Senescent cells inhibit muscle differentiation via the SASP-lipid 15d-PGJ₂ mediated modification and control of HRas

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1 Abstract

Senescent cells, which are characterized by multiple features such as increased 2 expression of Senescence-Associated β -galactosidase activity (SA β -gal) and cell 3 cycle inhibitors such as p21 or p16, accumulate with tissue damage and dysregulate 4 tissue homeostasis. In the context of skeletal muscle, it is known that agents used for 5 chemotherapy such as Doxorubicin cause buildup of senescent cells, leading to the 6 inhibition of tissue regeneration. Senescent cells influence the neighboring cells via 7 8 numerous secreted factors which form the senescence-associated secreted phenotype (SASP). Lipids are emerging as a key component of SASP that can control 9 tissue homeostasis. Arachidonic acid-derived lipids have been shown to accumulate 10 within senescent cells, specifically 15d-PGJ₂, which is an electrophilic lipid produced 11 12 by the non-enzymatic dehydration of the prostaglandin PGD₂. In this study, we show that 15d-PGJ₂ is also released by Doxorubicin-induced senescent cells as a SASP 13 14 factor. Treatment of skeletal muscle myoblasts with the conditioned medium from these senescent cells inhibits myoblast fusion during differentiation. Inhibition of L-15 PTGDS, the enzyme that synthesizes PGD₂, diminishes the release of 15d-PGJ₂ by 16 senescent cells and restores muscle differentiation. We further show that this lipid 17 post-translationally modifies Cys184 of HRas in skeletal muscle cells, causing a 18 reduction in the localization of HRas to the Golgi, increased HRas binding to RAF 19 RBD, and activation of cellular MAPK-Erk signaling (but not the Akt signaling). 20 Mutating C184 of HRas prevents the ability of 15d- PGJ₂ to inhibit the differentiation 21 of muscle cells and control the activity of HRas. This work shows that $15d-PGJ_2$ 22 released from senescent cells could be targeted to restore muscle homeostasis after 23 chemotherapy. 24

25 Introduction

Senescent cells are important drivers of aging and damage-associated loss of tissue 26 homeostasis(Childs et al., 2015). Anti-cancer chemotherapy presents an important 27 context where treatment with chemotherapeutics such as Doxorubicin (Doxo) causes 28 widespread cellular senescence which inhibits tissue homeostasis and regeneration, 29 including in skeletal muscles (Francis et al., 2022). It has been shown that Doxo causes 30 systemic inflammation and leads to the emergence of senescent cells across 31 tissues(Di Leonardo et al., 1994; Hu and Zhang, 2019; Robles and Adami, 1998). 32 Senescent cells negatively affect tissue homeostasis and regeneration by releasing 33 factors including proteins like growth factors, matrix metalloproteases, cytokines, and 34 chemokines, and small molecules like fatty acid derivatives (Campisi, 2005; Coppé et 35 al., 2010; Dilley et al., 2003; Krtolica et al., 2001; Parrinello et al., 2005; Shelton et al., 36 1999; Yang et al., 2006). The release of these factors from senescent cells is called 37 38 the Senescence-Associated Secretory Phenotype (SASP). It is expected that these SASP factors and their mechanisms of action will vary depending on cellular and tissue 39 contexts. Identifying SASP factors and their underlying mechanistic targets will be 40 critical for building an understanding of how senescent cells control tissue 41 homeostasis(Coppé et al., 2010; Davalos et al., 2010). Lipids are a less explored 42 family of SASP factors, and it is important to understand how they affect tissue 43 regeneration(Hamsanathan and Gurkar, 2022). We have previously shown that 44 senescent cells have increased intracellular levels of prostaglandin 15d-PGJ₂(Wiley et 45 al., 2021), a non-enzymatic dehydration product of prostaglandin PGD₂(Shibata et al., 46 2002). In the context of skeletal muscle, PGD₂ and 15d-PGJ₂ have been shown to 47 negatively regulate muscle differentiation via mechanisms that do not depend on a 48 cognate receptor(Hunter et al., 2001; Veliça et al., 2010). Here we study the role of 49 15d-PGJ₂ as a member of the SASP and identify the mechanisms by which it might 50 negatively affect muscle regeneration. 15d-PGJ₂ has been previously shown to 51 covalently modify multiple proteins like MAPK1, MCM4, EIF4A-I, PKM1, GFAP etc. in 52 endothelial and neuronal cells(Marcone and Fitzgerald, 2013; Yamamoto et al., 2011). 53 15d-PGJ₂ was shown to be covalently modifying HRas in NIH3T3, Cos1, and IMR90 54 cell lines(Luis Oliva et al., 2003; Wiley et al., 2021). We further studied HRas as an 55 important target that might mediate the effects of 15d-PGJ₂ on muscle differentiation 56 57 via covalent modification. We investigated HRas as a possible effector of 15d-PGJ₂

because (i) HRas belongs to the Ras superfamily of small molecule GTPases and is 58 a known regulator of key cellular processes(Davis et al., 1983; Harvey, 1964; Kirsten 59 and Mayer, 1967; Vetter and Wittinghofer, 2001). (ii) constitutively active HRas mutant 60 (HRas V12) has been shown to inhibit the differentiation of myoblasts by inhibiting 61 MyoD and Myogenin expression(Konieczny et al., 1989; Lassar et al., 1989; Olson,' et 62 al., 1987; Van Der Burgt et al., 2007). (iii) Downstream signaling of HRas is important 63 for muscle homeostasis as skeletal and cardiac myopathies are observed in 64 individuals carrying constitutively active mutants of HRas(Engler et al., 2021; 65 66 Konieczny et al., 1989; Lee et al., 2010; Olson,' et al., 1987; Scholz et al., 2009; Van Der Burgt et al., 2007). HRas is highly regulated by lipid modifications, it undergoes 67 reversible palmitoylation and de-palmitoylation at C-terminal cysteines, which regulate 68 the intracellular distribution and activity of HRas(Gutierrez et al., 1989; Lu and 69 Hofmann, 1995; Rocks et al., 2005). In this study, we show that 15d-PGJ₂ is 70 synthesized and released by senescent myoblasts upon treatment with Doxo. 15d-71 PGJ₂, taken up by the myoblasts, covalently modifies HRas at cysteine 184 and 72 activates it. We also show that previously reported inhibition of differentiation of 73 myoblasts by 15d-PGJ₂ depends on HRas C-terminal cysteines, notably cysteine 184. 74 75 This study provides a mechanism by which prostaglandins secreted as SASP inhibit the differentiation of myoblasts, affecting muscle homeostasis in patients undergoing 76 chemotherapy. 77

78 Results

Doxorubicin (Doxo) treatment induces senescence in mouse skeletal muscles and C2C12 mouse myoblasts.

Doxorubicin-mediated DNA damage has been shown to induce senescence in cells(Di 81 Leonardo et al., 1994; Hu and Zhang, 2019; Robles and Adami, 1998). Therefore, we 82 injected B6J mice intraperitoneally with Doxorubicin (Doxo) (5mg/kg) every 3 days for 83 9 days and observed induction of DNA damage-mediated senescence in hindlimb 84 skeletal muscles (Fig. S1A). We observed an increase in the expression of p21 and 85 increased nuclear levels of the DNA damage marker vH2A.X in mouse Gastrocnemius 86 muscles (Fig. 1A and B). We also observed a significant increase in the mRNA levels 87 of known senescence markers (p16 and p21), SASP factors (CXCL1, CXCL2, TNF1α, 88 IL6, TGFβ1) in skeletal muscles of mice treated with Doxo compared to that of mice 89

treated with saline (Fig. 1C). These observations suggest that there is induction of
senescence in skeletal muscles of mice upon treatment with Doxo.

C2C12 cells have been shown to undergo senescence after DNA damage, as 92 assessed by an increase in the levels of SA β -gal and known markers of SASP (IL1 α , 93 IL6, CCL2, CXCL2, CXCL10)(Moiseeva et al., 2022). We treated C2C12 myoblasts 94 with Doxo (150 nM) and observed a significant increase in the size of the nuclei (Fig. 95 1D), flattened cell morphology with an increase in the cell size (Fig. 1E), a significant 96 increase in the mRNA levels of cell cycle inhibitor p21 and SASP factors IL6 and TGFβ 97 (Fig. 1F), a significant increase in the protein levels of p21 (Fig. 1G), and an increase 98 99 in the levels of SA β -gal (Fig. 1H) in C2C12 cells treated with Doxo. These observations suggest that C2C12 cells undergo senescence upon treatment with 100 101 Doxo.

102 Doxo-mediated senescence induces synthesis and release of 15d-PGJ₂ in 103 C2C12 myoblasts and mouse skeletal muscle.

Synthesis of prostaglandins by senescent cells has previously been reported (Wiley et 104 al., 2021; Wiley and Campisi, 2021). Specifically, levels of PGD₂ and its metabolite 105 15d-PGJ₂ have been shown to be significantly increased in senescent cells. Therefore, 106 we measured the levels of mRNA of enzymes involved in the synthesis of PGD₂/15d-107 PGJ₂ (PTGS1, PTGS2, and PTGDS), in the gastrocnemius muscle of mice after 108 treatment with Doxo. We observed a significant increase in the mRNA levels of 109 PTGS1, PTGS2, and PTGDS enzymes in the skeletal muscle of mice treated with 110 Doxo (Fig. 1C). We also observed a time-dependent increase in the mRNA levels of 111 112 PTGS1, PTGS2, PTGDS, and PTGES enzymes in C2C12 cells treated with Doxo compared to Day 0 (Fig. 1I). Expression of enzyme PTGES was elevated on Day 4, 113 whereas the expression of Prostaglandin D synthase (PTGDS) increased only after 114 Day 8, reaching maximum expression on Day 12. These observations suggest an 115 increase in the synthesis of prostaglandins in senescent cells. 116

117 15d-PGJ₂ is a non-enzymatic dehydration product of PGD₂(Shibata et al., 2002). We 118 observed an increase in the mRNA levels of synthetic enzymes of 15d-PGJ₂ in 119 senescent C2C12 cells. Therefore, we measured the levels of 15d-PGJ₂ released by 120 senescent C2C12 cells using targeted mass spectrometry (Fig. S1C, D, E, and F). The 121 concentration of 15d_PGJ₂ was quantified by monitoring the transition of the m/z of 122 ions from 315.100 \rightarrow 271.100 using a SCIEX 6500 mass spectrometer. We plotted a standard curve using purified 15d-PGJ₂ (Fig. S1F) to quantify the concentration of 15d-123 PGJ₂. We used the representative peaks from the conditioned medium collected from 124 C2C12 cells incubated in 0.2% serum medium for 3 days (Quiescent cells) and C2C12 125 cells treated with Doxo (150 nM) (Senescent cells) to measure the concentration of 126 15d-PGJ₂ released by quiescent cells or senescent C2C12 cells. We observed a 127 significant increase (~100 fold) in the concentration of 15d-PGJ₂ in the conditioned 128 medium from senescent cells as compared to that in quiescent cells (Fig. 1J). This 129 suggests that senescent C2C12 cells release 15d-PGJ₂ in the medium. 130

Prostaglandin PGD₂ and its metabolites in the conditioned medium of senescent cells inhibit the differentiation of C2C12 myoblasts.

133 15d-PGJ₂ (the final non-enzymatic dehydration product of PGD₂) has been shown to inhibit the differentiation of myoblasts(Hunter et al., 2001). We observed the release 134 of 15d-PGJ₂ by senescent cells, showing that 15d-PGJ₂ is a SASP factor (Fig. 1F). 135 Conditioned medium of senescent cells inhibits the differentiation of myoblasts in 136 myotonic dystrophy type 1(Conte et al., 2023). Therefore, we tested whether 15d-137 PGJ₂, the terminal dehydration product of PGD₂, is required for the inhibitory effect of 138 SASP on the differentiation of myoblasts. We treated C2C12 myoblasts with the 139 conditioned medium of senescent cells or senescent cells treated with 30 µM of AT-56 140 (a well-characterized inhibitor of prostaglandin D synthase (PTGDS))(Hu et al., 2021; 141 S. Hu et al., 2023; Shunfeng Hu et al., 2023; Irikura et al., 2009) and measured the 142 differentiation of myoblasts by calculating the fusion index. We observed a significant 143 decrease (~20%) in the fusion index of the C2C12 myoblasts treated with the 144 conditioned medium of senescent cells (Fig. 2A), suggesting that SASP factors 145 decrease the differentiation of myoblasts. This decrease in the inhibition was rescued 146 in myoblasts treated with the conditioned medium of senescent cells treated with AT-147 56 (Fig. 2A). This suggests that prostaglandins PGD₂/15d-PGJ₂ released by 148 senescent cells as SASP factors can inhibit the differentiation of myoblasts. 149

150 15d-PGJ₂ inhibits the proliferation and differentiation of mouse and human 151 myoblasts.

152 15d-PGJ₂ has been shown to affect the proliferation of cancer cell lines, both positively
and negatively (Chen et al., 2003; Choi et al., 2020; Slanovc et al., 2024; Yen et al.,

154 2014). We measured the effect of 15d-PGJ₂ on the proliferation of C2C12 myoblasts. 155 We treated C2C12 myoblasts with 15d-PGJ₂ (10 µM) or DMSO in DMEM 10% Serum 156 medium for 72 hours and observed a significant decrease in the proliferation of C2C12 157 cells after treatment with 15d-PGJ₂ (Fig. 2B). The doubling time of C2C12 cells was 158 also increased upon treatment with 15d-PGJ₂ (57.24 hours) compared to DMSO 159 (13.76 hours). This suggests that 15d-PGJ₂ decreases the proliferation of C2C12 160 myoblasts.

We measured the differentiation of C2C12 mouse and primary human myoblasts after 161 treatment with 15d-PGJ₂. To rule out the toxic effects of 15d-PGJ₂ on cell physiology, 162 163 we treated C2C12 cells with 15d-PGJ₂ (1 μ M, 2 μ M, 4 μ M, 5 μ M, and 10 μ M) in the C2C12 differentiation medium, and measured the viability of cells after 24 hours of 164 165 treatment, using an MTT viability assay. We judged that 15d-PGJ₂ was not cytotoxic up to 5 µM in the C2C12 differentiation medium (Fig. S2A). Based on this, we treated 166 differentiating myoblasts with 15d-PGJ₂ (1 µM, 2 µM, and 4 µM) for 5 days to measure 167 the effects of 15d-PGJ₂ treatment on differentiation of myoblasts. We observed a dose-168 dependent decrease in the mRNA levels of MyoD, MyoG, and MHC in differentiating 169 C2C12 cells after treatment with 15dPGJ₂ (Fig. 2C). There was a significant decrease 170 in the no. of nuclei in individual MHC^{+ve} fiber (~75%) in C2C12 cells treated with 15d-171 PGJ₂ (4 µM) compared to DMSO (Fig. 2D), suggesting a decrease in the fusion of 172 myoblasts in myotubes. We also observed a dose-dependent decrease in the protein 173 levels of MHC in differentiating primary human myoblasts upon treatment with 15d-174 PGJ_2 (Fig. 2E). Together, these observations suggest that $15d-PGJ_2$ inhibits the 175 differentiation of both mouse and human myoblasts. 176

177 Biotinylated 15d-PGJ₂ covalently modifies HRas at Cysteine 184.

15d-PGJ₂ has been shown to covalently modify several proteins including p53 and NF-178 κB, which are involved in several key biological processes (Marcone and Fitzgerald, 179 2013). HRas was identified to be covalently modified by 15d-PGJ₂ at cysteine 184 in 180 NIH3T3 and Cos1 cells(Luis Oliva et al., 2003). Therefore, we tested whether 15d-181 PGJ₂ could covalently modify HRas in C2C12 cells. We treated C2C12 cells 182 expressing the EGFP-tagged wild-type HRas with biotinylated 15d-PGJ₂ (5 µM). We 183 then immunoprecipitated biotinylated 15d-PGJ₂ using streptavidin. We observed a 184 significant increase (~3.5 fold) in the pulldown of HRas upon treatment with 15d-PGJ₂-185

biotin compared to DMSO (Fig. 3A), suggesting an interaction between 15d-PGJ₂ and 186 HRas. To measure the role of individual C-terminal cysteines in the binding of HRas 187 with 15d-PGJ₂, we treated C2C12 cells expressing the EGFP-tagged C181S and 188 C184S mutants of HRas with biotinylated 15d-PGJ₂ (5 µM), and immunoprecipitated 189 using streptavidin. We observed that the intensity of EGFP-tagged HRas was 190 significantly decreased in cells expressing the C184S mutant (~80% decrease 191 compared to HRas WT) but not in those expressing the C181S mutant (Fig. 3A). This 192 suggests that 15d-PGJ₂ covalently modifies HRas at cysteine 184 in C2C12 cells. 193

194 15d-PGJ₂ increases the FRET between EGFP-HRas and mCherry-RAF-RBD in wild-type and C181S mutant but not in the C184S mutant of HRas.

We next tested the effect of covalent modification of HRas by 15d-PGJ₂ on HRas 196 197 GTPase activity using FRET. mCherry-RAF-RBD is a well-characterized sensor of the activity of HRas. RAF-RBD binds to the activated HRas upon activation of HRas, 198 allowing FRET between EGFP and mCherry(Rocks et al., 2005). We co-expressed 199 EGFP-tagged HRas (EGFP-HRas) with mCherry-RAF-RBD in C2C12 myoblasts (Fig. 200 3B). We measured the efficiency of FRET between EGFP and mCherry using an 201 ImageJ plugin, FRET analyzer(Hachet-Haas et al., 2006). We compared the mean 202 acceptor normalized FRET index in C2C12 myoblasts co-expressing EGFP-HRas WT 203 and mCherry-RAF-RBD before and after treatment of 15d-PGJ₂ (10 µM) for 1 hour. 204 We observed a significant increase (~30%) in the mean acceptor normalized FRET 205 index upon treatment with 15d-PGJ₂ (Fig. 3C). This suggests that 15d-PGJ₂ activates 206 HRas. To measure the role of individual C-terminal cysteines in 15d-PGJ₂ mediated 207 208 activation of HRas, we co-expressed EGFP-HRas C181S or C184S with mCherry-RAF-RBD in C2C12 myoblasts. We measured the mean acceptor normalized FRET 209 index before and after 1 hour of treatment with 15d-PGJ₂ (10 μ M). We observed a 210 significant increase (~40%) in the mean acceptor normalized FRET index in cells 211 expressing EGFP-HRas C181S upon treatment with 15d-PGJ₂ but not in cells 212 expressing EGFP-HRas C184S (Fig. 3D). These observations suggest that activation 213 of HRas by 15d-PGJ₂ occurs in a cysteine 184 dependent manner. 214

15d-PGJ₂ increases phosphorylation of Erk (Thr202/Tyr204) but not Akt (S473) in C2C12 myoblasts.

HRas regulates two major downstream signaling pathways, the MAP kinase (MAPK) 217 pathway and the PI3 kinase (PI3K) pathway(Pylayeva-Gupta et al., 2011). We tested 218 the effects of treatment with 15d-PGJ₂ on these two downstream signaling pathways 219 by measuring the phosphorylation of Erk (42 kDa and 44 kDa) and Akt proteins in 220 C2C12 cells. We treated C2C12 cells with 15d-PGJ₂ (5 µM and 10 µM) or DMSO for 221 1 hr (after 24 hrs. of serum starvation) and observed a dose-dependent increase in 222 the phosphorylation of Erk (T202/Y204) (42 kDa) but not of Erk (44 kDa) (Fig. 3E). We 223 did not observe an increase in the phosphorylation of Akt (S473) in C2C12 cells after 224 treatment with 15d-PGJ₂ (Fig. S3C). These observations suggest that 15d-PGJ₂ 225 activates the MAPK signaling pathway, but not the PI3K signaling pathway. 226

15d-PGJ₂ contains a reactive electrophilic center in its cyclopentenone ring, that can 227 react with cysteine residues of proteins(Luis Oliva et al., 2003). We tested its role in 228 activating the MAPK signaling pathway. We measured the phosphorylation of Erk 229 (42kDa and 44 kDa) in C2C12 cells after treatment with cells with 9,10-dihydro-15d-230 PGJ₂ (10 µM), a 15d-PGJ₂ analog which is devoid of the electrophilic center, for 1 hr 231 (after 24 hr. of serum starvation). We observed that the phosphorylation of Erk (42 kDa 232 and 44 kDa) in C2C12 cells treated with 9,10-dihydro-15d-PGJ₂ was significantly 233 reduced (~70%) as compared to the treatment with 15d-PGJ₂ (Fig. 3F). This shows 234 that 15d-PGJ₂ activates the HRas-MAPK signaling pathway via the electrophilic center 235 in its cyclopentenone ring. 236

15d-PGJ₂ increases the localization of EGFP-tagged HRas at the plasma membrane compared to the Golgi in a C-terminal cysteine-dependent manner.

239 15d-PGJ₂ covalently modifies cysteine 184 and activates HRas signaling (Fig. 3). Reversible palmitoylation of cysteine 181 and cysteine 184 in the C-terminal tail of 240 HRas regulate intracellular distribution and signaling of HRas. Inhibition of 241 palmitoylation of the C-terminal cysteine 181, either by a palmitoylation inhibitor 2-242 Bromopalmitate or by mutation to serine, causes accumulation of HRas at the Golgi 243 compared to the plasma membrane and alters activity (Rocks et al., 2005). Therefore, 244 we tested whether the modification of 15d-PGJ₂ alters the intracellular distribution of 245 HRas. We co-expressed the EGFP-tagged wild type and the cysteine mutants of HRas 246 (EGFP-HRas WT/C181S/C184S) with a previously reported marker of Golgi(Shaner 247 et al., 2008) in C2C12 cells and stained the cells with plasma membrane marker WGA-248

633 (Fig. 4A). We compared R_{mean}, the ratio of mean EGFP-HRas intensity at the Golgi 249 to the mean HRas intensity at the plasma membrane, to measure the distribution of 250 HRas between the plasma membrane and the Golgi. We measured the intracellular 251 distribution of HRas between the Golgi and the plasma membrane in C2C12 cells after 252 treatment with 15d-PGJ₂ (10 µM) for 24 hours in DMEM 10% serum medium and 253 observed a significant decrease (~20%) in the R_{mean} of C2C12 cells expressing the 254 wild-type HRas after treatment with 15d-PGJ₂ (Fig. 4B). However, we did not observe 255 a change in the Rmean of C2C12 cells expressing HRas C181S or HRas C184S after 256 257 treatment with 15d-PGJ₂ (Fig. 4C). These observations suggest that 15d-PGJ₂ increases the localization of HRas at the plasma membrane as compared to that in 258 the Golgi in an HRas C-terminal cysteine-dependent manner. 259

15d-PGJ₂ mediated inhibition of differentiation of C2C12 cells is rescued by C181S and C184S mutants of HRas.

HRas inhibits the differentiation of C2C12 myoblasts(Engler et al., 2021; Konieczny et 262 al., 1989; Lassar et al., 1989; Lee et al., 2010; Olson,' et al., 1987; Scholz et al., 2009; 263 Van Der Burgt et al., 2007).15d-PGJ₂ covalently modifies cysteine 184 and activates 264 HRas (Fig. 3). Therefore, we tested whether the inhibition of myoblast differentiation 265 by 15d-PGJ₂ depends on the activation of HRas signaling by modification of the C-266 terminal cysteine 184. We expressed the wild-type and the cysteine mutants of HRas 267 (EGFP-HRas WT/C181S/C184S) in C2C12 myoblasts and treated the cells with 15d-268 PGJ₂ (4 µM) or DMSO during differentiation. We observed a decrease in the levels of 269 mRNA of MHC in C2C12 cells expressing HRas WT and HRas C181S after 5 days of 270 271 treatment with 15d-PGJ₂. We did not observe this in expressing HRas C184S (Fig. 4D). We also observed a significant decrease in the protein levels of MHC in 272 273 differentiating C2C12 cells expressing HRas WT and HRas C181S after treatment with 15d-PGJ₂ (Fig. 4E). This decrease was partially rescued in cells expressing HRas 274 C184S (Fig. 4E). These observations suggest that the inhibition of myoblast 275 differentiation by 15d-PGJ₂ depends on modification of HRas C-terminal cysteine 184. 276

277 Discussion

278 Senescence is characterized by an irreversible arrest in cell proliferation(Hayflick, 279 1965). Cells undergo senescence because of a myriad of stresses, including DNA 280 damage, mitochondrial damage, and oncogene overexpression(Bihani et al., 2007,

2004; Casar et al., 2018; Chen and Ames, 1994; Chen et al., 1998; Coppé et al., 2008; 281 D'Adda Di Fagagna, 2008; D'Adda Di Fagagna et al., 2003; Di Leonardo et al., 1994; 282 Franza et al., 1986; Land et al., 1983; Robles and Adami, 1998; Serrano et al., 1997; 283 Wiley et al., 2016; Woods et al., 1997). Senescent cells exhibit a multi-faceted 284 physiological response, where they exhibit a flattened morphology, increase in cell 285 size(Chen and Ames, 1994; Serrano et al., 1997), upregulation of tumor suppressor 286 proteins(Calabrese et al., 2009; Lowe et al., 2004; Stein et al., 1990; Zindy et al., 287 2003), expression of neutral pH active β -galactosidase (SA β -gal)(Dimri et al., 1995; 288 289 Lee et al., 2006), and altered metabolic state(Bittles and Harper, 1984; Jones et al., 2005; Wiley and Campisi, 2021, 2016; Zwerschke et al., 2003). Arachidonic acid 290 metabolism is upregulated in senescent cells, which leads to increased synthesis of 291 eicosanoid prostaglandins, which regulate the physiology of senescent cells(Wiley et 292 al., 2021; Wiley and Campisi, 2021). Senescent cells exhibit a secretory phenotype 293 (SASP) consisting of a variety of bioactive molecules including cytokines and 294 chemokines, growth factors, matrix metalloproteases, etc(Coppé et al., 2008). 295 Senescent cells influence the surrounding cells via the SASP factors, which regulate 296 proliferation, migration, and other cell biological processes in the neighboring 297 298 cells(Campisi, 2005). SASP-mediated perturbations in the microenvironment are implicated in several senescence-associate pathologies(Wiley and Campisi, 2021). 299 300 Senescent fibroblasts increase the proliferation of premalignant and malignant epithelial cells(Krtolica et al., 2001). Conditioned medium of senescent fibroblasts 301 302 promoted tumorigenesis in mouse keratinocytes(Dilley et al., 2003). Senescent fibroblasts transform pre-malignant breast cancer cells into invasive, tumor-forming 303 cells(Parrinello et al., 2005). Senescence in muscle stem cells induces sarcopenia via 304 activation of the p38 MAP kinase pathway and transient inhibition of the p38 MAP 305 kinases rejuvenates aged muscle stem cells to ameliorate sarcopenia (Cosgrove et al., 306 2014). Senescent cells inhibit the differentiation of myoblasts by secretion of IL6 by 307 senescent muscle stem cells in myotonic dystrophy(Conte et al., 2023). 308

In this study, we show that senescent myoblasts synthesize and release eicosanoid prostaglandin 15-deoxy- $\Delta^{12,14}$ -prostaglandin J₂ (15d-PGJ₂) (Fig. 1I and J), the terminal non-enzymatic dehydration product of prostaglandin PGD₂(Shibata et al., 2002). We used Doxorubicin (Doxo) to induce senescence in C2C12 myoblasts and showed that the conditioned medium of senescent C2C12 cells inhibits differentiation of C2C12

myoblasts (Fig. 2A). Inhibition of synthesis of PGD₂ by treatment of senescent cells 314 with AT-56, a well-characterized inhibitor of prostaglandin D synthase(Hu et al., 2021; 315 S. Hu et al., 2023; Shunfeng Hu et al., 2023; Irikura et al., 2009), rescued this inhibitory 316 effect of the conditioned medium on the differentiation of myoblasts (Fig. 2A). A study 317 has shown that prostaglandin PGD₂ inhibits differentiation of C2C12 myoblasts(Velica 318 et al., 2010), but the authors noted that knockout of DP1 and DP2 (the known receptors 319 of prostaglandins PGD₂) does not abrogate inhibition of differentiation of myoblasts by 320 PGD₂. This observation suggested that PGD₂ might inhibit the differentiation of 321 322 myoblasts by a receptor-independent mechanism, possibly by its spontaneous nonenzymatic dehydration to 15d-PGJ₂. 15d-PGJ₂ has been suggested to be an 323 endogenous ligand of PPARy(Li et al., 2019). However, the inhibition of PPARy did not 324 abrogate the inhibition of differentiation of C2C12 myoblasts by 15d-PGJ₂, suggesting 325 the existence of other possible mechanisms(Hunter et al., 2001). 15d-PGJ₂ has varied 326 effects on cell physiology in a context-dependent manner. On one hand, 15d-PGJ₂ 327 promotes tumorigenesis by inducing epithelial to mesenchymal transition in breast 328 cancer cell line MCF7(Choi et al., 2020), 15d-PGJ₂ inhibits the proliferation of A549, 329 H1299, and H23 lung adenocarcinoma cells via induction of ROS and activation of 330 331 apoptosis(Slanovc et al., 2024). Here, we show that 15d-PGJ₂ inhibits the proliferation and the differentiation of C2C12 myoblasts (Fig. 2B, C and D). 332

15d-PGJ₂ contains an electrophilic cyclopentenone ring in its structure, allowing 15d-333 PGJ₂ to covalently modify and form Michael adducts with cysteine residues of 334 proteins(Shibata et al., 2002). A previous proteomic study in endothelial cells showed 335 biotinylated 15d-PGJ₂ covalently modified over 300 proteins, which regulate several 336 physiological processes including cell cycle (MAPK1, MCM4), cell metabolism (Fatty 337 acid synthase, Isocitrate dehydrogenase), apoptosis (PDCD6I), translation 338 (Elongation factor 1 and 2, EIF4A-I), intracellular transport (Importin subunit β 1, 339 Exportin 2, Kinesin 1 heavy chain)(Marcone and Fitzgerald, 2013). Another proteomic 340 study in neuronal cells suggested that 15d-PGJ₂ modifies several proteins including 341 chaperone HSP8A, glycolytic proteins Enolase 1 and 2, GAPDH, PKM1, cytoskeleton 342 proteins Tubulin β 2b, β actin, GFAP, etc(Yamamoto et al., 2011). This study also 343 showed modification of peptide fragments homologous to $I\kappa B$ kinase β , Thioredoxin, 344 and a small molecule GTPase HRas. 15d-PGJ₂ has been shown to covalently modify 345 346 HRas in NIH3T3 and Cos1 cells(Luis Oliva et al., 2003) and IMR90 cells(Wiley et al.,

2021). Modification by 15d-PGJ₂ led to the activation of HRas, judged by an increase 347 in GTP-bound HRas. It is clear that 15d-PGJ₂ is capable of modifying numerous 348 proteins in different contexts. Despite these observations, the functional relevance of 349 these modifications in numerous contexts remains to be mapped. Here we focused on 350 the role of $15d-PGJ_2$ in the context of senescence and skeletal muscle differentiation. 351 In this study, we showed that 15d-PGJ₂ covalently modifies HRas at cysteine 184 but 352 not cysteine 181 in C2C12 myoblasts (Fig. 3A). We showed by FRET microscopy that 353 modification of HRas by 15d-PGJ₂ in HRas WT and HRas C181S activates HRas in 354 355 C2C12 cells, but 15d-PGJ₂ is unable to activate HRas C184S in this context (Fig. 3B, C, and D and Fig. S3A and B). This observation shows a direct link between the 356 modification of HRas by 15d-PGJ₂ and the activation of HRas GTPase. 357

358 HRas activates two major downstream signaling pathways, the HRas-MAPK and the HRas-PI3K pathway(Pylayeva-Gupta et al., 2011). We showed that covalent 359 modification of HRas by 15d-PGJ₂ via the electrophilic cyclopentenone ring activates 360 HRas (Fig. 3C and D) and activates the HRas-MAPK pathway, demonstrated by an 361 increase in the phosphorylation of Erk after treatment with 15d-PGJ₂ (Fig. 3E and F). 362 However, we did not observe activation of the HRas-PI3K pathway, as we did not see 363 an increase in the phosphorylation of Akt after treatment with 15d-PGJ₂ (Fig. S3C). 364 MAPK and PI3K pathways are known regulators of muscle differentiation (Bennett and 365 Tonks, 1997; Rommel et al., 1999), where inhibition of the RAF-MEK-Erk pathway or 366 activation of the PI3K pathway promotes the differentiation of myoblasts. Preferential 367 activation of the HRas-MAPK pathway over the HRas-PI3K pathway after treatment 368 with 15d-PGJ₂ can be a possible mechanism by which 15d-PGJ₂ can inhibit the 369 differentiation of myoblasts. HRas is known to regulate the differentiation of myoblasts 370 in different contexts. Constitutively active HRas signaling by expression of oncogenic 371 HRas mutant (HRas V12) leads to inhibition of differentiation of myoblasts(Konieczny 372 et al., 1989; Lassar et al., 1989; Olson,' et al., 1987; Van Der Burgt et al., 2007). Here 373 we showed that the inhibition of differentiation of myoblasts after 15d-PGJ₂ is partially 374 rescued in cells expressing the C184S mutant of HRas but not the wild type or the 375 C181S mutant (Fig. 4D and E and S4E). HRas C184S did not get modified by 15d-376 PGJ₂ (Fig. 3A). These observations suggest that the inhibition of differentiation of 377 myoblasts by 15d-PGJ₂ is partially dependent on the covalent modification of HRas by 378 15d-PGJ₂. 379

Cysteine 181 and 184 in the C-terminal of HRas regulate the intracellular distribution 380 of HRas between the plasma membrane and the Golgi by reversible palmitoylation 381 and de-palmitoylation(Rocks et al., 2005). Inhibition of the palmitoylation of C-terminal 382 cysteine 181, either by treatment with protein palmitoylation inhibitor 2-bromopalmitate 383 or mutation of cysteine to serine, leads to accumulation of HRas at the Golgi. 384 Intracellular localization of HRas maintains two distinct pools of HRas activity, where 385 the plasma membrane pool shows a faster activation followed by short kinetics and 386 the Golgi pool shows a slower activation but a sustained activation(Agudo-Ibáñez et 387 388 al., 2015; Busquets-Hernández and Triola, 2021; Lorentzen et al., 2010; Rocks et al., 2005). We showed that the covalent modification of HRas by 15d-PGJ₂ alters the 389 intracellular distribution of HRas. We showed that the covalent modification of HRas 390 by 15d-PGJ₂ leads to an increase in the localization of the wild-type HRas at the 391 plasma membrane compared to the Golgi (Fig. 4B). We did not observe any changes 392 in the intracellular distribution of HRas C181S or HRas C184S after treatment with 393 15d-PGJ₂ (Fig. 4C). HRas C184S is not modified by 15d-PGJ₂, but HRas C181S is 394 modified by 15d-PGJ₂ (Fig. 3A). This suggests that the intracellular redistribution of 395 HRas due to covalent modification by 15d-PGJ₂ at cysteine 184 requires 396 397 palmitoylation of cysteine 181.

Previous reports suggest that downstream signaling of HRas depends on the 398 intracellular localization of HRas(Rocks et al., 2005; Santra et al., 2019). For example, 399 targeted localization of HRas at the ER membrane induced expression of cell-400 migration genes. Localization of HRas at the plasma membrane showed a strong 401 correlation with the expression of cell cycle genes, particularly the MAPK signaling 402 pathway. Localization of HRas at the plasma membrane also showed a negative 403 correlation with genes associated with the PI3K-Akt pathway. Here we showed that 404 the intracellular distribution of HRas regulates differentiation of myoblasts. In order to 405 show this, we used the constitutively active mutant of HRas (HRas V12) which has 406 been shown to inhibit the differentiation of myoblasts(Engler et al., 2021; Konieczny et 407 al., 1989; Lassar et al., 1989; Olson,' et al., 1987; Scholz et al., 2009; Van Der Burgt 408 et al., 2007). We expressed cysteine mutants of HRas V12 in C2C12 myoblasts and 409 found that HRas V12 C181S localized predominantly at the Golgi whereas HRas V12 410 and HRas V12 C184S localized at both the plasma membrane and the Golgi (Fig. 411 412 S4A). When differentiated, we observed that C2C12 cells expressing HRas V12

C181S differentiated but HRas V12 or HRas V12 C184S did not differentiate (Fig. S4B,
C, and D). These observations suggest alteration of intracellular distribution of HRas
affects the HRas-mediated inhibition of the differentiation of myoblasts.

Doxorubicin (Doxo) is a widely used chemotherapy agent for the treatment of 416 cancers(Johnson-Arbor and Dubey, 2022). Treatment with Doxo induces senescence. 417 Doxo-mediated DNA damage leads to p53, p16, and p21-dependent senescence in 418 human fibroblasts(Di Leonardo et al., 1994; Robles and Adami, 1998). On the other 419 420 hand, treatment with doxorubicin leads to a decrease in muscle mass and crosssectional area, leading to chemotherapy-induced cachexia(Hiensch et al., 2020). 421 Several mechanisms have been proposed behind chemotherapy-induced cachexia, 422 including the generation of reactive oxygen species(Gilliam and St. Clair, 2011), 423 activation of proteases like calpain and caspases(Gilliam et al., 2012; Smuder et al., 424 2011), and impaired insulin signaling (de Lima Junior et al., 2016). This study provides 425 a possible mechanism behind chemotherapy-induced loss of muscle mass and 426 functioning. Induction of senescence in myoblasts by treatment with Doxo could lead 427 to increased synthesis and release of 15d-PGJ₂ by senescent cells which could be 428 taken up by myoblasts in the microenvironment. The lipid could covalently modify and 429 activate HRas at cysteine 184 to inhibit the differentiation of myoblasts. Therefore, 430 targeting the synthesis and release of 15d-PGJ₂ by senescent cells could serve as an 431 important target to promote skeletal muscle homeostasis in cancer patients. 432

433 Figures

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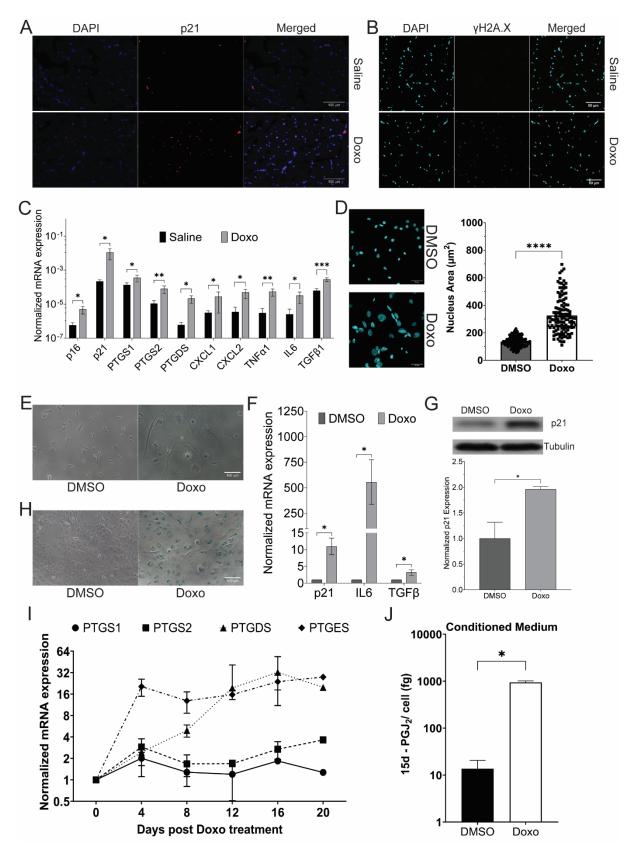
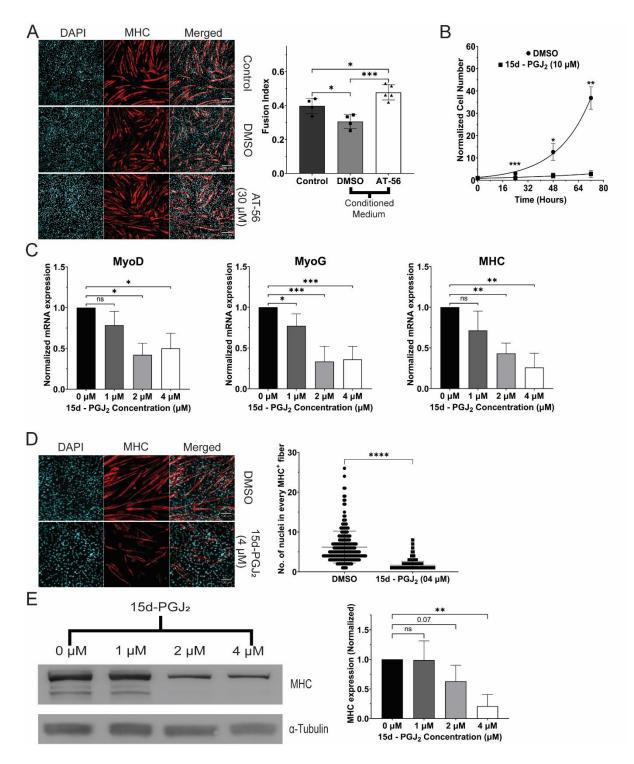


Figure 1. Prostaglandin synthesis and release by Doxo-induced senescent
 cells inhibits myoblast differentiation.

- A. Expression and localization of tumor suppressor protein p21, measured by
 immunofluorescence, in hindlimb skeletal muscles of mice after 11 days of
 treatment with Doxo (5 mg/kg) or Saline.
- B. Representative confocal micrograph of expression of γH2A.X in the
 gastrocnemius muscle of mice treated with Doxo (5 mg/kg) or Saline.
- C. Expression of mRNAs of senescence markers (p16 and p21), SASP factors
 (CXCL1, CXCL2, TNFα1, IL6, TGFβ1), and enzymes involved in the
 biosynthesis of prostaglandin PGD₂/15d-PGJ₂ (PTGS1, PTGS2, PTGDS),
 measured by qPCR, in hindlimb skeletal muscles of mice after 11 days of
 treatment with Doxo (5 mg/kg) or Saline.
- D. A representative confocal micrograph and a scatter plot of the nuclear area of
 C2C12 myoblasts, measured by immunofluorescence, after 16 days of
 treatment with Doxo (150 nM) or DMSO.
- 450 E. A representative widefield micrograph of cell morphology in C2C12 myoblasts 451 after 16 days of treatment with Doxo (150 nM) or DMSO.
- 452 F. Expression of mRNA of cell cycle inhibitor p21 and SASP factors (IL6 and 453 TGF β), measured by qPCR, in C2C12 myoblasts after 16 days of treatment 454 with Doxo (150 nM) or DMSO.
- 455 G. Expression of cell cycle inhibitor p21, measured by immunoblot, in C2C12 456 myoblasts after 16 days of treatment with Doxo (150 nM) or DMSO.
- 457 H. Activity of Senescence Associated β-galactosidase (SA β-gal), measured by X-458 gal staining at pH~6, in C2C12 myoblasts after 16 days of treatment with Doxo 459 (150 nM) or DMSO.
- 460 I. Expression of mRNAs of prostaglandin biosynthetic enzymes, measured by
 461 qPCR, in C2C12 myoblasts after treatment with Doxo (150 nM) or DMSO.
- J. Concentration of 15d-PGJ₂ released from quiescent or senescent C2C12 cells.
- 464 *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)



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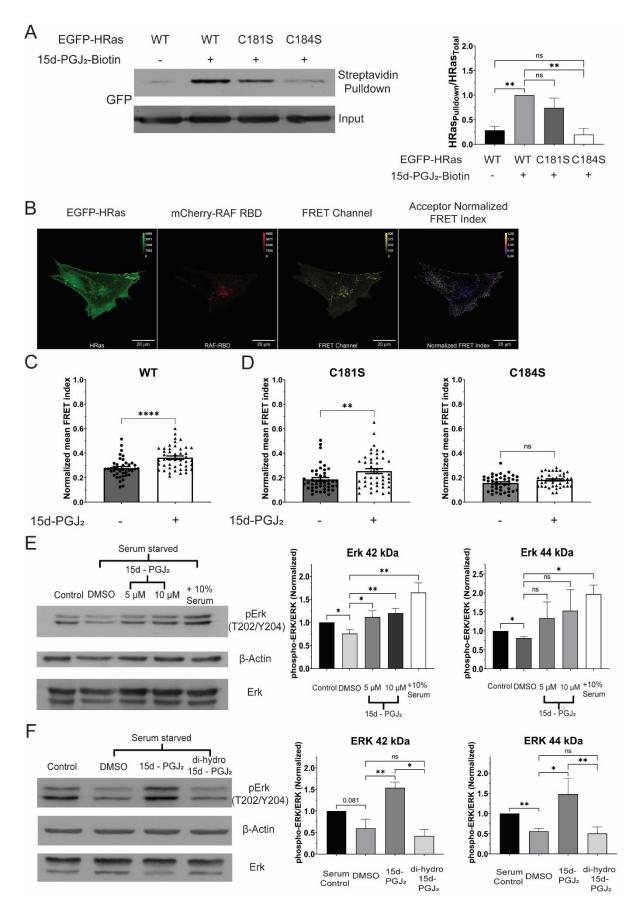
466

Figure 2. 15d-PGJ₂ inhibits differentiation of myoblasts.

- A. Expression of MHC protein and the fusion of myoblasts in myotubes, measured
 by immunofluorescence, after treatment with conditioned medium of senescent
 cells treated with PTGDS inhibitor AT-56 (30 μM) or DMSO
- 470 B. Normalized number of C2C12 myoblasts treated with 15d-PGJ₂ (10 μ M) or 471 DMSO

472 C. Expression of mRNAs of markers of differentiation (MyoD, MyoG, and MHC),

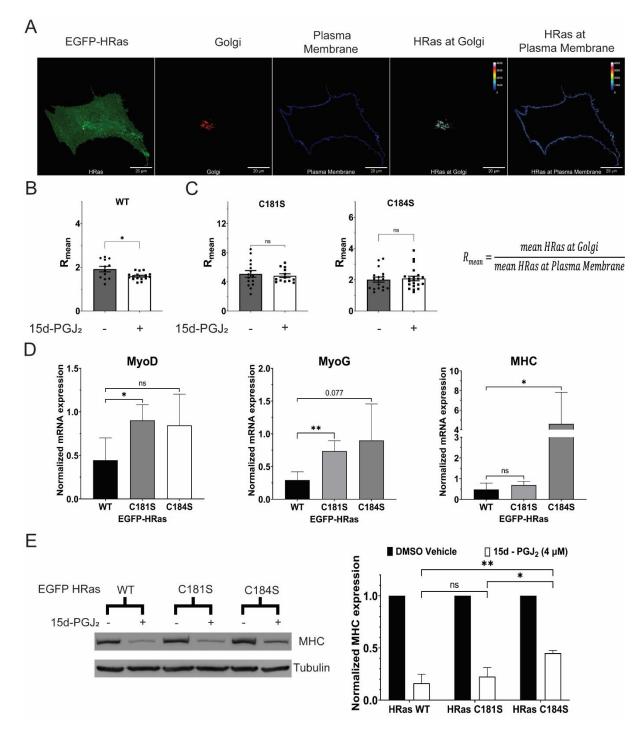
- 473 measured by qPCR, in C2C12 myoblasts treated with 15d-PGJ₂ (1 μ M, 2 μ M, 474 or 4 μ M) or DMSO.
- 475 D. Expression of MHC protein and the fusion of myoblasts in syncytial myotubes, 476 measured by immunofluorescence, after treatment with $15d-PGJ_2$ (4 μ M) or 477 DMSO.
- 478 E. Expression of MHC protein, measured by immunoblotting, in primary human 479 skeletal myoblasts after treatment with 15d-PGJ₂ (1 μ M, 2 μ M, or 4 μ M) or 480 DMSO for 5 days.
- 481 (Statistical significance was tested by the two-tailed student's t-test ns=p>0.05, 482 *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)



483

Figure 3. 15d-PGJ₂ covalently modifies HRas at Cysteine 184 and activates the HRas-MAPK pathway via the electrophilic cyclopentenone ring.

- A. Streptavidin-immunoprecipitation of EGFP-HRas, measured by
 immunoblotting, in C2C12 cells after 3 hours of treatment with 15d-PGJ₂-Biotin
 (5 μM).
- B. Representative confocal micrograph of Fluorescence Resonance Energy
 Transfer (FRET) between EGFP-tagged HRas (EGFP-HRas) and mCherry tagged Ras binding domain (RBD) of RAF kinase (mCherry-RAF RBD).
- C. Activation of the EGFP-tagged wild type HRas (HRas WT), measured by FRET,
 before and after 1 hour of treatment with 15d-PGJ₂ (10 μM) after starvation for
 24 hours.
- 495 D. Activation of the EGFP-tagged C-terminal cysteine mutants of HRas (HRas 496 C181S and HRas C184S), measured by FRET, before and after 1 hour of 497 treatment with $15d-PGJ_2$ (10 µM) after starvation for 24 hours.
- 498 E. Phosphorylation of Erk (42 kDa and 44 kDa), measured by immunoblotting, in 499 C2C12 cells after 1 hour of treatment with 15d-PGJ₂ (5 μ M, 10 μ M) or DMSO 500 after starvation for 24 hours.
- 501 F. Phosphorylation of Erk (42 kDa and 44 kDa), measured by immunoblotting, in 502 C2C12 cells after 1 hour of treatment with 15d-PGJ₂ (10 μ M)/ 9,10-dihydro-15d-503 PGJ₂ (10 μ M) or DMSO after starvation for 24 hours.
- 504 (Statistical significance was tested by the two-tailed student's t-test ns=p>0.05, 505 *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)



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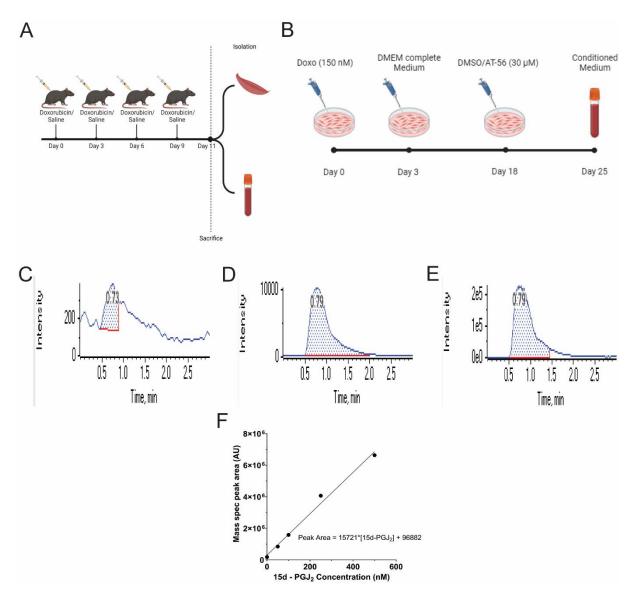
Figure 4. 15d-PGJ₂ controls the intracellular distribution of HRas and differentiation of C2C12 cells in an HRas C-terminal cysteine-dependent manner.

510A. Representative confocal micrograph of C2C12 myoblasts showing localization511of EGFP-tagged HRas between the plasma membrane (stained with Alexa512Fluor 633 conjugated Wheat Germ Agglutinin) and the Golgi (labelled with513TagRFP-tagged Golgi resident GaIT protein). A statistic Rmean was defined as

the ratio of mean HRas intensity at the Golgi to the mean HRas intensity at the 514 plasma membrane. 515 B. Distribution of the wild-type HRas between the Golgi and the plasma 516 membrane, measured by Rmean, in C2C12 myoblasts treated with 15d-PGJ2 (10 517 µM) or DMSO for 24 hours. 518 C. Distribution of the C-terminal cysteine mutants of HRas between the Golgi and 519 the plasma membrane, measured by R_{mean}, in C2C12 myoblasts treated with 520 15d-PGJ₂ (10 µM) or DMSO for 24 hours. 521 D. Expression of mRNAs of known markers of differentiation (MyoD, MyoG, and 522 MHC), measured by qPCR, in differentiating C2C12 myoblasts expressing the 523 EGFP-tagged wild-type and the C-terminal cysteine mutants of HRas after 524 treatment with 15d-PGJ₂ (4 μ M) or DMSO for 5 days. 525 E. Expression of MHC protein, measured by immunoblotting, in differentiating 526 C2C12 myoblasts expressing the EGFP-tagged wild-type and the C-terminal 527 cysteine mutants of HRas after treatment with 15d-PGJ₂ (4 µM) or DMSO for 5 528 days. 529

530 (Statistical significance was tested by the two-tailed student's t-test ns=p>0.05, 531 *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)

532 Supplementary Information:

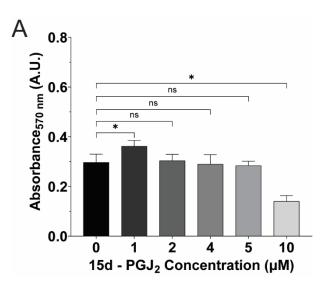


533

Figure S1. Treatment with Doxo induces senescence *in vivo* and *in vitro* and induces release of eicosanoid prostaglandin 15d-PGJ₂

- 536A. Schematic Representation of the experimental flow for treatment of B6J mice537with Doxo (5 mg/kg) or Saline.
- B. Schematic representation of the experimental flow for treatment of senescent
 C2C12 cells with prostaglandin D synthase (PTGDS) inhibitor AT-56 (30 μM) or
 DMSO.
- 541 C. Representative peak of quantification of m/z 315.100 \rightarrow m/z 271 transitions 542 from blank samples.

- 543 D. Representative peak of quantification of m/z 315.100 \rightarrow m/z 271 transitions
- 544 from conditioned medium of C2C12 myoblasts treated with DMSO.
- 545 E. Representative peak of quantification of m/z 315.100 \rightarrow m/z 271 transitions 546 from conditioned medium of C2C12 myoblasts treated with Doxo (150 nM).
- 547 F. Standard curve of m/z 315.100 \rightarrow m/z 271 fragment peak areas vs 548 concentrations of 15d-PGJ₂



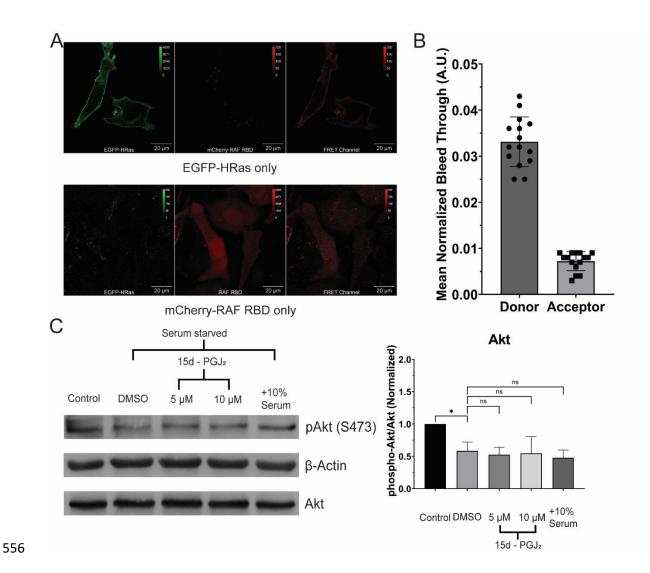
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550 Figure S2. Viability of C2C12 myoblasts after treatment with 15d-PGJ₂ (10 μ M) in

551 differentiating medium.

552 A. Viability of C2C12 cells, measured by MTT assay, after 24 hours of treatment 553 with 15-PGJ₂ (0 μ M, 1 μ M, 2 μ M, 4 μ M, 5 μ M, 10 μ M).

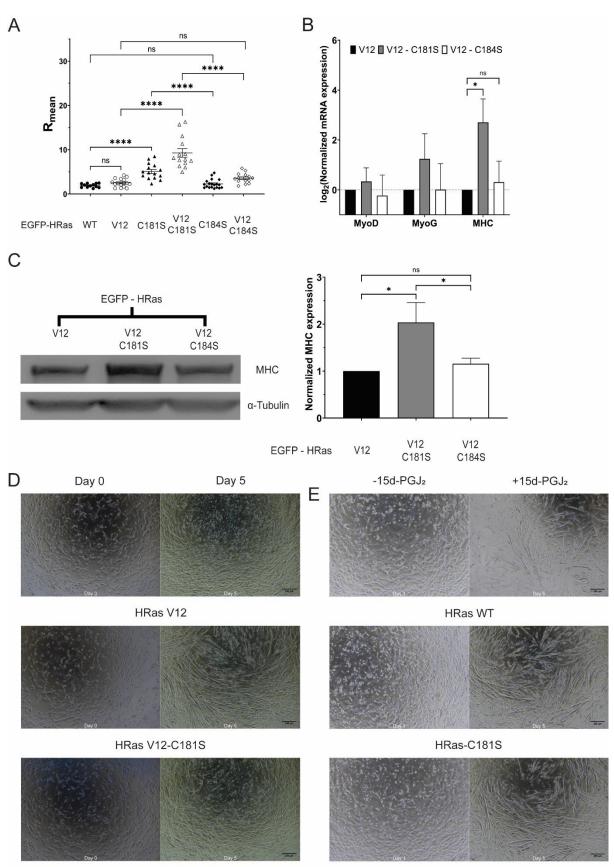
(Statistical significance was tested by the two-tailed student's t-test ns=p>0.05, *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)



557 Figure S3. Activation of HRas after treatment with 15d-PGJ₂.

- A. Representative confocal micrograph of C2C12 cells expressing only EGFP tagged HRas or mCherry-tagged RAF RBD alone for spectral overlap (bleed through) calculations.
- B. Mean bleed-through of EGFP-tagged HRas (Donor) and mCherry-tagged RAF
 RBD (Acceptor) in the FRET channel.
- C. Phosphorylation of Akt (measured by immunoblotting) in C2C12 cells treated
 with 15d-PGJ₂ (5, 10 μM) or DMSO for 1 hr after starving the cells in 0.2%
 serum medium for 24 hrs. The densitometric ratio of phosphorylated Akt
 (Ser473) to total Akt was normalized to non-starved C2C12 cells. (Statistical
 significance tested by two-tailed heteroscedastic student's t-test, N=3).
- (Statistical significance was tested by the two-tailed student's t-test ns=p>0.05, *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)

570





HRas-C184S

572 Figure S4. C-terminal cysteine-mediated intracellular distribution of 573 constitutively active HRas (HRas V12) regulates the differentiation of C2C12 574 myoblasts.

- A. Distribution of EGFP-tagged HRas WT/ HRas V12/ HRas-C181S/ HRas V12-C181S/ HRas-C184S/ HRas V12-C184S between the Golgi complex and the plasma membrane, as seen by the scatter plot of R_{mean}, the ratio of the mean HRas intensity at the Golgi complex to that at the plasma membrane, in C2C12 cells. (Statistical significance tested by two-tailed heteroscedastic student's ttest, N=3)
- B. mRNA levels of MyoD, MyoG, and MyHC relative to 18s rRNA (measured by quantitative PCR) in C2C12 cells expressing EGFP-tagged HRas V12/ HRas
 V12-C181S/ HRas V12-C184S in C2C12 differentiation medium for 5 days. (Statistical significance tested by two-tailed heteroscedastic student's t-test, N=3)
- C. Protein levels of MyHC (measured by immunoblotting) in C2C12 cells
 expressing EGFP-tagged HRas V12/HRas V12-C181S/HRas V12-C184S in
 C2C12 differentiation medium for 5 days. The densitometric ratio of levels of
 MyHC to α-Tubulin was normalized to C2C12 cells expressing HRas V12.
 (Statistical significance tested by two-tailed heteroscedastic student's t-test,
 N=3).
- 592 D. Brightfield image of C2C12 cells expressing EGFP-HRas V12, V12 C181S, or 593 V12 C184S on Day 0 and Day 5 of differentiation.
- E. Brightfield image of C2C12 cells expressing EGFP-HRas WT, C181S, or C184S
 after 5 days of treatment with 15d-PGJ₂ or DMSO.

(Statistical significance was tested by the two-tailed student's t-test ns=p>0.05, *=p<0.05, **=p<0.01, ***=p<0.001, ****=p<0.0001)

598 Supplementary Table 1: 15d-PGJ₂ conc. (pmol and fg/cell) detected in samples

599 **by mass spectrometry.**

Somelo	15d-PGJ ₂	Cell	15d-PGJ ₂ /Cell
Sample	(pmol)	Number	(fg)
Conditioned medium Quiescent C2C12 cells_1	27.087	462500	18.531
Conditioned medium Quiescent C2C12 cells_2	18.080	650000	8.801
Conditioned medium Senescent C2C12 cells_1	809.633	287500	891.018
Conditioned medium Senescent C2C12 cells_2	940.032	300000	991.420

600

601 Supplementary Table 2: List of Primers:

Primer Name	Primer Sequence (5' – 3')		
HRas WT Fwd	CCGCTCGAGCTATGACGGAATATAAGCTGG		
HRas WT Rev	CCGGAATTCTCAGGAGAGCACACATTGC		
HRas C181S Rev	CCGGAATTCTCAGGAGAGCACACACTTGCAGCTCATGCTGCCGG		
HRas C184S Rev	CCGGAATTCTCAGGAGAGCACACACTTGCTGCTCATG		
mm 18s qPCR Fwd	CCCGTTGAACCCCATTCGTG		
mm 18s qPCR Rev	GGGCCTCACTAAACCATCCA		
mm MyoD qPCR Fwd	TCCGCTACATCGAAGGTCTG		
mm MyoD qPCR Rev	GTCCAGGTGCGTAGAAGGC		
mm MyoG qPCR Fwd	CGATCTCCGCTACAGAGGC		
mm MyoG qPCR Rev	GTTGGGACCGAACTCCAGT		
mm MyHC qPCR Fwd	TAAACGCAAGTGCCATTCCTG		
mm MyHC qPCR Rev	GGGTCCGGGTAATAAGCTGG		
mm PTGS1 qPCR Fwd	TTACTATCCGTGCCAGAACCA		
mm PTGS1 qPCR Rev	CCCGTGCGAGTACAATCACA		
mm PTGS2 qPCR Fwd	TTCCAATCCATGTCAAAACCGT		
mm PTGS2 qPCR Rev	AGTCCGGGTACAGTCACACTT		
mm PTGDS qPCR Fwd	GAGTACGCTCTGCTATTCAGC		
mm PTGDS qPCR Rev	GGTTGGGGCAGGAAAACAATG		
mm p16 qPCR Fwd	GCTCAACTACGGTGCAGATTC		
mm p16 qPCR Rev	GCACGATGTCTTGATGTCCC		
mm p21 qPCR Fwd	CCTGGTGATGTCCGACCTG		
mm p21 qPCR Rev	CCATGAGCGCATCGCAATC		
mm p53 qPCR Fwd	CCCCTGTCATCTTTTGTCCCT		
mm p53 qPCR Rev	AGCTGGCAGAATAGCTTATTGAG		
mm CXCL1 qPCR Fwd	ACTGCACCCAAACCGAAGTC		
mm CXCL1 qPCR Rev	TGGGGACACCTTTTAGCATCTT		
mm CXCL2 qPCR Fwd	CCAACCACCAGGCTACAGG		
mm CXCL2 qPCR Rev	GCGTCACACTCAAGCTCTG		
mm TNF1α qPCR Fwd	CCTGTAGCCCACGTCGTAG		
mm TNF1α qPCR Rev	GGGAGTAGACAAGGTACAACCC		

mm IL6 qPCR Fwd	CTGCAAGAGACTTCCATCCAG
mm IL6 qPCR Rev	AGTGGTATAGACAGGTCTGTTGG
mm TGF1β qPCR Fwd	CTTCAATACGTCAGACATTCGGG
mm TGF1β qPCR Rev	GTAACGCCAGGAATTGTTGCTA

602

603 Supplementary Table 3: List of Reagents

Item Description	Manufacturer	Catalog No.	
pEGFP-C1	Clontech		
Phusion high fidelity DNA polymerase	Thermo Scientific	F 530	
Xho1 restriction enzyme	New England Biolabs Inc.	R0146	
EcoR1 restriction enzyme	New England Biolabs Inc.	R0101	
T4 DNA Ligase	Takara Bio	2011	
DMEM High Glucose	Gibco	11995065	
FBS, Certified (Origin: United States)	Gibco	16000044	
Horse Serum, Heat Inactivated (Origin: New Zealand)	Gibco	26050070	
Penicillin – Streptomycin – Glutamine (100x)	Gibco	10378016	
Penicillin – Streptomycin (100x)	Gibco	15140163	
DPBS, no calcium, no magnesium	Gibco	14190144	
0.25% Trypsin - EDTA	Gibco	25200056	
jetPRIME transfection reagent	Polyplus	101000046	
Doxorubicin	Sigma – Aldrich	D1515	
15-deoxy- $\Delta^{12,14}$ -Prostaglandin J ₂	Cayman Chemical	18570	
	Company		
9,10-dihydro-15-deoxy- $\Delta^{12,14}$ -Prostaglandin J ₂	Cayman Chemical	18590	
3, TO-dillydro-TO-deoxy-A -Trostagiandin 52	Company	16590	
15-deoxy- $\Delta^{12,14}$ -Prostaglandin J ₂ -Biotin	Cayman Chemical	10141	
	Company		
Dynabeads [™] MyOne [™] Streptavidin C1	Invitrogen	65001	
cOmplete Protease inhibitor cocktail tablets	Roche	11697498001	
Wheat germ agglutinin, Alexa fluor 633 conjugate	Invitrogen	2307289	
ProLong Gold Antifade Mounting medium	Invitrogen	P36930	
Paraformaldehyde	Sigma – Aldrich	158127	
TRIzol reagent	Invitrogen	15596018	
PrimeScript™ 1st strand cDNA Synthesis Kit	Takara Bio	6110A	
PowerUp [™] SYBR [™] Green Master Mix	Applied Biosystems	A25742	
WesternBrightTM ECL-spray Western blotting detection system	advansta	K-12049-D50	

Fetuin (Bovine)	Sigma – Aldrich	F2379
hEGF	Sigma – Aldrich	E9644
N2 Supplement	Thermo Scientific	17502048
Dexamethasone	Sigma – Aldrich	D4902
DMEM Low Glucose	Thermo Scientific	10567014
Bovine Serum Albumin Fraction-V, Cell culture tested	HIMEDIA	9048468
Pierce [™] Streptavidin Magnetic Beads	Thermo Scientific	88816

604

605 Supplementary table 4: List of Antibodies

Antibody Name	Clonality	Species of Origin	Manufacturer	Catalog No.
Phospho-Erk (Thr202/	Polyclonal	Rabbit	Cell Signaling	9101S
Tyr204)			Technology	
Erk	Polyclonal	Rabbit	Cell Signaling	9102S
			Technology	
GAPDH	Monoclonal	Mouse	Puregene	PG23002
β-actin	Polyclonal	Rabbit	Cell Signaling	4967S
			Technology	
Phospho-Akt (Ser473)	Monoclonal	Mouse	Cell Signaling	4051S
			Technology	
Akt	Monoclonal	Rabbit	Cell Signaling	4691S
			Technology	
GFP	Monoclonal	Rabbit	Cell Signaling	2956S
			Technology	
Myosin Heavy Chain	Monoclonal	Mouse	Invitrogen	14-6503-82
Myosin Heavy Chain	Monoclonal	Mouse	Developmental	MF20
			Studies Hybridoma	
			Bank (DSHB)	
p21	Monoclonal	Mouse	Santacruz	sc-6246
			Biotechnology	
γH2A.X	Polyclonal	Rabbit	Novus Biologicals	NB100384
Tubulin	Monoclonal	Mouse	Cell Signaling	3873S
			Technology	
HRP - Anti-Mouse		Horse	Cell Signaling	7076S
			Technology	
HRP - Anti-Rabbit		Goat	Cell Signaling	7074P2
			Technology	
Alexa Fluor 568 – Anti-	Polyclonal	Goat	Invitrogen	A11031
Mouse				

606

607 Materials and Methods

608 Plasmids

Unmutated and cysteine mutants of HRas WT [HRas WT, HRas-C181S, and HRas-609 610 C184S] and HRas V12 [HRas V12, HRas V12-C181S, HRas V12-C184S] were cloned in the pEGFPC1 vector (Clontech) by restriction digestion-ligation method. Constructs 611 of wild-type HRas were PCR amplified from a previously available HRas construct in 612 the lab with construct-specific primers. Proper nucleotide additions were made to the 613 forward primer to maintain the EGFP ORF, marking a 7 amino acid linker between the 614 proteins. The construct sequences were confirmed by Sanger sequencing. GalT-615 TagRFP construct was a gift from Prof. Satyajit Mayor and was used to mark the Golgi. 616 mCherry-RAF-RBD construct was a gift from Prof. Phillipe Bastiens and was used to 617 618 measure the activity of HRas GTPase using FRET.

619 Cell Maintenance

C2C12 mouse myoblasts (CRL-1772) were obtained from ATCC and were maintained 620 in DMEM complete medium @ 37° C, 5% CO₂. For experiments, the cells were 621 trypsinized with 0.125% trypsin-EDTA (Gibco) and were seeded in required numbers 622 623 in cell culture dishes. Human Skeletal Muscle Myoblast (CC-2580) were obtained from Lonza and were maintained in DMEM Skeletal Muscle growth medium @ 37° C, 5% 624 CO₂. For experiments, the cells were trypsinized with 0.125% trypsin – EDTA (Gibco) 625 and were seeded in required numbers in cell culture dishes. All cultures tested 626 negative for mycoplasma checked by Mycoalert Mycoplasma Detection Kit (Lonza). 627

628 Conditioned media collection

629 C2C12 cells seeded in 60mm dishes were treated with Doxorubicin (150 nM) for 3 630 days. The media was then changed to DMEM complete medium without Doxorubicin 631 for 19 days after treatment with Doxorubicin. The cells were treated with DMSO or AT-632 56 (30 μ M) in the DMEM complete medium for 2 days. On Day 21, the cells were 633 treated with DMSO or At-56 in DMEM Starvation medium for 3 days. The media was 634 then collected and centrifuged @1000g, R.T. for 5 minutes. The media was then stored 635 at -80° C after flash freezing in liq. N₂ till further requirement.

636 **Treatments**

15d-PGJ₂ (Cayman Chemical Company) dissolved in DMSO (10 mM) was diluted in 637 DMEM media for experiments. 9,10-dihydro-15d-PGJ₂ (Cayman Chemical Company) 638 dissolved in DMSO (10 mM) was appropriately diluted in DMEM media for 639 experiments. DMSO was used as vehicle control. A media change of the same 640 composition was given every 24 hours. C2C12 cells with 70-80% confluency were 641 treated with Doxorubicin (Doxo) for 3 days. After 72 hours, Doxo was removed from 642 the medium and the cells were kept for 10 more days with media change every 3 days 643 till the end of the experiment. C2C12 cells transfected with EGFP-HRas 644 645 WT/C181S/C184S in 35mm dishes were treated with 15d-PGJ₂-Biotin (5 µM) in DMEM Hi Glucose medium (Gibco) supplemented with 1% Penicillin-streptomycin-646 Glutamine (Gibco) without fetal bovine serum for 3 hours. Conditioned medium 647 collected from senescent cells was thawed @ 37° C. The medium was then 648 supplemented with 2% heat-inactivated horse serum and 1% penicillin-streptavidin-649 glutamine. C2C12 myoblasts were treated with the conditioned medium and were 650 given a media change every 48 hours. 651

652 **Transfections:**

C2C12 cells were seeded in 35 mm dishes to achieve confluency of ~60-70%. For 653 western blot, immunoprecipitation, and differentiation experiments, the cells were 654 transfected with EGFP-tagged HRas WT/ HRas-C181S/ HRas-C184S/ HRas V12/ 655 HRas V12-C181S/ HRas V12-C184S using the jetPRIME transfection reagent 656 (Polyplus) using the manufacturer's protocol. For measuring the intracellular 657 distribution of HRas, the cells were reverse transfected with EGFP-tagged HRas WT/ 658 659 HRas-C181S/ HRas-C184S/ HRas V12/ HRas V12-C181S/ HRas V12-C184S and GalT-TagRFP, a Golgi apparatus marker protein tagged with red fluorescent TagRFP 660 661 protein using the jetPRIME transfection reagent using the manufacturer's protocol. For measuring the activity of HRas, the cells seeded in imaging dishes (iBidi) were 662 transfected with EGFP-HRas and mCherry-RAF-RBD using jetPRIME transfection 663 reagent (Polyplus) using the manufacturer's protocol. Transfection efficiency was 664 confirmed by checking for GFP and RFP fluorescence after 24 hours of transfection. 665

666 Myoblast differentiation

667 C2C12 cells were treated with either 15d-PGJ₂ or DMSO in the C2C12 differentiation 668 medium. The cells were given a media change of the same composition every 24

hours. The cells were harvested after 5 days of 15d-PGJ₂ treatment for either RNA or
protein isolation. Human Skeletal Muscle Myoblast cells were treated with DMSO or
15d-PGJ₂ in the Skeletal Muscle Differentiation medium. A media change of the same
composition was given every 24 hours. The cells were harvested after 5 days of

673 treatment for protein isolation.

674 X-Gal staining

Proliferative and Doxo-treated C2C12 cells were fixed with 0.25% glutaraldehyde,
washed with PBS, and incubated overnight in X-gal staining solution at 37° C in a CO₂free chamber. The presence of the Indigo blue product was confirmed using the Ti2
widefield inverted microscope (Nikon).

679 Immunoprecipitation

C2C12 cells transfected with EGFP-HRas and treated with 15d-PGJ₂-Biotin were 680 harvested and lysed in RIPA-PP buffer and the lysate was centrifuged @15000 rpm, 681 4° C, 30 minutes. Protein estimation was done using the BCA assay kit (G 682 Biosciences). 100 µg of protein was loaded on 10 µl MyOne Streptavidin C1 683 dynabeads blocked with 1% BSA in IP washing buffer. The lysate-streptavidin mix was 684 685 incubated @4° C, 10 rpm overnight. The beads were then washed with IP washing buffer and then boiled in 20 µl Laemmlli buffer. 15 µl of the beads were loaded on 12% 686 SDS-Polyacrylamide gel for detection of EGFP-HRas by immunoblotting using EGFP 687 antibody. 688

689 Western blotting

For measuring Erk/Akt phosphorylation in C2C12 cells were seeded in 35 mm dishes. 690 1x 35 mm dish was harvested in RIPA – PP the next day, while the rest were incubated 691 in DMEM starvation medium @37° C. The cells were treated with 15d - PGJ₂ after 24 692 hrs of starvation @37° C. The cells were harvested at 1 hour after treatment in RIPA-693 PP. Protein quantification was done using BCA assay (G Biosciences) using the 694 manufacturer's protocol. An equal mass of proteins was loaded onto a 12% SDS 695 Polyacrylamide gel in Laemmlli buffer. The proteins were transferred onto a PVDF 696 membrane and were probed with phospho-Erk/Erk antibodies for measuring Erk 697 698 phosphorylation and with phospho-Akt/Akt antibodies for measuring Akt phosphorylation. For measuring the expression of Myosin heavy chain, C2C12 cells 699

expressing EGFP-tagged HRas WT/ HRas-C181S/ HRas-C184S/ HRas V12/ HRas
 V12-C181S/ HRas V12-C184S or Human Skeletal Muscle Myoblasts were seeded in
 35 mm dishes and were harvested in RIPA-PP after 5 days of differentiation. Protein
 quantification was done using BCA assay (G Biosciences) using the manufacturer's
 protocol. An equal mass of proteins was loaded onto an 8% SDS Polyacrylamide gel
 in Laemmlli buffer. The proteins were transferred onto a PVDF membrane and were
 probed with Myosin Heavy Chain Antibody.

707 **qPCR**

C2C12 cells, untransfected or expressing EGFP-tagged HRas WT/ HRas-C181S/ 708 709 HRas-C184S and treated with DMSO/15d - PGJ₂, or expressing EGFP-tagged HRas V12/ HRas V12-C181S/ HRas V12-C184S were lysed in TRIZol at the end of the 710 experiment (Invitrogen). RNA was isolated from the lysate by the chloroform-711 isopropanol method using the manufacturer's protocol. The RNA was quantified and 712 1.5 µg of RNA was used to prepare cDNA using PrimeScript 1st strand cDNA 713 Synthesis Kit (Takara Bio) and random hexamer primer. Gene expression for 714 differentiation markers was measured by qPCR using PowerUp[™] SYBR[™] Green 715 Master Mix (Applied Biosystems) and previously reported qPCR primers (Wang et al., 716 2012). Relative gene expression was quantified using the $\Delta\Delta C_{T}$ method (Livak and 717 Schmittgen 2001) with 18s rRNA as an internal loading control and DMSO vehicle as 718 an experimental control. 719

720 Immunofluorescence

C2C12 cells were seeded in 35 mm dishes (Corning) on glass coverslips (Blue Star) 721 722 coated with 0.2% Gelatin (Porcine, Sigma Aldrich) and were fixed with the fixative solution at the end of the experiment. The cells were then permeabilized and blocked 723 with the blocking solution and were then incubated with Myosin Heavy Chain antibody 724 in the blocking solution overnight. The cells were then washed with 1x PBS, incubated 725 with fluorophore tagged secondary antibody, and were mounted in Prolong gold 726 antifade medium with DAPI (Invitrogen). The cells were then imaged under the 727 FV3000 inverted confocal laser scanning microscope (Olympus-Evident) using 728 appropriate lasers and detectors. 729

Confocal microscopy for measuring HRas distribution between the Golgi and the plasma membrane

C2C12 cells expressing EGFP-tagged HRas WT/ HRas-C181S/ HRas-C184S + GalT-732 TagRFP were starved overnight in DMEM starvation medium and treated with DMSO 733 or 15d-PGJ₂ (10 µM) in DMEM complete medium for 24 hrs, with a medium change 734 @ 12 hrs post-treatment. The cells were then fixed with the fixative solution @ R. T., 735 washed with PBS, and stained for plasma membrane with Alexa Fluor 633 conjugated 736 Wheat Germ Agglutinin (WGA-633) (Invitrogen). The cells were washed with PBS and 737 were then mounted on glass slides in ProLong Gold Antifade Mounting medium 738 (Invitrogen). C2C12 cells expressing EGFP-tagged HRas V12/ HRas V12-C181S/ 739 740 HRas V12-C184S were also fixed with the fixative solution @R. T., washed with PBS, stained with WGA-633, and mounted on slides in Prolong gold antifade medium 741 (Invitrogen). The cells were imaged with the FV3000 inverted confocal laser scanning 742 microscope (Olympus-Evident) using appropriate lasers and detectors. Preliminary 743 image processing was done using ImageJ (NIH), while batch analysis of HRas at the 744 plasma membrane and the Golgi complex was done using a custom MATLAB script, 745 where EGFP-HRas image was overlayed onto the GalT-TagRFP and WGA-633 image 746 to obtain HRas localization at the Golgi complex and the Plasma Membrane 747 respectively. A ratio of mean HRas intensity at the Golgi complex to that of at the 748 749 Plasma membrane (R_{mean}) was calculated and was used to compare HRas distribution between treatments. 750

FRET confocal microscopy to measure the intracellular activity of HRas 751

C2C12 cells expressing EGFP-tagged HRas WT/HRas C181S/HRas C184S and 752 mCherry-RAF-RBD were starved overnight in the DMEM starvation medium. The cells 753 754 were imaged with the FV3000 inverted confocal laser scanning microscope (Olympus-Evident) using the following lasers and detectors: 755

- 1. Donor Channel: 488nm excitation, 510 (+/-) 20nm detection. 756
- 757
- 2. Acceptor Channel: 561nm excitation, 630 (+/-) 50nm detection.
- 3. FRET Channel: 488nm excitation, 630 (+/-) 50nm detection. 758

The cells were then treated with $15d-PGJ_2$ (10 μ M) for 1 hour and were imaged using 759 the same imaging parameters. C2C12 cells expressing EGFP-HRas or mCherry-RAF 760 RBD only were used to calculate the bleed-through corrections (EGFP emission @ 761 630 (+/-) 50nm, and Excitation of mCherry by 488 nm laser). Preliminary processing 762 was done using ImageJ (NIH). The FRET index was calculated using the FRET and 763

co-localization analyzer plugin(Hachet-Haas et al., 2006). The FRET index was then
divided by the intensity of the Acceptor channel to normalize the variation in the
expression of mCherry. We used the mean normalized FRET index to compare the
activity of HRas before and after treatment with 15d-PGJ₂.

768 **Quantification of myotube fusion index**

Differentiated C2C12 myoblasts were immunostained for MHC and DAPI and were 769 imaged on the FV3000 inverted confocal laser scanning microscope (Olympus-770 Evident). Analysis of the fusion index was done using the Myotube Analyzer 771 Software(Noë et al., 2022). DAPI and MHC images were thresholded to remove 772 773 background noise. The images were converted to binary masks and the channels were overlayed to obtain the no. of nuclei overlaying with MHC^{+ve} fibers. The fusion index 774 was calculated as the percentage ratio of no. nuclei overlaying the MHC^{+ve} fibers to 775 the total no. of nuclei in the field of view. 776

777 Quantification of cell doubling time

778 Cells were counted every 24 hours and the normalization was done to the number of 779 cells counted on day 0 of the treatment (to consider attaching efficiency and other cell 780 culture parameters). Doubling time was calculated as the reciprocal of the slope of the 781 graph of log2(normalized cell number) vs time.

782 MTT Assay

An equal number of C2C12 cells were seeded in 96 well plates in replicates. MTT assay was done at the end of the experiment using the manufacturer's protocol. MTT reagent (Sigma Aldrich) was dissolved in 1x DPBS (5 mg/ml) and was filter sterilized. MTT reagent was added to each well and the cells were incubated @37° C, 5% CO₂ for 3 hours. The medium was removed at the end of the incubation and the precipitated crystals were dissolved in DMSO @37° C, 5% CO₂ for 15 minutes. Absorbance @570 nm was recorded using the varioskan multimode plate reader (Thermo Scientific).

790 Animal Experiments

Mice were maintained at BLiSC Animal Care and Resource Centre (ACRC). All the
procedures performed were approved by the Internal Animal Users Committee (IAUC)
and the Institutional Animal Ethics Committee (IAEC). 12–15-week-old C57BL/6J

(JAX#000664) mice were injected intraperitoneally (I.P.) with 5 mg/kg Doxorubicin
(Doxo) four times, once every three days. Intraperitoneal injection of Saline was used
as a control. The mice were sacrificed on Day 11 after the first injection. Hindlimb
muscles from 4 animals (control and treated with Doxo each) were used for qPCR
analysis and Hindlimb muscles from 3 animals (control and treated with Doxo each)
were used for immunohistochemical analysis.

800 Lipid extraction and detection of 15d-PGJ₂ by mass spectrometry

For lipid extraction, cell pellets were resuspended in 3ml of a methanol solvent [water: 801 methanol: 2:1, 1% formic acid (FA)] whereas only 1 ml of methanol with 3% FA was 802 803 added to the 2 ml of CM, making a uniform sample volume of 3 ml. Subsequently, 1 ml of ethyl acetate was added to each sample and mixed vigorously. Phase separation 804 was done by centrifuging the mixture (12000xg, 4°C for 10 mins), and the organic 805 phase containing the lipid was collected. This process was repeated thrice in total and 806 all the organic phases were combined and dried under a nitrogen stream at RT. The 807 residues were resuspended in 100 µl of 50% acetonitrile in water with 0.1% FA and 808 were subjected to mass spec analysis using the Waters® Acquity UPLC class I system 809 The detection of 15d-PGJ₂ was performed using an electrospray ionization source 810 (ESI) operating in the negative ion mode and a guadrupole trap mass spectrometer 811 (AB SCIEX QTRAP 6500) connected to a Waters® Acquity UPLC class I system 812 (Waters, Germany) outfitted with a binary solvent delivery system with an online 813 degasser and a column manager with a column oven coupled to a UPLC autosampler. 814 5 µl samples were injected into the union for analysis. Solvent A consisted of 0.1% 815 816 ammonium acetate in water and solvent B was 0.1% ammonium acetate in a mixture of acetonitrile/water (95:5). For each run, the LC gradient was: 0 min, 20% B; 0.5 min, 817 20% B; 1.5 min, 90% B; 2.5 min, 20% B; 3 min, 20% B. Analyte detection was 818 performed using multiple reaction monitoring (MRM), $315.100 \rightarrow 271.100$ and 315.100819 \rightarrow 203.100. Source parameters were set as follows: capillary voltage 3.8 kV, 820 desolvation gas flow 25 L/h, source temperature 350 °C, ion source gas 1 flow 40 L/h, 821 and ion source gas 2 flow 40 L/h. Acquisition and quantification were completed with 822 Analyst 1.6.3 and Multiquant 3.0.3, respectively (method adopted from (Morgenstern 823 et al., 2018)). For the standards, 2ml media of different known concentrations (50nM, 824 100nM, 250nM, and 500nM) of 15d-PGJ₂ were prepared and subjected to the same 825

826 extraction procedure as that of CM. A standard curve was plotted with the known

s27 concentration and the mass spec peak area, and the concentration of the lipid in

samples was calculated.

829 Reagents

- DMEM complete medium: DMEM Hi Glucose medium (Gibco) supplemented
 with 1% Penicillin Streptomycin Glutamine (Gibco) and heat-inactivated
 10% Fetal Bovine Serum (US origin) (Gibco).
- Basal Conditioned medium: DMEM Hi Glucose medium (Gibco) supplemented
 with 1% Penicillin Streptomycin Glutamine (Gibco) and heat-inactivated 2%
 Fetal Bovine Serum (US origin) (Gibco).
- C2C12 differentiation medium: DMEM Hi Glucose medium (Gibco)
 supplemented with 2% Horse Serum (Gibco) and 1% Penicillin Streptomycin
 Glutamine (Gibco).
- DMEM Starvation medium: DMEM Hi Glucose medium (Gibco) supplemented
 with 0.2%heat-inactivated fetal bovine serum (US origin) (Gibco) and 1%
 Penicillin Streptomycin Glutamine (Gibco).
- RIPA PP buffer: RIPA buffer (Invitrogen) supplemented with protease inhibitor
 cocktail (Roche) and 5 mM Sodium Fluoride and 5 mM Sodium Orthovanadate.
- TBS T buffer: 50 mM Tris-Cl (pH = 7.5), 150 mM NaCl and 0.1% Tween 20
 in water.
- PBS: 2.67 mM KCl, 1.47 mM KH₂PO₄, 137.93 mM NaCl, 8.06 mM Na₂HPO₄ in
 water.
- IP Washing Buffer: 150 mM NaCl, 0.1% SDS, 1% NP-40 in 50 mM Tris-Cl (pH=7)
- Fixative Solution: 4% (w/v) Paraformaldehyde (Sigma Aldrich) in PBS.
- Blocking Solution: 2% Heat Inactivated FBS, 0.2% BSA, 0.2% Triton X, 0.05%
 NaN₃ in PBS.
- Skeletal Muscle Growth Medium: DMEM Low Glucose Medium (Gibco),
 supplemented with 1% Penicillin Streptomycin Glutamine (Gibco), heat inactivated 10% Fetal Bovine Serum (US origin) (Gibco), Bovine Fetuin (50
 µg/ml) (Sigma Aldrich), Dexamethasone (0.4 µg/ml), and hEGF (10 ng/ml).
- Skeletal Muscle Differentiation Medium: DMEM low glucose medium (Gibco)
 supplemented with 2% Horse Serum, 1% Penicillin Streptomycin (Gibco), and
 1% N2 Supplement.

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874 Author Contribution

- SSP: Project conceptualization, Cell culture treatments and assays, Biochemistry,
 Microscopy, Image Processing, and analysis, Writing: original draft, review, and edits.
- 877 AB: Animal work, Cell culture treatments and assays, Biochemistry, Mass 878 Spectrometry, Writing: review and edits.
- AV: Cell culture treatments and assays, Image processing and analysis, writing: reviewand edits.
- 881 SSS: Cell culture treatments and assays, Biochemistry, Writing: review and edits.
- 882 MAJ: Image processing and analysis.
- 883 RGHM: Mass Spectrometry.
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886 Competing Interests

887 The authors declare no competing interests.

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