

# HOME DELIVERED MEALS REPORT

March 2021
In Accordance with Public Act 93-0484

#### **Table of Contents**

Provisions of Public Act 93-0484	. 4
The Aging Network in Illinois	. 5
Background and Analysis	16
Elderly Nutrition Program Services During the Past 25 Years	18
Statewide Elderly Nutrition Program Expenditures During the Past 10 Years	19
Home Delivered Meal Clients with Limited Activities of Daily Living (ADL)	20
Statewide Monthly Home Delivered Meals Since the Pandemic	22
National Survey Results for Home Delivered Meals	23
Planning and Service Areas in Illinois	24
Area Agencies on Aging	25
Number of Older Adults Denied Home Delivered Meals and Number of Older Persons on Waiting Lists	26
Additional Funding Needed for Older Adults Denied Services and for Older Adults on Waiting Lists	30
The Coronavirus Aid, Relief, and Economic Security (CARES) Act and The Families First Coronavirus Response (FFCRA) Funding Used to Expand Home Delivered Meals	32
Number of Older Adults Needing Home Delivered Meals in Unserved Areas	38
Average # of Older Adults Served Each Day by Nutrition Site	43
Type of Congregate Meals Provided	61
Type of Home Delivered Meals Provided	68
Congregate Meals-# of Serving Days per Week	76
Home Delivered Meals-# of Serving Days per Week	82
Local Cash Match and Program Income Resources	90
Recommendations from the Aging Network on Potential Ways to Increase Fed. Funding	92
Poforoncos	03

#### **Provisions of Public Act 93-0484**

Public Act 93-0484 amended the Illinois Act on the Aging to state: "Every citizen of the State of Illinois who qualifies for home-delivered meals under the federal Older Americans Act shall be provided services, subject to appropriation." These amendments also require the Illinois Department on Aging to file a home delivered meal report with the General Assembly each year. At a minimum, the report must include the following information:

- Estimates, by county, of citizens denied service due to insufficient funds during the preceding fiscal year and the potential impact on service delivery of any additional funds appropriated for the current fiscal year (Outlined on Pages 26 29 of the FY 2021 Home Delivered Meal Report).
- Estimates of additional funds needed to permit the full funding of the program and the statewide provision of services in the next fiscal year, including staffing and equipment needed to prepare and deliver meals. (Outlined on Page 30 31 of the FY 2021 Home Delivered Meal Report).
- Geographic areas and special populations unserved and underserved in the preceding fiscal year (Outlined on Pages 38 42 of the FY 2021 Home Delivered Meal Report).
- Recommendations for increasing the amount of federal funding captured for the program. (Outlined on Page 92 of the FY 2021 Home Delivered Meal Report).
- Any other information needed to assist the General Assembly and the Illinois Council on Aging in developing a
  plan to address unserved and underserved areas of the State (Outlined throughout the FY 2021 Home Delivered
  Meal Report).

#### The Aging Network in Illinois

#### The Illinois Department on Aging

The Illinois Department on Aging was created by the State Legislature in 1973 for the purpose of improving the quality of life for Illinois' senior citizens by coordinating programs and services enabling older adults to preserve their independence for as long as possible. It is the single state agency in Illinois authorized to receive and dispense Federal Older Americans Act funds, as well as specific state funds, through Area Agencies on Aging and community-based service providers.

The legislative mandate of the Illinois Department on Aging is to provide a comprehensive and coordinated service system for the State's approximately 2,800,000 older adults, giving high priority to those in greatest need; to conduct studies and research into the needs and problems of the elderly; and to ensure participation by older adults in the planning and operation of all phases of the system. The mission of the Illinois Department on Aging is to serve and advocate for older Illinoisans and their caregivers by administering quality and culturally appropriate programs that promote partnerships and encourage independence, dignity, and quality of life. In fulfilling its mission, the Illinois Department on Aging responds to the dynamic needs of society's aging population through a variety of activities including:

- Planning, implementing, and monitoring integrated service systems;
- Coordinating and assisting the efforts of local community agencies;
- Advocating for the needs of the State's elderly population; and
- Cooperating with federal, state, local, and other agencies of government in developing programs and initiatives.

#### **Area Agencies on Aging**

The State of Illinois is divided into 13 Planning and Service Areas (PSAs). There is one Area Agency on Aging designated by the Illinois Department on Aging located within each PSA. In Illinois, 12 not-for-profit agencies and one unit of local government serve as Area Agencies on Aging. Each Area Agency on Aging is responsible for planning, coordinating, and advocating for the development of a comprehensive and coordinated system of services for the elderly and caregivers within the boundaries of the individual PSAs. For additional information on PSAs and Area Agency on Aging locations, refer to pages 22 and 23 of this report.

The Illinois Department on Aging, in accordance with the Older Americans Act, has decentralized the planning process by delegating planning responsibilities to the Area Agencies on Aging. This assures that programs developed by, and services funded by, the Area Agencies on Aging are integrated into the three-year planning cycle followed by the Illinois Department on Aging. This cycle begins with an assessment of the needs of local older adults, family caregivers and grandparents raising grandchildren for services. Through a process of public hearings, surveys, research, and the assistance of the Area Agencies' advisory councils, these needs are ranked in order of importance and matched with available resources.

The proposed funding distribution, budget, and other planning information are then incorporated into an Area Plan on Aging following a format prepared by the Illinois Department on Aging. Also included in the plan is an outline of proposed Area Agency on Aging activities for the coming years. Following public hearings on the proposed Area Plan, the Area Plan is submitted to the Illinois Department on Aging for review and approval. Area Agencies on Aging are permitted to amend their Area Plans annually in response to changing needs, priorities and funds available. Federal Older Americans Act and State funds are allocated to the Area Agencies on Aging upon approval of the Area Plan or Area Plan annual amendments by the Illinois Department on Aging.

The Area Agencies on Aging in Illinois are not, as a rule, direct service providers. They contract with local providers for services that have been identified as needs through the planning process. The Area Agencies on Aging are responsible for monitoring, evaluating, planning for services, and providing technical assistance as needed. In addition, the Area Agencies on Aging function as advocates for older adults and are the primary disseminators of information relating to aging issues within their respective Planning and Service Areas.

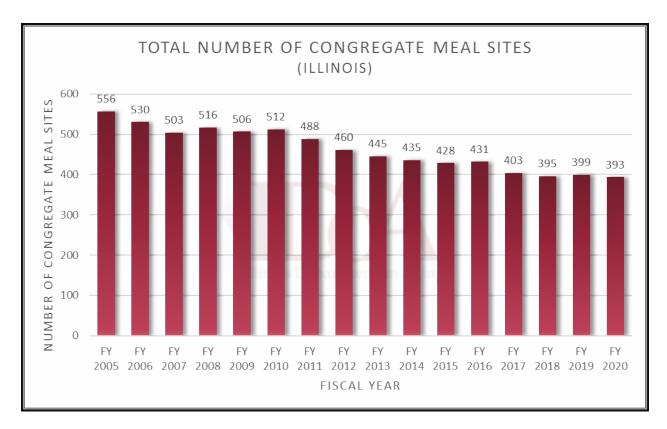
#### **Service Providers**

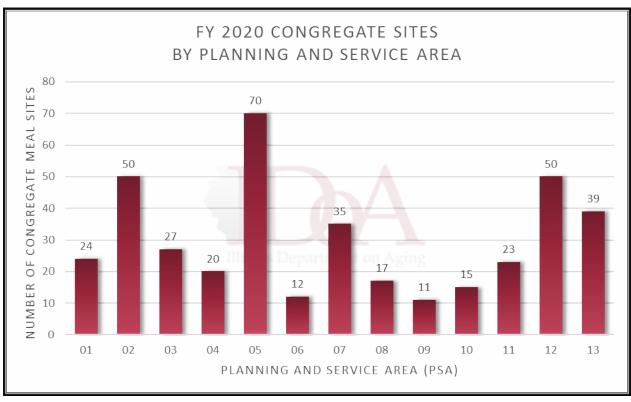
Community-based service providers also represent a key segment of the Aging Network in Illinois because they provide the programs and direct services to older adults and their caregivers.

The direct service delivery system consists of agencies funded with Title III and State funds through Area Agencies on Aging and funded through the Illinois Department on Aging with Community Care Program funds. Many agencies receive both Title III and Community Care Program funding. The Community Care Program providers offer case management, in-home service, adult day service, emergency home response, automated medication dispenser, and other demonstration projects. Title III providers offer a wide range of home and community-based services, including home delivered meals.

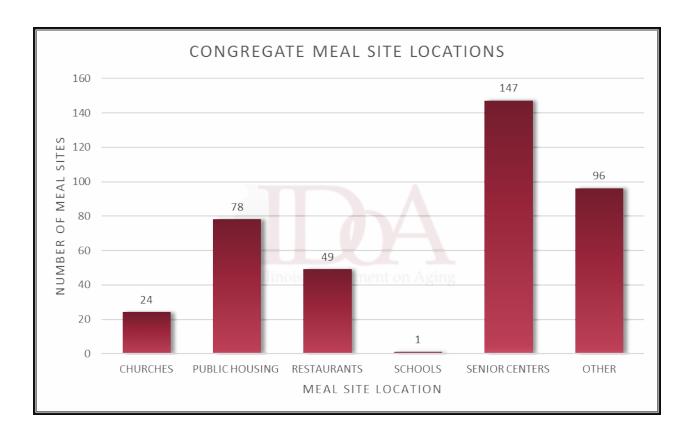
During FY 2021, it is estimated that more than 635,088 older adults, family caregivers and grandparents raising grandchildren will be served by nutrition and social service agencies under Title III of the Older Americans Act. These services include information and assistance, outreach, congregate meals, home delivered meals, transportation, legal assistance, respite care, chore, residential repair, senior center activities and health promotion and disease prevention.

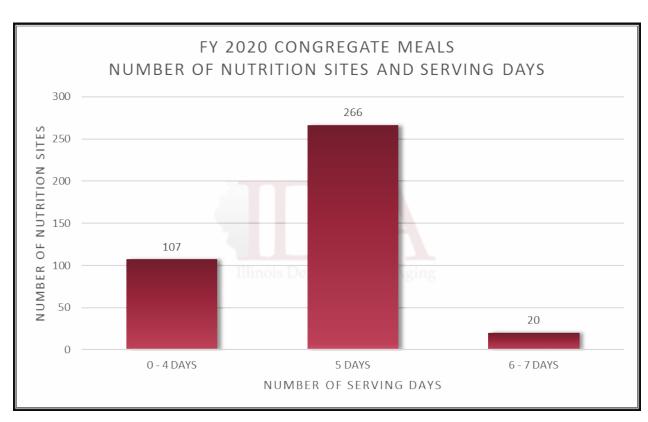
In FY 2021, more than 1.4 million congregate meals will be served to approximately 55,676 older adults at more than 373 meal sites located throughout the State. Approximately 52,807 homebound elderly will receive an estimated 8.3 million home delivered meals. The following pages outline additional information about nutrition programs in Illinois. These projections are based on the FY 2021 Area Plans submitted by the Area Agencies on Aging. Service projections may need to be revised due to when final federal appropriations are finalized.

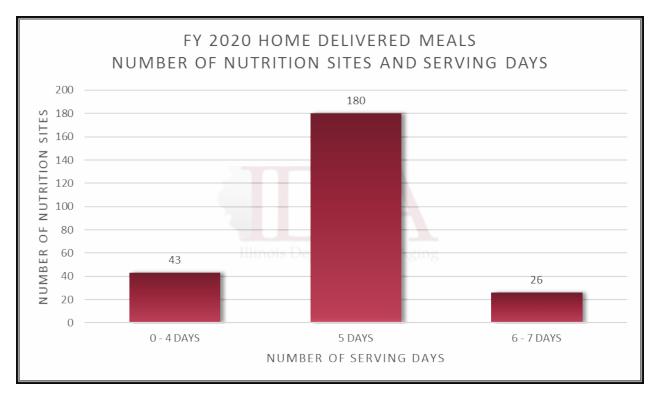


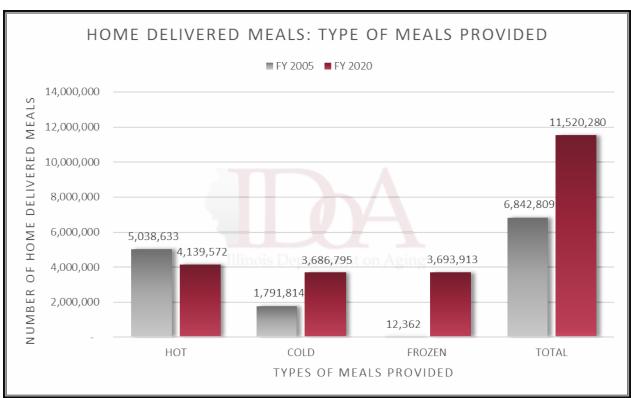


Note: Total Number of Congregate Meal Sites in Illinois include those open from the period of October 1, 2019 to February 29, 2020, which lead up to the temporary suspension of Congregate Dining Sites due to the pandemic.

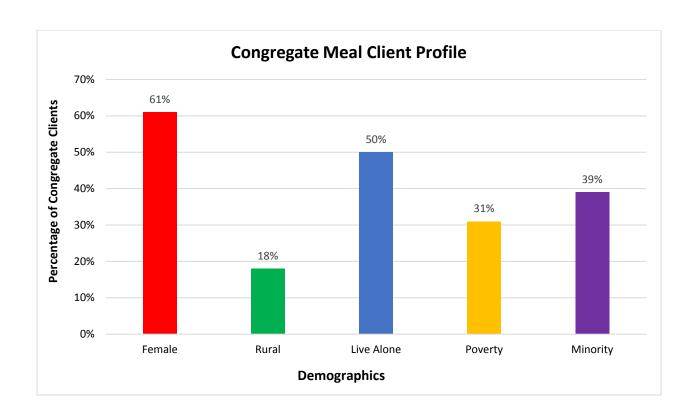


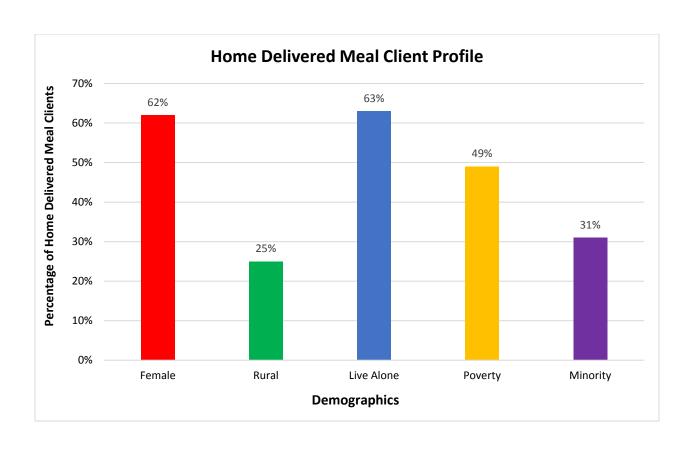


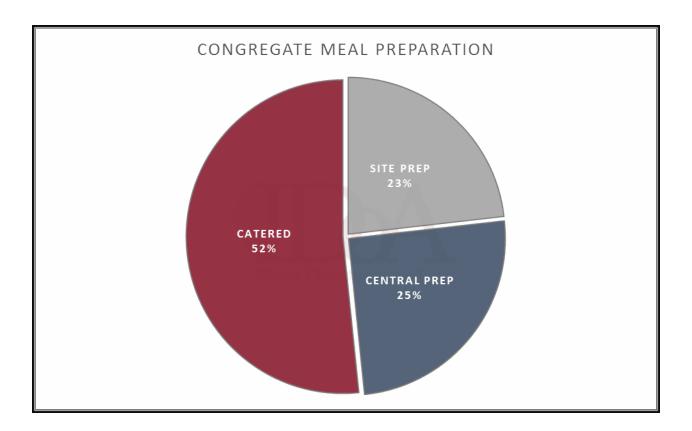




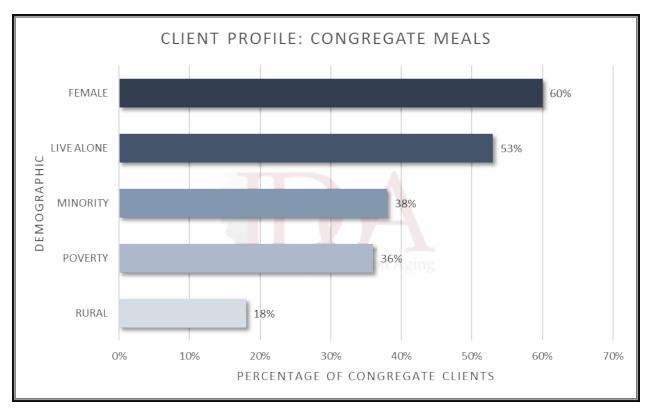
**Note:** The Department temporarily suspended Congregate Meal services in March 2020 in an effort to stop the spread of COVID-19 (Coronavirus) pandemic. As a result, services provided under the Home Delivered Meals program began to increase. The number of cold and frozen meals increased in an effort provide meals to older adults in a contactless manner and to reduce the risk of spreading the virus.

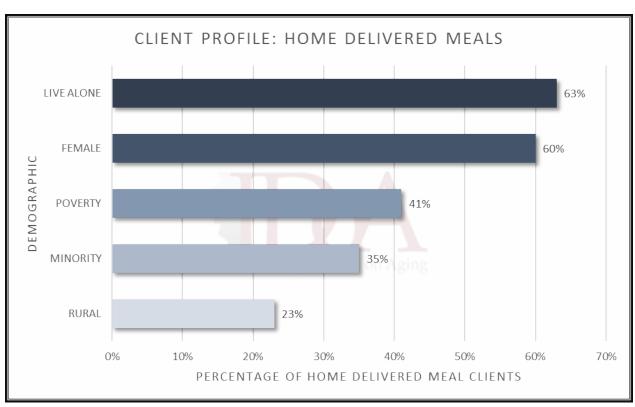






**Note:** Catered includes meals prepared at an offsite facility and are then brought to a Congregate meal site. Site Prep includes meals that are prepared on location where the Congregate meals are served. Central Prep includes meals that are prepared at a central location and then delivered to satilite locations/meal sites.





#### Number of Providers That Offer Special Diets to Congregate Meal Participants by Planning and Service Area (PSA)

PSA	Total Providers	General	Consistent Carb	Diabetic	Low Sodium	Pureed (Swallowing)	Soft (Dental)	Vegetarian	Other
01	3	3		2	2		2		
02	6	6		2	2	1	1	1	
03	7	7		1	1				
04	3	3							
05	3	3		2	1				
06	1	1				1	1	1	1
07	4	4			1				
08	11	11	1	8	4				
09	3	3							
10	5	5			2				
11	6	6		2					1
12	6	5			1		1	2	2
13	18	17	2	5	5			3	
Total	76	74	3	22	19	2	5	7	4

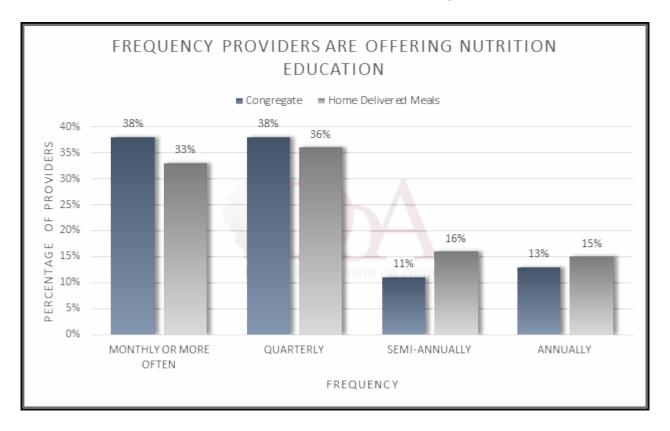
**Note:** 2019 Nutrition Service Provider Survey conducted by Illinois Department on Aging

#### Number of Providers That Offer Special Diets to Home Delivered Meal Participants by Planning and Service Area (PSA)

PSA	Total Providers	General	Consistent Carb	Diabetic	Kosher	Low Sodium	<b>Pureed</b> (Swallowing)	<b>Soft</b> (Dental)	Vegetarian	Other
01	3	3		2		2		2		
02	5	5		4		2	2	2	2	2
03	5	5	1	3		2	3	2	1	
04	3	3								
05	3	3	1	3		1	1	1		
06	1	1					1	1	1	1
07	4	4				1				
08	11	11	1	8		4				
09	3	3								
10	5	5				1				
11	6	6		3						1
12	2	2			1		1	1	1	
13	10	10	2	7		7	8	5	6	4
Total	61	61	5	30	1	20	16	14	11	8

Note: 2019 Nutrition Service Provider Survey conducted by Illinois Department on Aging

## Statewide Frequency that Nutrition Education is Provided to Congregate and Home Delivered Meal Participants



Note: 2019 Nutrition Service Provider Survey conducted by Illinois Department on Aging

#### **Background and Analysis**

With the aging of the U.S. population, increased attention has been directed to delivering health and related services to older adults in the community. Since adequate nutrition is critical to health, functioning, and the quality of life, the Elderly Nutrition Program is an important component of home and community-based services for older adults.

The Illinois Department on Aging's Elderly Nutrition Program provides grants to 13 Area Agencies on Aging and more than 100 nutrition service providers to support nutrition services to older adults throughout Illinois. The Elderly Nutrition Program, authorized under Title III of the Older Americans Act, is intended to improve the dietary intakes of older adults. Meals provided under the Older Americans Act must provide at least one-third of the daily-recommended Dietary Reference Intakes (DRIs) as established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences, if the older adult is offered one meal per day.

While there is no means test for participation in the Elderly Nutrition Program, services are targeted to older adults with the greatest economic or social need, with special attention given to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas as required in the Older Americans Act. In addition, the State expanded this definition to include sexual orientation, gender identity, gender expression, and HIV status through Public Act 101-0325.

Many older adults cannot consistently obtain a nutritious diet. Older adults age 85+, minority older adults, older adults in greatest economic need, older adults who live alone, and individuals with chronic health conditions are at the highest risk of being malnourished. Food insecurity is having inadequate access to nutritious foods needed to maintain or live a healthy life. In 2017, 28.7% of the U.S. population that was considered food insecure were below the poverty line, 17.2% black, 16.3% Hispanic, 8.4% older adults aged 65 to 69 years old. In Illinois, 7.8% of seniors were considered food insecure (Ziliak & Gundersen, 2019).

Adequate nutrition is critical for healthy aging, the prevention or delay of chronic disease and disease-related disabilities and delay recovery from illnesses. The Aging Network's Nutrition Programs provide congregate and home delivered meals, link older adults to supportive services, decrease social isolation, and provide nutrition education to help decrease or manage chronic health conditions.

The COVID-19 (coronavirus) pandemic continues to have a significant impact on the congregate and home delivered meal programs in Illinois and nationwide. All congregate meal sites and activities were temporarily suspended on March 12, 2020 in Illinois to help decrease the risk of contracting the coronavirus.

In many cases, senior centers are also congregate meal sites, so they are not stand-alone centers. Many of the buildings are small and cannot accommodate social distancing, especially while seniors are picking up meals at these sites, so social gatherings cannot safely be held. When the weather permits, some senior centers conduct outdoor activities such as parking lot Bingo, movies, concerts, etc. They also check on clients at risk of social isolation by engaging in the Telephone Reassurance program, utilizing both volunteers and staff.

Virtual activities are also conducted such as: GetSetUp, a social and learning community designed for older adults, with classes available around the clock on every topic. Additionally, some Planning and Service Areas offer virtual exercise classes, concerts, and Memory Cafes, which seek to fill the void created by the closure of the congregate sites.

Agencies shifted to providing "grab-and-go" or pick-up options for their congregate meal participants and/or started providing home delivered meals to participants that were previously attending congregate meal sites for a nutritious meal and socialization. Frequently, nutrition providers have been told by congregate participants that they primarily attend the meal sites for social activities and companionship rather than the meal. These programs are even more important for older adults in combatting social isolation and loneliness due to prolonged social distancing related to COVID-19 (Armitage and Nellums, 2020).

Based on a Meals on Wheels America study funded by AARP, those who received daily-delivered meals experienced the greatest improvements in health and quality of life indicators over the study period compared to the other two groups (individuals who received frozen, weekly-delivered meals and the control group) (Thomas & Dosa, 2015).

The home delivered meal program serves the frail elderly in need of long-term support and those in need of short-term intervention due to illnesses. Based on the results of Administration on Aging national surveys, the typical home delivered meal client is an elderly woman age 75 and older who lives alone. She is functionally impaired and has three or more diagnosed chronic health conditions with an income at or below the poverty level. Ninety-one percent of home delivered meal clients report that the services allow them to remain in their homes (ACL, 2018).

As outlined on the following page, the congregate meal program provides older adults with a nutritional meal, social interaction as well as volunteer opportunities. However, participation in the congregate meal program has declined over the past 25 years. In FY 1992, the congregate meal program provided meals to more than 97,848 older adults. In FY 2021, the congregate meal program will provide meals to an estimated 55,676 older adults, which is a decline of 43 percent since FY 1992. This substantial decline in the number of congregate participants served in FY 2020 and FY 2021 is largely related to the COVID-19 (coronavirus) pandemic and the temporary suspension of congregate meal sites.

This decline in the number of older adults participating in the congregate meal program is also occurring throughout the nation. It is primarily due to younger older adults not participating in the congregate meal program for various reasons (e.g., lack of interest in group meal programs targeted for the elderly and more nutritional and service options in their communities).

In contrast, participation in the home delivered meal program has varied during the past 25 years. In FY 1992, the home delivered meal program provided meals to more than 33,449 older adults. The highest level of participation was in FY 2000 when over 50,100 individuals were served. This number gradually declined from FY 2000 to FY 2016 to just over 31,000 individuals. Since 2016, the number of individuals in the home delivered meal program has increased. In FY 2021, the home delivered meal program will provide meals to an estimated 52,807 older adults. This number is influenced by the increase in participation due to the COVID-19 pandemic and temporary closure of congregate meal sites.

There are still areas in Illinois that are not served by home delivered meal programs due to a lack of funding. Many of the current clients need more than 1 meal per day and weekend meals. The Elderly Nutrition Program cannot address most of these needs without additional funding. Additionally, the need for home delivered meals will continue to grow as the number of older adults increases, particularly the group aged 85 and over, which is the fastest growing segment of the older population. Nationwide, this age group is projected to increase from 5.9 million to 18 million from 2012 to 2050, which will represent 4.5% of the population (Ortman, et al., 2014).

In 2000, the 85+ population in Illinois was 192,031 and in 2010, the number rose to 234,912 (U.S. Census Bureau, 2010). It is projected to be 351,941 by 2030, which is an increase of 83.3% from 2000 (U.S. Census Bureau, 2005). The following information outlines the growth of the age 85+ population in Illinois since 1970:

#### Age 85 + Population in Illinois

1970 Census	1980 Census	1990 Census	2000 Census	2010 Census	2019 Pop. Estimates	% Increase Between 1970 & 2019	% Increase Between 2000 & 2018	
81,181	110,945	147,549	192,031	234,912	266,969	+229%	+39%	

#### **Elderly Nutrition Program Services During the Past 25 Years**

#### **Persons Served and Meals Provided in Illinois**

	Home Deliv	ered Meals	Congrega	ate Meals	Total P	rogram
Fiscal Year	Persons Served	Meals Provided	Persons Served	Meals Provided	Persons Served	Meals Provided
1997	31,270	5,785,708	69,562	3,718,779	100,832	9,504,487
1998	41,305	6,460,533	79,012	3,636,855	120,317	10,097,388
1999	49,586	6,575,547	85,222	3,536,895	134,808	10,112,442
2000	50,185	6,908,566	91,470	3,508,570	141,655	10,417,136
2001	49,031	7,156,529	87,722	3,368,334	136,753	10,524,863
2002	44,873	6,924,667	91,393	3,385,966	136,266	10,310,633
2003	47,299	6,920,578	95,190	3,346,695	142,489	10,267,273
2004	44,347	7,098,930	88,671	3,319,686	133,018	10,418,616
2005	43,809	6,842,809	80,464	2,988,425	124,273	9,831,234
2006	45,341	6,835,671	82,112	2,903,911	127,453	9,739,582
2007	45,234	7,434,861	74,774	2,747,306	120,008	10,182,167
2008	44,675	7,876,821	71,709	2,693,371	116,384	10,570,192
2009	40,893	7,852,114	73,858	2,562,426	114,751	10,414,540
<sup>1</sup> 2010	40,912	7,584,674	99,621	2,805,195	140,533	10,389,869
2011	40,128	7,330,519	87,104	2,560,432	127,232	9,890,951
2012	36,941	6,701,603	84,368	2,516,744	121,309	9,218,347
2013	34,022	6,021,135	81,939	2,412,344	115,961	8,433,479
2014	33,930	5,738,511	81,545	2,360,019	115,475	8,098,530
2015	33,350	5,936,547	82,936	2,403,694	116,286	8,340,241
2016	31,364	5,562,049	87,404	2,341,841	118,768	7,903,890
2017	33,564	6,148,011	78,779	2,234,898	112,343	8,382,909
2018	40,701	7,053,366	81,701	2,249,426	122,402	9,302,792
2019	43,436	7,716,621	85,467	2,258,869	128,903	9,975,490
<sup>2</sup> 2020	88,395	11,520,280	55,638	1,004,845	144,033	12,525,125
³2021	52,807	8,293,020	55,676	1,472,988	108,483	9,766,008

<sup>&</sup>lt;sup>1</sup> The increase in Congregate meals in FY 2010 was due to ARRA funding.

<sup>&</sup>lt;sup>2</sup> The increase in Home Delivered Meals in FY 2020 and decrease in Congregate "Persons Served" and "Meals Provided" was related to the temporary suspension of Congregate Meal Services due to the COVID-19 (Coronavirus) pandemic.

<sup>&</sup>lt;sup>3</sup> FY 2021 "Persons Served" and "Meals Provided" numbers are projections. The number of "Persons Served" and "Meals Provided" for Congregate services are projected to be lower related to the temporary suspension of Congregate Meal Services due to the COVID-19 (Coronavirus) pandemic.

### Statewide Elderly Nutrition Program Expenditures During the Past 10 Years

Home Delivered Meals						
Fiscal Year	Federal	State	Other	Total		
2012	8,305,497	9,134,866	19,458,736	36,899,099		
2013	7,462,467	10,943,060	16,114,683	34,520,210		
2014	8,297,861	11,828,976	16,961,880	37,088,717		
2015	7,926,312	11,796,131	16,977,003	36,699,446		
2016	8,219,033	11,764,216	15,752,225	35,735,474		
2017	8,041,981	17,600,000	17,546,450	43,188,431		
2018	8,765,366	21,777,387	16,963,059	47,505,812		
2019	11,544,592	21,004,507	22,007,848	54,556,947		
12020	6,328,824	23,800,000	38,395,155	68,523,979		
<sup>2</sup> 2021	10,933,543	23,853,330	25,814,862	60,601,735		

	Congregate Meals					
Fiscal Year	Federal	State	Other	Total		
2012	10,294,330	38,104	13,190,906	23,523,340		
2013	10,446,143	39,735	13,328,224	23,814,102		
2014	10,356,601	39,735	12,497,572	22,893,908		
2015	10,850,580	53,611	12,184,589	23,088,780		
2016	9,437,175	69,772	11,986,733	21,493,680		
2017	10,242,080	175,451	12,412,998	22,830,529		
2018	10,522,961	224,147	11,667,100	22,414,208		
2019	10,412,703	589,004	13,938,393	24,940,100		
<sup>3</sup> 2020	6,657,556	254,941	6,854,905	13,767,402		
2021	9,763,568	268,935	10,568,434	20,600,937		

		<b>Total Meals</b>		
Fiscal Year	Federal	State	Other	Total
2012	18,599,827	9,172,970	32,649,642	60,422,439
2013	17,908,610	10,982,795	29,442,907	58,334,312
2014	18,654,462	11,868,711	29,459,452	59,982,625
2015	18,776,892	11,849,742	29,161,592	59,788,226
2016	17,656,208	11,833,988	27,738,958	57,229,154
2017	18,284,061	17,775,451	29,959,448	66,018,960
2018	19,288,327	22,001,534	28,630,159	69,920,020
2019	21,957,295	21,593,511	35,946,241	79,497,047
12020	12,986,380	24,054,941	45,159,060	82,200,381
<sup>2</sup> 2021	20,697,111	24,122,265	36,383,296	81,202,672

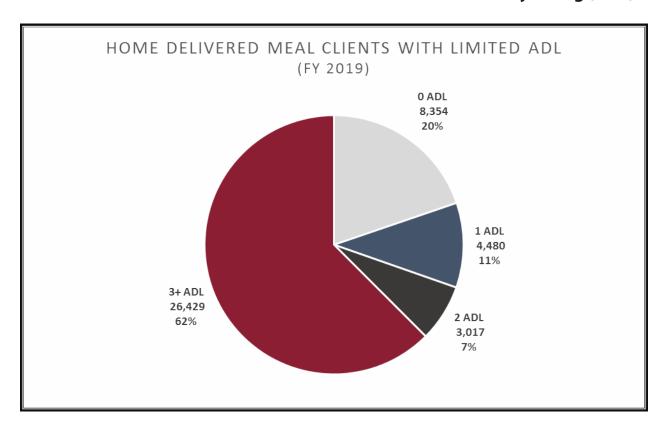
Note: The "Other" column includes Program Income, Local Match, Nutrition Services Incentive Program (NSIP) awards.

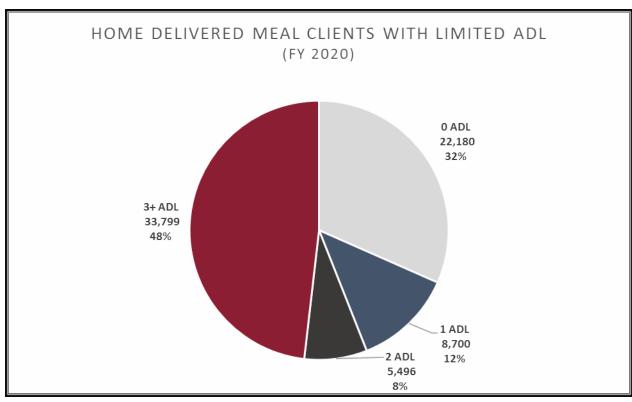
<sup>&</sup>lt;sup>1</sup> FY 2020 is based on 4<sup>th</sup> Quarter Projections. The FY 2020 decrease in Federal expenditures for Home Delivered Meals and increase in "Other" expenditures is related to the shift in funding source to the **Coronavirus Aid, Relief, and Economic Security** (CARES) Act **and The Families First Coronavirus Response** (FFCRA) funding due to the COVID-19 (Coronavirus) pandemic, which are included in the "Other" column.

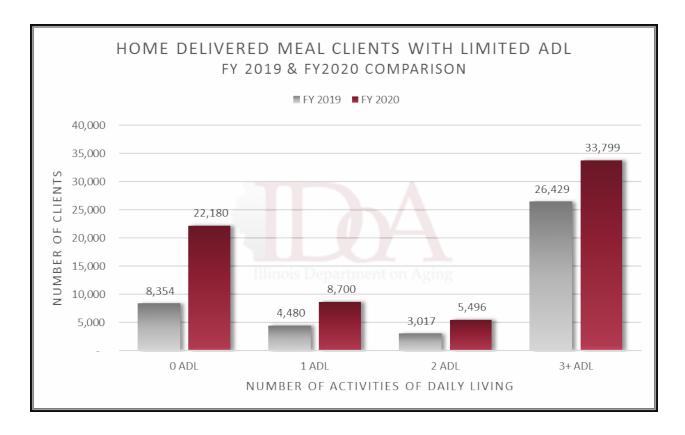
<sup>&</sup>lt;sup>2</sup> FY 2021 is based on Area Plan projections. The FY 2021 Home Delivered Meals "Other" column includes the Consolidated Appropriations Act funding.

<sup>&</sup>lt;sup>3</sup> The FY 2020 decrease in Congregate expenditures is related to the temporary suspension of Congregate Meal Services due to the COVID-19 (coronavirus) pandemic.

#### Home Delivered Meal Clients with Limited Activities of Daily Living (ADL)





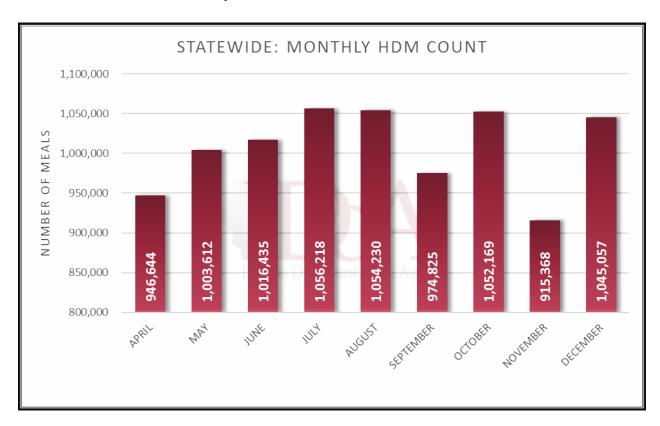


**Note:** Activities of Daily Living indicates the person's total score on the Katz Index of Independence in Activities of Daily Living (ADL). Activities include bathing, dressing, toileting, transferring, continence, and feeding. Permissible values are 0-6.

A limitation is defined as unable to perform the activity without substantial assistance (including verbal reminding, physical cuing, or supervision). (Source: NAMRS¹/OAA)

<sup>&</sup>lt;sup>1</sup> NAMRS is the National Adult Maltreatment Reporting System.

#### **Statewide Monthly Home Delivered Meals Since the Pandemic**



**Note:** The Department temporarily suspended Congregate Meal services in March 2020 in an effort to stop the spread of COVID-19 (Coronavirus) pandemic. As a result, services provided under the Home Delivered Meals program began to increase, as many former Congregate Meal participants began to receive Home Delivered Meals for the first time.

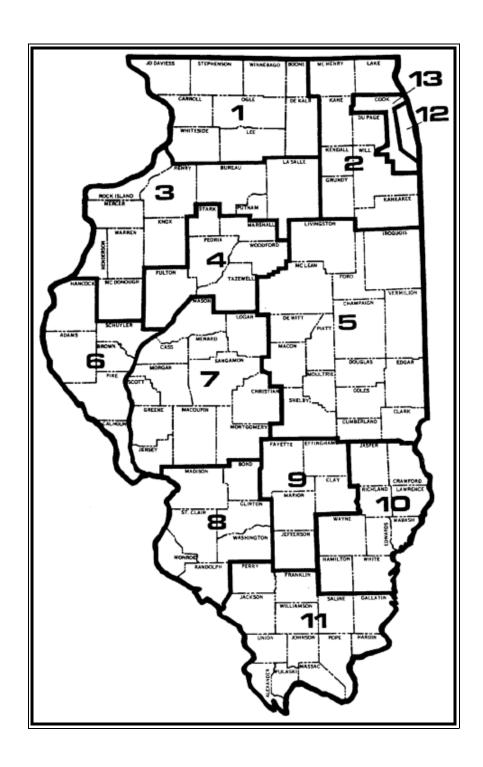
#### **National Survey Results for Home Delivered Meals**

The federal Administration on Aging conducted the Thirteenth National Survey of Program Clients in 2018. The purpose of this nationally representative sample survey was to collect information on client satisfaction, consumer assessment of service quality, and consumer reported outcomes of clients participating in OAA state and community programs on aging. The following table outlines the results for the home delivered meal service.

National Performance Measures Project Results	% of Home Delivered Meal Clients
Portion of Food Eaten that Home Delivered Meals Represents on a Daily Basis	
Less than ⅓ of all the food	6.8%
Between ⅓ and ⅙ of all the food	24.3%
About ½ of all the food	31.3%
More than ½ of all the food	31.1%
Other	0.7%
Health Issues	
Arthritis/Rheumatism	69.2%
High Blood Pressure/Hypertension	72.7%
Heart Attack/Coronary	43.9%
High Cholesterol	49.2%
Diabetes or High Blood Sugar	34.7%
Asthma	49.1%
Length of Time Receiving Home Delivered Meals	
6 months or less	22.5%
More than 6 months but less than 1 year	16.6%
At least 1 Year but less than 2 years	23.9%
2 to 5 years	25.8%
More than 5 years	7.3%
Home Delivered Meals Help Clients To	
Continue to live in own home	91.5%
Eat healthier foods	81.3%
Feel better	86.5%
Improve health	77.6%
HDMs Are Good or Excellent	87.5%
Older Adult Likes the HDMs	91.8%
Older Adults Would Recommend HDMs to Friend	95.2%

ACL Aging, Independence, and Disability (AGID) Program Data Portal – 2018 Home Delivered Meals <a href="https://agid.acl.gov/DataFiles/NPS/Files.aspx?year=2018&serviceid=4">https://agid.acl.gov/DataFiles/NPS/Files.aspx?year=2018&serviceid=4</a>

#### **Planning and Service Areas in Illinois**



#### **Area Agencies on Aging**

Northwestern Illinois Area Agency on Aging

Grant Nyhammer, Executive Director & General Counsel

1111 South Alpine Road, Suite 600

Rockford, IL 61108

815/226-4901; FAX: 815/226-8984; 1-800-542-8402 (nine county area ONLY)

Web: www.nwilaaa.org

E-Mail: gnyhammer@nwilaaa.org

AREA 02

AgeGuide

Marla Fronczak, CEO

Fiscal Office:

100 College Dr., Building 5

Kankakee, IL 60901

1-800-528-2000 (calls will be directed to proper source)

Main Office:

1910 S. Highland Ave. Suite 100

Lombard, IL 60148

630/293-5990; FAX: 630/293-7488

Web: www.ageguide.org

info@ageguide.org or mfronczak@ageguide.org

**Western Illinois Area Agency on Aging** 

Barbara Eskildsen, Executive Director

729 - 34th Avenue

Rock Island, IL 61201-5950

309/793-6800; FAX: 309/793-6807;

1-800-322-1051 (I & A) Web: www.wiaaa.org

E-Mail: beskildsen@wiaaa.org

AREA 04

Central Illinois Agency on Aging, Inc.

Keith Rider, President & CEO 700 Hamilton Boulevard

Peoria, IL 61603-3617

309/674-2071; FAX: 309/674-3639;

1-877-777-2422; 309/674-1831 (TTY)

Web: www.ciaoa.net

E-Mail: krider@ciaoa.net

East Central Illinois Area Agency on Aging, Inc.

Susan Real, Executive Director

1003 Maple Hill Road

Bloomington, IL 61704-9327

309/829-2065; FAX: 309/829-6021;

1-800-888-4456 (I & A) (sixteen county area ONLY)

Web: www.eciaaa.org

E-Mail: SREAL@eciaaa.org

West Central Illinois Area Agency on Aging

Michael Drew, Director

Mailing Address:

639 York Street, Suite 333, Quincy, IL 62301

217/223-7904; FAX: 217/222-1220;

1-800-252-9027 (I & A) (Voice & TTY)

Web: www.wciagingnetwork.org

E-Mail: michael.drew@wciagingnetwork.org

AREA 07

Carolyn Austin, Executive Director

2731 S. MacArthur Blvd.

Springfield, IL 62704

217/787-9234 (Voice & TTY); FAX: 217/787-6290;

1-800-252-2918 (I & A) (217, 309 & 618 area codes ONLY)

Web: www.agelinc.org

E-Mail: caustin@agelinc.org

**AgeSmart Community Resources** 

Joy Paeth, Chief Executive Officer

801 W State St

O'Fallon, IL 62269

618/222-2561; FAX: 618/222-2567;

1-800-326-3221

Web: www.AgeSmart.org

E-Mail: jpaeth@AgeSmart.org

AREA 09

**Midland Area Agency on Aging** 

Tracy Barczewski, Executive Director

Mailing Address:

434 South Poplar Centralia, IL 62801-1420

618/532-1853; FAX: 618/532-5259;

1-877-532-1853

Web: www.midlandaaa.org

E-Mail: tracy@midlandaaa.org

Southeastern Illinois Agency on Aging, Inc.

Shana Holmes, Chief Executive Officer

516 Market Street

Mt. Carmel, IL 62863-1558

618/262-2306; FAX: 618/262-4967;

1-800-635-8544 (618 area code ONLY)

Web: www.seiaoa.com

E-Mail: Holmes.AAA@Protonmail.com

Egyptian Area Agency on Aging, Inc.

Becky Salazar, Executive Director

200 Fast Plaza Drive

Carterville, IL 62918-1982

618/985-8311; FAX: 618/985-8315;

1-888-895-3306

Web: www.egyptianaaa.org

E-Mail: Becky.salazar@egyptianaaa.org

AREA 12

**Senior Services Area Agency on Aging** 

**Chicago Department of Family and Support Services** 

Margaret Laraviere, Deputy Commissioner

1615 West Chicago Avenue, 3rd Floor

Chicago, II 60622

312/746-5682; FAX: 312/744-8168;

312/744-6777 (TTY)

Web: www.cityofchicago.org/aging

E-Mail: Margaret.laraviere@cityofchicago.org

**AREA 13** 

AgeOptions, Inc.

Diane Slezak, President & CEO

1048 Lake Street, Suite 300

Oak Park, IL 60301

708/383-0258; FAX: 708/524-0870; 708/524-1653 (TTY);

1-800-699-9043 (Suburban Cook County area ONLY)

Web: www.ageoptions.org

E-Mail: diane.slezak@ageoptions.org

## Number of Older Adults Denied Home Delivered Meals and Number of Older Adults on Waiting Lists

The following information outlines the estimated number of older adults denied home delivered meals in FY 2020 and the current number of older adults on waiting lists due to insufficient funding. It is estimated that 235 older adults were denied home delivered meals in FY 2020 due to insufficient funding. This is a 10 percent decrease since FY 2019. At the present time, 227 older adults are on waiting lists for home delivered meals throughout Illinois; this is a 67 percent increase over the past year.

Name of PSA and County	FY 2020 # of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 01 // Northwestern Illinois Area Agency on A	ging	
Boone	0	0
Carroll	0	0
DeKalb	0	13
Jo Daviess	0	0
Lee	0	0
Ogle	0	0
Stephenson	0	0
Whiteside	0	0
Winnebago	0	0
PSA 01 Total:	0	13
PSA 02 // AgeGuide		
DuPage	0	0
Grundy	0	0
Kane	0	0
Kankakee	0	0
Kendall	0	0
Lake	0	0
McHenry	0	0
Will	0	0
PSA 02 Total	0	0

	FY 2020	
	# of Older Adults Denied	Current # of Older
Name of PSA and County	HDMS due to Lack of Funding	Adults on Waiting Lists
PSA 03 // Western Illinois Area Agency on Aging	<u> </u>	
Bureau County	0	0
Henderson County	0	0
Henry County	0	0
Knox County	0	0
LaSalle County	0	0
McDonough County	0	0
Mercer County	0	0
Putnam County	0	0
Rock Island County	0	0
Warren County	75	0
PSA 03 Total	75	0
r 3A 03 lotal	75	0
DCA OA // Control Illinois Annu an an Anima		
PSA 04 // Central Illinois Agency on Aging		
Marshall	0	0
Stark	0	0
Woodford	0	0
Fulton	0	0
Peoria-City of Congregate/HDM emergency	0	0
Rural Peoria County-congregate/HDM emergency	0	0
Tazewell	0	51
Peoria	0	119
PSA 04 Total	0	170
PSA 05 // East Central Illinois Area Agency on Agir	ng	
Champaign	0	0
Clark	0	0
Coles	0	0
Cumberland	0	0
DeWitt	0	0
Douglas	0	0
Edgar	0	0
Ford	0	0
Iroquois	0	0
Livingston	0	0
Macon	0	0
McLean	0	0
Moultrie	0	0
Piatt	0	0
Shelby	0	0
Vermilion	0	0
PSA 05 Total	0	0
ran ua Iulai	U	U

FY 2020		
Name of PSA and County	# of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 06 // West Central Illinois Area Agency on A	ging	
Adams	0	0
Brown	0	0
Calhoun	0	0
Hancock	0	0
Pike	0	0
Schuyler	0	0
PSA 06 Total	0	0
PSA 07 // AgeLinc		
Cass	0	0
Christian	0	0
Greene	0	0
Jersey	0	0
Logan	0	0
Macoupin	0	0
Mason	0	0
Menard	0	0
Montgomery	0	0
Morgan	10	15
Sangamon	0	29
Scott	0	0
PSA 07 Total	10	44
PSA 08 // AgeSmart Community Resources		
Bond	0	0
Clinton	0	0
Madison	0	0
Monroe	0	0
Randolph	0	0
St. Clair	0	0
Washington	0	0
PSA 08 Total	0	0
PSA 09 // Midland Area Agency on Aging		
Clay	0	0
Effingham	0	0
Fayette	0	0
Jefferson	0	0
Marion	0	0
PSA 09 Total	0	0

	FY 2020	
Name of PSA and County	# of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 10 // Southeastern Illinois Agency on Aging		
Crawford	0	0
Edwards	0	0
Hamilton	0	0
Jasper	0	0
Lawrence	0	0
Richland	0	0
Wabash	0	0
Wayne	0	0
White	0	0
PSA 10 Total	0	0
PSA 11 // Egyptian Area Agency on Aging		
Alexander	0	0
Franklin	150	0
Gallatin	0	0
Hardin	0	0
Jackson	0	0
Johnson	0	0
Massac	0	0
Perry	0	0
Pope	0	0
Pulaski	0	0
Saline	0	0
Union	0	0
Williamson	0	0
PSA 11 Total	150	0
PSA 12 // Department of Family & Support Service		
Cook County	0	0
PSA 12 Total	0	0
PSA 13 // AgeOptions, Inc.		
Suburban Cook County	0	0
PSA 13 Total	0	0
Statewide Total:	235	227

**Note:** The above table reflects the number of older adults still in need of home delivered meals and those on waiting lists due to lack of funding in each Planning and Service Area (PSA) as of November 2020 when the annual Home Delivered Meals survey data was collected.

The number of older adults on waiting lists and number of older adults still in need of meals continued to change as Federal funding (i.e. The Coronavirus Aid, Relief, and Economic Security (CARES) Act and The Families First Coronavirus Response (FFCRA)) was released to the Area Agencies on Aging.

Several waiting lists have been eliminated since then, while other PSAs currently have a waiting list that previously did not have one.

# Additional Funding Needed for Older Adults Denied Services and for Older Adults on Waiting Lists

PSA	Additional Funds Needed for Older Adults Denied Services	Additional Funds Needed for Older Adults on Waiting Lists	Comments
01	\$0	\$0	n/a
02	\$300,000	\$2,706,550	Throughout PSA02, no one was denied home delivered meal service. However, clients were placed on a waiting list in Kankakee and Will Counties. Additional funding due to COVID-19 enabled providers to eliminate wait lists. It is also anticipated that the change in provider in Will County will reduce future waiting lists due to more efficient operations. Going forward, between the two counties, approximately \$300,000 additional funding is needed each year to avoid having a wait list.
03	\$450,000	\$794,813	Voluntary Action Center (VAC), who serves La Salle, Putnam, and Bureau Counties Stated: In order to sustain current levels and avoid waiting list we will need to receive level of funding that included the CARES Act and FFCRA. As volunteers have returned to work and are no longer available, we once again need to rely on paid drivers. In order to make routes as efficient as possible we need two additional delivery trucks with holding ovens and refrigerator (\$90,000). We will need to hire two drivers (\$30,000) We anticipate total costs of \$1,160,000 to sustain current level while meeting future needs. That would mean an additional \$450,000 in federal/ state funding, in addition to the FY 21 allocation of about \$517,000.
04	\$0	\$293,000	Neighborhood House: At this time additional funding is required to recoup FY20 losses due to an increase in services to start all persons requesting services during the COVID-19 pandemic. Going forward to reduce/eliminate our current waitlist we would need an increase of at minimum \$293,000 just to cover food prep and delivery costs. There are additional costs such as equipment replacement, repair and upgrades that are imperative to Neighborhood House operating at its fullest and safest capacity. We also have program administrative oversight costs to cover, along with training/educational costs for each various aspect of the program. Please understand that \$293,000 does not cover our entire cost of adding these clients to our service base.

05	\$0	\$0	n/a
06	\$0	\$0	n/a
07	\$23,468	\$58,562	Includes funds for meals, wage increase for personnel, supplies, and associated delivery costs.
08	\$0	\$0	n/a
09	\$91,525	\$100,000	Additional funds to reimburse volunteers, a delivery vehicle, equipment, personnel, and delivery funds.
10	\$198,000	\$0	Includes funds for food, supplies, fuel, personnel, a new vehicle, maintenance, and insurance.
11	\$370,819	\$321,953	Includes funds for meal preparation, personnel, and delivery,
12	\$0	\$0	n/a
13	\$0	\$0	Funds needed to continue to provide ethnic meals and special diets to keep up with current rate of increase.
Total:	\$1,433,812	\$4,274,878	

**Note:** The above table reflects the additional funding needed by each Planning and Service Area (PSA) as of November 2020 when the annual Home Delivered Meals survey data was collected.

Waiting lists and the number of older adults still in need of services continued to change as Federal funding (i.e. The Coronavirus Aid, Relief, and Economic Security (CARES) Act and The Families First Coronavirus Response (FFCRA)) was released to the Area Agencies on Aging.

Several waiting lists have been eliminated since then, while other PSAs currently have a waiting list that did not previously have one.

# The Coronavirus Aid, Relief, and Economic Security (CARES) Act and The Families First Coronavirus Response (FFCRA) Funding Used to Expand Home Delivered Meals

PSA	How CARES and FFCRA Funding Was Used		
	Lifescape purchased delivery vehicles. New routes were added as a result of the increase demand for meals.		
	NICAA / Golden Meals:		
01	<ul> <li>200 Coolers were purchased to ensure social distancing .</li> <li>Face masks were purchased and distributed to all staff and all HDM clients.</li> <li>Sanitizing machine purchased along with thermometers.</li> <li>One additional deliver driver was hired.</li> </ul>		
02	<ul> <li>Increased number of meals and clients served throughout the PSA.</li> <li>Provided shelf stable meals to all clients, including those receiving pick-up meals.</li> <li>Eliminated waiting lists in two counties.</li> <li>Nutrition providers increased staff to accommodate the delivery of the increased volume of units (people/meals).</li> <li>Nutrition providers purchased PPE for employees and volunteers across the PSA.</li> <li>Nutrition providers supplied COVID-19 related training to employees and volunteers.</li> <li>Nutrition providers upgraded technology, communications capabilities, and facilities as needed to accommodate mandated social distancing and shelter in place.</li> <li>Some areas provided additional daily meals to ensure food security to older adults.</li> <li>Converted existing congregate dining sites to pick-up meal sites and developed new temporary pick-up meal sites.</li> </ul>		

Bureau County Senior Center used the CARES ACT funding to purchase an additional vehicle to help continue to provide home delivered meals. The vehicle ensured transportation of meals to seniors.

Henry County Senior Citizens added new meal routes and eased up on the HDM qualifications during the COVID pandemic.

Rock Island County Senior Center, who serves Rock Island and Mercer Counties stated: The CARES Act funds helped to eliminate the waitlist, provide shelf stable meals and continue to provide shelf stable meals to those who might need food in an emergency if the deliveries would need to discontinue. No areas in Mercer County and Rock Island County were denied due to all participants were switched to meal delivery service through Mom's Meals, so everyone who qualified regardless of area were able to be served.

03

YMCA of McDonough County Senior Program/Senior Center, who serves McDonough County stated: The funds were greatly needed as we have expanded the number of people on our current routes and have been able to utilize Mom's Meals for those outside our routes.

Jamieson Community Center, who serves Henderson and Warren Counties stated: A new route was established, purchased 30 days of shelf-stable meals for each participant served, and were able to meet the demand to add new people to the home-delivered meal routes. Purchased PPE and was able to cover the increased cost of food related to the pandemic. In addition, deliveries are no contact, limiting our drivers' ability to do wellness checks on the people served. To compensate for this and the social isolation our participants are experiencing, staff members are making weekly contact by phone with all participants.

VNA Community Services, who serves Knox County stated: CARES Act and FFCRA funds were used to expand Home Delivered Meals. The VNA served an additional 150 senior participants during the pandemic.

04

MSW Projects: Marshall, Stark, Woodford: The CARES Act & Families First funds were used to provide meals to congregate clients who did not feel safe leaving their homes, and additional home delivered meal clients in the current areas where meals are currently being served to avoid being put on a waiting list. CARES Act funds were also used to purchase additional meal carriers, hot packs, and plug in heaters to be able to serve extra meals at safe temperatures. CARES Act funds were used to purchase a new delivery van as the existing van has over 100,000 miles and mechanical issues. CARES Act funds were also used for marketing materials such as magnets to put on volunteer delivery vehicles while delivering meals, refrigerator magnets for each nutrition site to give to current and potential clients, shirts for staff to wear while working and at any future marketing events. The magnets are a way to for the clients to identify the volunteer delivering the meal and also a way to have the nutrition site information in a convenient place when needing to call. CARES Act funds will also be used to purchase new computers, printers, and software for the office staff to ensure productivity and ease of work.

Fulton: Additional shelf stable meals provided, 75 new clients added on, additional route and 2 additional drivers added, driver's hours expanded to compensate additional deliveries.

Neighborhood House added 5 additional routes in FY20 to cover additional clients being added to the program. Additional meal transportation bags and coolers were needed along with an increase of PPE supplies.

	Peace Meal reported additional meals were provided to all clients (shelf stable). No wait list was established in response to the increased request for HDMs. Additional supplies were purchased to aid in delivery (delivery bags, PPE, etc.).
05	CRIS Healthy-Aging Center reported Cares act FFCRA money was used to eliminate the waiting list and continue to add on all new referrals as they come in. weekly referrals are averaging 9-10 week, more than one meal per day was offered and provided to those who requested.
	Catholic Charities MOW's reported because of the addition of the Congregate meal provider closing because of COVID we expanded our HDM program by 7 routes in a matter of a weeks-time. In addition, we supplied 6,272 shelf stable meals to our clients because of the COVID.
06	CARES Act and FFCRA funds were used to support maintenance and limited expansion of the current HDM program serving all six counties in the PSA.
	CEFS: These funds were used to provide a second meal to our clients during COVID.
	CAPCIL: CARES funds were not completely spent since it was not all received. Received \$15,823 out of the \$79,113 which is covering the C2 debt. Awaiting the remaining funds to cover this debt.
	The FFCRA funds were used to reach more home delivered meal participants that occurred due to the additional need. We had additional meals, supplies, time and mileage cost to cover.
07	IL Valley: Increased fuel costs; Increased vehicle maintenance/repair costs; Increased food expense; Increased food supply costs; Increased personnel costs – staff working longer hours due to extended routes and additional meals being delivered; Increased PPE costs; Increased janitorial costs; Increased kitchen equipment repairs; Increased mileage/personnel expense to deliver shelf-stable meals.
	No equipment purchases made yet; researching and retrieving estimates for sink sprayers in 2 centers and will soon need additional refrigerators and freezers for increased food storage needs.
	PCOA: Additionally, funds received in response to the Coronavirus were used to eliminate the waitlists and to help provide clients with frozen and shelf stable meals.
	SSCIL: Groceries for the seniors on the waiting list & disposables for food.

Bond: Nearly doubled the number of clients that were served with the CARES & FFCRA funds. We have established 3 new routes. Provided 21 SSM to each client but did not increase the number of meals per day.

Mascoutah: served more congregate clients on home delivery routes. Since the middle of March 2020, added 41 clients from congregate to home delivery. Of those11 have been approved through SIVNA receive HDM's. Have provided more than 300 extra home delivered meals for consumption on weekends or for clients to have extra meals on hand. Made and delivered 185 SSM to those individuals. We have also provided over 200 extra meals to our HDM-Congregate Emergency Carryout clients. Continue to have a strong demand for both HDM's and our carryout meals.

08

Millstadt: Purchased supplies including masks, hand sanitizer, wipes, and disinfectant to keep volunteers and clients safe from Coronavirus. Warming Containers and (2) Coolers to transport additional meals to clients. Carry Out Containers to wrap additional meals in. Touchless Lavatories and Sinks. Additional Computers and System to accommodate extra volunteers and employees for meals being prepared, served and delivered.

Lessie Bates- Seasoned Circle Café: (3) Utility Carts, (1) Commercial Upright Reach-In Freezer, (1) Commercial Upright Reach-In Refrigerator, (1) Heated Holding Cabinet w/Clear Door

Sparta: FFCRA funds were used to help deliver 632 meals in our serving area.

Steeleville: Used the FFCRA funding to purchase a new slicer, new fryer, garbage disposal and three different instances of emergency meals to the home delivered.

Alton SSP: Additional funds were used to provide nutrition services to nearly 1,000 individuals per day. Prior to the COVID19 pandemic we were providing a total of nearly 600 meals. The pandemic exacerbated the need for nutrition services.

09

Comp Services: Eliminated our waitlist. Had to establish a new county route which meant hiring a new driver. Currently using our vehicle that is used for our congregate site, but once that re-opens, a vehicle will be needed to serve this new route. A new city route needs to be established, however, it is very difficult at this time to find volunteers and staff when resources are already spread thin. Providing frozen meals for the weekend upon request.

CEFS: These funds were used to serve an additional evening cold meal along with their noon meal.

BCMW: Hired additional drivers and purchased two new vehicles from our FY 20 funds to expand our home delivered meals. Started two new routes at our Salem Site and one new route in our Centralia Site so we could deliver to people who we would not normally deliver. Purchased a new oven/stove for the Salem Meal Site because theirs was old and the oven did not heat evenly.

Used this funding to offset the additional cost for food and supplies due to the increase of the cost and the increase in the number of meals being served.

Lawrence: While our centers were closed to walk-ins, we opened our Home Delivered Meal Program up to anyone who had attended our centers but couldn't come because of the closing. The virus caused many more Seniors to request Home Delivered Meals. Ordered several Electric type food carries and bags to enable us to deliver the additional meals at a cost of \$2,295. A few of these items are on back order because the virus is affecting the deliver programs throughout the United States. Wabash: Additional driver added. Crawford; Jasper; Richland: Anyone that requested a meal was served. White; Hamilton – used the funds to offer evening meals for those who need/want them and frozen meals on weekends. In order to do this, we had to purchase more food and 10 equipment for the meals. This equ9ipment included hot boxes, bags, heating stones and coolers. We also had to hire two part-time employees, and borrow money to purchase another van to deliver meals. Edwards: Greatly increased the number of meals provided. Since the CARES dollars only replaced the Title III dollars, we saw no increase in funding this fiscal year. The FFCRA dollars were used to greatly expand our weekend meals. No dollars were used to purchase equipment. Wayne: Greatly increased the number of meals provided. Since the CARES dollars only replaced the Title III dollars, we saw no increase in funding this fiscal year. The FFCRA dollars were used to greatly expand our weekend meals. No dollars were used to purchase equipment. Waiting lists were eliminated and routes were expanded in all 13 counties outside of the normal service area. All older adults were served if needed. Additional frozen meals were provided to clientele to provide for weekend and evening meals if appropriate, and emergency meals in case of site closure. Each client received at least two weeks of frozen meals, with additional shelf-stable meals from FEMA. Providers used the additional funds to pay hazard pay for workers agreeing to continue working during the pandemic 11 or hire additional staff to assist with additional workload. Providers from all 13 counties purchased hot packs and coolers for deliveries, 4 used vans/SUVs for delivering to expanded service areas, additional food to add to emergency meals outside of everyday food preparation, ovens, stoves, small copy machines for increased documentation, and new sinks to replace old equipment and accommodate additional dish washing needs. All equipment purchased is used in direct connection to the home delivered meal process in either preparing, packaging, or delivering the food safely and according to guidelines. As part of the COVID-19 strategy, a primary focus of the Department of Family and Support Services, Senior Services Area Agency on Aging was to ensure the provision of home delivered meals to older adults who did not have any other resources for obtaining meals which included seniors without available supports to assist them during the "Stay at Home" order. The success of the strategy implemented by DFSS to ensure older adults in Chicago have access to food during the Pandemic resulted in over 4,000 new clients being added to the HDM program from March, 2020 to May, 2020, an increase of more than 60% within a two-month period of time. Our Home Delivered Meals Provider, Open Kitchens, had to scale up their operation to 12 keep pace with the burgeoning client demand including hiring additional staff, procuring triple the number of PPE supplies, leasing and buying new delivery vehicles, increasing the number of delivery routes including adding weekend delivery routes, purchasing thermal cameras that detect fever-like temperatures of staff entering the workplace, and ensuring all employees are screened for COVID-19 on a regular basis. For FY2020, the additional COVID-19 funding has been used to reimburse the HDM provider for the purchase of one new delivery vehicle, thermal cameras for their facility, the additional labor costs for assembling the emergency shelf stable meals kits and for the cost of over 1 million meals prepared and delivered to homebound seniors.

Serving new referrals:

- Home Delivered Meals Demand for home delivered meals exceeded our FY2020 projections by 15%, necessitating the delivery of an additional 159,000 units.
- Mom Meals Emergency Program To help our nutrition sites meet the sudden surge in demand for home delivered meals, AgeOptions used \$246,000 in emergency funding to provide nearly 38,000 Mom's Meals delivered throughout our service area.
- Top Box Foods In an effort to serve older adults who relied on grocery shopping for some of their nutritional needs before the pandemic, AgeOptions used \$280,000 in emergency funding to partner with home-delivery grocery company Top Box Foods. Older adults received the equivalent of 174,000 meals in the form of fresh produce and fruits, frozen meats and packaged staples. The success of the program has led to a three-year grant award to AgeOptions from the Administration on Community Living to study how grocery delivery programs might fit with the Older Americans Act.
- Privately-sourced shelf-stable Meals AgeOptions acted quickly at the onset of the pandemic. In early March we ordered the first of a series of shelf-stable meal deliveries to providers. This series of deliveries was designed as a contingency plan that continued through today. AgeOptions spent \$919,000 of emergency funding to make sure clients had a 30-day emergency meals supply on hand to guard against large-scale food or staff shortages.
- FEMA Meals With coordination from IDoA, AgeOptions was able to obtain an additional 91,350 shelf-stable meals for older adults. AgeOptions used \$20,000 in emergency funding to distribute the FEMA meals.
- Allowing sites to function according to precautions: There were non-food expenses incurred by our nutrition sites to meet the demands imposed by the pandemic. One of the largest expenses was the added per-unit meal costs for alternative individualize, sealed packaging needed for Congregate Meal sites to implement pick-up programs. Other expenses included the purchase of Personal Protective Equipment, such as gloves, masks, the purchase of sanitizer and additional insulated bags for deliveries. No capital-expense purchases were made.

13

## Number of Older Adults Needing Home Delivered Meals in Unserved Areas

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the estimated number of older adults needing home delivered meals in unserved areas. "Unserved areas" is defined as geographic areas (e.g., rural township areas or neighborhoods in cities, etc.) that are not served by the home delivered meal program due to lack of funding or the need for additional volunteers to deliver the meals.

In Fiscal Year 2021, the Area Agencies on Aging estimate that a total of 832 older adults need home delivered meals in unserved areas of Illinois. In Fiscal Year 2020, this number was 1,387.

The following pages outline the results of the survey by PSA and by county.

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs				
PSA 01 // Northwestern Illinois Area Agency on Aging						
Carroll	Cherry Grove & Woodland	12				
DeKalb	Afton Township	0				
	Pierce Township	0				
	Portion of Squaw Grove Township	0				
	South Grove Township	0				
	Mayfield Township	0				
	Milan Township	0				
	Paw Paw Township	0				
JoDaviess	Wards Grove, Vinegar Hill, Rice, Rawlins	18				
Stephenson County	Jefferson, Loran, Oneco	29				
Whiteside	Clyde, Garden Plain, Hume, Portland, Uslick	17				
PSA 01 Total		76				
PSA 02 // AgeGuide						
DuPage	N/A	0				
Grundy	N/A	0				
Kane	N/A	0				
Kankakee	N/A	0				
Kendall	N/A	0				
Lake	N/A	0				
McHenry	N/A	0				
Will	N/A	0				
PSA 02 Total		0				

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs						
PSA 03 // Western II	PSA 03 // Western Illinois Area Agency on Aging							
La Salle	N/A	0						
Putnam	N/A	0						
Bureau	N/A	0						
Henry	N/A	0						
Mercer	N/A	0						
Rock Island	N/A	0						
McDonough	N/A	0						
Warren	N/A	0						
Henderson	N/A	0						
Knox	N/A	0						
PSA 03 Total		0						
PSA 04 // Central III	inois Agency on Aging, Inc.							
Marshall	Pattonsburg, Wilburn, Hopewell, LaPrairie, Lawn Ridge, Broadmoor, Whitefield	20						
Stark	Castleton, Dunca, Elmira, Lombarville, Modena	15						
Woodford	El Paso, Eureka, Mononk, Bayview Gardens, Congerville, Germantown Hills, Goodfield, Panola, Secor, SpringBay	40						
Fulton	None	0						
Tazewell	Green Valley	1						
Peoria-HDM	Trivoli	2						
PSA 04 Total		78						
PSA 05 // East Centi	al Illinois Area Agency on Aging, Inc.	1						
Champaign	Ayers, Compromise, Crittenden, East Bend, Kerr, Ogden, Raymond, Stanton, St. Joseph	40						
Clark	Anderson, Auburn, Darwin, Dolson, Douglas, Johnson, Melrose, Orange, Wabash, York	30						
Coles	Morgan, Seven Hickory	15						
Cumberland	Union	5						
DeWitt	Barnett, Creek, DeWitt, Harp, Rutledge, Texas, Tunbridge, Wapella, Waynesville, Wilson	20						
Douglas	Bourboon, Bowdre, Garrett, Sargent	15						
 Edgar	Brouilletts Creek, Elbridge, Hunter, Prairie, Stratton, Symmes	30						
Ford	Brenton, Button, Dix, Mona, Pella, Rogers, Sibley, Wall	15						
Iroquois	Artesia, Ashkum, Beaverville, Chebanse, Concord, Crescent, Danforth, Douglas, Fountain Creek, Iroquois, Loda, Lovejoy, Martinton, Milks Grove, Onarga, Papineau, Prairie Green, Ridgeland, Sheldon, Stockland	20						
Livingston	Amity, Avoca, Belle Prairie, Broughton, Chatsworth, Charlotte, Eppards Point, Esmen, Forrest, Germanville, Indian Grove, Long Point, Newton, Nevada, Odell, Owego, Pike, Pleasant Ridge, Rooks Creek, Round Grove, Saunemin, Sullivan, Sunbury, Strawn, Union, Waldo	20						
Macon	N/A	0						

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 05 // East Cent	ral Illinois Area Agency on Aging, Inc. (continued)	
McLean	N/A	0
Moultrie	Dora, East Nelson, Jonathan Creek, Lowe	20
Piatt	Cerro Gordo, Sangamon, Unity, Willow Branch	5
Shelby	Flat Branch, Penn, Rural,	5
Vermilion	N/A	0
PSA 05 Total		240
PSA 06 // West Cen	│ tral Illinois Area Agency on Aging	
Adams	Mendon, Camp Point, Clayton, Payson, Golden	40
Brown	Timewell, Ripley, Buckhorn, Cooperstown	40
Calhoun	Brussels, Golden Eagle, Kampsville, Batchtown	30
Hancock	Nauvoo, Warsaw, LaHarpe, Bowen, Augusta	40
Pike	Barry, Griggsville, Pleasant Hill, New Canton, Pearl	50
Schuyler	Littletown, Camden	40
PSA 06 Total		240
PSA 07 // AgeLinc	T	
Cass	Arenzville, Chandlerville	3
Christian	Rosamond, Millville, Clarksdale, Senobia, Sicilly,	15
Greene	N/A	0
Jersey	Delhi (rural)	1
Logan	N/A	0
Macoupin	N/A	0
Mason	N/A	0
Menard	N/A	0
Montgomery	Honey Bend, Schram City, Chapman, Vanrensburg, Coalton	9
Morgan	Murrayville, Chapin, Concord, Meredosia	6
Sangamon	N/A	0
Scott	Alsey, Exeter, Manchester	6
PSA 07 Total		40
PSA 08 // AgeSmar	t Community Resources	
Bond	N/A	0
Clinton	N/A	0
Madison	N/A	0
Monroe	N/A	0
Randolph	Steeleville (only goes 1 mile out of town)	0
St. Clair	Fayetteville	0
Washington	Wamac	0
PSA 08 Total		0

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 09 // Midland A	Area Agency on Aging	
Jefferson County	Outlying areas of Jefferson County (possibly)	0
Effingham	Keptown, Dexter (Jackson Township) Gilmore (West Township) Funkhouser (Summit)	9
Fayette	Ingrah, Bayle City, Shaeffer, Hagerstown, Shobonier, Vena	8
Clay	Hord (Blair Township) Iola (Larkinsburg Township) Sailor Springs, Ingraham, Wendelin (Pixley Township)	6
Marion County	Outlying areas of Marion County (possibly)	0
PSA 09 Total		23
DCA 10 // Southone	town Illinois Amongs on Aging Inc	
	tern Illinois Agency on Aging, Inc.	
Lawrence County	N/A	0
Wabash County	N/A	0
Crawford	Duncanville	0
	West York	0
	Hutsonville	0
	Flat Rock	0
	Belair	0
	New Hebron	0
	Hardinville	0
	Piercefield	0
	Porterville	0
Jasper	Hidalgo	0
	Wheeler	0
	Bogota	0
	Hunt City	0
	Yale	0
	West Liberty	0
	Rose Hill	0
Richland	Noble	0
	Berryville	0
	Dundas	0
	Wynoose	0
	Calhoun	0
	Parkersburg	0
	Claremont	0
Hamilton	N/A	75
White	N/A	60
Edwards	0	0
Wayne	0	0
PSA 10 Total		135

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs					
PSA 11 // Egyptian A	PSA 11 // Egyptian Area Agency on Aging, Inc.						
Alexander	N/A	0					
Pulaski	N/A	0					
Massac	N/A	0					
Johnson	N/A	0					
Union	N/A	0					
Hardin	N/A	0					
Pope	N/A	0					
Gallatin	N/A	0					
Saline	N/A	0					
Jackson	N/A	0					
Perry	N/A	0					
Franklin	N/A	0					
Williamson	N/A	0					
PSA 11 Total		0					
PSA 12 // Senior Ser	vices Area Agency on Aging/CDFSS						
City of Chicago	N/A	0					
PSA 12 Total		0					
PSA 13 // AgeOption	ns, Inc.						
Suburban Cook County	N/A	0					
PSA 13 Total		0					
State of Illinois Statewide Total:		832					

## **Average Number of Older Adults Served Meals Each Day**

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the average number of persons served each day with congregate meals and home delivered meals by nutrition site. An average number of 11,318 persons are served per day by the congregate meal program (based on period from October 1, 2019 to February 29, 2020 prior to the temporary suspension of Congregate Meal Sites during the pandemic), an average number of 23,386 are served per day by the home delivered meal program (based on period from October 1, 2019 to February 29, 2020 prior to the temporary suspension of Congregate Meal Sites during the pandemic), and an average number of 38,399 are served per day by the home delivered meal program (based on period from March 1, 2020 to September 30, 2020 after the temporary suspension of Congregate Meal Sites during the pandemic).

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from March 1, 2020 to September 30, 2020)
PSA 01 // Northwestern Illinois Are	a Agency on Aging			
Lifescape Community Services	Boone	80		
	Lee	6		
	Ogle	20		
	Winnebago	225		
HDM			1,399	1,580
NICAA Golden Meals				
	Stephenson	135	245	295
	Jo Daviess	0	94	106
	Carroll	20	101	131
	Whiteside	16	215	242
Voluntary Action Center of DeKalb County	DeKalb	0	189	293
DeKalb Community Center	DeKalb	26	0	0
Taylor Street Plaza	DeKalb	30	0	0
Sandwich-FVOAS	DeKalb	31	0	0
PSA 01 Total:		589	2,243	2,647

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
Name of Nutrition Site/Community	County	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from March 1, 2020 to September 30, 2020)
PSA 02 // AgeGuide				
Embrace Living Communities Castle Towers - Bensenville	DuPage	30	60	120
Embrace Living Communities Peace Memorial Manor – Downers Grove	DuPage	15	10	25
Glendale Heights Center for Senior Citizens	DuPage	50	50	95
York Township Senior Center	DuPage	80	75	100
Mercy Housing Marian Park	DuPage	15	80	95
Addison Park District	DuPage	0	30	40
Bloomingdale Township Senior Center	DuPage	0	65	80
Alfred Rubin Riverwalk Community Center	DuPage	0	90	110
Westmont Park District	DuPage	0	150	170
Central DuPage Mobile Site	DuPage	0	30	35
Northwest DuPage Mobile Site	DuPage	0	40	45
East DuPage Mobile Site	DuPage	0	25	40
Southern DuPage Mobile Site	DuPage	0	50	40
Vaishnav Samaj of Midwest Temple	DuPage	15	0	0
Bawarchi Biryanis Restaurant Aurora	DuPage	70	0	0
Shahi Nihari Restaurant	DuPage	70	0	0
Abbington Distinctive Banquets	DuPage	800	0	0
Downers Grove Township	DuPage	0	0	300
Addison Township	DuPage	0	0	50
Roselle Fire Department	DuPage	0	0	60
Wayne Township	DuPage	0	0	50
DuPage Sherriff's Department	DuPage	0	0	200
Lisle Townships	DuPage	0	0	30
Abbington Banquets – Asian Meals	DuPage	0	0	160
Xilin Association	DuPage	0	0	127

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
Name of Nutrition Site/Community		(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from March 1, 2020 to September 30, 2020)
PSA 02 // AgeGuide (continued)				
Saratoga Tower Morris	Grundy	19	59	79
Coal City	Grundy	7	0	0
Mazon	Grundy	9	0	0
Minooka	Grundy	25	0	0
R Place Anytime	Grundy	16	0	0
Whistle Stop Anytime	Grundy	5	0	0
R Place/Congregate	Grundy	48	0	0
Whistle Stop/Congregate	Grundy	28	0	0
Elgin Senior Services Associates	Kane	15	80	65
Green Castle of North Aurora	Kane	5	85	95
United Methodist Church of Geneva	Kane	0	60	75
Truck Aurora 109	Kane	0	45	65
Truck West Kane 110	Kane	0	40	55
Truck North Kane 111	Kane	0	50	65
Truck Elgin 112	Kane	0	50	55
Truck Southwest Kane 113	Kane	0	30	30
Gaslight Manor	Kane	250	0	0
Aurora Police Department	Kane	0	0	60
Dundee Township	Kane	0	0	60
Elgin Township	Kane	0	0	60
Hampshire Township	Kane	0	0	50
Kane County Sheriff's Department	Kane	0	0	200
Spring Hill Residence	Kane	0	0	50
St. Paul's United Church of Christ	Kane	0	0	70
Aurora Senior Services Associates	Kane	0	0	100
Pembroke Township	Kankakee	11	14	25
Limestone Township	Kankakee	23	0	12
Sun River Terrace	Kankakee	27	0	20
Kankakee County Community Services, Inc.	Kankakee	29	165	233

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
Name of Nutrition Site/Community	County	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from March 1, 2020 to September 30, 2020)
PSA 02 // AgeGuide (continued)				
Oswego Senior Center	Kendall	70	0	0
Beecher Community Center	Kendall	0	92	143
Park Place Waukegan	Lake	50	250	280
Round Lake	Lake	0	150	165
Antioch	Lake	40	40	50
Foss Park District	Lake	30	0	0
Grayslake Senior Center	Lake	15	0	10
Gyorgos Café	Lake	10	0	5
Hanul Family Alliance	Lake	100	0	100
Island Lake Café	Lake	20	0	0
Koffee Kup Restaurant	Lake	5	0	0
Lambs Farm	Lake	70	0	0
Maravela's Banquets	Lake	220	0	130
N&T's Restaurant	Lake	20	0	10
Nuestro Center	Lake	15	0	0
Bella Ru Catering	Lake	0	0	40
Liberty Restaurant	Lake	0	0	4
Transfiguration Church	Lake	0	0	25
North Chicago City Hall	Lake	0	0	35
McHenry Senior Center	McHenry	5	200	220
Walden Oaks Apartments	McHenry	28	0	45
Marengo Park District	McHenry	17	0	17
Dorr Township	McHenry	25	0	25
Maravela's Banquets	McHenry	0	0	8
31 North Banquets	McHenry	0	0	40
Georgia's Restaurant	McHenry	0	0	7
Holiday Inn Crystal Lake	McHenry	0	0	15
Lockport Township	Will County	5	42	40
Frankfort Township	Will County	9	20	30

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
Name of Nutrition Site/Community	County	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from March 1, 2020 to September 30, 2020)
PSA 02 // AgeGuide (continued)				
Joshua Arms - Joliet	Will County	16	28	52
St. Paul UCC Monee	Will County	0	42	49
J & S Levy Center - Bolingbrook	Will County	18	48	63
Guy A. Sell Apartments – New Lenox	Will County	8	22	27
Central Nutrition Site - Joliet	Will County	0	279	383
Senior Services Center of Will	Will County	11	0	0
Troy Township	Will County	20	0	10
Wilmington Lions Club	Will County	0	31	29
Channahon United Methodist Church	Will County	33	0	0
Monee Township	Will County	67	0	0
Park Towers - Joliet	Will County	19	0	19
Absolute Barbeque	Will County	46	0	49
Sara's Grill	Will County	49	0	51
PSA 02 Total		2,703	2,677	5,672
PSA 03 // Western Illinois Area Agen	cy on Aging			
VAC, Streator – Fornoff	La Salle	5	55	85
VAC, Ottawa – Ravlin	La Salle	15	116	186
VAC, La Salle Site	La Salle	3	105	155
VAC, La Salle Site	Putnam	0	13	20
VAC, La Salle Site	Bureau	0	46	87
Bureau County Senior Center	Bureau	15	0	33
Henry County Senior Center	Henry	15	179	184
RI County Senior Center, Rock Island	Rock Island	18	0	4
RI County Senior Center, Westwood - Moline	Rock Island	21	5	7
RI County Senior Center, Colona House - East Moline	Rock Island	23	4	9
RI County Senior Center, Edgington Presbyterian Church - Taylor Ridge	Rock Island	6	0	1

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from October 1, 2019 to February 29,	# of Older Persons Served HDMs Each Serving Day  (Average based on period from October 1, 2019 to February 29,	# of Older Persons Served HDMs Each Serving Day  (Average based on period from March 1, 2020 to September 30, 2020)
PSA 03 // Western Illinois Area Ager	ocy on Aging (cont	2020)	2020)	·
	To the Aging (continue)	inuea <i>)</i>		
RI County Senior Center, American Legion - Reynolds	Rock Island	5	0	0
RI County Senior Center, 1st United Methodist Church - Port Byron	Rock Island	3	0	0
RI County Senior Center, Mercer Co Senior Center - Aledo	Mercer	7	0	0
RI County Senior Center, RI County HDM(FM)	Rock Island	0	184	27
RI County Senior Center, RI County HDM(MM)	Rock Island	0	42	312
RI County Senior Center, Mercer County HDM(MM)	Mercer	0	26	22
YMCA, Macomb Site	McDonough	14	65	83
YMCA, Bushnell Site	McDonough	4	23	32
YMCA, Colchester Site	McDonough	12	3	9
Jamieson, Strom Center	Warren	16	52	85
Jamieson, Roseville	Warren	2	5	12
Jamieson, Kirkwood	Warren	10	2	9
Jamieson, Stronghurst	Henderson	5	6	10
Jamieson, Oquawka	Henderson	8	8	20
Putnam County Community Center	Putnam	10	0	13
VNA Community Services, Galesburg	Knox	46	256	0
VNA Community Services, Abingdon	Knox	36	0	0
VNA Community Services, Victoria	Knox	11	0	0
PSA 03 Total:		310	1,195	1,504

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from March 1, 2020 to September 30, 2020)
PSA 04 // Central Illinois Area Agend	y on Aging, Inc.			
Henry Nutrition Site	Marshall	23	22	28
Lacon	Marshall		12	16
Sparland	Marshall		5	5
Toluca/Varna	Marshall		8	12
Lake Wildwood	Marshall		1	1
LaRose	Marshall		1	1
Wenona Nutrition Site	Marshall	3	4	4
Toulon Nutrition SIte	Stark	11	11	18
Wyoming Nutrition Site	Stark	2	6	9
Bradford	Stark		3	6
LaFayette	Stark		1	1
Washburn Nutrition Site	Woodford	5	7	12
Benson/Roanoke	Woodford		3	3
Metamora	Woodford		2	6
Chillicothe	Peoria	50	0	42
Princeville	Peoria	40	0	21
St. Sharbel	Peoria	7	0	22
Sterling Towers	Peoria	14	0	24
Heartland	Peoria	14	0	31
Southside Manor	Peoria	8	0	7
Astoria Nutrition Site	Fulton	8	17	19
Canton Nutrition Site	Fulton	15	62	90
Cuba Nutrition Site	Fulton	6	14	24
Lewistown Church Site	Fulton	6	30	40
Lewistown Spoon River Towers	Fulton	13	0	12
Vermont Nutrition Site	Fulton	4	9	12
Pekin	Tazewell	89	161	253
Peoria	Peoria		362	472
Rural Peoria	Peoria		140	178
PSA 04 Total:		318	881	1,369

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from March 1, 2020 to September 30, 2020)
PSA 05 // East Central Illinois Area A	gency on Aging			
PEACE MEAL				
Champaign HDM	Champaign	0	127	168
Rural Champaign	Champaign	0	37	46
Champaign Housing	Champaign	7	0	15
Fisher	Champaign	0	8	8
Homer	Champaign	4	3	10
Ludlow	Champaign	10	0	10
Mahomet	Champaign	0	18	22
Rantoul	Champaign	7	54	93
Sidney	Champaign	0	1	4
Casey	Clark	9	24	41
Martinsville	Clark	0	11	8
Charleston	Coles	10	62	85
LifeSpan	Coles	8	0	8
Mattoon	Coles	32	125	176
Oakland	Coles	8	16	24
Toledo	Cumberland	17	52	87
Clinton	Dewitt	4	43	51
Farmer City Site	Dewitt	1	7	11
Farmer City Restaurant	Dewitt	17	0	3
Weldon	Dewitt	1	3	4
Arcola	Douglas	0	3	6
Atwood	Douglas	0	9	11
Murdock	Douglas	0	4	9
Tuscola	Douglas	4	19	26
Villa Grove	Douglas	2	12	20
Brocton	Edgar	0	4	4
Chrisman	Edgar	0	6	7
Hume	Edgar	0	4	4
Kansas	Edgar	0	16	16
Paris Site	Edgar	3	27	34
Paris Restaurant	Edgar	18	0	13
Gibson City	Ford	5	0	6
Paxton	Ford	8	14	26
Roberts	Ford	6	4	15
Cissna Park	Iroquois	127	24	188

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day  (Average based on
Name of Nutrition Site/Community	County	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	period from March 1, 2020 to September 30, 2020)
PSA 05 // East Central Illinois Area A	gency on Aging (c	ontinued)		
Milford	Iroquois	8	8	19
Watseka	Iroquois	29	0	7
Dwight	Livingston	0	30	35
Pontiac	Livingston	4	35	43
Flanagan	Livingston	0	3	2
Streator	Livingston	0	8	3
Bloomington HDM	McLean	0	220	273
Bloomington Lincoln	McLean	18	9	26
Bloomington Phoenix	McLean	33	31	87
Bloomington Woodhill	McLean	14	14	24
McLean County Rural	McLean	0	35	36
Chenoa	McLean	4	13	22
Danvers	McLean	4	6	10
Leroy	McLean	1	18	17
Lexington	McLean	6	6	17
Normal	McLean	22	0	17
Saybrook	McLean	26	2	30
Heyworth	McLean	0	13	12
Bethany	Moultrie	20	9	33
Sullivan	Moultrie	12	18	29
Bement	Piatt	0	11	18
Monticello	Piatt	7	24	30
Mansfield	Piatt	0	6	7
Findlay	Shelby	1	5	6
Herrick	Shelby	15	14	23
Moweaqua	Shelby	0	7	11
Shelbyville	Shelby	7	42	61
Windsor	Shelby	7	9	9
Peace Meal Total	14-County	555	1,333	2,166
CRIS HEALTHY-AGING CENTER				
CRIS Site	Vermilion	15	311	487
Hoopeston M.A.	Vermilion	16	27	44
OSF Hospital	Vermilion	2	0	0
Wanda's	Vermilion	25	0	0
CRIS Healthy-Aging Center TOTAL	Vermilion	58	338	531
DMCOC through March 16, 2020				

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day			
	County	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from March 1, 2020 to September 30, 2020)			
PSA 05 // East Central Illinois Area A	PSA 05 // East Central Illinois Area Agency on Aging (continued)						
Argenta (closed in December)	Macon	3	0	0			
Decatur-Macon Senior Center	Macon	21	0	2			
Fence Post	Macon	93	0	14			
Hartford	Macon	12	0	2			
Oxford	Macon	14	0	2			
Reserve	Macon	6	0	1			
Spring Creek	Macon	4	0	0			
The Lexington	Macon	22	0	0			
Woods	Macon	5	0	0			
Total DMCOC through March 16, 2020	Macon	180	0	21			
Catholic Charities MOW's – beginning March 20, 2020	Macon						
Concord	Macon	0	0	44			
Hartford	Macon	0	0	22			
Lexington	Macon	0	0	31			
Oxford House	Macon	0	0	23			
Reserve	Macon	0	0	3			
Senior Center	Macon	0	0	22			
Spring Creek	Macon	0	0	14			
Woods	Macon	0	0	10			
Total Catholic Charities MOWS	Macon	0	0	169			
PSA 05 Grand Total	16-County	793	1,671	2,887			
PSA 06 // West Central Illinois Area							
QSFRC	Adams	54	289	300			
Harvest Hills	Adams	8	4	4			
Lampe High Rise	Adams	21	6	19			
Sunset Apts.	Adams	35	4	30			
Mt. Sterling	Brown	5	17	11			
Versailles	Brown	3	0	0			
Hardin	Calhoun	15	20	19			
Carthage	Hancock	6	14	11			
Hamilton	Hancock	11	18	11			
Barry (HDM route only)	Pike	0	9	9			
Pittsfield	Pike	9	36	20			

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from March 1, 2020 to September 30, 2020)
PSA 06 // West Central Illinois Area /	Agency on Aging (c		2020)	
Browning	Schuyler	3	1	1
Rushville	Schuyler	5	8	9
PSA 06 Grand Total	6- County	175	426	444
1 3A 00 Grand Total	0-county	173	720	777
PSA 07 // AgeLinc		1		
Ashland	Cass	0	13	11
Beardstown	Cass	10	30	40
Virginia	Cass	0	12	10
Assumption	Christian	0	5	5
Kincaid	Christian	5	12	22
Greene County Senior Center	Greene	16	70	91
Jerseyville Senior Center	Jersey	13	56	83
Friendship Manor	Logan	12		14
Korner Café	Logan	10		8
Logan Courts	Logan	23		15
Atlanta	Logan		8	7
Hartsburg/Emden	Logan		2	1
Mt. Pulaski	Logan		6	11
New Holland	Logan		9	4
Lincoln	Logan		78	73
Benld Senior Center	Macoupin	10	54	84
Carlinville Senior Center	Macoupin	15	22	39
Silver Strands Senior Center	Macoupin	14	41	61
Galloping Jenny	Mason	16		7
Mason City	Mason	4		
Easton	Mason		8	6
Forest City/Manito	Mason		5	8
Havana	Mason		26	27
Mason City	Mason		7	7
Topeka	Mason		4	6
Athens	Menard	11	9	17
Greenview	Menard	21	5	15
Petersburg	Menard	65	37	85
Tallula	Menard	18	8	17
Hillsboro	Montgomery	17	30	60
Litchfield	Montgomery	18	35	62

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from	# of Older Persons Served HDMs Each Serving Day  (Average based on period from	# of Older Persons Served HDMs Each Serving Day  (Average based on period from
		October 1, 2019 to February 29, 2020)	October 1, 2019 to February 29, 2020)	March 1, 2020 to September 30, 2020)
PSA 07 // AgeLinc (continued)				
Raymond	Montgomery	0	9	9
Witt	Montgomery	0	7	7
Beecher	Morgan	35	10	50
Franklin	Morgan	7	3	4
Laborers Home	Morgan	20	10	31
Turner	Morgan	10	50	70
Senior Center	Morgan	10	0	0
Waverly	Morgan	20	10	20
Chatham	Sangamon	33	29	43
Divernon	Sangamon	5	3	7
Pawnee	Sangamon	0	13	19
Seniors Center	Sangamon	315	337	473
Sherman	Sangamon	0	13	17
Auburn	Sangamon	0	23	22
Bluffs	Scott	8	5	14
Winchester	Scott	5	9	12
PSA 07 Total:		766	1123	1694
PSA 08 // AgeSmart Community Re	T	T		
Bond County Senior Center	Bond	27	71	91
Mascoutah Senior Services Program	St. Clair	46	31	28
Millstadt Township Senior Services	St. Clair	53	44	50
Lessie Bates- Seasoned Circle Cafe	St. Clair	66	308	353
Sparta Senior center (Northeastern Randolph County Senior Services Inc.)	Randolph	35	40	39
Steeleville Area Nutrition Site	Randolph	38	16	17
Alton	Madison	53	141	268
Belleville	St Clair	51	154	212
Collinsville	Madison	0	34	42
East Alton	Madison	0	84	101
Edwardsville	Madison	0	45	53
Granite City	Madison	8	101	116
O'Fallon	St Clair	0	63	79
Troy	Madison	0	1	0

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day	
	County	(Average based on period from October 1, 2019	(Average based on period from October 1, 2019	(Average based on period from March 1, 2020 to	
		to February 29, 2020)	to February 29, 2020)	September 30, 2020)	
PSA 08 // AgeSmart Community Res	sources (continued	l)	<u> </u>		
Venice	Madison	0	50	60	
Chester Multipurpose Senior Center	Randolph	48	25	31	
Waterloo Multipurpose Senior Center	Monroe	16	38	46	
Columbia	Monroe	11	31	34	
Red Bud	Randolph	7	26	31	
Carlyle	Clinton	14	65	65	
Breese	Clinton	14	21	23	
Trenton	Clinton	10	28	39	
PSA 08 Total:		497	1417	1778	
PSA 09 // Midland Area Agency on A	<del> </del>	T	I		
Mt. Vernon/Rose Lane Site	Jefferson	11			
Home Delivered	Jefferson				
County (Staff Delivered)	Jefferson		45	58	
City (Volunteer Delivered)	Jefferson		43	60	
CEFS Altamont	Effingham	9	18	34	
CEFS Dieterich	Effingham	13	10	27	
CEFS Effingham Evening Meal	Effingham	25			
CEFS Effingham	Effingham	24	90	125	
CEFS Teutopolis	Effingham		25	27	
CEFS Beecher City	Effingham	22	5	30	
CEFS Vandalia	Fayette	19	58	80	
CEFS Ramsey	Fayette	22	10	35	
CEFS Flora	Clay	15	25	42	
CEFS Louisville	Clay		5	5	
BCMW Centralia Site	Marion	40	81	162	
BCMW Salem Site	Marion	34	72	123	
PSA 09 Total:		234	487	808	
Pridgeport		6	17	21	
Bridgeport  Lawrenceville	Lawrence			31	
St. Francisville	Lawrence	35 7	77 3	131 8	
	Lawrence				
Sumner	Lawrence	7	6	12	

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
	County	(Average based	(Average based	(Average based on
		on period from October 1, 2019	on period from October 1, 2019	period from
		to February 29, 2020)	to February 29, 2020)	March 1, 2020 to September 30, 2020)
PSA 10 // Southeastern Area Agency	y on Aging (contin	ued)	ı	
WC Cafeteria	Wabash	38	67	151
Oblong	Crawford	25	39	111
Newton	Jasper	17	26	74
Olney	Richland	39	51	107
Hamilton SN	Hamilton	26	46	100
White SN	White	53	96	241
Albion	Edwards	180	59	308
Grayville	Edwards	36	20	125
West Salem	Edwards	65	30	118
Fairfield	Wayne	86	25	229
PSA 10 Total:		620	562	1,746
DCA 11 // Farantian Arras Arranga	A			
PSA 11 // Egyptian Area Agency on Southern Pride		25	52	77
	Alexander	25	52	77
Southern Pride	Pulaski	25	45	88
Southern Pride	Massac	34	46	96
Southern Pride	Johnson	30	42	115
Southern Pride	Union	29	29	103
Golden Circle	Hardin	20	30	45
Golden Circle	Pope	30	21	36
Golden Circle	Gallatin	22	33	80
Golden Circle	Saline	33	90	114
Senior Adult Services-Carbondale/ surrounding area	Jackson	108	114	237
Senior Adult Services-Murphysboro	Jackson	26	60	102
Gold Plate	Perry	25	76	124
Franklin County Senior Services	Franklin	38	107	277
Williamson County Programs on Aging (WCPA) Herrin	Williamson	40	220	260
WCPA-Cambria	Williamson	10	13	10
WCPA-Andresen's Café	Williamson	66	29	95
WCPA-Sugar Creek Cafe	Williamson	43	3	46
PSA 11 Total:		604	1010	1905

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from October 1, 2019 to February 29, 2020)	# of Older Persons Served HDMs Each Serving Day  (Average based on period from March 1, 2020 to September 30, 2020)
PSA 12 // Senior Services Area Agend	v on Aging/CDFSS		2020)	
Chinese Community Center	Cook	300	NA	146
Hanul Family Alliance	Cook	86	N/A	46
Indo American Center	Cook	32	N/A	15
Metropolitan Asian Family Serv	Cook	38	N/A	44
Southeast Asia Center	Cook	120	N/A	84
Paul G. Stewart Apts.	Cook	25	N/A	26
Central West Regional Center	Cook	40	N/A	20
Racine Apts.	Cook	50	N/A	50
Montrose Baptist Church	Cook	25	N/A	17
Gaines Apts.	Cook	30	N/A	24
Judge Green Apts.	Cook	23	N/A	30
91st & S. Chicago Apts.	Cook	54	N/A	58
Division/LaSalle Apts.	Cook	43	N/A	39
Southeast Regional Center	Cook	34	N/A	22
Northwest Regional Center	Cook	100	N/A	19
Montclare Senior Residences	Cook	30	N/A	23
Minnie Riperton Apts.	Cook	55	N/A	50
Hilliard Apts	Cook	40	N/A	65
Lincoln Perry Apts.	Cook	41	N/A	44
Ada S. McKinley Apts.	Cook	32	N/A	27
Sullivan Apts.	Cook	46	N/A	50
Vivian Carter Apts.	Cook	42	N/A	58
Mann Park	Cook	20	N/A	0
Portage Park Satellite	Cook	30	N/A	26
Southwest Regional Center	Cook	66	N/A	18
Garfield Ridge Satellite Senior Ct	Cook	20	N/A	9
Japanese American Service Cent	Cook	28	N/A	15
Dickens/Burling Apts	Cook	32	N/A	31
Fisher Apts.	Cook	45	N/A	49
North Center Senior Satellite	Cook	37	N/A	32
Edgewater Satellite Senior Centr	Cook	54	N/A	0
Abbott Park Satellite Senior Ctr	Cook	24	N/A	7
Englewood Senior Satellite Centr	Cook	33	N/A	14
Clark/Irving Apts.	Cook	40	N/A	60
Lincoln/Sheffield Apts.	Cook	36	N/A	38
Schneider Apts.	Cook	41	N/A	46

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
	County	(Average based on period from October 1, 2019 to February 29,	(Average based on period from October 1, 2019 to February 29,	(Average based on period from March 1, 2020 to September 30, 2020)
DCA 12 // C	A : CDES	2020)	2020)	
PSA 12 // Senior Services Area Agend	1	Ĭ	NI/A	5.0
Devon/Sheridan Apts.	Cook	47	N/A	56
West Town Logan Square Satell	Cook	51	N/A	20
Center on Halsted	Cook	54	N/A	28
Sheridan/Leland Apts.	Cook	36	N/A	49
Austin Satellite Senior Center	Cook	21	N/A	15
Britton Budd Apts.	Cook	35	N/A	38
Northeast Regional Center	Cook	157	N/A	24
Pilsen Satellite Senior Center	Cook	10	N/A	15
South Chicago Satellite Ctr	Cook	39	N/A	13
Roseland Satellite Senior Ct.	Cook	13	N/A	25
Auburn Gresham Satellite Ctr	Cook	30	N/A	10
Chatham Satellite Senior Ctr.	Cook	23	N/A	21
Norwood Park Satellite	Cook	22	N/A	13
Kelvyn Park Satellite Ctr.	Cook	20	N/A	28
Home Delivered Meals Program	Cook	N/A	6519	9709
** Edgewater and Mann Park have been closed since March 30,2020.				
PSA 12 Total:		2,350	6,519	11,366
PSA 13 // AgeOptions				
Aging Care Connections - Congregate	Suburban Cook	32		30
Aging Care Connections- HDM	Suburban Cook		35	33
American Association of Retired Asians - Congregate	Suburban Cook	45		13
American Association of Retired Asians - HDM	Suburban Cook		7	16
Arab American Family Services	Suburban Cook	24		52
Bremen Township	Suburban Cook	25		14
Calumet Township	Suburban Cook	36		49
CCLM - Arlington Heights	Suburban Cook	28		10
CCLM – Maine and Wheeling	Suburban Cook		155	112
CCLM – Bremen	Suburban Cook		251	139
CCLM – Calumet - Congregate	Suburban Cook	22		10
CCLM – Calumet - HDM	Suburban Cook		298	155

Name of Nutrition Site/Community	Name of	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day	# of Older Persons Served HDMs Each Serving Day
	County	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from October 1, 2019 to February 29, 2020)	(Average based on period from March 1, 2020 to September 30, 2020)
PSA 13 // AgeOptions (continued)		2020)	2020)	
CCLM – Clyde Park	Suburban Cook	28		43
CCLM - Markham	Suburban Cook	22		13
CCLM - Rich	Suburban Cook		100	103
City of Evanston - Fleetwood	Suburban Cook	27		8
City of Evanston - Levy	Suburban Cook	25		15
CJE	Suburban Cook		224	228
CNN - Berwyn - Cicero	Suburban Cook		100	120
CNN – Chicago Heights - Congregate	Suburban Cook	30		15
CNN – Chicago Heights - HDM	Suburban Cook		91	123
CNN – CPR - Congregate	Suburban Cook	18		7
CNN – CPR - HDM	Suburban Cook		133	120
CNN - Dolton	Suburban Cook	8		10
CNN – Franklin Park - Congregate	Suburban Cook	35		33
CNN – Franklin Park - HDM	Suburban Cook		115	165
CNN – Hometown - Congregate	Suburban Cook	20		16
CNN Hometown - HDM	Suburban Cook		367	385
CNN – Brookfield - Congregate	Suburban Cook	27		32
CNN – Brookfield - HDM	Suburban Cook		183	235
CNN – Lemont – Congregate	Suburban Cook	21		9
CNN – Lemont - HDM	Suburban Cook		21	43
CNN – Proviso - Congregate	Suburban Cook	24		7
CNN – Proviso - HDM	Suburban Cook		202	204
CNN - Schaumburg	Suburban Cook	45		31
Ford Heights	Suburban Cook	44		52
Hanover Township - Congregate	Suburban Cook	58		38
Hanover Township - HDM	Suburban Cook		87	104
Hanul - Congregate	Suburban Cook	47		45
Hanul - HDM	Suburban Cook		13	16
KYC	Suburban Cook		144	154
MAFS - Niles	Suburban Cook	44		39
MAFS – Schaumburg	Suburban Cook	18		33
OLMC	Suburban Cook	30		35
OPTSS - Congregate	Suburban Cook	64		40
OPTSS - HDM	Suburban Cook		182	186
OPTSS Dine Out (Cozy Corner & Robinsons Ribs)	Suburban Cook	7		3

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day (Average based	# of Older Persons Served HDMs Each Serving Day (Average based	# of Older Persons Served HDMs Each Serving Day  (Average based on
		on period from October 1, 2019 to February 29, 2020)	on period from October 1, 2019 to February 29, 2020)	period from March 1, 2020 to September 30, 2020)
PSA 13 // AgeOptions (continued)				
PAV YMCA	Suburban Cook	70		13
PLOWS	Suburban Cook		189	204
PTSCC - Congregate	Suburban Cook	17		18
PTSCC - HDM	Suburban Cook		45	42
SAC - Congregate	Suburban Cook	20		17
SAC - HDM	Suburban Cook		78	67
Salvation Army – Blue Island	Suburban Cook	62		66
STOA - LSV	Suburban Cook	59		95
STOA - North	Suburban Cook	35		78
STOA - HDM	Suburban Cook		155	220
The Center of Concern	Suburban Cook	33		46
Village of Wheeling	Suburban Cook	26		31
Xilin – China Buffet	Suburban Cook	114		76
Xilin – Super China Buffet	Suburban Cook	69		117
Catholic Charities - Northwest	Suburban Cook			8
Catholic Charities – South Suburban	Suburban Cook			53
North Shore Senior Center	Suburban Cook			17
Solutions for Care	Suburban Cook			68
PSA 13 Total:		1,359	3,175	4,579
Statewide Total:		11,318	23,386	38,399

## **Type of Congregate Meals Provided**

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of congregate meals that were served hot, cold, or frozen (for later reheating). Approximately 94% of the congregate meals were hot meals, 6% were cold meals, and less than  $\frac{1}{2}\%$  were frozen meals.

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 01 // Northwestern III				Jeiveu
Lifescape: Congregate	57,471			
VAC				
Taylor Street Plaza	3,082		0	293
DeKalb Community Center	1,083	0	0	
Sandwich Site	3,221	0	0	
NICAA Golden Meals	1,960	0	0	1960
PSA 01 Total:	66,817	0	0	2,253
PSA 02 // AgeGuide				
DuPage Senior Citizens Council	19,124	0	0	19,124
Community Nutrition Network –Grundy County	7,153	0	0	7,153
Kane Senior Council	2,543	0	0	2,543
Kankakee County Community Services, Inc.	5,274	0	0	5,274
Oswego Senior Center	2,797	0	0	2,797
Catholic Charities Lake County	10,605	0	0	10,605
Catholic Charities McHenry County	3,906	0	0	3,906
Will County Senior Community Services, Inc.	5,852	0	0	5,852
American Association of Retired Asians	1,766	0	0	1,766
PSA 02 Total:	59,020	0	0	59,020
PSA 03 // Western Illinois	· Δrea Δgency on	Aging		
Voluntary Action Center			_	
(VAC)	2,662	1,308	0	3,970
Bureau County Senior Center	1785	0	0	1785
Henry County Senior Citizens	5,533	0	0	5,533
Rock Island County Senior Center, RI County Senior Center	1813	0	0	1,813

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served	
PSA 03 // Western Illinois	Area Agency on	Aging (continued	)		
Rock Island County Senior Center, Colona House	2,257	0	0	2,257	
Rock Island County Senior Center, Westwood	2,018	0	0	2,018	
Rock Island County Senior Center, Edgington	302	0	0	302	
Rock Island County Senior Center, Port Byron	51	0	0	51	
Rock Island County Senior Center, Reynolds	86	0	0	86	
Rock Island County Senior Center, Mercer County	632	0	0	632	
YMCA, MaComb Site	1,342	87	0	1,429	
YMCA, Busnell Site	341	21	0	362	
YMCA, Colchester Site	235	12	0	247	
Jamieson Community Center	2,918	0	0	2,918	
Putnam County Community Center	1,080	0	0	1,080	
VNA Community Services, Galesburg	423	0	0	423	
VNA Community Services, Abingdon	979	0	0	979	
VNA Community Services, Victoria	529	0	0	529	
PSA 03 Total:	24,986	1,428	0	26,414	
PSA 04 // Central Illinois	│ Area Agency on <i>A</i>	Aging, Inc.			
Henry Nutrition Site	2305			2305	
Wenona Nutrition Site	180			180	
Washburn Nutrition Site	458			458	
Wyoming Nutrition Site	218			218	
Toulon Nutrition Site	1097			1,097	
CIAA-Rural Peoria	3218			3,218	
CIAA-City of Peoria	4348			4,348	

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served	
PSA 04 // Central Illinois	Area Agency on A	Aging, Inc. (contin	ued)		
CIAA-Fulton	4815			4,815	
Hopedale	276			276	
Pekin	764			764	
Sunnyland	914			914	
Tremont	756			756	
PSA 04 Total:	19,349			19,349	
PSA 05 // East Central III	inois Area Agency	/ on Aging			
Peace Meal	57,347	0	0	57,347	
CRIS Healthy-Aging Center	6,892	0	0	6,892	
Catholic Charities MOWs	0	0	0	0	
DMCOC	20,292	0	0	20,292	
PSA 05 Total:	84,531	0	0	84,531	
PSA 06 // West Central Illin	nois Area Agency o	n Aging		I.	
Meals Plus for Seniors	20,898			20,898	
PSA 06 Total:	20,898	0	0	20,898	
PSA 07 // AgeLinc					
CEFS					
CAPCIL					
Friendship Manor	1,242			1242	
Galloping Jenny	1,169			1169	
Greene County Senior Center	1,690	0	0	1690	
Greenview	687	0	0	687	
Jerseyville Senior Center	1508	0	0	1508	
Korner Café	447			447	
Logan Courts	2451			2451	
Mason City	42			42	
Meals on Wheels of CEFS	10,818			10,818	
Pawnee	0	0	0	0	
Petersburg	3,414	0	0	3,414	
Senior Center	7,658	0	0	7,658	
Sherman	0	0	0	0	
Silver Strands Senior Center	1639	0	0	1639	
Tallula	468	0	0	468	
PSA 07 Total:	48,402	0	0	48,402	

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served					
PSA 08 // AgeSmart Community Resources									
Belleville	930			930					
Bond County Senior Center	2,776			2,776					
Carlyle Golden Age Nutrition Center	1,095			1,095					
Chester Multipurpose Senior Center	4,553			4,553					
Columbia Senior Center	807			807					
Granite City Nutrition Site	824			824					
Lessie Bates-Seasoned Circle Café	13,501			13,501					
Mascoutah Senior Services Program	4,282			4,282					
Millstadt Township Senior Services	5,578			5,578					
Nashville Nutrition Center	1,805			1,805					
New Baden	283			283					
Northeastern Randolph County Senior Services	3,473			3,473					
Red Bud Nutrition Site	619			619					
The Esquiline	54			54					
Village of Steeleville	3,203			3,203					
Washington County Senior Center (Okawville)	2,857			2,857					
Waterloo Multipurpose Senior Center	1,269			1,269					
Western Clinton CSS	921			921					
PSA 08 Total	54,568	0	0	54,568					
PSA 09 // Midland Area Ag	Jency on Aging								
Mt. Vernon/Rose Lane Jefferson County	1,074	26	54	1,154					
Meals on Wheels of CEFS	11,181			11,181					
BCMW Comm. Services	8,437			8,437					
PSA 09 Total:	20,692	26	54	20,772					

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served						
PSA 10 // Southeastern IL	PSA 10 // Southeastern IL Area Agency on Aging									
Bridgeport	640			640						
Lawrenceville	3,551			3,551						
St. Francisville	798			798						
Sumner	769			769						
WC Cafeteria	3,880			3,880						
Crawford	2,344			2,344						
Jasper	1,642			1,642						
Richland	3,701			3,701						
Hamilton SN	2,500			2,500						
White SN	5,089			5,089						
Albion	2,514			2,514						
Grayville	1,205			1,205						
West Salem	1,066			1,066						
Wayne	2,344			2,344						
PSA 10 Total:	32,043	0	0	32,043						
Southern Pride-Alexander	2,533	0	0	2533						
Southern Pride-Alexander	2 533	0	0	2533						
Southern Pride-Pulaski	2,293	0	0	2293						
Southern Pride-Massac	3,448	0	0	3448						
Southern Pride-Johnson	2,947	0	0	2947						
Southern Pride-Union	2,865	0	0	2865						
Golden Circle-Hardin	2,814	0	0	2814						
Golden Circle-Pope	4,222	0	0	4222						
Golden Circle-Gallatin	1,407	0	0	1407						
Golden Circle-Saline	5,629	0	0	5629						
Senior Adult Services- Carbondale/surrounding area	10,830	0	0	10,830						
Senior Adult Services- Murphysboro	2,561	0	0	2,561						
Gold Plate	4,196	49	0	4,196						
Franklin County Senior Services	3,884	0	0	3,884						
Williamson County Programs on Aging (WCPA) Herrin	3,980	0	0	3,980						
WCPA-Cambria	6,920	0	0	6,920						
WCPA-Andresen's Café	3,199	0	0	3,199						
WCPA-Sugar Creek Cafe	722	0	0	722						
PSA 11 Total	64,450	49	0	64,499						

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 12 // Senior Services	Area Agency on Ag	ing/CDFSS		
CDFSS/Senior Services on Aging (Congregate Dining Program)	258,164	52,687	0	310,851
PSA 12 Total	258,164	52,687	0	310,851
PSA 13 // AgeOptions				
Aging Care Connections	3,491			3,491
American Association of Retired Asians	2,821	195		3,016
Arab American Family Services	2,350			2,350
Bremen Township	2,736	50		2,786
Calumet Township	3,904			3,904
CCLM – Arlington Heights (Maine and Wheeling)	3,135			3,135
CCLM -Calumet	2,450			2,450
CCLM Clyde Park	3,054	150		3,204
CCLM - Markham	2,527	155		2,682
City of Evanston - Fleetwood	614			614
City of Evanston - Levy	2,797			2,797
CNN – Chicago Heights	3,203			3,203
CNN - CPR	1,955			1,955
CNN - Dolton	841			841
CNN – Franklin Park	3,729			3,729
CNN - Hometown	2,096			2,096
CNN - Brookfield	2,922			2,922
CNN - Lemont	2,379			2,379
CNN - Proviso	2,574			2,574
CNN - Schaumburg	4,941	445		5,386
Ford Heights	2,975	255		3,230
Hanover Township	6,337			6,337
Hanul	4,996			4,996
MAFS -Niles	4,958			4,958
MAFS -Schaumburg	2,096			2,096
OLMC	3,286			3,286
OPTSS	6,870	500		7,370
OPTSS Dine Out (Cozy Corner & Robinsons Ribs)	1,027			1,027
PAV YMCA	7,303			7,303
PTSCC	1,040			1,040

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served						
PSA 13 // AgeOptions (continued)										
SAC	2,038	625		2,663						
Salvation Army -Blue Island	6,848			6,848						
STOA-LSV	6,281	500		6,781						
STOA-North	1,578	325		1,903						
The Center of Concern	3,519	150		3,669						
Village of Wheeling	3,018	250		3,268						
Xilin -China Buffet	7,651			7,651						
Xilin -Super China Buffet	4689			4689						
PSA 13 Total	131,029	3,600	0	134,629						
Statewide Total:	884,949	57,790	54	942,793						

## **Type of Home Delivered Meal Provided**

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of home delivered meals that were served hot, cold, frozen (for later reheating), or shelf stable. Approximately 35% of the home delivered meals were hot meals, 27% were cold meals, 26% were frozen meals, and 12% were shelf stable. "Take Out/To-Go" meals represented 7% of the total home delivered meals provided statewide.

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"
PSA 01 // Northwestern Illi	inois Area Ag	jency on Agin	ıg			
Lifescape: HDM	220,753	120,854	44,076	0	385,683	0
NICAA: Golden Meals	98645	69518	18606	405	187,174	0
Voluntary Action Center of Northern IL	43,908	1,095	446	4,257	49,706	18,531
PSA 01 Total:	363,306	191,467	63,128	4662	622,563	18531
PSA 02 // AgeGuide						
DuPage Senior Citizens Council	164,001	22,871	108,195	55,973	351,040	28,601
Xilin Associaiton DuPAge	13,289	0	0	735	14,024	13,289
Community Nutrition Network – Grundy	18,381	8,940	8,119	938	36,378	2,143
Kane Senior Council	101,074	12522	71,924	27,218	212,738	27,820
Kankakee County Community Services, Inc.	17,934	0	4,941	0	22,875	261
AgeGuide Kankakee County DSW	927	0	37,485	10,652	49,064	6355
Community Nutrition Network-Kendall	19,190	9,986	7,308	2,800	39,284	1520
Catholic Charities Lake County	151,139	21,937	4,532	18,601	196,209	45,890
Catholic Charities McHenry County	63,324	3,993	5,111	11,781	84,209	15,416
Will County Senior Community Services, Inc.	39,909	31	18,730	0	58,670	0
Community Nutrition Network -Will County	52,484	24,191	9,016	24,084	109,775	6,451
American Association of Retired Asians/Will County	2870	0	0	742	3,612	2,870
PSA 02 Total:	644,522	104,471	275,361	153,524	1,177,878	150,616

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"			
PSA 03 // Western Illinois	PSA 03 // Western Illinois Area Agency on Aging								
Voluntary Action Center (VAC)	78,411	8,649	47,750	5,185	139,995	6,091			
Bureau County Senior Center	3,144	369	0	2,650	6,163	5,312			
Henry County Senior Citizens	40,212	0	0	1,100	41,312	0			
Rock Island County Senior Center, Rock Island County	19,860	49,222	0	5,459	74,541	0			
Rock Island County Senior Center, Mercer County	0	5,988	0	0	5,988	0			
Rock Island County Senior Center, Colona House	464	1,009	0	200	1,673	0			
Rock Island County Senior Center, Westwood	540	790	0	175	1,505	0			
Rock Island County Senior Center, Senior Center	0	489	0	100	589	0			
Rock Island County Senior Center, Edgington	0	114	0	25	139	0			
YMCA, MaComb Site	18,425	0	0	1,970	20,395	0			
YMCA, Bushnell Site	7,018	0	0	740	7,758	0			
YMCA, Colchester Site	972	487	0	215	1,674	0			
Jamieson Community Center	17,986	2,271	6,674	1,020	27,951	0			
Putnam County Community Center	0	0	420	600	1,020	0			
VNA Community Center	0	23,123	0	15,000	38,138	15			
PSA 03 Total:	187,032	92,511	54,844	34,439	368,841	11, <b>418</b>			
PSA 04 // Central Illinois Area	a Agency on A	ging, Inc.	l	l	I				
Henry	5519	46	827	511	6903	2613			
Lacon	2827	22	380	248	3477				
Sparland	1217	5	29	67	1318				
Toluca/Varna	2285	20	229	179	2713				
Lake Wildwood	282	1	48	37	368				
LaRose	159	2	9	8	178				
Wenona	775	4	98	95	972	161			
Bradford	1018	6	30	43	1097				
Toulon	2912	23	262	225	3422	1199			

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"
PSA 04 // Central Illinois Area	a Agency on A	ging, Inc. (cont	inued)			
Wyoming	1,456	12	158	121	1,747	298
LaFayette	226	2	0	12	240	
Washburn	2,248	16	165	202	2,631	138
Benson/Roanoke	794	8	81	69	952	
Metamora	790	6	142	78	1,016	
CIAA-Rural Peoria				820	820	5,485
CIAA-City of Peoria		0	0	750	750	8,108
Fulton County	32,215	0	6,703	2,415	41,333	5,823
Tazewell 49762	46,621		5,122	1,211	52,954	
Rural Peoria	33,629		5,364	815	39,808	
Peoria	95,599		14,271	285	110,155	
PSA 04 Total:	230,572	173	33,918	8,191	272,854	23,825
PSA 05 // East Central Illin	ois Area Age	ncy on Aging				
Peace Meal	294,237		1,623	2,674	298,534	
CRIS Healthy-Aging Center	0	2250	73,607	0	75,857	
CATHOLIC CHARITIES MOWs	89,847	2,763	0	0	92,610	
PSA 05 Total:	384,084	5,013	75,230	2,674	467,001	384,084
PSA 06 // West Central Illin	l nois Area Age	ency on Aging	<u> </u>			
Meals Plus for Seniors	68,604	12,463	8,865	15,400	105,332	24,070
PSA 06 Total:	68,604	12,463	8,865	15,400	105,332	24,070
PSA 07 // AgeLinc						
Athens	672	0	0	34	672	0
Atlanta	1,053	928	9	189	2,179	
Auburn	1,743	0	0	32	1,743	0
Benld Senior Center (South Macoupin), Benld, IL	18,838	0	0	1,904	18,838	1,488
Bread of Love	48,631	0	0	1,306	49,937	0
Carlinville Senior Center, Carlinville, IL	8,319	0	0	1,197	8,319	1,814
Chatham	1,828	0	0	43	1,828	0
Divernon	110	0	0	8	110	0
Easton	1,014	873	7	168	2,062	
Forest City/Manito	1,012	901	11	308	2,232	
Friendship Manor	2,024	288		357	2,669	

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"
PSA 07 // AgeLinc (continu	ıed)					
Galloping Jenny	41				41	41
Greene County Senior Center, Carrollton, IL	20,209	0	0	1,561	20,209	1917
Greenview	313	0	0	31	313	0
Hartsburg/Emden	119	92		0	211	
Havana	3,836	3,413	32	945	8,226	
Jerseyville Senior Center, Jerseyville, IL	17,961	0	0	2,296	17,961	1,716
Korner Cafe						355
Lincoln	10,387	8,454	66	1,778	20,685	
Logan Courts	2,144	251		651	3,046	
Mason City	1,084	944	8	238	2,274	
Meals on Wheels of CEFS						
Mt. Pulaski	1,280	820	10	238	2,348	
Pawnee	871	0	0	17	871	0
Petersburg	2,451	0	0	177	2,451	0
Seniors Center	27,669	0	0	683	27,669	0
Sherman	745	0	0	13	745	0
Silver Strands Senior Center, Palmyra, IL	13,882	0	0	1,043	13,882	1,584
Tallula	326	0	0	28	326	0
PSA 07 Total:	188,562	16,964	143	15,245	211,847	8915
PSA 08 // AgeSmart Comm	nunity Resou	rces				
Alton Senior Services Plus	13,670		45,050	9,864	68,584	1,200
Belleville	0		44,316	7,604	51,920	0
Bond County Senior Center	16,071		3,111	3,635	22,817	1,652
Carlyle Golden Age Nutrition Center	13,903		173	1,882	15,958	731
Chester Multipurpose Senior Center	10,950		1,507	3,413	15,870	1,913
Columbia Senior Center	2,760		4,734	1,518	9,012	0
Granite City Nutrition Site	30		25,605	4,458	30,093	0
Lessie Bates-Seasoned Circle Café	0		67,486	11,032	78,518	7,130
Mascoutah Senior Services Program	7,579		0	2,029	9,608	4,574
Millstadt Township Senior Services	12,168		2,247	3,731	18,146	6,778
Nashville Nutrition Center	5,177		2,902	1,395	9,474	1,134

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"
PSA 08 // AgeSmart Comm	nunity Resou	rces (continu	ed)			
Northeastern Randolph County Senior Services	8,485		402	1,981	10,868	4,334
Red Bud Nutrition Site	3,035		2,999	1,481	7,515	4
Village of Steeleville	4,612		0	2,094	6,706	4,328
Washington County Senior Center (Okawville)	12,190		2,902	1,981	17,073	1,410
Waterloo Multipurpose Senior Center	4,588		4,722	2,700	12,010	321
Western Clinton CSS	13,193		391	1,848	154,432	1,398
Alton Senior Services Plus	13,670		45,050	9,864	68,584	1,200
Belleville	0		44,316	7,604	51,920	0
Bond County Senior Center	16,071		3,111	3,635	22,817	1,652
Carlyle Golden Age Nutrition Center	13,903		173	1,882	15,958	731
Chester Multipurpose Senior Center	10,950		1,507	3,413	15,870	1,913
Columbia Senior Center	2,760		4,734	1,518	9,012	0
Lessie Bates-Seasoned Circle Café	0		67,486	11,032	78,518	7,130
Mascoutah Senior Services Program	7,579		0	2,029	9,608	4,574
Millstadt Township Senior Services	12,168		2,247	3,731	18,146	6,778
Nashville Nutrition Center	5,177		2,902	1,395	9,474	1,134
Northeastern Randolph County Senior Services	8,485		402	1,981	10,868	4,334
Red Bud Nutrition Site	3,035		2,999	1,481	7,515	4
Village of Steeleville	4,612		0	2,094	6,706	4,328
Washington County Senior Center (Okawville)	12,190		2,902	1,981	17,073	1,410
Waterloo Multipurpose Senior Center	4,588		4,722	2,700	12,010	321
Western Clinton CSS	13,193		391	1,848	154,432	1,398
Granite City Nutrition Site	30		25,605	4,458	30,093	0
PSA 08 Total:	128,411	0	208,547	62,646	538,604	36,907

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"
PSA 09 // Midland Area Ag	gency on Agii	ng				
Comprehensive Services	23,799	1447	360	840	26446	0
All Cong were delivered						
Meals on Wheels of Cefs	83,645	9695	421	2,100	95,861	12,664
BCMW Comm. Services	52,411			1,960	54,371	13,305
PSA 09 Total:	159,855	11,142	781	4,900	176,678	25969
PSA 10 // Southeastern IL	Area Agency	on Aging				
Bridgeport	6,569	0	0	198	6,569	0
Lawrenceville	26,804	0	3	832	26,804	0
St. Francisville	1,412	0	0	9	1,412	0
Sumner	2,941	0	0	119	2,941	0
WC Cafeteria	18,742	914	1,552	3,444	24,652	4,817
Crawford	18,305	0	141	2,000	20,466	0
Jasper	10,729	0	802	2,000	13,531	0
Richland	15,182	0	1,733	2,000	18,915	0
Hamilton	16,368	774	1,282	2,200	17,916	2,708
White	34,862	4,051	1,755	5,536	39,936	6,268
Albion	5,549	0	0	8,047	13,596	2,050
Grayville	2,681	0	0	5,323	8,004	1,650
West Salem	2,988	0	0	3,875	6,863	1,275
Wayne	5,692	0	0	8,606	14,298	4,510
PSA 10 Total:	168,824	5,739	7,268	44,189	215,903	23,278
PSA 11 // Egyptian Area A	gency on Agi	ng				
Southern Pride-Alexander	9,278	0	6,802	275	16,355	2,295
Southern Pride-Pulaski	9,359	0	7,485	230	17,074	1,916
Southern Pride-Massac	10,394	0	8,055	280	18,729	2,914
Southern Pride-Johnson	11,759	0	8,722	280	20,761	2,063
Southern Pride-Union	16,985	0	0	310	17,295	7,419
Golden Circle-Hardin	10,646	0	300	69	11,015	1,344
Golden Circle-Pope	5,004	0	450	55	5,509	1,776
Golden Circle-Gallatin	16,221	0	222	80	16,523	3,348
Golden Circle-Saline	20,099	0	1,836	95	22,030	3,222
Senior Adult Services- Carbondale/surrounding area, including Murphysboro	31,249	0	34,263	1,735	67,247	13,474
Gold Plate	8,135	0	362	0	8,497	1,500

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"
PSA 11 // Egyptian Area A	gency on Agi	ng (continue	d)			
Franklin County Senior Services	49627	0	1807	575	52009	3527
Williamson County Programs on Aging (WCPA) Herrin	32336	0	2374	1516	36225	3567
WCPA-Cambria	2646	0	0	0	2646	1568
WCPA-Andresen's Café	12312	0	0	0	12312	7945
WCPA-Sugar Creek Cafe	5505	0	0	0	5505	5046
PSA 11 Total:	251,555	0	72,678	5,500	329,732	62924
PSA 12 // Senior Services /	Area Agency	on Aging/CDI	 FSS			
Open Kitchens, Inc.	303,384	2,127,156	1,755,883	635,010	4,821,433	132,434
PSA 12 Total:	303,384	2,127,156	1,755,883	635,010	4,821,433	132,434
		, , , -	, , , , , , , , , , , , , , , , , , , ,		, , , , ,	
PSA 13 // AgeOptions						
Aging Care Connections	6586	5555	0	5180	17321	0
American Association of Retired Asians	1,351	3,657	721	924	6653	2,374
Arab American Family Services	1,534	19131	1,534	68	22267	6,827
Bremen Township	0	112	875	1,190	2177	987
Calumet Township	0	10592	0	0	10592	10,592
CCLM – Arlington Heights (Maine and Wheeling)	18,894	3381	29,089	16,724	68088	3,024
CCLM – Bremen	28,409	455	33,308	16,458	78630	0
CCLM – Calumet	31,805	13629	37,923	18,330	10167	150
CCLM – Clyde Park	0	0	7,971	4,045	12016	7,971
CCLM – Markham	0	0	2,963	2,221	8147	2,963
CCLM – Rich	11,436	133	14,065	6,677	32311	0
City of Evanston – Fleetwood	0	0	171	566	737	171
City of Evanston – Levy	0	0	732	875	1677	732
CJE	20,823	0	37,634	8,470	66927	0
CNN – Berwyn-Cicero	32,780	5390	3,482	5,910	47562	0
CNN – Chicago Heights	25,831	5931	10,668	12,060	54490	1,095
CNN – CPR	37,085	16747	4,275	3,505	61612	770
CNN – Dolton	440	0	410	640	1490	850
CNN – Franklin Park	37,487	18696	8,531	6,384	71098	1,020
CNN – Hometown	93,225	24610	7,176	12,055	137066	617
CNN – Brookfield	58,498	13535	13,059	9,900	94992	2,020

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served	# of HDMs that were "Take out" or "To-Go"		
PSA 11 // Egyptian Area Agency on Aging (continued)								
CNN – Lemont	7,262	1905	4,369	2,565	16101	1,497		
CNN – Proviso	72,798	24367	6,127	16,071	119363	824		
CNN – Schaumburg	0	0	5,775	3,990	9765	5,775		
Ford Heights	649	9955	650	14,134	25388	2,098		
Hanover Township	23,180	9427	5,294	5,160	43061	5,736		
Hanul	4,434	29792	832	2393	37451	2,496		
KYC	31,844	9829	28,133	5162	74968	0		
MAFS – Niles	2,177	3160	0	0	5337	5,337		
MAFS – Schaumburg	1,598	3,139	0	0	4737	4,737		
OLMC	0	0	6891	5610	12501	6,891		
OPTSS	22,616	11,676	41,010	41259	116561	7,820		
OPTSS Dine Out (Cozy Corner & Robinsons Ribs)	587	0	0	0	587	587		
PAV YMCA	0	3051	0	27153	30204	3,051		
PLOWS	19,312	13,236	23506	12329	68383	0		
PTSCC	10,899	555	4239	426	16119	0		
SAC	22,217	15,386	0	4,836	42439	1,206		
Salvation Army – Blue Island	6,409	3,242	0	4,441	14092	9,651		
STOA – LSV	49,070	37,887	0	1,350	88307	13,758		
STOA – North	2,593	1,781	0	28	4402	4,374		
The Center of Concern	0	0	8473	463	8396	8473		
Village of Wheeling	0	43	7568	5780	13391	7611		
Xilin – China Buffet	6789	4071	0	0	10860	10860		
Xilin – Super China Buffet	6120	4115	0	0	10235	10235		
Catholic Charities – Northwest	0	2520	0	0	2520	0		
Catholic Charities South Suburban	0	22428	0	0	22428	0		
North Shore Senior Center	0	5796	0	0	5796	0		
Solutions for Care	0	22848	0	0	22848	0		
AgeOptions	0	77731	0	0	77731	0		
PSA 13 Total:	696,627	459,605	357,454	284,707	1,798,393	155180		
Statewide Total:	3,852,618	3,024,298	2,911,207	1,311,650	11,219,603	778,210		

### **Congregate Meals - # of Serving Days per Week**

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of serving days that each nutrition program provided with the congregate meal program. Approximately 4% of the nutrition sites served congregate meals 6 to 7 days per week, 75% of the nutrition sites served congregate meals 5 days per week, 8% of the nutrition sites served congregate meals 3 to 4 days per week, and 13% of the nutrition sites served congregate meals 1 or 2 days per week. Congregate Meal Sites included those that were open from the period of October 1, 2019 to February 29, 2020, which lead up to the temporary suspension of Congregate Dining Sites due to the COVID-19 pandemic.

Name of Nutrition Program  PSA 01 // Northwestern III	Congregate Meals # of Sites Serving 6-7 Days per Week inois Area Agency	Congregate Meals # of Sites Serving 5 Days per Week on Aging	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week		
Lifescape: Congregate	mois Area Agency	9				
Voluntary Action Center of Northern Illinois	0	2	0	1		
NICAA Golden Meals	0	2	6	0		
PSA 01 Total:	0	13	6	1		
PSA 02 // AgeGuide						
DuPage Senior Citizens Council	0	4	1	4		
Community Nutrition Network –Grundy	2	1	0	3		
Kane Senior Council	0	2	0	1		
Kankakee County Community Services, Inc.	0	2	0	2		
Oswego Senior Center	0	0	1	0		
Catholic Charities Lake County	2	0	0	7		
Catholic Charities McHenry County	0	2	1	3		
Will County Senior Community Services, Inc.	0	3	1	6		
American Association of Retired Asians Will County	0	0	0	2		
PSA 02 Total:	4	14	4	28		
PSA 03 // Western Illinois Area Agency on Aging						
VAC, Streator – Fornoff	0	1	0	0		
VAC, La Salle Site	0	1	0	0		
VAC, Ottawa – Ravlin	0	1	0	0		
Bureau County Senior Center	0	1	0	0		

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week
PSA 03 // Western Illinois	Area Agency on Ag	ing (continued)		
Henry County Senior Citizens	0	1	0	1
Rock Island County Senior Center, Mercer County	0	1	0	0
Rock Island County Senior Center, Rock Island County	0	3	1	2
YMCA, MaComb	0	1	0	0
YMCA, Bushnell	0	1	0	0
YMCA, Colchester	0	0	0	1
Jamieson Community Center	0	2	1	2
Putnam County Community Center	0	1	0	0
VNA Community Services, Galesburg	0	1	0	0
VNA Community Services, Abingdon	0	1	0	0
VNA Community Services, Victoria	0	1	0	0
PSA 03 Total:	0	17	2	6
PSA 04 // Central Illinois A	rea Agency on Agi	ng, Inc.		
Marshall County		1	1	
Stark County		2		
Woodford		1		
CIAA- Rural Peoria			2	
CIAA-City of Peoria		4		
CIAA-Fulton				
Fulton County		4	2	
Tazewell		2	1	1
PSA 04 Total:		14	6	1
PSA 05 // East Central Illin	ois Area Agency or	n Aging		
Peace Meal FY19	2	45		2
CRIS Healthy-Aging Center	2	1	0	1
DMCOC	0	10	0	1
PSA 05 Total:	4	56	0	4
PSA 06 // West Central Illir	l nois Area Agency o	n Aging, Inc.		
Meals Plus for Seniors	0	11	1	0
PSA 06 Total:	0	11	1	0

Name of Nutrition Program	Congregate Meals # of Sites Serving	Congregate Meals # of Sites Serving	Congregate Meals # of Sites Serving	Congregate Meals # of Sites Serving
	6-7 Days per Week	5 Days per Week	3-4 Days per Week	1-2 Days per Week
PSA 07 // AgeLinc				
Athens	0	1	0	0
Auburn	0	1	0	0
Benld Senior Center (South Macoupin), Benld, IL	0	1	0	0
Bread of Love	0	6	0	3
Carlinville Senior Center, Carlinville, IL	0	1	0	0
Chatham	0	1	0	0
Divernon	0	1	0	0
Friendship Manor	0	1	0	0
Galloping Jenny	0	0	1	0
Greene County Senior Center, Carrollton, IL	0	1	0	0
Greenview	0	1	0	0
Jerseyville Senior Center, Jerseyville, IL	0	1	0	0
Korner Café	0	0	0	1
Logan Courts	0	1	0	0
Mason City	0	0	0	1
Meals on Wheels of CEFS		6		
Pawnee	0	1	0	0
Petersburg	0	1	0	0
Senior Center	0	1	0	0
Sherman	0	1	0	0
Silver Strands Senior Center, Palmyra, IL	0	1	0	0
PSA 07 Total:	0	28	1	5
PSA 08 // AgeSmart Comn	nunity Resources			
Bond County Senior Center	1			
Mascoutah Senior Services Program		1		
Millstatdt Township Senior Services		1		
Lessie Bates- Seasoned Circle Café		1		
Sparta Senior center (Northeastern Randolph County Senior Services Inc.)		1		
Steeleville Area Nutrition Site		1		

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week		
PSA 08 // AgeSmart Comr	nunity Resources (d	continued)				
Alton		1				
Granite City		1				
Belleville				1		
Chester		1				
Waterloo		1				
Clinton		1				
PSA 08 Total:	1	10	0	1		
PSA 09 // Midland Area A	gency on Aging					
Mt. Vernon/Rose Lane Jefferson County	0	1	0	0		
Meals on Wheels of Cefs	0	7	0	1		
BCMW Comm. Services	0	2	0	0		
PSA 09 Total:	0	10	0	1		
PSA 10 // Southeastern IL	Area Agency on Ag	l ging				
Bridgeport	0	1	0	0		
Lawrenceville	0	1	0	0		
St. Francisville	0	1	0	0		
Sumner	0	1	0	0		
WC Cafeteria	0	1	0	0		
Crawford	0	2	0	0		
Jasper	0	1	0	0		
Richland	0	1	0	0		
Hamilton	0	1	0	0		
White	0	1	0	0		
Edwards	0	3	0	0		
Wayne	0	1	0	0		
PSA 10 Total:	0	15	0	0		
PSA 11 // Egyptian Area Agency on Aging						
Southern Pride-Alexander	0	1	0	0		
Southern Pride-Pulaski	0	1	0	0		
Southern Pride-Massac	0	1	0	0		
Southern Pride-Johnson	0	1	0	0		
Southern Pride-Union	0	1	0	0		
Golden Circle-Hardin	0	1	0	0		

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week				
PSA 11 // Egyptian Area A	PSA 11 // Egyptian Area Agency on Aging (continued)							
Golden Circle-Pope	0	1	0	0				
Golden Circle-Gallatin	0	1	0	0				
Golden Circle-Saline	0	1	0	0				
Senior Adult Services- Carbondale/surrounding area	0	1	0	0				
Senior Adult Services- Murphysboro	0	1	0	0				
Gold Plate	0	1	0	0				
Franklin County Senior Services	0	1	0	0				
Williamson County Programs on Aging	0	3	1	0				
PSA 11 Total:	0	16	1	0				
PSA 12 // Senior Services	Area Agency on Ag	ing/CDFSS						
CDFSS/Senior Services								
Area Agency on Aging	6	43	1	0				
PSA 12 Total:	6	43	1	0				
PSA 13 // AgeOptions								
Aging Care Connections		1						
American Association of Retired Asians			1					
Arab American Family Services		1						
Bremen Township		1						
Calumet Township		1						
CCLM – Arlington Heights		1						
CCLM Calumet		1						
CCLM – Clyde Park		1						
CCLM – Markham		1						
City of Evanston – Fleetwood				1				
City of Evanston – Levy		1						
CNN Chicago Heights		1						
CNN-CPR		1						
CNN - Dolton		1						
CNN Franklin Park		1						
CNN Hometown		1						

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week				
PSA 13 // AgeOptions (continued)								
CNN Brookfield		1						
CNN Lemont		1						
CNN Proviso		1						
CNN Schaumburg		1						
Ford Heights			1					
Hanover Township		1						
Hanul		1						
MAFS - Niles		1						
MAFS - Schaumburg		1						
OLMC		1						
OPTSS		1						
OPTSS Dine Out (Cozy Corner & Robinsons Ribs)	1							
PAV YMCA		1						
PTSCC			1					
SAC			1					
Salvation Army - Blue Island		1						
STOA - LSV		1						
STOA - North				1				
The Center of Concern		1						
Village of Wheeling		1						
Xilin – China Buffet			1					
Xilin – Super China Buffet			1					
PSA 13 Total:	1	29	6	2				
Statewide Totals:	16	276	28	49				

### Home Delivered Meals - # of Serving Days per Week

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of serving days that each nutrition program provided with the home delivered meal program. Approximately 7% of the nutrition sites served home delivered meals 6 to 7 days per week, 73% of the nutrition sites served home delivered meals 5 days per week, 11% of the nutrition sites served home delivered meals 3 to 4 days per week, and 9% of the nutrition sites served home delivered meals 1 or 2 days per week.

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week			
PSA 01 // Northwestern Illino	is Area Agency on	Aging					
Lifescape	0	1	0	0			
Voluntary Action Center of Northern Illinois	0	2	0	0			
NICAA Golden Meals	0	2	6, we are providing hot meals 4 days and delivering frozen for the remaining 3 days				
PSA 01 Total:	0	5	6	0			
PSA 02 // AgeGuide							
DuPage Senior Citizens Council	0	13	0	0			
Community Nutrition Network –Grundy	1	0	0	0			
Kane Senior Council	0	8	0	0			
Kankakee County Community Services, Inc.	2	0	0	0			
Community Nutrition Network –Kendall	1	0	0	0			
Catholic Charities Lake County	0	3	0	0			
Catholic Charities McHenry County	0	2	0	0			
Will County Senior Community Services, Inc.	0	8	0	0			
PSA 02 Total:	4	34	0	0			
PSA 03 // Western Illinois Are	PSA 03 // Western Illinois Area Agency on Aging						
VAC, Streator – Fornoff	0	1	0	0			
VAC, La Salle Site	0	1	0	0			
VAC, Ottawa – Ravlin	0	1	0	0			
VAC, Sandwich HDM Site	0	1	0	0			
Bureau County Senior Center	0	1	0	0			
Henry County Senior Citizens	0	1	0	0			

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 03 // Western Illinois Are	a Agency on Aging	(continued)		
Rock Island County Senior Center, Friendship Manor - Rock Island	0	1	0	0
Rock Island County Senior Center - Colona House, East Moline	0	1	0	0
Rock Island County Senior Center, Westwood - Moline	0	1	0	0
YMCA, MaComb	0	1	0	0
YMCA, Bushnell	0	1	0	0
YMCA, Colchester	0	1	0	0
Jamieson Community Center	0	5	0	0
Putnam County Community Center	0	1	0	0
VNA Community Services	0	0	0	0
PSA 03 Total:	0	18	0	0
PSA 04 // Central Illinois Area		inc.		
Henry Nutrition Site	1			
Henry, Lacon, Sparland, Toluca, Varna, Lake Wildwood, LaRose				
Wenona Nutrition Site			1	
Toulon Nutrition Site	1			
Wyoming Nutrition Site Wyoming, Bradford, LaFayette	1			
Washburn Nutrition Site Washburn, Benson/Roanoke, Metamora	1			
CIAA-Rural Peoria			2	
CIAA-Peoria		4		
CIAA-Fulton		4	2	
Tazewell		2	1	1
Peoria		1		
Rural Peoria		1		
PSA 04 Total:	4	12	6	1

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week			
PSA 05 // East Central Illinois Area Agency on Aging							
Peace Meal	0	59	0	0			
CRIS Healthy-Aging Center	0	0	0	2			
DMCOC	0	0	0	0			
CATHOLIC CHARITIES MOWs	0	1	0	0			
PSA 05 Total:	0	60	0	2			
PSA 06 // West Central Illinois	S Area Agency on A	ging					
Meals Plus for Seniors	1	10	1	0			
PSA 06 Total	1	10	1	0			
PSA 07 // AgeLinc							
Athens	0	1	0	0			
Auburn	0	1	0	0			
Benld Senior Center (South Macoupin), Benld, IL	0	1	0	0			
Bread of Love	0	9	1	0			
Carlinville Senior Center, Carlinville, IL	0	1	0	0			
Chatham	0	1	0	0			
Divernon	0	1	0	0			
Greene County Senior Center, Carrollton, IL	0	1	0	0			
Greenview	0	1	0	0			
Jerseyville Senior Center, Jerseyville, IL	0	1	0	0			
Logan	0	2	5	0			
Mason	0	0	5	0			
Meals on Wheels of CEFFS	0	9	0	0			
Pawnee	0	1	0	0			
Petersburg	0	1	0	0			
Senior Center	0	1	0	0			
Sherman	0	1	0	0			
Silver Strands Senior Center, Palmyra, IL	0	1	0	0			
Tallula	0	0	1	0			
PSA 07 Total:	0	34	12	0			

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week		
PSA 08 // AgeSmart Commun	PSA 08 // AgeSmart Community Resources					
Bond County Senior Center	1			0		
Mascoutah Senior Services Program		1		0		
Millstadt Township Senior Services		1		0		
Lessie Bates- Seasoned Circle Café		1		0		
Sparta Senior center (Northeastern Randolph County Senior Services Inc.)		1		0		
Steeleville Area Nutrition Site		1		0		
Alton		1		0		
Belleville		1		0		
Collinsville		1		0		
East Alton		1		0		
Edwardsville		1		0		
Granite City		1		0		
O'Fallon		1		0		
Venice		1		0		
Chester		1		0		
Waterloo		1		0		
Clinton		1		0		
PSA 08 Total:	1	16	0	0		
PSA 09 // Midland Area Agen	cy on Aging					
Jefferson County						
County (staff delivered)	0	1	0	0		
City (volunteer delivered)	0	1	0	0		
Meals on Wheels of Cefs	0	10	0	0		
BCMW Comm. Services	0	2	0	0		
PSA 09 Total:	0	14	0	0		
PSA 10 // Southeastern IL Arc	ea Agency on Aging	9				
Bridgeport	0	1	0	0		
Lawrenceville	0	1	0	0		
St. Francisville	0	1	0	0		
Sumner	0	1	0	0		
WC Cafeteria	0	1	0	0		

Name of Nutrition Program	HDMs # of Sites Serving	HDMs # of Sites Serving	HDMs # of Sites Serving	HDMs # of Sites Serving
Nume of Number 1 Togram	6-7 Days per Week	5 Days per Week	3-4 Days per Week	1-2 Days per Week
PSA 10 // Southeastern IL Are	ea Agency on Aging	g (continued)	, -	
Crawford	0	1	0	0
Jasper	0	1	0	0
Richland	0	1	0	0
Hamilton	0	1	0	0
White	0	1	0	0
Edwards	0	3	0	0
Wayne	0	1	0	0
PSA 10 Total:	0	14	0	0
PSA 11 // Egyptian Area Ager	icy on Aging			
Southern Pride-Alexander	0	1	0	0
Southern Pride-Pulaski	0	1	0	0
Southern Pride-Massac	0	1	0	0
Southern Pride-Johnson	0	1	0	0
Southern Pride-Union	0	1	0	0
Golden Circle-Hardin	0	1	0	0
Golden Circle-Pope	0	1	0	0
Golden Circle-Gallatin	0	1	0	0
Golden Circle-Saline	0	1	0	0
Senior Adult Services- Carbondale/surrounding area	0	1	0	0
Senior Adult Services- Murphysboro	0	1	0	0
Gold Plate	0	1	0	0
Franklin County Senior Services	0	1	0	0
Williamson County Programs on Aging	0	1	0	0
PSA 11 Total:	0	14	0	0
PSA 12 // Senior Services Are	a Agency on Aging	/CDFSS		
CDFSS/Home Delivered Meal Program/Open Kitchens, Inc. Please see narrative explanation.	for 2 through 7	7 days of the week or are delivered directl	1 on Aging provides ho depending on the ne y to the client's hom I nutrition sites.	eds of the clients.
PSA 12 Total:			1	

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 13 // AgeOptions		, , ,		, ,
Aging Care Connections	1			
American Association of Retired Asians - Congregate (To-Go)			1	
American Association of Retired Asians - HDM			1	
Arab American Family Services			1	
Bremen Township				1
Calumet Township		1		
CCLM – Arlington Heights				1
CCLM – Maine and Wheeling				1
CCLM - Bremen				1
CCLM – Calumet - Congregate (To-Go)				1
CCLM – Calumet - HDM				1
CCLM – Clyde Park				1
CCLM - Markham				1
CCLM - Rich				1
City of Evanston - Fleetwood				1
City of Evanston - Levy				1
CJE	1			
CNN – Berwyn-Cicero	1			
CNN – Chicago Heights - Congregate			1	
CNN – Chicago Heights - HDM	1			
CNN – CPR - Congregate		1		
CNN – CPR - HDM	1			
CNN - Dolton		1		
CNN – Franklin Park - Congregate (To-Go)				1
CNN – Franklin Park - HDM	1			
CNN – Hometown - Congregate (To-Go)				1
CNN – Hometown - HDM	1			
CNN – Brookfield – Congregate (To-Go)				1
CNN – Brookfield – HDM	1			

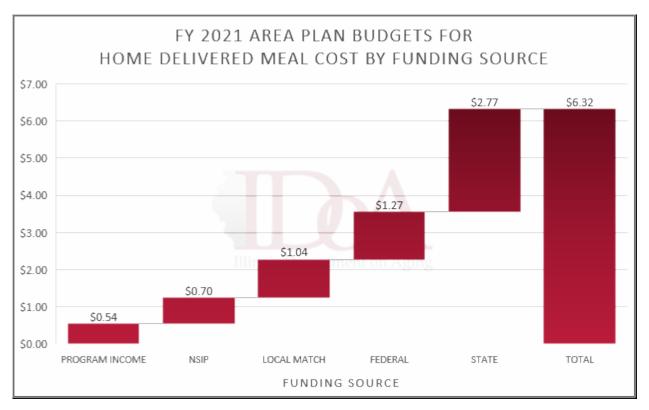
	HDMs	HDMs	HDMs	HDMs	
Name of Nutrition Program	# of Sites Serving	# of Sites Serving	# of Sites Serving	# of Sites Serving	
	6-7 Days per Week	5 Days per Week	3-4 Days per Week	1-2 Days per Week	
	PSA 13 // AgeOptions (continued)				
CNN – Lemont – Congregate (To-Go)				1	
CNN – Lemont – HDM	1				
CNN- Proviso – Congregate (To-Go)		1			
CNN- Proviso – HDM		1			
CNN – Schaumburg				1	
Ford Heights			1		
Hanover Township - Congreate (To-Go)		1			
Hanover Township - HDM	1				
Hanul - Congregate (To-Go)			1		
Hanul – HDM			1		
KYC			1		
MAFS - Niles		1			
MAFS - Schaumburg		1			
OLMC				1	
OPTSS - Congregate (To-Go)				1	
OPTSS - HDM				1	
OPTSS Dine Out (Cozy Corner & Robinsons Ribs)	1				
PAV YMCA				1	
PLOWS				1	
PTSCC			1		
SAC - Congregate (To-Go)			1		
SAC - HDM		1			
Salvation Army – Blue Island		1			
STOA – LSV		1			
STOA – North				1	
STOA – Home Delivered	1				
The Center of Concern				1	
Village of Wheeling			1		
Xilin – China Buffet		1			
Xilin – Super China Buffet			1		
Catholic Charities - Northwest				1	
Catholic Charities – South Suburban				1	

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 13 // AgeOptions (continued)				
North Shore Senior Center				1
Solutions for Care				1
PSA 13 Total:	12	12	12	27
Statewide Totals:	22	243	37	30

### **Local Cash Match and Program Income Resources**

Based on Area Plan budgets submitted by the 13 Area Agencies on Aging, local resources (both cash and in-kind) and program income (client contributions) provide significant financial support to the nutrition program. In FY 2021, it is estimated that local match will provide almost \$9 million (17% of total budget) statewide and that program income will provide \$4.6 million (9% of total budget) to support the home delivered meal program.

The following charts outline how the various resources are used to fund the average cost of a home delivered meal (HDM) and congregate meals.

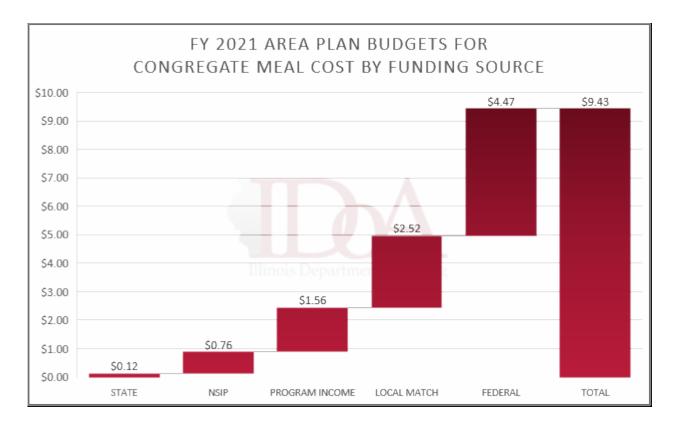


**Note**: NSIP stands for the Nutrition Services Incentive Program. Meal count used to determine a states allotment under the OAA Title III, Part A (Section 311).

A meal provided to a qualified individual in his/her place of residence through a program that meets all of the criteria for payment using OAA funds (see OAA Title III-C):

- Served to an eligible individual, i.e. a person who is qualified to receive services under the OAA as defined in Title
   III: and
- Served to an eligible person who has NOT been means-tested for participation; and
- Compliant with the nutrition requirements; and
- Served by an eligible agency, i.e. has a grant or contract with a SUA or AAA; and
- Served to a person who has an opportunity to contribute toward the cost of the meal.

Meals served under Title III-E supplemental services may be included if all the above criteria are met. (Source: OAA)



**Note**: NSIP stands for the Nutrition Services Incentive Program. Meal count used to determine a states allotment under the OAA Title III, Part A (Section 311).

A meal provided to a qualified individual in a congregate or group setting. through a program that meets all of the criteria for payment using OAA funds (see OAA Title III-C):

- Served to an eligible individual, i.e. a person who is qualified to receive services under the OAA as defined in Title III: and
- Served to an eligible person who has NOT been means-tested for participation; and
- Compliant with the nutrition requirements; and
- Served by an eligible agency, i.e. has a grant or contract with a SUA or AAA; and
- Served to a person who has an opportunity to contribute toward the cost of the meal.

Meals served under Title III-E supplemental services may be included if all the above criteria are met. (Source: OAA)

# Recommendations from the Aging Network on Potential Ways to Increase Federal Funding

In prior fiscal years, the Department on Aging has previously surveyed the 13 Area Agencies on Aging (AAAs) and nutrition service providers on potential ways to increase the amount of federal funding captured for the home delivered meal program. The following page outlines the results of these sections of the survey.

## Recommendations on potential ways to increase the amount of federal funding captured for the home delivered meal program:

- 1. Nutrition providers are recommending additional advocacy efforts at the state and federal levels to make legislators aware of the increased need and cost effectiveness of keeping seniors in their local communities longer by increasing funding for community services.
- 2. Providers feel that family members and recipients of these meals should be encouraged to be more vocal about the need for these meals. They need to contact their legislators about the need.
- 3. There are studies available to reflect how much and why the cost of living is going up nationally and in Illinois. Advocacy should be done to at least assure that federal funding for Senior Nutrition and other senior programs will increase annually with the stated rise in the cost of living, by an annual percentage.
- 4. Have appropriate increases for the federal home delivered meal program tied to the COLA like Social Security does.
- 5. Keep in contact with federal, state, and local politicians so they won't forget their senior constituents. Advocates coupled with senior program participants could be very effective in bringing attention to this potentially lifesaving program.

#### **References:**

ACL Aging, Independence, and Disability (AGID) Program Data Portal. (2018). 13<sup>th</sup> National Survey of Older Americans Act Participants. Retrieved from <a href="https://agid.acl.gov/DataFiles/NPS/Files.aspx?year=2018&serviceid=4">https://agid.acl.gov/DataFiles/NPS/Files.aspx?year=2018&serviceid=4</a>

Altshuler, N., & Schimmel, J. (2010). *Aging in place: Do older Americans act title III services reach those most likely to enter nursing homes*. Retrieved from <a href="https://agid.acl.gov/Resources/DataSources/DataFiles/AoA\_1\_NursingHomes\_041311.pdf">https://agid.acl.gov/Resources/DataSources/DataFiles/AoA\_1\_NursingHomes\_041311.pdf</a>

Armitage, R., & Nellums, L. (2020). COVID-19 and the consequences of isolating the elderly. *The Lancet Public Health*, 5(5), E256. doi:10.1016/S2468-2667(20)30061-X

Barrett, A., & Schimmel, J. (2010). *OAA title III services target the most vulnerable elderly in the United States*. Retrieved from https://agid.acl.gov/Resources/DataSources/DataFiles/AoA 2 HealthStatus 041311.pdf

Beauchamp, J., & Trebino, L.S. (2008). *Results from the Administration on Aging's Third National Survey of Older Americans Act Program Participants*. Retrieved from <a href="https://aoasurvey.org/docs/3rd">https://aoasurvey.org/docs/3rd</a> NPS Final %20Report Mar2008 final.pdf

Coleman-Jensen, A., Rabbitt, M.P., Gregory, C., & Singh, A. (2015). *Household food security in the United States in 2014*. Retrieved from <a href="https://www.ers.usda.gov/webdocs/publications/45425/53740">https://www.ers.usda.gov/webdocs/publications/45425/53740</a> err194.pdf?v=42515

Kleinman, R., & Foster, L. (2011). *Multiple chronic conditions among OAA title III program participants*. Retrieved from <a href="https://agid.acl.gov/Resources/DataSources/DataFiles/AoA4">https://agid.acl.gov/Resources/DataSources/DataFiles/AoA4</a> Chronic 508.pdf

Kowlessar, N., Robinson, K., & Schur, C. (2015). *Older Americans benefit from older Americans act nutrition programs*. Retrieved from <a href="http://nutritionandaging.org/new-research-brief-older-americans-benefit-from-older-americans-act-nutrition-programs/">http://nutritionandaging.org/new-research-brief-older-americans-benefit-from-older-americans-act-nutrition-programs/</a>

Ortman, J., Velkoff, V., & Hogan, H. (2014). *An aging nation: The older population in the United States, current population reports*. Retrieved from <a href="https://www.census.gov/library/publications/2014/demo/p25-1140.html">https://www.census.gov/library/publications/2014/demo/p25-1140.html</a>

Thomas, K. S., & Dosa, D. (2015). *More than a meal: Results from a pilot randomized control trial of home-delivered meal programs*. Retrieved from <a href="https://www.mealsonwheelsamerica.org/docs/default-source/News-Assets/mtam-full-report---march-2-2015.pdf?sfvrsn=6">https://www.mealsonwheelsamerica.org/docs/default-source/News-Assets/mtam-full-report---march-2-2015.pdf?sfvrsn=6</a>

Ziliak, J., & Gundersen, C. (2019). *The state of senior hunger in America in 2017: An annual report*. Retrieved from <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20State%20of%20Senior%20">https://www.feedingamerica.org/sites/default/files/2019-06/The%20State%20of%20Senior%20</a> <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20State%20Of%20Senior%20</a> <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20State%20Of%20Senior%20</a> <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20State%20Of%20Senior%20</a> <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20State%20Of%20Senior%20</a> <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20Senior%20</a> <a href="https://www.feedingamerica.org/sites/default/files/2019-06/The%20Senior%20</a> <a href="https://w



### **Illinois Department on Aging**

One Natural Resources Way # 100 Springfield, Illinois 62702-1271 www.illinois.gov/aging

Senior HelpLine: 1-800-252-8966 (Voice) 1-888-206-1327 (TTY) (8:30am to 5:00pm, Monday through Friday)

24-Hour Adult Protective Services Hotline: 1-866-800-1409 1-888-206-1327 (TTY)

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate State and federal statutes. If you feel you have been discriminated against, call the Senior HelpLine at 1-800-252-8966, 1-888-206-1327 (TTY).

Printed by Authority State of Illinois • 20 copies • IL-402-1273 (3/21)