugs

P8052	Broccoli, Calabrese	Pack/\$12
P8320	Eggplant, Japanese	Pack/\$12
P8340	Fennel, Florence	Pack/\$12
P8421	Kale, Lacinato	Pack/\$12
P8422	Kale, Russian Red	Pack/\$12
P8460	Leek	Pack/\$12
P8524	Onion, Walla Walla	Pack/\$12
P8531	Pepper, Cal Wonder	Pack/\$12
P8532	Pepper, Golden Cal Wonder	Pack/\$12
P8685-300	Tomatillo, Cossack Pineapple	Pack/\$12
P8686	Tomato, Amish Paste	Pack/\$12
P8688	Tomato, Beefsteak	Pack/\$12
P8688-300	Tomato, Black Cherry	Pack/\$12
P8688-330	Tomato, Black Krim	Pack/\$12
P8689	Tomato, Brandywine	Pack/\$12
P8689-300	Tomato, Candyland	Pack/\$12
P8689-900	Tomato, Yellow Currant	Pack/\$12
P8689-960	Tomato, Pineapple	Pack/\$12
P8689-990	Tomato, Riesenstraube	Pack/\$12
P8690	Tomato, Roma	Pack/\$12
P8690-900	Tomato, Stupice	Pack/\$12
P8691	Tomato, Sweetie	Pack/\$12
P8691-800	Tomato, Watermelon Beefsteak	Pack/\$12



MORE PLUGS ONLINE!
richters.com/plugs

Dried Herbs

Organic and Wildcrafted Dried Herbs!

Richters dried herbs are from the best sources. They are either organic, wildcrafted, or grown without chemicals by trusted growers. They are never fumigated or irradiated and are never grown from genetically modified stock.

H1012	Agrimony herb cut	100g/\$15, 1kg/\$100
H1016	Ajowan seeds whole	100g/\$8, 1kg/\$50
H1020-100	Alfalfa leaf powder	100g/\$13, 1kg/\$85
H1020	Alfalfa leaf cut	100g/\$10, 1kg/\$64
H1110	Allspice berries whole	100g/\$12, 1kg/\$75
H1130	Angelica root cut	100g/\$20, 1kg/\$140
H1140	Anise seeds whole	100g/\$9, 1kg/\$58
H1210-100	Ashwagandha root cut	100g/\$14, 1kg/\$95
H1210	Ashwagandha root powder	100g/\$15, 1kg/\$100
H1240	Balm, Lemon leaves cut	100g/\$15, 1kg/\$100
H1251	Barberry root cut	100g/\$16, 1kg/\$100
H1270	Basil, Sweet leaves cut	100g/\$11, 1kg/\$75
H1282	Basil, Indian (Vana Tulsi) leaves whole	100g/\$10, 1kg/\$60
H1285-500	Basil, Sacred (Krishna Tulsi) leaves whole	100g/\$10, 1kg/\$65
H1298	Bayberry rootbark cut	100g/\$23, 1kg/\$170
H1300-100	Bay Laurel leaves powder	100g/\$9, 1kg/\$56
H1300	Bay Laurel leaves whole	100g/\$17, 1kg/\$120
H1360	Benzoin gum powder	100g/\$11, 1kg/\$68
H1390	Betony herb cut	100g/\$13, 1kg/\$85
H1410-050	Bilberry berries whole	100g/\$29, 1kg/\$218
H1410	Bilberry leaves cut	100g/\$10, 1kg/\$60
H1438-500	Bladderwrack herb cut	100g/\$12, 1kg/\$85
H1438	Blackberry, Wild root cut	100g/\$14, 1kg/\$95
H1450	Bloodroot root cut	100g/\$47, 1kg/\$360
H1467	Boneset herb cut	100g/\$12, 1kg/\$82
H1470	Borage herb cut	100g/\$15, 1kg/\$105
H1540	Buchu leaves whole	100g/\$27, 1kg/\$200
H1550	Buckthorn bark cut	100g/\$9, 1kg/\$56
H1567-100	Burdock roots cut	100g/\$15, 1kg/\$100
H1567-200	Burdock root powder	100g/\$15, 1kg/\$105
H1600-100	Calamus roots cut	100g/\$10, 1kg/\$62
H1600-200	Calamus roots powder	100g/\$14, 1kg/\$90
H1630	Calendula flowers whole	100g/\$19, 1kg/\$135
H1650	Caraway seeds whole	100g/\$8, 1kg/\$46
H1658-100	Cardamom fruits (green) powder	100g/\$36, 1kg/\$245
H1658	Cardamom fruits (green) whole	100g/\$37, 1kg/\$250
H1664	Cascara Sagrada bark cut	100g/\$11, 1kg/\$70
H1670	Catnip herb cut	100g/\$18, 1kg/\$125
H1672-100	Cat's Claw bark powder	100g/\$10, 1kg/\$62
H1672-500	Cedar branches cut	100g/\$21, 1kg/\$150
H1673	Celandine leaves cut	100g/\$13, 1kg/\$85
H1676-100	Celery seeds whole	100g/\$9, 1kg/\$60
H1678	Centauray herb cut	100g/\$10, 1kg/\$62
H1680	Chamomile, German flowers whole	100g/\$13, 1kg/\$100
H1700	Chaga conk cut	100g/\$19, 1kg/\$240
H1710	Chaparral herb cut	100g/\$9, 1kg/\$58
H1712	Chastetree berries whole	100g/\$10, 1kg/\$60
H1715	Cherry, Wild bark cut	100g/\$15, 1kg/\$100
H1725	Chia seeds whole	100g/\$8, 1kg/\$48
H1730	Chickweed herb cut	100g/\$10, 1kg/\$60
H1740	Chicory, Wild root cut	100g/\$14, 1kg/\$140
H1790	Chives leaves cut	100g/\$18, 1kg/\$130
H1798-500	Cinnamon bark whole	100g/\$23, 1kg/\$130
H1798-510	Cinnamon bark cut	100g/\$16, 1kg/\$110
H1798-520	Cinnamon bark powder	100g/\$16, 1kg/\$110
H1820	Clivers herb cut	100g/\$10, 1kg/\$62

H1830	Clover, Red tops cut	100g/\$11, 1kg/\$70
H1831-050	Cloves buds powder	100g/\$20, 1kg/\$140
H1831-800	Cochlospermum root pieces	100g/\$7, 1kg/\$30
H1831	Cloves buds whole	100g/\$17, 1kg/\$122
H1839	Cohosh, Black root cut	100g/\$19, 1kg/\$130
H1840	Cohosh, Blue roots cut	100g/\$15, 1kg/\$100
H1870-100	Comfrey, Common leaves cut	100g/\$10, 1kg/\$62
H1870-200	Comfrey, Common roots cut	100g/\$10, 1kg/\$62
H1890-100	Cilantro leaves cut	100g/\$15, 1kg/\$100
H1890	Coriander, Spice seed whole	100g/\$8, 1kg/\$50
H1980	Crampbark bark cut	100g/\$22, 1kg/\$162
H1990	Cranesbill root cut	100g/\$26, 1kg/\$185
H2020	Watercress herb cut	100g/\$11, 1kg/\$76
H2042	Cryptolepis root whole	100g/\$15, 1kg/\$105, 10kg/\$840
H2050	Cumin seeds whole	100g/\$7, 1kg/\$55
H2098	Damiana leaves cut	100g/\$10, 1kg/\$60
H2100-050	Dandelion leaf cut	100g/\$10, 1kg/\$75
H2100	Dandelion root pieces	100g/\$8, 1kg/\$48
H2130-100	Devil's Claw roots powder	100g/\$11, 1kg/\$75
H2130	Devil's Claw roots cut	100g/\$14, 1kg/\$90
H2140-100	Dill seeds whole	100g/\$8, 1kg/\$46
H2140	Dill herb cut	100g/\$15, 1kg/\$105
H2185	Dock, Curled roots cut	100g/\$13, 1kg/\$90
H2190	Dong Quai root powder	100g/\$20, 1kg/\$140
H2201	Dragons Blood resin cut	100g/\$58, 1kg/\$425
H2240	Dulse fronds flakes	100g/\$27, 1kg/\$190
H2280-100	Echinacea pur. roots cut	100g/\$22, 1kg/\$160
H2281-050	Echinacea ang. roots cut	100g/\$22, 1kg/\$158
H2281-100	Echinacea ang. roots powder	100g/\$27, 1kg/\$200
H2300-050	Elder berries whole	100g/\$12, 1kg/\$82
H2300	Elder flowers whole	100g/\$15, 1kg/\$100
H2320	Elecampane roots cut	100g/\$13, 1kg/\$90
H2330-050	Elm, Slippery bark cut	100g/\$19, 1kg/\$135
H2330-100	Elm, Slippery bark powder	100g/\$22, 1kg/\$155
H2360	Eucalyptus leaves cut	100g/\$7, 1kg/\$50
H2420	Fennel, Sweet seeds whole	100g/\$6, 1kg/\$40
H2460	Fenugreek seeds whole	100g/\$8, 1kg/\$48
H2480	Feverfew leaves cut	100g/\$15, 1kg/\$104
H2700	Flax seeds whole	100g/\$7, 1kg/\$40
H2725	Fo-Ti root cut	100g/\$11, 1kg/\$74
H2740	Frankincense gum cut	100g/\$18, 1kg/\$130
H2760	Garcinia fruit whole	100g/\$9, 1kg/\$56
H2780	Garlic powder	100g/\$14, 1kg/\$95
H2820	Gentian roots cut	100g/\$15, 1kg/\$106
H2862-100	Ginger root powder	100g/\$13, 1kg/\$85
H2862-500	Ginkgo leaves cut	100g/\$11, 1kg/\$72
H2862	Ginger root cut	100g/\$13, 1kg/\$85
H2863-600	Ginseng, Red root whole	10g/\$15, 100g/\$87, 1kg/\$650
H2863	Ginseng roots whole	10g/\$20, 100g/\$115, 1kg/\$906
H2864-100	Ginseng, Siberian root cut	100g/\$7, 1kg/\$50
H2864	Ginseng, Siberian root powder	100g/\$10, 1kg/\$60
H2920-050	Goldenseal roots cut	10g/\$20, 100g/\$116, 1kg/\$875
H2920-100	Goldenseal roots powder	10g/\$18, 100g/\$104, 1kg/\$800
H3000	Gotu Kola herb cut	100g/\$18, 1kg/\$125
H3048	Gum Arabic gum powder	100g/\$11, 1kg/\$74
H3120-200	Hawthorn leaf & flower cut	100g/\$10, 1kg/\$63
H3120	Hawthorn haw whole	100g/\$10, 1kg/\$63
H3300	Hops flowers whole	100g/\$27, 1kg/\$200
H3340	Horehound leaves cut	100g/\$11, 1kg/\$75
H3365	Horsetail herb cut	100g/\$10, 1kg/\$62
H3400	Hydrangea, American root cut	100g/\$12, 1kg/\$82
H3470	Hyssop herb cut	100g/\$13, 1kg/\$89
H3491	Indigo, Wild root cut	100g/\$35, 1kg/\$260
H3496	Irish Moss herb cut	100g/\$13, 1kg/\$100
H3510	Joe-Pye Weed root cut	100g/\$17, 1kg/\$120
H3520	Juniper berries whole	100g/\$10, 1kg/\$70
H3522	Juniper, One-seed berries whole	100g/\$21, 1kg/\$149





H3531	Kava Kava root cut	100g/\$53, 1kg/\$390	H5014	Rose buds and petals whole	100g/\$15, 1kg/\$120
H3532	Kelp powder	100g/\$7, 1kg/\$45	H5020-050	Rose, Dog hips whole	100g/\$9, 1kg/\$55
H3535-500	Knotweed, Japanese roots cut	100g/\$17, 1kg/\$140	H5020	Rose, Dog hips cut	100g/\$10, 1kg/\$64
H3600	Lady's Mantle herb cut	100g/\$12, 1kg/\$80	H5028	Roselle calyces cut	100g/\$7, 1kg/\$55
H3625-050	Lavender flowers whole	100g/\$21, 1kg/\$150	H5030	Rosemary leaves cut	100g/\$9, 1kg/\$59
H3670	Lemon peel cut (Not to US)	100g/\$13, 1kg/\$85	H5050	Rue herb cut	100g/\$17, 1kg/\$118
H3680	Lemongrass herb cut	100g/\$11, 1kg/\$70	H5160	Safflower threads cut	100g/\$26, 1kg/\$190
H3701-100	Licorice root cut	100g/\$13, 1kg/\$90	H5162	Saffron stamens whole	1g/\$37
H3701-200	Lichen, Lungwort thallus whole	100g/\$24, 1kg/\$170	H5170	Sage, Garden leaves cut	100g/\$13, 1kg/\$88
H3715	Linden leaves & flowers cut	100g/\$20, 1kg/\$140	H5190	Sage, White herb pieces	100g/\$17, 1kg/\$120
H3760	Lotus stamens whole	100g/\$29, 1kg/\$210	H5195-050	St John's Wort tops cut	100g/\$12, 1kg/\$78
H3867	Maralroot roots whole	100g/\$12, 1kg/\$78	H5320	Saw Palmetto berries cut	100g/\$19, 1kg/\$139
H3910	Marjoram, Sweet leaf cut	100g/\$10, 1kg/\$65	H5345	Schisandra berries whole	100g/\$30, 1kg/\$220
H3920	Marshmallow root cut	100g/\$16, 1kg/\$110	H5360	Scullcap herb cut	100g/\$27, 1kg/\$190
H3960	Mayapple root cut	100g/\$16, 1kg/\$115	H5390	Sesame seeds whole	100g/\$8, 1kg/\$45
H3965	Meadowsweet herb cut	100g/\$17, 1kg/\$119	H5420	Shepherd's Purse herb cut	100g/\$9, 1kg/\$56
H3991	Astragalus root cut	100g/\$13, 1kg/\$90	H5475	Soapberry nuts whole	100g/\$8, 1kg/\$50
H4030	Mint, Peppermint leaves cut	100g/\$13, 1kg/\$90	H5490-100	Soapwort root powder	100g/\$11, 1kg/\$75
H4040	Mint, Spearmint leaves cut	100g/\$12, 1kg/\$81	H5580	Solomon's Seal roots cut	100g/\$38, 1kg/\$287
H4069	Mistletoe leaves cut	100g/\$10, 1kg/\$62	H5688-100	Sorrel, Sheep herb powder	100g/\$15, 1kg/\$100
H4078	Mondia root whole	100g/\$8, 1kg/\$40	H5688	Sorrel, Sheep herb cut	100g/\$14, 1kg/\$93
H4100	Motherwort herb cut	100g/\$17, 1kg/\$120	H5900	Spinach leaves powder	100g/\$11, 1kg/\$70
H4120	Mugwort leaves cut	100g/\$15, 1kg/\$100	H5920	Spirulina herb powder	100g/\$22, 1kg/\$160
H4125-050	Mullein flowers whole	100g/\$27, 1kg/\$200	H6025	Star Anise fruit whole	100g/\$14, 1kg/\$96
H4125	Mullein leaves cut	100g/\$11, 1kg/\$74	H6030-050	Stevia herb powder	100g/\$12, 1kg/\$81
H4150	Mustard, White seeds whole	100g/\$8, 1kg/\$45	H6030	Stevia herb cut	100g/\$12, 1kg/\$81
H4153	Mustard, Black seeds whole	100g/\$5, 1kg/\$35	H6050	Stoneroot roots whole	100g/\$13, 1kg/\$90
H4180	Myrrh gum cut	100g/\$20, 1kg/\$142	H6075	Strawberry, Wild leaves cut	100g/\$11, 1kg/\$68
H4270	Nettle, Stinging herb cut	100g/\$11, 1kg/\$72	H6180	Tansy herb cut	100g/\$12, 1kg/\$80
H4273	New Jersey Tea root cut	100g/\$14, 1kg/\$95	H6200	Tarragon, French leaves whole	100g/\$26, 1kg/\$193
H4278-100	Nutmeg nuts powder	100g/\$22, 1kg/\$162	H6290	Thistle, Blessed herb cut	100g/\$12, 1kg/\$78
H4280	Oak, White bark cut	100g/\$10, 1kg/\$60	H6310	Thistle, Milk seeds whole	100g/\$17, 1kg/\$90
H4285-100	Oat tops whole	100g/\$19, 1kg/\$139	H6450	Thyme herb cut	100g/\$12, 1kg/\$78
H4285	Oat straw cut	100g/\$12, 1kg/\$80	H6560-100	Turmeric root cut	100g/\$10, 1kg/\$60
H4291	Olive leaves cut	100g/\$12, 1kg/\$78	H6560	Turmeric root powder	100g/\$10, 1kg/\$60
H4299	Onion bulbs powder	100g/\$10, 1kg/\$62	H6565	Uva Ursi leaves cut	100g/\$11, 1kg/\$72
H4311	Orange peel cut (Not to US)	100g/\$11, 1kg/\$70	H6580	Valerian roots cut	100g/\$16, 1kg/\$108
H4315	Oregano, Greek leaves cut	100g/\$12, 1kg/\$81	H6620-050	Lemon Verbena leaves whole	100g/\$15, 1kg/\$100
H4318-500	Oregon Grape root cut	100g/\$22, 1kg/\$120	H6620	Verbena, Lemon leaves cut	100g/\$15, 1kg/\$100
H4319-500	Orris roots cut	100g/\$9, 1kg/\$56	H6631	Vervain, Blue herb cut	100g/\$18, 1kg/\$120
H4319	Orris roots powder	100g/\$17, 1kg/\$118	H6810	Wheatgrass herb powder	100g/\$14, 1kg/\$94
H4332	Pamprana bark whole	100g/\$7, 1kg/\$30	H6820	Willow, White bark cut	100g/\$11, 1kg/\$70
H4342	Paprika fruit powder	100g/\$11, 1kg/\$70	H6830-200	Willowherb herb cut	100g/\$17, 1kg/\$120
H4370	Parsley leaves cut	100g/\$12, 1kg/\$82	H6870-100	Witch-Hazel bark cut	100g/\$13, 1kg/\$90
H4440-100	Passion Flower, American herb cut	100g/\$13, 1kg/\$87	H6870-200	Witch-Hazel leaves cut	100g/\$11, 1kg/\$68
H4455-200	Paullinia root cut	100g/\$7, 1kg/\$40	H6925	Wolfberry / Gojiberry berries whole	100g/\$17, 1kg/\$118
H4455	Pau D'Arco bark cut	100g/\$9, 1kg/\$54	H6960	Wormwood herb cut	100g/\$12, 1kg/\$78
H4460	Pennyroyal herb cut	100g/\$10, 1kg/\$62	H6995	Yam, Wild roots cut	100g/\$17, 1kg/\$110
H4469	Pepper, Black corns whole	100g/\$16, 1kg/\$110	H7000	Yarrow, White tops cut	100g/\$10, 1kg/\$60
H4470-300	Pepper, Bird's Eye fruits whole	100g/\$15, 1kg/\$105	H7030	Yerba Santa herb whole	100g/\$16, 1kg/\$110
H4470-320	Pepper, Cayenne Chile chile powder	100g/\$10, 1kg/\$68	H7050-100	Yohimbe bark whole (Not to Can)	100g/\$11, 1kg/\$70
H4489	Pipsissewa herb cut	100g/\$14, 1kg/\$100	H8655	Shiitake Mushroom herb whole	100g/\$33, 1kg/\$240
H4495	Plantain, Ribgrass herb cut	100g/\$19, 1kg/\$135			
H4510	Pleurisy Root root cut	100g/\$22, 1kg/\$158			
H4600	Pokeroot root cut	100g/\$15, 1kg/\$100			
H4720	Poppy, California herb cut	100g/\$23, 1kg/\$165			
H4733	Poppy, Breadseed seeds whole	100g/\$9, 1kg/\$56			
H4830	Raspberry, Red leaves cut	100g/\$12, 1kg/\$70			
H4845	Reishi Mushroom herb whole	100g/\$16, 1kg/\$115			
H4900-100	Rhubarb, Chinese root powder	100g/\$15, 1kg/\$105			
H4900	Rhubarb, Chinese root cut	100g/\$19, 1kg/\$130			
H5014-100	Rose flowerbuds whole	100g/\$27, 1kg/\$199			



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HerbWild

TEA BLENDS

COMFORT TEA

A comforting and strengthening tea blended to offer support when a little help is needed. Enjoy a cup and relax. Contains Nettle leaf, Red Clover blossoms, Elder berries, Alfalfa leaf, Red Clover herb, St. Johns Wort, Sage, and Ginger root.

HW001 Tea Blend (50g): \$9

THROAT TEA

A warm and soothing blend for a hoarse voice and a dry and scratchy throat. Contains Licorice root, Marshmallow root, Echinacea purpurea root, Orange peel, Cinnamon bark, Ginger root, Fennel seed, and Cloves.

HW002 Tea Blend (50g): \$9

ENERGIZER TEA

Uplifting and energizing, beautiful to look at, and deliciously tasty! Can be enjoyed either hot or iced. Contains Nettle leaf, Ginkgo leaf, Red Clover herb and blossoms, Meadowsweet herb, Calendula blossoms, Lavender flowers, Chamomile flowers and Scullcap herb.

HW003 Tea Blend (50g): \$9

TURMERIC CHAI

An exotic herbal chai spice blend with an added pinch of cayenne. Enjoy with milk. Contains Cinnamon bark, Ginger root, Turmeric root, Cardamom, Fennel seed, Cloves, Black Pepper and Cayenne powder.

HW004 Tea Blend (50g): \$9

MY GUARDIAN ANGEL TEA

Full flavored with a rich yet smooth and mellow taste. Blended to help support your natural resistance all year round. Contains Peppermint, Elder flowers, Rosehips, Ginger root, Anise seed, Thyme leaves, Yarrow herb, Echinacea root, and Calendula flowers.

HW005 Tea Blend (50g): \$9

NIGHT TIME TEA

Relax with this full flavoured blend at the end of the day. Contains Lemon Balm, Hibiscus flowers, Skullcap, Passionflower, Hops flowers, Valerian root, and Lavender flowers.

HW006 Tea Blend (50g): \$9

MEGA VOLTAGE TEA

A morning jolt without the caffeine! Our own blend of 8 organic herbs and spices. Helps to fight the flu and colds too! Contains Ginger root, Cilantro leaf, Fennel seed, Sage leaves, Cardamon, Nutmeg, Cinnamon bark, Anise seed.

HW012 Tea Blend (100g): \$10

CUPID'S TONIC

Get in the mood with our invigorating "love potion" made with Ginseng, Damiana and 6 other, shall we say, stimulating herbs. Contains Ginkgo leaves, Ginger root, Damiana leaves, Lavender flowers, Orange peel, Cloves, Peppermint leaves, Stevia leaves, Allspice berries, Ginseng root.

HW013 Tea Blend (100g): \$10

MY FEEL GOOD™ TEA

When the children are feeling a little off, maybe with the chills or a cold, this simple blend of four garden herbs is just what is needed to brighten up their day. The taste is minty and yummy, with a nice orangey colour. Grown ups like it too! Contains Lemon Balm leaves, Peppermint leaves, European Elder berries, Dog Rose hips.

HW014 Tea Blend (100g): \$10

FAIRY TALE TEA

A customer favourite! A rich blend of aromatic flowers with a hint of mint. Can be enjoyed hot or cold. A truly delicious brew worthy of fairies everywhere. Contains Calendula, Red Clover herb, Spearmint, Lavender, Lemon Balm, Catnip, Oatstraw, Lemon peel, Skullcap, Chamomile, Thyme, and Meadowsweet.

HW019 Tea Blend (50g): \$9

YUMMY TUMMY TEA

A yummy blend of soothing herbs that support the stomach. Kids and adults alike love it. Contains Catnip, Spearmint, Lemongrass, Calendula flowers, Skullcap, Rosemary, Sage, and Fennel seed.

HW035-004 Tea Blend (50g): \$9



WICCAN BREW

A tonic blend designed for health, happiness and harmony. Floral and fruity, the luscious taste and feel connect us back to our natural selves. Contains Raspberry leaf, Nettle, Lemon peel, Vitex, Lemon Verbena, Linden flower, Cinnamon, Rose petals and Stevia.

HW035-032 Tea Blend (50g): \$9

GET SMART TEA

A blend of herbs that work together to help stimulate the mind and improve concentration and memory. Contains Peppermint, Gotu Kola, Lemongrass, Ginkgo, Calendula, Siberian Ginseng, Licorice, Damiana and Fo Ti.

HW035-034 Tea Blend (100g): \$10

LICORICE MINT TEA

Simple and uncomplicated but rich and satisfying at the same time. Its four ingredients — peppermint leaf, anise-hyssop leaf, Licorice root and cloves — provide a deep well of flavour.

HW035-035 Tea Blend (100g): \$10

EARL GREY ROOBIOS TEA

A smooth and sweet tea with floral undertones and a subtle citrus finish. Contains carefully fermented Red Rooibos with a touch of Bergamot Citrus essential oil to give a distinctive Earl Gray taste. Caffeine-free.

HW035-039 Tea Blend (50g): \$9

DARK ROAST YAUPON TEA

Yaupon is gaining momentum as a coffee substitute. Somewhat similar to black tea but has a sweeter nuttier flavour with smoky undertones. It grows wild in the southern U.S. where it has been used to brew a caffeinated tea beverage for thousands of years. Compared to black tea, the tannin content is low so it is difficult to oversteep, and the tea does not become bitter easily.

HW035-046 Tea Blend (50g): \$9

RENESSANCE™ TONIC TEA

Rene Caisse's famous tonic tea prepared according to Dr. Gary Glum's recipe. Our blend contains high quality organically grown or wildcrafted herbs mixed exactly to Dr. Glum's directions. Contains burdock, slippery elm, sheep sorrel and Chinese rhubarb (also known as 'Turkey rhubarb').

N5000 Tea Blend (50g): \$19

N5000-100 Tea Blend (1kg): \$105

MRS. RICHTER'S SPECIAL HERBAL TEA

Exquisite blend of five herbs, painstakingly harvested and dried in Mrs. Richter's special way. Its unique flavour and aroma will please all who try it. Both refreshing and relaxing — a special delight for anytime.

N7000 Tea Blend (50g): \$9





Cat. No.	Item	Qty	Amount
TOTAL THIS PAGE			

Online
www.richters.com

Phone
Call 9 am to 5 pm ET, Monday to Friday
1-800-668-4372
1-905-640-6677

Mail
Richters
357 Highway 47
Goodwood, Ontario,
LOC 1A0 Canada

Add extra sheets if you need more space.

CALCULATE YOUR SHIPPING CHARGES HERE

POSTAL CODES CANADA	PLANTS & PLUG PACKS*	SEEDS	OTHER ITEMS Dried herbs, gardening supplies, oils, books, etc.
H-P	\$10 + 35¢/pot + \$1/pack	\$6 + if you ordered seeds by weight (g or kg), add \$5/kg.	\$9 + \$5/kg for items sold by weight (g or kg) + 7% of value of other items. If you ordered seeds also, deduct \$6.
B-G, R-S	\$20 + \$1/pot + \$3/pack	\$6 + if you ordered seeds by weight (g or kg), add \$6/kg.	\$10 + \$6/kg for items sold by weight (g or kg) + 9% of value of other items. If you ordered seeds also, deduct \$6.
A, T-Y	\$22 + \$1.65/pot + \$5/pack	\$6 + if you ordered seeds by weight (g or kg), add \$7/kg.	\$11 + \$7/kg for items sold by weight (g or kg) + 14% of value of other items. If you ordered seeds also, deduct \$6.
Air Stage Points**	\$30 + \$2.50/pot + \$7.50/pack	\$6 + if you ordered seeds by weight (g or kg), add \$10/kg.	\$16 + \$10/kg for items sold by weight (g or kg) + 25% of value of other items. If you ordered seeds also, deduct \$6.

*For plug tray shipping charges please call 1-800-668-4372.
**Some very remote northern destinations in postal codes beginning with A, G, J, and P-Y are designated "Air Stage" points by Canada Post.
To check if your postal code is an air stage point visit www.richters.com/AirStagePoints

U.S. STATES	PLANTS & PLUG PACKS*	SEEDS	OTHER ITEMS Dried herbs, gardening supplies, oils, books, etc.
All states except those listed below	\$12 + 60¢/pot + \$2/pack	\$6 + if you ordered seeds by weight (g or kg), add \$6/kg.	\$12 + \$6/kg for items sold by weight (g or kg) + 13% of value of other items. If you ordered seeds, deduct \$6.
AR,AZ,CA,CO,FL,GA,KS,LA,MS,MT,ND,NE,NM,NV,OK,OR,SD,TX,UT,WA,WY	\$19 + \$1.30/pot + \$4/pack	\$6 + if you ordered seeds by weight (g or kg), add \$6/kg.	\$12 + \$6/kg for items sold by weight (g or kg) + 13% of value of other items. If you ordered seeds, deduct \$6.
AK,HI	\$42 + \$1.75/pot + \$5/pack	\$6 + if you ordered seeds by weight (g or kg), add \$7/kg.	\$12 + \$7/kg for items sold by weight (g or kg) + 15% of value of other items. If you ordered seeds, deduct \$6.
PR, U.S. Possessions	N/A	\$6 + if you ordered seeds by weight (g or kg), add \$7/kg.	\$12 + \$7/kg for items sold by weight (g or kg) + 15% of value of other items. If you ordered seeds, deduct \$6.

*For plug tray shipping charges please call 1-800-668-4372.

INTERNATIONAL SHIPPING	PLANTS & PLUG PACKS*	SEEDS	OTHER ITEMS Dried herbs, gardening supplies, oils, books, etc.
Central America & Caribbean	N/A	\$12 + if you ordered seeds by weight (g or kg), add \$12/kg.	\$16 + \$12/kg for items sold by weight (g or kg) + 25% of value of other items. If you ordered seeds, deduct \$12.
Western Europe	N/A	\$12 + if you ordered seeds by weight (g or kg), add \$14/kg.	\$16 + \$14/kg for items sold by weight (g or kg) + 30% of value of other items. If you ordered seeds, deduct \$12.
Other Countries	N/A	\$12 + if you ordered seeds by weight (g or kg), add \$17/kg.	\$16 + \$17/kg for items sold by weight (g or kg) + 35% of value of other items. If you ordered seeds, deduct \$12.

For large or heavy shipments, postage may be charged at cost instead of using the above rates.

DELIVERY
Small orders will be shipped by Letter Mail if possible. Other non-plant orders will be shipped by Parcel Post. Delivery times range from 2-7 business days to Canada, 6-12 business days to the U.S., and 2-8 weeks to international destinations.
Potted plant, plug pack and plug tray orders will be shipped by Canada Post in Canada and by UPS in the U.S. Most plant orders placed before April 15 will be shipped during the main shipping season from April 15 to June 15.

Due to potential frost hazard we cannot ship plants until our weather conditions permit. This may mean that your plants will arrive several weeks after optimum spring planting time in your area. Orders placed after April 15 will be shipped as soon as possible. Some U.S. plant orders may be delayed to consolidate delivery to the UPS depot in Buffalo.
If you require faster delivery please contact our customer service department at custserv@richters.com or 1-800-668-4372 for shipment options and rates.



Ordering Information



What is the minimum order?

Except for plants, there is no minimum order. The plant minimums are: Potted plants: 6; Plug Packs: 2; Plug Trays: 1; Colosso plants: 2.

What shipping charges apply?

See order form for shipping charges.

What are the applicable taxes?

No taxes apply to U.S. and international orders. For customers in ON add 13% HST. For customers in NB, NL, NS and PE add 15% HST. For customers elsewhere in Canada add 5% GST.

What payment methods do you accept?

Cheque or money order in either Canadian or US currency, or Visa and Mastercard credit card. Interac e-transfer in Canada. No COD orders accepted.

Do you accept returns?

All perishable goods such as seeds, rootstock, bulbs and plants cannot be returned. With prior authorization, all non-perishable goods may be returned for credit. A 20% re-stocking charge will apply. Contact customer service for authorization.

How do you handle back orders?

Perishable seeds, rootstock, bulbs and plants may be back ordered and shipped when ready. All back ordered items will be charged at time of order. Out of stock items will be back ordered if expected within a few months.

How will my order be shipped?

Seeds are generally shipped by mail, plants by UPS or Canada Post and all other items by surface mail. No matter where you live in Canada or the United States, we can deliver herb plants safely. We use our own custom designed shipping container that withstands the tough handling of today's delivery services.

Can I pick up my order?

Yes. Check the pick up option on the order form or online, or tell our order desk if ordering by phone. You will be advised when your order is ready for pick up.

When will my order be shipped?

We cannot ship perishable items, such as plants, bulbs, etc. until our weather permits. Seasonal items (e.g. short-lived seed or rootstocks) are shipped in season. The main plant shipping season is April to June. This may not coincide with the planting season in your area. Because of sheer volume in spring, some plant orders may not be shipped until early June. If you wish to specify an earlier shipping date on your order, we will try to accommodate you, but we cannot guarantee that date. We ship plants until October, weather permitting.

What if I have problems with my order?

Occasionally shipments are delayed, damaged or lost in transit, or there may be packing, invoicing or other errors. Please contact our customer service department for assistance. Please note that claims for damaged plants must be substantiated by photos emailed to custserv@richters.com (maximum 10MB file size) within 48 hours of delivery.

How do I contact customer service?

By email at custserv@richters.com. Or call us at 1-800-668-4372 or 1-905-640-6677. Or fax us at 905-640-6641. You can also contact us on the web at: www.richters.com/CustomerCare.

For Commercial Growers

Prices: While we try to hold the line on prices, in the face of fluctuating market conditions, we reserve the right to change prices without notice.

Discounts: A 10% early booking discount applies to plug tray orders placed prior to November 30 for delivery next season.

Billing: Plug trays are invoiced at 100% at time of order booking. Freight is also charged at this time. If paying by cheque, please include full payment including the freight charge with your order. Customers with established accounts with credit terms are billed at time of shipping.

Cancellations: Orders must be cancelled in writing. Because plug trays are planted to order there is no credit or refund if cancelled after 4 weeks. Plug tray orders will be fully credited or refunded if cancelled within 2 weeks of ordering; or 50% if cancelled within 4 weeks.

Delivery: Seeds are shipped year round, but some seeds are only available seasonally. Plug trays are shipped weather permitting and depending on availability. Please specify your preferred shipping date and we will do our best to meet your requirements, but we cannot guarantee that we will ship on that date.

Shipping: Shipping method is at the discretion of Richters based on your location, cost and the time of year. Our standard method for plug trays is either UPS or Canada Post; for seeds and other goods, surface mail or ground courier.

Pick up: If you opt to pick up your order a fee will be assessed if your order requires special packing.

Claims: Occasionally shipments are delayed, damaged or lost in transit. Claims must be made within 48 hours of delivery and claims for damage must be substantiated by photos emailed to custserv@richters.com (maximum 10MB email size). Richters Customer Service staff will be happy to assist you.

Phytosanitary certificates: CANADA: Not required. USA: Supplied free of charge for all seed and plant orders. INTERNATIONAL: If your country requires a phytosanitary certificate you will be notified and a fee will be charged.

Warranty: Richters guarantees plants to be healthy when shipped. Plants may vary in appearance depending on season and stage of growth. While we endeavour to supply only the highest quality seed and plant material, no warranty concerning the identity or productiveness of seeds and plants sold, or guarantee of delivery, is expressed or implied. Any liability is strictly limited to the purchase price; we do not assume responsibility for incidental loss.



Delicata Winter Squash



Richters

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Wildfire Rucola



Dow Purple Pod Bean



Cream & Green Summer Squash