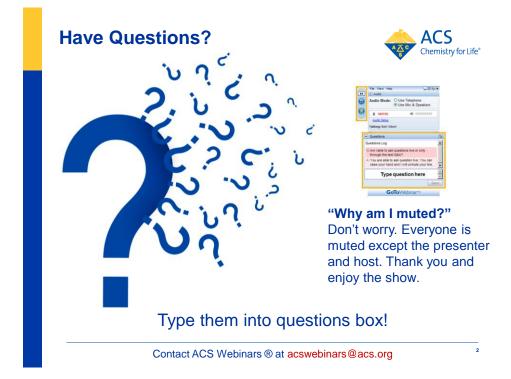




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Dr. Tara Henriksen, Senior Chemical Engineer and Certified Fire and Explosion Investigator, CASE Forensics Corp.



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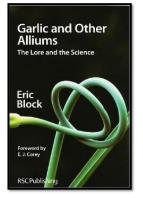
"Pharmacoeconomics and IP Strategies in Drug Development" Session 7

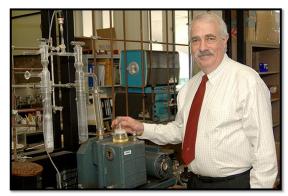
Dr. Richard Willke, Health Economist, Pfizer Dr. Robert Koch, Partner and IP Specialist, Milbank

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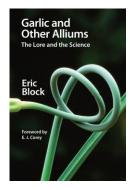
"Garlic and Other Alliums: The Lore and the Science" Co-produced with the ACS Fellows Program



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Garlic and Other Alliums: The Lore and the Science



Dr. Eric Block Department of Chemistry, University at Albany, SUNY Albany, New York September 11, 2014

<text>

Garlic's Cousins: The Genus Allium

A. Ascalonicum	Shallot
А. Сера	Onion
A. Giganteum	Giant Flowering Onion
A. Moly	Lily Leek
A. Porrum	Leek
A. Sativum	Garlic
A. Schoenoprasum	Chives
A. Tricoccum	Ramp

The genus *Allium* includes a total of 600-750 species

The Diversity of Garlic Cultivars



Ajo Rojo (Creole)



German Giant (Rocambole)



Thermadrone (Asiatic)



Italian Purple (Artichoke)



Purple Glazer (Glazed Purple Stripe)

Source: www.gourmetgarlicgardens.com/varietys



Slovenian (Rocambole)

Ornamental Alliums: A Feast for the Eyes





Where in the world did garlic and onion originate?

- Pompeii
- Egypt
- Russian Asia
- Africa
- Japan

Eduard August von Regel

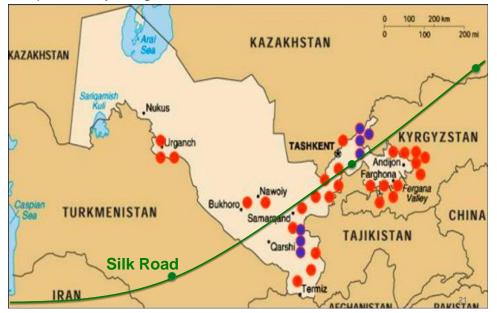
(1815–1892): Director of Russian Imperial Botanical Garden of St. Petersburg. Directed biological collections around the world; described & named numerous alliums



Allium alexeianum Kegel, Allium altissimum Regel, Allium antiocolum Regel, Allium backhousianum Regel, Allium boissieri Regel, Allium bodeanum Regel, Allium boissieri Regel, Allium borszcaowi Regel, Allium bucharicum Regel, Allium caricoides Regel, Allium caricoides Regel, Allium cupulferum Regel, Allium darwasicum Regel, Allium derderanum Regel, Allium derderianum Regel, Allium dimilense Boiss. ex Regel, Allium dolonkarense Regel, Allium fetisowii Regel, Allium elatum Regel, Allium fetisowii Regel, Allium dimilense Boiss. ex Regel, Allium farbar Regel, Allium fetisowii Regel, Allium fibrosum Regel, Allium jacutemontii Regel, Allium karataviense Regel, Allium fubrosum Regel, Allium herderianum Regel, Allium hottzeri Regel, Allium harderianum Regel, Allium hottzeri Regel, Allium kaufmannii Regel, Allium karataviense Regel, Allium tongicuspis Regel, Allium megalobulbon Regel, Allium Regel, Allium sipitatum Regel, Allium platystylum Regel, Allium stipitatum Regel, Allium stoliczkii Regel, Allium talassicum Regel, Allium szovitsii Regel, Allium stalassum Regel, Allium szovitsii Regel, Allium stalassum Regel, Allium szovitsii Regel, Allium stalassum Regel, Allium szovitsii

Center of Origin of Garlic is "Russian Asia,"

explored by Regel's son and his team





Readying plant specimens for transport from Russian Asia.



Transporting plant specimens from Russian Asia.

What is known about the role of garlic and other alliums in the *arts and literature*?





Historia Naturalis Pliny the Elder (77 CE)

Garlic has powerful properties, and is of great benefit against changes of water and of residence. It keeps off serpents and scorpions by its smell ... It cures bites when drunk or eaten, or applied as ointment ... it is an antidote against the poisonous bite of the shrew-mouse ... pounded garlic has been given in milk to asthmatics ... The ancients used also to give it raw to madmen.

1480 Venetian edition: Collection of Oxford University Bodleian Library

Count Dracula and Garlic





"The Professor's actions were certainly odd and not to be found in any pharmacopeia that I ever heard of. First he fastened up the windows and latched them securely. Next, taking a handful of the [garlic] flowers, he rubbed them all over the sashes, as though to ensure that every whiff of air that might get in would be laden with the garlic smell.

Then with the wisp he rubbed all over the jamb of the door, above, below, and at each side, and round the fireplace in the same way. It all seemed grotesque to me, and presently I said, 'Well, Professor, I know you always have a reason for what you do, but this certainly puzzles me. It is well we have no skeptic here, or he would say that you were working some spell to keep out an evil spirit.' I could see that the Professor had carried out in this room, as in the other, his purpose of using the garlic. The whole of the window sashes reeked with it, and round Lucy's neck, over the silk handkerchief which Van Helsing made her keep on, was a rough chaplet of the same odorous flowers." Bram Stoker, Dracula (1897)

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See: Liisa Ladouceur, How to Kill a Vampire: Fangs in Folklore, Film and Fiction, ECW Press, Toronto, 2013



Shakespeare on Alliums

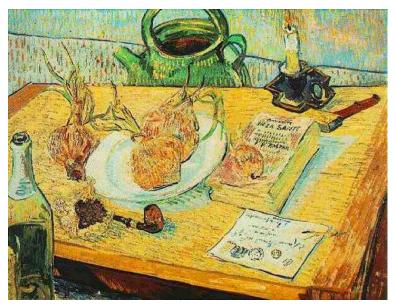
Antony and Cleopatra, Act 1, Scene 2 Indeed the tears live in an onion that should water this sorrow.

A Midsummer Night's Dream, Act 4, Scene 2

And, most dear actors, eat no **onions** nor **garlic** for we are to utter sweet breath; and I do not doubt but to hear them say, it is a sweet comedy

Henry V Act 4, Scene 7

Your majesty says very true: if your majesties is remembered of it, the Welshmen did good service in a garden where **leeks** did grow, wearing **leeks** in their Monmouth caps; which, your majesty know, to this hour is an honourable badge of the service; and I do believe your majesty takes no scorn to wear the **leek** upon Saint Davy's day.



Onions in Painting: Vincent van Gogh

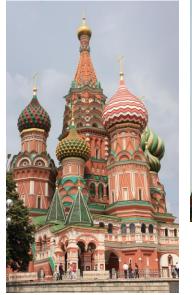
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Alliums in Stamps and in the Bible



"We remember the fish which we did eat in Egypt, the cucumbers, the melons, leeks, onions and garlic." Numbers 11:4-6

Onion Domes in Architecture: Saint Basil's Cathedral, Moscow





Garlic Domes in Architecture: Casa Batlló, Antoni Gaudí, Barcelona





What do we know about the *cultivation and sale* of garlic and onions?

Audience Survey Question

Which country is the world's largest producer of garlic?

- Egypt
- China
- USA
- Liechtenstein
- Japan





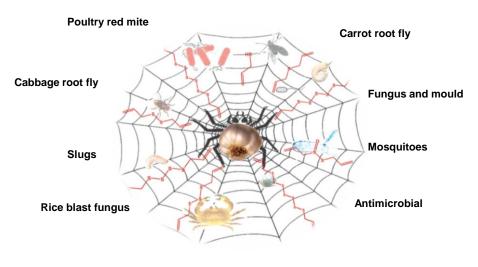




What do we know about the use of garlic as a *pesticide*?

39

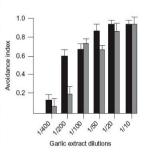
Targets for Garlic Sulfur Compounds



Münchberg, Anwar, Mecklenburg, Jacob, Polysulfides as biologically active ingredients of garlic. *Org. Biomol. Chem.* 2007, 5 (10), 1505-18

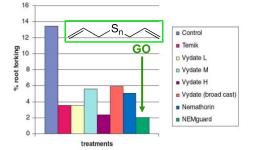
Garlic Oil as a Green Nematicide





Far left: carrots showing multiple root nematode damage. <u>Mid left</u>: avoidance index of two populations of nematode *C. elegens* tested with a single drop of garlic oil at different dilutions (*Embo J* 2004, 23, 1101)

<u>Right</u>: carrot crop field trial comparing nematicidal effect (%reduction of root forking) of a garlic-oil (GO) based material, NEMguard, with commercial nematicides Temik, Vydate and Nemathorin at comparable application levels.

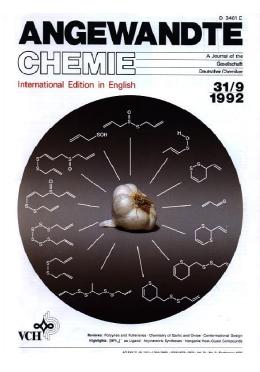


Ecospray: UK company sells garlic oil-based, environmentally benign pesticides www.ecospray.com



Annex 1 listing, EU directive 91/414; UK PSD approved

What do we know about the *health benefits* of garlic?

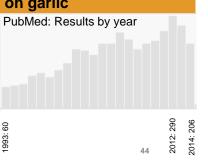


Supposed Health Benefits of Garlic:

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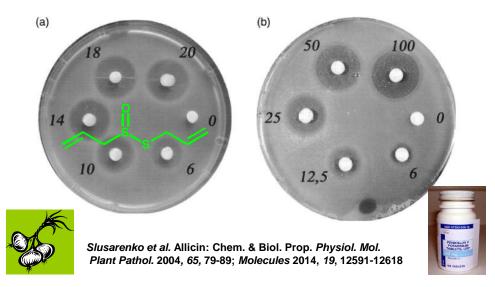
Antibiotic, anticancer, antithrombotic, antioxidant, cholesteroltriglyceride lowering, blood pressure lowering

4470 (>1963) publications on garlic

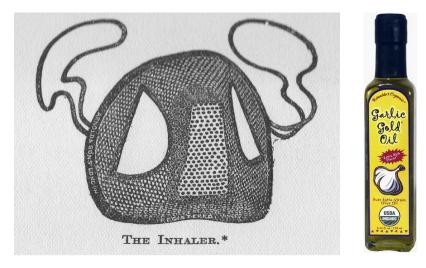




E. coli-seeded Petri Plate Assays Comparing Antimicrobial Activity of (a) Garlic Extract (0-20 μ L of 280 μ g Allicin in 20 μ L)(left) and (b) Ampicillin (0-100 μ g)(right)



Face Mask for Inhalation of Garlic Oil for Treatment of Tuberculosis



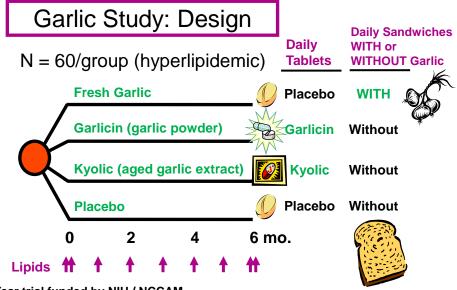
W.C. Minchin, A Study in Tubercle Virus, London, 1927

Garlic Treatment: Burns to Feet and Elbow (Don't try this at home!)



"Garlic Burns." Burns 2001, 27, 781-782; 2004, 30, 612-613; 2009, 35, 300-302

Does Garlic Reduce Cholesterol Levels?



³⁻Year trial funded by NIH / NCCAM Stanford Center for Research in Disease Prevention: C.D. Gardner, L. Lawson, E. Block

The Effect of Raw Garlic vs. Commercial Garlic Supplements on Plasma Lipids in Moderately Hyper-cholesterolemic Adults: A Randomized Clinical Trial

C.D. Gardner, L.D. Lawson, E. Block, L. M. Chatterjee, A. Kiazand, R.R. Balise, H.C. Kraemer

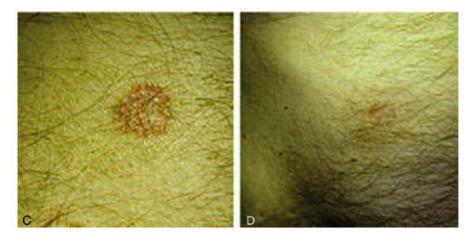


Archives of Internal Medicine, 2007, 167, 346



CONCLUSIONS – None of the forms of garlic used in this study, including raw garlic, when given at doses of roughly a 4-gram clove/day 6 days/week for 6 months, had statistically or clinically significant effects on LDL-C or other plasma lipid concentrations among moderately hypercholesterolemic adults.

Effect of Ajoene on Basal Cell Carcinoma Tumor before (C) and 6 Months after (D) Topical Application. The Respective Tumor Surface Areas are C, 195 mm2 and D, 24 mm2



 Arch. Dermatol. Res. 2003, 295, 117-123; also see Mol. Cells 2014, 37, 547-553:
"Systemic Approaches Identify a Garlic-Derived Chemical, Z-ajoene, as a Glioblastoma Multiforme Cancer Stem Cell-Specific Targeting Agent"

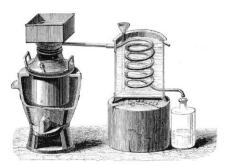
What is known about the organosulfur chemistry of garlic and onion or "Allium chemistry"?

Audience Survey Question

What chemical species is named after garlic?

- allyl
- gallium
- stinkium
- aluminium
- garlicium chloride

Early Allium Chemistry



An alembic of the type used to distil garlic oil

- 1844: Wertheim distills garlic and isolates garlic oil, "allylschwefel" = "allyl sulfur", the origin of the name "allyl" (from *Allium*)
- 1856: Hofmann synthesizes diallyl sulfide, having a "strong smell of garlic", and allyl alcohol

S__S_

1891: Semmler finds that garlic oil is in fact a mixture of diallyl disulfide and trisulfide

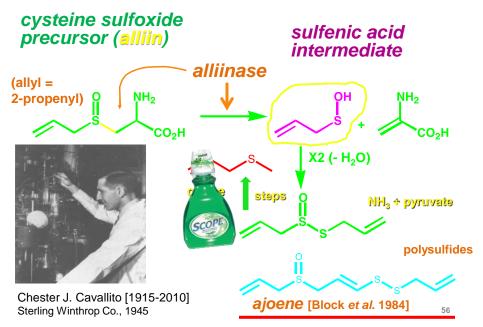
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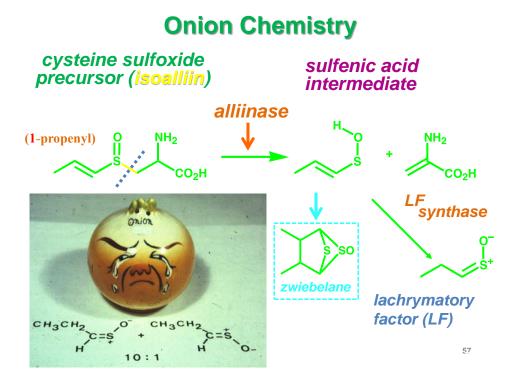


August Wilhelm von Hofmann, Director of the Royal College of Chemistry of London, and founder of the German Chemical Society

Allium Chemistry Alliinase Enzymes Velatiles) Precursors Intermediates Secondary Products

Garlic Chemistry





DART MS DART (Direct Analysis in Real Time) mass spectrometry allows high resolution measurement of mass spectra of plant samples at ambient atmospheric conditions with no sample preparation.





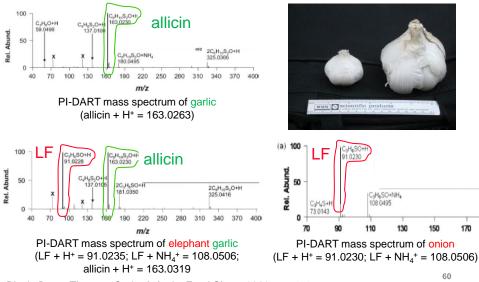
What is elephant garlic?

- garlic with a long memory
- not a garlic but a leek which can make you cry
- · garlic with tusks
- · not a garlic but a stinky relative of an artichoke

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• odorless garlic

Elephant Garlic (A. ampeloprasum) but not Garlic Produces LF as well as Allicin



Block, Dane, Thomas, Cody, J. Agric. Food Chem. 2010, 58, 4617

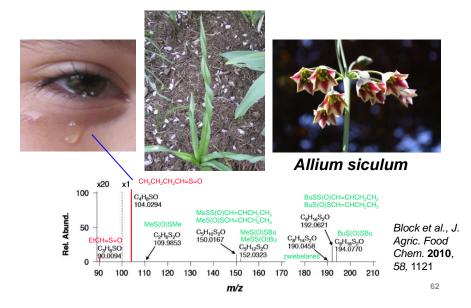
Allium siculum (Nectaroscordum siculum) used as a seasoning in Bulgaria



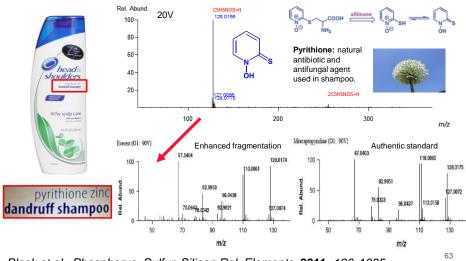
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DART Results

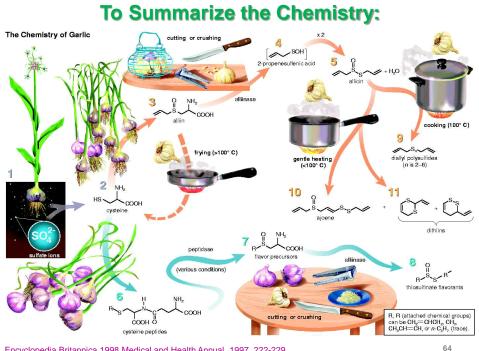
A New Natural Lachrymator: (Z)-Butanethial S-Oxide



Allium stipitatum: DART-MS Analysis Reveals that Major Volatile is a known Antibacterial and Antifungal Agent!



Block et al., Phosphorus, Sulfur, Silicon Rel. Elements, 2011, 186, 1085



Encyclopedia Britannica 1998 Medical and Health Annual, 1997, 222-229



Acknowlegments:

My outstanding coworkers & the National Science Foundation

Selected References:

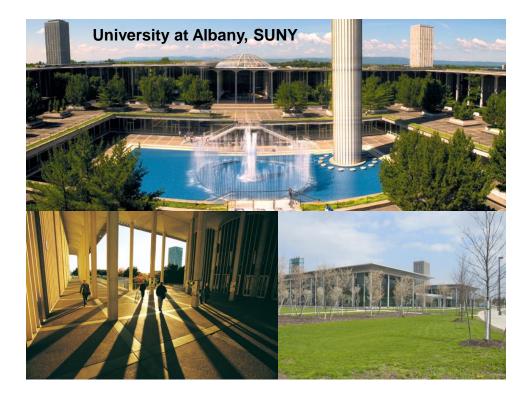
Eric Block, "The Chemistry of Garlic and Onions," *Scientific American* **1985**, *252*, 114-119.

Eric Block, "The Organosulfur Chemistry of the Genus Allium -Implications for Organic Sulfur Chemistry," *Angew. Chem. Int. Ed. Engl.* **1992**, *31*, 1135-1178.

Eric Block, *Garlic and Other Alliums: The Lore and the Science*, Royal Society of Chemistry, Cambridge, UK, 454 pp., 2010. http://www.amazon.com/Garlic-Other-Alliums-Lore-Science/dp/1849731802/ref=sr_1_1?ie=UTF8&s=books&qid=1284407108&sr=1-1

Eric Block, "Fifty Years of Smelling Sulfur," *Journal of Sulfur Chemistry* **2013**, *34*, 158-207.

Alan J. Slusarenko et al., "Allicin: Chemistry and Biological Properties", *Molecules* 2014, *19*, 12591-12618.







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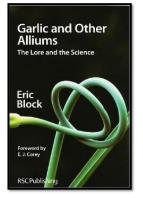
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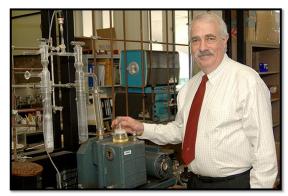


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