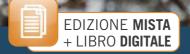


Patrizia Careggio • Elisabetta Indraccolo

# New Agriways

English for Agriculture, Land Management and Rural Development





Patrizia Careggio • Elisabetta Indraccolo



English for Agriculture, Land Management and Rural Development



#### New Agriways

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# PRESENTAZIONE

# L'ARGOMENTO

*New Agriways* è rivolto in particolare agli studenti dei corsi a indirizzo Agrario, Agroalimentare, Agroindustria e per i Servizi per l'Agricoltura e lo Sviluppo rurale; più in generale, a coloro che hanno l'esigenza di utilizzare la lingua inglese come strumento di studio e/o di lavoro in questi settori. Grazie alla ricchezza del materiale proposto, *New Agriways* – concepito per promuovere un apprendimento attivo basato sui contenuti (*content-based learning*) – offre la possibilità di scegliere gli argomenti sia in base ai programmi delle materie tecnico-scientifiche di indirizzo, sia in base al livello di competenza linguistica degli studenti.

I contenuti sono stati ordinati secondo criteri di graduale complessità concettuale e linguistica e vengono esplorati utilizzando le quattro abilità in modo omogeneo ed integrato. I brani, autentici o appositamente pensati per il profilo di apprendente a cui il corso è indirizzato, offrono un assortimento di stili, registri e livelli di difficoltà, e sono tratti da fonti diverse: giornali e riviste, libri e manuali, materiale promozionale e siti web.



# **OBIETTIVI DEL TESTO**

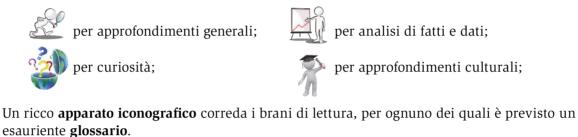
New Agriways si propone di:

- far acquisire le competenze necessarie per comprendere testi che presentano termini, espressioni, strutture sintattiche e modalità discorsive specifiche del linguaggio settoriale
- migliorare le capacità di ricezione e produzione orale e scritta, anche tramite attività tipo PET e FEC e di attività tipo IELTS per quanto riguarda l'ambito dell'inglese accademico
- arricchire il patrimonio lessicale sia con il lessico tecnico che generale
- consolidare abitudini grammaticali corrette e approfondire alcune strutture
- stimolare l'interesse e la partecipazione attiva degli studenti, dando spazio alla loro esperienza personale e a problematiche di attualità
- contribuire a sviluppare sensibilità per il rispetto e la protezione dell'ambiente con suggerimenti per comportamenti "eco-friendly".

# LA STRUTTURA

New Agriways è diviso in sette Moduli, ognuno dei quali è ripartito in quattro sezioni:

**1** SOWING (Contents Section) – Divisa in Unità contiene testi e attività che riguardano i contenuti specifici della specializzazione già affrontati in L1. Ogni unità è suddivisa in brevi Capitoli su due pagine – teoria ed esercizi – per favorire non solo uno studio più parcellizzato, ma anche la scelta antologica da parte dell'insegnante. I testi vengono affrontati in modo graduale, attraverso esercizi di *warm-up*, esplorazione del lessico specifico, comprensione scritta e orale, globale e specifica, reimpiego dei termici tecnici e produzione scritta e orale. Brevi box permettono di ampliare le conoscenze sugli argomenti:



MAPPING YOUR MIND CEREALS CULTIVATION BIODIVERSITY CONSERVATION

- **2 GROWING** Si occupa dei contenuti della disciplina ponendo particolare attenzione all'arricchimento **lessicale** e **strutturale**.
- **HARVESTING** Offre testi e attività di consolidamento dei contenuti appresi per sviluppare le abilità di **Listening**, **Speaking** e **Writing**.
- STORING Propone una mappa (Mapping your Mind), strumento utile per rappresentare la rete di relazioni tra i vari argomenti del Modulo, e clip di opere cinematografiche che offrono spunti di riflessione e svago su aspetti contenutistici del Modulo.

#### **TEACHER'S BOOK**

Programmazione didattica per modulo • Compiti di realtà • Soluzioni degli esercizi • Audioscripts delle attività di ascolto • Note didattiche • Schemi per unità • Doppie prove di verifica formativa per ogni Unità e sommative per Modulo • Domande per il Colloquio dell'Esame di Stato.

### **ONLINE RESOURCES**

Disponibili sul sito www.edisco.it:

- video, file audio formato MP3 con la registrazione delle attività di ascolto, corredati da attività di comprensione
- materiale extra di approfondimento
- prove di verifica per studenti BES
- approfondimenti di civiltà
- agganci letterari.



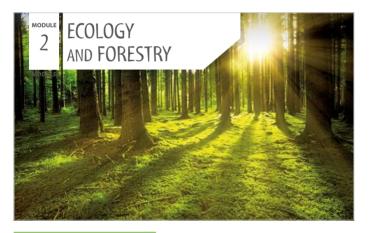
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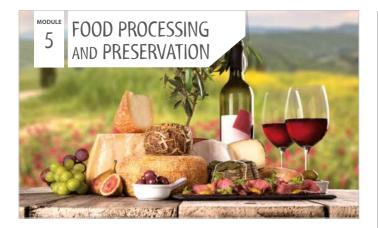
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- Climate, flora and fauna
- History: the first invasions
- History: the Middle Ages
- History: the Renaissance
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- History: The 19<sup>th</sup> century
- History: The 20<sup>th</sup> century until 1945
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- History: The contemporary age
- Population and Language
- Habits
- Political geography
- The political system
- Political parties and elections
- Education
- Social security
- Economy



MODULE

4

# CULTIVATION

### SOWING

- 9 Agricultural crops
- 10 Oil plants
- 11 Vineyards
- **12** Gardening and landscaping

## GROWING

Vocabulary Grammar • Comparatives and superlatives

# HARVESTING

and the second second second

Listening • Rice: a staple food Speaking • Career opportunities for garden designers Writing • Wild mushrooms

STORING Mapping your mind Film • A Little Chaos

ONLINE RESOURCES

Literary bits: Robinson Crusoe, by D. Defoe

A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust.

Gertrude Jekyll

### WHY STUDY THIS MODULE?

In this Module you will learn about the main crops which form the basis of our diet. You will also learn about different gardening styles.



# AGRICULTURAL CROPS



# Answer the

- What are the main crop plants grown in Italy?
- **b.** Where did the crop plants grown in Italy originate? Where were they domesticated?
- c. Are vegetables and legumes nutritious?

account for: equivalere, rappresentare buckwheat: grano saraceno combine harvester: mietitrebbiatrice goddess: divinità grass family: graminacee mush: polenta scythe: falce spelt: farro staple food: cibo principale starch: amido unrefined: grezzo

Also known as dinkel wheat, spelt has long been a staple crop in Europe. Containing gluten, it is suitable for baking, while in Poland it is distilled to make vodka.



# CEREALS

The word "cereal" derives from the name **Ceres**, the Roman goddess of the harvest who was believed to teach humans how to grow, preserve and prepare grain and corn. As a matter of fact, cereals were the earliest cultivated plants, and for over ten thousand years they have been the staple food for many human societies. Today, cereal plants account for over fifty per cent of human energy and protein needs and occupy two-thirds of all cultivated land. Basically, cereals are grains

produced by plants belonging to the grass family. They are annual



plants and, once they have grown their seeds, they have completed their life cycle and can be harvested, using either a combine harvester or hand tools, such as scythes. All their varieties are relatively easy to grow, store and transport and have a high nutritive value. All these plants have adapted in order to survive and flourish in particular environmental conditions.

These are the most common cereal crops:

- Wheat is the primary cereal of temperate regions where it is utilised for making bread and pasta. Consumed worldwide, it is a staple food in North America, Europe, Australia and New Zealand.
- **Maize** grows best in hotter conditions and is an important cereal crop in many different areas, from the arid desert plains of the south-western United States to the high Andean mountain plains of Ecuador and Peru. It is mainly used as forage, but it is also employed for making mush or to produce vegetable oils.
- **Rice** is a crop of the wet tropics. .
- Sorghum can survive in very hot, dry conditions. •
- Rye and barley are grown in temperate and cool regions where other cereals do not grow well and are used to make whisky or beer. Barley, in particular, has been adapted to the widest variety of climates, from the sub-Arctic to the sub-tropical, from Russia, Germany and Turkey to Australia and North America.
- **Oats** is grown throughout the temperate zones mainly for livestock, especially horses. **Millet** is a staple food in the semi-arid tropics of Asia and Africa.
- Kamut and spelt are wheat varieties, while chia, quinoa, amaranth and buckwheat are classified as pseudo-cereal grains, as they are seeds from different plants external to the grass family.

Cereals are an important source of energy, providing about 350 kcal per 100grams, and supplying most of their food energy as starch. Unrefined cereals are good sources of fibre, protein, B vitamins and other important nutrients such as fat, iron and vitamin E. Maize, wheat and rice provide 87% of all grain production worldwide and 43% of all food calories.



1.	Rice	a.	It is a staple food in Africa and Asia.
2.	Maize	b.	It is cultivated for its yellow edible grains, which develop on a spike.
3.	Rye	c.	It is a drought resistant plant.
4.	Wheat	d.	It is used in the beer making process.
5.	Barley	e.	Its flour is suitable for making bread and pasta.
6.	Millet	f.	It is considered the favourite feed of horses.
7.	Oats	g.	It is a staple food in eastern countries.
8.	Sorghum	h.	Its grains are used in making flour and whiskey.

#### Refer to the text about cereals and fill in the table. 2

CROP	<b>GROWTH REQUIREMENTS</b>	WORLD AREAS
Wheat		
Maize		
Rice		
Sorghum		
Rye		
Barley		
Millet		

**3** (4.1) Listen and decide if the statements are true or false. Correct the false ones.

- 1. Nowadays people do not choose national food only.
- 2. Chia was eaten in Mexico.
- 3. Buckwheat seeds are round.
- 4. Amaranth is poor in protein.
- 5. Amaranth was used in religious ceremonies.
- 6. Chia is a variety of rhubarb.
- 7. Chia seeds replaced money in trading.
- 8. Buckwheat is suitable for people with celiac disease.
- 9. Buckwheat easily adapts to poor soil conditions.
- **10.** Bees use buckwheat flowers to produce dark honey.





**ONLINE RESOURCES** 

• Golden rice

# LEGUMES

alfalfa: erba medica climber: pianta rampicante clover: trifoglio dietary fibre: fibre alimentari dried: secco grass hav: fieno di graminacee green beans: fagiolini legume hay: fieno di leguminose mottled: variegato saturated fat: grasso saturo shrub: arbusto source: fonte to supplement: integrare to tie in: essere collegato unsaturated fat: grasso insaturo

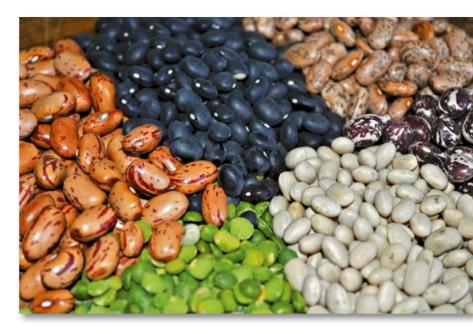
#### Staple food

The history of legumes is tied in closely with that of human civilisation, appearing early in Asia, the Americas and Europe, where they became a staple food, essential for supplementing protein when meat was less available. Today, although legumes are an important part of traditional diets around the world, they are often neglected in typical Western diets.



Legumes play an important role in the quality of life of mankind. They are grown as human food, animal feed and forage. They are annual plants (shrubs, climbers, and herbs) belonging to the family *Leguminosae* (or Fabaceae). Their characteristic seeds are contained in pods that split into two halves when ripe. Grain legumes or **pulses** are inexpensive

and excellent sources of protein and B



vitamins as well as carbohydrates and can be valid animal protein substitutes. Although their protein quality is not as good as that in meat, generally due to their low levels of some essential amino acids, this can be corrected by incorporating cereals into the diet. Furthermore, while sources of animal protein are often rich in saturated fats, the small quantities of fats in legumes are mostly unsaturated fats.

Not only are legumes excellent sources of essential minerals, but they are also rich in dietary fibre, which aids digestion and helps reduce the cholesterol level in blood. The most widely cultivated legumes for food include beans, peas, chick peas, lentils, soybeans and peanuts.

- **Beans** include different varieties (white beans, red beans, green beans and broad beans) which can be eaten fresh or dried; the protein content is higher in dried beans.
- **Lentils** (probably the first legume cultivated by man) contain the highest percentage of protein (25%) and a fair amount of minerals like potassium, calcium, phosphorus and iron.
- Peas are mostly eaten fresh, canned or frozen and were common food in ancient Rome; their protein content is 7%.
- **Chick peas**, a basic food in India, are rich in fats.
- **Soybeans** are used to make oil and a drink which is suitable for people who are allergic to cow's milk.
- **Peanuts** can be eaten raw, toasted, salted, made into oils, and used in make-up, medicines and textile materials. Legumes live in a symbiotic relationship with bacteria in structures called nodules on their roots. These bacteria are able to take nitrogen from the air, which is in a form that plants cannot use, and convert it into compounds that the plants can use. For this reason, many leguminous plants, such as clover and alfalfa, are used as organic manure to improve the nitrogen content of soils. They are also considered good feed for livestock, since legume hay has a larger content of protein, calcium and vitamin than grass hay.

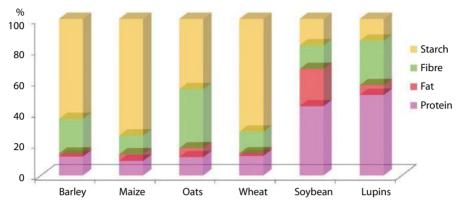


#### Find the English for these Italian words.



**5** Describe this graph.

Chemical analysis of cereal grains and legume seeds



#### 6 E Read and answer the questions.

#### **Interesting Benefits of Adzuki Beans**

These small beans are native to East Asia and the Himalayan region and are commonly eaten in Japan, China, Korea, and other Asian nations, although they can be found in other parts of the world. The name *adzuki* comes from Japanese, although the pronunciation often sounds like "azuki". They are primarily red in colour, but white, black, and mottled cultivars can also be found in certain areas. These beans are mainly used for sweetened culinary applications, such as in the preparation of *natto*, a fermented bean dish, in Japan. When adzuki beans are boiled and sweetened into a red bean paste, the applications are endless in savoury dishes, sweet desserts, sushi, cakes, or as a topping for waffles, biscuits, or bread. They can even be used to make ice cream. Besides the unique flavour, adzuki beans are also a real nutritional powerhouse! There is a significant amount of protein, which is a crucial element, particularly for vegetarians and vegans who don't get protein from animal sources. Moreover, its high content of B vitamins and folic acid can prevent the development of birth defect. Adzuki beans are also high in dietary fibre, one of the key elements of digestive health. This fibre has a second purpose, that of regulating the activity of insulin receptors in the body to ensure that blood sugars levels remain normal. They also contain a unique mineral known as molybdenum in quite high concentrations. This is a trace mineral and is not found in many foods, but it plays a crucial part in the detoxification of the liver.

Adapted from www.organicfacts.net/health-benefits/other/adzuki-beans

- **1.** Where do adzuki beans come from?
- 2. What do they look like?
- **3.** Are they used only in salty dishes?
- 4. Why is this legume called a nutritional powerhouse?
- 5. Why should veggy people include adzuki in their diet?
- 6. What is the function of its fibre?
- 7. How do adzuki detoxify the body?



# POTATOES

as a matter of fact: in effetti to domesticate: domesticare edible: commestibile to occur: trovarsi sailor: marinaio spongy: spugnoso sprout: germoglio sprouting: germogliamento starchy: ricco di amido storage facilities: sistemi di immagazzinamento underneath: al di sotto



Potatoes are tubers that are a staple food in many parts of the world, particularly Europe and the western world. They are starchy, tuberous crops from the perennial *Solanum tuberosum* of the **Solanaceae family** (also known as the nightshades). The word potato may refer to the plant itself as well as the edible tuber. There are about five thousand potato varieties worldwide. Three thousand of them are found in the Andes alone, mainly in Peru, Bolivia, Ecuador, Chile and Colombia. As a matter of fact, potatoes originated in the region of southern Peru, where they were first domesticated between 8000 BC and 5000 BC. In the *Altiplano*, potatoes provided the principal energy source for the Inca Empire and its Spanish successors. Four centuries ago, sailors returning from Peru to Spain with silver and gold presumably brought maize and potatoes for their own food on the trip, and, since

then, potatoes have become an integral part of most of the world's cuisine. Today, the potato is the world's fourth-largest food crop, following rice, wheat and maize. Potatoes are amazingly nutrient-rich: they contain vitamins and minerals, are virtually fatfree, have no cholesterol and, when served in their skins, are a great source of fibre. Independent nutritionists and dietary researchers recommend potatoes as the perfect base for a balanced diet.

However, potatoes also contain toxic compounds known as glycoalkaloids, of which the most prevalent are solanine and chaconine. These compounds, which protect the plant from its predators, are generally concentrated in its leaves, stems, sprouts and fruits, which are not eaten. Exposure to light, sprouting, physical damage and age may increase the glycoalkaloid content within the tuber; the highest concentrations occurring just underneath the skin. For this reason, storage facilities need to be carefully designed to keep the potatoes alive and to slow the natural process of decomposition, which involves the breakdown of starch. It is crucial that the storage area is dark, well-ventilated and, for long-term storage, maintained at temperatures near 5-7 °C.

Consumers should avoid potatoes that are old, sunburned (green under the skin) or spongy. Such potatoes have toxic amounts of solanine, which can affect the nervous system and cause a variety of symptoms including headache, abdominal cramps, fever, hallucinations and even death.

#### **7** Write questions for the answers.

- **1.** To both the plant and the tuber.
- 2. About five thousand.
- 3. In the region of southern Peru.
- 4. Spanish sailors.
- 5. Fibre, vitamins and minerals.
- 6. Solanine and chaconine.
- 7. In the inedible parts, such as the leaves, stems, sprouts and fruits.
- 8. To slow the natural process of decomposition and maintain the toxic substance at a low level.

#### 8 (4.2) Listen and decide if the sentences are true or false. Correct the false ones.

- 1. No kind of shrub belongs to the Solanaceae family.
- 2. Most nightshades are edible.
- 3. 3,000 varieties are used in our diet.
- 4. Black pepper is not a nightshade.
- 5. Some people are likely to suffer allergic reactions.
- **6.** Solanine is an alkaloid.
- 7. Solanine is only found in Solanaceae.
- 8. Some chemicals contained in nightshades seem to have a positive impact on human health.

#### 9 📎 Translate.

Le nightshades sono un gruppo di piante comuni, quali pomodori, patate, peperoni, melanzane, tabacco e alcune piante medicinali. L'origine di tale parola è oscura. Si credeva che tali piante crescessero di notte e non alla luce del giorno. Mentre alcune varietà di questa famiglia sono commestibili, altre sono velenose. In passato alcune sono state addirittura impiegate nella stregoneria.



CULTIVATION	Module 4	131



E

# **MUSHROOMS**

beech: faggio birch: betulla decaying: in decomposizione hazel: nocciolo hvpha: ifa hornbeam: carpino **mvcelium**: *micelio* oak: *auercia* ovster mushroom: gelone paddy-straw mushroom: fungo di paglia poplar: pioppo prized: prezioso relief: sollievo to send off: *emettere* toadstool: fungo velenoso truffle: tartufo **upset**: *indisposizione* 

Cultivating black truffles involves the planting of hazel trees whose roots are impregnated with truffle mycelium. The fruiting bodies are then harvested 4 to 40 years after planting the trees.

#### Mushrooms and toadstools are

eukaryotic organisms belonging to the Fungi Kingdom.

Historically, fungi were included in the Plant Kingdom; however, as they lack chlorophyll and are distinguished by unique structural, physiological and growth features, modern Systematics has separated them from plants.

The visible part of the fungus is only the "fruit" of the organism. Its living body is a mycelium made out of filaments called



hyphae. The mycelium is usually hidden in the soil, in wood, or another food source. Mushrooms are edible fungi with various scientific names: they vary greatly in colour, texture, shape, and properties. They are essentially saprophytes, i.e. they feed by absorbing nutrients from the organic material in which they live, in particular from dead or decaying plants and animal matter.

They are low in calories and rich in vitamins and minerals. Approximately 300 mushroom species have known medicinal properties, and another 1,800 with potential medicinal properties have been identified. Their major health benefits include relief from high cholesterol levels, breast cancer, prostate cancer, and diabetes. They also help in weight loss and increase the strength of your immune system. However, some side effects are possible in certain people, such as mental disorders, tiredness, stomach upset, skin allergies, anxiety and headache.

Four important mushroom species are grown commercially: the Shiitake mushroom (*Lentinula edodes*), the oyster mushroom (*Pleurotus ostreatus*), the paddy-straw mushroom (*Volvariella volvacea*) and the common cultivated mushroom (*Agaricus bisporus*), which is the most important species with the greatest estimated global production.

Edible subterranean fungi, **prized** as a food delicacy, are **truffles**. They prefer argillaceous or calcareous soils and grow in harmony with a host tree, which provides sugars to the fungus through photosynthesis. In return, the fungus provides the plant with minerals, water, and other nutrients from the soil that it could not get by itself. This symbiotic relationship is established with the roots of several tree species, including

beech, poplar, oak, birch, hornbeam, hazel, and pine.



Unlike mushrooms above ground, truffles rely entirely on animals to eat them as a means of spore dispersal: as they mature, they develop odors and send off gasses and pheromones that attract wildlife. Man has learned to use to their advantage the animal weakness for truffles: since ancient times female pigs, trained dogs and goats have been used to sniff out truffles, which produce a chemical almost identical to a sex pheromone. There are many species of truffles, however only a handful are of culinary value: the most widely known truffles, because of their taste and commercial importance, are the White Truffle, the Black Truffle and the Black Summer Truffle.

# **10** PAIR WORK. Start an interview between a journalist and a farmer who owns a truffle orchard and follow these hints.

- Necessary to diversify crop production. Samplings are inoculated with white truffle fungus.
- Partnership arrangement with TRF Enterprise which provided trees, advise and support to start the plantation.
- Necessary steps: raising the PH of the soil; spreading lime on the ground; protecting the trees from pests; training dogs; monitoring the average temperature; granting well-drained soil.
- Truffle production starts after four to seven years.
- Harvest period: October to mid January.

#### **11** (4.3) Listen to this text on how to start a mushroom farm and complete the sentences.

- 1. Mushrooms and other fungi, like ...... can be cultivated.
- 2. The environments where mushrooms are grown must be ...... and sterilised.
- 3. The yearly production of mushrooms may be up to ...... pounds.
- 4. Small local growers sell mushrooms at the farmers'..... or to local restaurants.
- 5. It is essential to control ....., light and humidity.
- 6. The substrate is made of ..... or wood chips.
- 7. The incubation phase should be about ...... Celsius.
- 8. In the fruiting room, mushrooms need ...... and a lot of natural light.

#### **12** Read the text and decide if the sentences are true or false. Correct the false ones.

#### Superpowers of Shiitake Mushrooms

Shiitake mushroom is the superhero of the fungi kingdom. Its name is Japanese, and comes from the word "Shii", which is the name of the oak tree the mushroom usually grows on. The medicinal properties of these mushrooms have been studied since the Ming Dynasty (1369-1644), when Japanese elders considered them the "elixir of life". Their use has a long history in Asian folklore for healing an extensive list of ailments. As research verifies the medicinal and gastronomic qualities of shiitake, it has recently gained popularity in the West for its nutritional and medicinal value. Shiitake mushrooms provide a healthy source of carbohydrate, protein, and essential amino acids. They are low in fat and contain high concentrations of vitamins D, B6, B9 and B12, and minerals. Although there is no formal definition of a "superfood," Shiitake unquestionably deserves this award: it prevents weight gain, lowers cholesterol, boosts the immune system and combats infections. Possibly, its most exciting property is its cancerfighting ability. There is a growing body of evidence that the Shiitake-derived compound lentinan has potent anti-tumour abilities. Lentinan is already an approved drug constituent in Japan and is generally used to extend survival and improve the quality of life of patients receiving conventional cancer therapy. Oddly, despite being the third most prescribed drug globally, it has not been approved by the Federal Drug Administration (FDA) so far. The cancer-fighting characteristics of Shiitake compounds are very likely due to their ability to boost the immune system; in addition, some studies have documented Shiitake extracts destroying and preventing the proliferation of tumour cells while leaving non-tumour cells untouched.

Adapted from https://www.honeycolony.com/article/shiitake-mushrooms

- 1. The name of this mushroom comes from the geographical area where it grows.
- 2. Scientific research has verified the medicinal qualities of Shiitake.
- 3. This mushroom is a superfood because of its gastronomic qualities.
- 4. It can help prevent weight increase.
- 5. It can significantly worsen the function of immune cells.
- 6. The anti-tumour abilities of the compound lentinan has been verified.
- 7. The FDA has already approved lentinan.
- 8. Shiitake extracts may eliminate both tumour and non-tumour cells.

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Shiitake mushroom



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# VEGETABLES

#### broccoli rabe: cime di rape cassava: manioca **celeriac**: sedano rapa chard: bietola chives: erba cipollina edible: commestibile endive: indivia grapefruit: pompelmo leek: porro lung: polmone Jerusalem artichoke: topinambur kale: cavolo nero shallot: scalogno to thrive: crescere vigorosamente

Vegetables usually refer to herbaceous plants or parts of a plant which can be eaten raw or cooked. They are important in a healthy diet because they provide vitamins, minerals, fibre and antioxidants.

The large variety of vegetables allows growth in any season of the year: there are warm and cool season crops.

Anyway, any type of vegetable has specific cultivation requirements. Most of them grow best in a fertile, well-drained soil with a loamy texture since sandy loam soils are easily worked and are quite productive. Moreover, all vegetables need a healthy amount of organic material in the soil they grow in. Organic material serves many purposes: it provides many of the nutrients that plants need to grow and thrive; it "softens" the soil and makes it easier for the roots to spread through the soil; it also acts like small sponges in the soil and allows the soil in which vegetables grow to retain water.

The edible parts of a herbaceous plant are many: stems, roots, flowers, and leaves. We do not usually consider the fruits of a plant to be vegetables, except for fruits that are not very sweet. Tomatoes, squash, peppers, aubergines and beans, for example, are all fruits, but we usually refer to them as vegetables.

Harvesting and storage are very important. First of all, the vegetable must be harvested at the right time; some can be picked by hand (salad and lettuce) while other crops (potatoes or onions) are harvested mechanically. Also, storage may be different: onions and potatoes can be stored in cool, dry and dark places for at least three months, while leafy vegetables should be stored for a short time in a cool place and in sealed containers to preserve moisture and vitamin C.

Vegetables can be categorised into seven groups:

- leafy green vegetables, including spinach, lettuce, chicory and endive;
- **root** vegetables, e.g. beet, celeriac, carrot, radish and turnip;
- **stem** vegetables, e.g. celery, asparagus, chard and fennel;
- **bulb** vegetables, e.g. garlic, onion, shallot, chives and leek;
- **tuber** vegetables, e.g. potato, sweet potato, Jerusalem artichoke and cassava;
- **inflorescent** vegetables, e.g. artichoke, cauliflower, broccoli rabe and broccoli;
- **fruit** vegetables, e.g. olive, squash, pumpkin, avocado, cucumber, pepper, tomato and aubergine (BrE) / eggplant (AmE).



#### **13** Fill in the blanks with the right colour, choosing from the box.

blue • green (x2) • purple • red • white

#### A Colourful Protection against Disease

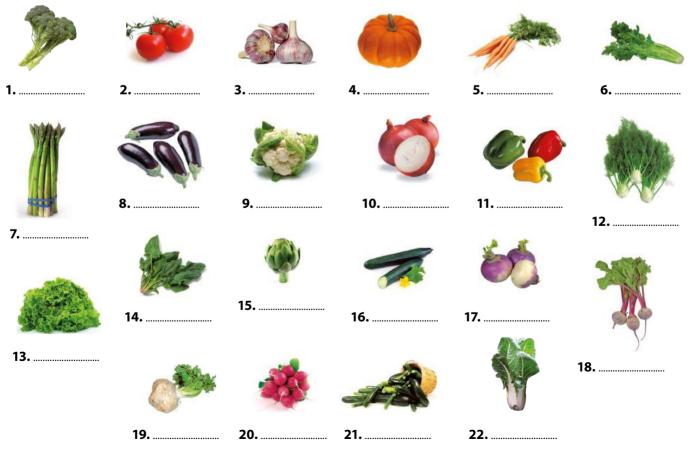
The colour of a fruit or vegetable is related to its health benefits because of the chemicals it contains that produce its colour. Some (1) ...... or (2) ...... vegetables, like cauliflower, broccoli and brussel sprouts contain sulforaphane, a compound which reinforces the body's natural cancer-fighting resources. The anthocyanins found in (3) ...... and (4) ..... foods, like blueberries and eggplant, not only protect the human body against cancer but also improve brain function and help keep the heart healthy.

(5) ..... vegetables, such as kale and spinach, contain zeaxanthin, a carotenoid which helps prevent cancerous tumour growth in humans.

(6) ..... fruits and vegetables, such as watermelon, tomatoes and red grapefruit contain lycopene, which reduces the risk of developing cancers of the lung, prostate and stomach.

#### **14** W Fill in the blanks under each picture with the corresponding term.

artichoke • asparagus • aubergines • beets • broccoli • carrots • cauliflower • celeriac • celery chard • courgettes • cucumbers • fennels • garlic • lettuce • onions • peppers • pumpkin radishes • spinach • tomatoes • turnips



# FRUITS

cantaloupe: melone clustered: a grappoli drupe: drupa hypanthium: ipanzio, tubo fiorale mulberry: mora di gelso pome: pomacea pomegranate: melagrana quince: mela cotogna soggy: imbevuto di acqua take hold: attecchire withstand: resistere

Diabetic patients are strongly advised to select foods with a low glycemic index (GI). GI measures the rate at which carbohydrates elevate blood glucose. Foods with a high glycemic index increase blood glucose quickly, while those with a low glycemic index increase the blood glucose slowly. The high fibre content present in fruits slows down the absorption rate of sugar into the bloodstream. Nonetheless. it is wise to know that the riper a fruit is, the higher its glycemic index.

#### All fruits may be classified into three major groups:

- simple fruits: one fruit that has developed from the ovary of a single flower.
   Simple fruits can include drupes or stone fruits (plum, peach, cherry or apricot), citrus (lime, mandarin, grapefruit, orange and lemon), and pomes (apple, pear and quince);
  - **aggregate fruits**: a fruit formed from several ovaries of one

flower that produces many tiny fruits <mark>clustered</mark> tightly together. Aggregate fruits can include raspberries, blackberries and strawberries;

**multiple fruits**: a fruit formed from the fusion of the ovaries of many different flowers which develop closely together to form one bigger fruit. Multiple fruits can include fruits like pineapples, figs, mulberries and pomegranates.

Some of the above-said fruits are actually **false fruits** or **accessory fruits**, i.e. they are not formed from the ovary, but from a different part of the flower. Even these fruits may be simple, aggregate, or multiple. Pomes – such as apples and pears – are simple accessory fruits with much of the fruit flesh derived from hypanthium, and have a central core with a seed chamber, called carpel. Strawberries would both be considered an aggregate fruit and an accessory fruit, since much of the fleshy part does not come from the ovary. Fruits can be **fleshy** like tomatoes or peaches, or **dry** like walnuts, hazelnuts, almonds or peanuts. They can have many seeds in them like cantaloupe and watermelon, or they can have one single seed in them like avocados, almonds and cherries. Fruits may be very large, like pumpkins, or very small, like blueberries.

**Planting** fruit-bearing trees requires careful study of various factors to ensure proper adaptability and growth. Important factors to be considered are climate, temperature, sunlight, rainfall, soil, and fertilisers. First of all, it is important to choose the fruit trees which are best-suited to an area, especially local old varieties. Also, proper soil is imperative to the survival and growth of fruit trees: if planted in soggy, poorly drained soil, the roots of fruit trees will rot, obstructing growth and development. Though pear,

plum and apple trees can withstand moister soil better than other fruit tree varieties, loam soils are ideal, as they drain quickly. It is also important to avoid planting fruit trees in dense clay soil, which prevents roots from properly taking hold. As regards fertilisers, not all fruit trees need them every year and in the same amounts, but a common rule is to fertilise before the buds break.



#### 15 🎇 Match the words to their definitions.

Orchard		a.	A small round melon of a variety with orange flesh and ribbed skin.
Pome		b.	A hard, acid pear-shaped fruit used in preserves or as flavouring.
Drupe		c.	The large oval brown seed of a tropical palm.
Hypanthium		d.	A piece of enclosed land planted with fruit trees.
Coconut		e.	A juicy, soft fruit of an orange-yellow colour resembling a small peach.
Pomegranate		f.	A fruit consisting of a fleshy enlarged receptacle and a tough central core containing the seeds.
Stone		g.	A cup-like or tubular enlargement of the receptacle of a flower.
Cantaloupe		h.	A fleshy fruit with thin skin and a central stone containing the seed.
Apricot		i.	A hard seed in a cherry, plum, peach, and some other fruits.
Quince		j.	A spherical fruit with a tough golden-orange outer skin and sweet red gelatinous flesh containing many seeds.
	Pome Drupe Hypanthium Coconut Pomegranate Stone Cantaloupe Apricot	Pome  Pome  Pome  Pome  Pomegranate  Pomegra	PomeIDrupeIHypanthiumICoconutIPomegranateIStoneICantaloupeh.ApricotI

# Quince

#### 16 🗏 Read the text and decide if the sentences are true or false. Correct the false ones.

#### **Dry Fruits**

Dry fruits are those fruits showing a hard texture. They can be classified as either dehiscent or indehiscent. The former open when they grow up and let their seeds go away: this type of fruit structure is characteristic of peas, beans and peanuts. The latter do not open and leave their seeds inside, such as nuts.

The botanical definition of a nut is a hard-shelled pod that contains both the fruit and the seed. On the contrary, almonds are not nuts: in fact, an almond is the seed of the fruit of the almond tree.

Nut trees have been grown for thousands of years, providing delicious and nutritious fruits to cultures from around the world. Temperate nuts, such as walnuts and hazelnuts, are indigenous to Northern Europe and the Americas, almonds were first grown in Spain, macadamias are indigenous to the Australian continent and pecans were first grown by the Native peoples of Central America. Unfortunately, the boom

years seem to be over, as many nut farmers have to face drought, water shortages, climate change and the rapid expansion of corporate agriculture.

> The secret to growing highly productive nut trees is to select the right type of tree for your climate and soil and then apply advanced pruning techniques to increase fruiting, save water, space and have lower operating costs.

- 1. Dehiscent fruits open when they are ripe.
- **2.** Nuts let their seeds go away.
- 3. Almonds are not nuts.
- 4. Walnuts and hazelnuts are grown in temperate areas.
- 5. Drought, water shortages and changing climate can compromise nut farming.
- **6.** Farmers should choose nut tree varieties suitable to the climate and soil of their estate.



In botanical terms "a fruit is a reproductive structure of an angiosperm which develops from the ovary and accessory tissue, which surrounds and protects the seed". In other words, fruits are the means by which many plants disseminate seeds, though this may be at odds with everyday usage of the word "fruit".

Botanically, oranges and apples are fruits, but so are "vegetables" like tomatoes and cucumbers. Olives, too, are classed as fruits and so olive oil is nothing but a fruit juice.

Т	F

Macadamia nuts

to enhance: accrescere host: (pianta) ospite ladybird beetle: coccinella outbreak: attacco rodent: roditore slug: lumaca snail: chiocciola to spread: propagarsi thrips: tisanotteri whitefly: mosca bianca, aleurodide



# PLANT ADVERSITIES AND REMEDIES

All species of plants, wild and cultivated, are subject to the attack of pests and diseases with a serious impact on the economic output of a farm. The occurrence and prevalence of plant diseases vary from season to season, depending on the presence of the pathogen, the environmental conditions and the crops and varieties grown. Some plant varieties are particularly subject to outbreaks of diseases; others are more resistant to them. Plant diseases can be broadly classified according to the nature of their primary causal agent, which is either infectious or non-infectious.

- **Infectious plant diseases** are caused by a pathogenic organism such as a fungus, bacterium, mycoplasma, virus or nematode. An infectious agent is capable of reproducing within or on its host and spreading from one susceptible host to another.
- **Non-infectious plant diseases** are caused by unfavourable growing conditions, including extremes of temperature, disadvantageous ratio between moisture and oxygen, toxic substances in the soil or atmosphere, and an excess or a deficiency of an essential mineral.

Climate change and extreme weather events may negatively affect plant health and growth since they can enhance the spread of diseases and favour the attack of pests.

**Pests** are usually divided into two main groups: **parasitic pests**, which damage plants by obtaining their food from the plant (insects, **snails**, **slugs**, birds, **rodents**, etc.), and **non-parasitic pests**, which damage plants mechanically (dogs, cats, lichens). Farmers should vary their prevention and treatment methods depending on the crops they grow and the pests or diseases they are susceptible to, as they affect crops differently. Most management practices are long-term activities that aim at preventing pests and diseases from affecting a crop, whereas control practices focus on killing pest and disease. Careful and continuous monitoring of pest and disease levels during critical times of growth of a crop is the key to successful management since it helps the farmer to intervene early enough before the pest and/or disease causes significant damage. The main curative methods include:

- mechanical control using light traps to catch night flying insects, colour and water traps to monitor adult thrips, yellow sticky traps to control whiteflies and aphids;
- biological control using natural enemies such as fungi, bacteria, viruses, insect predators, and insect parasitoids to manage populations of pests (such as ladybird beetles against aphids) and disease. These natural enemies are called antagonists or referred to as microbial insecticides or bio-pesticides. Some commonly used antagonistic microbes are bacteria such as *Bacillus thuringiensis* (Bt);
- natural pesticides extracted from the plants and applied on infested crops such as the botanical pesticides Rotenone (*Derris sp.*), nicotine (tobacco), and pyrethrins (*Chrysanthemum sp.*).



#### **17** Read the text and write questions for the given answers.

#### The Potato Famine in Ireland

The potato originated in the Andes Mountains of Peru, South America. In the early 1500s, Spanish conquerors brought it back to Europe and in about 1590, potatoes were introduced to Ireland, where farmers quickly discovered they thrived in their country's cool moist soil with very little labour and could feed a large family for a year, with the leftovers going to the family's animals.

Ireland in the mid-1800s was an agricultural nation, populated by eight million people who were among the poorest in the Western World and almost totally dependent on one crop: potatoes, specifically, the Lumper variety. Since potatoes could be propagated vegetatively, all of them were clones, genetically identical to one another. But evolutionary theory suggests that populations with low genetic variation are more vulnerable



to changing environmental conditions than populations with high genetic variation. That is why the genetically identical lumper potatoes were all susceptible to a rot caused by *Phytophthora infestans*, which turned non-resistant potatoes to inedible slime. No cure existed in Ireland for the dreaded 'potato blight' and, even if a cure had existed, the people on the land would not have been able to afford it. It was not until 1882, almost 40 years after the famine, that scientists discovered a cure for *Phytophthora infestans*: a solution of copper sulphate sprayed before the fungus gained root.

Sporadic potato crop failures had already **plagued** Ireland in the 1700s and early 1800s. In 1844, the blight caused by a fungus had been identified in America, France and in the Isle of Wight, but the wet and mild summer of 1845 had the perfect weather conditions for this disease to spread in Ireland, too.

Diseased potatoes used as **planters sprouted** diseased **shoots**. Not all of the potatoes were infected the first year, so farmers replanted the same potatoes during the next few years hoping for better results. However, the situation worsened as the spores spread.

Lasting for six years, the Irish Famine, known as "The Great Hunger," was the great turning point in Irish history. It changed the society forever, reducing the population by 2 million people (25% of the total): half of these died of starvation or diseases associated with the famine, and half emigrated to North America or Great Britain.

The famine led to severe poverty and homelessness, which in turn led to unsanitary conditions and diseases such as cholera, dysentery, scurvy, typhus and lice infestations.

The horrors of the potato famine were worsened by the inadequacy of relief efforts by the British Government, which was sharply criticised for its laissez-faire economic policy and particularly because it allowed food to be exported to other countries while Ireland was starving. That was the consequence of the Protestant evangelical belief in divine Providence, and the ethnic prejudice (called moralism) of the educated British middle classes against the Catholic Irish, guilty of being lazy, inefficient, violent and responsible for the calamity.

- 1. Potatoes were introduced to Ireland around 1590.
- **2.** Ireland was essentially an agricultural country.
- **3.** Because the Lumper variety had low genetic variation, so it was more vulnerable to the rot caused by *Phytophthora infestans*.
- **4.** The potato blight was cured with a solution of copper sulphate sprayed before the fungus had gained root.
- 5. The population was reduced by 2 million people.
- 6. The most widespread diseases were cholera, dysentery, scurvy and typhus.
- 7. The relief efforts by the British Government were completely inadequate.
- **8.** The Irish were considered by the British middle class to be lazy, inefficient, violent and responsible for the calamity.



copper sulphate: solfato

di rame



# **OIL PLANTS**

# 10

# Ans que

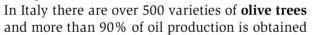
# Answer these questions.

- a. What different types of oil plants do you know?
- **b.** Which Italian regions produce the most olive oil?
- c. What do you know about the spread of *Xylella fastidiosa* in Southern Italy?

copra: endosperma del frutto della noce di cocco dairy blend: miscela di derivati del latte flax: lino fruitlet: drupa kernel: nocciolo meal: farina monoecious crop: coltura monoica rapeseed: colza silage: insilato spread: crema spalmabile

# TYPES OF OIL CROPS

Oil crops include trees such as olive trees or palms, herbaceous plants such as flax, and even fungi. Oil is found in large amounts usually in the seeds of the plants and occasionally in the fleshy part of the fruit, as in the olive and the oil palm fruitlets. There are about 40 different varieties of seeds whose oil can be consumed, but only a few are significant in the total world trade. The most important oilseed producing areas are in the temperate zones. America and Europe together contribute to more than 60% of the world production of oil seeds, whereas a small production (<5%) comes from tropical areas such as Africa, Malaysia and Indonesia.





from some 45 varieties. Eighty per cent of the production of olive oil in Italy is centered around three regions: Apulia, Calabria and Sicily.

Among the oilseed crops, **soybean** is the main contributor in the world oilseed economy: it is also widely consumed as a bean and in the form of various derived products because of its high protein content.

**Rapeseed** is the second largest oilseed crop in the world oilseed production. Its main production areas are Europe (35%), China (26%), India (14%), and Canada (8%). **Canola oil** ("double-zero" rapeseed variety), developed through conventional plant breeding from rapeseed, is used for the production of margarine, spreads, dairy blends, animal feed, emulsifiers, vitamin E, healthy cooking oils, etc.

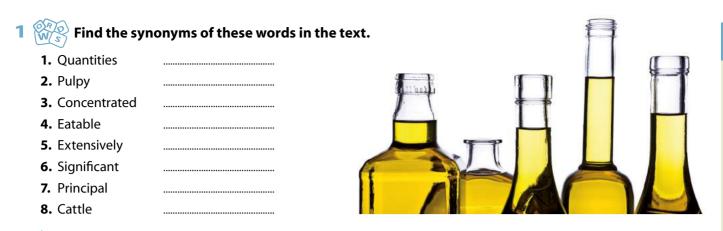
As a source of edible vegetable oil, **sunflower** has become a crop of major economic importance worldwide. Its wide adaptability enables cultivation in different agro-climatic



regions and soil types. It can be used as a rotation crop in cereal systems to contrast grass weeds, as a double crop after early harvested small grains or vegetables, as an emergency alternative crop or as silage crop. **Peanut**, an important oil and food crop, is currently grown on approximately 42 million acres worldwide. India, China, and the United States have been the leading producers for over 25 years and grow about 70% of the world crops.

Grown for both seed and fibre, **cotton** plant is a source of oil for human consumption, cotton meal and minerals for livestock and poultry feed.

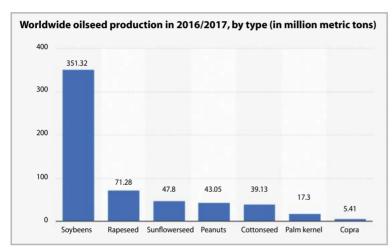
**Copra** is the kernel of the fruit of the coconut palm, whose oil is mostly used as livestock feed, while **palm** kernel is the nut of oil palm fruitlets, whose oil is used as a raw material for both food and non-food industries.



#### **2** Oescribe this bar chart about the global oilseed production in 2016/2017.

#### Some useful expressions:

according to...; to represent/to show/to underline; to be the double of; one third/fourth/etc.; slightly lower than...; considerably higher than...; the 1st/2nd/3rd/etc. in the ranking; at the very bottom; to be the tail end...





**ONLINE RESOURCES** 

Canola oil: ideal for any type of cooking

#### 3 D Watch the video and complete the sentences.

https://www.youtube.com/watch?v=jeRXeT7HK1E

- 1. Being a monoecious crop means having both ...... and ...... and ...... flowers on the same tree.
- 2. Palm trees may be higher than ..... feet.
- 3. The first fruits appear after ..... of field planting.
- 5. The maximum yield of the tenera variety is ..... tonnes of crude palm oil.
- 6. Oil palm yield is ...... greater than other crops.





# **OLIVE GROVE CONSERVATION AND MANAGEMENT**

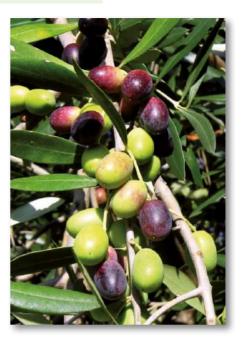
bloom: fioritura cover crop: coltura di copertura olive grove/orchard: uliveto mulching: pacciamatura pine straw: aghi di pino to prune: potare shoot: germoglio



Cover crops and their residues, particularly on slopes, form small dams that help to retain water runoff, reduce soil erosion, and contribute to soil water intake.

Natural cover crops that include grass-legumes improve soil structure, and this is reflected in increased aggregate stability and an associated ability to withstand erosion events. No one **conservation** and **management** system is suited to all situations. This is because of differences in soil type, topography, type of farming operation, and climate. Generally speaking, olive trees need mild winters and long, warm, dry summers. As they are sensitive to hard freezing environments, temperatures below -5 °C will kill small shoots and branches. It is best to avoid planting olive trees in situations where there is a high risk of frost during bloom (late April to mid-May) or where freezing conditions are likely before harvest. Summer rainfall can cause fungal and bacterial infestations. Olive trees need regular watering to thrive, but they require a well-drained soil and a sunny position, where they can receive at least six hours of direct sun per day.

Good soil-management practices are needed to improve olive growth and productivity by providing adequate nutrients and water to the



plant. Indeed, poor soil aeration and gaseous exchange rates, limited movement and storage of water, and erosion as a result of structural degradation, reduce plant growth and vigour.

A good indicator of potentially large yields is the intensity of flower induction, which relies on the availability of specific hormones, energy and carbohydrates. Carbohydrate availability depends on climate conditions, variety, and diseases, but also on water and nutrient amounts and physical status of the soil. Once again, soil fertility (physical, chemical and microbiological conditions) is crucial to determining enhanced plant productivity.

In Mediterranean climate conditions, it is of particular importance to determine the best management practices that simultaneously increase soil organic matter levels and reduce wind speed, soil disruption, erosion and carbon loss, while permitting water intake during the rainy season. One of the most common conservation practices are cover crops: in olive orchards they help to reduce the erosive forces of both raindrops and the wind by



preventing the rain from hitting the soil surface directly and by acting as a windbreak. Olive trees do not need special olive tree **fertilisers,** but the most recommended ones are nitrogen (N), phosphorus (P) and potassium (K), which should be fed lightly and often during the growing season. As regards **mulching**, pine straw is recommended.

Even if the current tendency is **to prune** olive trees as little as possible, this practice is necessary to adjust the trees to the climatic conditions of the area and increase a plantation's productivity. Olive tree planting **layout** is decided according to the cultivation system applied: intensive for fertile areas or non-intensive for less fertile soils and low rainfall.

#### **4** 📎 Decide if the sentences are true or false. Correct the false ones.

- 1. Soil, topography, and climate are crucial when choosing a specific conservation management system.
- 2. Small wood and branches may be affected by hard freezing.
- 3. Olive trees should receive less than 6 hours of direct sun daily.
- 4. Soil fertility influences olive grove yield.
- 5. Cover crops may act as windbreaks.
- 6. Intensive fertilising is not recommended.
- 7. An intensive cultivation system is preferred in areas where it does not rain a lot.

#### 5 📃 Read and reorder the paragraphs.

#### **Cover Crops in Spanish Olive Groves**

In recent years, cover crops have been promoted as an alternative to bare soil in olive groves in Southern Spain due to their ability to reduce soil erosion from water, especially in sloping olive groves.

Several cruciferous species are also being introduced mainly because they have high potential for controlling important olive soil-borne diseases. Regarding the cover crop management, the rows between the trees are planted in autumn, while the area under the canopy is kept free of vegetation. Cover crops are killed by mowing or herbicides in early spring before weeds start to compete with the crop for moisture.

In the Mediterranean basin, rainfall and underground water resources are the only supplies for most of the olive trees. In this area, traditional olive groves were designed with low plant density according to total rainfall. In Spain, around 50% of olive groves is tilled to avoid weed competition for water and nutrients, in order to increase olive tree yield.

Other potential benefits include improved ground quality, retained and recycled plant nutrients, as well as effective control of weeds and soil-borne diseases. Several species, including barley, vetch and natural grasses, have been recommended as winter cover crops for olive groves.

In addition, cover crops contribute to increase biodiversity, by favouring direct and indirect trophic interaction among community components, weeds, arthropod pests, and their natural enemies. Moreover, they provide increased resources such as alternative hosts/prey, pollen or nectar for parasitoids and predators.

This conventional practice gives rise to a large area of bare soil that is prone to erosion processes, one of the most important land degradation driving processes in Mediterranean areas.

Adapted from: Natural enemies associated with cereal cover crops in olive groves, University of Almería, Spain



• Sustainability through use of cover crops



canopy: chioma natural grasses: graminacee spontanee vetch: veccia

# ADVERSITIES AND REMEDIES IN OLIVE TREES

adversely: negativamente buffer zone: zona cuscinetto **concern**: *preoccupazione* felling: *abbattimento* to force a rise: produrre un aumento hence: *auindi* loss: perdita lure: esca meadow spittlebug: cicala sputacchina to phase out: *eliminare* gradualmente to rely on: basarsi su scorching: bruciatura

The world produces approximately 18 million tonnes of olives every year and the **olive fly** (*Bactrocera oleae*) is the single biggest problem facing the majority of olive plantations around the world.

Olive fly infestation, even at low levels, makes table olives unmarketable and adversely affects their acidity, and hence the quality and value of the olive oil.

Female olive flies inject their eggs directly into the fruit, making it very difficult to kill the larvae, which are never exposed outside the fruit, so fruit-penetrating toxins must be used as a remedy. This is why current control methods against the olive fly rely on the use of chemical insecticides. However, several useful insecticides have been phased out due to concerns about their negative impact on the environment or human health. Insecticide-resistance is reducing the effectiveness of the chemicals used, whose cost is also high. Alternative control methods – such as pheromone disruption, various lures and traps, and the fruit fly parasite, *Psyttalia concolor*, which feeds on the flies – have been

also adopted, but have generally had little success, especially when the population density of the flies is high.





A more recent dangerous plant bacterium is *Xylella fastidiosa*, which spread worldwide, causing a variety of diseases with a huge economic impact on agriculture, public gardens and the environment. This deadly bacterial pathogen is not harmful to humans, but causes rapid desiccation or 'scorching' of the plants it infects. Since 2013 it has wiped out more than a million ancient olive trees in Southern Italy, forcing a 20% rise in the cost of olive oil across the EU. Widespread amongst Californian vine varieties and Brazilian citrus plantations, the bacterium encountered a large percentage of its many host plants in Apulia and, in olive trees, a new suitable host. Due to the rapid spreading of the disease through the region, and to the lack of ultimate remedies, the Italian government had no choice but to approve the felling of 3,000 trees in Salento, trying to create a sanitary buffer zone between affected and non-affected areas.

Unfortunately, many other plant species (oleanders, plums, almonds and cherries) remain potential hosts in the European countries, where transmission of the disease takes place through the meadow spittlebug, a vector insect that is widespread in the entire Union territory. As a consequence, the risk of this pest spreading further to other areas is very high, unless strict control measures are taken immediately when any new outbreak is detected.



Workers cut down an olive tree infected with Xylella fastidiosa

#### **6** Find questions to the answers.

- **1.** Olive acidity is compromised by the olive fly infestation.
- **2.** Because the larvae are never exposed outside the fruit.
- **3.** Because these chemical insecticides have a negative impact on the environment and human health.
- **4.** Because this bacterium causes rapid desiccation or 'scorching' of the infected plants.
- **5.** The spread of disease among olive groves in Southern Italy pushed up the price of olive oil.
- **6.** The deadly bacterial pathogen came from Californian vine varieties and Brazilian citrus plantations.
- **7.** Because of the rapid spreading of the disease through the region, and the lack of effective remedies.
- 8. Through vector insects.

# **7** AIR WORK. Play the role of a journalist interviewing a farmer in Salento dealing with the outbreak of *Xylella fastidiosa* in 2013.

The farmer should point out the seriousness of the situation as regards the damage to the environment, the local patrimony and the family estate. Make comments about the governmental steps to halt the spreading pest.





# 8 Write a short report (200-250 words) about the causes of the outbreak of *Xylella fastidiosa*, the government reaction and the economic impact and alternative solutions, if any.

Start by surfing the Net to find information about:

- the spread of Xylella fastidiosa infection in Salento
- the removal of olive trees
- the reaction of farmers
- causes
- consequences
- · criticism of the Government plan
- future proposals.





# **VINEYARDS**



# Answer these

- Is wine produced in your region?
- **b.** What varieties of grapes are grown?

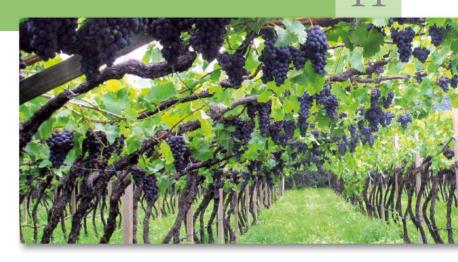
breeze: brezza **bunch**: grappolo di uva cluster: grappolo frost: gelo to fulfil: soddisfare grapevine: vite harvest: vendemmia to harvest: vendemmiare hearty: vigoroso jelly: gelatina to prune: potare raisin: uva passa site: posizione slope: pendio smooth-skinned: liscio **vine**: *pianta rampicante* vineyard: vigneto



Grapevine and vine are synonyms: as nouns, the difference between grapevine and vine is that grapevine is the plant, a vine of genus vitis, on which grapes grow, while vine is the climbing plant that produces grapes.

# **GRAPF VARIFTIFS**

Grapes are small, round, smooth-skinned, juicy berries, generally purple, red, or green, growing in clusters on woody vines. Each **bunch** is attached to the main stem by its own short stem. They contain glucose and



fructose, and are a good source of fibre, vitamin C and potassium. Grapevines are divided into three main groups: Vitis vinifera, Vitis labrusca and hybrid grapes.

The most common species of **wine grape** is *Vitis vinifera*, which is used for the majority of the wines produced around the world and includes nearly all varieties of European origin. It also includes cultivars such as Cabernet Sauvignon, Merlot, Pinot Noir, Chardonnay, Riesling and Sauvignon Blanc. If pruned regularly and trained carefully, grapevines can remain productive for 50 years or longer.

Vitis labrusca is a species of robust and aromatic grape native to North America. It is used as a tablegrape, winegrape, grape-flavoured soft drinks and jelly.

Grape hybrids are generally heartier and produce more fruit than native European grapevines, but they are forbidden for use in wine production in most countries.

A **vineyard** is a plantation of grape-bearing vines, grown mainly for winemaking, but also for raisins, table-grapes and non-alcoholic grape juice. The science, practice and study of vinevard production is known as viticulture. A vinevard is often characterised by its 'terroir', a French term loosely translating as "a sense of place", which refers to the specific geographical and geological characteristics of its grapevine plantations – its soil and subsoil, its drainage and slope, and its microclimate, which includes temperature, precipitation, and exposure to sun, wind and fog – that is everything that contributes to the distinctive character of a wine.

The most important single factor that determines the eventual success of a vineyard is the site. The ideal site fulfils the requirements of:

- full sunlight
- soil composition (sandy loam soils) and drainage
- suitable moisture (depending on soil types and vinegrape varieties) .
- suitable slope (the further from the Equator, the steeper the slope, to get the ideal • sunshine exposure)
- proper protection against frost
- an open area with a breeze which may prevent the fungal diseases.

However, it is the quality of the grapes which determines the quality of the wine more than any other factor. Grape quality is affected by variety as well as by the weather during the growing season, soil minerals and acidity, time of harvest, and pruning method. Grapes are usually harvested from early September until early November in the northern hemisphere, and mid-February until early March in the southern hemisphere. In some cool areas in the southern hemisphere, like Tasmania, harvesting extends into May.

#### Match each word to its definition.

_				
1.	Vineyard	a.	Climbing plant whose fruit is the grape.	
2.	Harvest	b.	Alcoholic drink made from the fermented juice of grapes.	
3.	Wine	c.	Very small drops of water present in the air.	
4.	Vine	d.	The practice of growing grapes.	
5.	Viticulture	e.	Cutting away a branch or stem from a plant.	
6.	Pruning	f.	Thin, white layer of ice which forms when temperature is below 0 $^{\circ}\text{C}.$	
7.	Raisins	g.	Area of land planted with grapevines.	
8.	Drainage	h.	The act of cutting and gathering crops.	
9.	Frost	i.	The ability of the soil to remove excess water.	
10.	Moisture	j.	Dried sweet grape.	

#### **2** Answer the questions.

- 1. What are the main grape varieties?
- 2. What is meant by 'terroir'?
- 3. What is the ideal site for a vineyard?
- 4. What does the site affect?
- 5. What determines the quality of wine?
- 6. Which variety of vineyard is forbidden in Europe for wine production?

#### **3** (4.4) Listen and decide if the sentences are true or false.

- 1. Vitis labrusca has vertical and horizontal branching habits.
- **2.** It is cultivated only in the Southern States of the US.
- **3.** Good drainage is essential for the best growing.
- 4. It is advisable to protect the vine from winds and frost.
- 5. It is self-seeding.
- 6. Humid summer climates are suitable for this plant.
- 7. It can be grown on different structures to provide cover or shade.





# PRUNING AND OTHER MAINTENANCE ACTIVITIES

cane: tralcio, capo a frutto desuckering: scacchiatura to mess up: compromettere pinching back: sfemminellatura o scarzolatura to staple: fissare sucker: pollone trellising: legatura dei tralci ai fili di sostegno The yearly growth cycle of grapevines varies, depending on climate, weather, variety, and other growing conditions. In spring, grapevines "wake up" and start their yearly cycle with bud burst, ending in autumn with leaf fall, followed by winter dormancy.

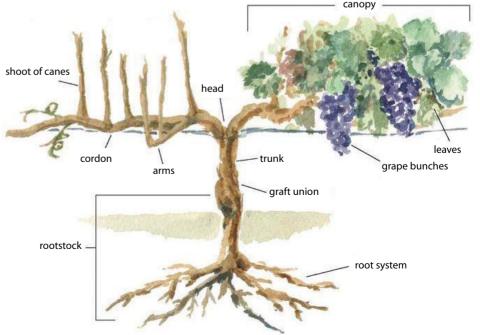
Pruning is one of the most important operations in grape production because it regulates both vegetative growth and fruit production: when a vine is under pruned (too many buds left), the vine will produce many small clusters of small grapes that may fail to ripen properly; if the vine is over pruned (too few buds left), the yield will be low and the vegetative growth excessive.

Grapevines are pruned by cutting away most of the vine that is not required for the next season's growth. In cold weather it is advisable not to prune until late winter or early spring. Summer pruning or pruning while the vine is in a green or growing state can severely weaken its development.

In general, to obtain the most from each grapevine, the main tasks at a vineyard, besides pruning, are:

- **desuckering**: in mid May, any non-fruitful shoots ('suckers') are removed, encouraging the vine to focus its energies on the fruit-bearing shoots
- phyto-sanitary treatment: from April to September growers monitor weather and humidity conditions to contrast any fungal disease which could mess up the harvest
- **lifting**: by the end of May, the shoots are 50 centimetres long. They must now be raised from the ground and attached vertically to wires running some 30 centimetres above the main support wires
- trellising: in June the shoots are separated and stapled to wires, thus allowing maximum light penetration and also encouraging air circulation to prevent rot
- **pinching back**: from mid-June or early July, before or after flowering, shoot tips are removed to prevent the vine from producing foliage at the expense of fruit; it is repeated twice and sometimes as often as four times/season
- **harvesting**: once the grapes reach the optimal stage of ripening, they are harvested: the date is determined by different factors, such as climatic parameters and the vine cycle evolution
- **fertilising**: a post-harvest fertiliser application is important in the dormant season, as the grapevine stores nutrients in the canes, stem and roots, in preparation for winter. However, it is difficult to give generalised recommendations, since these requirements can vary widely, depending on vine vigor and crop size.





#### **4** Find the words corresponding to the definitions.

- 1. The process of cutting off unwanted branches: .....
- 2. A group of similar things growing or held together: .....
- 3. A period in a plant's life cycle when growth and development are temporarily stopped: .....
- 4. Removing some of the shoots that grow from young grape vines: .....
- 5. A structure used as a support for vines and other climbing plants: .....
- 6. Removing the growing tips on main stems: .....
- 7. The gathering of crops: .....

#### **5** Answer the questions.

- 1. Why is pruning necessary?
- 2. What is the consequence of too many buds being left on the vine?
- 3. When should grapevines be pruned?
- **4.** What happens if the vine is pruned while in a green or growing state?
- 5. What influences the yearly growth cycle of grapevines?
- 6. Why is desuckering useful?
- 7. Why is trellising useful?
- 8. What determines the harvesting date?



#### 6 🐚 Translate.

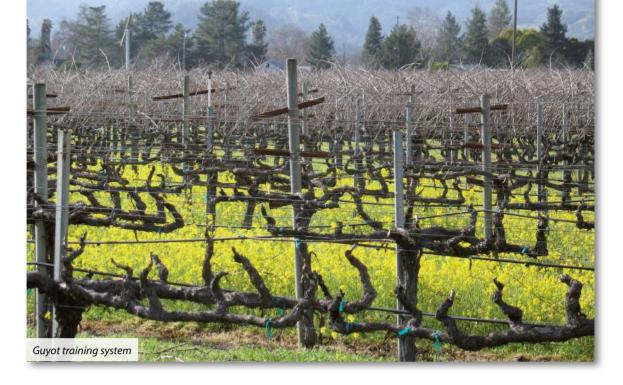
L'inverno e l'inizio della primavera sono i periodi migliori per la potatura, che è un'operazione delicata e importante. Durante il primo anno la vite dovrebbe essere lasciata crescere, ma nella primavera del secondo anno si possono iniziare a rimuovere i germogli laterali che crescono dal tronco. Poi, la vite viene lasciata crescere durante la terza primavera ed estate; nell'inverno successivo si lasceranno 12 gemme lungo ogni ramo, il quale produrrà frutti durante la quarta estate.







ACTIVITIES



# TRAINING SYSTEMS

bush: arbusto cordon spur pruning: potatura a cordone speronato

gobelet/head pruning: potatura ad alberello goblet: calice spur: sperone

The Guyot training system was developed in France in the late 1800s and is named after Dr Jules Guyot, a French physician and agronomist. It is commonly used for commercial vineyards, but is easily adapted for the home gardener.

Not all vineyards look the same. That is because not all grape vines are pruned and grown in the same way, given that each vine training system offers different benefits, according to the specific climate, terroir and vine variety. Even without a fixed rule, growers generally adopt:

- tall vine trunks in cooler climates with high moisture; lifting the grapes higher above the ground increases airflow and sun exposure, which reduces fungal infections
- short vine trunks in hotter growing regions; this system reduces vine exposure to the sun and moderates temperature variation
- widely spaced vines in very dry regions, to increases vine's ability to access nutrients from the soil; in moist or irrigated areas, it also increases the vines production
- closely spaced vines to limit vine vigor, limiting production and improving quality.

The following are just some of the most common pruning methods which give rise to specific training systems.

- **Cordon spur pruning** leaves a permanent horizontal extension of the trunk in place year after year. Cordons can be decades old and achieve diameters of several centimetres. All vineyard operations can be mechanised, including winter pruning.
- The Guyot training system is part of a group of systems referred to as a VSP system (vertical shoot positioned). This system trains one or two fruiting arms along a main wire. In single Guyot, only one spur and one cane are left, while in double Guyot, two spurs and two canes are retained. Together with Cordon Spur Pruning, it represents one of the most widespread training systems in the world, due to the ease in which vineyard operations can be mechanised, except for pruning, which must be carried out by hand.
- **Gobelet** or **Head Pruning** is an ancient method of vine training which involves no wires or other systems of support, and results in a goblet or bush shaped growth. The trunk of the vine is kept short, at about 0.5m, allowing for a greater accumulation of heat, which makes this a well-adapted system for warm, dry climates, without fertile soil.
- The **Pergola** training system requires a significant wood or stone support structure which holds up the roof, usually made of iron wires. This system, widespread in all of Northern Italy, is particularly suitable for alpine climatic conditions, as its structure can protect the grapes from the sun's rays during summer and from the winter frost.

#### (4.5) Listen to the conversation between a customer and Mr Dotto, an agronomist of CAREMA grapevine nursery. Then, complete the sentences.

- 1. The customer's garden is .....
- 2. The customer ...... an expert in training systems.
- **3.** According to the function of the pergola, Mr Dotto can suggest the suitable grape .....
- **4.** The pergola training system allows the grapevine to be kept under control during ......
- 5. Less disease is due to more effective ...... and
- 7. Mr Dotto suggests starting with a ..... number of grapevines.
- 8. A pergola should be sturdy enough to withstand .....
- 9. At the end, is the customer going to carry out his/her project? .....

#### 3 📎 Read the passage and decide if the statements are true or false. Correct the false ones.

#### **Preserving Sicily's Heritage**

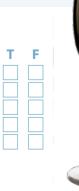
Viticulture in Italy is likely to date back to 6,500 years ago, after archeologists from the University of South Florida have found residues of wine at the Copper Age site of Monte Kronio, on the southwest coast of Sicily. This may be justified by the island's unique terroir – mineral-rich soils, rolling hills, and Mediterranean climate – which makes it an ideal growing environment for the grapevine. Monte Kronio is located in the surroundings of Sciacca which, along with the communes of Contessa Entellina, Menfi, Montevago, Santa Margherita and Belice, belongs to the Terre Sicane district, "The Golden Triangle" of Sicilian wine growing. In this area, the early 1990s witnessed a growing trend to import international varieties, such as Merlots, Cabernets and Chardonnays. However, some forward-thinking producers have been working for many years to preserve the island's native grape varieties and differentiate their wines from those in the rest of Italy.

Today, the best Sicilian wines are being produced from the nearly 50 existing, indigenous vines and are being enjoyed in restaurants and homes across the world.

Sicilian wine producers are focusing on the opportunities provided by the Mediterranean landscape: the island's climatic conditions are perfect for producing healthy grapes and extraordinary wines with distinctive flavours at incredible value. Research projects are also being undertaken across Sicily to identify clonal material and ensure the diversity of the island's native *Vitis vinifera* is both preserved and celebrated.

The indigenous vines, which, over the centuries, have adapted to these lands, non-irrigated Gobelet cultivation and organic agriculture are fundamental in respecting what has been inherited.

- 1. Sicily's environment is not suitable for viticulture.
- 2. In the last decade of the 20<sup>th</sup> century, international varieties used to be imported.
- 3. Following a different trend, some winemakers started to re-evaluate indigenous vines.
- 4. Merlot is one of the 50 native varieties.
- 5. Traditional viticulture relies on non-irrigated Gobelet cultivation and organic farming.



## DANGERS IN THE VINEYARDS

Grapevines are tough plants that thrive after being severely cut back, re-bloom after snowy winters and produce masses of fruit even when neglected. Nevertheless, there are several pests and grapevine diseases that can minimise the vigour of these plants.

The sweet, succulent fruit is a magnet for rodents, insects and especially birds. Insects that can affect grapes include the *grape phylloxera*, grape thrips, the red spider mite, and grape leafhoppers. Some, such as **grape leafhoppers**, feed on the leaves, placing significant stress on the vine and reducing the plant's ability to produce fruit; they overwinter in the dropped leaves beneath the vines and can be controlled with good sanitation practices. **Grape thrips** can seriously damage leaves, and flowers become sterile in case of heavy infestation. **Red spider mites** infect the leaves, damaging photosynthesis and causing decreased sugar storage in fruits. To contrast these three pests, farmers use natural insecticides or predators.

*Grape phylloxera* is the world's worst grapevine pest. This tiny aphid-like insect feeds on *Vitis vinifera* grape roots, causing galls on them. It lives on the surface of the root galls, stunting the growth of the vines or killing them. This pest destroyed millions of hectares of vineyards in Europe in the 1800s, nearly wiping out the French wine industry. There is no cure or treatment for vines infested with *phylloxera* – apart from removing all infected vines and replacing them with vines grafted onto *phylloxera*-resistant rootstocks.

In an effort to control *phylloxera*, resistant grape rootstocks were introduced to Europe from North America in 1878. Unfortunately, at the same time, these imported rootstocks carried the downy mildew pathogen (*Plasmopara viticola*), spreading it widely throughout Europe. Grapes are very susceptible to various fungal diseases, which can be prevented by choosing a windy site for the vineyard or applying a copper-based fungicide:

- **Downy mildew** is a highly destructive disease of grapevines in all grapegrowing areas of the world with rainfall in spring and summer at temperatures above 10° C. Foliar symptoms appear as yellow circular spots with an oily appearance (oilspots), white downy fungal growth will appear on the underside of the leaves and other infected plant parts;
- **Powdery mildew** (*oidium*) causes a white dusty coating on leaves, buds, young shoots, fruits and flowers. Leaf infection reduces plant vigour. When fruits are infected, they split as they expand and this allows secondary infection by grey mould;
- **Grey mould**, caused by *Botrytis cinerea*, is a soft rot on fruit and leaves, easily infecting plants that are already damaged or beginning to die.





coating: patina copper sulfate: solfato di rame

downy mildew: peronospora gall: galla, escrescenza to graft: innestare grey mould: muffa grigia leafhopper: cicadella lime: calce noble rot: muffa nobile to overwinter: svernare pilfering: piccolo furto powdery mildew: oidio red spider mite: acaro rosso rootstock: portainnesto

rootstock: portainnesto soft rot: marciume molle to stunt: inibire, bloccare la crescita thrip: tisanottero to turn out: risultare to wipe out: eliminare to wither: appassire

#### 9 Complete the sentences.

- **1.** Grapevines are vigorous plants which...
- 2. Leafhoppers live through the winter in...
- 3. Grape phylloxera is an insect...
- **4.** A lot of European vineyards...
- 5. The only efficient treatment against phylloxera...
- 6. Rootstocks of American varieties were introduced...
- 7. The downy mildew was introduced from...
- 8. Fungal diseases are favoured by...
- 9. Plants infected with powdery mildew show...
- **10.** Grey mould is a disease caused by...

# Grape phylloxera

# **10** (4.6) Listen to the text and fill in the blanks. Then, say if the statements are true or false and correct the false ones.

#### Remedies

As regards (5) ....., its first symptoms are usually seen on the leaves as soon as 5 to 7 days after infection. Infected parts of young fruit bunches turn brown, wither, and (6) ...... rapidly. The infection of young shoots and leaves can lead to significant crop loss and affect (7) ...... accumulation and growth in the following season.

Disease can be prevented by establishing grapevines in (8) ..... sites with good air movement and using pre-infection (protective) copper-based (9) ....., such as Bordeaux mixture and

the dithiocarbamates, applied prior to an infection event. Post-infection fungicides are more costly and should be applied as soon as possible after infection.

In 1885, P.M.A. Millardet first used (10) ...... to control downy mildew. It is said that a farmer had applied this mixture of copper sulfate and lime to produce a chemical residue on grapes along the (11) ...... to discourage pilfering by passers-by; it turned out to be particularly (12) ...... against this disease. Millardet's extensive experimentation led to the development of Bordeaux mixture as the first widely used chemical to (13) ...... plants from fungal infections.

- 1. Grey mould can be positive in particular weather conditions.
- 2. Downy mildew first attacks the fruit.
- 3. No farming measures can prevent fungal infections.
- **4.** Bordeaux mixture was discovered by chance in France.
- 5. Bordeaux mixture is the best fungal treatment for plant infections.





Plasmopara viticola



# GARDENING AND LANDSCAPING

# Answer these questions.

- a. If you had to design your garden, which plants would you choose? Why?
- **b.** Have you ever heard of vertical forests?

to affect: influenzare cactus-dotted: punteggiato di cactus dam: diga deciduous: caducifoglio ditch: canale landform: morfologia yard: giardino, cortile



Convention – also known as the Florence Convention - promotes the protection, management and planning of European landscapes and organises European co-operation on landscape issues. The convention was adopted on 20 October 2000 in Florence (Italy) and came into force on 1 March 2004 (Council of Europe Treaty Series no. 176). It is open for signature by member states of the Council of Europe and can be accessed by the European Community and European non-member states. It is the first international treaty to be exclusively concerned with all dimensions of European landscape.

# LANDSCAPE

Garden and landscape design deals with the development and decorative planting of gardens, yards, grounds, parks, and other types of areas. It is one of the decorative arts and is allied to architecture, city planning, and horticulture. Efforts to design gardens and to preserve and develop green open space in and around cities, are efforts to maintain contact with the original rural landscape and create continuity in space with the structural urban landscapes.

According to the **European Landscape Convention**, the term "landscape" refers to an area, as perceived by people, whose character is the result of the action and interaction of natural and/or human factors. In other words, it consists of the geographical features that are characteristic of a particular area and, at the same time, it is characteristic of the people who made it. For this reason, we can have natural or cultural landscape, rural or urban landscape.

A **natural landscape** is made up of different landforms, such as mountains, hills, plains and highlands, lakes, streams, soils and natural vegetation. A desert landscape, for instance, usually indicates sandy soil and few deciduous trees. But even desert landscapes can vary: the hilly sand dunes of the Sahara desert landscape are very different from the cactus-dotted landscape of the Mojave Desert of the American Southwest.

A landscape that people have modified is called a **cultural landscape**. People and the plants they grow, the animals they care for, and the structures they build make up cultural landscapes, which can be very different. Since 1992 UNESCO has protected cultural landscapes from damage, and identifies them as tourist destinations, such as the Roero Vineyards and the Botanical Garden of Padua. The growth of technology has increased our ability to change a natural landscape. An example of human impact on landscape can be seen along the coastline of the Netherlands: water from the North Sea was pumped out of certain areas, later used for farming and protected from water with dams and ditches. By studying natural and cultural landscapes, geographers learn how people's activities affect the land. Their studies may suggest ways that will help us protect the delicate balance of the Earth's ecosystems. Thus, it is important to establish a **landscape policy** 

by the competent public authorities: general principles, strategies and guidelines aimed at the protection, management and planning of landscapes, in order to maintain the significant features of a landscape, justified by its heritage value derived from its natural configuration and from human activity.





#### **1** Answer the questions.

1. What is a landscape?

2

- 2. What is a natural landscape made up of?
- 3. What kind of landscape can be considered a "cultural landscape"?
- **4.** What is the role of UNESCO?
- 5. What support has the growth of technology given?
- 6. What is the aim of landscape policy?

#### Read the text and fill it in with the given words.



The term *landscape* comes from the Dutch word *landschap*, the name given to paintings of the countryside. Famous Dutch landscape painters include Jacob van Ruisdael and Vincent van Gogh.

cultural • diversity • environment • external • Heritage • land-use • natural nature • physical • regions • society

#### **The Cultural Landscape Protection**

In 1992, the World Heritage Convention became the first international legal instrument to recognise and protect (1) ..... landscapes. The Committee, at its 16th session, adopted guidelines concerning their inclusion in the World (2) ..... List. The Committee acknowledged that cultural landscapes represent the "combined works of (3) ..... and of man" designated in Article 1 of the Convention. They are illustrative of the evolution of human (4) ..... and settlement over time, under the influence of the (5) ..... constraints and/or opportunities presented by their natural environment and of successive social, economic and cultural forces, both (6) ..... and internal. The term "cultural landscape" embraces a diversity of manifestations of the interaction between humankind and its natural (7) ...... Cultural landscapes often reflect specific techniques of sustainable land-use, considering the characteristics and limits of the (8) ..... environment they are established in, and a specific spiritual relation to nature. Protection of cultural landscapes can contribute to modern techniques of sustainable (9) ..... and can maintain or enhance natural values in the landscape. The continued existence of traditional forms of land-use supports biological diversity in many (10) ...... of the world. The protection of traditional cultural landscapes is therefore helpful in maintaining biological (11) .....

Adapted from https://whc.unesco.org > Culture > WHC

# Listen to a text about the different kinds of landscape and complete the table with the missing details.

NAME	LOCATION	KIND OF LANDSCAPE	NATURAL FEATURES	MAN-MADE FEATURES
Yellowstone				
Bergen				
Ayers Rock				
Langhe				
Galapagos				
Amalfi Coast				

## HISTORY OF GARDENS

Even though the design of gardens has changed dramatically over the centuries, following trends in art, politics, religion, philosophy, planting, construction, and many more, two of the longest-running competitors for gardeners' attention have been formal and informal gardens, represented by the Italian/French and English styles, respectively.

Influenced by the Roman garden with its formal layout of beds, borders, walks and avenues, the **Italian Renaissance garden** emerged in the late 15<sup>th</sup> century, inspired by classical ideals of order and beauty, and intended for the pleasure, contemplation, and enjoyment of the sights, sounds and smells of the garden itself. Flowers were few; plants were mainly evergreens and conifers, manicured into geometric hedges or topiaries, whose main motives were balls and cubes. In the late Renaissance, the gardens became larger, and more symmetrical, filled with fountains, statues, hideaways, grottoes, and water organs to amuse and impress visitors.

The **French garden** style developed after the impact of the Italian Renaissance. It adopted many principles from the Renaissance gardens, but incorporated a style of its own, reaching its best expression in the 16<sup>th</sup> and 18<sup>th</sup> centuries under Louis XIV and Louis XV, with the gardens of Vaux-le-Vicomte and Versailles, designed by André Le Nôtre. The main goal was to make an extravagant impression on the viewers, while giving order to the chaotic nature and shaping it into regular forms and smooth lines. Italian/French gardens are also called **formal gardens** as they follow very strict geometric

and symmetric layouts. The home is often the centre point of the design with large paths – often paved with gravel – that provide axial views.
Other key elements are parterres, terraces and a reflecting pool in circular, oval and rectangular shapes, adorned with fountains or sculptures.
The English garden came into being in the early eighteenth century but reached its height with the Romantic movement in the late 18<sup>th</sup> and the early 19<sup>th</sup> century, with a swing from Renaissance formality to a more "natural" look. This style usually included ponds or a rounded lake, wilder

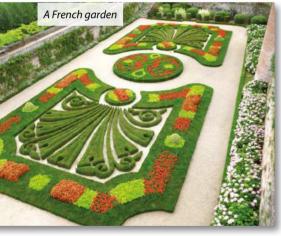
foliage, imitation ruins and grottos, **lawns** and groves of trees. Finally, in the 20<sup>th</sup> century, W. Robinson and G. Jekyll laid the foundations of the **modern informal garden** by mixing native and exotic plants, **advocating** a wilder garden of mixed herbaceous borders of hardy perennial plants, which was built on the tradition of the "**cottage garden**", with its profusion of flowers wherever space permits, and climbers on **trellises** and walls.

#### Never Go against Nature

The most famous gardening Englishman in Italy must be Thomas Hanbury, who, in the 1860s, created *The Botanical Gardens* in La Mortola village, Liguria, close to the French-Italian border. Exploiting the temperate climate and the natural beauty of the area, Hanbury mixed exotic and rare plants with stands of pines, wild tufts of cistus, rock roses, and succulents, everything which could tolerate the salty and moist sea air.



to advocate: farsi promotore di avenue: viale box: bosso box honeysuckle: lonicera to come into being: nascere gravel: ghiaia hardy: resistente hedge: siepe hideaway: rifugio **holly**: *agrifoglio* lawn: prato rasato long-running: di lunga durata reflecting pool: piscina riflettente shape: modellare smooth: armonioso swing: oscillazione trellis: graticcio yew: tasso



#### **4** 📕 Read the text and answer the questions.

#### Topiary

Topiary is the horticultural practice of training perennial plants and shrubs into artificial, decorative shapes. Thickly leaved evergreen shrubs are used in topiary; the best subjects are box, cypress, and yew, although rosemary, holly, and box honeysuckle are used with success, too.

The word topiary is derived from the Latin 'topiarius', which describes an ornamental landscape gardener; this art is said to have been invented by a friend of the ancient Roman emperor, Augustus. Earlier references to it are lacking, but the art probably evolved over a considerable period from the necessary trimming, pruning, and training of trees. The earliest topiary was probably the simple shaping of dwarfbox edging and the development of cones, columns, and spires of box to give accent to a garden scene. This architectural use gave soon way to elaborate realisations; shrubs were shaped, for example, into ships, huntsmen and hounds.

In the 18<sup>th</sup> century, topiary was called the art of the tree barber; but its practitioners say it is, rather, the art of the tree mason and leafage sculptor. It has always been of limited application in places where sculpture in stone was cheap; the best examples are seen not in Italy or the aristocratic gardens of France, but rather in England and the Netherlands, where suitable plants flourished and where stonework was costly. The fashion reached its height in England in the late 17<sup>th</sup> and early 18<sup>th</sup> centuries, but was disregarded with the rise of the so-called natural garden.

In today's gardens, topiaries are likely to be clipped into birds, animals, mythical creatures or geometrically-shaped shrubs.

Adapted from https://www.britannica.com/art/topiary

- 1. What is the root of the word *topiary*?
- 2. What shrubs are used in topiary?
- 3. What does topiary mean?
- **4.** Can topiary be considered an ornamental evolution of trimming, pruning, and training?
- **5.** What shapes were used to emphasise a garden scene?
- **6.** When was topiary called the art of the tree barber?
- **7.** Where did topiary particularly develop? Why was this?
- 8. When did topiary lose popularity?

#### 5 (4.8) Listen and complete the sentences.



- 1. Formal French garden originated in ...... in ...... in ......
- 2. ..... was essential in the arrangements of the various elements in the French garden.
- 3. The garden design included borders, ...... and topiaries.
- 4. The French gardening style was very .....across Europe.
- 5. Informal English garden originated in ..... in ......
- 6. Capability Brown created ...... gardens all over the UK.
- 7. In the English tradition ...... of nature was highly appreciated.
- 8. The French style represents confident rationalism and .....
- 9. The English style represents men's ability to adapt themselves to what ......
- **10.** In our lives we need to balance the English and French ...... to cope with different situations.

#### advocate: propugnare bedding: pianta da aiuola dot: macchiolina enroll: iscriversi faithfully: fedelmente groundcover: tappezzante unfailing: infallibile



Walter Jekyll, Gertrude's brother, was a good friend of R. L. Stevenson, the author of *The Strange Case* of *Dr Jekyll and Mr Hyde*, who is thought to have "borrowed" their family name for his book.

# A TURNING POINT IN ENGLISH GARDENING

Gertrude Jekyll (1843-1932) was one of the greatest British landscape architects and garden designers whose ideas and influences are still felt today.

When she was 18, Gertrude enrolled in the South Kensington School of Art in London, where she was deeply influenced by the major British landscape painters and developed an unfailing sense of colour effects.

Significant was her friendship with the Irish gardener W. Robinson, whose innovative gardening theories she agreed with. This new approach to gardening rejected the standard Victorian designs in favour of more informal planting and the use of hardy plants, rather than seasonal beddings, thus giving a picturesque and natural appearance.

Not only were plants appreciated for their beauty, but they were combined in form, colour and effects. Instead of the usual tropical plants grown in greenhouses, she advocated less formal-looking patterns of hardy perennials, shrubs, climbers and native plants as well as dense plantings of colour-themed perennials and groundcovers that exposed no bare soil. This talented painter, photographer, designer, musician, composer, garden writer, botanist and craftswoman spent most of her life in Surrey, England, and later moved to Munstead Wood, where she established one of her most famous gardens, breeding many new plants. True to her principles, she ensured the house and garden features were built from the local stone, with simple sand paths between the borders.

Here, Miss Jekyll developed her ideas on colour-graded planting, where each colour group was balanced by dots of the relevant complementary colour and stabilised by groups of grey and white.

During her long career, she created plans and designs for around 300 gardens in Britain, France and the US, some of which have been faithfully restored, wholly or partly, and can be visited.



Gertrude Jekyll

<b>6</b> We Match the items on the left with the definitions on the right
---

1.	To agree with	<b>a</b> .	Open to view.
2.	Bare	<b>b</b> .	Introducing something new.
3.	Craftswoman	с.	To have the same opinion.
4.	Feature	d.	Artisan.
5.	Hardy	e.	Woody plant smaller than a tree.
6.	Innovative	f.	To bring back to a former condition.
7.	Native	<b>g</b> .	Originating in a certain place.
8.	Reject	h.	Able to withstand the winter in the open air.
9.	To restore	i.	Characteristic.
10.	Shrub	<b>j</b> .	Refuse.



#### **7** Decide if the statements are true or false. Correct the false ones.

- 1. Gertrude Jekyll was a person with many skills and interests.
- 2. She has had a great influence on garden design until now.
- 3. The teachings of the major British landscape painters were meaningless to her.
- 4. She did not share W. Robinson's gardening practices.
- 5. Seasonal beddings were common in Victorian-style gardens.
- 6. Form, colour and effects are significant elements of Jekyll's gardens.
- 7. She lived mainly abroad.
- 8. All gardens she created are open to visitors.

# 8 PAIR WORK. Surf the Net to find more information about planning a cottage garden. Then, in turn, play the role of a nursery gardener and a customer asking for suggestions on the arrangement of his garden.

If needed, follow these hints:

- Indicate the location of the garden, sun exposition, soil composition.
- Highlight the importance of creating harmony in the arrangement.
- State your preference for specific varieties, and chromatic effects, if any.
- Specify if you are interested in hedges, paths, medicinal/aromatic herbs, or what plants you would avoid.





# HORTICULTURE AND FLORICULTURE

carnation: garofano corm: cormo cut flower: fiore reciso cutting: talea foliage plant: pianta da fogliame lawn turf: prato a rotoli nurserv: vivaio pot plant: pianta da appartamento potted plant: pianta in vaso shrub: arbusto **slow-worm**: *orbettino* tell-tale slime trails: traccia del passaggio della lumaca

# Harmful enemies

Slugs and snails are the number one garden plant pest problem and their damage is most severe during warm humid periods, especially in spring and autumn. They attack a wide range of young and tender garden plants, especially annuals, perennials – particularly hostas – and vegetables. Slugs and snails eat irregularly shaped holes in leaves, stems, buds and flowers, as well as bulbs, corms and tubers. Most slugs feed at night, although not exclusively, and tell-tale slime trails are often present. Ducks, frogs, toads, hedgehogs, slow-worms and ground beetles may be adopted as natural slug predators.

Horticulture is the branch of plant agriculture dealing with garden crops, generally fruits, vegetables, and ornamental plants. It covers all forms of garden management, but in ordinary use it refers to intensive commercial production. It is divided into the cultivation of plants for food and plants for ornament, namely *floriculture* and *landscape horticulture*. The former deals with the production of flowers and ornamental plants, such as cut flowers or pot plants; the latter is a broad category that includes plants for the landscape, including lawn turf, but particularly nursery crops such as shrubs, trees, and climbers.



**Floriculture**, or flower farming, is the study of growing and marketing flowers and foliage plants. Floriculture includes cultivation of flowering and ornamental plants for direct sale or for use as raw materials in the cosmetic and perfume industry and in the pharmaceutical sector. In simpler terms, floriculture can be defined as the art and knowledge of growing flowers to perfection.

Worldwide, more than 140 countries are involved in commercial floriculture. The leading flower producing country in the world is the Netherlands and Germany is the biggest importer of flowers.

The floriculture industry comprises the flower trade, production of nursery plants, **potted plants**, seeds and bulbs, micro propagation and the extraction of essential oils. Floriculture products mainly consist of **cuttings**, pot plants, foliage plants, seeds, bulbs, tubers and dried flowers or leaves. The important floricultural crops in the international cut flower trade are roses, **carnations**, chrysanthemums, gerberas, gladioli, orchids, anthuriums, tulips and lilies.

Floriculture has emerged as an important agribusiness, providing employment opportunities and entrepreneurship in both urban and rural areas, therefore it represents a great opportunity to farmers in terms of income generation and offers careers in production, marketing, export and research.

Due to the increasing demand for cut flowers, early vegetables and off-season crops, modern horticulture is supported by greenhouses, which



provide suitable environmental conditions for optimum plant growth. A greenhouse is made up of glass or plastic film which allows solar radiation to pass through, but traps thermal radiation emitted by plants inside and thereby provides favourable climatic conditions for plant growth. It is also used for controlling temperature, humidity and light intensity inside.

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#### **9** A Find the words corresponding to these definitions.

- 1. Something intended for embellishment or decoration: .....
- 2. Flowers usually removed from the plant for decorative use: .....
- 3. A plant which is grown in a container, especially indoors: .....
- 4. A place where plants are grown, nurtured and sold: .....
- 5. The basic substance from which a product is made: .....
- 6. A thick, fleshy underground stem: .....
- 7. Person who brings in goods from a foreign country: .....
- 8. The act of buying, selling or exchanging goods: .....
- 9. A piece of a plant used for vegetative propagation: .....

#### **10** (4.9) Listen to the text and answer the questions.

- 1. Why does modern horticulture use electronic devices?
- 2. What kind of plants are grown in greenhouses and nurseries?
- 3. What are greenhouses usually made of?
- 4. What is a greenhouse for?
- 5. Where can young plants be propagated?
- 6. What systems can a greenhouse be equipped with?
- 7. What is the advantage of growing plants in a greenhouse?
- 8. Can production in greenhouses be carried out without human labour?

#### 11 Fill in the gaps with these words. There is one extra word.

cheaper • final • maintain • optimal • over • period • refrigerating • started • wet • will • while

#### **Flower Transportation**

The market for fresh cut flowers (1) ..... in the mid-1960s when international trade became bigger, mainly in Holland. Between the 1980s and 1990s growers from all (2) ..... the world started to move their growing farm to Colombia, Israel, Ecuador, Kenya, and Zimbabwe, where it became much cheaper to grow floricultural products and transport them to the (3) ..... consumption markets. The question was how to pack and safely transport highly perishable fresh crops. The most efficient ways of transporting flowers are by water or air. Transporting flowers by water is a (4) ..... option, but cargo plane has an ultimate speed advantage. Right treatment during the postharvest (5) ..... is essential for the further stages of delivery. Two crucial points that influence the floral shipment quality are time and temperature. Cooling is needed before the transportation. The (6) ..... temperature for transportation is close to 6°C, depending on the type of flower. It is hard to maintain the required low degrees, but there are some solutions, used mostly for aircraft, like dry-ice (7) ..... systems, or insulated containers. It is also important to keep the level of humidity between 80-85%. Hydration is another key factor that helps to (8) ..... the flowers in decent shape. Loss of water causes the breakage of functionality and, in extreme cases, it can even lead to the death of the plants. Another important thing is the level of carbohydrates. Flowers use them as a nutrient (9) ...... growing. Cut flowers still need sugar to maintain the necessary level of metabolism. Lack of sugar will lead to the lack of energy, consequently flowers (10) ...... start drying up. Adapted from: www.flowercompanies.com



#### Flower market on Dal Lake (Kashmir)

# **ORNAMENTAL PLANTS IN GARDENS**

Gardening deals with the laying out and care of a plot of ground devoted partially or wholly to the growing of plants such as flowers, herbs, or vegetables. Gardening can be considered both as an art concerned with arranging plants harmoniously in their surroundings, and as a science, including the principles and techniques of plant cultivation derived from plant physiology, chemistry, and botany, modified by the experience of the planter.

There are many classifications of ornamental plants on the basis of their growth habit (herbs, vines, shrubs and trees), life cycle (annual, biennial, perennial), leaf characteristics (evergreen or deciduous), or growing season (winter, summer or all-season flower). However, the most significant classification is based on their use: if they are permanent or transitory elements in the garden design.

The **permanent plants** available for any garden plan are various grasses for lawns, groundcover plants, shrubs, climbers, and trees.

- The main **grasses** used in cool areas for fine-textured lawns are **fescues** (*Festuca* species), **bluegrasses** (*Poa* species), and **bent grasses** (*Agrostis* species), often in mixtures.
- **Ground covers** are perennial plants used as grass substitutes such as common periwinkle (*Vinca minor*), lily of the valley (*Convallaria majalis*), and many ivies (*Hedera* species).
- Smaller woody plants, such as **shrubs** and **bushes**, have several stems arising from the base. Their cultivation requires less labour than that of herbaceous plants. Among the popular garden shrubs are lilac (*Syringa vulgaris*), honeysuckle (*Lonicera species*), forsythia (*Forsythia species*), hydrangea (*Hydrangea species*), azaleas and rhododendrons.
- **Climbers** are often useful in softening the sharp lines of buildings, fences, and other structures. Among the many woody perennial climbers for the garden are the ivies, clematis (*Clematis* species), and climbing roses.
- **Trees** are the most permanent features of a garden plan. They range from shrubby dwarf trees to giant shade trees, from slow to rapid growers, from all tones of green to bronzes, reds, yellows, and purples. The most common are evergreen trees, such as pines and **spruces**, and deciduous trees, such as oaks, **maples**, and beeches.

**Transitory plants** are the herbaceous plants and bulbous plants which can survive in a semi-dormant state over long unfavourable seasons, either cold mountain winters or long droughty summers. **Herbaceous** plants are divided into three categories: the short-lived annuals (petunia and lobelia), the biennials (wallflower), and the perennials (delphinium and lupine). The **bulbous** plants include those plants that have true bulbs (daffodil), those with corms (crocus), and a few that have tubers or rhizomes (dahlia or iris).



**bent grass**: *agrostide* **bluegrass**: *fienarola* climber: pianta rampicante daffodil: narciso giallo fescue: festuca **delphinium**: *delfinio* ground-cover: pianta tappezzante honevsuckle: caprifoglio hydrangea: ortensia ivy: edera lilac: lillà lily of the valley: mughetto maple: acero periwinkle: pervinca **spruce**: *abete* wallflower: violaciocca



The production of roses is probably the most specialised of all shrub growing; the grower often deals solely in rose plants. Most are bud-grafted onto rootstocks (typically *Rosa multiflora*). This is the only way to achieve rapid and economical increase of a new selection to meet market demands.

#### **12** We Match each word to its definition.

1.	Herb	a.	A woody plant which has several main stems arising at or near the ground.
2.	Annual	b.	Any plant that grows along the ground by means of extending stems or branches.
3.	Biennial	c.	A plant that retains green leaves throughout the year.
4.	Perennial	d.	A fence or boundary formed by closely growing bushes or shrubs.
5.	Evergreen	e.	Any seed-bearing plant which does not have a woody stem.
6.	Deciduous	f.	A plant shedding its leaves annually.
7.	Creeper	g.	Living for several years.
8.	Hydrophyte	h.	A plant which grows only in or on water.
9.	Shrub	i.	Taking two years to grow from seed to fruition and die.
10.	Hedge	j.	A plant living only for a year or less, perpetuating itself by seed.

#### **13** Answer the questions.

# • Saffron: Abruzzo's red gold

**Garden Maintenance Tips** 

Often, plant problems occur when a plant is not able to adapt to the site in which it is planted. For instance, junipers are extremely drought-tolerant, but they cannot tolerate poorly drained soils, whereas shade-loving plants like azalea and rhododendron often have problems when planted in areas that receive hot, mid-afternoon sun.

Moreover, some plants, such as annual flowers and roses, are more demanding than others and must be kept well-supplied with nutrients and water at all times, pruned and groomed routinely, and monitored regularly for pests if they are to flower abundantly. On the other hand, plants such as ornamental grasses, hollies and junipers, when properly planted on a good site, require little care once established and are considered good low-maintenance plants.

New concepts in low-maintenance landscaping are more popular than ever before. The idea of putting less effort into the landscape without sacrificing quality and beauty is very appealing to a growing number of people. By applying lower amounts of fertiliser, water and pesticides, it is possible to have a beautiful landscape while saving time, effort and money.

- 1. How can you prevent plant problems?
- **2.** What kind of soil do junipers prefer?
- 3. What are annual flowers requirements?
- **4.** What plants need low maintenance?
- 5. Why are low-maintenance practices becoming popular?



## NEW TRENDS IN GARDENING

Over the past decade there has been a growth in interest for greening up our environment with **Green Roofs**, encouraging birds and insects (especially essential pollinators) to populate these otherwise drab spaces. Green roofs can also provide the benefit of added insulation

to houses.

Alongside this is the development of Green or Living Walls. The vertical garden or "Vegetation Bearing Architectonic Structure and System", was invented by Professor Stanley Hart White at the University of Illinois in 1938, but the modern innovator of the green wall was Patrick Blanc, a botanist working at the French National Centre for Scientific Research, who is responsible for modernising and popularising the garden type.

His first installation of a green wall was in 1988, at the Museum of Science and Industry in Paris. More recent years have seen his work proliferate around the globe with Berlin, Dubai, Bali, London, New York, Singapore, San Francisco and Hong Kong installations.

Blanc describes his vertical garden as follows: "On a load-bearing wall or structure is placed a metal frame on which are stapled two layers of polyamide which support the roots of many plants. A network of pipes controlled by valves provides a nutrient solution containing dissolved minerals needed for plant growth. The felt is soaked by capillary action with this nutrient solution, which flows down the wall by gravity. The roots of the plants take up the nutrients they need, and excess water is collected at the bottom of the

wall by a gutter, before being re-injected into the network of pipes: the system works in a closed circuit. Plants are chosen for their ability to grow on this type of environment and depending on available light."

The recent trend of vertical gardening is becoming increasingly widespread as gardeners channel their inspiration to new heights of creativity. No longer limited to the ground underneath their feet, gardens are taking shape in a range of unique directions, from repurposing old furniture into planters, to transforming birdhouses and teapots into thriving miniature garden spaces. Today, vertical garden ideas are about showcasing the textures, colours and vibrancy of plants in fresh, new ways. While not limited to small spaces, vertical gardens are ideally suited to these areas because they offer the ability to maximise space artfully and efficiently. Creating a vertical garden can be as simple or complex as desired; gardeners are only limited by their imagination.



alongside: insieme a birdhouse: cassetta nido per uccelli to channel: incanalare drab: monotono felt: feltro frame: telaio gutter: grondaia **insulation**: *isolamento* load-bearing: portante planter: vaso to proliferate: *diffondersi* to repurpose: convertire to showcase: mettere in vetrina to soak: *inzuppare* to staple: *pinzare* thriving: rigoglioso valve: valvola vibrancy: vitalità, brillantezza

#### **14** Find synonyms of these words in the text.

1.	Colourless	
2.	Pioneer	
3.	Multiply	
4.	Tendency	
5.	Direct toward	
6.	Recycle	
7.	Interconnected structure	
8.	Flourishing	
9.	Brightness	
10.	Skilfully	



#### 15 📎 Translate.

Il giardino verticale permette di coltivare ortaggi, piante, erbe e fiori dove il terreno è limitato. Le piante coltivate verticalmente sono più accessibili, e lavori di giardinaggio quali piantare, togliere erbacce, fertilizzare e raccogliere sono molto più facili. Malattie e animali nocivi vegnono notati prima su piante che crescono a livello degli occhi, per cui le misure curative possono essere prese subito.

Tuttavia non tutte le piante si adattano bene al giardino verticale: devono avere certe importanti caratteristiche per uno sviluppo ed una crescita appropriati. È essenziale prendere in considerazione le condizioni di crescita quando si scelgono le piante. Quasi tutte le piante che possono adattarsi ai contenitori possono essere utilizzate in un giardino verticale, ma alcune piante vengono meglio di altre. Le rampicanti hanno una naturale predisposizione al giardino verticale: queste piante che amano il sole si arrampicano verso la luce su qualsiasi supporto disponibile, sia esso un'altra pianta, una staccionata o un muro.

#### **16** (4.10) Listen and decide if the statements are true or false. Correct the false ones.

- 1. Vertical gardens produce less in reduced space.
- 2. They can mask unpleasant structures.
- 3. They can only be installed outdoors.
- 4. You should grow plants with the same needs.
- 5. Herbaceous plants are better because they are less flexible than woody varieties.
- 6. Potting soil is good at retaining moisture.
- 7. A usual in-the-ground garden needs less maintenance than a vertical garden.
- 8. More frequent watering is necessary in vertical gardens.



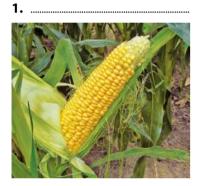




# VOCABULARY

- **1** Answer the questions.
- a. Label these cereals.





ACTIVITIES



**7.** .....

b. Label these training systems.



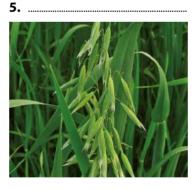
.....

10.



2. ....





8.

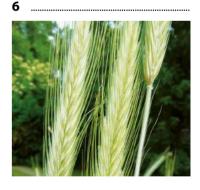


11. .....









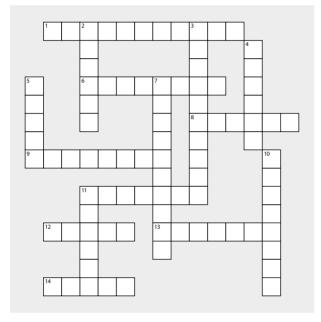
9.

12.

#### **2** Circle the odd one out in these groups of words. Give reasons for your choice.

1	2	3	4	5	6
Strawberry	Grapefruit	Apple	Turnip	Peanut	Desuckering
Blackberry	Lime	Quince	Leek	Broad bean	Trellising
Mulberry	Orange	Pomegranate	Shallot	Chestnut	Gobelet
Raspberry	Plum	Pear	Garlic	Lentil	Pinching back

#### **3** Complete the crossword.



#### ACROSS

- **1.** Removing non-fruitful shoots.
- **6.** They contain toxic substances such as solanine and chaconine.
- 8. It can be both a vegetable and a fruit.
- 9. Their pheromones attract wildlife.
- **11.** These plants may have bulbs, corms, tubers or rhizomes.
- **12.** The Roman goddess of the harvest.
- **13.** Its proteins are excellent substitutes for animal proteins.
- 14. A VSP training system.

#### DOWN

- **2.** The most commonly or regularly eaten food in a country.
- 3. Diseases caused by a pathogenic organism.
- **4.** Gardens characterised by strict geometric and symmetric layouts.
- **5.** Its flour is used to make bread.
- 7. Poisonous mushrooms.
- **10.** The second largest oilseed crop.
- 11. It is used to make whiskey or beer.







GRAMMAR

## **COMPARATIVES AND SUPERLATIVES**

	COMPARATIVE	RELATIVE SUPERLATIVE
	MAJORITY	
One-syllable adjectives or adverbs	adjective/adverb + <b>-er</b> + <b>than</b> → Oil palm trees may be <b>higher than</b> date palm trees.	<ul> <li>the + adjective/adverb + -est + of/in</li> <li>→ The common cultivated mushroom (Agaricus bisporus) has the greatest global production in the world.</li> </ul>
One-syllable adjectives ending in -e	adjective + <b>-r</b> + <b>than</b> → Legume hay has a <b>larger</b> content of protein, calcium and vitamin <b>than</b> grass hay.	<ul> <li>the + adjective + -st + of/in</li> <li>→ Rapeseed is the second largest oilseed crop in the world production.</li> </ul>
One-syllable adjectives/adverbs ending in one vowel + one consonant	<ul> <li>adjective/adverb + double consonant +</li> <li>-er + than</li> <li>→ Short vine trunks are adopted in hotter growing regions.</li> </ul>	<ul> <li>the + adjective/adverb + double</li> <li>consonant + -est + of/in</li> <li>→ The olive fly is the single biggest</li> <li>problem of olive plantations.</li> </ul>
Two-syllables adjectives/adverbs ending in -y, -ow, -er, -le	adjective/adverb without <b>-y</b> + <b>-ier</b> + <b>than</b> → Grape hybrids are generally heartier than native European grapevines.	<ul> <li>the + adjective without -y + -iest + of/in</li> <li>→ Cereals were the earliest cultivated plants.</li> </ul>
Adjectives/adverbs with two or more syllables	<ul> <li>more + adjective/adverb + than</li> <li>→ Humid climates are more suitable to this plant than dry ones.</li> </ul>	<ul> <li>the + most + adjective/adverb + of/in</li> <li>→ The most important factor for the success of a vineyard is the site</li> </ul>
Irregular forms	good     → better       bad     → worse       far     → farther/further       old     → older/elder	good → the bestbad → the worstfar → the farthest/furthestold → the oldest/eldest
	EQUALITY	
Adjectives/adverbs with one or more syllables	<ul> <li>as + adjective/adverb + as</li> <li>→ Good drainage is as essential as a nutrient soil.</li> <li>With negative verb: as/so + adjective + as</li> <li>→ This variety of grapevine isn't as resistant as the other one.</li> </ul>	
	MINORITY	
Adjectives/adverbs with two or more syllables	<ul> <li>less + adjective/adverb + than</li> <li>→ Oats, wheat and barley are less rich in protein than soybeans and lupins.</li> </ul>	<ul> <li>the + least + adjective/adverb +of/in</li> <li>→ That farm is the least competitive in the area.</li> </ul>

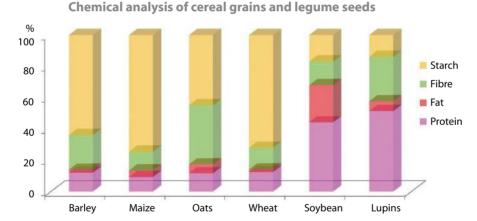
#### **4** Complete with the correct comparative or superlative form of the given adjectives or adverbs.

- 1. ..... (good) Sicilian wines are being produced from 50 indigenous vines.
- 2. Grape phylloxera is the world's ...... (bad) grapevine pest.
- 3. Pruning is ..... (important) part of vine cultivation.
- 4. ..... (common) species of wine grape is Vitis vinifera.
- 5. Oil palm yield is much ...... (great) other crops.
- 6. The leguminous protein quality is not ...... (good) that in meat.
- 7. ..... (high) concentrations of toxic substance occur just underneath the skin of potatoes.
- 8. Some plant varieties are ...... (resistant) to diseases because of their vulnerability.
- 9. The protein content is ...... (high) in dried beans.
- 10. Buckwheat is one of ...... (good) sources of high quality protein in the plant kingdom.

#### **5** Rewrite the sentences so that they mean the same.

- **1.** I've never seen a taller tree than this.
- 2. The phyto-sanitary treatment wasn't as efficient as we expected.
- 3. My garden is not as big as yours.
- **4.** Grapes are more susceptible to fungal diseases than roses.
- 5. Grape hybrids are generally more productive than native European grapevines.

# **6** Here is again the graph you studied in Unit 9. Use as many different forms of comparative and superlative as possible to describe it.











#### **RICE: A STAPLE FOOD**

#### **1** (4.11) Listen to the recording and fill in the chart.

1. First people growing rice	
2. Areas where rice is a staple food	
<b>3.</b> Percentage of the world's dietary energy supplied by	<ul> <li>rice:</li> <li>wheat:</li> <li>maize:</li> </ul>
4. Lapse of time between seeding and transplantation	
5. Rice varieties	
6. Varieties with the highest food value	

#### **2** Listen again and tick true or false as appropriate and correct the false statements.

- 1. The Greeks introduced rice cultivation into India.
- 2. Rice has been cultivated in China since 4,000 BC.
- 3. Rice cultivation means agriculture in classical Chinese.
- 4. Rice is a staple food for nearly half of the world's population.
- 5. It represents the main source of energy for eight countries in North and South America.
- 6. Maize supplies more energy than rice.
- 7. Today rice is still harvested by hand in most eastern countries.
- 8. Rice is threshed 25 days after harvesting.
- **9.** The nutrient quality of the soil may affect the nutritional value of rice.
- 10. Proteins and minerals are contained in the outer brown coating of rice.







### CAREER OPPORTUNITIES FOR GARDEN DESIGNERS

**3** A PAIR WORK. The famous magazine, MY GARDEN has a section dedicated to new talents in the floricultural and horticulture sector. Play the role of a journalist (A) interviewing a young garden designer (B).

Hints: ask about a garden designer's skills, design trends, the young designer's tastes, how to deal with customers.

- **A**: Introduce the guest
- B: Greet
- A: Ask about his passion
- B: Explain how his family's interests have influenced his passion. List the skills necessary to be a good gardener
- A: Ask about new trends in gardening
- B: Explain
- **A**: Ask about relationships with clients
- B: Explain how to manage communication
- A: Say goodbye

# **4** Describe this picture.



ACTIVITIES





#### WILD MUSHROOMS

5 Reorder the sentences given in scrambled order, then summarise the passage in less than 200 words.

#### I Nearly Died After Eating Wild Mushrooms

- **a.** The doctors ran some tests and confirmed I'd eaten the destroying angel. I was the third person that year to be admitted after eating one. The two before me hadn't survived. Three days after I'd eaten the mushrooms, I went into intensive care.
- **b.** At home, I spent some time looking for my mushroom book to identify what I'd picked, but couldn't find it; so I thought: "It's OK, I know what I'm doing." I fried them with butter and ate them as a side dish. However, they didn't taste great, which should have been my first clue that they weren't what I thought they were.
- **c.** The next morning, I woke up about 4am, ran to the bathroom and started throwing up. Then the diarrhoea began.

I went again to look for information in my mushroom book. And then I found it: the picture of the destroying angel with the description of my exact symptoms: eight hours after eating, it will cause vomiting and diarrhoea. And then it destroys your liver – there's no antidote and 60-80% of people don't survive. I realised I'd made the biggest mistake of my life.

The scary thing about the destroying angel is that it tricks you into thinking you are making a recovery. After vomiting and diarrhoea, you start to feel better. Knowing this, I acted quickly and drove myself to the hospital.

- **d.** That summer had been hot and humid, and there were mushrooms everywhere. I saw some small, white ones on the ground that I thought were edible. I also spotted a bigger mushroom nearby with its cap open it looked poisonous to me. I should have remembered that mushrooms grow in colonies: the small versions were likely to be poisonous too.
- **e.** I was given high doses of penicillin and the next morning my liver began to recover. I didn't need a transplant, but my kidneys were badly damaged. All I know is that I survived: one doctor said it was a miracle.

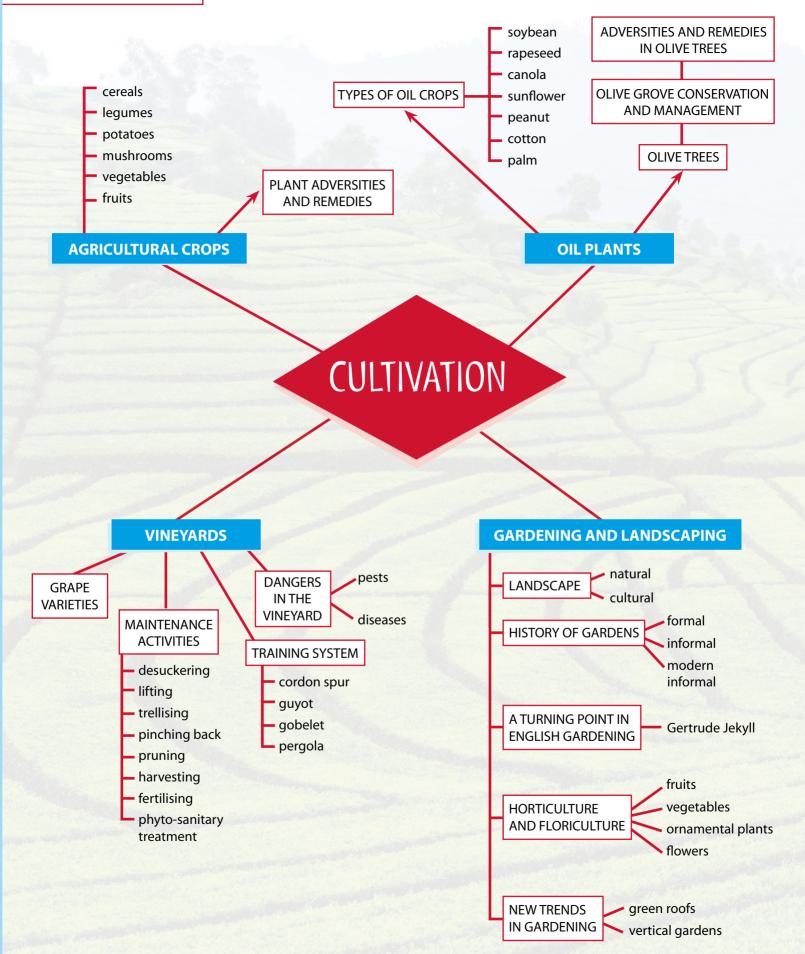


**f.** But I didn't think. It was a glorious day and I felt invincible. I picked three or four of the small ones and took them home.

At college, I'd taken a course in mushroom hunting. I didn't consider myself an expert, but I knew that there was a very toxic mushroom called the "destroying angel", one of the deadliest mushrooms in the world.

Abstract from: https://www.theguardian.com/lifeandstyle

## MAPPING YOUR MIND





# A LITTLE CHAOS



- PRODUCTION USA 2014
- DIRECTOR Alan Rickman
- STARRING Katie Winslet (Sabine De Barra), Mattias Shoenaerts (André Le Notre), Alan Rickman (King Louis XIV), Stanley Tucci (Philippe, the king's brother)

#### **A SYNOPSYS**

The year is 1682. Sabine De Barra is a talented landscape designer who works in the gardens and countryside of France. One day, she is unexpectedly invited to the court of King Louis XIV. The King's landscape artist André Le Notre is initially disturbed by Sabine's distinctive eye and forward-thinking nature, but then he chooses her to build one of the main gardens at the King's new Palace of Versailles. With time, Le Notre recognises the value of a little chaos in Sabine's work. While pushing herself and her workers to complete the Rockwood Grove as an outdoor ballroom, Sabine has to face the rivalries and intricate etiquette of the court. As she challenges gender and class barriers, she surprisingly gains the trust of the King himself and is supported by the King's brother, Philippe. As she gradually comes to terms with a tragedy in her past, Sabine's professional and personal interactions with André bring out honesty, compassion, and creativity.

#### **BEFORE VIEWING**

#### **1** Answer the questions.

- 1. After reading the synopsis, surf the net to find information about King Louis XIV.
- 2. The Royal Gardens of Versailles are among the most famous in the world, but there are some beautiful and well-known gardens in Italy too. Can you name any of them?
- 3. What kind of activities do you think took place in the Royal Gardens of Versailles?

# FILM

т

#### **WHILE VIEWING**

#### **2 (O)** Watch the film clip and decide if these statements are true or false.

- 1. Le Notre agrees with Monsieur Sualem's and Monsieur De Ville's opinions on the King's demands.
- 2. The soil is rich in water at Versailles.
- **3.** Madame De Barra will not need much help with the project.
- 4. Le Notre has implemented Madame De Barra's sketch.
- 5. Madame De Barra knows about the intended use of the area.
- 6. Le Notre is confident about Madame De Barra's skills as a gardener.
- 7. Madame De Barra will have as much as time as she needs.
- 8. Madame De Barra will have to keep to the budget.

#### **3** (O) Watch the video again and fill in each blank with one word.

**Le Notre**: Madame de Barra – Monsieur Salem and De Ville. They are building the Marly (1) ...... and an aqueduct from there to Versailles, which we hope will alleviate the severe water shortage here.

Monsieur Salem and De Ville: Madame.

Madame de Barra: Gentlemen.

Le Notre: Madame de Barra will be constructing the Rockwork Grove here at Versailles. Water, or rather the

(2) ..... of it, will be a pressing concern.

Sualem: Master, the King's (3) ..... are already...

Le Notre: ... are vast and ever changing and our (4) ..... is to meet them.

De Ville: But, with respect, no man can meet infinite (5) .....

**Le Notre**: The King's command are not infinite, De Ville, they are the King's command.

De Ville: Well, quite so, but the aqueduct can only do so much.

Sualem: When we began (6) .....I was under the impression that...

Le Notre: The past is history. Our task is to suppress (7) ..... to our will, according to the present plans.

Sualem: But, Monsieur, the (8) ..... being spent...

**Le Notre**: The aqueduct will carry sufficient water to the gardens of Versailles because it must. That is your brief. – Madame? – It is essential your (9) .....number six in your submission, I believe. This part

is entirely original to myself. You see? It fits onto this end of your plan. Now you can see the extent of the

(10) .....

Madame de Barra: Yes. It's a large, flat area.

#### **AFTER VIEWING**

#### **4 (O)** Watch the film clip again and answer the questions.

- 1. What are Monsieur Sualem and Monsieur De Ville building? Why?
- 2. What will Madame De Barra have to consider in her work?
- **3.** What is the attitude of Monsieur Sualem and Monsieur De Ville to the requests of the King?
- 4. What does Le Notre say about the landscape?
- 5. What number is Madame De Barra's project?
- 6. Is the area concerning the project a hill?
- 7. What kind of garden do they want to build?
- 8. How will the area be used?



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